

Plass

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Siri Eppeland

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Hanne Berg Aspøy

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Hanna Haaland Sømme

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Sina Thu Randulff

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Marie Silkeborg Brolev

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Paula Linge

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| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | | | | |
|---|----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|--|--|--|
| D16 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Anna Hole | | | | | | | | | | 3503 | | | | | | | | | | 40:01 | | | | | | | | | | | | |
| | 01:21+ | 02:45+ | 04:17+ | 07:49+ | 10:14+ | 12:07+ | 14:48+ | 18:34+ | 19:09+ | 21:42+ | 25:30+ | 26:23+ | 29:31+ | 31:40+ | 32:08+ | 32:33+ | 35:20+ | 37:01+ | 39:41+ | 40:01+ | | | | | | | | | | | | | |
| | 01:21+ | 01:24+ | 01:32+ | 03:32+ | 02:25+ | 01:53+ | 02:41+ | 03:46+ | 00:35+ | 02:33+ | 03:48+ | 00:53+ | 03:08+ | 02:09+ | 00:28+ | 00:25+ | 02:47+ | 01:41+ | 02:40+ | 00:20+ | | | | | | | | | | | | | |
| | 00:38& | 00:08# | 00:30& | 01:28& | 00:48& | 00:39& | 00:43& | 02:09@ | 00:04# | 01:20@ | 01:22& | 00:29@ | 01:30& | 00:52& | 00:10& | 00:07& | 01:35@ | 00:56@ | 01:11& | 00:08& | | | | | | | | | | | | | |
| 16 | Ritva Halsne | | | | | | | | | | 722 | | | | | | | | | | 40:06 | | | | | | | | | | | | |
| | 01:12+ | 03:40+ | 05:24+ | 08:17+ | 10:38+ | 12:20+ | 14:44+ | 16:30+ | 17:24+ | 20:15+ | 28:15+ | 28:45+ | 31:26+ | 35:10+ | 35:51+ | 36:09+ | 37:22+ | 38:07+ | 39:52+ | 40:06+ | | | | | | | | | | | | | |
| | 01:12+ | 02:28+ | 01:44+ | 02:53+ | 02:21+ | 01:42+ | 02:24+ | 01:46+ | 00:54+ | 02:51+ | 08:00+ | 00:30+ | 02:41+ | 03:44+ | 00:41+ | 00:18+ | 01:13+ | 00:45+ | 01:45+ | 00:14+ | | | | | | | | | | | | | |
| | 01:12+ | 02:28+ | 01:44+ | 02:53+ | 02:21+ | 01:42+ | 02:24+ | 01:46+ | 00:54+ | 02:51+ | 08:00+ | 00:30+ | 02:41+ | 03:44+ | 00:41+ | 00:18+ | 01:13+ | 00:45+ | 01:45+ | 00:14+ | | | | | | | | | | | | | |
| 17 | Idunn Husøy Naustdal | | | | | | | | | | 722 | | | | | | | | | | 41:22 | | | | | | | | | | | | |
| | 01:30+ | 04:02+ | 05:13+ | 07:25+ | 14:28+ | 15:53+ | 18:59+ | 24:36+ | 25:21+ | 27:59+ | 30:39+ | 31:08+ | 33:44+ | 35:56+ | 36:18+ | 36:40+ | 38:18+ | 39:19+ | 41:08+ | 41:22+ | | | | | | | | | | | | | |
| | 01:30+ | 02:32+ | 01:11+ | 02:12+ | 07:03+ | 01:25+ | 03:06+ | 05:37+ | 00:45+ | 02:38+ | 02:40+ | 00:29+ | 02:36+ | 02:12+ | 00:22+ | 00:22+ | 01:38+ | 01:01+ | 01:49+ | 00:14+ | | | | | | | | | | | | | |
| | 01:30+ | 02:32+ | 01:11+ | 02:12+ | 07:03+ | 01:25+ | 03:06+ | 05:37+ | 00:45+ | 02:38+ | 02:40+ | 00:29+ | 02:36+ | 02:12+ | 00:22+ | 00:22+ | 01:38+ | 01:01+ | 01:49+ | 00:14+ | | | | | | | | | | | | | |
| Beste strekktid for klassen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| D40 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Helene Lie | | | | | | | | | | 3565 | | | | | | | | | | 21:38 | | | | | | | | | | | | |
| | 00:21= | 02:11= | 03:15= | 04:28= | 06:58= | 08:46= | 09:50= | 11:31= | 12:50= | 14:48= | 16:04= | 16:32= | 16:50= | 18:14= | 19:42= | 21:22= | 21:38= | | | | | | | | | | | | | | | | |
| | 00:21= | 01:50= | 01:04= | 01:13= | 02:30= | 01:48= | 01:04= | 01:41= | 01:19= | 01:58= | 01:16= | 00:28= | 00:18= | 01:24= | 01:28= | 01:40= | 00:16= | | | | | | | | | | | | | | | | |
| | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | | | | | | | |
| 2 | Cecilie Johnson | | | | | | | | | | 892 | | | | | | | | | | 23:11 | | | | | | | | | | | | |
| | 00:24+ | 01:26- | 02:32- | 03:51- | 06:33- | 08:29- | 09:39- | 11:46+ | 13:03+ | 15:08+ | 16:45+ | 17:14+ | 17:58+ | 19:30+ | 20:57+ | 22:57+ | 23:11+ | | | | | | | | | | | | | | | | |
| | 00:24+ | 01:02- | 01:06+ | 01:19+ | 02:42+ | 01:56+ | 01:10+ | 02:07+ | 01:17- | 02:05+ | 01:37+ | 00:29+ | 00:44+ | 01:32+ | 01:27- | 02:00+ | 00:14- | | | | | | | | | | | | | | | | |
| | 00:03# | 00:48- | 00:02+ | 00:06+ | 00:12+ | 00:08+ | 00:06+ | 00:26& | 00:02- | 00:07+ | 00:21& | 00:01+ | 00:26@ | 00:08+ | 00:01- | 00:20# | 00:02- | | | | | | | | | | | | | | | | |
| 3 | Brit Nilsen | | | | | | | | | | 1830 | | | | | | | | | | 23:12 | | | | | | | | | | | | |
| | 00:24+ | 01:41- | 02:49- | 04:10- | 06:38- | 08:39- | 10:11+ | 11:51+ | 13:05+ | 15:25+ | 16:52+ | 17:21+ | 17:41+ | 19:07+ | 20:58+ | 22:56+ | 23:12+ | | | | | | | | | | | | | | | | |
| | 00:24+ | 01:17- | 01:08+ | 01:21+ | 02:28- | 02:01+ | 01:32+ | 01:40- | 01:14- | 02:20+ | 01:27+ | 00:29+ | 00:20+ | 01:26+ | 01:51+ | 01:58+ | 00:16= | | | | | | | | | | | | | | | | |
| | 00:03# | 00:33- | 00:04+ | 00:08# | 00:02- | 00:13# | 00:28& | 00:01- | 00:05- | 00:22# | 00:11# | 00:01+ | 00:02# | 00:02+ | 00:23& | 00:18# | 00:00= | | | | | | | | | | | | | | | | |
| 4 | Maira Andersone | | | | | | | | | | 1884 | | | | | | | | | | 24:16 | | | | | | | | | | | | |
| | 00:32+ | 02:06- | 03:22+ | 04:50+ | 07:27+ | 09:26+ | 10:46+ | 12:40+ | 14:04+ | 16:30+ | 17:59+ | 18:33+ | 18:54+ | 20:21+ | 22:04+ | 24:00+ | 24:16+ | | | | | | | | | | | | | | | | |
| | 00:32+ | 01:34- | 01:16+ | 01:28+ | 02:37+ | 01:59+ | 01:20+ | 01:54+ | 01:24+ | 02:26+ | 01:29+ | 00:34+ | 00:21+ | 01:27+ | 01:43+ | 01:56+ | 00:16= | | | | | | | | | | | | | | | | |
| | 00:11& | 00:16- | 00:12# | 00:15# | 00:07+ | 00:11# | 00:16# | 00:13# | 00:05+ | 00:28# | 00:13# | 00:06# | 00:03# | 00:03+ | 00:15# | 00:16# | 00:00= | | | | | | | | | | | | | | | | |
| 5 | Ingvild Marthinussen | | | | | | | | | | 3524 | | | | | | | | | | 25:14 | | | | | | | | | | | | |
| | 00:31+ | 02:10- | 03:17+ | 04:29+ | 07:15+ | 09:05+ | 10:09+ | 12:24+ | 13:37+ | 17:09+ | 18:41+ | 19:13+ | 19:39+ | 21:33+ | 23:03+ | 24:53+ | 25:14+ | | | | | | | | | | | | | | | | |
| | 00:31+ | 01:39- | 01:07+ | 01:12- | 02:46+ | 01:50+ | 01:04= | 02:15+ | 01:13- | 03:32+ | 01:32+ | 00:32+ | 00:26+ | 01:54+ | 01:30+ | 01:50+ | 00:21+ | | | | | | | | | | | | | | | | |
| | 00:10& | 00:11- | 00:03+ | 00:01- | 00:16# | 00:02+ | 00:00= | 00:34& | 00:06- | 01:34& | 00:16# | 00:04# | 00:08& | 00:30& | 00:02+ | 00:10# | 00:05& | | | | | | | | | | | | | | | | |
| 6 | Ane Odland | | | | | | | | | | 1683 | | | | | | | | | | 28:15 | | | | | | | | | | | | |
| | 00:31+ | 03:10+ | 04:10+ | 05:22+ | 07:53+ | 11:18+ | 12:45+ | 17:00+ | 18:25+ | 20:57+ | 22:20+ | 22:53+ | 23:35+ | 24:54+ | 26:24+ | 28:02+ | 28:15+ | | | | | | | | | | | | | | | | |
| | 00:31+ | 02:39+ | 01:00- | 01:12- | 02:31+ | 03:25+ | 01:27+ | 04:15+ | 01:25+ | 02:32+ | 01:23+ | 00:33+ | 00:42+ | 01:19- | 01:30+ | 01:38- | 00:13- | | | | | | | | | | | | | | | | |
| | 00:10& | 00:49& | 00:04- | 00:01- | 00:01+ | 01:37& | 00:23& | 02:34@ | 00:06+ | 00:34& | 00:07+ | 00:05# | 00:24@ | 00:05- | 00:02+ | 00:02- | 00:03- | | | | | | | | | | | | | | | | |
| 7 | Ane Hatteland Nese | | | | | | | | | | 769 | | | | | | | | | | 29:28 | | | | | | | | | | | | |
| | 00:24+ | 01:45- | 03:05- | 04:29+ | 07:20+ | 09:46+ | 12:33+ | 14:38+ | 16:48+ | 20:31+ | 22:28+ | 23:08+ | 23:33+ | 25:23+ | 27:00+ | 29:09+ | 29:28+ | | | | | | | | | | | | | | | | |
| | 00:24+ | 01:21- | 01:20+ | 01:24+ | 02:51+ | 02:26+ | 02:47+ | 02:05+ | 02:10+ | 03:43+ | 01:57+ | 00:40+ | 00:25+ | 01:50+ | 01:37+ | 02:09+ | 00:19+ | | | | | | | | | | | | | | | | |
| | 00:03# | 00:29- | 00:16# | 00:11# | 00:21# | 00:38& | 01:43@ | 00:24# | 00:51& | 01:45& | 00:41& | 00:12& | 00:07& | 00:26& | 00:09# | 00:29& | 00:03# | | | | | | | | | | | | | | | | |
| 8 | Jeanette Mjølhus | | | | | | | | | | 896 | | | | | | | | | | 31:58 | | | | | | | | | | | | |
| | 04:40+ | 05:43+ | 07:13+ | 08:30+ | 10:41+ | 12:39+ | 14:58+ | 18:25+ | 19:41+ | 22:59+ | 24:17+ | 24:51+ | 25:44+ | 27:56+ | 30:04+ | 31:41+ | 31:58+ | | | | | | | | | | | | | | | | |
| | 04:40+ | 01:03- | 01:30+ | 01:17+ | 02:11- | 01:58+ | 02:19+ | 03:27+ | 01:16- | 03:18+ | 01:18+ | 00:34+ | 00:53+ | 02:12+ | 02:08+ | 01:37- | 00:17+ | | | | | | | | | | | | | | | | |
| | 04:19@ | 00:47- | 00:26& | 00:04+ | 00:19- | 00:10+ | 01:15@ | 01:46@ | 00:03- | 01:20& | 00:02+ | 00:06# | 00:35@ | 00:48& | 00:40& | 00:03- | 00:01+ | | | | | | | | | | | | | | | | |
| 9 | Anne Lill M. Njå | | | | | | | | | | 896 | | | | | | | | | | 32:57 | | | | | | | | | | | | |
| | 00:40+ | 02:36+ | 03:58+ | 05:19+ | 07:39+ | 10:26+ | 12:04+ | 19:01+ | 20:19+ | 23:39+ | 25:07+ | 26:44+ | 27:15+ | 29:02+ | 30:48+ | 32:42+ | 32:57+ | | | | | | | | | | | | | | | | |
| | 00:40+ | 01:56+ | 01:22+ | 01:21+ | 02:20- | 02:47+ | 01:38+ | 06:57+ | 01:18- | 03:20+ | 01:28+ | 01:37+ | 00:31+ | 01:47+ | 01:46+ | 01:54+ | 00:15- | | | | | | | | | | | | | | | | |
| | 00:19& | 00:06+ | 00:18& | 00:08# | 00:10- | 00:59& | 00:34& | 05:16@ | 00:01- | 01:22& | 00:12# | 01:09@ | 00:13& | 00:23& | 00:18# | 00:14# | 00:01- | | | | | | | | | | | | | | | | |

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | |
|---|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|-------|--|--|--|--|--|--|--|--|--|
| D40 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Beste strekktid for klassen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 00:21 | 01:02 | 01:00 | 01:12 | 02:11 | 01:48 | 01:04 | 01:40 | 01:13 | 01:58 | 01:16 | 00:28 | 00:18 | 01:19 | 01:27 | 01:37 | 00:13 | | | | | | | | | | | | | |
| = Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| D50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Anette Musum | | | | | | | | | | 722 | | | | | | | | | | 20:23 | | | | | | | | | |
| | 00:19= | 01:17= | 02:20= | 03:28= | 05:20= | 06:55= | 08:31= | 11:04= | 11:59= | 14:44= | 15:52= | 16:13= | 16:29= | 17:38= | 18:50= | 20:09= | 20:23= | | | | | | | | | | | | | |
| | 00:19= | 00:58= | 01:03= | 01:08= | 01:52= | 01:35= | 01:36= | 02:33= | 00:55= | 02:45= | 01:08= | 00:21= | 00:16= | 01:09= | 01:12= | 01:19= | 00:14= | | | | | | | | | | | | | |
| | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | | | | |
| 2 | Marit Haavardsholm | | | | | | | | | | 1683 | | | | | | | | | | 20:39 | | | | | | | | | |
| | 00:20+ | 01:17= | 02:14= | 03:29+ | 05:50+ | 07:45+ | 09:15+ | 11:02= | 12:10+ | 13:58= | 15:18= | 15:42= | 15:59= | 17:17= | 18:39= | 20:22+ | 20:39+ | | | | | | | | | | | | | |
| | 00:20+ | 00:57= | 00:57= | 01:15+ | 02:21+ | 01:55+ | 01:30= | 01:47= | 01:08+ | 01:48= | 01:20+ | 00:24+ | 00:17+ | 01:18+ | 01:22+ | 01:43+ | 00:17+ | | | | | | | | | | | | | |
| | 00:01+ | 00:01= | 00:06= | 00:07# | 00:29& | 00:20# | 00:06= | 00:46= | 00:13# | 00:57= | 00:12# | 00:03# | 00:01+ | 00:09# | 00:10# | 00:24& | 00:03# | | | | | | | | | | | | | |
| 3 | Anita Glenne Kallhovd | | | | | | | | | | 3502 | | | | | | | | | | 20:48 | | | | | | | | | |
| | 00:23+ | 01:58+ | 02:56+ | 04:09+ | 06:24+ | 08:17+ | 09:46+ | 11:25+ | 12:13+ | 14:21= | 15:36= | 16:03= | 16:20= | 17:36= | 19:00+ | 20:33+ | 20:48+ | | | | | | | | | | | | | |
| | 00:23+ | 01:35+ | 00:58= | 01:13+ | 02:15+ | 01:53+ | 01:29= | 01:39= | 00:48= | 02:08= | 01:15+ | 00:27+ | 00:17+ | 01:16+ | 01:24+ | 01:33+ | 00:15+ | | | | | | | | | | | | | |
| | 00:04# | 00:37& | 00:05= | 00:05+ | 00:23# | 00:18# | 00:07= | 00:54= | 00:07= | 00:37= | 00:07# | 00:06& | 00:01+ | 00:07# | 00:12# | 00:14# | 00:01+ | | | | | | | | | | | | | |
| 4 | Grethe Anda Fuglestad | | | | | | | | | | 1683 | | | | | | | | | | 21:36 | | | | | | | | | |
| | 00:23+ | 01:44+ | 02:52+ | 04:06+ | 06:23+ | 08:11+ | 09:26+ | 11:34+ | 12:26+ | 14:59+ | 16:16+ | 16:41+ | 16:57+ | 18:12+ | 19:33+ | 21:21+ | 21:36+ | | | | | | | | | | | | | |
| | 00:23+ | 01:21+ | 01:08+ | 01:14+ | 02:17+ | 01:48+ | 01:15= | 02:08= | 00:52= | 02:33= | 01:17+ | 00:25+ | 00:16= | 01:15+ | 01:21+ | 01:48+ | 00:15+ | | | | | | | | | | | | | |
| | 00:04# | 00:23& | 00:05+ | 00:06+ | 00:25# | 00:13# | 00:21= | 00:25= | 00:03= | 00:12= | 00:09# | 00:04# | 00:00= | 00:06+ | 00:09# | 00:29& | 00:01+ | | | | | | | | | | | | | |
| 5 | Berit Aksland | | | | | | | | | | 1683 | | | | | | | | | | 22:04 | | | | | | | | | |
| | 00:44+ | 01:55+ | 03:34+ | 04:47+ | 07:05+ | 08:50+ | 10:05+ | 12:06+ | 13:27+ | 15:20+ | 16:37+ | 17:04+ | 17:23+ | 18:43+ | 20:04+ | 21:48+ | 22:04+ | | | | | | | | | | | | | |
| | 00:44+ | 01:11+ | 01:39+ | 01:13+ | 02:18+ | 01:45+ | 01:15= | 02:01= | 01:21+ | 01:53= | 01:17+ | 00:27+ | 00:19+ | 01:20+ | 01:21+ | 01:44+ | 00:16+ | | | | | | | | | | | | | |
| | 00:25@ | 00:13# | 00:36& | 00:05+ | 00:26# | 00:10# | 00:21= | 00:32= | 00:26& | 00:52= | 00:09# | 00:06& | 00:03# | 00:11# | 00:09# | 00:25& | 00:02# | | | | | | | | | | | | | |
| 6 | Tone Cecilie Nystrøm | | | | | | | | | | 874 | | | | | | | | | | 22:06 | | | | | | | | | |
| | 00:28+ | 01:40+ | 03:02+ | 04:16+ | 06:59+ | 08:49+ | 10:02+ | 11:55+ | 12:56+ | 14:55+ | 16:20+ | 16:48+ | 17:09+ | 18:36+ | 20:04+ | 21:49+ | 22:06+ | | | | | | | | | | | | | |
| | 00:28+ | 01:12+ | 01:22+ | 01:14+ | 02:43+ | 01:50+ | 01:13= | 01:53= | 01:01+ | 01:59= | 01:25+ | 00:28+ | 00:21+ | 01:27+ | 01:28+ | 01:45+ | 00:17+ | | | | | | | | | | | | | |
| | 00:09& | 00:14# | 00:19& | 00:06+ | 00:51& | 00:15# | 00:23= | 00:40= | 00:06# | 00:46= | 00:17# | 00:07& | 00:05& | 00:18& | 00:16# | 00:26& | 00:03# | | | | | | | | | | | | | |
| 7 | May Bente Valdal | | | | | | | | | | 1683 | | | | | | | | | | 23:03 | | | | | | | | | |
| | 00:26+ | 01:34+ | 03:09+ | 04:24+ | 07:35+ | 09:14+ | 10:22+ | 13:48+ | 14:19+ | 16:13+ | 17:20+ | 17:48+ | 18:03+ | 19:20+ | 20:59+ | 22:51+ | 23:03+ | | | | | | | | | | | | | |
| | 00:26+ | 01:08+ | 01:35+ | 01:15+ | 03:11+ | 01:39+ | 01:08= | 03:26+ | 00:31= | 01:54= | 01:07= | 00:28+ | 00:15= | 01:17+ | 01:39+ | 01:52+ | 00:12= | | | | | | | | | | | | | |
| | 00:07& | 00:10# | 00:32& | 00:07# | 01:19& | 00:04+ | 00:28= | 00:53& | 00:24= | 00:51= | 00:01= | 00:07& | 00:01= | 00:08# | 00:27& | 00:33& | 00:02= | | | | | | | | | | | | | |
| 8 | Keth Berggraf | | | | | | | | | | 1683 | | | | | | | | | | 23:37 | | | | | | | | | |
| | 00:17= | 01:21+ | 02:47+ | 03:58+ | 06:51+ | 08:43+ | 10:16+ | 12:13+ | 13:40+ | 15:58+ | 17:30+ | 18:21+ | 18:41+ | 20:12+ | 21:40+ | 23:21+ | 23:37+ | | | | | | | | | | | | | |
| | 00:17= | 01:04+ | 01:26+ | 01:11+ | 02:53+ | 01:52+ | 01:33= | 01:57= | 01:27+ | 02:18= | 01:32+ | 00:51+ | 00:20+ | 01:31+ | 01:28+ | 01:41+ | 00:16+ | | | | | | | | | | | | | |
| | 00:02= | 00:06# | 00:23& | 00:03+ | 01:01& | 00:17# | 00:03= | 00:36= | 00:32& | 00:27= | 00:24& | 00:30@ | 00:04# | 00:22& | 00:16# | 00:22& | 00:02# | | | | | | | | | | | | | |
| 9 | Trude Hermanrud | | | | | | | | | | 896 | | | | | | | | | | 24:03 | | | | | | | | | |
| | 00:22+ | 01:25+ | 02:29+ | 04:12+ | 06:49+ | 08:36+ | 09:57+ | 11:59+ | 13:33+ | 15:19+ | 16:00+ | 17:24+ | 18:04+ | 18:26+ | 20:37+ | 22:07+ | 23:47+ | 24:03+ | | | | | | | | | | | | |
| | 00:22+ | 01:03+ | 01:04+ | 01:43+ | 02:37+ | 01:47+ | 01:21= | 02:02= | 01:34+ | 01:46= | 00:41= | 01:24+ | 00:40+ | 00:22= | 02:11+ | 01:30+ | 01:40+ | 00:16+ | | | | | | | | | | | | |
| | 00:03# | 00:05+ | 00:01+ | 00:35& | 00:45& | 00:12# | 00:15= | 00:31= | 00:39& | 00:59= | 00:27= | 01:03@ | 00:24@ | 00:47= | 00:59& | 00:11# | 01:26@ | 00:16+ | | | | | | | | | | | | |
| 10 | Tonje Tiley | | | | | | | | | | 882 | | | | | | | | | | 24:22 | | | | | | | | | |
| | 00:27+ | 02:12+ | 03:34+ | 04:52+ | 07:32+ | 09:32+ | 11:10+ | 13:10+ | 14:23+ | 17:00+ | 18:21+ | 18:52+ | 19:14+ | 20:46+ | 22:18+ | 24:05+ | 24:22+ | | | | | | | | | | | | | |
| | 00:27+ | 01:45+ | 01:22+ | 01:18+ | 02:40+ | 02:00+ | 01:38+ | 02:00= | 01:13+ | 02:37= | 01:21+ | 00:31+ | 00:22+ | 01:32+ | 01:32+ | 01:47+ | 00:17+ | | | | | | | | | | | | | |
| | 00:08& | 00:47& | 00:19& | 00:10# | 00:48& | 00:25& | 00:02+ | 00:33= | 00:18& | 00:08= | 00:13# | 00:10& | 00:06& | 00:23& | 00:20& | 00:28& | 00:03# | | | | | | | | | | | | | |
| 11 | Turid Eikebu Alfsen | | | | | | | | | | 1683 | | | | | | | | | | 24:46 | | | | | | | | | |
| | 00:30+ | 01:45+ | 02:51+ | 04:17+ | 06:36+ | 08:33+ | 10:16+ | 12:55+ | 14:36+ | 16:54+ | 18:22+ | 18:53+ | 19:12+ | 20:57+ | 22:33+ | 24:31+ | 24:46+ | | | | | | | | | | | | | |
| | 00:30+ | 01:15+ | 01:06+ | 01:26+ | 02:19+ | 01:57+ | 01:43+ | 02:39+ | 01:41+ | 02:18= | 01:28+ | 00:31+ | 00:19+ | 01:45+ | 01:36+ | 01:58+ | 00:15+ | | | | | | | | | | | | | |
| | 00:11& | 00:17& | 00:03+ | 00:18& | 00:27# | 00:22# | 00:07+ | 00:06+ | 00:46& | 00:27= | 00:20& | 00:10& | 00:03# | 00:36& | 00:24& | 00:39& | 00:01+ | | | | | | | | | | | | | |
| 12 | Signe Ottesen | | | | | | | | | | 1683 | | | | | | | | | | 24:58 | | | | | | | | | |
| | 00:27+ | 02:06+ | 03:16+ | 04:34+ | 07:28+ | 09:29+ | 11:03+ | 12:58+ | 14:16+ | 16:54+ | 18:50+ | 19:17+ | 19:36+ | 21:38+ | 23:05+ | 24:43+ | 24:58+ | | | | | | | | | | | | | |
| | 00:27+ | 01:39+ | 01:10+ | 01:18+ | 02:54+ | 02:01+ | 01:34= | 01:55= | 01:18+ | 02:38= | 01:56+ | 00:27+ | 00:19+ | 02:02+ | 01:27+ | 01:38+ | 00:15+ | | | | | | | | | | | | | |
| | 00:08& | 00:41& | 00:07# | 00:10# | 01:02& | 00:26& | 00:02= | 00:38= | 00:23& | 00:07= | 00:48& | 00:06& | 00:03# | 00:53& | 00:15# | 00:19# | 00:01+ | | | | | | | | | | | | | |

| Plass | Navn | | | | | | Klasse | | | | | | Tid | | | | | |
|--------|--------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|
| D50 | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | |
| 13 | Marie-Elizabeth Reinseth | | | | | | 882 | | | | | | 25:16 | | | | | |
| 01:40+ | 03:07+ | 04:29+ | 05:41+ | 08:21+ | 10:17+ | 11:23+ | 13:53+ | 15:06+ | 17:26+ | 18:47+ | 19:22+ | 19:44+ | 21:13+ | 22:58+ | 25:00+ | 25:16+ | | |
| 01:40+ | 01:27+ | 01:22+ | 01:12+ | 02:40+ | 01:56+ | 01:06- | 02:30- | 01:13+ | 02:20- | 01:21+ | 00:35+ | 00:22+ | 01:29+ | 01:45+ | 02:02+ | 00:16+ | | |
| 01:21@ | 00:29@ | 00:19@ | 00:04+ | 00:48@ | 00:21# | 00:30- | 00:03- | 00:18@ | 00:25- | 00:13# | 00:14@ | 00:06@ | 00:20@ | 00:33@ | 00:43@ | 00:02# | | |
| 14 | Gerd Olaus Vikeså | | | | | | 1758 | | | | | | 25:33 | | | | | |
| 00:31+ | 01:45+ | 02:54+ | 04:10+ | 06:48+ | 08:43+ | 10:00+ | 12:07+ | 13:44+ | 15:50+ | 17:26+ | 18:32+ | 19:06+ | 21:55+ | 23:19+ | 25:17+ | 25:33+ | | |
| 00:31+ | 01:14+ | 01:09+ | 01:16+ | 02:38+ | 01:55+ | 01:17+ | 02:07+ | 01:37+ | 02:06+ | 01:36+ | 01:06+ | 00:34+ | 02:49+ | 01:24+ | 01:58+ | 00:16+ | | |
| 00:31+ | 01:14+ | 01:09+ | 01:16+ | 02:38+ | 01:55+ | 01:17+ | 02:07+ | 01:37+ | 02:06+ | 01:36+ | 01:06+ | 00:34+ | 02:49+ | 01:24+ | 01:58+ | 00:16+ | | |
| 15 | Marianne Fuglestad | | | | | | 896 | | | | | | 25:45 | | | | | |
| 00:19+ | 01:56+ | 02:51+ | 04:05+ | 06:01+ | 07:46+ | 09:28+ | 11:14+ | 14:59+ | 18:56+ | 20:15+ | 20:48+ | 21:10+ | 22:29+ | 23:55+ | 25:31+ | 25:45+ | | |
| 00:19+ | 01:37+ | 00:55+ | 01:14+ | 01:56+ | 01:45+ | 01:42+ | 01:46+ | 03:45+ | 03:57+ | 01:19+ | 00:33+ | 00:22+ | 01:19+ | 01:26+ | 01:36+ | 00:14+ | | |
| 00:19+ | 01:37+ | 00:55+ | 01:14+ | 01:56+ | 01:45+ | 01:42+ | 01:46+ | 03:45+ | 03:57+ | 01:19+ | 00:33+ | 00:22+ | 01:19+ | 01:26+ | 01:36+ | 00:14+ | | |
| 16 | Gøril Braut Aarsand | | | | | | 2539 | | | | | | 25:49 | | | | | |
| 00:26+ | 01:54+ | 03:11+ | 04:29+ | 07:02+ | 09:07+ | 10:23+ | 12:45+ | 14:14+ | 16:55+ | 19:17+ | 19:46+ | 20:12+ | 21:41+ | 23:15+ | 25:29+ | 25:49+ | | |
| 00:26+ | 01:28+ | 01:17+ | 01:18+ | 02:33+ | 02:05+ | 01:16+ | 02:22+ | 01:29+ | 02:41+ | 02:22+ | 00:29+ | 00:26+ | 01:29+ | 01:34+ | 02:14+ | 00:20+ | | |
| 00:26+ | 01:28+ | 01:17+ | 01:18+ | 02:33+ | 02:05+ | 01:16+ | 02:22+ | 01:29+ | 02:41+ | 02:22+ | 00:29+ | 00:26+ | 01:29+ | 01:34+ | 02:14+ | 00:20+ | | |
| 17 | Randi Ladsten | | | | | | 1832 | | | | | | 26:11 | | | | | |
| 00:37+ | 02:00+ | 03:09+ | 04:26+ | 06:37+ | 08:24+ | 10:04+ | 11:52+ | 13:29+ | 17:04+ | 18:28+ | 18:58+ | 20:48+ | 22:13+ | 23:41+ | 25:56+ | 26:11+ | | |
| 00:37+ | 01:23+ | 01:09+ | 01:17+ | 02:11+ | 01:47+ | 01:40+ | 01:48+ | 01:37+ | 03:35+ | 01:24+ | 00:30+ | 01:50+ | 01:25+ | 01:28+ | 02:15+ | 00:15+ | | |
| 00:37+ | 01:23+ | 01:09+ | 01:17+ | 02:11+ | 01:47+ | 01:40+ | 01:48+ | 01:37+ | 03:35+ | 01:24+ | 00:30+ | 01:50+ | 01:25+ | 01:28+ | 02:15+ | 00:15+ | | |
| 18 | Elisabeth Melbø | | | | | | 879 | | | | | | 26:15 | | | | | |
| 00:32+ | 01:45+ | 03:20+ | 04:40+ | 07:27+ | 09:24+ | 11:01+ | 13:23+ | 14:45+ | 18:13+ | 19:51+ | 20:20+ | 20:44+ | 22:12+ | 23:48+ | 25:58+ | 26:15+ | | |
| 00:32+ | 01:13+ | 01:35+ | 01:20+ | 02:47+ | 01:57+ | 01:37+ | 02:22+ | 01:22+ | 03:28+ | 01:38+ | 00:29+ | 00:24+ | 01:28+ | 01:36+ | 02:10+ | 00:17+ | | |
| 00:32+ | 01:13+ | 01:35+ | 01:20+ | 02:47+ | 01:57+ | 01:37+ | 02:22+ | 01:22+ | 03:28+ | 01:38+ | 00:29+ | 00:24+ | 01:28+ | 01:36+ | 02:10+ | 00:17+ | | |
| 19 | Helen Haneferd | | | | | | 882 | | | | | | 27:09 | | | | | |
| 02:50+ | 03:50+ | 05:15+ | 06:34+ | 09:18+ | 11:09+ | 12:31+ | 14:25+ | 16:21+ | 18:38+ | 21:08+ | 21:35+ | 22:13+ | 23:52+ | 25:14+ | 26:53+ | 27:09+ | | |
| 02:50+ | 01:00+ | 01:25+ | 01:19+ | 02:44+ | 01:51+ | 01:22+ | 01:54+ | 01:56+ | 02:17+ | 02:30+ | 00:27+ | 00:38+ | 01:39+ | 01:22+ | 01:39+ | 00:16+ | | |
| 02:50+ | 01:00+ | 01:25+ | 01:19+ | 02:44+ | 01:51+ | 01:22+ | 01:54+ | 01:56+ | 02:17+ | 02:30+ | 00:27+ | 00:38+ | 01:39+ | 01:22+ | 01:39+ | 00:16+ | | |
| 20 | Ingunn Anda Haug | | | | | | 2342 | | | | | | 27:49 | | | | | |
| 02:45+ | 03:52+ | 05:03+ | 06:30+ | 09:37+ | 11:47+ | 13:11+ | 15:18+ | 16:43+ | 19:41+ | 21:28+ | 21:58+ | 22:18+ | 23:57+ | 25:29+ | 27:30+ | 27:49+ | | |
| 02:45+ | 01:07+ | 01:11+ | 01:27+ | 03:07+ | 02:10+ | 01:24+ | 02:07+ | 01:25+ | 02:58+ | 01:47+ | 00:30+ | 00:20+ | 01:39+ | 01:32+ | 02:01+ | 00:19+ | | |
| 02:45+ | 01:07+ | 01:11+ | 01:27+ | 03:07+ | 02:10+ | 01:24+ | 02:07+ | 01:25+ | 02:58+ | 01:47+ | 00:30+ | 00:20+ | 01:39+ | 01:32+ | 02:01+ | 00:19+ | | |
| 21 | Hilde Frøytlog Karlsen | | | | | | 1284 | | | | | | 28:52 | | | | | |
| 00:36+ | 02:02+ | 03:45+ | 05:15+ | 08:27+ | 10:58+ | 12:37+ | 15:03+ | 17:17+ | 20:00+ | 21:50+ | 22:26+ | 22:51+ | 24:42+ | 26:30+ | 28:29+ | 28:52+ | | |
| 00:36+ | 01:26+ | 01:43+ | 01:30+ | 03:12+ | 02:31+ | 01:39+ | 02:26+ | 02:14+ | 02:43+ | 01:50+ | 00:36+ | 00:25+ | 01:51+ | 01:48+ | 01:59+ | 00:23+ | | |
| 00:36+ | 01:26+ | 01:43+ | 01:30+ | 03:12+ | 02:31+ | 01:39+ | 02:26+ | 02:14+ | 02:43+ | 01:50+ | 00:36+ | 00:25+ | 01:51+ | 01:48+ | 01:59+ | 00:23+ | | |
| 22 | Åse Sellereite | | | | | | 882 | | | | | | 29:53 | | | | | |
| 02:59+ | 04:07+ | 05:11+ | 06:43+ | 09:11+ | 11:06+ | 13:09+ | 15:11+ | 17:09+ | 22:03+ | 23:47+ | 24:15+ | 24:38+ | 26:13+ | 27:47+ | 29:39+ | 29:53+ | | |
| 02:59+ | 01:08+ | 01:04+ | 01:32+ | 02:28+ | 01:55+ | 02:03+ | 02:02+ | 01:58+ | 04:54+ | 01:44+ | 00:28+ | 00:23+ | 01:35+ | 01:34+ | 01:52+ | 00:14+ | | |
| 02:59+ | 01:08+ | 01:04+ | 01:32+ | 02:28+ | 01:55+ | 02:03+ | 02:02+ | 01:58+ | 04:54+ | 01:44+ | 00:28+ | 00:23+ | 01:35+ | 01:34+ | 01:52+ | 00:14+ | | |
| 23 | Marianne Gjesdal Lyngås | | | | | | 892 | | | | | | 29:56 | | | | | |
| 00:28+ | 01:58+ | 03:12+ | 04:49+ | 07:41+ | 09:48+ | 12:12+ | 14:49+ | 17:07+ | 20:32+ | 22:17+ | 22:53+ | 23:28+ | 25:20+ | 27:09+ | 29:39+ | 29:56+ | | |
| 00:28+ | 01:30+ | 01:14+ | 01:37+ | 02:52+ | 02:07+ | 02:24+ | 02:37+ | 02:18+ | 03:25+ | 01:45+ | 00:36+ | 00:35+ | 01:52+ | 01:49+ | 02:30+ | 00:17+ | | |
| 00:28+ | 01:30+ | 01:14+ | 01:37+ | 02:52+ | 02:07+ | 02:24+ | 02:37+ | 02:18+ | 03:25+ | 01:45+ | 00:36+ | 00:35+ | 01:52+ | 01:49+ | 02:30+ | 00:17+ | | |
| 24 | Evy Klausen Mjølunes | | | | | | 769 | | | | | | 30:24 | | | | | |
| 03:53+ | 04:53+ | 06:50+ | 07:54+ | 09:03+ | 10:29+ | 13:25+ | 15:22+ | 16:44+ | 18:39+ | 20:01+ | 22:30+ | 23:57+ | 24:27+ | 24:50+ | 27:05+ | 28:26+ | | |
| 03:53+ | 01:00+ | 01:57+ | 01:04+ | 01:09+ | 01:26+ | 02:56+ | 01:57+ | 01:22+ | 01:55+ | 01:22+ | 02:29+ | 01:27+ | 00:30+ | 00:23+ | 02:15+ | 01:21+ | | |
| 03:53+ | 01:00+ | 01:57+ | 01:04+ | 01:09+ | 01:26+ | 02:56+ | 01:57+ | 01:22+ | 01:55+ | 01:22+ | 02:29+ | 01:27+ | 00:30+ | 00:23+ | 02:15+ | 01:21+ | | |
| 25 | Andrea Tapken | | | | | | 3529 | | | | | | 31:41 | | | | | |
| 00:36+ | 02:08+ | 03:44+ | 05:08+ | 08:07+ | 10:13+ | 12:14+ | 17:35+ | 18:56+ | 22:20+ | 23:48+ | 24:25+ | 24:46+ | 27:32+ | 29:26+ | 31:22+ | 31:41+ | | |
| 00:36+ | 01:32+ | 01:36+ | 01:24+ | 02:59+ | 02:06+ | 02:01+ | 05:21+ | 01:21+ | 03:24+ | 01:28+ | 00:37+ | 00:21+ | 02:46+ | 01:54+ | 01:56+ | 00:19+ | | |
| 00:36+ | 01:32+ | 01:36+ | 01:24+ | 02:59+ | 02:06+ | 02:01+ | 05:21+ | 01:21+ | 03:24+ | 01:28+ | 00:37+ | 00:21+ | 02:46+ | 01:54+ | 01:56+ | 00:19+ | | |
| 26 | Irene Sirevåg | | | | | | 1754 | | | | | | 32:13 | | | | | |
| 06:18+ | 07:29+ | 08:50+ | 10:17+ | 13:20+ | 15:32+ | 17:01+ | 19:17+ | 21:03+ | 23:34+ | 25:11+ | 25:46+ | 26:12+ | 28:08+ | 29:48+ | 31:54+ | 32:13+ | | |
| 06:18+ | 01:11+ | 01:21+ | 01:27+ | 03:03+ | 02:12+ | 01:29+ | 02:16+ | 01:46+ | 02:31+ | 01:37+ | 00:35+ | 00:26+ | 01:56+ | 01:40+ | 02:06+ | 00:19+ | | |
| 06:18+ | 01:11+ | 01:21+ | 01:27+ | 03:03+ | 02:12+ | 01:29+ | 02:16+ | 01:46+ | 02:31+ | 01:37+ | 00:35+ | 00:26+ | 01:56+ | 01:40+ | 02:06+ | 00:19+ | | |

| Plass | Navn | Klasse | Tid |
|-------|------|--------|-----|
|-------|------|--------|-----|

D50

| | | | | | | | | | | | | | | | | | | | | |
|--------|--------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|--|--|--|
| 27 | Ragnhild Båtnes Berntsen | | | | | | | | | | | | 1758 | | | | 36:03 | | | |
| 02:25+ | 06:04+ | 09:51+ | 12:11+ | 15:24+ | 17:26+ | 20:41+ | 22:54+ | 24:21+ | 26:50+ | 28:49+ | 29:22+ | 29:57+ | 31:30+ | 33:36+ | 35:44+ | 36:03+ | | | | |
| 02:25+ | 03:39+ | 03:47+ | 02:20+ | 03:13+ | 02:02+ | 03:15+ | 02:13+ | 01:27+ | 02:29+ | 01:59+ | 00:33+ | 00:35+ | 01:33+ | 02:06+ | 02:08+ | 00:19+ | | | | |
| 02:25+ | 03:39+ | 03:47+ | 02:20+ | 03:13+ | 02:02+ | 03:15+ | 02:13+ | 01:27+ | 02:29+ | 01:59+ | 00:33+ | 00:35+ | 01:33+ | 02:06+ | 02:08+ | 00:19+ | | | | |
| 28 | Astri Sandanger | | | | | | | | | | | | 896 | | | | 36:52 | | | |
| 00:24+ | 01:40+ | 03:36+ | 04:58+ | 07:49+ | 10:20+ | 18:46+ | 21:05+ | 23:19+ | 26:17+ | 28:14+ | 28:53+ | 29:12+ | 31:06+ | 34:26+ | 36:36+ | 36:52+ | | | | |
| 00:24+ | 01:16+ | 01:56+ | 01:22+ | 02:51+ | 02:31+ | 08:26+ | 02:19+ | 02:14+ | 02:58+ | 01:57+ | 00:39+ | 00:19+ | 01:54+ | 03:20+ | 02:10+ | 00:16+ | | | | |
| 00:24+ | 01:16+ | 01:56+ | 01:22+ | 02:51+ | 02:31+ | 08:26+ | 02:19+ | 02:14+ | 02:58+ | 01:57+ | 00:39+ | 00:19+ | 01:54+ | 03:20+ | 02:10+ | 00:16+ | | | | |
| 29 | Siw Gjerdengen | | | | | | | | | | | | 3676 | | | | 1:01:47 | | | |
| 02:22+ | 07:53+ | 09:48+ | 12:15+ | 16:24+ | 19:36+ | 22:51+ | 25:54+ | 29:38+ | 38:42+ | 41:03+ | 41:51+ | 42:35+ | 55:32+ | 57:39+ | 61:18+ | 61:47+ | | | | |
| 02:22+ | 05:31+ | 01:55+ | 02:27+ | 04:09+ | 03:12+ | 03:15+ | 03:03+ | 03:44+ | 09:04+ | 02:21+ | 00:48+ | 00:44+ | 12:57+ | 02:07+ | 03:39+ | 00:29+ | | | | |
| 02:22+ | 05:31+ | 01:55+ | 02:27+ | 04:09+ | 03:12+ | 03:15+ | 03:03+ | 03:44+ | 09:04+ | 02:21+ | 00:48+ | 00:44+ | 12:57+ | 02:07+ | 03:39+ | 00:29+ | | | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D60

| | | | | | | | | | | | | | | | | | |
|--------|-------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Ingrid E. I. Øxnevad | 3516 | 17:19 | | | | | | | | | | | | | | |
| 00:22= | 01:17= | 01:50= | 02:26= | 03:33= | 04:44= | 06:17= | 07:39= | 08:13= | 09:54= | 10:34= | 12:42= | 13:01= | 13:15= | 14:42= | 15:23= | 17:06= | 17:19= |
| 00:22= | 00:55= | 00:33= | 00:36= | 01:07= | 01:11= | 01:33= | 01:22= | 00:34= | 01:41= | 00:40= | 02:08= | 00:19= | 00:14= | 01:27= | 00:41= | 01:43= | 00:13= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Anne-Siv Gjertsen | 882 | 19:13 | | | | | | | | | | | | | | |
| 00:22= | 01:21+ | 01:55+ | 02:27+ | 03:38+ | 05:08+ | 06:16+ | 07:55+ | 08:31+ | 10:32+ | 11:01+ | 12:56+ | 13:13+ | 13:29+ | 15:15+ | 17:05+ | 18:58+ | 19:13+ |
| 00:22= | 00:59+ | 00:34+ | 00:32- | 01:11+ | 01:30+ | 01:08- | 01:39+ | 00:36+ | 02:01+ | 00:29- | 01:55- | 00:17- | 00:16+ | 01:46+ | 01:50+ | 01:53+ | 00:15+ |
| 00:00= | 00:04+ | 00:01+ | 00:04- | 00:04+ | 00:19& | 00:25- | 00:17# | 00:02+ | 00:20# | 00:11- | 00:13- | 00:02- | 00:02# | 00:19# | 01:09& | 00:10+ | 00:02# |
| 3 | Nina Christiansen | 722 | 20:04 | | | | | | | | | | | | | | |
| 00:25+ | 01:20+ | 02:07+ | 02:57+ | 04:34+ | 05:53+ | 07:36+ | 09:01+ | 09:42+ | 11:28+ | 12:00+ | 13:45+ | 14:22+ | 14:34+ | 16:46+ | 17:56+ | 19:48+ | 20:04+ |
| 00:25+ | 00:55= | 00:47+ | 00:50+ | 01:37+ | 01:19+ | 01:43+ | 01:25+ | 00:41+ | 01:46+ | 00:32- | 01:45- | 00:37+ | 00:12- | 02:12+ | 01:10+ | 01:52+ | 00:16+ |
| 00:03# | 00:00= | 00:14& | 00:14& | 00:30& | 00:08# | 00:10# | 00:03+ | 00:07# | 00:05+ | 00:08- | 00:23- | 00:18& | 00:02- | 00:45& | 00:29& | 00:09+ | 00:03# |
| 4 | Elisabeth Christie Ørke | 722 | 20:10 | | | | | | | | | | | | | | |
| 00:18- | 00:58- | 01:35- | 02:16- | 03:32- | 04:50+ | 07:06+ | 09:19+ | 09:54+ | 11:54+ | 12:42+ | 14:25+ | 16:14+ | 16:28+ | 17:51+ | 18:28+ | 19:57+ | 20:10+ |
| 00:18- | 00:40- | 00:37+ | 00:41+ | 01:16+ | 01:18+ | 02:16+ | 02:13+ | 00:35+ | 02:00+ | 00:48+ | 01:43- | 01:49+ | 00:14= | 01:23- | 00:37- | 01:29- | 00:13= |
| 00:04- | 00:15- | 00:04# | 00:05# | 00:09# | 00:07+ | 00:43& | 00:51& | 00:01+ | 00:19# | 00:08# | 00:25- | 01:30& | 00:00= | 00:04- | 00:04- | 00:14- | 00:00= |
| 5 | Kari Anstensrud | 896 | 20:51 | | | | | | | | | | | | | | |
| 00:28+ | 01:17= | 01:58+ | 03:16+ | 05:04+ | 06:35+ | 08:24+ | 10:11+ | 10:52+ | 12:45+ | 13:14+ | 15:13+ | 15:31+ | 16:25+ | 17:55+ | 18:44+ | 20:34+ | 20:51+ |
| 00:28+ | 00:49- | 00:41+ | 01:18+ | 01:48+ | 01:31+ | 01:49+ | 01:47+ | 00:41+ | 01:53+ | 00:29- | 01:59- | 00:18- | 00:54+ | 01:30+ | 00:49+ | 01:50+ | 00:17+ |
| 00:06& | 00:06- | 00:08# | 00:42& | 00:41& | 00:20& | 00:16# | 00:25& | 00:07# | 00:12# | 00:11- | 00:09- | 00:01- | 00:40& | 00:03+ | 00:08# | 00:07+ | 00:04& |
| 6 | Liv Omdal | 1683 | 21:26 | | | | | | | | | | | | | | |
| 00:25+ | 01:59+ | 02:30+ | 03:24+ | 04:37+ | 06:13+ | 07:36+ | 09:15+ | 10:00+ | 11:53+ | 12:31+ | 14:42+ | 15:03+ | 15:14+ | 18:25+ | 19:03+ | 21:14+ | 21:26+ |
| 00:25+ | 01:34+ | 00:31- | 00:54+ | 01:13+ | 01:36+ | 01:23- | 01:39+ | 00:45+ | 01:53+ | 00:38- | 02:11+ | 00:21+ | 00:11- | 03:11+ | 00:38- | 02:11+ | 00:12- |
| 00:03# | 00:39& | 00:02- | 00:18& | 00:06+ | 00:25& | 00:10- | 00:17# | 00:11& | 00:12# | 00:02- | 00:03+ | 00:02# | 00:03- | 01:44& | 00:03- | 00:28& | 00:01- |
| 7 | Eli Tjåland Stokka | 1141 | 22:00 | | | | | | | | | | | | | | |
| 00:31+ | 01:44+ | 02:30+ | 03:13+ | 05:04+ | 06:55+ | 08:23+ | 10:17+ | 11:02+ | 13:05+ | 14:04+ | 16:18+ | 16:39+ | 16:57+ | 18:54+ | 19:42+ | 21:37+ | 22:00+ |
| 00:31+ | 01:13+ | 00:46+ | 00:43+ | 01:51+ | 01:51+ | 01:28- | 01:54+ | 00:45+ | 02:03+ | 00:59+ | 02:14+ | 00:21+ | 00:18+ | 01:57+ | 00:48+ | 01:55+ | 00:23+ |
| 00:09& | 00:18& | 00:13& | 00:07# | 00:44& | 00:40& | 00:05- | 00:32& | 00:11& | 00:22# | 00:19& | 00:06+ | 00:02# | 00:04& | 00:30& | 00:07# | 00:12# | 00:10& |
| 8 | Mona Berntsen | 1832 | 22:32 | | | | | | | | | | | | | | |
| 00:22= | 01:08- | 01:52+ | 03:09+ | 04:19+ | 07:06+ | 08:14+ | 10:03+ | 10:46+ | 13:20+ | 13:57+ | 16:29+ | 16:47+ | 17:02+ | 19:37+ | 20:24+ | 22:14+ | 22:32+ |
| 00:22= | 00:46- | 00:44+ | 01:17+ | 01:10+ | 02:47+ | 01:08- | 01:49+ | 00:43+ | 02:34+ | 00:37- | 02:32+ | 00:18- | 00:15+ | 02:35+ | 00:47+ | 01:50+ | 00:18+ |
| 00:00= | 00:09- | 00:11& | 00:41& | 00:03+ | 01:36& | 00:25- | 00:27& | 00:09& | 00:53& | 00:03- | 00:24# | 00:01- | 00:01+ | 01:08& | 00:06# | 00:07+ | 00:05& |
| 9 | Kristin Skadsem | 3516 | 22:45 | | | | | | | | | | | | | | |
| 00:21- | 02:34+ | 03:08+ | 03:53+ | 05:16+ | 06:40+ | 09:05+ | 10:50+ | 11:32+ | 13:47+ | 14:18+ | 16:07+ | 16:23+ | 16:45+ | 19:23+ | 20:13+ | 22:26+ | 22:45+ |
| 00:21- | 02:13+ | 00:34+ | 00:45+ | 01:23+ | 01:24+ | 02:25+ | 01:45+ | 00:42+ | 02:15+ | 00:31- | 01:49- | 00:16- | 00:22+ | 02:38+ | 00:50+ | 02:13+ | 00:19+ |
| 00:01- | 01:18& | 00:01+ | 00:09# | 00:16# | 00:13# | 00:52& | 00:23& | 00:08# | 00:34& | 00:09- | 00:19- | 00:03- | 00:08& | 01:11& | 00:09# | 00:30& | 00:06& |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | |
|--------|--------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| D60 | | | | | | | | | | | | | | | | | |
| 10 | Ellinor Hoemsnes | | | | | 1683 | | | | | 23:03 | | | | | | |
| 00:28+ | 01:20+ | 02:05+ | 04:52+ | 06:15+ | 07:40+ | 09:10+ | 10:47+ | 11:39+ | 13:41+ | 14:48+ | 17:05+ | 17:44+ | 18:00+ | 19:57+ | 20:48+ | 22:46+ | 23:03+ |
| 00:28+ | 00:52- | 00:45+ | 02:47+ | 01:23+ | 01:25+ | 01:30- | 01:37+ | 00:52+ | 02:02+ | 01:07+ | 02:17+ | 00:39+ | 00:16+ | 01:57+ | 00:51+ | 01:58+ | 00:17+ |
| 00:06& | 00:03- | 00:12& | 02:11@ | 00:16# | 00:14# | 00:03- | 00:15# | 00:18& | 00:21# | 00:27& | 00:09+ | 00:20@ | 00:02# | 00:30& | 00:10# | 00:15# | 00:04& |
| 11 | Hildegunn Svensson | | | | | 1683 | | | | | 31:16 | | | | | | |
| 00:45+ | 02:37+ | 03:32+ | 05:12+ | 06:59+ | 10:03+ | 11:26+ | 13:32+ | 14:51+ | 17:55+ | 19:06+ | 22:01+ | 25:03+ | 25:16+ | 27:36+ | 28:27+ | 30:59+ | 31:16+ |
| 00:45+ | 01:52+ | 00:55+ | 01:40+ | 01:47+ | 03:04+ | 01:23+ | 02:06+ | 01:19+ | 03:04+ | 01:11+ | 02:55+ | 03:02+ | 00:13+ | 02:20+ | 00:51+ | 02:32+ | 00:17+ |
| 00:45+ | 01:52+ | 00:55+ | 01:40+ | 01:47+ | 03:04+ | 01:23+ | 02:06+ | 01:19+ | 03:04+ | 01:11+ | 02:55+ | 03:02+ | 00:13+ | 02:20+ | 00:51+ | 02:32+ | 00:17+ |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D65

| | | | | | | | | | | | | |
|--------|------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Ingrid Eik | | | | 1830 | | | | 17:56 | | | |
| 00:23= | 01:03= | 01:41= | 02:10= | 03:29= | 04:48= | 06:30= | 08:08= | 08:48= | 10:43= | 11:10= | 12:59= | 13:22= |
| 00:23= | 00:40= | 00:38= | 00:29= | 01:19= | 01:19= | 01:42= | 01:38= | 00:40= | 01:55= | 00:27= | 01:49= | 00:23= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Ingunn Voilås | | | | 3502 | | | | 21:12 | | | |
| 00:25+ | 01:18+ | 01:59+ | 02:32+ | 04:03+ | 05:21+ | 07:35+ | 09:15+ | 09:58+ | 12:26+ | 12:54+ | 15:26+ | 15:43+ |
| 00:25+ | 00:53+ | 00:41+ | 00:33+ | 01:31+ | 01:18- | 02:14+ | 01:40+ | 00:43+ | 02:28+ | 00:28+ | 02:32+ | 00:17- |
| 00:02+ | 00:13& | 00:03+ | 00:04# | 00:12# | 00:01- | 00:32& | 00:02+ | 00:03+ | 00:33& | 00:01+ | 00:43& | 00:06- |
| 3 | May Meling | | | | 593 | | | | 21:39 | | | |
| 00:25+ | 01:25+ | 02:01+ | 03:02+ | 04:21+ | 05:37+ | 06:58+ | 08:37+ | 09:17+ | 11:09+ | 12:02+ | 13:57+ | 14:15+ |
| 00:25+ | 01:00+ | 00:36- | 01:01+ | 01:19= | 01:16- | 01:21- | 01:39+ | 00:40= | 01:52- | 00:53+ | 01:55+ | 00:18- |
| 00:02+ | 00:20& | 00:02- | 00:32@ | 00:00= | 00:03- | 00:21- | 00:01+ | 00:00= | 00:03- | 00:26& | 00:06+ | 00:05- |
| 4 | Eli Frafjord | | | | 1141 | | | | 22:11 | | | |
| 00:24+ | 01:17+ | 01:58+ | 03:26+ | 05:09+ | 06:41+ | 08:32+ | 10:36+ | 11:17+ | 13:26+ | 14:06+ | 16:19+ | 16:36+ |
| 00:24+ | 00:53+ | 00:41+ | 01:28+ | 01:43+ | 01:32+ | 01:51+ | 02:04+ | 00:41+ | 02:09+ | 00:40+ | 02:13+ | 00:17- |
| 00:01+ | 00:13& | 00:03+ | 00:59@ | 00:24& | 00:13# | 00:09+ | 00:26& | 00:01+ | 00:14# | 00:13& | 00:24# | 00:06- |
| 5 | Marit Karin Skretting Nygård | | | | 892 | | | | 22:38 | | | |
| 00:25+ | 01:18+ | 02:05+ | 02:40+ | 04:18+ | 05:46+ | 08:29+ | 10:25+ | 11:09+ | 13:47+ | 14:13+ | 16:58+ | 17:14+ |
| 00:25+ | 00:53+ | 00:47+ | 00:35+ | 01:38+ | 01:28+ | 02:43+ | 01:56+ | 00:44+ | 02:38+ | 00:26- | 02:45+ | 00:16- |
| 00:02+ | 00:13& | 00:09# | 00:06# | 00:19# | 00:09# | 01:01& | 00:18# | 00:04# | 00:43& | 00:01- | 00:56& | 00:07- |
| 6 | Ellinor Nesse | | | | 1683 | | | | 26:42 | | | |
| 00:26+ | 03:12+ | 03:58+ | 04:43+ | 06:55+ | 08:30+ | 10:03+ | 12:10+ | 12:58+ | 17:05+ | 17:37+ | 19:53+ | 20:25+ |
| 00:26+ | 02:46+ | 00:46+ | 00:45+ | 02:12+ | 01:35+ | 01:33- | 02:07+ | 00:48+ | 04:07+ | 00:32+ | 02:16+ | 00:32+ |
| 00:03# | 02:06@ | 00:08# | 00:16& | 00:53& | 00:16# | 00:09- | 00:29& | 00:08# | 02:12@ | 00:05# | 00:27# | 00:09& |
| 7 | Hanne Hermanrud | | | | 3530 | | | | 27:55 | | | |
| 00:32+ | 01:34+ | 02:29+ | 03:16+ | 05:23+ | 07:27+ | 09:05+ | 11:36+ | 12:36+ | 15:10+ | 15:46+ | 18:45+ | 19:17+ |
| 00:32+ | 01:02+ | 00:55+ | 00:47+ | 02:07+ | 02:04+ | 01:38- | 02:31+ | 01:00+ | 02:34+ | 00:36+ | 02:59+ | 00:32+ |
| 00:09& | 00:22& | 00:17& | 00:18& | 00:48& | 00:45& | 00:04- | 00:53& | 00:20& | 00:39& | 00:09& | 01:10& | 00:09& |

Beste strekktid for klassen

00:23 00:40 00:36 00:29 01:19 01:16 01:21 01:38 00:40 01:52 00:26 01:49 00:16 00:14 01:32 00:35 01:52 00:13

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D70

| | | | | | | | | | | | | |
|--------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Mette Dagsland | | | | 874 | | | | 22:38 | | | |
| 00:37= | 01:41= | 02:33= | 03:11= | 04:51= | 06:28= | 07:58= | 09:59= | 10:55= | 12:58= | 13:40= | 16:16= | 16:35= |
| 00:37= | 01:04= | 00:52= | 00:38= | 01:40= | 01:37= | 01:30= | 02:01= | 00:56= | 02:03= | 00:42= | 02:36= | 00:19= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |

| Plass | Navn | | Klasse | | | | | | | | | | Tid | | | | |
|-------|------|--|--------|--|--|--|--|--|--|--|--|--|-----|--|--|--|--|
|-------|------|--|--------|--|--|--|--|--|--|--|--|--|-----|--|--|--|--|

D70

| | | | | | | | | | | | | | | | | | | | |
|--------|---------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|
| 2 | Lillian Dahl Fitjar | | | | | | | | | | 896 | | | | 26:29 | | | | |
| 00:26- | 01:26- | 04:06+ | 05:06+ | 06:49+ | 08:35+ | 10:09+ | 12:42+ | 13:41+ | 16:10+ | 16:43+ | 19:46+ | 20:36+ | 20:51+ | 23:06+ | 23:56+ | 26:01+ | 26:29+ | | |
| 00:26- | 01:00- | 02:40+ | 01:00+ | 01:43+ | 01:46+ | 01:34+ | 02:33+ | 00:59+ | 02:29+ | 00:33- | 03:03+ | 00:50+ | 00:15- | 02:15- | 00:50+ | 02:05- | 00:28+ | | |
| 00:11- | 00:04- | 01:48@ | 00:22& | 00:03+ | 00:09+ | 00:04+ | 00:32& | 00:03+ | 00:26# | 00:09- | 00:27# | 00:31@ | 00:01- | 00:04- | 00:02+ | 00:13- | 00:06& | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D75

| | | | | | | | | | | | | | | | | | | |
|--------|------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Ingrid W. Hestness | | | | | | 896 | | | | | | 18:16 | | | | | |
| 00:25= | 01:01= | 01:38= | 02:34= | 03:55= | 05:16= | 07:00= | 08:30= | 09:06= | 10:57= | 11:21= | 13:15= | 13:33= | 14:02= | 15:42= | 16:23= | 18:02= | 18:16= | |
| 00:25= | 00:36= | 00:37= | 00:56= | 01:21= | 01:21= | 01:44= | 01:30= | 00:36= | 01:51= | 00:24= | 01:54= | 00:18= | 00:29= | 01:40= | 00:41= | 01:39= | 00:14= | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | |
| 2 | Haldis Glendrange | | | | | | 874 | | | | | | 23:54 | | | | | |
| 00:40+ | 01:33+ | 02:24+ | 03:13+ | 05:21+ | 07:30+ | 09:04+ | 11:15+ | 12:05+ | 14:52+ | 15:14+ | 17:43+ | 18:02+ | 18:24+ | 20:24+ | 21:26+ | 23:33+ | 23:54+ | |
| 00:40+ | 00:53+ | 00:51+ | 00:49- | 02:08+ | 02:09+ | 01:34- | 02:11+ | 00:50+ | 02:47+ | 00:22- | 02:29+ | 00:19+ | 00:22- | 02:00+ | 01:02+ | 02:07+ | 00:21+ | |
| 00:15& | 00:17& | 00:14& | 00:07- | 00:47& | 00:48& | 00:10- | 00:41& | 00:14& | 00:56& | 00:02- | 00:35& | 00:01+ | 00:07- | 00:20# | 00:21& | 00:28& | 00:07& | |
| 3 | Inger Skretting Opstad | | | | | | 3529 | | | | | | 27:22 | | | | | |
| 00:36+ | 01:42+ | 02:46+ | 03:46+ | 05:19+ | 07:06+ | 11:01+ | 13:11+ | 14:05+ | 16:50+ | 17:28+ | 20:11+ | 20:35+ | 20:56+ | 23:37+ | 24:34+ | 27:01+ | 27:22+ | |
| 00:36+ | 01:06+ | 01:04+ | 01:00+ | 01:33+ | 01:47+ | 03:55+ | 02:10+ | 00:54+ | 02:45+ | 00:38+ | 02:43+ | 00:24+ | 00:21- | 02:41+ | 00:57+ | 02:27+ | 00:21+ | |
| 00:11& | 00:30& | 00:27& | 00:04+ | 00:12# | 00:26& | 02:11@ | 00:40& | 00:18& | 00:54& | 00:14& | 00:49& | 00:06& | 00:08- | 01:01& | 00:16& | 00:48& | 00:07& | |
| 4 | Helga Klausen | | | | | | 769 | | | | | | 32:26 | | | | | |
| 00:32+ | 02:38+ | 03:50+ | 04:34+ | 05:35+ | 07:42+ | 09:58+ | 12:32+ | 14:59+ | 16:01+ | 18:55+ | 19:55+ | 23:04+ | 25:10+ | 25:37+ | 28:21+ | 29:16+ | 32:01+ | 32:26+ |
| 00:32+ | 02:06+ | 01:12+ | 00:44- | 01:01- | 02:07+ | 02:16+ | 02:34+ | 02:27+ | 01:02- | 02:54+ | 01:00- | 03:09+ | 02:06+ | 00:27- | 02:44+ | 00:55- | 02:45+ | 00:25+ |
| 00:07& | 01:30@ | 00:35& | 00:12- | 00:20- | 00:46& | 00:32& | 01:04& | 01:51@ | 00:49- | 02:30@ | 00:54- | 02:51@ | 01:37@ | 01:13- | 02:03@ | 00:44- | 02:31@ | 00:25+ |
| 5 | Brit Skjelbred | | | | | | 1141 | | | | | | 37:32 | | | | | |
| 00:41+ | 02:27+ | 03:27+ | 04:48+ | 08:26+ | 10:40+ | 14:17+ | 17:00+ | 18:21+ | 21:11+ | 22:43+ | 25:43+ | 26:12+ | 26:52+ | 33:13+ | 34:24+ | 37:08+ | 37:32+ | |
| 00:41+ | 01:46+ | 01:00+ | 01:21+ | 03:38+ | 02:14+ | 03:37+ | 02:43+ | 01:21+ | 02:50+ | 01:32+ | 03:00+ | 00:29+ | 00:40+ | 06:21+ | 01:11+ | 02:44+ | 00:24+ | |
| 00:16& | 01:10@ | 00:23& | 00:25& | 02:17@ | 00:53& | 01:53@ | 01:13& | 00:45@ | 00:59& | 01:08@ | 01:06& | 00:11& | 00:11& | 04:41@ | 00:30& | 01:05& | 00:10& | |

Beste strekktid for klassen

| | | | | | | | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 00:25 | 00:36 | 00:37 | 00:44 | 01:01 | 01:21 | 01:34 | 01:30 | 00:36 | 01:02 | 00:22 | 01:00 | 00:18 | 00:21 | 00:27 | 00:41 | 00:55 | 00:14 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D80

| | | | | | | | | | | | | | | | | | | |
|--------|---------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Turid Nystrøm | | | | | | 874 | | | | | | 21:34 | | | | | |
| 01:26= | 02:09= | 03:08= | 05:31= | 07:16= | 09:24= | 09:52= | 11:46= | 12:36= | 13:02= | 14:10= | 14:34= | 15:30= | 16:31= | 17:31= | 18:19= | 19:29= | 21:15= | 21:34= |
| 01:26= | 00:43= | 00:59= | 02:23= | 01:45= | 02:08= | 00:28= | 01:54= | 00:50= | 00:26= | 01:08= | 00:24= | 00:56= | 01:01= | 01:00= | 00:48= | 01:10= | 01:46= | 00:19= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Gry Vikhamar Thengs | | | | | | 874 | | | | | | 25:25 | | | | | |
| 01:28+ | 02:17+ | 03:27+ | 06:32+ | 08:28+ | 11:33+ | 12:04+ | 14:33+ | 15:16+ | 15:38+ | 16:55+ | 17:37+ | 19:44+ | 20:40+ | 21:58+ | 22:52+ | 23:55+ | 25:07+ | 25:25+ |
| 01:28+ | 00:49+ | 01:10+ | 03:05+ | 01:56+ | 03:05+ | 00:31+ | 02:29+ | 00:43- | 00:22- | 01:17+ | 00:42+ | 02:07+ | 00:56- | 01:18+ | 00:54+ | 01:03- | 01:12- | 00:18- |
| 00:02+ | 00:06# | 00:11# | 00:42& | 00:11# | 00:57& | 00:03# | 00:35& | 00:07- | 00:04- | 00:09# | 00:18& | 01:11@ | 00:05- | 00:18& | 00:06# | 00:07- | 00:34- | 00:01- |
| 3 | Helga Aasliid | | | | | | 3529 | | | | | | 31:49 | | | | | |
| 02:20+ | 03:43+ | 05:10+ | 08:29+ | 10:41+ | 13:16+ | 13:57+ | 17:25+ | 18:13+ | 18:43+ | 21:51+ | 22:20+ | 23:45+ | 25:07+ | 26:42+ | 28:16+ | 29:43+ | 31:27+ | 31:49+ |
| 02:20+ | 01:23+ | 01:27+ | 03:19+ | 02:12+ | 02:35+ | 00:41+ | 03:28+ | 00:48- | 00:30+ | 03:08+ | 00:29+ | 01:25+ | 01:22+ | 01:35+ | 01:34+ | 01:27+ | 01:44- | 00:22+ |
| 00:54& | 00:40& | 00:28& | 00:56& | 00:27& | 00:27# | 00:13& | 01:34& | 00:02- | 00:04# | 02:00@ | 00:05# | 00:29& | 00:21& | 00:35& | 00:46& | 00:17# | 00:02- | 00:03# |
| 4 | Berit Ebbell Olsen | | | | | | 874 | | | | | | 38:51 | | | | | |
| 02:04+ | 03:06+ | 04:34+ | 10:25+ | 12:40+ | 18:42+ | 19:32+ | 23:14+ | 24:14+ | 24:55+ | 26:43+ | 27:47+ | 29:54+ | 31:45+ | 33:29+ | 34:40+ | 36:11+ | 38:24+ | 38:51+ |
| 02:04+ | 01:02+ | 01:28+ | 05:51+ | 02:15+ | 06:02+ | 00:50+ | 03:42+ | 01:00+ | 00:41+ | 01:48+ | 01:04+ | 02:07+ | 01:51+ | 01:44+ | 01:11+ | 01:31+ | 02:13+ | 00:27+ |
| 00:38& | 00:19& | 00:29& | 03:28@ | 00:30& | 03:54@ | 00:22& | 01:48& | 00:10# | 00:15& | 00:40& | 00:40@ | 01:11@ | 00:50& | 00:44& | 00:23& | 00:21& | 00:27& | 00:08& |

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | 01:26 | 00:43 | 00:59 | 02:23 | 01:45 | 02:08 | 00:28 | 01:54 | 00:43 | 00:22 | 01:08 | 00:24 | 00:56 | 00:56 | 01:00 | 00:48 | 01:03 | 01:12 | 00:18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | </ |

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|--------|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|
| 13 | Ingvild Amalixsen | | | | | | | | | | 1683 | | | | | | | | | | 38:00 | | | | | | | | | |
| 01:33+ | 02:20+ | 05:00+ | 06:57+ | 07:56+ | 10:46+ | 11:09+ | 11:31+ | 13:03+ | 14:18+ | 16:22+ | 19:35+ | 23:30+ | 25:34+ | 27:34+ | 28:43+ | 31:00+ | 33:21+ | 35:43+ | 37:44+ | 38:00+ | | | | | | | | | | |
| 01:33+ | 00:47+ | 02:40+ | 01:57+ | 00:59+ | 02:50+ | 00:23+ | 00:22+ | 01:32+ | 01:15+ | 02:04+ | 03:13+ | 03:55+ | 02:04+ | 02:00+ | 01:09+ | 02:17+ | 02:21+ | 02:22+ | 02:01+ | 00:16+ | | | | | | | | | | |
| 00:43& | 00:08# | 01:13& | 00:29& | 00:25& | 02:07& | 00:04# | 00:07& | 00:26& | 00:24& | 00:41& | 02:32& | 01:28& | 00:26& | 00:31& | 00:35& | 00:59& | 00:36& | 00:42& | 00:32& | 00:05& | | | | | | | | | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

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|--------|-------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Tone Torgersen | 882 | 23:13 | | | | | | | | | | | | | | | | |
| 00:20= | 01:03= | 02:39= | 04:28= | 06:36= | 07:22= | 07:41= | 08:29= | 09:40= | 10:27= | 11:25= | 12:15= | 13:30= | 15:11= | 15:53= | 17:12= | 19:14= | 21:15= | 22:58= | 23:13= |
| 00:20= | 00:43= | 01:36= | 01:49= | 02:08= | 00:46= | 00:19= | 00:48= | 01:11= | 00:47= | 00:58= | 00:50= | 01:15= | 01:41= | 00:42= | 01:19= | 02:02= | 02:01= | 01:43= | 00:15= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Vibeke Lamark | 878 | 23:35 | | | | | | | | | | | | | | | | |
| 00:20= | 01:01= | 01:46= | 03:42= | 06:20= | 07:10= | 07:25= | 07:43= | 08:50= | 09:35= | 10:55= | 11:47= | 13:18= | 15:07= | 15:51= | 17:02= | 19:27+ | 21:32+ | 23:22+ | 23:35+ |
| 00:20= | 00:41= | 00:45= | 01:56+ | 02:38+ | 00:50+ | 00:15= | 00:18= | 01:07= | 00:45= | 01:20+ | 00:52+ | 01:31+ | 01:49+ | 00:44+ | 01:11= | 02:25+ | 02:05+ | 01:50+ | 00:13= |
| 00:00= | 00:02= | 00:51= | 00:07+ | 00:30# | 00:04+ | 00:04= | 00:30= | 00:04= | 00:02= | 00:22& | 00:02+ | 00:16# | 00:08+ | 00:02+ | 00:08= | 00:23# | 00:04+ | 00:07+ | 00:02= |
| 3 | Inger Tone Nygård | 3502 | 23:39 | | | | | | | | | | | | | | | | |
| 00:19= | 00:56= | 01:56= | 04:02= | 06:21= | 07:05= | 07:22= | 07:42= | 08:51= | 09:28= | 11:37+ | 12:23+ | 13:34+ | 15:15+ | 15:58+ | 17:11= | 19:22+ | 21:35+ | 23:25+ | 23:39+ |
| 00:19= | 00:37= | 01:00= | 02:06+ | 02:19+ | 00:44= | 00:17= | 00:20= | 01:09= | 00:37= | 02:09+ | 00:46= | 01:11= | 01:41= | 00:43+ | 01:13= | 02:11+ | 02:13+ | 01:50+ | 00:14= |
| 00:01= | 00:06= | 00:36= | 00:17# | 00:11+ | 00:02= | 00:02= | 00:28= | 00:02= | 00:10= | 01:11& | 00:04= | 00:04= | 00:00= | 00:01+ | 00:06= | 00:09+ | 00:12+ | 00:07+ | 00:01= |
| 4 | Wenche Margrethe Sæbbø | 896 | 23:50 | | | | | | | | | | | | | | | | |
| 00:17= | 01:00= | 01:36= | 03:25= | 05:39= | 06:20= | 06:33= | 07:03= | 08:15= | 09:00= | 10:13= | 11:19= | 13:16= | 14:57= | 15:41= | 17:01= | 19:18+ | 21:48+ | 23:35+ | 23:50+ |
| 00:17= | 00:43= | 00:36= | 01:49= | 02:14+ | 00:41= | 00:13= | 00:30= | 01:12+ | 00:45= | 01:13+ | 01:06+ | 01:57+ | 01:41= | 00:44+ | 01:20+ | 02:17+ | 02:30+ | 01:47+ | 00:15= |
| 00:03= | 00:00= | 01:00= | 00:00= | 00:06+ | 00:05= | 00:06= | 00:18= | 00:01+ | 00:02= | 00:15& | 00:16& | 00:42& | 00:00= | 00:02+ | 00:01+ | 00:15# | 00:29# | 00:04+ | 00:00= |
| 5 | Ida Kolstø | 3502 | 24:30 | | | | | | | | | | | | | | | | |
| 00:16= | 01:05+ | 02:11= | 03:50= | 07:23+ | 08:01+ | 08:29+ | 08:42+ | 09:56+ | 10:41+ | 11:58+ | 12:51+ | 14:30+ | 16:07+ | 16:50+ | 18:06+ | 20:17+ | 22:35+ | 24:19+ | 24:30+ |
| 00:16= | 00:49+ | 01:06= | 01:39= | 03:33+ | 00:38= | 00:28+ | 00:13= | 01:14+ | 00:45= | 01:17+ | 00:53+ | 01:39+ | 01:37= | 00:43+ | 01:16= | 02:11+ | 02:18+ | 01:44+ | 00:11= |
| 00:04= | 00:06# | 00:30= | 00:10= | 01:25& | 00:08= | 00:09& | 00:35= | 00:03+ | 00:02= | 00:19& | 00:03+ | 00:24& | 00:04= | 00:01+ | 00:03= | 00:09+ | 00:17# | 00:01+ | 00:04= |
| 6 | Anina Hadland | 3502 | 24:53 | | | | | | | | | | | | | | | | |
| 00:14= | 00:53= | 01:21= | 03:12= | 06:02= | 07:03= | 07:47+ | 08:02= | 09:13= | 09:59= | 11:27+ | 12:22+ | 13:59+ | 15:50+ | 16:34+ | 18:05+ | 20:28+ | 22:51+ | 24:42+ | 24:53+ |
| 00:14= | 00:39= | 00:28= | 01:51+ | 02:50+ | 01:01+ | 00:44+ | 00:15= | 01:11= | 00:46= | 01:28+ | 00:55+ | 01:37+ | 01:51+ | 00:44+ | 01:31+ | 02:23+ | 02:23+ | 01:51+ | 00:11= |
| 00:06= | 00:04= | 01:08= | 00:02+ | 00:42& | 00:15& | 00:25& | 00:33= | 00:00= | 00:01= | 00:30& | 00:05# | 00:22& | 00:10+ | 00:02+ | 00:12# | 00:21# | 00:22# | 00:08+ | 00:04= |
| 7 | Agnes Haker | 1284 | 25:42 | | | | | | | | | | | | | | | | |
| 00:15= | 00:56= | 01:30= | 03:12= | 05:24= | 06:31= | 07:35= | 07:51= | 09:03= | 09:45= | 11:12= | 12:15= | 14:09+ | 15:47+ | 16:39+ | 19:29+ | 21:35+ | 23:47+ | 25:30+ | 25:42+ |
| 00:15= | 00:41= | 00:34= | 01:42= | 02:12+ | 01:07+ | 01:04+ | 00:16= | 01:12+ | 00:42= | 01:27+ | 01:03+ | 01:54+ | 01:38= | 00:52+ | 02:50+ | 02:06+ | 02:12+ | 01:43= | 00:12= |
| 00:05= | 00:02= | 01:02= | 00:07= | 00:04+ | 00:21& | 00:45& | 00:32= | 00:01+ | 00:05= | 00:29& | 00:13& | 00:39& | 00:03= | 00:10# | 01:31& | 00:04+ | 00:11+ | 00:00= | 00:03= |
| 8 | Ann-Cathrin Nybak Urdal | 3595 | 25:50 | | | | | | | | | | | | | | | | |
| 00:17= | 00:58= | 01:37= | 03:36= | 06:06= | 06:59= | 07:15= | 07:37= | 08:55= | 10:21= | 11:46+ | 12:45+ | 14:22+ | 16:18+ | 17:07+ | 18:43+ | 21:16+ | 23:37+ | 25:34+ | 25:50+ |
| 00:17= | 00:41= | 00:39= | 01:59+ | 02:30+ | 00:53+ | 00:16= | 00:22= | 01:18+ | 01:26+ | 01:25+ | 00:59+ | 01:37+ | 01:56+ | 00:49+ | 01:36+ | 02:33+ | 02:21+ | 01:57+ | 00:16+ |
| 00:03= | 00:02= | 00:57= | 00:10+ | 00:22# | 00:07# | 00:03= | 00:26= | 00:07+ | 00:39& | 00:27& | 00:09# | 00:22& | 00:15# | 00:07# | 00:17# | 00:31& | 00:20# | 00:14# | 00:01+ |
| 9 | Maren Thu | 4251 | 25:52 | | | | | | | | | | | | | | | | |
| 00:16= | 01:03= | 02:22= | 04:04= | 06:19= | 07:26+ | 07:47+ | 08:40+ | 10:25+ | 11:16+ | 12:43+ | 13:47+ | 15:32+ | 17:08+ | 17:55+ | 19:19+ | 21:21+ | 23:35+ | 25:39+ | 25:52+ |
| 00:16= | 00:47+ | 01:19= | 01:42= | 02:15+ | 01:07+ | 00:21+ | 00:53+ | 01:45+ | 00:51+ | 01:27+ | 01:04+ | 01:45+ | 01:36= | 00:47+ | 01:24+ | 02:02= | 02:14+ | 02:04+ | 00:13= |
| 00:04= | 00:04+ | 00:17= | 00:07= | 00:07+ | 00:21& | 00:02# | 00:05# | 00:34& | 00:04+ | 00:29& | 00:14& | 00:30& | 00:05= | 00:05# | 00:05+ | 00:00= | 00:13# | 00:21# | 00:02= |
| 10 | Anne Garsrud | 3518 | 26:14 | | | | | | | | | | | | | | | | |
| 00:17= | 01:31+ | 02:40+ | 04:32+ | 07:03+ | 08:39+ | 08:55+ | 09:10+ | 10:36+ | 11:27+ | 13:18+ | 14:37+ | 15:57+ | 17:41+ | 18:33+ | 19:49+ | 21:51+ | 24:03+ | 25:59+ | 26:14+ |
| 00:17= | 01:14+ | 01:09= | 01:52+ | 02:31+ | 01:36+ | 00:16= | 00:15= | 01:26+ | 00:51+ | 01:51+ | 01:19+ | 01:20+ | 01:44+ | 00:52+ | 01:16= | 02:02= | 02:12+ | 01:56+ | 00:15= |
| 00:03= | 00:31& | 00:27= | 00:03+ | 00:23# | 00:50& | 00:03= | 00:33= | 00:15# | 00:04+ | 00:53& | 00:29& | 00:05+ | 00:03+ | 00:10# | 00:03= | 00:00= | 00:11+ | 00:13# | 00:00= |
| 11 | Mariann Sveinsvoll | 3504 | 27:41 | | | | | | | | | | | | | | | | |
| 00:20= | 00:59= | 01:53= | 03:54= | 06:38+ | 07:42+ | 08:03+ | 08:53+ | 10:34+ | 11:33+ | 13:14+ | 14:15+ | 15:53+ | 17:56+ | 18:49+ | 20:25+ | 22:52+ | 25:20+ | 27:26+ | 27:41+ |
| 00:20= | 00:39= | 00:54= | 02:01+ | 02:44+ | 01:04+ | 00:21+ | 00:50+ | 01:41+ | 00:59+ | 01:41+ | 01:01+ | 01:38+ | 02:03+ | 00:53+ | 01:36+ | 02:27+ | 02:28+ | 02:06+ | 00:15= |
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| 3 | Mette Langeland | | | | | | 1832 | | | | | | 18:18 | | | | | | | | |
| 00:35+ | 01:31+ | 02:16+ | 03:04+ | 05:06+ | 06:45+ | 08:17+ | 08:39+ | 09:30+ | 09:59+ | 10:17+ | 10:57+ | 11:38+ | 11:49+ | 12:38- | 13:38+ | 14:29+ | 15:01+ | 15:48+ | 16:56+ | 18:03+ | 18:18+ |
| 00:35+ | 00:56+ | 00:45- | 00:48- | 02:02+ | 01:39+ | 01:32- | 00:22= | 00:51+ | 00:29- | 00:18+ | 00:40= | 00:41- | 00:11- | 00:49- | 01:00+ | 00:51- | 00:32- | 00:47+ | 01:08= | 01:07+ | 00:15+ |
| 00:12# | 00:03+ | 00:01- | 00:05- | 00:10+ | 00:05+ | 00:05- | 00:00= | 00:01+ | 00:08- | 00:01+ | 00:00= | 00:08- | 00:03- | 00:03- | 00:08# | 00:01- | 00:04- | 00:04+ | 00:00= | 00:08# | 00:02# |
| 4 | Lina Dahle | | | | | | 3533 | | | | | | 18:23 | | | | | | | | |
| 00:33+ | 01:56+ | 02:40+ | 03:40+ | 05:31+ | 06:52+ | 08:28+ | 08:51+ | 09:50+ | 10:08+ | 10:24+ | 10:57+ | 11:42+ | 12:02+ | 12:45+ | 13:45+ | 14:34+ | 15:08+ | 15:51+ | 16:59+ | 18:06+ | 18:23+ |
| 00:33+ | 01:23+ | 00:44+ | 01:00+ | 01:51+ | 01:21+ | 01:36+ | 00:23+ | 00:59+ | 00:18+ | 00:16+ | 00:33+ | 00:45+ | 00:20+ | 00:43+ | 01:00+ | 00:49+ | 00:34+ | 00:43+ | 01:08+ | 01:07+ | 00:17+ |
| 00:33+ | 01:23+ | 00:44+ | 01:00+ | 01:51+ | 01:21+ | 01:36+ | 00:23+ | 00:59+ | 00:18+ | 00:16+ | 00:33+ | 00:45+ | 00:20+ | 00:43+ | 01:00+ | 00:49+ | 00:34+ | 00:43+ | 01:08+ | 01:07+ | 00:17+ |
| 5 | Karianne Skogland Enerstvedt | | | | | | 722 | | | | | | 18:23 | | | | | | | | |
| 00:24+ | 01:30+ | 02:12+ | 02:56+ | 04:49+ | 06:02+ | 07:29+ | 07:54+ | 08:42+ | 09:06+ | 09:23+ | 09:59+ | 11:03+ | 11:42+ | 12:47+ | 13:41+ | 14:31+ | 15:22+ | 16:05+ | 17:04+ | 18:07+ | 18:23+ |
| 00:24+ | 01:06+ | 00:42+ | 00:44+ | 01:53+ | 01:13+ | 01:27+ | 00:25+ | 00:48+ | 00:24+ | 00:17+ | 00:36+ | 01:04+ | 00:39+ | 01:05+ | 00:54+ | 00:50+ | 00:51+ | 00:43+ | 00:59+ | 01:03+ | 00:16+ |
| 00:24+ | 01:06+ | 00:42+ | 00:44+ | 01:53+ | 01:13+ | 01:27+ | 00:25+ | 00:48+ | 00:24+ | 00:17+ | 00:36+ | 01:04+ | 00:39+ | 01:05+ | 00:54+ | 00:50+ | 00:51+ | 00:43+ | 00:59+ | 01:03+ | 00:16+ |
| 6 | Monica Regine Romstad | | | | | | 722 | | | | | | 18:28 | | | | | | | | |
| 00:27+ | 01:54+ | 03:51+ | 04:22+ | 05:56+ | 07:12+ | 08:25+ | 08:51+ | 09:42+ | 10:04+ | 10:20+ | 11:26+ | 12:24+ | 12:38+ | 13:38+ | 14:25+ | 15:10+ | 15:41+ | 16:24+ | 17:16+ | 18:13+ | 18:28+ |
| 00:27+ | 01:27+ | 01:57+ | 00:31+ | 01:34+ | 01:16+ | 01:13+ | 00:26+ | 00:51+ | 00:22+ | 00:16+ | 01:06+ | 00:58+ | 00:14+ | 01:00+ | 00:47+ | 00:45+ | 00:31+ | 00:43+ | 00:52+ | 00:57+ | 00:15+ |
| 00:27+ | 01:27+ | 01:57+ | 00:31+ | 01:34+ | 01:16+ | 01:13+ | 00:26+ | 00:51+ | 00:22+ | 00:16+ | 01:06+ | 00:58+ | 00:14+ | 01:00+ | 00:47+ | 00:45+ | 00:31+ | 00:43+ | 00:52+ | 00:57+ | 00:15+ |
| 7 | Johanne Trandum Næss | | | | | | 3512 | | | | | | 18:29 | | | | | | | | |
| 00:30+ | 01:20+ | 02:00+ | 04:14+ | 05:48+ | 07:01+ | 08:06+ | 08:26+ | 09:12+ | 09:34+ | 09:52+ | 11:32+ | 12:11+ | 12:25+ | 13:08+ | 14:18+ | 14:58+ | 15:35+ | 16:21+ | 17:13+ | 18:13+ | 18:29+ |
| 00:30+ | 00:50+ | 00:40+ | 02:14+ | 01:34+ | 01:13+ | 01:05+ | 00:20+ | 00:46+ | 00:22+ | 00:18+ | 01:40+ | 00:39+ | 00:14+ | 00:43+ | 01:10+ | 00:40+ | 00:37+ | 00:46+ | 00:52+ | 01:00+ | 00:16+ |
| 00:30+ | 00:50+ | 00:40+ | 02:14+ | 01:34+ | 01:13+ | 01:05+ | 00:20+ | 00:46+ | 00:22+ | 00:18+ | 01:40+ | 00:39+ | 00:14+ | 00:43+ | 01:10+ | 00:40+ | 00:37+ | 00:46+ | 00:52+ | 01:00+ | 00:16+ |
| 8 | Mette Baardsgaard | | | | | | 1884 | | | | | | 18:46 | | | | | | | | |
| 00:27+ | 01:17+ | 01:57+ | 02:54+ | 04:45+ | 05:51+ | 07:10+ | 07:31+ | 08:13+ | 08:37+ | 09:27+ | 10:52+ | 11:32+ | 11:49+ | 13:05+ | 13:52+ | 15:37+ | 16:09+ | 16:53+ | 17:43+ | 18:32+ | 18:46+ |
| 00:27+ | 00:50+ | 00:40+ | 00:57+ | 01:51+ | 01:06+ | 01:19+ | 00:21+ | 00:42+ | 00:24+ | 00:50+ | 01:25+ | 00:40+ | 00:17+ | 01:16+ | 00:47+ | 01:45+ | 00:32+ | 00:44+ | 00:50+ | 00:49+ | 00:14+ |
| 00:27+ | 00:50+ | 00:40+ | 00:57+ | 01:51+ | 01:06+ | 01:19+ | 00:21+ | 00:42+ | 00:24+ | 00:50+ | 01:25+ | 00:40+ | 00:17+ | 01:16+ | 00:47+ | 01:45+ | 00:32+ | 00:44+ | 00:50+ | 00:49+ | 00:14+ |
| 9 | Line Skaar | | | | | | 4235 | | | | | | 19:33 | | | | | | | | |
| 00:24+ | 01:26+ | 02:07+ | 03:11+ | 04:51+ | 06:08+ | 07:33+ | 07:55+ | 08:54+ | 09:21+ | 09:40+ | 10:15+ | 11:37+ | 13:25+ | 14:10+ | 15:06+ | 16:02+ | 16:42+ | 17:23+ | 18:23+ | 19:16+ | 19:33+ |
| 00:24+ | 01:02+ | 00:41+ | 01:04+ | 01:40+ | 01:17+ | 01:25+ | 00:22+ | 00:59+ | 00:27+ | 00:19+ | 00:35+ | 01:22+ | 01:48+ | 00:45+ | 00:56+ | 00:56+ | 00:40+ | 00:41+ | 01:00+ | 00:53+ | 00:17+ |
| 00:24+ | 01:02+ | 00:41+ | 01:04+ | 01:40+ | 01:17+ | 01:25+ | 00:22+ | 00:59+ | 00:27+ | 00:19+ | 00:35+ | 01:22+ | 01:48+ | 00:45+ | 00:56+ | 00:56+ | 00:40+ | 00:41+ | 01:00+ | 00:53+ | 00:17+ |
| 10 | Heidi Camilla Raugstad Hovet | | | | | | 769 | | | | | | 20:04 | | | | | | | | |
| 00:23+ | 01:23+ | 02:04+ | 03:53+ | 05:39+ | 08:55+ | 10:12+ | 10:42+ | 11:31+ | 11:55+ | 12:13+ | 12:43+ | 13:38+ | 13:55+ | 14:44+ | 15:38+ | 16:29+ | 17:01+ | 18:01+ | 19:02+ | 19:52+ | 20:04+ |
| 00:23+ | 01:00+ | 00:41+ | 01:49+ | 01:46+ | 03:16+ | 01:17+ | 00:30+ | 00:49+ | 00:24+ | 00:18+ | 00:30+ | 00:55+ | 00:17+ | 00:49+ | 00:54+ | 00:51+ | 00:32+ | 01:00+ | 01:01+ | 00:50+ | 00:12+ |
| 00:23+ | 01:00+ | 00:41+ | 01:49+ | 01:46+ | 03:16+ | 01:17+ | 00:30+ | 00:49+ | 00:24+ | 00:18+ | 00:30+ | 00:55+ | 00:17+ | 00:49+ | 00:54+ | 00:51+ | 00:32+ | 01:00+ | 01:01+ | 00:50+ | 00:12+ |
| 11 | Siv Bogfjelldal | | | | | | 3507 | | | | | | 20:20 | | | | | | | | |
| 00:28+ | 02:49+ | 03:36+ | 04:32+ | 06:18+ | 07:46+ | 09:05+ | 09:28+ | 10:25+ | 10:56+ | 11:14+ | 11:54+ | 13:06+ | 13:30+ | 14:20+ | 15:32+ | 16:22+ | 17:12+ | 18:00+ | 19:01+ | 20:03+ | 20:20+ |
| 00:28+ | 02:21+ | 00:47+ | 00:56+ | 01:46+ | 01:28+ | 01:19+ | 00:23+ | 00:57+ | 00:31+ | 00:18+ | 00:40+ | 01:12+ | 00:24+ | 00:50+ | 01:12+ | 00:50+ | 00:50+ | 00:48+ | 01:01+ | 01:02+ | 00:17+ |
| 00:28+ | 02:21+ | 00:47+ | 00:56+ | 01:46+ | 01:28+ | 01:19+ | 00:23+ | 00:57+ | 00:31+ | 00:18+ | 00:40+ | 01:12+ | 00:24+ | 00:50+ | 01:12+ | 00:50+ | 00:50+ | 00:48+ | 01:01+ | 01:02+ | 00:17+ |
| 12 | Marta Bertolaso | | | | | | 1832 | | | | | | 20:27 | | | | | | | | |
| 00:32+ | 01:35+ | 02:20+ | 03:26+ | 05:31+ | 07:31+ | 08:59+ | 09:23+ | 10:21+ | 10:46+ | 11:15+ | 12:20+ | 13:13+ | 13:31+ | 14:28+ | 15:28+ | 16:25+ | 17:16+ | 18:01+ | 18:59+ | 20:04+ | 20:27+ |
| 00:32+ | 01:03+ | 00:45+ | 01:06+ | 02:05+ | 02:00+ | 01:28+ | 00:24+ | 00:58+ | 00:25+ | 00:29+ | 01:05+ | 00:53+ | 00:18+ | 00:57+ | 01:00+ | 00:57+ | 00:51+ | 00:45+ | 00:58+ | 01:05+ | 00:23+ |
| 00:32+ | 01:03+ | 00:45+ | 01:06+ | 02:05+ | 02:00+ | 01:28+ | 00:24+ | 00:58+ | 00:25+ | 00:29+ | 01:05+ | 00:53+ | 00:18+ | 00:57+ | 01:00+ | 00:57+ | 00:51+ | 00:45+ | 00:58+ | 01:05+ | 00:23+ |
| 13 | Silje Rese | | | | | | 1832 | | | | | | 20:27 | | | | | | | | |
| 00:29+ | 01:32+ | 02:18+ | 03:27+ | 05:33+ | 07:34+ | 08:55+ | 09:21+ | 10:23+ | 10:46+ | 11:16+ | 12:17+ | 13:10+ | 13:33+ | 14:25+ | 15:29+ | 16:22+ | 17:13+ | 17:59+ | 18:56+ | 20:05+ | 20:27+ |
| 00:29+ | 01:03+ | 00:46+ | 01:09+ | 02:06+ | 02:01+ | 01:21+ | 00:26+ | 01:02+ | 00:23+ | 00:30+ | 01:01+ | 00:53+ | 00:23+ | 00:52+ | 01:04+ | 00:53+ | 00:51+ | 00:46+ | 00:57+ | 01:09+ | 00:22+ |
| 00:29+ | 01:03+ | 00:46+ | 01:09+ | 02:06+ | 02:01+ | 01:21+ | 00:26+ | 01:02+ | 00:23+ | 00:30+ | 01:01+ | 00:53+ | 00:23+ | 00:52+ | 01:04+ | 00:53+ | 00:51+ | 00:46+ | 00:57+ | 01:09+ | 00:22+ |
| 14 | Valeria Isabella Bermudez | | | | | | 3533 | | | | | | 20:44 | | | | | | | | |
| 00:42+ | 01:49+ | 02:40+ | 04:10+ | 06:50+ | 08:03+ | 09:18+ | 09:44+ | 10:35+ | 11:15+ | 11:48+ | 12:46+ | 13:52+ | 14:16+ | 15:03+ | 15:56+ | 16:49+ | 17:44+ | 18:32+ | 19:24+ | 20:24+ | 20:44+ |
| 00:42+ | 01:07+ | 00:51+ | 01:30+ | 02:40+ | 01:13+ | 01:15+ | 00:26+ | 00:51+ | 00:40+ | 00:33+ | 00:58+ | 01:06+ | 00:24+ | 00:47+ | 00:53+ | 00:53+ | 00:55+ | 00:48+ | 00:52+ | 01:00+ | 00:20+ |
| 00:42+ | 01:07+ | 00:51+ | 01:30+ | 02:40+ | 01:13+ | 01:15+ | 00:26+ | 00:51+ | 00:40+ | 00:33+ | 00:58+ | 01:06+ | 00:24+ | 00:47+ | 00:53+ | 00:53+ | 00:55+ | 00:48+ | 00:52+ | 01:00+ | 00:20+ |
| 15 | Ingrid Overegseth Foss | | | | | | 896 | | | | | | 20:45 | | | | | | | | |
| 00:23+ | 01:11+ | 01:56+ | 02:45+ | 05:51+ | 07:13+ | 08:54+ | 09:18+ | 10:13+ | 10:36+ | 10:57+ | 12:02+ | 13:09+ | 13:36+ | 14:27+ | 15:35+ | 16:33+ | 17:19+ | 18:08+ | 19:16+ | 20:29+ | 20:45+ |
| 00:23+ | 00:48+ | 00:45+ | 00:49+ | 03:06+ | 01:22+ | 01:41+ | 00:24+ | 00:55+ | 00:23+ | 00:21+ | 01:05+ | 01:07+ | 00:27+ | 00:51+ | 01:08+ | 00:58+ | 00:46+ | 00:49+ | 01:08+ | 01:13+ | 00:16+ |
| 00:23+ | 00:48+ | 00:45+ | 00:49+ | 03:06+ | 01:22+ | 01:41+ | 00:24+ | 00:55+ | 00:23+ | 00:21+ | 01:05+ | 01:07+ | 00:27+ | 00:51+ | 01:08+ | 00:58+ | 00:46+ | 00:49+ | 01:08+ | 01:13+ | 00:16+ |
| 16 | Marianne Berge | | | | | | 3512 | | | | | | 21:49 | | | | | | | | |
| 00:32+ | 01:39+ | 02:25+ | 05:09+ | 07:08+ | 08:26+ | 10:25+ | 10:52+ | 11:58+ | 12:21+ | 12:38+ | 13:39+ | 14:32+ | 14:51+ | 15:55+ | 16:59+ | 18:05+ | 18:43+ | 19:35+ | 20:31+ | 21:31+ | 21:49+ |
| 00:32+ | 01:07+ | 00:46+ | 02:44+ | 01:59+ | 01:18+ | 01:59+ | 00:27+ | 01:06+ | 00:23+ | 00:17+ | 01:01+ | 00:53+ | 00:19+ | 01:04+ | 01:04+ | 01:06+ | 00:38+ | 00:52+ | 00:56+ | 01:00+ | 00:18+ |
| 00:32+ | 01:07+ | 00:46+ | 02:44+ | 01:59+ | 01:18+ | 01:59+ | 00:27+ | 01:06+ | 00:23+ | 00:17+ | 01:01+ | 00:53+ | 00:19+ | 01:04+ | 01:04+ | 01:06+ | 00:38+ | 00:52+ | 00:56+ | 01:00+ | 00:18+ |

09.04.2025 21:44:21

Side:12

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | | | | |
|--------|-----------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| DT | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | |
| 31 | Marie Hernæs Larsen | | | | | 3565 | | | | | 25:56 | | | | | | | | | | | |
| 00:40+ | 02:07+ | 02:59+ | 03:51+ | 06:12+ | 07:37+ | 09:18+ | 09:48+ | 11:07+ | 11:43+ | 12:11+ | 14:00+ | 15:33+ | 15:52+ | 17:07+ | 18:27+ | 19:45+ | 20:34+ | 21:41+ | 23:16+ | 25:27+ | 25:56+ | |
| 00:40+ | 01:27+ | 00:52+ | 00:52+ | 02:21+ | 01:25+ | 01:41+ | 00:30+ | 01:19+ | 00:36+ | 00:28+ | 01:49+ | 01:33+ | 00:19+ | 01:15+ | 01:20+ | 01:18+ | 00:49+ | 01:07+ | 01:35+ | 02:11+ | 00:29+ | |
| 00:40+ | 01:27+ | 00:52+ | 00:52+ | 02:21+ | 01:25+ | 01:41+ | 00:30+ | 01:19+ | 00:36+ | 00:28+ | 01:49+ | 01:33+ | 00:19+ | 01:15+ | 01:20+ | 01:18+ | 00:49+ | 01:07+ | 01:35+ | 02:11+ | 00:29+ | |
| 32 | Juliane Tytlandsvik Nødland | | | | | 3512 | | | | | 26:05 | | | | | | | | | | | |
| 00:40+ | 03:19+ | 04:17+ | 06:00+ | 08:46+ | 10:22+ | 12:27+ | 13:01+ | 14:11+ | 14:38+ | 15:09+ | 16:29+ | 17:18+ | 17:35+ | 18:37+ | 20:02+ | 21:00+ | 22:14+ | 23:08+ | 24:25+ | 25:47+ | 26:05+ | |
| 00:40+ | 02:39+ | 00:58+ | 01:43+ | 02:46+ | 01:36+ | 02:05+ | 00:34+ | 01:10+ | 00:27+ | 00:31+ | 01:20+ | 00:49+ | 00:17+ | 01:02+ | 01:25+ | 00:58+ | 01:14+ | 00:54+ | 01:17+ | 01:22+ | 00:18+ | |
| 00:40+ | 02:39+ | 00:58+ | 01:43+ | 02:46+ | 01:36+ | 02:05+ | 00:34+ | 01:10+ | 00:27+ | 00:31+ | 01:20+ | 00:49+ | 00:17+ | 01:02+ | 01:25+ | 00:58+ | 01:14+ | 00:54+ | 01:17+ | 01:22+ | 00:18+ | |
| 33 | Kitty Garborg | | | | | 1754 | | | | | 26:48 | | | | | | | | | | | |
| 00:31+ | 02:00+ | 03:04+ | 04:30+ | 07:54+ | 10:41+ | 12:48+ | 13:13+ | 14:21+ | 14:53+ | 15:22+ | 16:21+ | 17:43+ | 18:09+ | 19:25+ | 20:38+ | 21:56+ | 22:57+ | 23:48+ | 24:56+ | 26:22+ | 26:48+ | |
| 00:31+ | 01:29+ | 01:04+ | 01:26+ | 03:24+ | 02:47+ | 02:07+ | 00:25+ | 01:08+ | 00:32+ | 00:29+ | 00:59+ | 01:22+ | 00:26+ | 01:16+ | 01:13+ | 01:18+ | 01:01+ | 00:51+ | 01:08+ | 01:26+ | 00:26+ | |
| 00:31+ | 01:29+ | 01:04+ | 01:26+ | 03:24+ | 02:47+ | 02:07+ | 00:25+ | 01:08+ | 00:32+ | 00:29+ | 00:59+ | 01:22+ | 00:26+ | 01:16+ | 01:13+ | 01:18+ | 01:01+ | 00:51+ | 01:08+ | 01:26+ | 00:26+ | |
| 34 | Marianne Steinkopf | | | | | 880 | | | | | 27:15 | | | | | | | | | | | |
| 00:38+ | 01:32+ | 02:15+ | 03:06+ | 06:27+ | 07:53+ | 10:46+ | 11:02+ | 11:47+ | 12:12+ | 13:43+ | 14:24+ | 15:27+ | 15:54+ | 16:41+ | 21:39+ | 22:34+ | 24:12+ | 24:48+ | 25:59+ | 26:59+ | 27:15+ | |
| 00:38+ | 00:54+ | 00:43+ | 00:51+ | 03:21+ | 01:26+ | 02:53+ | 00:16+ | 00:45+ | 00:25+ | 01:31+ | 00:41+ | 01:03+ | 00:27+ | 00:47+ | 04:58+ | 00:55+ | 01:38+ | 00:36+ | 01:11+ | 01:00+ | 00:16+ | |
| 00:38+ | 00:54+ | 00:43+ | 00:51+ | 03:21+ | 01:26+ | 02:53+ | 00:16+ | 00:45+ | 00:25+ | 01:31+ | 00:41+ | 01:03+ | 00:27+ | 00:47+ | 04:58+ | 00:55+ | 01:38+ | 00:36+ | 01:11+ | 01:00+ | 00:16+ | |
| 35 | Bente Skagseth | | | | | 3558 | | | | | 27:43 | | | | | | | | | | | |
| 00:43+ | 01:48+ | 02:40+ | 06:05+ | 08:36+ | 10:36+ | 12:18+ | 12:53+ | 14:19+ | 14:59+ | 15:50+ | 16:58+ | 17:55+ | 18:22+ | 20:36+ | 21:44+ | 22:44+ | 23:35+ | 24:36+ | 25:55+ | 27:24+ | 27:43+ | |
| 00:43+ | 01:05+ | 00:52+ | 03:25+ | 02:31+ | 02:00+ | 01:42+ | 00:35+ | 01:26+ | 00:40+ | 00:51+ | 01:08+ | 00:57+ | 00:27+ | 02:14+ | 01:08+ | 01:00+ | 00:51+ | 01:01+ | 01:19+ | 01:29+ | 00:19+ | |
| 00:43+ | 01:05+ | 00:52+ | 03:25+ | 02:31+ | 02:00+ | 01:42+ | 00:35+ | 01:26+ | 00:40+ | 00:51+ | 01:08+ | 00:57+ | 00:27+ | 02:14+ | 01:08+ | 01:00+ | 00:51+ | 01:01+ | 01:19+ | 01:29+ | 00:19+ | |
| 36 | Åse Kristensen | | | | | 1141 | | | | | 28:54 | | | | | | | | | | | |
| 00:37+ | 02:04+ | 03:00+ | 05:07+ | 07:33+ | 10:30+ | 12:26+ | 12:54+ | 13:56+ | 14:26+ | 14:52+ | 19:44+ | 20:45+ | 21:09+ | 22:11+ | 23:20+ | 24:24+ | 25:06+ | 26:02+ | 27:19+ | 28:33+ | 28:54+ | |
| 00:37+ | 01:27+ | 00:56+ | 02:07+ | 02:26+ | 02:57+ | 01:56+ | 00:28+ | 01:02+ | 00:30+ | 00:26+ | 04:52+ | 01:01+ | 00:24+ | 01:02+ | 01:09+ | 01:04+ | 00:42+ | 00:56+ | 01:17+ | 01:14+ | 00:21+ | |
| 00:37+ | 01:27+ | 00:56+ | 02:07+ | 02:26+ | 02:57+ | 01:56+ | 00:28+ | 01:02+ | 00:30+ | 00:26+ | 04:52+ | 01:01+ | 00:24+ | 01:02+ | 01:09+ | 01:04+ | 00:42+ | 00:56+ | 01:17+ | 01:14+ | 00:21+ | |
| 37 | Signe Lise Haaland | | | | | 3507 | | | | | 29:07 | | | | | | | | | | | |
| 02:05+ | 04:25+ | 05:52+ | 07:04+ | 10:21+ | 12:11+ | 14:10+ | 14:40+ | 16:01+ | 16:32+ | 17:01+ | 17:58+ | 19:05+ | 19:24+ | 20:33+ | 21:55+ | 23:10+ | 23:56+ | 25:04+ | 26:49+ | 28:35+ | 29:07+ | |
| 02:05+ | 02:20+ | 01:27+ | 01:12+ | 03:17+ | 01:50+ | 01:59+ | 00:30+ | 01:21+ | 00:31+ | 00:29+ | 00:57+ | 01:07+ | 00:19+ | 01:09+ | 01:22+ | 01:15+ | 00:46+ | 01:08+ | 01:45+ | 01:46+ | 00:32+ | |
| 02:05+ | 02:20+ | 01:27+ | 01:12+ | 03:17+ | 01:50+ | 01:59+ | 00:30+ | 01:21+ | 00:31+ | 00:29+ | 00:57+ | 01:07+ | 00:19+ | 01:09+ | 01:22+ | 01:15+ | 00:46+ | 01:08+ | 01:45+ | 01:46+ | 00:32+ | |
| 38 | Ruth Grødem | | | | | 722 | | | | | 29:35 | | | | | | | | | | | |
| 00:44+ | 02:27+ | 03:28+ | 05:02+ | 07:40+ | 09:39+ | 13:29+ | 13:53+ | 15:14+ | 16:10+ | 16:39+ | 17:35+ | 18:32+ | 19:04+ | 20:29+ | 21:51+ | 24:48+ | 25:53+ | 26:47+ | 27:53+ | 29:11+ | 29:35+ | |
| 00:44+ | 01:43+ | 01:01+ | 01:34+ | 02:38+ | 01:59+ | 03:50+ | 00:24+ | 01:21+ | 00:56+ | 00:29+ | 00:56+ | 00:57+ | 00:32+ | 01:25+ | 01:22+ | 02:57+ | 01:05+ | 00:54+ | 01:06+ | 01:18+ | 00:24+ | |
| 00:44+ | 01:43+ | 01:01+ | 01:34+ | 02:38+ | 01:59+ | 03:50+ | 00:24+ | 01:21+ | 00:56+ | 00:29+ | 00:56+ | 00:57+ | 00:32+ | 01:25+ | 01:22+ | 02:57+ | 01:05+ | 00:54+ | 01:06+ | 01:18+ | 00:24+ | |
| 39 | Tove Kristin Kleven | | | | | 722 | | | | | 29:53 | | | | | | | | | | | |
| 00:26+ | 02:57+ | 03:40+ | 05:31+ | 07:51+ | 10:02+ | 12:00+ | 12:25+ | 13:33+ | 14:02+ | 14:34+ | 16:02+ | 18:07+ | 18:22+ | 22:38+ | 24:05+ | 25:07+ | 25:56+ | 26:45+ | 27:55+ | 29:33+ | 29:53+ | |
| 00:26+ | 02:31+ | 00:43+ | 01:51+ | 02:20+ | 02:11+ | 01:58+ | 00:25+ | 01:08+ | 00:29+ | 00:32+ | 01:28+ | 02:05+ | 00:15+ | 04:16+ | 01:27+ | 01:02+ | 00:49+ | 00:49+ | 01:10+ | 01:38+ | 00:20+ | |
| 00:26+ | 02:31+ | 00:43+ | 01:51+ | 02:20+ | 02:11+ | 01:58+ | 00:25+ | 01:08+ | 00:29+ | 00:32+ | 01:28+ | 02:05+ | 00:15+ | 04:16+ | 01:27+ | 01:02+ | 00:49+ | 00:49+ | 01:10+ | 01:38+ | 00:20+ | |
| 40 | Lisbeth Davidsen | | | | | 722 | | | | | 30:29 | | | | | | | | | | | |
| 01:11+ | 02:24+ | 03:28+ | 05:12+ | 08:09+ | 10:20+ | 12:06+ | 12:43+ | 13:44+ | 14:43+ | 15:16+ | 17:34+ | 20:11+ | 20:34+ | 21:49+ | 23:15+ | 25:21+ | 26:20+ | 27:24+ | 28:35+ | 30:10+ | 30:29+ | |
| 01:11+ | 01:13+ | 01:04+ | 01:44+ | 02:57+ | 02:11+ | 01:46+ | 00:37+ | 01:01+ | 00:59+ | 00:33+ | 02:18+ | 02:37+ | 00:23+ | 01:15+ | 01:26+ | 02:06+ | 00:59+ | 01:04+ | 01:11+ | 01:35+ | 00:19+ | |
| 01:11+ | 01:13+ | 01:04+ | 01:44+ | 02:57+ | 02:11+ | 01:46+ | 00:37+ | 01:01+ | 00:59+ | 00:33+ | 02:18+ | 02:37+ | 00:23+ | 01:15+ | 01:26+ | 02:06+ | 00:59+ | 01:04+ | 01:11+ | 01:35+ | 00:19+ | |
| 41 | Esther Boenheim | | | | | 2539 | | | | | 31:14 | | | | | | | | | | | |
| 00:25+ | 03:40+ | 04:24+ | 05:46+ | 07:48+ | 09:37+ | 11:20+ | 12:32+ | 13:39+ | 14:07+ | 14:28+ | 15:31+ | 16:29+ | 16:51+ | 17:52+ | 18:59+ | 19:44+ | 25:41+ | 28:51+ | 29:57+ | 30:56+ | 31:14+ | |
| 00:25+ | 03:15+ | 00:44+ | 01:22+ | 02:02+ | 01:49+ | 01:43+ | 01:12+ | 01:07+ | 00:28+ | 00:21+ | 01:03+ | 00:58+ | 00:22+ | 01:01+ | 01:07+ | 00:45+ | 05:57+ | 03:10+ | 01:06+ | 00:59+ | 00:18+ | |
| 00:25+ | 03:15+ | 00:44+ | 01:22+ | 02:02+ | 01:49+ | 01:43+ | 01:12+ | 01:07+ | 00:28+ | 00:21+ | 01:03+ | 00:58+ | 00:22+ | 01:01+ | 01:07+ | 00:45+ | 05:57+ | 03:10+ | 01:06+ | 00:59+ | 00:18+ | |
| 42 | Ingunn Johanne Fandrem | | | | | 3511 | | | | | 32:04 | | | | | | | | | | | |
| 00:44+ | 03:12+ | 04:29+ | 06:07+ | 08:57+ | 10:40+ | 12:43+ | 13:10+ | 14:23+ | 15:40+ | 17:26+ | 20:31+ | 21:28+ | 22:22+ | 24:29+ | 25:38+ | 26:52+ | 27:37+ | 28:43+ | 30:14+ | 31:43+ | 32:04+ | |
| 00:44+ | 02:28+ | 01:17+ | 01:38+ | 02:50+ | 01:43+ | 02:03+ | 00:27+ | 01:13+ | 01:17+ | 01:46+ | 03:05+ | 00:57+ | 00:54+ | 02:07+ | 01:09+ | 01:14+ | 00:45+ | 01:06+ | 01:31+ | 01:29+ | 00:21+ | |
| 00:44+ | 02:28+ | 01:17+ | 01:38+ | 02:50+ | 01:43+ | 02:03+ | 00:27+ | 01:13+ | 01:17+ | 01:46+ | 03:05+ | 00:57+ | 00:54+ | 02:07+ | 01:09+ | 01:14+ | 00:45+ | 01:06+ | 01:31+ | 01:29+ | 00:21+ | |
| 43 | Sigrund Serigstad | | | | | 879 | | | | | 33:07 | | | | | | | | | | | |
| 03:49+ | 05:46+ | 11:22+ | 12:08+ | 13:51+ | 16:08+ | 17:43+ | 18:04+ | 22:01+ | 22:42+ | 23:01+ | 23:57+ | 24:27+ | 24:42+ | 26:04+ | 27:06+ | 28:18+ | 29:15+ | 30:00+ | 30:48+ | 32:55+ | 33:07+ | |
| 03:49+ | 01:57+ | 05:36+ | 00:46+ | 01:43+ | 02:17+ | 01:35+ | 00:21+ | 03:57+ | 00:41+ | 00:19+ | 00:56+ | 00:30+ | 00:15+ | 01:22+ | 01:02+ | 01:12+ | 00:57+ | 00:45+ | 00:48+ | 02:07+ | 00:12+ | |
| 03:49+ | 01:57+ | 05:36+ | 00:46+ | 01:43+ | 02:17+ | 01:35+ | 00:21+ | 03:57+ | 00:41+ | 00:19+ | 00:56+ | 00:30+ | 00:15+ | 01:22+ | 01:02+ | 01:12+ | 00:57+ | 00:45+ | 00:48+ | 02:07+ | 00:12+ | |
| 44 | Solbjørg Borgersen | | | | | 3536 | | | | | 33:12 | | | | | | | | | | | |
| 00:40+ | 01:56+ | 02:49+ | 04:23+ | 06:41+ | 08:15+ | 10:05+ | 10:30+ | 11:38+ | 13:35+ | 13:58+ | 18:03+ | 19:17+ | 19:57+ | 21:41+ | 22:58+ | 23:56+ | 25:12+ | 29:59+ | 30:39+ | 31:39+ | 32:49+ | 33:12+ |
| 00:40+ | 01:16+ | 00:53+ | 01:34+ | 02:18+ | 01:34+ | 01:50+ | 00:25+ | 01:08+ | 01:57+ | 00:23+ | 04:05+ | 01:14+ | 00:40+ | 01:44+ | 01:17+ | 00:58+ | 01:16+ | 04:47+ | 00:40+ | 01:00+ | 01:10+ | 00:23+ |
| 00:40+ | 01:16+ | 00:53+ | 01:34+ | 02:18+ | 01:34+ | 01:50+ | 00:25+ | 01:08+ | 01:57+ | 00:23+ | 04:05+ | 01:14+ | 00:40+ | 01:44+ | 01:17+ | 00:58+ | 01:16+ | 04:47+ | 00:40+ | 01:00+ | 01:10+ | 00:23+ |

| Plass | Navn | | | | Klasse | | | | Tid | | | | | | | | | | | |
|-------|------|--|--|--|--------|--|--|--|-----|--|--|--|--|--|--|--|--|--|--|--|
|-------|------|--|--|--|--------|--|--|--|-----|--|--|--|--|--|--|--|--|--|--|--|

DT

| | | | | | | | | | | | | | | | | | | | | | |
|--------|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 45 | Else Marie Furland | | | | | 1884 | | | | | | | | 39:53 | | | | | | | |
| 01:15+ | 02:57+ | 04:21+ | 06:06+ | 10:22+ | 13:36+ | 16:51+ | 17:42+ | 19:38+ | 20:35+ | 21:35+ | 24:04+ | 25:39+ | 26:23+ | 28:15+ | 30:25+ | 32:10+ | 33:43+ | 35:19+ | 37:13+ | 39:12+ | 39:53+ |
| 01:15+ | 01:42+ | 01:24+ | 01:45+ | 04:16+ | 03:14+ | 03:15+ | 00:51+ | 01:56+ | 00:57+ | 01:00+ | 02:29+ | 01:35+ | 00:44+ | 01:52+ | 02:10+ | 01:45+ | 01:33+ | 01:36+ | 01:54+ | 01:59+ | 00:41+ |
| 01:15+ | 01:42+ | 01:24+ | 01:45+ | 04:16+ | 03:14+ | 03:15+ | 00:51+ | 01:56+ | 00:57+ | 01:00+ | 02:29+ | 01:35+ | 00:44+ | 01:52+ | 02:10+ | 01:45+ | 01:33+ | 01:36+ | 01:54+ | 01:59+ | 00:41+ |
| 46 | Marit Kløvstad Braut | | | | | 892 | | | | | | | | 39:55 | | | | | | | |
| 01:05+ | 02:47+ | 04:12+ | 06:05+ | 10:32+ | 13:33+ | 17:02+ | 17:51+ | 19:45+ | 20:41+ | 21:34+ | 23:56+ | 25:38+ | 26:17+ | 28:26+ | 30:34+ | 32:17+ | 33:57+ | 35:24+ | 37:19+ | 39:10+ | 39:55+ |
| 01:05+ | 01:42+ | 01:25+ | 01:53+ | 04:27+ | 03:01+ | 03:29+ | 00:49+ | 01:54+ | 00:56+ | 00:53+ | 02:22+ | 01:42+ | 00:39+ | 02:09+ | 02:08+ | 01:43+ | 01:40+ | 01:27+ | 01:55+ | 01:51+ | 00:45+ |
| 01:05+ | 01:42+ | 01:25+ | 01:53+ | 04:27+ | 03:01+ | 03:29+ | 00:49+ | 01:54+ | 00:56+ | 00:53+ | 02:22+ | 01:42+ | 00:39+ | 02:09+ | 02:08+ | 01:43+ | 01:40+ | 01:27+ | 01:55+ | 01:51+ | 00:45+ |
| 47 | Ragnhild Christiansen | | | | | 1884 | | | | | | | | 39:56 | | | | | | | |
| 01:09+ | 02:53+ | 04:14+ | 05:55+ | 10:26+ | 13:22+ | 16:48+ | 17:46+ | 19:37+ | 20:45+ | 21:40+ | 23:52+ | 25:42+ | 26:12+ | 28:12+ | 30:28+ | 32:14+ | 33:46+ | 35:22+ | 37:20+ | 39:15+ | 39:56+ |
| 01:09+ | 01:44+ | 01:21+ | 01:41+ | 04:31+ | 02:56+ | 03:26+ | 00:58+ | 01:51+ | 01:08+ | 00:55+ | 02:12+ | 01:50+ | 00:30+ | 02:00+ | 02:16+ | 01:46+ | 01:32+ | 01:36+ | 01:58+ | 01:55+ | 00:41+ |
| 01:09+ | 01:44+ | 01:21+ | 01:41+ | 04:31+ | 02:56+ | 03:26+ | 00:58+ | 01:51+ | 01:08+ | 00:55+ | 02:12+ | 01:50+ | 00:30+ | 02:00+ | 02:16+ | 01:46+ | 01:32+ | 01:36+ | 01:58+ | 01:55+ | 00:41+ |
| 48 | May Kristin Haaland | | | | | 3511 | | | | | | | | 44:55 | | | | | | | |
| 01:10+ | 05:39+ | 07:30+ | 10:15+ | 14:21+ | 17:23+ | 20:33+ | 21:16+ | 23:09+ | 25:00+ | 26:37+ | 28:47+ | 30:44+ | 31:33+ | 33:19+ | 35:09+ | 37:31+ | 38:51+ | 40:38+ | 42:45+ | 44:27+ | 44:55+ |
| 01:10+ | 04:29+ | 01:51+ | 02:45+ | 04:06+ | 03:02+ | 03:10+ | 00:43+ | 01:53+ | 01:51+ | 01:37+ | 02:10+ | 01:57+ | 00:49+ | 01:46+ | 01:50+ | 02:22+ | 01:20+ | 01:47+ | 02:07+ | 01:42+ | 00:28+ |
| 01:10+ | 04:29+ | 01:51+ | 02:45+ | 04:06+ | 03:02+ | 03:10+ | 00:43+ | 01:53+ | 01:51+ | 01:37+ | 02:10+ | 01:57+ | 00:49+ | 01:46+ | 01:50+ | 02:22+ | 01:20+ | 01:47+ | 02:07+ | 01:42+ | 00:28+ |
| 49 | Agnete Dedekam Stabel | | | | | 1758 | | | | | | | | 57:18 | | | | | | | |
| 04:05+ | 05:46+ | 06:58+ | 16:17+ | 19:25+ | 22:59+ | 26:50+ | 27:26+ | 28:43+ | 30:02+ | 30:59+ | 32:31+ | 35:26+ | 41:51+ | 43:06+ | 48:52+ | 50:05+ | 51:09+ | 52:37+ | 54:29+ | 56:56+ | 57:18+ |
| 04:05+ | 01:41+ | 01:12+ | 09:19+ | 03:08+ | 03:34+ | 03:51+ | 00:36+ | 01:17+ | 01:19+ | 00:57+ | 01:32+ | 02:55+ | 06:25+ | 01:15+ | 05:46+ | 01:13+ | 01:04+ | 01:28+ | 01:52+ | 02:27+ | 00:22+ |
| 04:05+ | 01:41+ | 01:12+ | 09:19+ | 03:08+ | 03:34+ | 03:51+ | 00:36+ | 01:17+ | 01:19+ | 00:57+ | 01:32+ | 02:55+ | 06:25+ | 01:15+ | 05:46+ | 01:13+ | 01:04+ | 01:28+ | 01:52+ | 02:27+ | 00:22+ |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H16

| | | | | | | | | | | | | | | | | | | | | |
|---|--------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Erling Byberg | | | | 793 | | | | 19:55 | | | | | | | | | | | |
| | 00:15= | 00:57= | 01:45= | 03:01= | 04:42= | 05:34= | 06:05= | 07:08= | 07:54= | 08:31= | 09:39= | 11:00= | 12:14= | 13:27= | 14:21= | 15:12= | 16:46= | 18:18= | 19:45= | 19:55= |
| | 00:15= | 00:42= | 00:48= | 01:16= | 01:41= | 00:52= | 00:31= | 01:03= | 00:46= | 00:37= | 01:08= | 01:21= | 01:14= | 01:13= | 00:54= | 00:51= | 01:34= | 01:32= | 01:27= | 00:10= |
| | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Børge Grødem | | | | 3619 | | | | 21:02 | | | | | | | | | | | |
| | 00:15= | 00:45= | 01:17= | 02:49= | 04:51+ | 05:22= | 06:11+ | 06:25= | 07:20= | 08:13= | 09:16= | 11:54+ | 13:03+ | 14:25+ | 14:58+ | 15:54+ | 17:44+ | 19:21+ | 20:49+ | 21:02+ |
| | 00:15= | 00:30= | 00:32= | 01:32+ | 02:02+ | 00:31= | 00:49+ | 00:14= | 00:55+ | 00:53+ | 01:03= | 02:38+ | 01:09= | 01:22+ | 00:33= | 00:56+ | 01:50+ | 01:37+ | 01:28+ | 00:13+ |
| | 00:00= | 00:12= | 00:16= | 00:16# | 00:21# | 00:21= | 00:18# | 00:49= | 00:09# | 00:16# | 00:05= | 01:17# | 00:05= | 00:09# | 00:21= | 00:05+ | 00:16# | 00:05+ | 00:01+ | 00:03# |
| 3 | Vegard Eiane Kyllingstad | | | | 3507 | | | | 21:34 | | | | | | | | | | | |
| | 00:15= | 01:00+ | 01:48+ | 03:28+ | 06:16+ | 07:04+ | 07:32+ | 07:47+ | 08:59+ | 09:58+ | 11:02+ | 11:58+ | 13:10+ | 14:33+ | 15:10+ | 16:14+ | 18:01+ | 19:46+ | 21:22+ | 21:34+ |
| | 00:15= | 00:45+ | 00:48= | 01:40+ | 02:48+ | 00:48= | 00:28= | 00:15= | 01:12+ | 00:59+ | 01:04= | 00:56= | 01:12= | 01:23+ | 00:37= | 01:04+ | 01:47+ | 01:45+ | 01:36+ | 00:12+ |
| | 00:00= | 00:03+ | 00:00= | 00:24# | 01:07# | 00:04= | 00:03= | 00:48= | 00:26# | 00:22# | 00:04= | 00:25= | 00:02= | 00:10# | 00:17= | 00:13# | 00:13# | 00:13# | 00:09# | 00:02# |
| 4 | Fredrik Svendal | | | | 1376 | | | | 22:01 | | | | | | | | | | | |
| | 00:16+ | 00:57= | 02:08+ | 03:43+ | 05:40+ | 06:25+ | 07:03+ | 07:28+ | 08:48+ | 09:43+ | 11:21+ | 12:30+ | 13:56+ | 15:22+ | 16:13+ | 17:11+ | 18:43+ | 20:19+ | 21:47+ | 22:01+ |
| | 00:16+ | 00:41= | 01:11+ | 01:35+ | 01:57+ | 00:45= | 00:38+ | 00:25= | 01:20+ | 00:55+ | 01:38+ | 01:09= | 01:26+ | 01:26+ | 00:51= | 00:58+ | 01:32= | 01:36+ | 01:28+ | 00:14+ |
| | 00:01+ | 00:01= | 00:23# | 00:19# | 00:16# | 00:07= | 00:07# | 00:38= | 00:34# | 00:18# | 00:30# | 00:12= | 00:12# | 00:13# | 00:03= | 00:07# | 00:02= | 00:04+ | 00:01+ | 00:04# |
| 5 | Sondre Aspøy | | | | 2074 | | | | 22:07 | | | | | | | | | | | |
| | 00:17+ | 00:52= | 01:32= | 03:17+ | 05:26+ | 06:29+ | 06:45+ | 07:16+ | 08:23+ | 09:02+ | 10:26+ | 11:19+ | 12:41+ | 14:16+ | 14:57+ | 16:19+ | 18:28+ | 20:15+ | 21:54+ | 22:07+ |
| | 00:17+ | 00:35= | 00:40= | 01:45+ | 02:09+ | 01:03+ | 00:16= | 00:31= | 01:07+ | 00:39+ | 01:24+ | 00:53= | 01:22+ | 01:35+ | 00:41= | 01:22+ | 02:09+ | 01:47+ | 01:39+ | 00:13+ |
| | 00:02# | 00:07= | 00:08= | 00:29# | 00:28# | 00:11# | 00:15= | 00:32= | 00:21# | 00:02+ | 00:16# | 00:28= | 00:08# | 00:22# | 00:13= | 00:31# | 00:35# | 00:15# | 00:12# | 00:03# |
| 6 | Alexander Romanov | | | | 3562 | | | | 22:14 | | | | | | | | | | | |
| | 00:18+ | 00:59+ | 01:52+ | 03:24+ | 05:30+ | 06:22+ | 06:34+ | 06:48= | 07:47= | 08:36+ | 10:44+ | 11:28+ | 13:12+ | 14:53+ | 15:30+ | 16:37+ | 18:33+ | 20:23+ | 21:58+ | 22:14+ |
| | 00:18+ | 00:41= | 00:53+ | 01:32+ | 02:06+ | 00:52= | 00:12= | 00:14= | 00:59+ | 00:49+ | 02:08+ | 00:44= | 01:44+ | 01:41+ | 00:37= | 01:07+ | 01:56+ | 01:50+ | 01:35+ | 00:16+ |
| | 00:03# | 00:01= | 00:05# | 00:16# | 00:25# | 00:00= | 00:19= | 00:49= | 00:13# | 00:12# | 01:00# | 00:37= | 00:30# | 00:28# | 00:17= | 00:16# | 00:22# | 00:18# | 00:08+ | 00:06# |
| 7 | Jens Otto Hatlevold | | | | 2023 | | | | 22:24 | | | | | | | | | | | |
| | 00:17+ | 00:54= | 01:32= | 03:24+ | 06:05+ | 06:47+ | 06:58+ | 07:14+ | 08:31+ | 09:33+ | 10:50+ | 12:01+ | 13:38+ | 15:02+ | 15:53+ | 16:57+ | 18:49+ | 20:37+ | 22:08+ | 22:24+ |
| | 00:17+ | 00:37= | 00:38= | 01:52+ | 02:41+ | 00:42= | 00:11= | 00:16= | 01:17+ | 01:02+ | 01:17+ | 01:11= | 01:37+ | 01:24+ | 00:51= | 01:04+ | 01:52+ | 01:48+ | 01:31+ | 00:16+ |
| | 00:02# | 00:05= | 00:10= | 00:36# | 01:00# | 00:10= | 00:20= | 00:47= | 00:31# | 00:25# | 00:09# | 00:10= | 00:23# | 00:11# | 00:03= | 00:13# | 00:18# | 00:16# | 00:04+ | 00:06# |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | | |
|--------|---------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| H16 | | | | | | | | | | | | | | | | | | | | |
| 8 | Truls Thorkildsen | | | | | 2074 | | | | | 24:10 | | | | | | | | | |
| 00:13- | 00:45- | 01:24- | 03:02+ | 05:07+ | 05:54+ | 06:19+ | 06:36- | 07:36- | 08:07- | 13:07+ | 13:44+ | 14:50+ | 17:09+ | 17:51+ | 19:12+ | 20:56+ | 22:26+ | 23:58+ | 24:10+ | |
| 00:13- | 00:32- | 00:39- | 01:38+ | 02:05+ | 00:47- | 00:25- | 00:17- | 01:00+ | 00:31- | 05:00+ | 00:37- | 01:06- | 02:19+ | 00:42- | 01:21+ | 01:44+ | 01:30- | 01:32+ | 00:12+ | |
| 00:02- | 00:10- | 00:09- | 00:22& | 00:24# | 00:05- | 00:06- | 00:46- | 00:14& | 00:06- | 03:52& | 00:44- | 00:08- | 01:06& | 00:12- | 00:30& | 00:10# | 00:02- | 00:05+ | 00:02# | |
| 9 | Stian Bentsen Malmanger | | | | | 3676 | | | | | 24:20 | | | | | | | | | |
| 00:18+ | 01:02+ | 01:44+ | 03:46+ | 06:06+ | 06:49+ | 07:04+ | 07:26+ | 08:37+ | 09:30+ | 10:47+ | 12:18+ | 13:56+ | 15:41+ | 16:21+ | 17:40+ | 19:53+ | 22:19+ | 24:07+ | 24:20+ | |
| 00:18+ | 00:44+ | 00:42+ | 02:02+ | 02:20+ | 00:43+ | 00:15+ | 00:22+ | 01:11+ | 00:53+ | 01:17+ | 01:31+ | 01:38+ | 01:45+ | 00:40+ | 01:19+ | 02:13+ | 02:26+ | 01:48+ | 00:13+ | |
| 00:18+ | 00:44+ | 00:42+ | 02:02+ | 02:20+ | 00:43+ | 00:15+ | 00:22+ | 01:11+ | 00:53+ | 01:17+ | 01:31+ | 01:38+ | 01:45+ | 00:40+ | 01:19+ | 02:13+ | 02:26+ | 01:48+ | 00:13+ | |
| 10 | Kristian Dyrnes | | | | | 3503 | | | | | 24:21 | | | | | | | | | |
| 00:16+ | 00:54+ | 01:28+ | 02:50+ | 04:47+ | 05:32+ | 05:46+ | 06:35+ | 07:27+ | 08:00+ | 13:35+ | 14:25+ | 16:13+ | 17:31+ | 18:09+ | 19:10+ | 20:42+ | 22:17+ | 24:08+ | 24:21+ | |
| 00:16+ | 00:38+ | 00:34+ | 01:22+ | 01:57+ | 00:45+ | 00:14+ | 00:49+ | 00:52+ | 00:33+ | 05:35+ | 00:50+ | 01:48+ | 01:18+ | 00:38+ | 01:01+ | 01:32+ | 01:35+ | 01:51+ | 00:13+ | |
| 00:16+ | 00:38+ | 00:34+ | 01:22+ | 01:57+ | 00:45+ | 00:14+ | 00:49+ | 00:52+ | 00:33+ | 05:35+ | 00:50+ | 01:48+ | 01:18+ | 00:38+ | 01:01+ | 01:32+ | 01:35+ | 01:51+ | 00:13+ | |
| 11 | David Wade | | | | | 1683 | | | | | 24:43 | | | | | | | | | |
| 00:13+ | 00:54+ | 01:45+ | 03:25+ | 06:03+ | 07:04+ | 07:28+ | 08:04+ | 09:31+ | 10:17+ | 11:28+ | 12:36+ | 14:35+ | 16:26+ | 17:11+ | 18:26+ | 20:41+ | 22:55+ | 24:32+ | 24:43+ | |
| 00:13+ | 00:41+ | 00:51+ | 01:40+ | 02:38+ | 01:01+ | 00:24+ | 00:36+ | 01:27+ | 00:46+ | 01:11+ | 01:08+ | 01:59+ | 01:51+ | 00:45+ | 01:15+ | 02:15+ | 02:14+ | 01:37+ | 00:11+ | |
| 00:13+ | 00:41+ | 00:51+ | 01:40+ | 02:38+ | 01:01+ | 00:24+ | 00:36+ | 01:27+ | 00:46+ | 01:11+ | 01:08+ | 01:59+ | 01:51+ | 00:45+ | 01:15+ | 02:15+ | 02:14+ | 01:37+ | 00:11+ | |
| 12 | Sindre Jakobsen | | | | | 1830 | | | | | 25:02 | | | | | | | | | |
| 00:18+ | 01:04+ | 01:51+ | 04:02+ | 06:37+ | 08:01+ | 08:21+ | 08:44+ | 09:55+ | 10:45+ | 11:53+ | 13:04+ | 15:07+ | 16:45+ | 17:28+ | 18:58+ | 21:07+ | 23:27+ | 24:53+ | 25:02+ | |
| 00:18+ | 00:46+ | 00:47+ | 02:11+ | 02:35+ | 01:24+ | 00:20+ | 00:23+ | 01:11+ | 00:50+ | 01:08+ | 01:11+ | 02:03+ | 01:38+ | 00:43+ | 01:30+ | 02:09+ | 02:20+ | 01:26+ | 00:09+ | |
| 00:18+ | 00:46+ | 00:47+ | 02:11+ | 02:35+ | 01:24+ | 00:20+ | 00:23+ | 01:11+ | 00:50+ | 01:08+ | 01:11+ | 02:03+ | 01:38+ | 00:43+ | 01:30+ | 02:09+ | 02:20+ | 01:26+ | 00:09+ | |
| 13 | Christian Schmidt | | | | | 2342 | | | | | 25:48 | | | | | | | | | |
| 00:15+ | 00:59+ | 02:14+ | 03:36+ | 05:28+ | 07:29+ | 07:43+ | 07:56+ | 09:01+ | 09:52+ | 11:34+ | 13:58+ | 15:17+ | 17:06+ | 17:39+ | 18:51+ | 21:26+ | 23:58+ | 25:39+ | 25:48+ | |
| 00:15+ | 00:44+ | 01:15+ | 01:22+ | 01:52+ | 02:01+ | 00:14+ | 00:13+ | 01:05+ | 00:51+ | 01:42+ | 02:24+ | 01:19+ | 01:49+ | 00:33+ | 01:12+ | 02:35+ | 02:32+ | 01:41+ | 00:09+ | |
| 00:15+ | 00:44+ | 01:15+ | 01:22+ | 01:52+ | 02:01+ | 00:14+ | 00:13+ | 01:05+ | 00:51+ | 01:42+ | 02:24+ | 01:19+ | 01:49+ | 00:33+ | 01:12+ | 02:35+ | 02:32+ | 01:41+ | 00:09+ | |
| 14 | Eivind Baltzersen | | | | | 1283 | | | | | 26:47 | | | | | | | | | |
| 00:24+ | 01:10+ | 02:53+ | 04:44+ | 07:24+ | 08:28+ | 08:58+ | 09:44+ | 11:39+ | 13:00+ | 14:11+ | 15:52+ | 17:33+ | 18:54+ | 19:38+ | 21:41+ | 23:22+ | 25:06+ | 26:37+ | 26:47+ | |
| 00:24+ | 00:46+ | 01:43+ | 01:51+ | 02:40+ | 01:04+ | 00:30+ | 00:46+ | 01:55+ | 01:21+ | 01:11+ | 01:41+ | 01:41+ | 01:21+ | 00:44+ | 02:03+ | 01:41+ | 01:44+ | 01:31+ | 00:10+ | |
| 00:24+ | 00:46+ | 01:43+ | 01:51+ | 02:40+ | 01:04+ | 00:30+ | 00:46+ | 01:55+ | 01:21+ | 01:11+ | 01:41+ | 01:41+ | 01:21+ | 00:44+ | 02:03+ | 01:41+ | 01:44+ | 01:31+ | 00:10+ | |
| 15 | Henrik Aasheim | | | | | 2342 | | | | | 27:27 | | | | | | | | | |
| 00:18+ | 00:57+ | 02:25+ | 04:03+ | 06:00+ | 06:51+ | 07:35+ | 07:52+ | 08:59+ | 09:43+ | 10:59+ | 12:46+ | 15:42+ | 17:16+ | 18:37+ | 20:40+ | 22:59+ | 25:12+ | 27:09+ | 27:27+ | |
| 00:18+ | 00:39+ | 01:28+ | 01:38+ | 01:57+ | 00:51+ | 00:44+ | 00:17+ | 01:07+ | 00:44+ | 01:16+ | 01:47+ | 02:56+ | 01:34+ | 01:21+ | 02:03+ | 02:19+ | 02:13+ | 01:57+ | 00:18+ | |
| 00:18+ | 00:39+ | 01:28+ | 01:38+ | 01:57+ | 00:51+ | 00:44+ | 00:17+ | 01:07+ | 00:44+ | 01:16+ | 01:47+ | 02:56+ | 01:34+ | 01:21+ | 02:03+ | 02:19+ | 02:13+ | 01:57+ | 00:18+ | |
| 16 | Martin Gjerstad | | | | | 3676 | | | | | 27:30 | | | | | | | | | |
| 00:17+ | 01:58+ | 02:44+ | 05:47+ | 07:55+ | 08:52+ | 09:06+ | 09:32+ | 10:53+ | 11:46+ | 13:16+ | 14:29+ | 15:53+ | 17:49+ | 19:13+ | 20:37+ | 23:02+ | 25:20+ | 27:18+ | 27:30+ | |
| 00:17+ | 01:41+ | 00:46+ | 03:03+ | 02:08+ | 00:57+ | 00:14+ | 00:26+ | 01:21+ | 00:53+ | 01:30+ | 01:13+ | 01:24+ | 01:56+ | 01:24+ | 01:24+ | 02:25+ | 02:18+ | 01:58+ | 00:12+ | |
| 00:17+ | 01:41+ | 00:46+ | 03:03+ | 02:08+ | 00:57+ | 00:14+ | 00:26+ | 01:21+ | 00:53+ | 01:30+ | 01:13+ | 01:24+ | 01:56+ | 01:24+ | 01:24+ | 02:25+ | 02:18+ | 01:58+ | 00:12+ | |
| 17 | Bjørn Morten Bøe Brunstøl | | | | | 2023 | | | | | 27:46 | | | | | | | | | |
| 00:21+ | 01:36+ | 02:28+ | 04:57+ | 07:04+ | 08:14+ | 08:37+ | 09:03+ | 10:41+ | 11:33+ | 15:01+ | 16:03+ | 17:56+ | 19:38+ | 20:38+ | 21:50+ | 23:51+ | 25:45+ | 27:34+ | 27:46+ | |
| 00:21+ | 01:15+ | 00:52+ | 02:29+ | 02:07+ | 01:10+ | 00:23+ | 00:26+ | 01:38+ | 00:52+ | 03:28+ | 01:02+ | 01:53+ | 01:42+ | 01:00+ | 01:12+ | 02:01+ | 01:54+ | 01:49+ | 00:12+ | |
| 00:21+ | 01:15+ | 00:52+ | 02:29+ | 02:07+ | 01:10+ | 00:23+ | 00:26+ | 01:38+ | 00:52+ | 03:28+ | 01:02+ | 01:53+ | 01:42+ | 01:00+ | 01:12+ | 02:01+ | 01:54+ | 01:49+ | 00:12+ | |
| 18 | Magnus Kristoffersen | | | | | 3676 | | | | | 32:23 | | | | | | | | | |
| 00:23+ | 03:01+ | 04:20+ | 06:17+ | 09:05+ | 09:54+ | 10:08+ | 10:29+ | 11:50+ | 12:49+ | 14:09+ | 15:26+ | 20:11+ | 21:56+ | 23:25+ | 24:54+ | 27:14+ | 29:36+ | 32:06+ | 32:23+ | |
| 00:23+ | 02:38+ | 01:19+ | 01:57+ | 02:48+ | 00:49+ | 00:14+ | 00:21+ | 01:21+ | 00:59+ | 01:20+ | 01:17+ | 04:45+ | 01:45+ | 01:29+ | 01:29+ | 02:20+ | 02:22+ | 02:30+ | 00:17+ | |
| 00:23+ | 02:38+ | 01:19+ | 01:57+ | 02:48+ | 00:49+ | 00:14+ | 00:21+ | 01:21+ | 00:59+ | 01:20+ | 01:17+ | 04:45+ | 01:45+ | 01:29+ | 01:29+ | 02:20+ | 02:22+ | 02:30+ | 00:17+ | |
| 19 | Jone Klemo Øverland | | | | | 1384 | | | | | 33:54 | | | | | | | | | |
| 00:19+ | 05:00+ | 06:03+ | 09:12+ | 12:49+ | 13:55+ | 14:12+ | 14:41+ | 15:58+ | 16:47+ | 19:09+ | 20:18+ | 22:28+ | 24:28+ | 25:26+ | 27:15+ | 29:46+ | 31:52+ | 33:38+ | 33:54+ | |
| 00:19+ | 04:41+ | 01:03+ | 03:09+ | 03:37+ | 01:06+ | 00:17+ | 00:29+ | 01:17+ | 00:49+ | 02:22+ | 01:09+ | 02:10+ | 02:00+ | 00:58+ | 01:49+ | 02:31+ | 02:06+ | 01:46+ | 00:16+ | |
| 00:19+ | 04:41+ | 01:03+ | 03:09+ | 03:37+ | 01:06+ | 00:17+ | 00:29+ | 01:17+ | 00:49+ | 02:22+ | 01:09+ | 02:10+ | 02:00+ | 00:58+ | 01:49+ | 02:31+ | 02:06+ | 01:46+ | 00:16+ | |
| 20 | Håvard Stensland | | | | | 3503 | | | | | 34:03 | | | | | | | | | |
| 01:40+ | 03:30+ | 04:44+ | 06:42+ | 09:29+ | 10:51+ | 11:06+ | 11:33+ | 13:08+ | 14:13+ | 16:08+ | 18:45+ | 21:02+ | 23:23+ | 24:18+ | 26:01+ | 28:44+ | 31:41+ | 33:45+ | 34:03+ | |
| 01:40+ | 01:50+ | 01:14+ | 01:58+ | 02:47+ | 01:22+ | 00:15+ | 00:27+ | 01:35+ | 01:05+ | 01:55+ | 02:37+ | 02:17+ | 02:21+ | 00:55+ | 01:43+ | 02:43+ | 02:57+ | 02:04+ | 00:18+ | |
| 01:40+ | 01:50+ | 01:14+ | 01:58+ | 02:47+ | 01:22+ | 00:15+ | 00:27+ | 01:35+ | 01:05+ | 01:55+ | 02:37+ | 02:17+ | 02:21+ | 00:55+ | 01:43+ | 02:43+ | 02:57+ | 02:04+ | 00:18+ | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

| Plass | Navn | | | | Klasse | | | | Tid | | | | | | | | | | | |
|--------|------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| H40 | | | | | | | | | | | | | | | | | | | | |
| 1 | Christian Ask | | | | 3563 | | | | 21:27 | | | | | | | | | | | |
| 00:16= | 00:58= | 01:34= | 03:09= | 05:19= | 06:01= | 06:19= | 06:39= | 07:56= | 08:44= | 09:59= | 10:50= | 12:18= | 13:55= | 14:42= | 15:51= | 17:50= | 19:50= | 21:15= | 21:27= | |
| 00:16= | 00:42= | 00:36= | 01:35= | 02:10= | 00:42= | 00:18= | 00:20= | 01:17= | 00:48= | 01:15= | 00:51= | 01:28= | 01:37= | 00:47= | 01:09= | 01:59= | 02:00= | 01:25= | 00:12= | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | |
| 2 | Arild Stave | | | | 3676 | | | | 22:27 | | | | | | | | | | | |
| 00:16= | 01:02+ | 02:02+ | 03:28+ | 05:18= | 05:50= | 06:15= | 06:23= | 06:38= | 07:49= | 08:41= | 11:41+ | 12:29+ | 13:41= | 15:05+ | 15:42= | 16:59= | 18:45= | 20:39= | 22:15+ | 22:27+ |
| 00:16= | 00:46+ | 01:00+ | 01:26= | 01:50= | 00:32= | 00:25+ | 00:08= | 00:15= | 01:11+ | 00:52= | 03:00+ | 00:48= | 01:12= | 01:24+ | 00:37= | 01:17= | 01:46= | 01:54+ | 01:36+ | 00:12+ |
| 00:00= | 00:04+ | 00:24& | 00:09= | 00:20= | 00:10= | 00:07& | 00:12= | 01:02= | 00:23& | 00:23= | 02:09& | 00:40= | 00:25= | 00:37& | 00:32= | 00:42= | 00:14= | 00:29& | 01:24& | 00:12+ |
| 3 | Anders Presterud | | | | 903 | | | | 22:54 | | | | | | | | | | | |
| 00:19+ | 01:10+ | 02:14+ | 03:58+ | 06:28+ | 07:25+ | 08:18+ | 08:33+ | 09:43+ | 10:33+ | 11:50+ | 12:39+ | 13:42+ | 15:23+ | 16:03+ | 17:08+ | 19:07+ | 21:04+ | 22:43+ | 22:54+ | |
| 00:19+ | 00:51+ | 01:04+ | 01:44+ | 02:30+ | 00:57+ | 00:53+ | 00:15= | 01:10= | 00:50+ | 01:17+ | 00:49= | 01:03= | 01:41+ | 00:40= | 01:05= | 01:59= | 01:57= | 01:39+ | 00:11= | |
| 00:03# | 00:09# | 00:28& | 00:09+ | 00:20# | 00:15& | 00:35& | 00:05= | 00:07= | 00:02+ | 00:02+ | 00:02= | 00:25= | 00:04+ | 00:07= | 00:04= | 00:00= | 00:03= | 00:14# | 00:01= | |
| 4 | Jan-Kenneth Polle | | | | 3525 | | | | 23:03 | | | | | | | | | | | |
| 00:15= | 00:47= | 02:14+ | 03:36+ | 06:41+ | 07:26+ | 07:55+ | 08:07+ | 09:32+ | 10:22+ | 11:26+ | 12:20+ | 13:45+ | 15:15+ | 15:57+ | 17:17+ | 19:14+ | 21:10+ | 22:51+ | 23:03+ | |
| 00:15= | 00:32= | 01:27+ | 01:22= | 03:05+ | 00:45+ | 00:29+ | 00:12= | 01:25+ | 00:50+ | 01:04= | 00:54+ | 01:25= | 01:30= | 00:42= | 01:20+ | 01:57= | 01:56= | 01:41+ | 00:12= | |
| 00:01= | 00:10= | 00:51& | 00:13= | 00:55& | 00:03+ | 00:11& | 00:08= | 00:08# | 00:02+ | 00:11= | 00:03+ | 00:03= | 00:07= | 00:05= | 00:11# | 00:02= | 00:04= | 00:16# | 00:00= | |
| 5 | Rune Hatle | | | | 903 | | | | 23:06 | | | | | | | | | | | |
| 00:14= | 00:48= | 01:34= | 03:19+ | 05:59+ | 06:34+ | 06:47+ | 07:03+ | 08:14+ | 08:58+ | 10:14+ | 11:15+ | 13:30+ | 15:08+ | 15:45+ | 17:00+ | 19:08+ | 21:16+ | 22:55+ | 23:06+ | |
| 00:14= | 00:34= | 00:46+ | 01:45+ | 02:40+ | 00:35= | 00:13= | 00:16= | 01:11= | 00:44= | 01:16+ | 01:01+ | 02:15+ | 01:38+ | 00:37= | 01:15+ | 02:08+ | 02:08+ | 01:39+ | 00:11= | |
| 00:02= | 00:08= | 00:10& | 00:10# | 00:30# | 00:07= | 00:05= | 00:04= | 00:06= | 00:04= | 00:01+ | 00:10# | 00:47& | 00:01+ | 00:10= | 00:06+ | 00:09+ | 00:08+ | 00:14# | 00:01= | |
| 6 | Magnus Langvik | | | | 3516 | | | | 23:08 | | | | | | | | | | | |
| 00:16= | 00:50= | 01:25= | 03:25+ | 05:55+ | 06:45+ | 06:56+ | 07:09+ | 08:11+ | 09:07+ | 10:30+ | 11:23+ | 12:43+ | 14:32+ | 15:23+ | 16:37+ | 19:00+ | 21:03+ | 22:53+ | 23:08+ | |
| 00:16= | 00:34= | 00:35= | 02:00+ | 02:30+ | 00:50+ | 00:11= | 00:13= | 01:02= | 00:56+ | 01:23+ | 00:53+ | 01:20= | 01:49+ | 00:51+ | 01:14+ | 02:23+ | 02:03+ | 01:50+ | 00:15+ | |
| 00:00= | 00:08= | 00:01= | 00:25& | 00:20# | 00:08# | 00:07= | 00:07= | 00:15= | 00:08# | 00:08# | 00:02+ | 00:08= | 00:12# | 00:04+ | 00:05+ | 00:24# | 00:03+ | 00:25& | 00:03# | |
| 7 | Anders Klungre | | | | 3548 | | | | 23:25 | | | | | | | | | | | |
| 00:17+ | 01:07+ | 02:42+ | 04:19+ | 06:25+ | 07:10+ | 07:31+ | 07:44+ | 08:56+ | 10:03+ | 11:45+ | 12:34+ | 13:53+ | 15:29+ | 16:10+ | 17:34+ | 19:33+ | 21:30+ | 23:11+ | 23:25+ | |
| 00:17+ | 00:50+ | 01:35+ | 01:37+ | 02:06= | 00:45+ | 00:21+ | 00:13= | 01:12= | 01:07+ | 01:42+ | 00:49= | 01:19= | 01:36= | 00:41= | 01:24+ | 01:59= | 01:57= | 01:41+ | 00:14+ | |
| 00:01+ | 00:08# | 00:59& | 00:02+ | 00:04= | 00:03+ | 00:03# | 00:07= | 00:05= | 00:19& | 00:27& | 00:02= | 00:09= | 00:01= | 00:06= | 00:15# | 00:00= | 00:03= | 00:16# | 00:02# | |
| 8 | Bjarne Bore | | | | 3529 | | | | 23:27 | | | | | | | | | | | |
| 00:17+ | 01:11+ | 02:00+ | 03:40+ | 05:48+ | 06:48+ | 07:33+ | 08:02+ | 09:14+ | 10:07+ | 11:13+ | 12:26+ | 13:59+ | 15:20+ | 16:01+ | 17:13+ | 19:04+ | 21:12+ | 23:12+ | 23:27+ | |
| 00:17+ | 00:54+ | 00:49+ | 01:40+ | 02:08= | 01:00+ | 00:45+ | 00:29+ | 01:12= | 00:53+ | 01:06= | 01:13+ | 01:33+ | 01:21= | 00:41= | 01:12+ | 01:51= | 02:08+ | 02:00+ | 00:15+ | |
| 00:01+ | 00:12& | 00:13& | 00:05+ | 00:02= | 00:18& | 00:27& | 00:09& | 00:05= | 00:05# | 00:09= | 00:22& | 00:05+ | 00:16= | 00:06= | 00:03+ | 00:08= | 00:08+ | 00:35& | 00:03# | |
| 9 | Ole-Tobias Frich | | | | 1683 | | | | 23:36 | | | | | | | | | | | |
| 00:17+ | 01:05+ | 01:43+ | 03:34+ | 05:59+ | 06:47+ | 07:11+ | 07:27+ | 08:40+ | 09:28+ | 10:37+ | 11:44+ | 13:44+ | 15:13+ | 15:55+ | 17:06+ | 19:12+ | 21:18+ | 23:21+ | 23:36+ | |
| 00:17+ | 00:48+ | 00:38+ | 01:51+ | 02:25+ | 00:48+ | 00:24+ | 00:16= | 01:13= | 00:48= | 01:09= | 01:07+ | 02:00+ | 01:29= | 00:42= | 01:11+ | 02:06+ | 02:06+ | 02:03+ | 00:15+ | |
| 00:01+ | 00:06# | 00:02+ | 00:16# | 00:15# | 00:06# | 00:06& | 00:04= | 00:04= | 00:00= | 00:06= | 00:16& | 00:32& | 00:08= | 00:05= | 00:02+ | 00:07+ | 00:06+ | 00:38& | 00:03# | |
| 10 | Rune Dahl Fitjar | | | | 1754 | | | | 24:08 | | | | | | | | | | | |
| 00:18+ | 01:15+ | 01:58+ | 03:40+ | 06:06+ | 07:06+ | 07:26+ | 07:42+ | 08:58+ | 09:44+ | 10:59+ | 12:19+ | 13:47+ | 15:40+ | 16:27+ | 17:53+ | 20:10+ | 22:16+ | 23:55+ | 24:08+ | |
| 00:18+ | 00:57+ | 00:43+ | 01:42+ | 02:26+ | 01:00+ | 00:20+ | 00:16= | 01:16= | 00:46= | 01:15= | 01:20+ | 01:28= | 01:53+ | 00:47= | 01:26+ | 02:17+ | 02:06+ | 01:39+ | 00:13+ | |
| 00:02# | 00:15& | 00:07# | 00:07+ | 00:16# | 00:18& | 00:02# | 00:04= | 00:01= | 00:02= | 00:00= | 00:29& | 00:00= | 00:16# | 00:00= | 00:17# | 00:18# | 00:06+ | 00:14# | 00:01+ | |
| 11 | Magne Habbestad | | | | 3531 | | | | 24:11 | | | | | | | | | | | |
| 00:17+ | 00:59+ | 02:02+ | 03:35+ | 06:15+ | 07:19+ | 08:01+ | 08:24+ | 09:50+ | 10:33+ | 11:39+ | 12:34+ | 13:57+ | 15:46+ | 16:29+ | 17:44+ | 20:05+ | 22:11+ | 23:58+ | 24:11+ | |
| 00:17+ | 00:42= | 01:03+ | 01:33= | 02:40+ | 01:04+ | 00:42+ | 00:23+ | 01:26+ | 00:43= | 01:06= | 00:55+ | 01:23= | 01:49+ | 00:43= | 01:15+ | 02:21+ | 02:06+ | 01:47+ | 00:13+ | |
| 00:01+ | 00:00= | 00:27& | 00:02= | 00:30# | 00:22& | 00:24& | 00:03# | 00:09# | 00:05= | 00:09= | 00:04+ | 00:05= | 00:12# | 00:04= | 00:06+ | 00:22# | 00:06+ | 00:22& | 00:01+ | |
| 12 | Bjørn Kristian Røyland | | | | 3503 | | | | 24:18 | | | | | | | | | | | |
| 00:19+ | 01:07+ | 02:00+ | 03:54+ | 06:21+ | 07:03+ | 07:40+ | 07:57+ | 09:09+ | 09:48+ | 11:15+ | 13:10+ | 14:16+ | 16:00+ | 16:51+ | 18:04+ | 20:13+ | 22:15+ | 24:06+ | 24:18+ | |
| 00:19+ | 00:48+ | 00:53+ | 01:54+ | 02:27+ | 00:42= | 00:37+ | 00:17= | 01:12= | 00:39= | 01:27+ | 01:55+ | 01:06= | 01:44+ | 00:51+ | 01:13+ | 02:09+ | 02:02+ | 01:51+ | 00:12= | |
| 00:03# | 00:06# | 00:17& | 00:19# | 00:17# | 00:00= | 00:19& | 00:03= | 00:05= | 00:09= | 00:12# | 01:04& | 00:22= | 00:07+ | 00:04+ | 00:04+ | 00:10+ | 00:02+ | 00:26& | 00:00= | |
| 13 | Glenn Madland | | | | 879 | | | | 24:42 | | | | | | | | | | | |
| 00:19+ | 01:01+ | 01:49+ | 03:33+ | 05:37+ | 06:29+ | 06:49+ | 07:12+ | 11:24+ | 12:02+ | 13:19+ | 14:19+ | 15:50+ | 17:16+ | 18:00+ | 19:15+ | 21:08+ | 23:00+ | 24:30+ | 24:42+ | |
| 00:19+ | 00:42= | 00:48+ | 01:44+ | 02:04= | 00:52+ | 00:20+ | 00:23+ | 04:12+ | 00:38= | 01:17+ | 01:00+ | 01:31+ | 01:26= | 00:44= | 01:15+ | 01:53= | 01:52= | 01:30+ | 00:12= | |
| 00:03# | 00:00= | 00:12& | 00:09+ | 00:06= | 00:10# | 00:02# | 00:03# | 02:55& | 00:10= | 00:02+ | 00:09# | 00:03+ | 00:11= | 00:03= | 00:06+ | 00:06= | 00:08= | 00:05+ | 00:00= | |
| 14 | Kjetil Torgersen | | | | 3502 | | | | 25:35 | | | | | | | | | | | |
| 00:21+ | 00:52= | 01:24= | 03:19+ | 05:44+ | 06:38+ | 06:56+ | 07:35+ | 08:55+ | 09:39+ | 11:09+ | 14:28+ | 16:24+ | 18:02+ | 18:35+ | 19:42+ | 21:47+ | 23:41+ | 25:20+ | 25:35+ | |
| 00:21+ | 00:31= | 00:32= | 01:55+ | 02:25+ | 00:54+ | 00:18= | 00:39+ | 01:20+ | 00:44= | 01:30+ | 03:19+ | 01:56+ | 01:38+ | 00:33= | 01:07= | 02:05+ | 01:54= | 01:39+ | 00:15+ | |
| 00:05& | 00:11= | 00:04= | 00:20# | 00:15# | 00:12& | 00:00= | 00:19& | 00:03+ | 00:04= | 00:15# | 02:28& | 00:28& | 00:01+ | 00:14= | 00:02= | 00:06+ | 00:06= | 00:14# | 00:03# | |

| Plass | Navn | | | | Klasse | | | | Tid | | | |
|-------|------|--|--|--|--------|--|--|--|-----|--|--|--|
|-------|------|--|--|--|--------|--|--|--|-----|--|--|--|

H40

| | | | | | | | | | | | | |
|--------|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 15 | Sven Undheim | | | | 793 | | | | 25:52 | | | |
| 00:23+ | 03:08+ | 04:22+ | 06:03+ | 07:57+ | 08:56+ | 09:20+ | 09:32+ | 10:49+ | 11:35+ | 14:31+ | 15:26+ | 17:03+ |
| 00:23+ | 02:45+ | 01:14+ | 01:41+ | 01:54- | 00:59+ | 00:24+ | 00:12- | 01:17= | 00:46- | 02:56+ | 00:55+ | 01:37+ |
| 00:07& | 02:03& | 00:38& | 00:06+ | 00:16- | 00:17& | 00:06& | 00:08- | 00:00= | 00:02- | 01:41& | 00:04+ | 00:09# |
| 16 | Frode Ungar | | | | 1683 | | | | 26:20 | | | |
| 00:18+ | 01:16+ | 02:04+ | 03:51+ | 06:16+ | 07:12+ | 07:53+ | 09:48+ | 10:59+ | 11:37+ | 13:01+ | 13:55+ | 15:35+ |
| 00:18+ | 00:58+ | 00:48+ | 01:47+ | 02:25+ | 00:56+ | 00:41+ | 01:55+ | 01:11+ | 00:38+ | 01:24+ | 00:54+ | 01:40+ |
| 00:18+ | 00:58+ | 00:48+ | 01:47+ | 02:25+ | 00:56+ | 00:41+ | 01:55+ | 01:11+ | 00:38+ | 01:24+ | 00:54+ | 01:40+ |
| 17 | Bjarte Harbo | | | | 1830 | | | | 26:26 | | | |
| 00:19+ | 00:59+ | 02:47+ | 04:40+ | 07:15+ | 08:29+ | 09:14+ | 09:36+ | 10:56+ | 11:45+ | 13:55+ | 14:59+ | 16:31+ |
| 00:19+ | 00:40+ | 01:48+ | 01:53+ | 02:35+ | 01:14+ | 00:45+ | 00:22+ | 01:20+ | 00:49+ | 02:10+ | 01:04+ | 01:32+ |
| 00:19+ | 00:40+ | 01:48+ | 01:53+ | 02:35+ | 01:14+ | 00:45+ | 00:22+ | 01:20+ | 00:49+ | 02:10+ | 01:04+ | 01:32+ |
| 18 | Alexander Khorunzhiy | | | | 1456 | | | | 27:38 | | | |
| 00:27+ | 02:08+ | 03:31+ | 05:42+ | 08:22+ | 09:15+ | 09:35+ | 09:56+ | 11:18+ | 12:07+ | 13:26+ | 14:56+ | 16:50+ |
| 00:27+ | 01:41+ | 01:23+ | 02:11+ | 02:40+ | 00:53+ | 00:20+ | 00:21+ | 01:22+ | 00:49+ | 01:19+ | 01:30+ | 01:54+ |
| 00:27+ | 01:41+ | 01:23+ | 02:11+ | 02:40+ | 00:53+ | 00:20+ | 00:21+ | 01:22+ | 00:49+ | 01:19+ | 01:30+ | 01:54+ |
| 19 | Olav Johannes Espedal | | | | 3519 | | | | 28:02 | | | |
| 00:17+ | 01:39+ | 02:31+ | 03:58+ | 06:43+ | 08:21+ | 08:43+ | 09:15+ | 10:23+ | 11:13+ | 12:48+ | 14:03+ | 15:46+ |
| 00:17+ | 01:22+ | 00:52+ | 01:27+ | 02:45+ | 01:38+ | 00:22+ | 00:32+ | 01:08+ | 00:50+ | 01:35+ | 01:15+ | 01:43+ |
| 00:17+ | 01:22+ | 00:52+ | 01:27+ | 02:45+ | 01:38+ | 00:22+ | 00:32+ | 01:08+ | 00:50+ | 01:35+ | 01:15+ | 01:43+ |
| 20 | Håkon Andrè Waage | | | | 1683 | | | | 28:45 | | | |
| 00:22+ | 03:25+ | 04:38+ | 06:22+ | 08:58+ | 10:01+ | 10:38+ | 11:02+ | 12:17+ | 13:12+ | 15:27+ | 17:03+ | 18:25+ |
| 00:22+ | 03:03+ | 01:13+ | 01:44+ | 02:36+ | 01:03+ | 00:37+ | 00:24+ | 01:15+ | 00:55+ | 02:15+ | 01:36+ | 01:22+ |
| 00:22+ | 03:03+ | 01:13+ | 01:44+ | 02:36+ | 01:03+ | 00:37+ | 00:24+ | 01:15+ | 00:55+ | 02:15+ | 01:36+ | 01:22+ |
| 21 | Christoffer Soma | | | | 903 | | | | 37:45 | | | |
| 00:17+ | 01:41+ | 06:06+ | 08:41+ | 12:04+ | 13:26+ | 14:06+ | 14:44+ | 16:39+ | 17:54+ | 20:12+ | 21:36+ | 23:45+ |
| 00:17+ | 01:24+ | 04:25+ | 02:35+ | 03:23+ | 01:22+ | 00:40+ | 00:38+ | 01:55+ | 01:15+ | 02:18+ | 01:24+ | 02:09+ |
| 00:17+ | 01:24+ | 04:25+ | 02:35+ | 03:23+ | 01:22+ | 00:40+ | 00:38+ | 01:55+ | 01:15+ | 02:18+ | 01:24+ | 02:09+ |
| 22 | Carlos Lluna | | | | 2342 | | | | 40:16 | | | |
| 00:19+ | 03:48+ | 04:45+ | 07:01+ | 09:38+ | 12:14+ | 12:49+ | 13:16+ | 14:32+ | 17:47+ | 20:42+ | 22:13+ | 24:25+ |
| 00:19+ | 03:29+ | 00:57+ | 02:16+ | 02:37+ | 02:36+ | 00:35+ | 00:27+ | 01:16+ | 03:15+ | 02:55+ | 01:31+ | 02:12+ |
| 00:19+ | 03:29+ | 00:57+ | 02:16+ | 02:37+ | 02:36+ | 00:35+ | 00:27+ | 01:16+ | 03:15+ | 02:55+ | 01:31+ | 02:12+ |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H50

| | | | | | | | | | | | | |
|--------|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Geir Inge Høivik | | | | 3522 | | | | 21:18 | | | |
| 01:09= | 02:01= | 03:09= | 05:00= | 06:47= | 07:32= | 08:37= | 09:05= | 12:46= | 13:22= | 16:04= | 16:22= | 16:33= |
| 01:09= | 00:52= | 01:08= | 01:51= | 01:47= | 00:45= | 01:05= | 00:28= | 00:46= | 02:55= | 00:36= | 02:42= | 00:11= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Inge Arild Leknes | | | | 3548 | | | | 22:19 | | | |
| 00:53- | 01:59- | 03:31+ | 05:16+ | 06:50+ | 07:40+ | 08:38+ | 09:08+ | 10:00+ | 12:55+ | 14:26+ | 17:17+ | 17:30+ |
| 00:53- | 01:06+ | 01:32+ | 01:45- | 01:34- | 00:50+ | 00:58- | 00:30+ | 00:52+ | 02:55= | 01:31+ | 02:51+ | 00:13- |
| 00:16- | 00:14& | 00:24& | 00:06- | 00:13- | 00:05# | 00:07- | 00:02+ | 00:06# | 00:00= | 00:55& | 00:09+ | 00:05- |
| 3 | Øyvind Madland | | | | 3522 | | | | 22:20 | | | |
| 00:52- | 01:44- | 02:45- | 05:03+ | 06:34- | 07:34+ | 09:19+ | 09:43+ | 10:34+ | 13:43+ | 14:19+ | 17:08+ | 17:29+ |
| 00:52- | 00:52= | 01:01- | 02:18+ | 01:31- | 01:00+ | 01:45+ | 00:24- | 00:51+ | 03:09+ | 00:36= | 02:49+ | 00:21+ |
| 00:17- | 00:00= | 00:07- | 00:27# | 00:16- | 00:15& | 00:40= | 00:04- | 00:05# | 00:14+ | 00:00= | 00:07+ | 00:03# |
| 4 | Reidar Mosvold | | | | 1754 | | | | 22:28 | | | |
| 01:01- | 01:58- | 03:02- | 05:02+ | 06:34- | 07:22- | 08:31- | 09:00- | 09:42- | 13:08+ | 14:07+ | 17:11+ | 17:23+ |
| 01:01- | 00:57+ | 01:04- | 02:00+ | 01:32- | 00:48+ | 01:09+ | 00:29+ | 00:42- | 03:26+ | 00:59+ | 03:04+ | 00:12- |
| 00:08- | 00:05+ | 00:04- | 00:09+ | 00:15- | 00:03+ | 00:04+ | 00:01+ | 00:04- | 00:31# | 00:23& | 00:22# | 00:06- |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | |
|--------|---------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| H50 | | | | | | | | | | | | | | | | | | | |
| 5 | Bjørn Ove Olsen Moi | | | | | 989 | | | | | 23:40 | | | | | | | | |
| 00:50- | 01:49- | 02:55- | 05:14+ | 06:45- | 07:39+ | 08:52+ | 09:22+ | 11:04+ | 14:27+ | 15:46+ | 18:34+ | 18:46+ | 18:56+ | 19:14+ | 20:22+ | 21:54+ | 23:30+ | 23:40+ | |
| 00:50- | 00:59+ | 01:06- | 02:19+ | 01:31- | 00:54+ | 01:13+ | 00:30+ | 01:42+ | 03:23+ | 01:19+ | 02:48+ | 00:12- | 00:10- | 00:18+ | 01:08+ | 01:32- | 01:36- | 00:10- | |
| 00:19- | 00:07# | 00:02- | 00:28& | 00:16- | 00:09# | 00:08# | 00:02+ | 00:560 | 00:28# | 00:430 | 00:06+ | 00:06- | 00:01- | 00:01+ | 00:13# | 00:01- | 00:09- | 00:05- | |
| 6 | Anders Glenne | | | | | 793 | | | | | 23:50 | | | | | | | | |
| 01:26+ | 02:25+ | 03:32+ | 05:37+ | 07:00+ | 07:40+ | 08:52+ | 09:17+ | 10:21+ | 13:32+ | 14:48+ | 17:36+ | 17:59+ | 18:10+ | 18:28+ | 19:48+ | 21:32+ | 23:35+ | 23:50+ | |
| 01:26+ | 00:59+ | 01:07+ | 02:05+ | 01:23+ | 00:40+ | 01:12+ | 00:25+ | 01:04+ | 03:11+ | 01:16+ | 02:48+ | 00:23+ | 00:11+ | 00:18+ | 01:20+ | 01:44+ | 02:03+ | 00:15+ | |
| 01:26+ | 00:59+ | 01:07+ | 02:05+ | 01:23+ | 00:40+ | 01:12+ | 00:25+ | 01:04+ | 03:11+ | 01:16+ | 02:48+ | 00:23+ | 00:11+ | 00:18+ | 01:20+ | 01:44+ | 02:03+ | 00:15+ | |
| 7 | John Breiland | | | | | 3694 | | | | | 23:51 | | | | | | | | |
| 01:04+ | 02:13+ | 03:19+ | 05:29+ | 07:04+ | 07:51+ | 09:02+ | 09:31+ | 11:09+ | 14:20+ | 15:16+ | 18:17+ | 18:36+ | 18:59+ | 19:17+ | 20:19+ | 21:55+ | 23:37+ | 23:51+ | |
| 01:04+ | 01:09+ | 01:06+ | 02:10+ | 01:35+ | 00:47+ | 01:11+ | 00:29+ | 01:38+ | 03:11+ | 00:56+ | 03:01+ | 00:19+ | 00:23+ | 00:18+ | 01:02+ | 01:36+ | 01:42+ | 00:14+ | |
| 01:04+ | 01:09+ | 01:06+ | 02:10+ | 01:35+ | 00:47+ | 01:11+ | 00:29+ | 01:38+ | 03:11+ | 00:56+ | 03:01+ | 00:19+ | 00:23+ | 00:18+ | 01:02+ | 01:36+ | 01:42+ | 00:14+ | |
| 8 | Rune Paulsen | | | | | 3508 | | | | | 23:54 | | | | | | | | |
| 01:00+ | 02:08+ | 03:49+ | 05:45+ | 07:11+ | 07:51+ | 09:02+ | 09:33+ | 10:22+ | 13:21+ | 14:56+ | 17:54+ | 18:17+ | 18:28+ | 18:48+ | 19:56+ | 21:49+ | 23:44+ | 23:54+ | |
| 01:00+ | 01:08+ | 01:41+ | 01:56+ | 01:26+ | 00:40+ | 01:11+ | 00:31+ | 00:49+ | 02:59+ | 01:35+ | 02:58+ | 00:23+ | 00:11+ | 00:20+ | 01:08+ | 01:53+ | 01:55+ | 00:10+ | |
| 01:00+ | 01:08+ | 01:41+ | 01:56+ | 01:26+ | 00:40+ | 01:11+ | 00:31+ | 00:49+ | 02:59+ | 01:35+ | 02:58+ | 00:23+ | 00:11+ | 00:20+ | 01:08+ | 01:53+ | 01:55+ | 00:10+ | |
| 9 | Trondr Breiland | | | | | 1000 | | | | | 24:17 | | | | | | | | |
| 00:49+ | 01:36+ | 02:31+ | 04:18+ | 06:18+ | 07:13+ | 10:54+ | 11:21+ | 12:20+ | 14:56+ | 16:00+ | 18:56+ | 19:15+ | 19:50+ | 20:03+ | 21:00+ | 22:19+ | 23:58+ | 24:17+ | |
| 00:49+ | 00:47+ | 00:55+ | 01:47+ | 02:00+ | 00:55+ | 03:41+ | 00:27+ | 00:59+ | 02:36+ | 01:04+ | 02:56+ | 00:19+ | 00:35+ | 00:13+ | 00:57+ | 01:19+ | 01:39+ | 00:19+ | |
| 00:49+ | 00:47+ | 00:55+ | 01:47+ | 02:00+ | 00:55+ | 03:41+ | 00:27+ | 00:59+ | 02:36+ | 01:04+ | 02:56+ | 00:19+ | 00:35+ | 00:13+ | 00:57+ | 01:19+ | 01:39+ | 00:19+ | |
| 10 | Jone Kalheim | | | | | 879 | | | | | 24:36 | | | | | | | | |
| 01:16+ | 02:11+ | 04:21+ | 06:34+ | 08:13+ | 09:08+ | 10:39+ | 11:07+ | 12:14+ | 15:07+ | 16:07+ | 19:02+ | 19:22+ | 19:31+ | 19:43+ | 20:03+ | 21:15+ | 22:44+ | 24:25+ | 24:36+ |
| 01:16+ | 00:55+ | 02:10+ | 02:13+ | 01:39+ | 00:55+ | 01:31+ | 00:28+ | 01:07+ | 02:53+ | 01:00+ | 02:55+ | 00:20+ | 00:09+ | 00:12+ | 00:20+ | 01:12+ | 01:29+ | 01:41+ | 00:11+ |
| 01:16+ | 00:55+ | 02:10+ | 02:13+ | 01:39+ | 00:55+ | 01:31+ | 00:28+ | 01:07+ | 02:53+ | 01:00+ | 02:55+ | 00:20+ | 00:09+ | 00:12+ | 00:20+ | 01:12+ | 01:29+ | 01:41+ | 00:11+ |
| 11 | André Sirevåg | | | | | 1683 | | | | | 25:14 | | | | | | | | |
| 01:28+ | 03:10+ | 04:31+ | 06:26+ | 08:08+ | 08:52+ | 10:15+ | 10:46+ | 11:47+ | 15:29+ | 16:44+ | 19:27+ | 19:41+ | 19:52+ | 20:08+ | 21:12+ | 22:43+ | 25:01+ | 25:14+ | |
| 01:28+ | 01:42+ | 01:21+ | 01:55+ | 01:42+ | 00:44+ | 01:23+ | 00:31+ | 01:01+ | 03:42+ | 01:15+ | 02:43+ | 00:14+ | 00:11+ | 00:16+ | 01:04+ | 01:31+ | 02:18+ | 00:13+ | |
| 01:28+ | 01:42+ | 01:21+ | 01:55+ | 01:42+ | 00:44+ | 01:23+ | 00:31+ | 01:01+ | 03:42+ | 01:15+ | 02:43+ | 00:14+ | 00:11+ | 00:16+ | 01:04+ | 01:31+ | 02:18+ | 00:13+ | |
| 12 | Svein Roar Aas | | | | | 3565 | | | | | 25:15 | | | | | | | | |
| 01:02+ | 02:04+ | 03:13+ | 05:34+ | 07:20+ | 08:08+ | 09:17+ | 09:52+ | 10:45+ | 14:46+ | 16:06+ | 18:56+ | 19:23+ | 19:40+ | 19:56+ | 20:57+ | 22:49+ | 24:59+ | 25:15+ | |
| 01:02+ | 01:02+ | 01:09+ | 02:21+ | 01:46+ | 00:48+ | 01:09+ | 00:35+ | 00:53+ | 04:01+ | 01:20+ | 02:50+ | 00:27+ | 00:17+ | 00:16+ | 01:01+ | 01:52+ | 02:10+ | 00:16+ | |
| 01:02+ | 01:02+ | 01:09+ | 02:21+ | 01:46+ | 00:48+ | 01:09+ | 00:35+ | 00:53+ | 04:01+ | 01:20+ | 02:50+ | 00:27+ | 00:17+ | 00:16+ | 01:01+ | 01:52+ | 02:10+ | 00:16+ | |
| 13 | Arngrim Utskarpen | | | | | 896 | | | | | 25:17 | | | | | | | | |
| 01:35+ | 02:34+ | 03:52+ | 06:01+ | 07:53+ | 09:01+ | 10:10+ | 10:42+ | 11:41+ | 15:01+ | 15:54+ | 19:08+ | 19:27+ | 19:40+ | 20:00+ | 21:11+ | 22:53+ | 25:01+ | 25:17+ | |
| 01:35+ | 00:59+ | 01:18+ | 02:09+ | 01:52+ | 01:08+ | 01:09+ | 00:32+ | 00:59+ | 03:20+ | 00:53+ | 03:14+ | 00:19+ | 00:13+ | 00:20+ | 01:11+ | 01:42+ | 02:08+ | 00:16+ | |
| 01:35+ | 00:59+ | 01:18+ | 02:09+ | 01:52+ | 01:08+ | 01:09+ | 00:32+ | 00:59+ | 03:20+ | 00:53+ | 03:14+ | 00:19+ | 00:13+ | 00:20+ | 01:11+ | 01:42+ | 02:08+ | 00:16+ | |
| 14 | Lars Primstad | | | | | 769 | | | | | 25:39 | | | | | | | | |
| 01:28+ | 02:27+ | 03:26+ | 05:34+ | 07:55+ | 08:30+ | 09:43+ | 10:08+ | 11:57+ | 15:51+ | 16:14+ | 20:00+ | 20:17+ | 20:48+ | 21:05+ | 22:18+ | 23:43+ | 25:25+ | 25:39+ | |
| 01:28+ | 00:59+ | 00:59+ | 02:08+ | 02:21+ | 00:35+ | 01:13+ | 00:25+ | 01:49+ | 03:54+ | 00:23+ | 03:46+ | 00:17+ | 00:31+ | 00:17+ | 01:13+ | 01:25+ | 01:42+ | 00:14+ | |
| 01:28+ | 00:59+ | 00:59+ | 02:08+ | 02:21+ | 00:35+ | 01:13+ | 00:25+ | 01:49+ | 03:54+ | 00:23+ | 03:46+ | 00:17+ | 00:31+ | 00:17+ | 01:13+ | 01:25+ | 01:42+ | 00:14+ | |
| 15 | Steinar Hansen | | | | | 882 | | | | | 25:39 | | | | | | | | |
| 00:59+ | 01:48+ | 03:14+ | 05:28+ | 06:59+ | 07:46+ | 09:06+ | 09:41+ | 11:57+ | 15:29+ | 18:00+ | 20:42+ | 20:56+ | 21:09+ | 21:25+ | 22:19+ | 23:50+ | 25:26+ | 25:39+ | |
| 00:59+ | 00:49+ | 01:26+ | 02:14+ | 01:31+ | 00:47+ | 01:20+ | 00:35+ | 02:16+ | 03:32+ | 02:31+ | 02:42+ | 00:14+ | 00:13+ | 00:16+ | 00:54+ | 01:31+ | 01:36+ | 00:13+ | |
| 00:59+ | 00:49+ | 01:26+ | 02:14+ | 01:31+ | 00:47+ | 01:20+ | 00:35+ | 02:16+ | 03:32+ | 02:31+ | 02:42+ | 00:14+ | 00:13+ | 00:16+ | 00:54+ | 01:31+ | 01:36+ | 00:13+ | |
| 16 | Njål Foldnes | | | | | 1754 | | | | | 25:45 | | | | | | | | |
| 01:02+ | 02:12+ | 03:24+ | 05:29+ | 08:07+ | 09:01+ | 10:12+ | 10:47+ | 11:37+ | 15:18+ | 16:08+ | 19:11+ | 19:47+ | 20:05+ | 20:28+ | 21:24+ | 23:04+ | 25:30+ | 25:45+ | |
| 01:02+ | 01:10+ | 01:12+ | 02:05+ | 02:38+ | 00:54+ | 01:11+ | 00:35+ | 00:50+ | 03:41+ | 00:50+ | 03:03+ | 00:36+ | 00:18+ | 00:23+ | 00:56+ | 01:40+ | 02:26+ | 00:15+ | |
| 01:02+ | 01:10+ | 01:12+ | 02:05+ | 02:38+ | 00:54+ | 01:11+ | 00:35+ | 00:50+ | 03:41+ | 00:50+ | 03:03+ | 00:36+ | 00:18+ | 00:23+ | 00:56+ | 01:40+ | 02:26+ | 00:15+ | |
| 17 | Trygve Michaelsen | | | | | 896 | | | | | 26:51 | | | | | | | | |
| 01:03+ | 02:10+ | 03:44+ | 06:02+ | 07:48+ | 09:11+ | 10:32+ | 11:04+ | 12:27+ | 16:09+ | 16:54+ | 17:27+ | 20:38+ | 20:58+ | 21:15+ | 21:35+ | 22:39+ | 24:28+ | 26:37+ | 26:51+ |
| 01:03+ | 01:07+ | 01:34+ | 02:18+ | 01:46+ | 01:23+ | 01:21+ | 00:32+ | 01:23+ | 03:42+ | 00:45+ | 00:33+ | 03:11+ | 00:20+ | 00:17+ | 00:20+ | 01:04+ | 01:49+ | 02:09+ | 00:14+ |
| 01:03+ | 01:07+ | 01:34+ | 02:18+ | 01:46+ | 01:23+ | 01:21+ | 00:32+ | 01:23+ | 03:42+ | 00:45+ | 00:33+ | 03:11+ | 00:20+ | 00:17+ | 00:20+ | 01:04+ | 01:49+ | 02:09+ | 00:14+ |
| 18 | Jørgen Nilsen | | | | | 1683 | | | | | 26:57 | | | | | | | | |
| 01:03+ | 01:58+ | 03:08+ | 05:17+ | 07:57+ | 08:44+ | 10:03+ | 10:27+ | 11:47+ | 16:03+ | 17:09+ | 20:25+ | 20:44+ | 20:58+ | 22:06+ | 23:17+ | 24:48+ | 26:41+ | 26:57+ | |
| 01:03+ | 00:55+ | 01:10+ | 02:09+ | 02:40+ | 00:47+ | 01:19+ | 00:24+ | 01:20+ | 04:16+ | 01:06+ | 03:16+ | 00:19+ | 00:14+ | 01:08+ | 01:11+ | 01:31+ | 01:53+ | 00:16+ | |
| 01:03+ | 00:55+ | 01:10+ | 02:09+ | 02:40+ | 00:47+ | 01:19+ | 00:24+ | 01:20+ | 04:16+ | 01:06+ | 03:16+ | 00:19+ | 00:14+ | 01:08+ | 01:11+ | 01:31+ | 01:53+ | 00:16+ | |

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | | |
|--------|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|-------|--|--|--|--|--|--|--|--|--|--|
| H50 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | Arne Hetlelid | | | | | | | | | | 3508 | | | | | | | | | | 27:11 | | | | | | | | | | |
| 01:14+ | 02:23+ | 03:32+ | 05:51+ | 07:34+ | 08:26+ | 10:03+ | 10:33+ | 12:06+ | 16:10+ | 17:29+ | 20:42+ | 20:57+ | 21:08+ | 21:30+ | 22:59+ | 24:45+ | 26:53+ | 27:11+ | | | | | | | | | | | | | |
| 01:14+ | 01:09+ | 01:09+ | 02:19+ | 01:43+ | 00:52+ | 01:37+ | 00:30+ | 01:33+ | 04:04+ | 01:19+ | 03:13+ | 00:15+ | 00:11+ | 00:22+ | 01:29+ | 01:46+ | 02:08+ | 00:18+ | | | | | | | | | | | | | |
| 01:14+ | 01:09+ | 01:09+ | 02:19+ | 01:43+ | 00:52+ | 01:37+ | 00:30+ | 01:33+ | 04:04+ | 01:19+ | 03:13+ | 00:15+ | 00:11+ | 00:22+ | 01:29+ | 01:46+ | 02:08+ | 00:18+ | | | | | | | | | | | | | |
| 20 | Tore Halset | | | | | | | | | | 3486 | | | | | | | | | | 27:44 | | | | | | | | | | |
| 00:59+ | 02:07+ | 03:19+ | 06:07+ | 07:57+ | 08:55+ | 10:23+ | 10:56+ | 12:27+ | 16:09+ | 18:14+ | 21:22+ | 21:42+ | 21:59+ | 22:17+ | 23:25+ | 25:07+ | 27:23+ | 27:44+ | | | | | | | | | | | | | |
| 00:59+ | 01:08+ | 01:12+ | 02:48+ | 01:50+ | 00:58+ | 01:28+ | 00:33+ | 01:31+ | 03:42+ | 02:05+ | 03:08+ | 00:20+ | 00:17+ | 00:18+ | 01:08+ | 01:42+ | 02:16+ | 00:21+ | | | | | | | | | | | | | |
| 00:59+ | 01:08+ | 01:12+ | 02:48+ | 01:50+ | 00:58+ | 01:28+ | 00:33+ | 01:31+ | 03:42+ | 02:05+ | 03:08+ | 00:20+ | 00:17+ | 00:18+ | 01:08+ | 01:42+ | 02:16+ | 00:21+ | | | | | | | | | | | | | |
| 21 | Thomas Romstad | | | | | | | | | | 1683 | | | | | | | | | | 28:06 | | | | | | | | | | |
| 00:58+ | 01:56+ | 03:38+ | 05:31+ | 07:12+ | 08:04+ | 11:09+ | 11:45+ | 12:55+ | 16:32+ | 17:52+ | 22:20+ | 23:08+ | 23:20+ | 23:36+ | 24:38+ | 26:12+ | 27:52+ | 28:06+ | | | | | | | | | | | | | |
| 00:58+ | 00:58+ | 01:42+ | 01:53+ | 01:41+ | 00:52+ | 03:05+ | 00:36+ | 01:10+ | 03:37+ | 01:20+ | 04:28+ | 00:48+ | 00:12+ | 00:16+ | 01:02+ | 01:34+ | 01:40+ | 00:14+ | | | | | | | | | | | | | |
| 00:58+ | 00:58+ | 01:42+ | 01:53+ | 01:41+ | 00:52+ | 03:05+ | 00:36+ | 01:10+ | 03:37+ | 01:20+ | 04:28+ | 00:48+ | 00:12+ | 00:16+ | 01:02+ | 01:34+ | 01:40+ | 00:14+ | | | | | | | | | | | | | |
| 22 | Svend Vihovde | | | | | | | | | | 1683 | | | | | | | | | | 28:17 | | | | | | | | | | |
| 01:26+ | 02:38+ | 04:00+ | 06:44+ | 08:40+ | 09:45+ | 11:17+ | 11:55+ | 13:09+ | 17:03+ | 18:32+ | 21:57+ | 22:13+ | 22:25+ | 22:45+ | 24:09+ | 25:59+ | 28:00+ | 28:17+ | | | | | | | | | | | | | |
| 01:26+ | 01:12+ | 01:22+ | 02:44+ | 01:56+ | 01:05+ | 01:32+ | 00:38+ | 01:14+ | 03:54+ | 01:29+ | 03:25+ | 00:16+ | 00:12+ | 00:20+ | 01:24+ | 01:50+ | 02:01+ | 00:17+ | | | | | | | | | | | | | |
| 01:26+ | 01:12+ | 01:22+ | 02:44+ | 01:56+ | 01:05+ | 01:32+ | 00:38+ | 01:14+ | 03:54+ | 01:29+ | 03:25+ | 00:16+ | 00:12+ | 00:20+ | 01:24+ | 01:50+ | 02:01+ | 00:17+ | | | | | | | | | | | | | |
| 23 | Ådne Hausberg | | | | | | | | | | 793 | | | | | | | | | | 28:45 | | | | | | | | | | |
| 01:03+ | 02:01+ | 03:14+ | 06:06+ | 07:51+ | 08:47+ | 10:49+ | 11:14+ | 12:24+ | 16:22+ | 18:03+ | 21:35+ | 22:28+ | 22:44+ | 23:04+ | 24:20+ | 26:12+ | 28:27+ | 28:45+ | | | | | | | | | | | | | |
| 01:03+ | 00:58+ | 01:13+ | 02:52+ | 01:45+ | 00:56+ | 02:02+ | 00:25+ | 01:10+ | 03:58+ | 01:41+ | 03:32+ | 00:53+ | 00:16+ | 00:20+ | 01:16+ | 01:52+ | 02:15+ | 00:18+ | | | | | | | | | | | | | |
| 01:03+ | 00:58+ | 01:13+ | 02:52+ | 01:45+ | 00:56+ | 02:02+ | 00:25+ | 01:10+ | 03:58+ | 01:41+ | 03:32+ | 00:53+ | 00:16+ | 00:20+ | 01:16+ | 01:52+ | 02:15+ | 00:18+ | | | | | | | | | | | | | |
| 24 | Asbjørn Brådlund | | | | | | | | | | 879 | | | | | | | | | | 28:46 | | | | | | | | | | |
| 01:06+ | 02:12+ | 03:32+ | 06:11+ | 07:54+ | 09:29+ | 10:55+ | 11:33+ | 13:12+ | 17:07+ | 18:22+ | 21:53+ | 22:30+ | 22:47+ | 23:07+ | 24:31+ | 26:23+ | 28:31+ | 28:46+ | | | | | | | | | | | | | |
| 01:06+ | 01:06+ | 01:20+ | 02:39+ | 01:43+ | 01:35+ | 01:26+ | 00:38+ | 01:39+ | 03:55+ | 01:15+ | 03:31+ | 00:37+ | 00:17+ | 00:20+ | 01:24+ | 01:52+ | 02:08+ | 00:15+ | | | | | | | | | | | | | |
| 01:06+ | 01:06+ | 01:20+ | 02:39+ | 01:43+ | 01:35+ | 01:26+ | 00:38+ | 01:39+ | 03:55+ | 01:15+ | 03:31+ | 00:37+ | 00:17+ | 00:20+ | 01:24+ | 01:52+ | 02:08+ | 00:15+ | | | | | | | | | | | | | |
| 25 | Jarl Steinar Berntsen | | | | | | | | | | 882 | | | | | | | | | | 29:01 | | | | | | | | | | |
| 01:24+ | 02:35+ | 03:42+ | 06:02+ | 07:59+ | 08:51+ | 10:29+ | 11:12+ | 12:22+ | 16:04+ | 17:38+ | 21:37+ | 22:07+ | 23:09+ | 23:28+ | 24:42+ | 26:45+ | 28:47+ | 29:01+ | | | | | | | | | | | | | |
| 01:24+ | 01:11+ | 01:07+ | 02:20+ | 01:57+ | 00:52+ | 01:38+ | 00:43+ | 01:10+ | 03:42+ | 01:34+ | 03:59+ | 00:30+ | 01:02+ | 00:19+ | 01:14+ | 02:03+ | 02:02+ | 00:14+ | | | | | | | | | | | | | |
| 01:24+ | 01:11+ | 01:07+ | 02:20+ | 01:57+ | 00:52+ | 01:38+ | 00:43+ | 01:10+ | 03:42+ | 01:34+ | 03:59+ | 00:30+ | 01:02+ | 00:19+ | 01:14+ | 02:03+ | 02:02+ | 00:14+ | | | | | | | | | | | | | |
| 26 | Ove Mæstad | | | | | | | | | | 2342 | | | | | | | | | | 29:04 | | | | | | | | | | |
| 01:27+ | 02:50+ | 04:13+ | 06:48+ | 09:36+ | 10:37+ | 12:08+ | 12:42+ | 14:01+ | 18:03+ | 18:48+ | 22:24+ | 22:44+ | 22:58+ | 23:17+ | 24:32+ | 26:30+ | 28:50+ | 29:04+ | | | | | | | | | | | | | |
| 01:27+ | 01:23+ | 01:23+ | 02:35+ | 02:48+ | 01:01+ | 01:31+ | 00:34+ | 01:19+ | 04:02+ | 00:45+ | 03:36+ | 00:20+ | 00:14+ | 00:19+ | 01:15+ | 01:58+ | 02:20+ | 00:14+ | | | | | | | | | | | | | |
| 01:27+ | 01:23+ | 01:23+ | 02:35+ | 02:48+ | 01:01+ | 01:31+ | 00:34+ | 01:19+ | 04:02+ | 00:45+ | 03:36+ | 00:20+ | 00:14+ | 00:19+ | 01:15+ | 01:58+ | 02:20+ | 00:14+ | | | | | | | | | | | | | |
| 27 | Jerome Renoult | | | | | | | | | | 3524 | | | | | | | | | | 29:30 | | | | | | | | | | |
| 01:07+ | 02:42+ | 04:21+ | 07:04+ | 09:06+ | 10:06+ | 11:39+ | 12:17+ | 13:40+ | 17:57+ | 19:08+ | 23:00+ | 23:19+ | 23:36+ | 23:56+ | 24:57+ | 26:57+ | 29:14+ | 29:30+ | | | | | | | | | | | | | |
| 01:07+ | 01:35+ | 01:39+ | 02:43+ | 02:02+ | 01:00+ | 01:33+ | 00:38+ | 01:23+ | 04:17+ | 01:11+ | 03:52+ | 00:19+ | 00:17+ | 00:20+ | 01:01+ | 02:00+ | 02:17+ | 00:16+ | | | | | | | | | | | | | |
| 01:07+ | 01:35+ | 01:39+ | 02:43+ | 02:02+ | 01:00+ | 01:33+ | 00:38+ | 01:23+ | 04:17+ | 01:11+ | 03:52+ | 00:19+ | 00:17+ | 00:20+ | 01:01+ | 02:00+ | 02:17+ | 00:16+ | | | | | | | | | | | | | |
| 28 | Christof Schätz | | | | | | | | | | 3598 | | | | | | | | | | 29:50 | | | | | | | | | | |
| 01:37+ | 02:54+ | 04:06+ | 06:33+ | 08:17+ | 09:21+ | 11:01+ | 11:30+ | 12:39+ | 16:09+ | 17:31+ | 20:55+ | 22:26+ | 22:37+ | 23:03+ | 25:10+ | 27:05+ | 29:31+ | 29:50+ | | | | | | | | | | | | | |
| 01:37+ | 01:17+ | 01:12+ | 02:27+ | 01:44+ | 01:04+ | 01:40+ | 00:29+ | 01:09+ | 03:30+ | 01:22+ | 03:24+ | 01:31+ | 00:11+ | 00:26+ | 02:07+ | 01:55+ | 02:26+ | 00:19+ | | | | | | | | | | | | | |
| 01:37+ | 01:17+ | 01:12+ | 02:27+ | 01:44+ | 01:04+ | 01:40+ | 00:29+ | 01:09+ | 03:30+ | 01:22+ | 03:24+ | 01:31+ | 00:11+ | 00:26+ | 02:07+ | 01:55+ | 02:26+ | 00:19+ | | | | | | | | | | | | | |
| 29 | Øystein Endresen | | | | | | | | | | 3504 | | | | | | | | | | 35:15 | | | | | | | | | | |
| 01:17+ | 02:49+ | 04:01+ | 06:28+ | 09:02+ | 10:06+ | 11:35+ | 12:10+ | 13:58+ | 19:16+ | 21:13+ | 24:52+ | 28:40+ | 28:58+ | 29:18+ | 30:43+ | 32:51+ | 34:57+ | 35:15+ | | | | | | | | | | | | | |
| 01:17+ | 01:32+ | 01:12+ | 02:27+ | 02:34+ | 01:04+ | 01:29+ | 00:35+ | 01:48+ | 05:18+ | 01:57+ | 03:39+ | 03:48+ | 00:18+ | 00:20+ | 01:25+ | 02:08+ | 02:06+ | 00:18+ | | | | | | | | | | | | | |
| 01:17+ | 01:32+ | 01:12+ | 02:27+ | 02:34+ | 01:04+ | 01:29+ | 00:35+ | 01:48+ | 05:18+ | 01:57+ | 03:39+ | 03:48+ | 00:18+ | 00:20+ | 01:25+ | 02:08+ | 02:06+ | 00:18+ | | | | | | | | | | | | | |
| 30 | Raymond B Pettersen | | | | | | | | | | 722 | | | | | | | | | | 36:42 | | | | | | | | | | |
| 01:11+ | 02:24+ | 03:53+ | 06:50+ | 09:05+ | 10:06+ | 12:06+ | 12:38+ | 15:04+ | 21:13+ | 23:01+ | 28:23+ | 28:46+ | 29:07+ | 29:40+ | 31:25+ | 33:39+ | 36:24+ | 36:42+ | | | | | | | | | | | | | |
| 01:11+ | 01:13+ | 01:29+ | 02:57+ | 02:15+ | 01:01+ | 02:00+ | 00:32+ | 02:26+ | 06:09+ | 01:48+ | 05:22+ | 00:23+ | 00:21+ | 00:33+ | 01:45+ | 02:14+ | 02:45+ | 00:18+ | | | | | | | | | | | | | |
| 01:11+ | 01:13+ | 01:29+ | 02:57+ | 02:15+ | 01:01+ | 02:00+ | 00:32+ | 02:26+ | 06:09+ | 01:48+ | 05:22+ | 00:23+ | 00:21+ | 00:33+ | 01:45+ | 02:14+ | 02:45+ | 00:18+ | | | | | | | | | | | | | |
| 31 | Ole Bakkeveld | | | | | | | | | | 3517 | | | | | | | | | | 38:29 | | | | | | | | | | |
| 01:00+ | 02:19+ | 03:36+ | 06:34+ | 08:43+ | 10:58+ | 14:34+ | 15:48+ | 16:14+ | 20:37+ | 25:07+ | 26:30+ | 30:38+ | 30:51+ | 31:06+ | 31:37+ | 33:24+ | 35:53+ | 38:16+ | 38:29+ | | | | | | | | | | | | |
| 01:00+ | 01:19+ | 01:17+ | 02:58+ | 02:09+ | 02:15+ | 03:36+ | 01:14+ | 00:26+ | 04:23+ | 04:30+ | 01:23+ | 04:08+ | 00:13+ | 00:15+ | 00:31+ | 01:47+ | 02:29+ | 02:23+ | 00:13+ | | | | | | | | | | | | |
| 01:00+ | 01:19+ | 01:17+ | 02:58+ | 02:09+ | 02:15+ | 03:36+ | 01:14+ | 00:26+ | 04:23+ | 04:30+ | 01:23+ | 04:08+ | 00:13+ | 00:15+ | 00:31+ | 01:47+ | 02:29+ | 02:23+ | 00:13+ | | | | | | | | | | | | |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | | |
|-----------------------------|---------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| H60 | | | | | | | | | | | | | | | | | | | | |
| 1 | Inge Løland | | | | | 1119 | | | | | 20:57 | | | | | | | | | |
| 00:37= | 01:39= | 02:38= | 04:49= | 06:34= | 07:46= | 09:01= | 10:04= | 10:24= | 11:25= | 13:16= | 13:32= | 15:01= | 16:57= | 17:16= | 17:33= | 18:36= | 19:18= | 20:41= | 20:57= | |
| 00:37= | 01:02= | 00:59= | 02:11= | 01:45= | 01:12= | 01:15= | 01:03= | 00:20= | 01:01= | 01:51= | 00:16= | 01:29= | 01:56= | 00:19= | 00:17= | 01:03= | 00:42= | 01:23= | 00:16= | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | |
| 2 | Knut Feldmann | | | | | 882 | | | | | 23:09 | | | | | | | | | |
| 00:41+ | 01:37- | 02:37- | 04:32- | 06:14- | 07:20- | 08:45- | 10:16+ | 10:39+ | 12:27+ | 15:15+ | 15:42+ | 17:31+ | 18:47+ | 19:09+ | 19:30+ | 20:38+ | 21:24+ | 22:56+ | 23:09+ | |
| 00:41+ | 00:56- | 01:00+ | 01:55- | 01:42- | 01:06- | 01:25+ | 01:31+ | 00:23+ | 01:48+ | 02:48+ | 00:27+ | 01:49+ | 01:16- | 00:22+ | 00:21+ | 01:08+ | 00:46+ | 01:32+ | 00:13- | |
| 00:04# | 00:06- | 00:01+ | 00:16- | 00:03- | 00:06- | 00:10# | 00:28& | 00:03# | 00:47& | 00:57& | 00:11& | 00:20# | 00:40- | 00:03# | 00:04# | 00:05+ | 00:04+ | 00:09# | 00:03- | |
| 3 | Frank Hansen | | | | | 3502 | | | | | 23:46 | | | | | | | | | |
| 00:41+ | 01:45+ | 02:49+ | 05:11+ | 06:50+ | 08:04+ | 09:25+ | 11:19+ | 11:50+ | 13:21+ | 15:38+ | 16:03+ | 17:48+ | 19:08+ | 19:27+ | 19:47+ | 21:07+ | 21:58+ | 23:33+ | 23:46+ | |
| 00:41+ | 01:04+ | 01:04+ | 02:22+ | 01:39- | 01:14+ | 01:21+ | 01:54+ | 00:31+ | 01:31+ | 02:17+ | 00:25+ | 01:45+ | 01:20- | 00:19= | 00:20+ | 01:20+ | 00:51+ | 01:35+ | 00:13- | |
| 00:04# | 00:02+ | 00:05+ | 00:11+ | 00:06- | 00:02+ | 00:06+ | 00:51& | 00:11& | 00:30& | 00:26# | 00:09& | 00:16# | 00:36- | 00:00= | 00:03# | 00:17& | 00:09# | 00:12# | 00:03- | |
| 4 | Sturle Omdal | | | | | 1683 | | | | | 23:59 | | | | | | | | | |
| 00:41+ | 01:43+ | 02:43+ | 04:52+ | 06:38+ | 07:42- | 09:03+ | 12:23+ | 12:49+ | 13:54+ | 15:43+ | 16:22+ | 18:20+ | 19:53+ | 20:16+ | 20:35+ | 21:43+ | 22:24+ | 23:46+ | 23:59+ | |
| 00:41+ | 01:02= | 01:00+ | 02:09- | 01:46+ | 01:04- | 01:21+ | 03:20+ | 00:26+ | 01:05+ | 01:49- | 00:39+ | 01:58+ | 01:33- | 00:23+ | 00:19+ | 01:08+ | 00:41- | 01:22- | 00:13- | |
| 00:04# | 00:00= | 00:01+ | 00:02- | 00:01+ | 00:08- | 00:06+ | 02:17@ | 00:06& | 00:04+ | 00:02- | 00:23@ | 00:29& | 00:23- | 00:04# | 00:02# | 00:05+ | 00:01- | 00:01- | 00:03- | |
| 5 | Geir Frøyttlog | | | | | 3502 | | | | | 25:08 | | | | | | | | | |
| 00:36- | 01:33- | 02:37- | 04:50+ | 06:29- | 07:38- | 09:02+ | 10:22+ | 12:55+ | 13:57+ | 16:22+ | 16:48+ | 19:00+ | 20:27+ | 20:47+ | 21:17+ | 22:39+ | 23:25+ | 24:54+ | 25:08+ | |
| 00:36- | 00:57- | 01:04+ | 02:13+ | 01:39- | 01:09- | 01:24+ | 01:20+ | 02:33+ | 01:02+ | 02:25+ | 00:26+ | 02:12+ | 01:27- | 00:20+ | 00:30+ | 01:22+ | 00:46+ | 01:29+ | 00:14- | |
| 00:01- | 00:05- | 00:05+ | 00:02+ | 00:06- | 00:03- | 00:09# | 00:17& | 02:13@ | 00:01+ | 00:34& | 00:10& | 00:43& | 00:29- | 00:01+ | 00:13& | 00:19& | 00:04+ | 00:06+ | 00:02- | |
| 6 | Kjell Seland | | | | | 3547 | | | | | 25:08 | | | | | | | | | |
| 00:45+ | 01:55+ | 03:10+ | 05:37+ | 07:31+ | 08:49+ | 10:46+ | 11:38+ | 12:24+ | 12:45+ | 14:03+ | 16:17+ | 16:42+ | 18:39+ | 20:19+ | 20:33+ | 20:57+ | 22:21+ | 23:14+ | 24:53+ | 25:08+ |
| 00:45+ | 01:10+ | 01:15+ | 02:27+ | 01:54+ | 01:18+ | 01:57+ | 00:52- | 00:46+ | 00:21- | 01:18- | 02:14+ | 00:25- | 01:57+ | 01:40+ | 00:14- | 00:24- | 01:24+ | 00:53- | 01:39+ | 00:15+ |
| 00:08# | 00:08# | 00:16& | 00:16# | 00:09+ | 00:06+ | 00:42& | 00:11- | 00:26@ | 00:40- | 00:33- | 01:58@ | 01:04- | 00:01+ | 01:21@ | 00:03- | 00:39- | 00:42& | 00:30- | 01:23@ | 00:15+ |
| 7 | Per Ingar Hadland | | | | | 793 | | | | | 26:46 | | | | | | | | | |
| 00:43+ | 01:45+ | 03:06+ | 05:42+ | 07:32+ | 08:01+ | 09:14+ | 10:52+ | 12:29+ | 13:09+ | 14:31+ | 17:19+ | 17:44+ | 20:08+ | 21:44+ | 22:03+ | 22:25+ | 23:45+ | 24:41+ | 26:31+ | 26:46+ |
| 00:43+ | 01:02= | 01:21+ | 02:36+ | 01:50+ | 00:29- | 01:13- | 01:38+ | 01:37+ | 00:40- | 01:22- | 02:48+ | 00:25- | 02:24+ | 01:36+ | 00:19+ | 00:22- | 01:20+ | 00:56- | 01:50+ | 00:15+ |
| 00:06# | 00:00= | 00:22& | 00:25# | 00:05+ | 00:43- | 00:02- | 00:35& | 01:17@ | 00:21- | 00:29- | 02:32@ | 01:04- | 00:28# | 01:17@ | 00:02# | 00:41- | 00:38& | 00:27- | 01:34@ | 00:15+ |
| 8 | Kjell Ove Aksland | | | | | 882 | | | | | 27:31 | | | | | | | | | |
| 00:49+ | 02:37+ | 03:51+ | 06:16+ | 08:14+ | 09:30+ | 11:31+ | 12:51+ | 13:26+ | 14:46+ | 17:25+ | 17:48+ | 20:39+ | 22:23+ | 22:44+ | 23:03+ | 24:25+ | 25:23+ | 27:16+ | 27:31+ | |
| 00:49+ | 01:48+ | 01:14+ | 02:25+ | 01:58+ | 01:16+ | 02:01+ | 01:20+ | 00:35+ | 01:20+ | 02:39+ | 00:23+ | 02:51+ | 01:44- | 00:21+ | 00:19+ | 01:22+ | 00:58+ | 01:53+ | 00:15- | |
| 00:12& | 00:46& | 00:15& | 00:14# | 00:13# | 00:04+ | 00:46& | 00:17& | 00:15& | 00:19& | 00:48& | 00:07& | 01:22& | 00:12- | 00:02# | 00:02# | 00:19& | 00:16& | 00:30& | 00:01- | |
| 9 | Stein Sigbjørnsen | | | | | 882 | | | | | 27:41 | | | | | | | | | |
| 00:52+ | 02:13+ | 03:15+ | 05:42+ | 07:18+ | 08:30+ | 10:22+ | 12:36+ | 13:08+ | 14:32+ | 16:52+ | 17:13+ | 19:58+ | 22:21+ | 22:49+ | 23:09+ | 24:25+ | 25:37+ | 27:25+ | 27:41+ | |
| 00:52+ | 01:21+ | 01:02+ | 02:27+ | 01:36- | 01:12= | 01:52+ | 02:14+ | 00:32+ | 01:24+ | 02:20+ | 00:21+ | 02:45+ | 02:23+ | 00:28+ | 00:20+ | 01:16+ | 01:12+ | 01:48+ | 00:16= | |
| 00:15& | 00:19& | 00:03+ | 00:16# | 00:09- | 00:00= | 00:37& | 01:11@ | 00:12& | 00:23& | 00:29& | 00:05& | 01:16& | 00:27# | 00:09& | 00:03# | 00:13# | 00:30& | 00:25& | 00:00= | |
| 10 | Harald Syse | | | | | 1884 | | | | | 27:56 | | | | | | | | | |
| 00:48+ | 03:28+ | 04:30+ | 07:02+ | 08:51+ | 10:51+ | 12:50+ | 14:08+ | 14:50+ | 16:08+ | 18:15+ | 18:38+ | 20:31+ | 22:51+ | 23:03+ | 23:20+ | 25:44+ | 26:27+ | 27:42+ | 27:56+ | |
| 00:48+ | 02:40+ | 01:02+ | 02:32+ | 01:49+ | 02:00+ | 01:59+ | 01:18+ | 00:42+ | 01:18+ | 02:07+ | 00:23+ | 01:53+ | 02:20+ | 00:12- | 00:17= | 02:24+ | 00:43+ | 01:15- | 00:14- | |
| 00:11& | 01:38@ | 00:03+ | 00:21# | 00:04+ | 00:48& | 00:44& | 00:15# | 00:22@ | 00:17& | 00:16# | 00:07& | 00:24+ | 00:24# | 00:07- | 00:00= | 01:21@ | 00:01+ | 00:08- | 00:02- | |
| 11 | Inge Skretting | | | | | 1384 | | | | | 29:39 | | | | | | | | | |
| 01:26+ | 02:46+ | 04:03+ | 06:19+ | 08:05+ | 11:02+ | 13:07+ | 14:34+ | 15:05+ | 16:36+ | 19:05+ | 19:32+ | 21:51+ | 23:32+ | 23:57+ | 24:53+ | 26:29+ | 27:27+ | 29:24+ | 29:39+ | |
| 01:26+ | 01:20+ | 01:17+ | 02:16+ | 01:46+ | 02:57+ | 02:05+ | 01:27+ | 00:31+ | 01:31+ | 02:29+ | 00:27+ | 02:19+ | 01:41- | 00:25+ | 00:56+ | 01:36+ | 00:58+ | 01:57+ | 00:15- | |
| 00:49@ | 00:18& | 00:18& | 00:05+ | 00:01+ | 01:45@ | 00:50& | 00:24& | 00:11& | 00:30& | 00:38& | 00:11& | 00:50& | 00:15- | 00:06& | 00:39@ | 00:33& | 00:16& | 00:34& | 00:01- | |
| 12 | John Carsten Sinnes | | | | | 1884 | | | | | 31:01 | | | | | | | | | |
| 00:55+ | 02:06+ | 03:33+ | 05:49+ | 07:51+ | 09:18+ | 11:06+ | 15:27+ | 16:08+ | 17:23+ | 20:17+ | 20:49+ | 23:09+ | 24:39+ | 25:47+ | 26:04+ | 27:29+ | 28:30+ | 30:47+ | 31:01+ | |
| 00:55+ | 01:11+ | 01:27+ | 02:16+ | 02:02+ | 01:27+ | 01:48+ | 04:21+ | 00:41+ | 01:15+ | 02:54+ | 00:32+ | 02:20+ | 01:30- | 01:08+ | 00:17= | 01:25+ | 01:01+ | 02:17+ | 00:14- | |
| 00:18& | 00:09# | 00:28& | 00:05+ | 00:17# | 00:15# | 00:33& | 03:18@ | 00:21@ | 00:14# | 01:03& | 00:16& | 00:51& | 00:26- | 00:49@ | 00:00= | 00:22& | 00:19& | 00:54& | 00:02- | |
| 13 | Sveinung Rosenvinge | | | | | 1683 | | | | | 34:50 | | | | | | | | | |
| 01:17+ | 02:55+ | 04:32+ | 07:24+ | 09:43+ | 11:14+ | 13:27+ | 16:53+ | 17:26+ | 20:05+ | 23:07+ | 23:44+ | 26:06+ | 29:00+ | 29:25+ | 29:47+ | 31:20+ | 32:27+ | 34:31+ | 34:50+ | |
| 01:17+ | 01:38+ | 01:37+ | 02:52+ | 02:19+ | 01:31+ | 02:13+ | 03:26+ | 00:33+ | 02:39+ | 03:02+ | 00:37+ | 02:22+ | 02:54+ | 00:25+ | 00:22+ | 01:33+ | 01:07+ | 02:04+ | 00:19+ | |
| 00:40@ | 00:36& | 00:38& | 00:41& | 00:34& | 00:19& | 00:58& | 02:23@ | 00:13& | 01:38@ | 01:11& | 00:21@ | 00:53& | 00:58& | 00:06& | 00:05& | 00:30& | 00:25& | 00:41& | 00:03# | |
| Beste strekktid for klassen | | | | | | | | | | | | | | | | | | | | |
| 00:36 | 00:56 | 00:59 | 01:55 | 01:36 | 00:29 | 01:13 | 00:52 | 00:20 | 00:21 | 01:18 | 00:16 | 00:25 | 01:16 | 00:12 | 00:14 | 00:22 | 00:41 | 00:53 | 00:13 | |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | | |
|--------|----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| H65 | | | | | | | | | | | | | | | | | | | | |
| 1 | Otte Omdal | | | | | 903 | | | | | 21:12 | | | | | | | | | |
| 00:33= | 01:13= | 02:14= | 04:04= | 05:45= | 06:47= | 08:08= | 08:58= | 09:20= | 10:18= | 12:17= | 12:38= | 14:28= | 16:03= | 16:20= | 16:37= | 17:43= | 18:47= | 21:00= | 21:12= | |
| 00:33= | 00:40= | 01:01= | 01:50= | 01:41= | 01:02= | 01:21= | 00:50= | 00:22= | 00:58= | 01:59= | 00:21= | 01:50= | 01:35= | 00:17= | 00:17= | 01:06= | 01:04= | 02:13= | 00:12= | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | |
| 2 | Geir Bjaanes | | | | | 1683 | | | | | 21:51 | | | | | | | | | |
| 00:41+ | 01:40+ | 02:44+ | 04:37+ | 06:08+ | 07:12+ | 08:55+ | 09:43+ | 10:08+ | 11:10+ | 13:44+ | 14:09+ | 15:38+ | 16:54+ | 17:10+ | 17:28+ | 19:18+ | 20:02+ | 21:37+ | 21:51+ | |
| 00:41+ | 00:59+ | 01:04+ | 01:53+ | 01:31- | 01:04+ | 01:43+ | 00:48- | 00:25+ | 01:02+ | 02:34+ | 00:25+ | 01:29- | 01:16- | 00:16- | 00:18+ | 01:50+ | 00:44- | 01:35- | 00:14+ | |
| 00:08# | 00:19# | 00:03+ | 00:03+ | 00:10- | 00:02+ | 00:22# | 00:02- | 00:03# | 00:04+ | 00:35# | 00:04# | 00:21- | 00:19- | 00:01- | 00:01+ | 00:44# | 00:20- | 00:38- | 00:02# | |
| 3 | Torbjørn Evensen | | | | | 3556 | | | | | 24:37 | | | | | | | | | |
| 00:42+ | 01:54+ | 03:13+ | 05:23+ | 07:09+ | 08:34+ | 10:19+ | 11:16+ | 12:05+ | 13:15+ | 15:31+ | 15:56+ | 17:49+ | 19:49+ | 20:03+ | 20:26+ | 21:45+ | 22:37+ | 24:20+ | 24:37+ | |
| 00:42+ | 01:12+ | 01:19+ | 02:10+ | 01:46+ | 01:25+ | 01:45+ | 00:57+ | 00:49+ | 01:10+ | 02:16+ | 00:25+ | 01:53+ | 02:00+ | 00:14- | 00:23+ | 01:19+ | 00:52- | 01:43- | 00:17+ | |
| 00:09# | 00:32# | 00:18# | 00:20# | 00:05+ | 00:23# | 00:24# | 00:07# | 00:27# | 00:12# | 00:17# | 00:04# | 00:03+ | 00:25# | 00:03- | 00:06# | 00:13# | 00:12- | 00:30- | 00:05# | |
| 4 | Kjell Skjæveland | | | | | 3515 | | | | | 25:07 | | | | | | | | | |
| 00:40+ | 01:46+ | 03:00+ | 05:17+ | 06:59+ | 08:13+ | 09:39+ | 11:27+ | 12:00+ | 13:29+ | 16:03+ | 16:29+ | 19:01+ | 20:29+ | 20:50+ | 21:10+ | 22:22+ | 23:19+ | 24:53+ | 25:07+ | |
| 00:40+ | 01:06+ | 01:14+ | 02:17+ | 01:42+ | 01:14+ | 01:26+ | 01:48+ | 00:33+ | 01:29+ | 02:34+ | 00:26+ | 02:32+ | 01:28- | 00:21+ | 00:20+ | 01:12+ | 00:57- | 01:34- | 00:14+ | |
| 00:07# | 00:26# | 00:13# | 00:27# | 00:01+ | 00:12# | 00:05+ | 00:58# | 00:11# | 00:31# | 00:35# | 00:05# | 00:42# | 00:07- | 00:04# | 00:03# | 00:06+ | 00:07- | 00:39- | 00:02# | |
| 5 | Sveinung Svebestad | | | | | 878 | | | | | 25:40 | | | | | | | | | |
| 00:46+ | 01:50+ | 02:57+ | 05:18+ | 07:08+ | 08:41+ | 10:18+ | 11:30+ | 12:19+ | 13:43+ | 16:10+ | 16:35+ | 18:48+ | 20:21+ | 20:46+ | 21:12+ | 22:30+ | 23:39+ | 25:23+ | 25:40+ | |
| 00:46+ | 01:04+ | 01:07+ | 02:21+ | 01:50+ | 01:33+ | 01:37+ | 01:12+ | 00:49+ | 01:24+ | 02:27+ | 00:25+ | 02:13+ | 01:33- | 00:25+ | 00:26+ | 01:18+ | 01:09+ | 01:44- | 00:17+ | |
| 00:13# | 00:24# | 00:06+ | 00:31# | 00:09+ | 00:31# | 00:16# | 00:22# | 00:27# | 00:26# | 00:28# | 00:04# | 00:23# | 00:02- | 00:08# | 00:09# | 00:12# | 00:05+ | 00:29- | 00:05# | |
| 6 | Ivar Knutsen | | | | | 1683 | | | | | 25:56 | | | | | | | | | |
| 00:45+ | 02:17+ | 03:30+ | 06:06+ | 08:03+ | 09:26+ | 11:09+ | 12:53+ | 13:28+ | 14:45+ | 17:05+ | 17:39+ | 19:30+ | 21:04+ | 21:21+ | 21:43+ | 23:07+ | 24:00+ | 25:41+ | 25:56+ | |
| 00:45+ | 01:32+ | 01:13+ | 02:36+ | 01:57+ | 01:23+ | 01:43+ | 01:44+ | 00:35+ | 01:17+ | 02:20+ | 00:34+ | 01:51+ | 01:34- | 00:17= | 00:22+ | 01:24+ | 00:53- | 01:41- | 00:15+ | |
| 00:12# | 00:52# | 00:12# | 00:46# | 00:16# | 00:21# | 00:22# | 00:54# | 00:13# | 00:19# | 00:21# | 00:13# | 00:01+ | 00:01- | 00:00= | 00:05# | 00:18# | 00:11- | 00:32- | 00:03# | |
| 7 | Espen Krogh | | | | | 793 | | | | | 27:21 | | | | | | | | | |
| 00:30- | 03:39+ | 05:04+ | 07:16+ | 08:51+ | 10:05+ | 11:30+ | 13:58+ | 14:21+ | 15:24+ | 18:30+ | 19:29+ | 19:46+ | 21:48+ | 23:09+ | 23:26+ | 23:45+ | 25:00+ | 25:44+ | 27:07+ | 27:21+ |
| 00:30- | 03:09+ | 01:25+ | 02:12+ | 01:35- | 01:14+ | 01:25+ | 02:28+ | 00:23+ | 01:03+ | 03:06+ | 00:59+ | 00:17- | 02:02+ | 01:21+ | 00:17= | 00:19- | 01:15+ | 00:44- | 01:23+ | 00:14+ |
| 00:03- | 02:29# | 00:24# | 00:22# | 00:06- | 00:12# | 00:04+ | 01:38# | 00:01+ | 00:05+ | 01:07# | 00:38# | 01:33- | 00:27# | 01:04# | 00:00= | 00:47- | 00:11# | 01:29- | 01:11# | 00:14+ |
| 8 | Jan Arendal | | | | | 1683 | | | | | 28:39 | | | | | | | | | |
| 00:51+ | 02:17+ | 03:47+ | 06:29+ | 08:37+ | 10:02+ | 11:58+ | 13:05+ | 13:36+ | 15:05+ | 18:03+ | 18:31+ | 21:12+ | 22:54+ | 23:18+ | 23:48+ | 25:27+ | 26:28+ | 28:17+ | 28:39+ | |
| 00:51+ | 01:26+ | 01:30+ | 02:42+ | 02:08+ | 01:25+ | 01:56+ | 01:07+ | 00:31+ | 01:29+ | 02:58+ | 00:28+ | 02:41+ | 01:42+ | 00:24+ | 00:30+ | 01:39+ | 01:01- | 01:49- | 00:22+ | |
| 00:18# | 00:46# | 00:29# | 00:52# | 00:27# | 00:23# | 00:35# | 00:17# | 00:09# | 00:31# | 00:59# | 00:07# | 00:51# | 00:07+ | 00:07# | 00:13# | 00:33# | 00:03- | 00:24- | 00:10# | |
| 9 | Sverre Magnar Nordal | | | | | 1683 | | | | | 31:34 | | | | | | | | | |
| 00:49+ | 02:13+ | 04:05+ | 06:40+ | 08:45+ | 11:43+ | 13:49+ | 15:27+ | 16:40+ | 18:06+ | 20:36+ | 21:13+ | 23:47+ | 26:23+ | 26:39+ | 27:01+ | 28:20+ | 29:22+ | 31:15+ | 31:34+ | |
| 00:49+ | 01:24+ | 01:52+ | 02:35+ | 02:05+ | 02:58+ | 02:06+ | 01:38+ | 01:13+ | 01:26+ | 02:30+ | 00:37+ | 02:34+ | 02:36+ | 00:16- | 00:22+ | 01:19+ | 01:02- | 01:53- | 00:19+ | |
| 00:16# | 00:44# | 00:51# | 00:45# | 00:24# | 01:56# | 00:45# | 00:48# | 00:51# | 00:28# | 00:31# | 00:16# | 00:44# | 01:01# | 00:01- | 00:05# | 00:13# | 00:02- | 00:20- | 00:07# | |
| 10 | Arnstein Skretting | | | | | 3529 | | | | | 33:52 | | | | | | | | | |
| 01:02+ | 02:26+ | 03:49+ | 06:23+ | 08:17+ | 09:44+ | 11:33+ | 14:11+ | 14:47+ | 16:31+ | 21:00+ | 23:03+ | 23:33+ | 25:57+ | 28:11+ | 28:31+ | 29:01+ | 30:35+ | 31:34+ | 33:30+ | 33:52+ |
| 01:02+ | 01:24+ | 01:23+ | 02:34+ | 01:54+ | 01:27+ | 01:49+ | 02:38+ | 00:36+ | 01:44+ | 04:29+ | 02:03+ | 00:30- | 02:24+ | 02:14+ | 00:20+ | 00:30- | 01:34+ | 00:59- | 01:56+ | 00:22+ |
| 00:29# | 00:44# | 00:22# | 00:44# | 00:13# | 00:25# | 00:28# | 01:48# | 00:14# | 00:46# | 02:30# | 01:42# | 01:20- | 00:49# | 01:57# | 00:03# | 00:36- | 00:30# | 01:14- | 01:44# | 00:22+ |
| 11 | Ernst Kristensen | | | | | 1683 | | | | | 34:45 | | | | | | | | | |
| 01:07+ | 03:07+ | 04:18+ | 06:59+ | 09:08+ | 11:26+ | 13:17+ | 15:21+ | 15:50+ | 17:41+ | 21:52+ | 22:25+ | 25:27+ | 27:35+ | 28:48+ | 29:18+ | 30:43+ | 31:41+ | 34:27+ | 34:45+ | |
| 01:07+ | 02:00+ | 01:11+ | 02:41+ | 02:09+ | 02:18+ | 01:51+ | 02:04+ | 00:29+ | 01:51+ | 04:11+ | 00:33+ | 03:02+ | 02:08+ | 01:13+ | 00:30+ | 01:25+ | 00:58- | 02:46+ | 00:18+ | |
| 00:34# | 01:20# | 00:10# | 00:51# | 00:28# | 01:16# | 00:30# | 01:14# | 00:07# | 00:53# | 02:12# | 00:12# | 01:12# | 00:33# | 00:56# | 00:13# | 00:19# | 00:06- | 00:33# | 00:06# | |
| 12 | Per Kolbein Tonstad | | | | | 3507 | | | | | 35:02 | | | | | | | | | |
| 01:02+ | 02:33+ | 03:51+ | 06:15+ | 08:17+ | 10:47+ | 13:03+ | 15:20+ | 15:53+ | 17:42+ | 21:12+ | 21:50+ | 24:51+ | 26:35+ | 26:55+ | 27:30+ | 29:37+ | 30:33+ | 34:41+ | 35:02+ | |
| 01:02+ | 01:31+ | 01:18+ | 02:24+ | 02:02+ | 02:30+ | 02:16+ | 02:17+ | 00:33+ | 01:49+ | 03:30+ | 00:38+ | 03:01+ | 01:44+ | 00:20+ | 00:35+ | 02:07+ | 00:56- | 04:08+ | 00:21+ | |
| 00:29# | 00:51# | 00:17# | 00:34# | 00:21# | 01:28# | 00:55# | 01:27# | 00:11# | 00:51# | 01:31# | 00:17# | 01:11# | 00:09+ | 00:03# | 00:18# | 01:01# | 00:08- | 01:55# | 00:09# | |
| 13 | Steinar Barmen | | | | | 722 | | | | | 35:50 | | | | | | | | | |
| 01:10+ | 03:08+ | 04:38+ | 07:09+ | 09:17+ | 10:56+ | 12:47+ | 14:09+ | 14:55+ | 17:37+ | 21:23+ | 21:54+ | 24:11+ | 26:11+ | 27:55+ | 28:17+ | 32:46+ | 33:49+ | 35:32+ | 35:50+ | |
| 01:10+ | 01:58+ | 01:30+ | 02:31+ | 02:08+ | 01:39+ | 01:51+ | 01:22+ | 00:46+ | 02:42+ | 03:46+ | 00:31+ | 02:17+ | 02:00+ | 01:44+ | 00:22+ | 04:29+ | 01:03- | 01:43- | 00:18+ | |
| 00:37# | 01:18# | 00:29# | 00:41# | 00:27# | 00:37# | 00:30# | 00:32# | 00:24# | 01:44# | 01:47# | 00:10# | 00:27# | 00:25# | 01:27# | 00:05# | 03:23# | 00:01- | 00:30- | 00:06# | |
| 14 | Tore Karlsen | | | | | 722 | | | | | 38:59 | | | | | | | | | |
| 01:26+ | 06:40+ | 08:06+ | 10:32+ | 12:31+ | 14:11+ | 17:36+ | 19:39+ | 20:11+ | 21:50+ | 24:29+ | 25:11+ | 28:33+ | 31:11+ | 32:02+ | 32:28+ | 35:44+ | 36:38+ | 38:42+ | 38:59+ | |
| 01:26+ | 05:14+ | 01:26+ | 02:26+ | 01:59+ | 01:40+ | 03:25+ | 02:03+ | 00:32+ | 01:39+ | 02:39+ | 00:42+ | 03:22+ | 02:38+ | 00:51+ | 00:26+ | 03:16+ | 00:54- | 02:04- | 00:17+ | |
| 00:53# | 04:34# | 00:25# | 00:36# | 00:18# | 00:38# | 02:04# | 01:13# | 00:10# | 00:41# | 00:40# | 00:21# | 01:32# | 01:03# | 00:34# | 00:09# | 02:10# | 00:10- | 00:09- | 00:05# | |

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | |
|---|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|
| H65 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Rolf Kleppe | | | | | | | | | | 3524 | | | | | | | | | | 45:21 | | | | | | | | | |
| | 01:07+ | 03:38+ | 05:09+ | 08:54+ | 11:32+ | 13:36+ | 17:29+ | 19:28+ | 20:06+ | 22:07+ | 25:36+ | 26:29+ | 30:34+ | 33:33+ | 33:58+ | 34:30+ | 37:00+ | 42:45+ | 45:04+ | 45:21+ | | | | | | | | | | |
| | 01:07+ | 02:31+ | 01:31+ | 03:45+ | 02:38+ | 02:04+ | 03:53+ | 01:59+ | 00:38+ | 02:01+ | 03:29+ | 00:53+ | 04:05+ | 02:59+ | 00:25+ | 00:32+ | 02:30+ | 05:45+ | 02:19+ | 00:17+ | | | | | | | | | | |
| | 00:34@ | 01:51@ | 00:30% | 01:55@ | 00:57% | 01:02% | 02:32@ | 01:09@ | 00:16% | 01:03@ | 01:30% | 00:32@ | 02:15@ | 01:24% | 00:08% | 00:15% | 01:24@ | 04:41@ | 00:06+ | 00:05% | | | | | | | | | | |
| Beste strekktid for klassen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| H70 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Arne Kristian Espedal | | | | | | | | | | 874 | | | | | | | | | | 19:36 | | | | | | | | | |
| | 00:37= | 01:25= | 03:15= | 04:51= | 06:11= | 07:03= | 08:22= | 09:12= | 09:39= | 10:45= | 12:21= | 12:41= | 14:12= | 15:46= | 16:06= | 16:22= | 17:24= | 18:06= | 19:23= | 19:36= | | | | | | | | | | |
| | 00:37= | 00:48= | 01:50= | 01:36= | 01:20= | 00:52= | 01:19= | 00:50= | 00:27= | 01:06= | 01:36= | 00:20= | 01:31= | 01:34= | 00:20= | 00:16= | 01:02= | 00:42= | 01:17= | 00:13= | | | | | | | | | | |
| | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | |
| 2 | Bjørn Martin Alsaker | | | | | | | | | | 3530 | | | | | | | | | | 20:10 | | | | | | | | | |
| | 00:38+ | 01:30+ | 02:32- | 04:32- | 06:09- | 07:09+ | 08:31+ | 09:20+ | 09:40+ | 10:54+ | 12:50+ | 13:09+ | 14:48+ | 16:02+ | 16:22+ | 16:40+ | 17:48+ | 18:40+ | 19:57+ | 20:10+ | | | | | | | | | | |
| | 00:38+ | 00:52+ | 01:02- | 02:00+ | 01:37+ | 01:00+ | 01:22+ | 00:49- | 00:20- | 01:14+ | 01:56+ | 00:19- | 01:39+ | 01:14- | 00:20= | 00:18+ | 01:08+ | 00:52+ | 01:17= | 00:13= | | | | | | | | | | |
| | 00:01+ | 00:04+ | 00:48- | 00:24# | 00:17# | 00:08# | 00:03+ | 00:01- | 00:07- | 00:08# | 00:20# | 00:01- | 00:08+ | 00:20- | 00:00= | 00:02# | 00:06+ | 00:10# | 00:00= | 00:00= | | | | | | | | | | |
| 3 | Jan Hetland | | | | | | | | | | 3502 | | | | | | | | | | 23:44 | | | | | | | | | |
| | 00:47+ | 01:51+ | 02:54- | 05:14+ | 06:56+ | 08:08+ | 09:31+ | 11:27+ | 11:58+ | 13:32+ | 15:47+ | 16:10+ | 17:52+ | 19:15+ | 19:32+ | 19:52+ | 21:07+ | 22:02+ | 23:32+ | 23:44+ | | | | | | | | | | |
| | 00:47+ | 01:04+ | 01:03- | 02:20+ | 01:42+ | 01:12+ | 01:23+ | 01:56+ | 00:31+ | 01:34+ | 02:15+ | 00:23+ | 01:42+ | 01:23- | 00:17- | 00:20+ | 01:15+ | 00:55+ | 01:30+ | 00:12- | | | | | | | | | | |
| | 00:10% | 00:16% | 00:47- | 00:44% | 00:22% | 00:20% | 00:04+ | 01:06@ | 00:04# | 00:28% | 00:39% | 00:03# | 00:11# | 00:11- | 00:03- | 00:04# | 00:13# | 00:13% | 00:13# | 00:01- | | | | | | | | | | |
| 4 | Harry Breiland | | | | | | | | | | 3507 | | | | | | | | | | 25:20 | | | | | | | | | |
| | 00:46+ | 01:46+ | 02:55- | 04:55+ | 06:42+ | 07:36+ | 09:19+ | 11:23+ | 12:01+ | 13:20+ | 16:49+ | 17:36+ | 19:28+ | 20:46+ | 21:11+ | 21:34+ | 22:44+ | 23:33+ | 25:05+ | 25:20+ | | | | | | | | | | |
| | 00:46+ | 01:00+ | 01:09- | 02:00+ | 01:47+ | 00:54+ | 01:43+ | 02:04+ | 00:38+ | 01:19+ | 03:29+ | 00:47+ | 01:52+ | 01:18- | 00:25+ | 00:23+ | 01:10+ | 00:49+ | 01:32+ | 00:15+ | | | | | | | | | | |
| | 00:09# | 00:12# | 00:41- | 00:24# | 00:27% | 00:02+ | 00:24% | 01:14@ | 00:11% | 00:13# | 01:53@ | 00:27@ | 00:21# | 00:16- | 00:05# | 00:07% | 00:08# | 00:07# | 00:15# | 00:02# | | | | | | | | | | |
| 5 | Bjarne Gimre | | | | | | | | | | 1830 | | | | | | | | | | 27:57 | | | | | | | | | |
| | 00:49+ | 01:51+ | 03:20+ | 06:08+ | 08:03+ | 09:14+ | 11:04+ | 12:01+ | 13:46+ | 15:29+ | 18:11+ | 18:45+ | 21:03+ | 22:43+ | 23:02+ | 23:30+ | 24:57+ | 25:54+ | 27:39+ | 27:57+ | | | | | | | | | | |
| | 00:49+ | 01:02+ | 01:29- | 02:48+ | 01:55+ | 01:11+ | 01:50+ | 00:57+ | 01:45+ | 01:43+ | 02:42+ | 00:34+ | 02:18+ | 01:40+ | 00:19- | 00:28+ | 01:27+ | 00:57+ | 01:45+ | 00:18+ | | | | | | | | | | |
| | 00:12% | 00:14% | 00:21- | 01:12% | 00:35% | 00:19% | 00:31% | 00:07# | 01:18@ | 00:37% | 01:06% | 00:14% | 00:47% | 00:06+ | 00:01- | 00:12% | 00:25% | 00:15% | 00:28% | 00:05% | | | | | | | | | | |
| 6 | Eivind Lars Rake | | | | | | | | | | 892 | | | | | | | | | | 30:20 | | | | | | | | | |
| | 00:50+ | 02:09+ | 03:36+ | 06:00+ | 08:13+ | 10:02+ | 11:53+ | 13:06+ | 13:36+ | 15:00+ | 17:41+ | 18:17+ | 18:47+ | 21:16+ | 23:07+ | 23:30+ | 24:00+ | 27:09+ | 28:15+ | 30:05+ | | | | | | | | | | |
| | 00:50+ | 01:19+ | 01:27- | 02:24+ | 02:13+ | 01:49+ | 01:51+ | 01:13+ | 00:30+ | 01:24+ | 02:41+ | 00:36+ | 00:30- | 02:29+ | 01:51+ | 00:23+ | 00:30- | 03:09+ | 01:06- | 01:50+ | | | | | | | | | | |
| | 00:13% | 00:31% | 00:23- | 00:48% | 00:53% | 00:57@ | 00:32% | 00:23% | 00:03# | 00:18% | 01:05% | 00:16% | 01:01- | 00:55% | 01:31@ | 00:07% | 00:32- | 02:27@ | 00:11- | 01:37@ | | | | | | | | | | |
| 7 | Leif Kåre Lende | | | | | | | | | | 879 | | | | | | | | | | 30:58 | | | | | | | | | |
| | 00:38+ | 02:22+ | 04:54+ | 07:56+ | 10:04+ | 13:11+ | 14:51+ | 15:51+ | 16:23+ | 17:38+ | 19:57+ | 20:33+ | 23:06+ | 25:28+ | 25:46+ | 26:12+ | 27:32+ | 28:29+ | 30:43+ | 30:58+ | | | | | | | | | | |
| | 00:38+ | 01:44+ | 02:32+ | 03:02+ | 02:08+ | 03:07+ | 01:40+ | 01:00+ | 00:32+ | 01:15+ | 02:19+ | 00:36+ | 02:33+ | 02:22+ | 00:18- | 00:26+ | 01:20+ | 00:57+ | 02:14+ | 00:15+ | | | | | | | | | | |
| | 00:01+ | 00:56@ | 00:42% | 01:26% | 00:48% | 02:15@ | 00:21% | 00:10# | 00:05# | 00:09# | 00:43% | 00:16% | 01:02% | 00:48% | 00:02- | 00:10% | 00:18% | 00:15% | 00:57% | 00:02# | | | | | | | | | | |
| 8 | Per Marthon Møland | | | | | | | | | | 880 | | | | | | | | | | 31:30 | | | | | | | | | |
| | 01:06+ | 02:16+ | 03:41+ | 06:58+ | 08:59+ | 10:25+ | 12:18+ | 14:01+ | 14:27+ | 16:03+ | 18:46+ | 19:24+ | 23:09+ | 25:28+ | 25:47+ | 26:10+ | 27:40+ | 28:46+ | 31:09+ | 31:30+ | | | | | | | | | | |
| | 01:06+ | 01:10+ | 01:25- | 03:17+ | 02:01+ | 01:26+ | 01:53+ | 01:43+ | 00:26- | 01:36+ | 02:43+ | 00:38+ | 03:45+ | 02:19+ | 00:19- | 00:23+ | 01:30+ | 01:06+ | 02:23+ | 00:21+ | | | | | | | | | | |
| | 00:29% | 00:22% | 00:25- | 01:41@ | 00:41% | 00:34% | 00:34% | 00:53@ | 00:01- | 00:30% | 01:07% | 00:18% | 02:14@ | 00:45% | 00:01- | 00:07% | 00:28% | 00:24% | 01:06% | 00:08% | | | | | | | | | | |
| 9 | Bjørn Bjelland | | | | | | | | | | 3541 | | | | | | | | | | 31:35 | | | | | | | | | |
| | 00:51+ | 02:28+ | 03:50+ | 06:43+ | 08:35+ | 11:00+ | 12:38+ | 15:57+ | 16:24+ | 18:04+ | 20:37+ | 21:06+ | 23:57+ | 25:37+ | 25:59+ | 26:19+ | 27:48+ | 28:47+ | 31:17+ | 31:35+ | | | | | | | | | | |
| | 00:51+ | 01:37+ | 01:22- | 02:53+ | 01:52+ | 02:25+ | 01:38+ | 03:19+ | 00:27= | 01:40+ | 02:33+ | 00:29+ | 02:51+ | 01:40+ | 00:22+ | 00:20+ | 01:29+ | 00:59+ | 02:30+ | 00:18+ | | | | | | | | | | |
| | 00:14% | 00:49@ | 00:28- | 01:17% | 00:32% | 01:33@ | 00:19# | 02:29@ | 00:00= | 00:34% | 00:57% | 00:09% | 01:20% | 00:06+ | 00:02# | 00:04# | 00:27% | 00:17% | 01:13% | 00:05% | | | | | | | | | | |
| 10 | Ragnvald Frøyland | | | | | | | | | | 879 | | | | | | | | | | 33:40 | | | | | | | | | |
| | 03:31+ | 04:42+ | 06:05+ | 08:43+ | 12:27+ | 13:53+ | 16:14+ | 17:37+ | 18:14+ | 19:35+ | 22:34+ | 23:00+ | 26:18+ | 28:11+ | 28:29+ | 28:52+ | 30:28+ | 31:35+ | 33:24+ | 33:40+ | | | | | | | | | | |
| | 03:31+ | 01:11+ | 01:23- | 02:38+ | 03:44+ | 01:26+ | 02:21+ | 01:23+ | 00:37+ | 01:21+ | 02:59+ | 00:26+ | 03:18+ | 01:53+ | 00:18- | 00:23+ | 01:36+ | 01:07+ | 01:49+ | 00:16+ | | | | | | | | | | |
| | 02:54@ | 00:23% | 00:27- | 01:02% | 02:24@ | 00:34% | 01:02% | 00:33% | 00:10% | 00:15# | 01:23% | 00:06% | 01:47@ | 00:19# | 00:02- | 00:07% | 00:34% | 00:25% | 00:32% | 00:03# | | | | | | | | | | |
| 11 | Tore Romon Tvedt | | | | | | | | | | 3518 | | | | | | | | | | 34:42 | | | | | | | | | |
| | 00:56+ | 02:18+ | 03:47+ | 07:03+ | 09:27+ | 10:47+ | 13:02+ | 14:56+ | 15:28+ | 17:17+ | 20:27+ | 20:58+ | 24:42+ | 27:46+ | 28:16+ | 28:44+ | 29:47+ | 31:09+ | 32:03+ | 34:22+ | | | | | | | | | | |
| | 00:56+ | 01:22+ | 01:29- | 03:16+ | 02:24+ | 01:20+ | 02:15+ | 01:54+ | 00:32+ | 01:49+ | 03:10+ | 00:31+ | 03:44+ | 03:04+ | 00:30+ | 00:28+ | 01:03+ | 01:22+ | 00:54- | 02:19+ | | | | | | | | | | |
| | 00:19% | 00:34% | 00:21- | 01:40@ | 01:04% | 00:28% | 00:56% | 01:04@ | 00:05# | 00:43% | 01:34% | 00:11% | 02:13@ | 01:30% | 00:10% | 00:12% | 00:01+ | 00:40% | 00:23- | 02:06@ | | | | | | | | | | |

H70

Beste strekktid for klassen

H75

09.04.2025 21:44:21

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | | | | | |
|---|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|
| H75 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Jostein Tunheim | | | | | | | | | | 1683 | | | | | | | | | | 24:33 | | | | | | | | | | | | | |
| 00:20- | 01:38+ | 02:26+ | 03:09+ | 03:56+ | 05:14+ | 06:41+ | 11:16+ | 13:07+ | 13:53+ | 16:29+ | 17:06+ | 18:54+ | 19:51+ | 20:04+ | 21:41+ | 22:40+ | 24:17+ | 24:33+ | | | | | | | | | | | | | | | | |
| 00:20- | 01:18+ | 00:48+ | 00:43+ | 00:47- | 01:18- | 01:27+ | 04:35+ | 01:51+ | 00:46- | 02:36+ | 00:37- | 01:48+ | 00:57+ | 00:13- | 01:37+ | 00:59- | 01:37+ | 00:16+ | | | | | | | | | | | | | | | | |
| 00:01- | 00:38& | 00:16& | 00:13& | 00:18- | 00:03- | 00:16# | 02:45@ | 01:11@ | 01:18- | 02:06@ | 01:04- | 01:32@ | 00:43@ | 01:25- | 00:54@ | 00:46- | 01:18@ | 00:16+ | | | | | | | | | | | | | | | | |
| 10 | Ole Auklend | | | | | | | | | | 885 | | | | | | | | | | 26:11 | | | | | | | | | | | | | |
| 00:28+ | 02:35+ | 03:22+ | 04:11+ | 05:38+ | 07:15+ | 08:40+ | 10:41+ | 11:28+ | 13:52+ | 14:32+ | 16:46+ | 17:35+ | 17:47+ | 21:50+ | 23:05+ | 25:51+ | 26:11+ | | | | | | | | | | | | | | | | | |
| 00:28+ | 02:07+ | 00:47+ | 00:49+ | 01:27+ | 01:37+ | 01:25+ | 02:01+ | 00:47+ | 02:24+ | 00:40+ | 02:14+ | 00:49+ | 00:12+ | 04:03+ | 01:15+ | 02:46+ | 00:20+ | | | | | | | | | | | | | | | | | |
| 00:28+ | 02:07+ | 00:47+ | 00:49+ | 01:27+ | 01:37+ | 01:25+ | 02:01+ | 00:47+ | 02:24+ | 00:40+ | 02:14+ | 00:49+ | 00:12+ | 04:03+ | 01:15+ | 02:46+ | 00:20+ | | | | | | | | | | | | | | | | | |
| 11 | Norvald Skretting | | | | | | | | | | 1832 | | | | | | | | | | 26:18 | | | | | | | | | | | | | |
| 00:29+ | 01:26+ | 02:07+ | 03:02+ | 05:56+ | 07:32+ | 09:37+ | 11:29+ | 12:17+ | 14:10+ | 14:58+ | 18:18+ | 19:37+ | 19:56+ | 22:38+ | 23:48+ | 25:57+ | 26:18+ | | | | | | | | | | | | | | | | | |
| 00:29+ | 00:57+ | 00:41+ | 00:55+ | 02:54+ | 01:36+ | 02:05+ | 01:52+ | 00:48+ | 01:53+ | 00:48+ | 03:20+ | 01:19+ | 00:19+ | 02:42+ | 01:10+ | 02:09+ | 00:21+ | | | | | | | | | | | | | | | | | |
| 00:29+ | 00:57+ | 00:41+ | 00:55+ | 02:54+ | 01:36+ | 02:05+ | 01:52+ | 00:48+ | 01:53+ | 00:48+ | 03:20+ | 01:19+ | 00:19+ | 02:42+ | 01:10+ | 02:09+ | 00:21+ | | | | | | | | | | | | | | | | | |
| 12 | Sverre Uhlving | | | | | | | | | | 722 | | | | | | | | | | 27:21 | | | | | | | | | | | | | |
| 00:34+ | 01:47+ | 02:48+ | 04:35+ | 07:07+ | 08:46+ | 11:28+ | 13:46+ | 14:36+ | 17:00+ | 17:48+ | 20:29+ | 20:57+ | 21:16+ | 23:46+ | 24:52+ | 26:57+ | 27:21+ | | | | | | | | | | | | | | | | | |
| 00:34+ | 01:13+ | 01:01+ | 01:47+ | 02:32+ | 01:39+ | 02:42+ | 02:18+ | 00:50+ | 02:24+ | 00:48+ | 02:41+ | 00:28+ | 00:19+ | 02:30+ | 01:06+ | 02:05+ | 00:24+ | | | | | | | | | | | | | | | | | |
| 00:34+ | 01:13+ | 01:01+ | 01:47+ | 02:32+ | 01:39+ | 02:42+ | 02:18+ | 00:50+ | 02:24+ | 00:48+ | 02:41+ | 00:28+ | 00:19+ | 02:30+ | 01:06+ | 02:05+ | 00:24+ | | | | | | | | | | | | | | | | | |
| 13 | Kjell-Ingar Olsen | | | | | | | | | | 1119 | | | | | | | | | | 30:00 | | | | | | | | | | | | | |
| 00:38+ | 01:35+ | 02:23+ | 03:20+ | 04:48+ | 06:28+ | 08:23+ | 10:27+ | 11:18+ | 14:01+ | 18:25+ | 21:16+ | 21:32+ | 21:53+ | 26:23+ | 27:14+ | 29:41+ | 30:00+ | | | | | | | | | | | | | | | | | |
| 00:38+ | 00:57+ | 00:48+ | 00:57+ | 01:28+ | 01:40+ | 01:55+ | 02:04+ | 00:51+ | 02:43+ | 04:24+ | 02:51+ | 00:16+ | 00:21+ | 04:30+ | 00:51+ | 02:27+ | 00:19+ | | | | | | | | | | | | | | | | | |
| 00:38+ | 00:57+ | 00:48+ | 00:57+ | 01:28+ | 01:40+ | 01:55+ | 02:04+ | 00:51+ | 02:43+ | 04:24+ | 02:51+ | 00:16+ | 00:21+ | 04:30+ | 00:51+ | 02:27+ | 00:19+ | | | | | | | | | | | | | | | | | |
| Beste strekktid for klassen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| = Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| H80 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | Hermann Skogsholm | | | | | | | | | | 1754 | | | | | | | | | | 19:36 | | | | | | | | | | | | | |
| 01:18= | 01:54= | 02:43= | 05:09= | 06:46= | 08:44= | 09:07= | 10:54= | 11:33= | 11:56= | 13:07= | 13:22= | 14:11= | 15:10= | 16:11= | 16:57= | 18:14= | 19:18= | 19:36= | | | | | | | | | | | | | | | | |
| 01:18= | 00:36= | 00:49= | 02:26= | 01:37= | 01:58= | 00:23= | 01:47= | 00:39= | 00:23= | 01:11= | 00:15= | 00:49= | 00:59= | 01:01= | 00:46= | 01:17= | 01:04= | 00:18= | | | | | | | | | | | | | | | | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | | | | | | | |
| 2 | Øyvind Egeskog | | | | | | | | | | 880 | | | | | | | | | | 21:58 | | | | | | | | | | | | | |
| 01:21+ | 02:03+ | 02:50+ | 05:20+ | 07:03+ | 09:06+ | 09:34+ | 11:20+ | 11:57+ | 12:18+ | 13:20+ | 13:34+ | 15:25+ | 16:26+ | 18:43+ | 19:29+ | 20:31+ | 21:41+ | 21:58+ | | | | | | | | | | | | | | | | |
| 01:21+ | 00:42+ | 00:47- | 02:30+ | 01:43+ | 02:03+ | 00:28+ | 01:46- | 00:37- | 00:21- | 01:02- | 00:14- | 01:51+ | 01:01+ | 02:17+ | 00:46= | 01:02- | 01:10+ | 00:17- | | | | | | | | | | | | | | | | |
| 00:03+ | 00:06# | 00:02- | 00:04+ | 00:06+ | 00:05+ | 00:05# | 00:01- | 00:02- | 00:02- | 00:09- | 00:01- | 01:02@ | 00:02+ | 01:16@ | 00:00= | 00:15- | 00:06+ | 00:01- | | | | | | | | | | | | | | | | |
| 3 | Svein Glendrange | | | | | | | | | | 874 | | | | | | | | | | 22:55 | | | | | | | | | | | | | |
| 01:40+ | 02:35+ | 03:35+ | 06:16+ | 08:09+ | 10:18+ | 10:49+ | 12:59+ | 13:44+ | 14:13+ | 15:30+ | 15:46+ | 16:48+ | 17:59+ | 19:09+ | 20:03+ | 21:16+ | 22:31+ | 22:55+ | | | | | | | | | | | | | | | | |
| 01:40+ | 00:55+ | 01:00+ | 02:41+ | 01:53+ | 02:09+ | 00:31+ | 02:10+ | 00:45+ | 00:29+ | 01:17+ | 00:16+ | 01:02+ | 01:11+ | 01:10+ | 00:54+ | 01:13- | 01:15+ | 00:24+ | | | | | | | | | | | | | | | | |
| 00:22& | 00:19& | 00:11# | 00:15# | 00:16# | 00:11+ | 00:08& | 00:23# | 00:06# | 00:06& | 00:06+ | 00:01+ | 00:13& | 00:12# | 00:09# | 00:08# | 00:04- | 00:11# | 00:06& | | | | | | | | | | | | | | | | |
| 4 | Steinar Undheim | | | | | | | | | | 3529 | | | | | | | | | | 23:28 | | | | | | | | | | | | | |
| 01:28+ | 02:09+ | 03:07+ | 05:41+ | 07:22+ | 09:25+ | 09:52+ | 12:02+ | 12:41+ | 13:09+ | 14:26+ | 14:50+ | 15:51+ | 16:55+ | 20:00+ | 20:57+ | 22:05+ | 23:08+ | 23:28+ | | | | | | | | | | | | | | | | |
| 01:28+ | 00:41+ | 00:58+ | 02:34+ | 01:41+ | 02:03+ | 00:27+ | 02:10+ | 00:39= | 00:28+ | 01:17+ | 00:24+ | 01:01+ | 01:04+ | 03:05+ | 00:57+ | 01:08- | 01:03- | 00:20+ | | | | | | | | | | | | | | | | |
| 00:10# | 00:05# | 00:09# | 00:08+ | 00:04+ | 00:05+ | 00:04# | 00:23# | 00:00= | 00:05# | 00:06+ | 00:09& | 00:12# | 00:05+ | 02:04@ | 00:11# | 00:09- | 00:01- | 00:02# | | | | | | | | | | | | | | | | |
| 5 | Alf Gyland | | | | | | | | | | 892 | | | | | | | | | | 25:00 | | | | | | | | | | | | | |
| 01:15- | 01:53- | 03:05+ | 06:25+ | 08:30+ | 10:46+ | 11:22+ | 13:23+ | 14:18+ | 14:46+ | 15:57+ | 16:25+ | 18:29+ | 19:48+ | 20:48+ | 21:44+ | 23:02+ | 24:23+ | 25:00+ | | | | | | | | | | | | | | | | |
| 01:15- | 00:38+ | 01:12+ | 03:20+ | 02:05+ | 02:16+ | 00:36+ | 02:01+ | 00:55+ | 00:28+ | 01:11= | 00:28+ | 02:04+ | 01:19+ | 01:00- | 00:56+ | 01:18+ | 01:21+ | 00:37+ | | | | | | | | | | | | | | | | |
| 00:03- | 00:02+ | 00:23& | 00:54& | 00:28& | 00:18# | 00:13& | 00:14# | 00:16& | 00:05# | 00:00= | 00:13& | 01:15@ | 00:20& | 00:01- | 00:10# | 00:01+ | 00:17& | 00:19@ | | | | | | | | | | | | | | | | |
| 6 | Terje Braut | | | | | | | | | | 892 | | | | | | | | | | 25:43 | | | | | | | | | | | | | |
| 01:21+ | 02:09+ | 03:25+ | 06:12+ | 08:10+ | 10:25+ | 11:03+ | 13:16+ | 14:16+ | 14:58+ | 16:20+ | 16:40+ | 17:47+ | 18:55+ | 22:29+ | 23:14+ | 24:19+ | 25:27+ | 25:43+ | | | | | | | | | | | | | | | | |
| 01:21+ | 00:48+ | 01:16+ | 02:47+ | 01:58+ | 02:15+ | 00:38+ | 02:13+ | 01:00+ | 00:42+ | 01:22+ | 00:20+ | 01:07+ | 01:08+ | 03:34+ | 00:45- | 01:05- | 01:08+ | 00:16- | | | | | | | | | | | | | | | | |
| 00:03+ | 00:12& | 00:27& | 00:21# | 00:21# | 00:17# | 00:15& | 00:26# | 00:21& | 00:19& | 00:11# | 00:05& | 00:18& | 00:09# | 02:33@ | 00:01- | 00:12- | 00:04+ | 00:02- | | | | | | | | | | | | | | | | |
| 7 | Sigurd Krosli | | | | | | | | | | 1884 | | | | | | | | | | 26:04 | | | | | | | | | | | | | |
| 02:13+ | 03:07+ | 04:16+ | 07:14+ | 09:18+ | 11:53+ | 12:41+ | 15:21+ | 16:04+ | 16:42+ | 18:02+ | 18:33+ | 19:54+ | 20:59+ | 22:19+ | 23:21+ | 24:28+ | 25:46+ | 26:04+ | | | | | | | | | | | | | | | | |
| 02:13+ | 00:54+ | 01:09+ | 02:58+ | 02:04+ | 02:35+ | 00:48+ | 02:40+ | 00:43+ | 00:38+ | 01:20+ | 00:31+ | 01:21+ | 01:05+ | 01:20+ | 01:02+ | 01:07- | 01:18+ | 00:18= | | | | | | | | | | | | | | | | |
| 00:55& | 00:18& | 00:20& | 00:32# | 00:27& | 00:37& | 00:25@ | 00:53& | 00:04# | 00:15& | 00:09# | 00:16@ | 00:32& | 00:06# | 00:19& | 00:16& | 00:10- | 00:14# | 00:00= | | | | | | | | | | | | | | | | |

09.04.2025 21:44:22

Side:24

| Plass | Navn | Klasse | Tid |
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|--------|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| 8 | Kjell Langvik | | | | | | | | | | | | 1884 | | | | 26:24 | | | |
| 01:25+ | 02:09+ | 03:17+ | 06:10+ | 08:25+ | 11:06+ | 11:51+ | 14:55+ | 15:40+ | 16:05+ | 17:07+ | 17:33+ | 19:19+ | 20:24+ | 22:14+ | 23:36+ | 24:49+ | 26:04+ | 26:24+ | | |
| 01:25+ | 00:44+ | 01:08+ | 02:53+ | 02:15+ | 02:41+ | 00:45+ | 03:04+ | 00:45+ | 00:25+ | 01:02- | 00:26+ | 01:46+ | 01:05+ | 01:50+ | 01:22+ | 01:13- | 01:15+ | 00:20+ | | |
| 00:07+ | 00:08# | 00:19# | 00:27# | 00:38# | 00:43# | 00:22# | 01:17# | 00:06# | 00:02+ | 00:09- | 00:11# | 00:57@ | 00:06# | 00:49# | 00:36# | 00:04- | 00:11# | 00:02# | | |
| 9 | Jan A. Bekkeheien | | | | | | | | | | | | 892 | | | | 27:03 | | | |
| 02:02+ | 02:48+ | 04:02+ | 07:03+ | 09:14+ | 12:03+ | 12:42+ | 15:22+ | 16:07+ | 16:36+ | 18:08+ | 19:23+ | 20:35+ | 21:55+ | 23:00+ | 23:56+ | 25:08+ | 26:30+ | 27:03+ | | |
| 02:02+ | 00:46+ | 01:14+ | 03:01+ | 02:11+ | 02:49+ | 00:39+ | 02:40+ | 00:45+ | 00:29+ | 01:32+ | 01:15+ | 01:12+ | 01:20+ | 01:05+ | 00:56+ | 01:12+ | 01:22+ | 00:33+ | | |
| 02:02+ | 00:46+ | 01:14+ | 03:01+ | 02:11+ | 02:49+ | 00:39+ | 02:40+ | 00:45+ | 00:29+ | 01:32+ | 01:15+ | 01:12+ | 01:20+ | 01:05+ | 00:56+ | 01:12+ | 01:22+ | 00:33+ | | |
| 10 | Geir Husdal | | | | | | | | | | | | 1884 | | | | 27:25 | | | |
| 01:35+ | 02:13+ | 03:05+ | 05:35+ | 07:23+ | 09:21+ | 09:50+ | 11:43+ | 12:21+ | 13:41+ | 14:56+ | 16:21+ | 16:38+ | 18:08+ | 19:01+ | 24:09+ | 25:05+ | 26:06+ | 27:06+ | 27:25+ | |
| 01:35+ | 00:38+ | 00:52+ | 02:30+ | 01:48+ | 01:58+ | 00:29+ | 01:53+ | 00:38+ | 01:20+ | 01:15+ | 01:25+ | 00:17+ | 01:30+ | 00:53+ | 05:08+ | 00:56+ | 01:01+ | 01:00+ | 00:19+ | |
| 01:35+ | 00:38+ | 00:52+ | 02:30+ | 01:48+ | 01:58+ | 00:29+ | 01:53+ | 00:38+ | 01:20+ | 01:15+ | 01:25+ | 00:17+ | 01:30+ | 00:53+ | 05:08+ | 00:56+ | 01:01+ | 01:00+ | 00:19+ | |
| 11 | Tormod Aaslid | | | | | | | | | | | | 3529 | | | | 31:50 | | | |
| 02:23+ | 03:32+ | 05:12+ | 08:35+ | 10:37+ | 13:20+ | 14:06+ | 17:23+ | 18:18+ | 18:45+ | 21:55+ | 22:26+ | 23:49+ | 25:10+ | 26:46+ | 28:12+ | 29:39+ | 31:24+ | 31:50+ | | |
| 02:23+ | 01:09+ | 01:40+ | 03:23+ | 02:02+ | 02:43+ | 00:46+ | 03:17+ | 00:55+ | 00:27+ | 03:10+ | 00:31+ | 01:23+ | 01:21+ | 01:36+ | 01:26+ | 01:27+ | 01:45+ | 00:26+ | | |
| 02:23+ | 01:09+ | 01:40+ | 03:23+ | 02:02+ | 02:43+ | 00:46+ | 03:17+ | 00:55+ | 00:27+ | 03:10+ | 00:31+ | 01:23+ | 01:21+ | 01:36+ | 01:26+ | 01:27+ | 01:45+ | 00:26+ | | |
| 12 | Arne Brandsberg | | | | | | | | | | | | 3502 | | | | 35:22 | | | |
| 01:59+ | 03:03+ | 04:16+ | 10:09+ | 12:30+ | 17:47+ | 18:31+ | 21:13+ | 22:14+ | 23:28+ | 24:58+ | 25:36+ | 26:58+ | 28:26+ | 30:11+ | 31:29+ | 33:13+ | 34:51+ | 35:22+ | | |
| 01:59+ | 01:04+ | 01:13+ | 05:53+ | 02:21+ | 05:17+ | 00:44+ | 02:42+ | 01:01+ | 01:14+ | 01:30+ | 00:38+ | 01:22+ | 01:28+ | 01:45+ | 01:18+ | 01:44+ | 01:38+ | 00:31+ | | |
| 01:59+ | 01:04+ | 01:13+ | 05:53+ | 02:21+ | 05:17+ | 00:44+ | 02:42+ | 01:01+ | 01:14+ | 01:30+ | 00:38+ | 01:22+ | 01:28+ | 01:45+ | 01:18+ | 01:44+ | 01:38+ | 00:31+ | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

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|--------|------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Sven Hatteland | 3528 | 22:07 | | | | | | | | | | | | | | | | | | | | | | |
| 00:10= | 00:37= | 01:05= | 02:22= | 03:39= | 04:10= | 04:41= | 04:51= | 05:32= | 05:41= | 05:55= | 06:08= | 07:25= | 08:13= | 09:09= | 09:23= | 09:43= | 10:06= | 10:36= | 10:53= | 13:54= | 15:38= | 16:07= | 17:15= | 18:55= | 20:39= |
| 00:10= | 00:27= | 00:28= | 01:17= | 01:17= | 00:31= | 00:31= | 00:10= | 00:41= | 00:09= | 00:14= | 00:13= | 01:17= | 00:48= | 00:56= | 00:14= | 00:20= | 00:23= | 00:30= | 00:17= | 03:01= | 01:44= | 00:29= | 01:08= | 01:40= | 01:44= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 21:55= | 22:07= | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:16= | 00:12= | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:00= | 00:00= | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Ørjan Ravndal | 3522 | 22:33 | | | | | | | | | | | | | | | | | | | | | | |
| 00:12+ | 01:07+ | 01:40+ | 02:59+ | 04:13+ | 04:41+ | 05:14+ | 05:23+ | 05:42+ | 05:50+ | 06:04+ | 06:18+ | 07:24- | 08:06- | 08:51- | 09:05- | 09:26- | 09:54- | 10:57+ | 11:49+ | 14:38+ | 16:17+ | 16:47+ | 17:56+ | 19:33+ | 21:07+ |
| 00:12+ | 00:55+ | 00:33+ | 01:19+ | 01:14- | 00:28- | 00:33+ | 00:09- | 00:19- | 00:08- | 00:14= | 00:14+ | 01:06- | 00:42- | 00:45- | 00:14= | 00:21+ | 00:28+ | 01:03+ | 00:52+ | 02:49- | 01:39- | 00:30+ | 01:09+ | 01:37- | 01:34- |
| 00:02# | 00:28@ | 00:05# | 00:02+ | 00:03- | 00:03- | 00:02+ | 00:01- | 00:22- | 00:01- | 00:00= | 00:01+ | 00:11- | 00:06- | 00:11- | 00:00= | 00:01+ | 00:05# | 00:33@ | 00:35@ | 00:12- | 00:05- | 00:01+ | 00:01+ | 00:03- | 00:10- |
| 22:22+ | 22:33+ | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:15- | 00:11- | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:01- | 00:01- | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Erik Lima | 1832 | 23:03 | | | | | | | | | | | | | | | | | | | | | | |
| 00:12+ | 00:38+ | 01:09+ | 02:31+ | 03:53+ | 04:23+ | 04:57+ | 05:15+ | 05:25- | 05:39- | 05:53- | 07:07+ | 07:56+ | 09:03+ | 09:23+ | 09:46+ | 10:12+ | 11:03+ | 11:19+ | 14:21+ | 16:06+ | 16:45+ | 17:57+ | 19:43+ | 21:32+ | 22:53+ |
| 00:12+ | 00:26- | 00:31+ | 01:22+ | 01:22+ | 00:30- | 00:34+ | 00:18+ | 00:10- | 00:14+ | 00:14= | 01:14+ | 00:49- | 01:07+ | 00:20- | 00:23+ | 00:26+ | 00:51+ | 00:16- | 03:02+ | 01:45- | 00:39- | 01:12+ | 01:46+ | 01:49+ | 01:21- |
| 00:02# | 00:01- | 00:03# | 00:05+ | 00:05+ | 00:01- | 00:03+ | 00:08% | 00:31- | 00:05% | 00:00= | 01:01@ | 00:28- | 00:19% | 00:36- | 00:09% | 00:06% | 00:28@ | 00:14- | 02:45@ | 01:16- | 01:05- | 00:43@ | 00:38% | 00:09+ | 00:23- |
| 23:03+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:10- | | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:06- | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Andreas Terjesen | 1832 | 25:02 | | | | | | | | | | | | | | | | | | | | | | |
| 00:15+ | 01:34+ | 02:03+ | 03:25+ | 04:53+ | 05:48+ | 06:37+ | 07:18+ | 07:29+ | 07:44+ | 07:57+ | 09:11+ | 10:03+ | 10:55+ | 11:17+ | 11:42+ | 12:13+ | 13:09+ | 13:24+ | 16:33+ | 18:38+ | 19:09+ | 20:18+ | 22:02+ | 23:34+ | 24:52+ |
| 00:15+ | 01:19+ | 00:29+ | 01:22+ | 01:28+ | 00:55+ | 00:49+ | 00:41+ | 00:11- | 00:15+ | 00:13- | 01:14+ | 00:52- | 00:52+ | 00:22- | 00:25+ | 00:31+ | 00:56+ | 00:15- | 03:09+ | 02:05- | 00:31- | 01:09+ | 01:44+ | 01:32- | 01:18- |
| 00:05% | 00:52@ | 00:01+ | 00:05+ | 00:11# | 00:24% | 00:18% | 00:31@ | 00:30- | 00:06% | 00:01- | 01:01@ | 00:25- | 00:04+ | 00:34- | 00:11% | 00:11% | 00:33@ | 00:15- | 02:52@ | 00:56- | 01:13- | 00:40@ | 00:36% | 00:08- | 00:26- |
| 25:02+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:10- | | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:06- | | | | | | | | | | | | | | | | | | | | | | | | | |

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| 5 | Martin Blystad | | | | | | | | | | | | 3530 | | 25:13 | | | | | | | | | | | |
| 00:13+ | 00:44+ | 01:15+ | 02:41+ | 04:08+ | 04:42+ | 05:23+ | 06:00+ | 06:20+ | 06:36+ | 06:56+ | 08:14+ | 09:17+ | 10:29+ | 10:49+ | 11:34+ | 12:13+ | 12:49+ | 13:12+ | 16:41+ | 18:35+ | 19:08+ | 20:19+ | 21:59+ | 23:38+ | 25:00+ | |
| 00:13+ | 00:31+ | 00:31+ | 01:26+ | 01:27+ | 00:34+ | 00:41+ | 00:37+ | 00:20- | 00:16+ | 00:20+ | 01:18+ | 01:03- | 01:12+ | 00:20- | 00:45+ | 00:39+ | 00:36+ | 00:23- | 03:29+ | 01:54- | 00:33- | 01:11+ | 01:40+ | 01:39- | 01:22- | |
| 00:03& | 00:04# | 00:03# | 00:09# | 00:10# | 00:03+ | 00:10& | 00:27@ | 00:21- | 00:07& | 00:06& | 01:05@ | 00:14- | 00:24& | 00:36- | 00:31@ | 00:19& | 00:13& | 00:07- | 03:12@ | 01:07- | 01:11- | 00:42@ | 00:32& | 00:01- | 00:22- | |
| 25:13+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13- | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:03- | | | | | | | | | | | | | | | | | | | | | | | | | | |

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|----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|
| Bernhard Haver Vagle | | | | | | | | | | | | | 643 | | 26:26 | | | | | | | | | | | | |
| 00:14+ | 00:49+ | 01:29+ | 02:56+ | 04:23+ | 04:58+ | 05:40+ | 06:08+ | 06:22+ | 06:40+ | 06:55+ | 08:14+ | 09:07+ | 10:31+ | 10:59+ | 11:33+ | 12:17+ | 13:00+ | 13:22+ | 16:36+ | 18:58+ | 19:39+ | 20:54+ | 22:46+ | 24:39+ | 26:14+ | | |
| 00:14+ | 00:35+ | 00:40+ | 01:27+ | 01:27+ | 00:35+ | 00:42+ | 00:28+ | 00:14+ | 00:18+ | 00:15+ | 01:19+ | 00:53+ | 01:24+ | 00:28+ | 00:34+ | 00:44+ | 00:43+ | 00:22+ | 03:14+ | 02:22+ | 00:41+ | 01:15+ | 01:52+ | 01:53+ | 01:35+ | | |
| 00:14+ | 00:35+ | 00:40+ | 01:27+ | 01:27+ | 00:35+ | 00:42+ | 00:28+ | 00:14+ | 00:18+ | 00:15+ | 01:19+ | 00:53+ | 01:24+ | 00:28+ | 00:34+ | 00:44+ | 00:43+ | 00:22+ | 03:14+ | 02:22+ | 00:41+ | 01:15+ | 01:52+ | 01:53+ | 01:35+ | | |
| 26:26+ | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:12+ | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:12+ | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Håkon Eggebø | | | | | | | | | | | | | 1284 | | | | | | | | | | | | 27:25 | | | | | | | | | | | |
|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|--|--|--|--|--|--|--|--|--|
| 00:14+ | 00:54+ | 01:22+ | 02:55+ | 04:19+ | 05:08+ | 05:54+ | 06:47+ | 06:58+ | 07:46+ | 07:59+ | 09:17+ | 10:07+ | 11:54+ | 12:14+ | 12:41+ | 13:07+ | 13:57+ | 14:22+ | 18:12+ | 20:11+ | 20:44+ | 22:08+ | 23:56+ | 25:48+ | 27:12+ | | | | | | | | | | | |
| 00:14+ | 00:40+ | 00:28+ | 01:33+ | 01:24+ | 00:49+ | 00:46+ | 00:53+ | 00:11+ | 00:48+ | 00:13+ | 01:18+ | 00:50+ | 01:47+ | 00:20+ | 00:27+ | 00:26+ | 00:50+ | 00:25+ | 03:50+ | 01:59+ | 00:33+ | 01:24+ | 01:48+ | 01:52+ | 01:24+ | | | | | | | | | | | |
| 00:14+ | 00:40+ | 00:28+ | 01:33+ | 01:24+ | 00:49+ | 00:46+ | 00:53+ | 00:11+ | 00:48+ | 00:13+ | 01:18+ | 00:50+ | 01:47+ | 00:20+ | 00:27+ | 00:26+ | 00:50+ | 00:25+ | 03:50+ | 01:59+ | 00:33+ | 01:24+ | 01:48+ | 01:52+ | 01:24+ | | | | | | | | | | | |
| 27:25+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Ole Morten Haaland | | | | | | | | | | | | | 3528 | | | | | | | | | | | | 28:07 | | | | | | | | | | | |
|--------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|--|--|--|--|--|--|--|--|--|
| 00:26+ | 01:20+ | 02:00+ | 03:31+ | 04:57+ | 05:30+ | 06:29+ | 07:01+ | 07:17+ | 07:35+ | 07:47+ | 09:12+ | 10:17+ | 11:45+ | 12:09+ | 12:42+ | 13:14+ | 14:46+ | 15:07+ | 18:29+ | 20:36+ | 21:16+ | 22:29+ | 24:25+ | 26:28+ | 27:56+ | | | | | | | | | | | |
| 00:26+ | 00:54+ | 00:40+ | 01:31+ | 01:26+ | 00:33+ | 00:59+ | 00:32+ | 00:16+ | 00:18+ | 00:12+ | 01:25+ | 01:05+ | 01:28+ | 00:24+ | 00:33+ | 00:32+ | 01:32+ | 00:21+ | 03:22+ | 02:07+ | 00:40+ | 01:13+ | 01:56+ | 02:03+ | 01:28+ | | | | | | | | | | | |
| 00:26+ | 00:54+ | 00:40+ | 01:31+ | 01:26+ | 00:33+ | 00:59+ | 00:32+ | 00:16+ | 00:18+ | 00:12+ | 01:25+ | 01:05+ | 01:28+ | 00:24+ | 00:33+ | 00:32+ | 01:32+ | 00:21+ | 03:22+ | 02:07+ | 00:40+ | 01:13+ | 01:56+ | 02:03+ | 01:28+ | | | | | | | | | | | |
| 28:07+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Torbjørn Fuglestad | | | | | | | | | | | 878 | | | | | | | | | | | | | | 29:22 | | | | | | | | | | | | | |
|--------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 00:16+ | 01:41+ | 02:17+ | 03:54+ | 05:32+ | 06:09+ | 07:16+ | 07:36+ | 07:51+ | 08:06+ | 08:22+ | 09:44+ | 11:00+ | 12:03+ | 12:21+ | 12:49+ | 13:20+ | 15:59+ | 16:15+ | 19:38+ | 21:39+ | 22:16+ | 23:37+ | 25:30+ | 27:22+ | 29:12+ | | | | | | | | | | | | | |
| 00:16+ | 01:25+ | 00:36+ | 01:37+ | 01:38+ | 00:37+ | 01:07+ | 00:20+ | 00:15+ | 00:15+ | 00:16+ | 01:22+ | 01:16+ | 01:03+ | 00:18+ | 00:28+ | 00:31+ | 02:39+ | 00:16+ | 03:23+ | 02:01+ | 00:37+ | 01:21+ | 01:53+ | 01:52+ | 01:50+ | | | | | | | | | | | | | |
| 00:16+ | 01:25+ | 00:36+ | 01:37+ | 01:38+ | 00:37+ | 01:07+ | 00:20+ | 00:15+ | 00:15+ | 00:16+ | 01:22+ | 01:16+ | 01:03+ | 00:18+ | 00:28+ | 00:31+ | 02:39+ | 00:16+ | 03:23+ | 02:01+ | 00:37+ | 01:21+ | 01:53+ | 01:52+ | 01:50+ | | | | | | | | | | | | | |
| 29:22+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:10+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:10+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

HB

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|--|--|--|
| Torgeir Nevland | | | | | | | | | | | | | 3522 | | | | | | | | | | | | | 22:55 | | | | | | | | | | | | |
| 00:13= | 01:17= | 01:50= | 03:08= | 04:23= | 05:05= | 05:37= | 05:59= | 06:12= | 06:27= | 06:40= | 07:50= | 08:34= | 09:47= | 10:03= | 10:31= | 10:59= | 11:40= | 11:54= | 14:44= | 16:28= | 16:58= | 18:07= | 19:47= | 21:23= | 22:43= | | | | | | | | | | | | | |
| 00:13= | 01:04= | 00:33= | 01:18= | 01:15= | 00:42= | 00:32= | 00:22= | 00:13= | 00:15= | 00:13= | 01:10= | 00:44= | 01:13= | 00:16= | 00:28= | 00:28= | 00:41= | 00:14= | 02:50= | 01:44= | 00:30= | 01:09= | 01:40= | 01:36= | 01:20= | | | | | | | | | | | | | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | | | | |
| 22:55= | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:12= | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:00= | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Aart Joakim in't Veld | | | | | | | | | | | | | 1884 | | | | | | | | | | | | | 23:02 | | | | | | | | | | | | |
|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|--|--|--|
| 00:20+ | 00:43- | 01:17- | 02:40- | 04:00- | 04:31- | 05:02- | 05:12- | 05:30- | 05:40- | 05:57- | 06:11- | 07:23- | 08:20- | 09:09- | 09:24- | 09:53- | 10:18- | 11:48- | 12:03- | 14:50- | 16:38- | 17:08- | 18:17- | 19:58- | 21:30- | | | | | | | | | | | | | |
| 00:20+ | 00:23- | 00:34+ | 01:23+ | 01:20+ | 00:31- | 00:31- | 00:10- | 00:18+ | 00:10- | 00:17+ | 00:14- | 01:12+ | 00:57- | 00:49+ | 00:15- | 00:29+ | 00:25- | 01:30+ | 00:15- | 02:47+ | 01:48+ | 00:30- | 01:09- | 01:41+ | 01:32+ | | | | | | | | | | | | | |
| 00:07& | 00:41- | 00:01+ | 00:05+ | 00:05+ | 00:11- | 00:01- | 00:12- | 00:05& | 00:05- | 00:04& | 00:56- | 00:28& | 00:16- | 00:33@ | 00:13- | 00:01+ | 00:16- | 01:16@ | 02:35- | 01:03& | 01:18@ | 00:39- | 00:31- | 00:05+ | 00:12# | | | | | | | | | | | | | |
| 22:50- | 23:02+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:20+ | 00:12+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:08@ | 00:12+ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Plass | Navn | Klasse | | | | | | | | | | Tid | | | | | | | | | | | | | | |
|--------|------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| HB | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | Oddvar Taksdal | | | | | | | | | | 3522 | 23:21 | | | | | | | | | | | | | | |
| | 00:13= | 00:40- | 01:09- | 02:29- | 03:52- | 04:25- | 05:00- | 05:20- | 05:34- | 05:49- | 06:01- | 07:16- | 08:25- | 09:24- | 09:42- | 10:05- | 10:34- | 11:15- | 11:31- | 14:42- | 16:38+ | 17:11+ | 18:23+ | 20:07+ | 21:45+ | 23:08+ |
| | 00:13= | 00:27- | 00:29- | 01:20+ | 01:23+ | 00:33- | 00:35+ | 00:20- | 00:14+ | 00:15= | 00:12- | 01:15+ | 01:09+ | 00:59- | 00:18+ | 00:23- | 00:29+ | 00:41= | 00:16+ | 03:11+ | 01:56+ | 00:33+ | 01:12+ | 01:44+ | 01:38+ | 01:23+ |
| | 00:00= | 00:37- | 00:04- | 00:02+ | 00:08# | 00:09- | 00:03+ | 00:02- | 00:01+ | 00:00= | 00:01- | 00:05+ | 00:25# | 00:14- | 00:02# | 00:05- | 00:01+ | 00:00= | 00:02# | 00:21# | 00:12# | 00:03# | 00:03+ | 00:04+ | 00:02+ | 00:03+ |
| | 23:21+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:01+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Jon Åsmund Espedal | | | | | | | | | | 4242 | 23:28 | | | | | | | | | | | | | | |
| | 00:11+ | 00:38+ | 01:04+ | 02:31+ | 03:56+ | 04:46+ | 05:28+ | 05:55+ | 06:08+ | 06:22+ | 06:36+ | 06:58+ | 08:14+ | 08:58+ | 09:56+ | 10:12+ | 10:38+ | 11:01+ | 11:39+ | 12:00+ | 15:03+ | 16:53+ | 17:24+ | 18:39+ | 20:21+ | 21:55+ |
| | 00:11+ | 00:27+ | 00:26+ | 01:27+ | 01:25+ | 00:50+ | 00:42+ | 00:27+ | 00:13+ | 00:14+ | 00:14+ | 00:22+ | 01:16+ | 00:44+ | 00:58+ | 00:16+ | 00:26+ | 00:23+ | 00:38+ | 00:21+ | 03:03+ | 01:50+ | 00:31+ | 01:15+ | 01:42+ | 01:34+ |
| | 00:11+ | 00:27+ | 00:26+ | 01:27+ | 01:25+ | 00:50+ | 00:42+ | 00:27+ | 00:13+ | 00:14+ | 00:14+ | 00:22+ | 01:16+ | 00:44+ | 00:58+ | 00:16+ | 00:26+ | 00:23+ | 00:38+ | 00:21+ | 03:03+ | 01:50+ | 00:31+ | 01:15+ | 01:42+ | 01:34+ |
| | 23:15+ | 23:28+ | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:20+ | 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:20+ | 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Per Christian Munkhaug | | | | | | | | | | 3516 | 24:13 | | | | | | | | | | | | | | |
| | 00:11+ | 01:02+ | 01:31+ | 02:55+ | 04:18+ | 04:51+ | 05:24+ | 06:01+ | 06:15+ | 06:33+ | 06:46+ | 08:04+ | 08:55+ | 10:04+ | 10:21+ | 10:49+ | 11:19+ | 12:48+ | 13:03+ | 16:05+ | 17:55+ | 18:25+ | 19:36+ | 21:12+ | 22:44+ | 24:03+ |
| | 00:11+ | 00:51+ | 00:29+ | 01:24+ | 01:23+ | 00:33+ | 00:33+ | 00:37+ | 00:14+ | 00:18+ | 00:13+ | 01:18+ | 00:51+ | 01:09+ | 00:17+ | 00:28+ | 00:30+ | 01:29+ | 00:15+ | 03:02+ | 01:50+ | 00:30+ | 01:11+ | 01:36+ | 01:32+ | 01:19+ |
| | 00:11+ | 00:51+ | 00:29+ | 01:24+ | 01:23+ | 00:33+ | 00:33+ | 00:37+ | 00:14+ | 00:18+ | 00:13+ | 01:18+ | 00:51+ | 01:09+ | 00:17+ | 00:28+ | 00:30+ | 01:29+ | 00:15+ | 03:02+ | 01:50+ | 00:30+ | 01:11+ | 01:36+ | 01:32+ | 01:19+ |
| | 24:13+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:10+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:10+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Geir Sand | | | | | | | | | | 722 | 24:46 | | | | | | | | | | | | | | |
| | 00:17+ | 01:12+ | 01:45+ | 03:07+ | 04:27+ | 04:57+ | 05:36+ | 06:00+ | 06:31+ | 06:45+ | 06:57+ | 08:10+ | 09:06+ | 10:05+ | 10:22+ | 10:57+ | 11:31+ | 12:27+ | 12:47+ | 16:36+ | 18:22+ | 18:54+ | 20:03+ | 21:42+ | 23:16+ | 24:35+ |
| | 00:17+ | 00:55+ | 00:33+ | 01:22+ | 01:20+ | 00:30+ | 00:39+ | 00:24+ | 00:31+ | 00:14+ | 00:12+ | 01:13+ | 00:56+ | 00:59+ | 00:17+ | 00:35+ | 00:34+ | 00:56+ | 00:20+ | 03:49+ | 01:46+ | 00:32+ | 01:09+ | 01:39+ | 01:34+ | 01:19+ |
| | 00:17+ | 00:55+ | 00:33+ | 01:22+ | 01:20+ | 00:30+ | 00:39+ | 00:24+ | 00:31+ | 00:14+ | 00:12+ | 01:13+ | 00:56+ | 00:59+ | 00:17+ | 00:35+ | 00:34+ | 00:56+ | 00:20+ | 03:49+ | 01:46+ | 00:32+ | 01:09+ | 01:39+ | 01:34+ | 01:19+ |
| | 24:46+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Magnus Landstad | | | | | | | | | | 3507 | 25:11 | | | | | | | | | | | | | | |
| | 00:15+ | 00:44+ | 01:23+ | 02:53+ | 04:17+ | 05:02+ | 05:45+ | 06:04+ | 06:15+ | 06:31+ | 06:44+ | 08:06+ | 09:05+ | 10:28+ | 10:44+ | 11:10+ | 11:39+ | 12:18+ | 12:44+ | 16:05+ | 18:01+ | 18:43+ | 19:53+ | 21:39+ | 23:18+ | 24:59+ |
| | 00:15+ | 00:29+ | 00:39+ | 01:30+ | 01:24+ | 00:45+ | 00:43+ | 00:19+ | 00:11+ | 00:16+ | 00:13+ | 01:22+ | 00:59+ | 01:23+ | 00:16+ | 00:26+ | 00:29+ | 00:39+ | 00:26+ | 03:21+ | 01:56+ | 00:42+ | 01:10+ | 01:46+ | 01:39+ | 01:41+ |
| | 00:15+ | 00:29+ | 00:39+ | 01:30+ | 01:24+ | 00:45+ | 00:43+ | 00:19+ | 00:11+ | 00:16+ | 00:13+ | 01:22+ | 00:59+ | 01:23+ | 00:16+ | 00:26+ | 00:29+ | 00:39+ | 00:26+ | 03:21+ | 01:56+ | 00:42+ | 01:10+ | 01:46+ | 01:39+ | 01:41+ |
| | 25:11+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:12+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:12+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Joar Eilevstjønn | | | | | | | | | | 2342 | 25:40 | | | | | | | | | | | | | | |
| | 00:13+ | 00:38+ | 01:09+ | 02:34+ | 03:58+ | 04:32+ | 05:05+ | 05:44+ | 05:58+ | 06:15+ | 06:29+ | 07:45+ | 08:37+ | 09:40+ | 09:59+ | 10:24+ | 11:07+ | 12:27+ | 12:55+ | 16:41+ | 18:33+ | 19:20+ | 20:29+ | 22:18+ | 24:08+ | 25:29+ |
| | 00:13+ | 00:25+ | 00:31+ | 01:25+ | 01:24+ | 00:34+ | 00:33+ | 00:39+ | 00:14+ | 00:17+ | 00:14+ | 01:16+ | 00:52+ | 01:03+ | 00:19+ | 00:25+ | 00:43+ | 01:20+ | 00:28+ | 03:46+ | 01:52+ | 00:47+ | 01:09+ | 01:49+ | 01:50+ | 01:21+ |
| | 00:13+ | 00:25+ | 00:31+ | 01:25+ | 01:24+ | 00:34+ | 00:33+ | 00:39+ | 00:14+ | 00:17+ | 00:14+ | 01:16+ | 00:52+ | 01:03+ | 00:19+ | 00:25+ | 00:43+ | 01:20+ | 00:28+ | 03:46+ | 01:52+ | 00:47+ | 01:09+ | 01:49+ | 01:50+ | 01:21+ |
| | 25:40+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Tor Gunnar Aksland | | | | | | | | | | 1683 | 26:29 | | | | | | | | | | | | | | |
| | 00:14+ | 00:48+ | 01:33+ | 03:02+ | 04:27+ | 05:01+ | 05:39+ | 06:06+ | 06:15+ | 06:34+ | 06:47+ | 08:43+ | 09:39+ | 10:56+ | 11:25+ | 11:50+ | 12:24+ | 13:21+ | 13:52+ | 17:29+ | 19:30+ | 20:05+ | 21:18+ | 23:02+ | 24:46+ | 26:15+ |
| | 00:14+ | 00:34+ | 00:45+ | 01:29+ | 01:25+ | 00:34+ | 00:38+ | 00:17+ | 00:19+ | 00:19+ | 00:13+ | 01:56+ | 00:56+ | 01:17+ | 00:29+ | 00:25+ | 00:34+ | 00:57+ | 00:31+ | 03:37+ | 02:01+ | 00:35+ | 01:13+ | 01:44+ | 01:44+ | 01:29+ |
| | 00:14+ | 00:34+ | 00:45+ | 01:29+ | 01:25+ | 00:34+ | 00:38+ | 00:17+ | 00:19+ | 00:19+ | 00:13+ | 01:56+ | 00:56+ | 01:17+ | 00:29+ | 00:25+ | 00:34+ | 00:57+ | 00:31+ | 03:37+ | 02:01+ | 00:35+ | 01:13+ | 01:44+ | 01:44+ | 01:29+ |
| | 26:29+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:14+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:14+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | Arne Eirik Nielsen | | | | | | | | | | 3588 | 26:38 | | | | | | | | | | | | | | |
| | 00:13+ | 01:12+ | 01:49+ | 03:25+ | 04:53+ | 05:27+ | 06:14+ | 06:38+ | 06:52+ | 07:33+ | 07:48+ | 09:16+ | 10:18+ | 11:17+ | 11:38+ | 12:05+ | 12:37+ | 13:40+ | 13:59+ | 17:12+ | 19:16+ | 20:07+ | 21:25+ | 23:15+ | 24:58+ | 26:25+ |
| | 00:13+ | 00:59+ | 00:37+ | 01:36+ | 01:28+ | 00:34+ | 00:47+ | 00:24+ | 00:14+ | 00:41+ | 00:15+ | 01:28+ | 01:02+ | 00:59+ | 00:21+ | 00:27+ | 00:32+ | 01:03+ | 00:19+ | 03:13+ | 02:04+ | 00:51+ | 01:18+ | 01:50+ | 01:43+ | 01:27+ |
| | 00:13+ | 00:59+ | 00:37+ | 01:36+ | 01:28+ | 00:34+ | 00:47+ | 00:24+ | 00:14+ | 00:41+ | 00:15+ | 01:28+ | 01:02+ | 00:59+ | 00:21+ | 00:27+ | 00:32+ | 01:03+ | 00:19+ | 03:13+ | 02:04+ | 00:51+ | 01:18+ | 01:50+ | 01:43+ | 01:27+ |
| | 26:38+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | | |

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|--------|----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 11 | Tom Furland | | | | 769 | | | | 27:07 | | | | | | | | | | | | | | | | |
| 00:14+ | 00:42+ | 01:10+ | 02:39+ | 04:13+ | 04:48+ | 05:37+ | 05:59+ | 06:16+ | 06:33+ | 06:46+ | 08:05+ | 09:01+ | 10:02+ | 10:19+ | 10:46+ | 11:16+ | 13:07+ | 13:24+ | 16:57+ | 19:06+ | 19:47+ | 21:12+ | 23:11+ | 25:01+ | 26:52+ |
| 00:14+ | 00:28+ | 00:28+ | 01:29+ | 01:34+ | 00:35+ | 00:49+ | 00:22+ | 00:17+ | 00:17+ | 00:13+ | 01:19+ | 00:56+ | 01:01+ | 00:17+ | 00:27+ | 00:30+ | 01:51+ | 00:17+ | 03:33+ | 02:09+ | 00:41+ | 01:25+ | 01:59+ | 01:50+ | 01:51+ |
| 27:07+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:15+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:15+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | Jone Sæbbø | | | | 3516 | | | | 27:48 | | | | | | | | | | | | | | | | |
| 00:34+ | 01:06+ | 01:44+ | 03:17+ | 04:45+ | 05:21+ | 06:11+ | 06:36+ | 06:49+ | 07:07+ | 07:21+ | 08:37+ | 09:29+ | 10:22+ | 10:44+ | 11:19+ | 11:54+ | 13:40+ | 14:17+ | 17:38+ | 19:50+ | 20:30+ | 22:04+ | 24:04+ | 26:00+ | 27:34+ |
| 00:34+ | 00:32+ | 00:38+ | 01:33+ | 01:28+ | 00:36+ | 00:50+ | 00:25+ | 00:13+ | 00:18+ | 00:14+ | 01:16+ | 00:52+ | 00:53+ | 00:22+ | 00:35+ | 00:35+ | 01:46+ | 00:37+ | 03:21+ | 02:12+ | 00:40+ | 01:34+ | 02:00+ | 01:56+ | 01:34+ |
| 00:34+ | 00:32+ | 00:38+ | 01:33+ | 01:28+ | 00:36+ | 00:50+ | 00:25+ | 00:13+ | 00:18+ | 00:14+ | 01:16+ | 00:52+ | 00:53+ | 00:22+ | 00:35+ | 00:35+ | 01:46+ | 00:37+ | 03:21+ | 02:12+ | 00:40+ | 01:34+ | 02:00+ | 01:56+ | 01:34+ |
| 27:48+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:14+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:14+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13 | Trond Sigurd Fotland | | | | 3507 | | | | 28:44 | | | | | | | | | | | | | | | | |
| 00:14+ | 02:15+ | 02:59+ | 03:33+ | 05:00+ | 06:32+ | 07:20+ | 08:17+ | 08:38+ | 08:59+ | 09:15+ | 09:29+ | 10:58+ | 11:50+ | 12:51+ | 13:09+ | 13:36+ | 14:07+ | 14:48+ | 15:05+ | 19:04+ | 21:14+ | 21:52+ | 23:16+ | 25:14+ | 27:06+ |
| 00:14+ | 02:01+ | 00:44+ | 00:34+ | 01:27+ | 01:32+ | 00:48+ | 00:57+ | 00:21+ | 00:21+ | 00:16+ | 00:14+ | 01:29+ | 00:52+ | 01:01+ | 00:18+ | 00:27+ | 00:31+ | 00:41+ | 00:17+ | 03:59+ | 02:10+ | 00:38+ | 01:24+ | 01:58+ | 01:52+ |
| 00:14+ | 02:01+ | 00:44+ | 00:34+ | 01:27+ | 01:32+ | 00:48+ | 00:57+ | 00:21+ | 00:21+ | 00:16+ | 00:14+ | 01:29+ | 00:52+ | 01:01+ | 00:18+ | 00:27+ | 00:31+ | 00:41+ | 00:17+ | 03:59+ | 02:10+ | 00:38+ | 01:24+ | 01:58+ | 01:52+ |
| 28:33+ | 28:44+ | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:27+ | 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | |
| 01:27+ | 00:11+ | | | | | | | | | | | | | | | | | | | | | | | | |
| 14 | Jørgen Breivold | | | | 3529 | | | | 32:10 | | | | | | | | | | | | | | | | |
| 00:35+ | 02:30+ | 03:02+ | 04:52+ | 06:35+ | 07:53+ | 08:48+ | 09:41+ | 09:59+ | 10:18+ | 10:32+ | 12:10+ | 13:13+ | 15:09+ | 15:31+ | 16:05+ | 16:52+ | 18:13+ | 18:34+ | 22:35+ | 24:35+ | 25:15+ | 26:37+ | 28:32+ | 30:29+ | 31:57+ |
| 00:35+ | 01:55+ | 00:32+ | 01:50+ | 01:43+ | 01:18+ | 00:55+ | 00:53+ | 00:18+ | 00:19+ | 00:14+ | 01:38+ | 01:03+ | 01:56+ | 00:22+ | 00:34+ | 00:47+ | 01:21+ | 00:21+ | 04:01+ | 02:00+ | 00:40+ | 01:22+ | 01:55+ | 01:57+ | 01:28+ |
| 00:35+ | 01:55+ | 00:32+ | 01:50+ | 01:43+ | 01:18+ | 00:55+ | 00:53+ | 00:18+ | 00:19+ | 00:14+ | 01:38+ | 01:03+ | 01:56+ | 00:22+ | 00:34+ | 00:47+ | 01:21+ | 00:21+ | 04:01+ | 02:00+ | 00:40+ | 01:22+ | 01:55+ | 01:57+ | 01:28+ |
| 32:10+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:13+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Asgeir Nærland | | | | 1830 | | | | 33:38 | | | | | | | | | | | | | | | | |
| 00:23+ | 01:11+ | 02:10+ | 03:46+ | 05:28+ | 06:07+ | 07:06+ | 08:07+ | 08:24+ | 09:01+ | 09:21+ | 10:52+ | 11:56+ | 14:24+ | 14:59+ | 16:09+ | 16:53+ | 18:16+ | 18:39+ | 23:07+ | 25:21+ | 26:10+ | 27:38+ | 29:43+ | 31:35+ | 33:24+ |
| 00:23+ | 00:48+ | 00:59+ | 01:36+ | 01:42+ | 00:39+ | 00:59+ | 01:01+ | 00:17+ | 00:37+ | 00:20+ | 01:31+ | 01:04+ | 02:28+ | 00:35+ | 01:10+ | 00:44+ | 01:23+ | 00:23+ | 04:28+ | 02:14+ | 00:49+ | 01:28+ | 02:05+ | 01:52+ | 01:49+ |
| 00:23+ | 00:48+ | 00:59+ | 01:36+ | 01:42+ | 00:39+ | 00:59+ | 01:01+ | 00:17+ | 00:37+ | 00:20+ | 01:31+ | 01:04+ | 02:28+ | 00:35+ | 01:10+ | 00:44+ | 01:23+ | 00:23+ | 04:28+ | 02:14+ | 00:49+ | 01:28+ | 02:05+ | 01:52+ | 01:49+ |
| 33:38+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:14+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:14+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 16 | Espen Fyhn Nilsen | | | | 1683 | | | | 34:10 | | | | | | | | | | | | | | | | |
| 00:17+ | 00:59+ | 01:44+ | 03:39+ | 05:32+ | 06:44+ | 07:36+ | 08:03+ | 08:19+ | 08:47+ | 09:04+ | 10:38+ | 11:45+ | 13:16+ | 13:48+ | 14:26+ | 15:07+ | 16:14+ | 16:50+ | 21:47+ | 24:25+ | 25:27+ | 27:13+ | 29:39+ | 32:05+ | 33:54+ |
| 00:17+ | 00:42+ | 00:45+ | 01:55+ | 01:53+ | 01:12+ | 00:52+ | 00:27+ | 00:16+ | 00:28+ | 00:17+ | 01:34+ | 01:07+ | 01:31+ | 00:32+ | 00:38+ | 00:41+ | 01:07+ | 00:36+ | 04:57+ | 02:38+ | 01:02+ | 01:46+ | 02:26+ | 02:26+ | 01:49+ |
| 00:17+ | 00:42+ | 00:45+ | 01:55+ | 01:53+ | 01:12+ | 00:52+ | 00:27+ | 00:16+ | 00:28+ | 00:17+ | 01:34+ | 01:07+ | 01:31+ | 00:32+ | 00:38+ | 00:41+ | 01:07+ | 00:36+ | 04:57+ | 02:38+ | 01:02+ | 01:46+ | 02:26+ | 02:26+ | 01:49+ |
| 34:10+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:16+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:16+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 17 | Erwin Geiss | | | | 1384 | | | | 42:36 | | | | | | | | | | | | | | | | |
| 01:18+ | 01:50+ | 02:52+ | 05:15+ | 07:23+ | 08:24+ | 10:12+ | 10:54+ | 11:19+ | 11:56+ | 12:15+ | 14:08+ | 15:21+ | 21:31+ | 21:56+ | 22:30+ | 23:09+ | 24:15+ | 24:35+ | 29:47+ | 32:11+ | 32:52+ | 35:06+ | 37:27+ | 39:56+ | 42:14+ |
| 01:18+ | 00:32+ | 01:02+ | 02:23+ | 02:08+ | 01:01+ | 01:48+ | 00:42+ | 00:25+ | 00:37+ | 00:19+ | 01:53+ | 01:13+ | 06:10+ | 00:25+ | 00:34+ | 00:39+ | 01:06+ | 00:20+ | 05:12+ | 02:24+ | 00:41+ | 02:14+ | 02:21+ | 02:29+ | 02:18+ |
| 01:18+ | 00:32+ | 01:02+ | 02:23+ | 02:08+ | 01:01+ | 01:48+ | 00:42+ | 00:25+ | 00:37+ | 00:19+ | 01:53+ | 01:13+ | 06:10+ | 00:25+ | 00:34+ | 00:39+ | 01:06+ | 00:20+ | 05:12+ | 02:24+ | 00:41+ | 02:14+ | 02:21+ | 02:29+ | 02:18+ |
| 42:36+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:22+ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 00:22+ | | | | | | | | | | | | | | | | | | | | | | | | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

HC

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|
| 1 | Per Olav Haarr | | | | | | | | | | 769 | | | | | | | | | | 22:30 | | | | | | | | | |
| 00:43= | 01:15= | 02:42= | 04:02= | 04:34= | 05:20= | 05:38= | 05:54= | 07:01= | 07:57= | 09:01= | 09:43= | 12:19= | 13:37= | 15:07= | 15:46= | 17:04= | 18:58= | 20:47= | 22:18= | 22:30= | | | | | | | | | | |
| 00:43= | 00:32= | 01:27= | 01:20= | 00:32= | 00:46= | 00:18= | 00:16= | 01:07= | 00:56= | 01:04= | 00:42= | 02:36= | 01:18= | 01:30= | 00:39= | 01:18= | 01:54= | 01:49= | 01:31= | 00:12= | | | | | | | | | | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | |

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | |
|--------|--------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|--|--|--|--|--|
| HC | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | Kjetil Wirak | | | | | | | | | | 3486 | | | | | | | | | | 22:54 | | | | | | | | | |
| 00:33- | 01:07- | 02:35- | 04:03+ | 04:53+ | 05:37+ | 05:55+ | 06:11+ | 07:25+ | 08:13+ | 09:22+ | 10:10+ | 12:38+ | 14:10+ | 15:39+ | 16:12+ | 17:29+ | 19:18+ | 21:09+ | 22:41+ | 22:54+ | | | | | | | | | | |
| 00:33- | 00:34+ | 01:28+ | 01:28+ | 00:50+ | 00:44- | 00:18= | 00:16= | 01:14+ | 00:48- | 01:09+ | 00:48+ | 02:28- | 01:32+ | 01:29- | 00:33- | 01:17- | 01:49- | 01:51+ | 01:32+ | 00:13+ | | | | | | | | | | |
| 00:10- | 00:02+ | 00:01+ | 00:08# | 00:18& | 00:02- | 00:00= | 00:00= | 00:07# | 00:08- | 00:05+ | 00:06# | 00:08- | 00:14# | 00:01- | 00:06- | 00:01- | 00:05- | 00:02+ | 00:01+ | 00:01+ | | | | | | | | | | |
| 3 | Morten Aamodt | | | | | | | | | | 1683 | | | | | | | | | | 23:42 | | | | | | | | | |
| 00:53+ | 01:22+ | 02:49+ | 04:15+ | 04:52+ | 05:35+ | 05:59+ | 06:13+ | 08:00+ | 08:56+ | 10:04+ | 10:42+ | 13:25+ | 14:50+ | 16:15+ | 16:51+ | 18:10+ | 20:05+ | 21:53+ | 23:29+ | 23:42+ | | | | | | | | | | |
| 00:53+ | 00:29+ | 01:27+ | 01:26+ | 00:37+ | 00:43+ | 00:24+ | 00:14+ | 01:47+ | 00:56+ | 01:08+ | 00:38+ | 02:43+ | 01:25+ | 01:25+ | 00:36+ | 01:19+ | 01:55+ | 01:48+ | 01:36+ | 00:13+ | | | | | | | | | | |
| 00:53+ | 00:29+ | 01:27+ | 01:26+ | 00:37+ | 00:43+ | 00:24+ | 00:14+ | 01:47+ | 00:56+ | 01:08+ | 00:38+ | 02:43+ | 01:25+ | 01:25+ | 00:36+ | 01:19+ | 01:55+ | 01:48+ | 01:36+ | 00:13+ | | | | | | | | | | |
| 4 | Lars Drage | | | | | | | | | | 3583 | | | | | | | | | | 24:33 | | | | | | | | | |
| 01:17+ | 02:13+ | 03:45+ | 05:13+ | 05:48+ | 06:31+ | 06:51+ | 07:05+ | 08:39+ | 09:23+ | 10:27+ | 11:21+ | 14:18+ | 15:43+ | 17:11+ | 17:45+ | 19:02+ | 20:58+ | 22:45+ | 24:21+ | 24:33+ | | | | | | | | | | |
| 01:17+ | 00:56+ | 01:32+ | 01:28+ | 00:35+ | 00:43+ | 00:20+ | 00:14+ | 01:34+ | 00:44+ | 01:04+ | 00:54+ | 02:57+ | 01:25+ | 01:28+ | 00:34+ | 01:17+ | 01:56+ | 01:47+ | 01:36+ | 00:12+ | | | | | | | | | | |
| 01:17+ | 00:56+ | 01:32+ | 01:28+ | 00:35+ | 00:43+ | 00:20+ | 00:14+ | 01:34+ | 00:44+ | 01:04+ | 00:54+ | 02:57+ | 01:25+ | 01:28+ | 00:34+ | 01:17+ | 01:56+ | 01:47+ | 01:36+ | 00:12+ | | | | | | | | | | |
| 5 | Jan-Einar Øvremo | | | | | | | | | | 1119 | | | | | | | | | | 24:54 | | | | | | | | | |
| 00:37+ | 01:13+ | 02:50+ | 04:21+ | 04:59+ | 05:50+ | 06:13+ | 06:29+ | 07:44+ | 08:44+ | 09:52+ | 11:01+ | 14:01+ | 15:30+ | 17:09+ | 17:50+ | 19:16+ | 21:12+ | 23:08+ | 24:42+ | 24:54+ | | | | | | | | | | |
| 00:37+ | 00:36+ | 01:37+ | 01:31+ | 00:38+ | 00:51+ | 00:23+ | 00:16+ | 01:15+ | 01:00+ | 01:08+ | 01:09+ | 03:00+ | 01:29+ | 01:39+ | 00:41+ | 01:26+ | 01:56+ | 01:56+ | 01:34+ | 00:12+ | | | | | | | | | | |
| 00:37+ | 00:36+ | 01:37+ | 01:31+ | 00:38+ | 00:51+ | 00:23+ | 00:16+ | 01:15+ | 01:00+ | 01:08+ | 01:09+ | 03:00+ | 01:29+ | 01:39+ | 00:41+ | 01:26+ | 01:56+ | 01:56+ | 01:34+ | 00:12+ | | | | | | | | | | |
| 6 | Stein Arne Olsen | | | | | | | | | | 874 | | | | | | | | | | 25:08 | | | | | | | | | |
| 00:34+ | 01:07+ | 02:42+ | 04:14+ | 04:54+ | 05:46+ | 06:14+ | 06:40+ | 07:59+ | 09:01+ | 10:36+ | 11:38+ | 14:30+ | 16:00+ | 17:29+ | 18:08+ | 19:42+ | 21:42+ | 23:28+ | 24:56+ | 25:08+ | | | | | | | | | | |
| 00:34+ | 00:33+ | 01:35+ | 01:32+ | 00:40+ | 00:52+ | 00:28+ | 00:26+ | 01:19+ | 01:02+ | 01:35+ | 01:02+ | 02:52+ | 01:30+ | 01:29+ | 00:39+ | 01:34+ | 02:00+ | 01:46+ | 01:28+ | 00:12+ | | | | | | | | | | |
| 00:34+ | 00:33+ | 01:35+ | 01:32+ | 00:40+ | 00:52+ | 00:28+ | 00:26+ | 01:19+ | 01:02+ | 01:35+ | 01:02+ | 02:52+ | 01:30+ | 01:29+ | 00:39+ | 01:34+ | 02:00+ | 01:46+ | 01:28+ | 00:12+ | | | | | | | | | | |
| 7 | Terje Michaelsen | | | | | | | | | | 3511 | | | | | | | | | | 26:01 | | | | | | | | | |
| 02:10+ | 02:40+ | 04:20+ | 05:45+ | 06:44+ | 07:27+ | 07:44+ | 08:13+ | 09:24+ | 10:15+ | 11:19+ | 12:20+ | 15:23+ | 17:30+ | 18:54+ | 19:39+ | 20:47+ | 22:34+ | 24:23+ | 25:50+ | 26:01+ | | | | | | | | | | |
| 02:10+ | 00:30+ | 01:40+ | 01:25+ | 00:59+ | 00:43+ | 00:17+ | 00:29+ | 01:11+ | 00:51+ | 01:04+ | 01:01+ | 03:03+ | 02:07+ | 01:24+ | 00:45+ | 01:08+ | 01:47+ | 01:49+ | 01:27+ | 00:11+ | | | | | | | | | | |
| 02:10+ | 00:30+ | 01:40+ | 01:25+ | 00:59+ | 00:43+ | 00:17+ | 00:29+ | 01:11+ | 00:51+ | 01:04+ | 01:01+ | 03:03+ | 02:07+ | 01:24+ | 00:45+ | 01:08+ | 01:47+ | 01:49+ | 01:27+ | 00:11+ | | | | | | | | | | |
| 8 | Øyvind Rummelhoff | | | | | | | | | | 882 | | | | | | | | | | 26:26 | | | | | | | | | |
| 00:37+ | 01:14+ | 02:53+ | 04:25+ | 05:24+ | 06:19+ | 06:40+ | 07:05+ | 08:17+ | 09:20+ | 10:38+ | 11:44+ | 15:54+ | 17:38+ | 19:06+ | 19:43+ | 20:59+ | 22:58+ | 24:46+ | 26:14+ | 26:26+ | | | | | | | | | | |
| 00:37+ | 00:37+ | 01:39+ | 01:32+ | 00:59+ | 00:55+ | 00:21+ | 00:25+ | 01:12+ | 01:03+ | 01:18+ | 01:06+ | 04:10+ | 01:44+ | 01:28+ | 00:37+ | 01:16+ | 01:59+ | 01:48+ | 01:28+ | 00:12+ | | | | | | | | | | |
| 00:37+ | 00:37+ | 01:39+ | 01:32+ | 00:59+ | 00:55+ | 00:21+ | 00:25+ | 01:12+ | 01:03+ | 01:18+ | 01:06+ | 04:10+ | 01:44+ | 01:28+ | 00:37+ | 01:16+ | 01:59+ | 01:48+ | 01:28+ | 00:12+ | | | | | | | | | | |
| 9 | Ludovic Antresangle | | | | | | | | | | 877 | | | | | | | | | | 26:30 | | | | | | | | | |
| 00:59+ | 01:34+ | 03:24+ | 04:54+ | 05:57+ | 06:57+ | 07:19+ | 07:39+ | 08:49+ | 09:40+ | 11:19+ | 12:21+ | 15:41+ | 17:24+ | 18:53+ | 19:32+ | 20:57+ | 23:01+ | 24:44+ | 26:17+ | 26:30+ | | | | | | | | | | |
| 00:59+ | 00:35+ | 01:50+ | 01:30+ | 01:03+ | 01:00+ | 00:22+ | 00:20+ | 01:10+ | 00:51+ | 01:39+ | 01:02+ | 03:20+ | 01:43+ | 01:29+ | 00:39+ | 01:25+ | 02:04+ | 01:43+ | 01:33+ | 00:13+ | | | | | | | | | | |
| 00:59+ | 00:35+ | 01:50+ | 01:30+ | 01:03+ | 01:00+ | 00:22+ | 00:20+ | 01:10+ | 00:51+ | 01:39+ | 01:02+ | 03:20+ | 01:43+ | 01:29+ | 00:39+ | 01:25+ | 02:04+ | 01:43+ | 01:33+ | 00:13+ | | | | | | | | | | |
| 10 | Leif Kjetil Hinna Gausel | | | | | | | | | | 1683 | | | | | | | | | | 27:00 | | | | | | | | | |
| 00:37+ | 01:11+ | 03:02+ | 04:57+ | 05:36+ | 06:28+ | 06:47+ | 07:02+ | 08:14+ | 09:13+ | 10:40+ | 11:25+ | 16:04+ | 17:34+ | 19:07+ | 19:44+ | 21:17+ | 23:13+ | 25:05+ | 26:48+ | 27:00+ | | | | | | | | | | |
| 00:37+ | 00:34+ | 01:51+ | 01:55+ | 00:39+ | 00:52+ | 00:19+ | 00:15+ | 01:12+ | 00:59+ | 01:27+ | 00:45+ | 04:39+ | 01:30+ | 01:33+ | 00:37+ | 01:33+ | 01:56+ | 01:52+ | 01:43+ | 00:12+ | | | | | | | | | | |
| 00:37+ | 00:34+ | 01:51+ | 01:55+ | 00:39+ | 00:52+ | 00:19+ | 00:15+ | 01:12+ | 00:59+ | 01:27+ | 00:45+ | 04:39+ | 01:30+ | 01:33+ | 00:37+ | 01:33+ | 01:56+ | 01:52+ | 01:43+ | 00:12+ | | | | | | | | | | |
| 11 | Terje Undheim | | | | | | | | | | 3529 | | | | | | | | | | 27:16 | | | | | | | | | |
| 00:43+ | 01:53+ | 03:26+ | 05:04+ | 05:40+ | 06:30+ | 06:59+ | 07:14+ | 08:41+ | 09:58+ | 11:11+ | 12:48+ | 15:45+ | 17:46+ | 19:24+ | 20:07+ | 21:32+ | 23:33+ | 25:30+ | 27:02+ | 27:16+ | | | | | | | | | | |
| 00:43+ | 01:10+ | 01:33+ | 01:38+ | 00:36+ | 00:50+ | 00:29+ | 00:15+ | 01:27+ | 01:17+ | 01:13+ | 01:37+ | 02:57+ | 02:01+ | 01:38+ | 00:43+ | 01:25+ | 02:01+ | 01:57+ | 01:32+ | 00:14+ | | | | | | | | | | |
| 00:43+ | 01:10+ | 01:33+ | 01:38+ | 00:36+ | 00:50+ | 00:29+ | 00:15+ | 01:27+ | 01:17+ | 01:13+ | 01:37+ | 02:57+ | 02:01+ | 01:38+ | 00:43+ | 01:25+ | 02:01+ | 01:57+ | 01:32+ | 00:14+ | | | | | | | | | | |
| 12 | Oddmund Nordgård | | | | | | | | | | 722 | | | | | | | | | | 27:32 | | | | | | | | | |
| 02:27+ | 03:02+ | 04:52+ | 06:28+ | 07:24+ | 08:10+ | 08:31+ | 08:48+ | 10:08+ | 11:05+ | 12:27+ | 13:55+ | 16:41+ | 18:09+ | 19:38+ | 20:18+ | 21:44+ | 23:44+ | 25:47+ | 27:22+ | 27:32+ | | | | | | | | | | |
| 02:27+ | 00:35+ | 01:50+ | 01:36+ | 00:56+ | 00:46+ | 00:21+ | 00:17+ | 01:20+ | 00:57+ | 01:22+ | 01:28+ | 02:46+ | 01:28+ | 01:29+ | 00:40+ | 01:26+ | 02:00+ | 02:03+ | 01:35+ | 00:10+ | | | | | | | | | | |
| 02:27+ | 00:35+ | 01:50+ | 01:36+ | 00:56+ | 00:46+ | 00:21+ | 00:17+ | 01:20+ | 00:57+ | 01:22+ | 01:28+ | 02:46+ | 01:28+ | 01:29+ | 00:40+ | 01:26+ | 02:00+ | 02:03+ | 01:35+ | 00:10+ | | | | | | | | | | |
| 13 | Bertrand Denieul | | | | | | | | | | 877 | | | | | | | | | | 27:58 | | | | | | | | | |
| 00:35+ | 01:06+ | 02:45+ | 04:32+ | 05:20+ | 06:11+ | 06:42+ | 07:01+ | 08:59+ | 09:55+ | 11:07+ | 11:55+ | 15:35+ | 17:59+ | 19:30+ | 20:20+ | 21:38+ | 23:43+ | 26:02+ | 27:45+ | 27:58+ | | | | | | | | | | |
| 00:35+ | 00:31+ | 01:39+ | 01:47+ | 00:48+ | 00:51+ | 00:31+ | 00:19+ | 01:58+ | 00:56+ | 01:12+ | 00:48+ | 03:40+ | 02:24+ | 01:31+ | 00:50+ | 01:18+ | 02:05+ | 02:19+ | 01:43+ | 00:13+ | | | | | | | | | | |
| 00:35+ | 00:31+ | 01:39+ | 01:47+ | 00:48+ | 00:51+ | 00:31+ | 00:19+ | 01:58+ | 00:56+ | 01:12+ | 00:48+ | 03:40+ | 02:24+ | 01:31+ | 00:50+ | 01:18+ | 02:05+ | 02:19+ | 01:43+ | 00:13+ | | | | | | | | | | |
| 14 | Eivind Lie | | | | | | | | | | 1683 | | | | | | | | | | 28:05 | | | | | | | | | |
| 02:20+ | 02:56+ | 04:35+ | 05:58+ | 08:46+ | 09:57+ | 10:19+ | 10:41+ | 12:03+ | 12:51+ | 14:04+ | 15:02+ | 17:57+ | 19:25+ | 20:55+ | 21:37+ | 22:53+ | 24:44+ | 26:19+ | 27:51+ | 28:05+ | | | | | | | | | | |
| 02:20+ | 00:36+ | 01:39+ | 01:23+ | 02:48+ | 01:11+ | 00:22+ | 00:22+ | 01:22+ | 00:48+ | 01:13+ | 00:58+ | 02:55+ | 01:28+ | 01:30+ | 00:42+ | 01:16+ | 01:51+ | 01:35+ | 01:32+ | 00:14+ | | | | | | | | | | |
| 02:20+ | 00:36+ | 01:39+ | 01:23+ | 02:48+ | 01:11+ | 00:22+ | 00:22+ | 01:22+ | 00:48+ | 01:13+ | 00:58+ | 02:55+ | 01:28+ | 01:30+ | 00:42+ | 01:16+ | 01:51+ | 01:35+ | 01:32+ | 00:14+ | | | | | | | | | | |
| 15 | Nils John Vestøl | | | | | | | | | | 3541 | | | | | | | | | | 28:16 | | | | | | | | | |
| 00:36+ | 01:14+ | 03:04+ | 04:46+ | 05:35+ | 06:44+ | 07:07+ | 07:35+ | 09:01+ | 10:00+ | 11:53+ | 13:09+ | 16:18+ | 18:11+ | 19:52+ | 20:36+ | 22:11+ | 24:20+ | 26:17+ | 28:01+ | 28:16+ | | | | | | | | | | |
| 00:36+ | 00:38+ | 01:50+ | 01:42+ | 00:49+ | 01:09+ | 00:23+ | 00:28+ | 01:26+ | 00:59+ | 01:53+ | 01:16+ | 03:09+ | 01:53+ | 01:41+ | 00:44+ | 01:35+ | 02:09+ | 01:57+ | 01:44+ | 00:15+ | | | | | | | | | | |
| 00:36+ | 00:38+ | 01:50+ | 01:42+ | 00:49+ | 01:09+ | 00:23+ | 00:28+ | 01:26+ | 00:59+ | 01:53+ | 01:16+ | 03:09+ | 01:53+ | 01:41+ | 00:44+ | 01:35+ | 02:09+ | 01:57+ | 01:44+ | 00:15+ | | | | | | | | | | |

| Plass | Navn | Klasse | | | | | | | | | | | | | | | | Tid | | | |
|-------|------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|--|--|--|
|-------|------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|--|--|--|

HC

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|--|--|-------|--|--|--|--|--|--|--|--|--|--|--|
| 16 | Kjell Dale | | | | | | | | | | | | 1884 | | | | | | | | | | | | 28:18 | | | | | | | | | | | |
| 00:34+ | 01:06+ | 02:50+ | 04:26+ | 05:05+ | 06:30+ | 07:09+ | 07:26+ | 09:32+ | 10:38+ | 12:04+ | 13:43+ | 16:41+ | 18:26+ | 20:06+ | 20:42+ | 22:14+ | 24:17+ | 26:13+ | 28:01+ | 28:18+ | | | | | | | | | | | | | | | | |
| 00:34+ | 00:32+ | 01:44+ | 01:36+ | 00:39+ | 01:25+ | 00:39+ | 00:17+ | 02:06+ | 01:06+ | 01:26+ | 01:39+ | 02:58+ | 01:45+ | 01:40+ | 00:36+ | 01:32+ | 02:03+ | 01:56+ | 01:48+ | 00:17+ | | | | | | | | | | | | | | | | |
| 00:34+ | 00:32+ | 01:44+ | 01:36+ | 00:39+ | 01:25+ | 00:39+ | 00:17+ | 02:06+ | 01:06+ | 01:26+ | 01:39+ | 02:58+ | 01:45+ | 01:40+ | 00:36+ | 01:32+ | 02:03+ | 01:56+ | 01:48+ | 00:17+ | | | | | | | | | | | | | | | | |
| 17 | Øistein Haaland | | | | | | | | | | | | 1683 | | | | | | | | | | | | 28:37 | | | | | | | | | | | |
| 01:07+ | 01:56+ | 03:53+ | 05:39+ | 06:19+ | 07:56+ | 08:20+ | 08:43+ | 10:04+ | 11:05+ | 12:34+ | 13:28+ | 16:48+ | 18:20+ | 19:57+ | 20:39+ | 22:11+ | 24:32+ | 26:32+ | 28:21+ | 28:37+ | | | | | | | | | | | | | | | | |
| 01:07+ | 00:49+ | 01:57+ | 01:46+ | 00:40+ | 01:37+ | 00:24+ | 00:23+ | 01:21+ | 01:01+ | 01:29+ | 00:54+ | 03:20+ | 01:32+ | 01:37+ | 00:42+ | 01:32+ | 02:21+ | 02:00+ | 01:49+ | 00:16+ | | | | | | | | | | | | | | | | |
| 01:07+ | 00:49+ | 01:57+ | 01:46+ | 00:40+ | 01:37+ | 00:24+ | 00:23+ | 01:21+ | 01:01+ | 01:29+ | 00:54+ | 03:20+ | 01:32+ | 01:37+ | 00:42+ | 01:32+ | 02:21+ | 02:00+ | 01:49+ | 00:16+ | | | | | | | | | | | | | | | | |
| 18 | Geir Haugvaldstad | | | | | | | | | | | | 1683 | | | | | | | | | | | | 28:41 | | | | | | | | | | | |
| 00:55+ | 01:35+ | 04:55+ | 06:25+ | 07:03+ | 08:08+ | 08:52+ | 09:15+ | 10:52+ | 11:47+ | 13:17+ | 14:13+ | 18:15+ | 19:40+ | 21:21+ | 21:57+ | 23:13+ | 25:09+ | 26:57+ | 28:30+ | 28:41+ | | | | | | | | | | | | | | | | |
| 00:55+ | 00:40+ | 03:20+ | 01:30+ | 00:38+ | 01:05+ | 00:44+ | 00:23+ | 01:37+ | 00:55+ | 01:30+ | 00:56+ | 04:02+ | 01:25+ | 01:41+ | 00:36+ | 01:16+ | 01:56+ | 01:48+ | 01:33+ | 00:11+ | | | | | | | | | | | | | | | | |
| 00:55+ | 00:40+ | 03:20+ | 01:30+ | 00:38+ | 01:05+ | 00:44+ | 00:23+ | 01:37+ | 00:55+ | 01:30+ | 00:56+ | 04:02+ | 01:25+ | 01:41+ | 00:36+ | 01:16+ | 01:56+ | 01:48+ | 01:33+ | 00:11+ | | | | | | | | | | | | | | | | |
| 19 | Øivind Berggraf | | | | | | | | | | | | 1683 | | | | | | | | | | | | 29:28 | | | | | | | | | | | |
| 00:54+ | 01:27+ | 03:22+ | 05:15+ | 05:54+ | 07:07+ | 07:38+ | 07:57+ | 09:30+ | 10:32+ | 11:57+ | 13:41+ | 17:06+ | 19:04+ | 20:44+ | 21:22+ | 23:13+ | 25:25+ | 27:31+ | 29:15+ | 29:28+ | | | | | | | | | | | | | | | | |
| 00:54+ | 00:33+ | 01:55+ | 01:53+ | 00:39+ | 01:13+ | 00:31+ | 00:19+ | 01:33+ | 01:02+ | 01:25+ | 01:44+ | 03:25+ | 01:58+ | 01:40+ | 00:38+ | 01:51+ | 02:12+ | 02:06+ | 01:44+ | 00:13+ | | | | | | | | | | | | | | | | |
| 00:54+ | 00:33+ | 01:55+ | 01:53+ | 00:39+ | 01:13+ | 00:31+ | 00:19+ | 01:33+ | 01:02+ | 01:25+ | 01:44+ | 03:25+ | 01:58+ | 01:40+ | 00:38+ | 01:51+ | 02:12+ | 02:06+ | 01:44+ | 00:13+ | | | | | | | | | | | | | | | | |
| 20 | Erling Mauland | | | | | | | | | | | | 3541 | | | | | | | | | | | | 33:52 | | | | | | | | | | | |
| 00:39+ | 01:21+ | 03:09+ | 05:01+ | 05:43+ | 09:46+ | 10:07+ | 11:15+ | 12:58+ | 14:03+ | 15:57+ | 18:04+ | 21:48+ | 23:52+ | 25:30+ | 26:18+ | 27:46+ | 29:58+ | 32:00+ | 33:35+ | 33:52+ | | | | | | | | | | | | | | | | |
| 00:39+ | 00:42+ | 01:48+ | 01:52+ | 00:42+ | 04:03+ | 00:21+ | 01:08+ | 01:43+ | 01:05+ | 01:54+ | 02:07+ | 03:44+ | 02:04+ | 01:38+ | 00:48+ | 01:28+ | 02:12+ | 02:02+ | 01:35+ | 00:17+ | | | | | | | | | | | | | | | | |
| 00:39+ | 00:42+ | 01:48+ | 01:52+ | 00:42+ | 04:03+ | 00:21+ | 01:08+ | 01:43+ | 01:05+ | 01:54+ | 02:07+ | 03:44+ | 02:04+ | 01:38+ | 00:48+ | 01:28+ | 02:12+ | 02:02+ | 01:35+ | 00:17+ | | | | | | | | | | | | | | | | |
| 21 | Ove Oaland | | | | | | | | | | | | 1683 | | | | | | | | | | | | 34:45 | | | | | | | | | | | |
| 01:07+ | 01:53+ | 03:55+ | 05:47+ | 06:34+ | 07:41+ | 08:10+ | 08:43+ | 10:19+ | 11:48+ | 13:50+ | 15:09+ | 19:03+ | 21:37+ | 23:53+ | 25:44+ | 27:41+ | 30:00+ | 32:23+ | 34:30+ | 34:45+ | | | | | | | | | | | | | | | | |
| 01:07+ | 00:46+ | 02:02+ | 01:52+ | 00:47+ | 01:07+ | 00:29+ | 00:33+ | 01:36+ | 01:29+ | 02:02+ | 01:19+ | 03:54+ | 02:34+ | 02:16+ | 01:51+ | 01:57+ | 02:19+ | 02:23+ | 02:07+ | 00:15+ | | | | | | | | | | | | | | | | |
| 01:07+ | 00:46+ | 02:02+ | 01:52+ | 00:47+ | 01:07+ | 00:29+ | 00:33+ | 01:36+ | 01:29+ | 02:02+ | 01:19+ | 03:54+ | 02:34+ | 02:16+ | 01:51+ | 01:57+ | 02:19+ | 02:23+ | 02:07+ | 00:15+ | | | | | | | | | | | | | | | | |

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

HNY

| | | | | | | | | | | | | | | | | | | | |
|---|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|--|--|--|--|
| 1 | Tom Erik Forshaug | | | | | | | | | | | | | 3504 | 14:58 | | | | |
| | 00:51= | 01:27= | 03:03= | 04:54= | 06:06= | 06:49= | 07:40= | 08:58= | 09:56= | 11:15= | 12:28= | 13:30= | 14:30= | 14:58= | | | | | |
| | 00:51= | 00:36= | 01:36= | 01:51= | 01:12= | 00:43= | 00:51= | 01:18= | 00:58= | 01:19= | 01:13= | 01:02= | 01:00= | 00:28= | | | | | |
| | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | |
| 2 | Yiteng Zhang | | | | | | | | | | | | | 1758 | 16:25 | | | | |
| | 01:00+ | 01:29+ | 04:08+ | 06:30+ | 07:40+ | 08:17+ | 09:31+ | 10:25+ | 11:26+ | 12:30+ | 13:29+ | 14:34+ | 15:54+ | 16:25+ | | | | | |
| | 01:00+ | 00:29- | 02:39+ | 02:22+ | 01:10- | 00:37- | 01:14+ | 00:54- | 01:01+ | 01:04- | 00:59- | 01:05+ | 01:20+ | 00:31+ | | | | | |
| | 00:09# | 00:07- | 01:03& | 00:31& | 00:02- | 00:06- | 00:23& | 00:24- | 00:03+ | 00:15- | 00:14- | 00:03+ | 00:20& | 00:03# | | | | | |
| 3 | Terje Hatlem | | | | | | | | | | | | | 1683 | 20:38 | | | | |
| | 03:36+ | 04:09+ | 05:24+ | 11:01+ | 11:56+ | 12:56+ | 13:49+ | 14:41+ | 15:29+ | 16:50+ | 17:44+ | 19:08+ | 20:09+ | 20:38+ | | | | | |
| | 03:36+ | 00:33- | 01:15- | 05:37+ | 00:55- | 01:00+ | 00:53+ | 00:52- | 00:48- | 01:21+ | 00:54- | 01:24+ | 01:01+ | 00:29+ | | | | | |
| | 02:45@ | 00:03- | 00:21- | 03:46@ | 00:17- | 00:17& | 00:02+ | 00:26- | 00:10- | 00:02+ | 00:19- | 00:22& | 00:01+ | 00:01+ | | | | | |

Beste strekktid for klassen

00:51 00:29 01:15 01:51 00:55 00:37 00:51 00:52 00:48 01:04 00:54 01:02 01:00 00:28

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

HT

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------|-------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|-------|--|--|--|--|--|--|--|--|--|
| 1 | Bartłomiej Lenart | | | | | | | | | | 1376 | | | | | | | | | | 13:21 | | | | | | | | | |
| 00:53= | 01:15= | 01:50= | 03:25= | 04:34= | 06:02= | 06:21= | 07:32= | 07:59= | 08:19= | 09:03= | 09:16= | 09:50= | 10:32= | 11:14= | 11:46= | 12:27= | 13:10= | 13:21= | | | | | | | | | | | | |
| 00:53= | 00:22= | 00:35= | 01:35= | 01:09= | 01:28= | 00:19= | 01:11= | 00:27= | 00:20= | 00:44= | 00:13= | 00:34= | 00:42= | 00:42= | 00:32= | 00:41= | 00:43= | 00:11= | | | | | | | | | | | | |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | | | | | | | | | | | | |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | | |
|-------|--------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| HT | | | | | | | | | | | | | | | | | | | | |
| 2 | Thor Hesselsøe | | | | | 1376 | | | | | 13:32 | | | | | | | | | |
| | 00:57+ | 01:27+ | 02:10+ | 03:42+ | 04:44+ | 06:06+ | 06:26+ | 07:40+ | 08:04+ | 08:17- | 09:02- | 09:18+ | 09:56+ | 10:34+ | 11:21+ | 11:55+ | 12:40+ | 13:20+ | 13:32+ | |
| | 00:57+ | 00:30+ | 00:43+ | 01:32- | 01:02- | 01:22- | 00:20+ | 01:14+ | 00:24- | 00:13- | 00:45+ | 00:16+ | 00:38+ | 00:38- | 00:47+ | 00:34+ | 00:45+ | 00:40- | 00:12+ | |
| | 00:04+ | 00:08& | 00:08# | 00:03- | 00:07- | 00:06- | 00:01+ | 00:03+ | 00:03- | 00:07- | 00:01+ | 00:03# | 00:04# | 00:04- | 00:05# | 00:02+ | 00:04+ | 00:03- | 00:01+ | |
| 3 | Hans Østebø | | | | | 793 | | | | | 13:48 | | | | | | | | | |
| | 01:11+ | 01:45+ | 02:20+ | 03:55+ | 05:00+ | 06:19+ | 06:41+ | 07:59+ | 08:28+ | 08:41+ | 09:27+ | 09:41+ | 10:14+ | 10:59+ | 11:35+ | 12:11+ | 12:50+ | 13:37+ | 13:48+ | |
| | 01:11+ | 00:34+ | 00:35+ | 01:35+ | 01:05+ | 01:19+ | 00:22+ | 01:18+ | 00:29+ | 00:13+ | 00:46+ | 00:14+ | 00:33+ | 00:45+ | 00:36+ | 00:36+ | 00:39+ | 00:47+ | 00:11+ | |
| | 01:11+ | 00:34+ | 00:35+ | 01:35+ | 01:05+ | 01:19+ | 00:22+ | 01:18+ | 00:29+ | 00:13+ | 00:46+ | 00:14+ | 00:33+ | 00:45+ | 00:36+ | 00:36+ | 00:39+ | 00:47+ | 00:11+ | |
| 4 | Stig E. Ollestad | | | | | 3519 | | | | | 15:50 | | | | | | | | | |
| | 01:02+ | 01:32+ | 02:12+ | 03:52+ | 05:13+ | 06:37+ | 07:29+ | 09:49+ | 10:09+ | 10:25+ | 11:10+ | 11:22+ | 12:09+ | 12:52+ | 13:33+ | 14:07+ | 14:54+ | 15:38+ | 15:50+ | |
| | 01:02+ | 00:30+ | 00:40+ | 01:40+ | 01:21+ | 01:24+ | 00:52+ | 02:20+ | 00:20+ | 00:16+ | 00:45+ | 00:12+ | 00:47+ | 00:43+ | 00:41+ | 00:34+ | 00:47+ | 00:44+ | 00:12+ | |
| | 01:02+ | 00:30+ | 00:40+ | 01:40+ | 01:21+ | 01:24+ | 00:52+ | 02:20+ | 00:20+ | 00:16+ | 00:45+ | 00:12+ | 00:47+ | 00:43+ | 00:41+ | 00:34+ | 00:47+ | 00:44+ | 00:12+ | |
| 5 | Marius Bergstøl Hvidsten | | | | | 3533 | | | | | 16:04 | | | | | | | | | |
| | 01:07+ | 01:46+ | 02:30+ | 04:25+ | 05:42+ | 07:22+ | 07:45+ | 09:25+ | 09:51+ | 10:17+ | 11:10+ | 11:25+ | 12:05+ | 12:53+ | 13:38+ | 14:25+ | 15:08+ | 15:50+ | 16:04+ | |
| | 01:07+ | 00:39+ | 00:44+ | 01:55+ | 01:17+ | 01:40+ | 00:23+ | 01:40+ | 00:26+ | 00:26+ | 00:53+ | 00:15+ | 00:40+ | 00:48+ | 00:45+ | 00:47+ | 00:43+ | 00:42+ | 00:14+ | |
| | 01:07+ | 00:39+ | 00:44+ | 01:55+ | 01:17+ | 01:40+ | 00:23+ | 01:40+ | 00:26+ | 00:26+ | 00:53+ | 00:15+ | 00:40+ | 00:48+ | 00:45+ | 00:47+ | 00:43+ | 00:42+ | 00:14+ | |
| 6 | Petter Omdal | | | | | 903 | | | | | 16:06 | | | | | | | | | |
| | 01:17+ | 01:41+ | 02:15+ | 04:31+ | 05:57+ | 07:34+ | 07:54+ | 09:23+ | 09:49+ | 10:22+ | 11:08+ | 11:19+ | 12:07+ | 12:53+ | 13:35+ | 14:13+ | 15:03+ | 15:53+ | 16:06+ | |
| | 01:17+ | 00:24+ | 00:34+ | 02:16+ | 01:26+ | 01:37+ | 00:20+ | 01:29+ | 00:26+ | 00:33+ | 00:46+ | 00:11+ | 00:48+ | 00:46+ | 00:42+ | 00:38+ | 00:50+ | 00:50+ | 00:13+ | |
| | 01:17+ | 00:24+ | 00:34+ | 02:16+ | 01:26+ | 01:37+ | 00:20+ | 01:29+ | 00:26+ | 00:33+ | 00:46+ | 00:11+ | 00:48+ | 00:46+ | 00:42+ | 00:38+ | 00:50+ | 00:50+ | 00:13+ | |
| 7 | Adam Alfred Brennhagen | | | | | 3512 | | | | | 16:36 | | | | | | | | | |
| | 00:52+ | 01:24+ | 02:06+ | 03:38+ | 04:45+ | 06:21+ | 06:41+ | 08:01+ | 08:27+ | 08:44+ | 12:04+ | 12:14+ | 12:51+ | 13:37+ | 14:21+ | 14:56+ | 15:40+ | 16:25+ | 16:36+ | |
| | 00:52+ | 00:32+ | 00:42+ | 01:32+ | 01:07+ | 01:36+ | 00:20+ | 01:20+ | 00:26+ | 00:17+ | 03:20+ | 00:10+ | 00:37+ | 00:46+ | 00:44+ | 00:35+ | 00:44+ | 00:45+ | 00:11+ | |
| | 00:52+ | 00:32+ | 00:42+ | 01:32+ | 01:07+ | 01:36+ | 00:20+ | 01:20+ | 00:26+ | 00:17+ | 03:20+ | 00:10+ | 00:37+ | 00:46+ | 00:44+ | 00:35+ | 00:44+ | 00:45+ | 00:11+ | |
| 8 | Morten Tønnessen | | | | | 3507 | | | | | 17:20 | | | | | | | | | |
| | 01:03+ | 01:35+ | 02:26+ | 04:28+ | 05:56+ | 07:53+ | 08:15+ | 09:50+ | 10:23+ | 10:44+ | 11:39+ | 12:11+ | 12:49+ | 13:49+ | 14:43+ | 15:23+ | 16:15+ | 17:07+ | 17:20+ | |
| | 01:03+ | 00:32+ | 00:51+ | 02:02+ | 01:28+ | 01:57+ | 00:22+ | 01:35+ | 00:33+ | 00:21+ | 00:55+ | 00:32+ | 00:38+ | 01:00+ | 00:54+ | 00:40+ | 00:52+ | 00:52+ | 00:13+ | |
| | 01:03+ | 00:32+ | 00:51+ | 02:02+ | 01:28+ | 01:57+ | 00:22+ | 01:35+ | 00:33+ | 00:21+ | 00:55+ | 00:32+ | 00:38+ | 01:00+ | 00:54+ | 00:40+ | 00:52+ | 00:52+ | 00:13+ | |
| 9 | Jan Henrik Neuenkirchen | | | | | 896 | | | | | 18:08 | | | | | | | | | |
| | 01:07+ | 01:54+ | 02:44+ | 04:52+ | 06:18+ | 08:09+ | 08:33+ | 10:34+ | 11:08+ | 11:36+ | 12:33+ | 12:47+ | 13:34+ | 14:30+ | 15:18+ | 15:53+ | 16:49+ | 17:54+ | 18:08+ | |
| | 01:07+ | 00:47+ | 00:50+ | 02:08+ | 01:26+ | 01:51+ | 00:24+ | 02:01+ | 00:34+ | 00:28+ | 00:57+ | 00:14+ | 00:47+ | 00:56+ | 00:48+ | 00:35+ | 00:56+ | 01:05+ | 00:14+ | |
| | 01:07+ | 00:47+ | 00:50+ | 02:08+ | 01:26+ | 01:51+ | 00:24+ | 02:01+ | 00:34+ | 00:28+ | 00:57+ | 00:14+ | 00:47+ | 00:56+ | 00:48+ | 00:35+ | 00:56+ | 01:05+ | 00:14+ | |
| 10 | Per Olof Wallerstedt | | | | | 3516 | | | | | 18:19 | | | | | | | | | |
| | 01:10+ | 01:43+ | 02:32+ | 04:31+ | 06:04+ | 08:18+ | 08:44+ | 10:27+ | 11:00+ | 11:52+ | 12:44+ | 13:04+ | 13:49+ | 14:45+ | 15:35+ | 16:17+ | 17:13+ | 18:03+ | 18:19+ | |
| | 01:10+ | 00:33+ | 00:49+ | 01:59+ | 01:33+ | 02:14+ | 00:26+ | 01:43+ | 00:33+ | 00:52+ | 00:52+ | 00:20+ | 00:45+ | 00:56+ | 00:50+ | 00:42+ | 00:56+ | 00:50+ | 00:16+ | |
| | 01:10+ | 00:33+ | 00:49+ | 01:59+ | 01:33+ | 02:14+ | 00:26+ | 01:43+ | 00:33+ | 00:52+ | 00:52+ | 00:20+ | 00:45+ | 00:56+ | 00:50+ | 00:42+ | 00:56+ | 00:50+ | 00:16+ | |
| 11 | Finn Otto Tveit | | | | | 3507 | | | | | 18:26 | | | | | | | | | |
| | 01:15+ | 02:06+ | 03:04+ | 05:24+ | 06:46+ | 08:25+ | 08:49+ | 10:33+ | 11:00+ | 11:19+ | 12:35+ | 12:54+ | 13:38+ | 14:34+ | 15:32+ | 16:13+ | 17:09+ | 18:08+ | 18:26+ | |
| | 01:15+ | 00:51+ | 00:58+ | 02:20+ | 01:22+ | 01:39+ | 00:24+ | 01:44+ | 00:27+ | 00:19+ | 01:16+ | 00:19+ | 00:44+ | 00:56+ | 00:58+ | 00:41+ | 00:56+ | 00:59+ | 00:18+ | |
| | 01:15+ | 00:51+ | 00:58+ | 02:20+ | 01:22+ | 01:39+ | 00:24+ | 01:44+ | 00:27+ | 00:19+ | 01:16+ | 00:19+ | 00:44+ | 00:56+ | 00:58+ | 00:41+ | 00:56+ | 00:59+ | 00:18+ | |
| 12 | Adam Leveridge | | | | | 877 | | | | | 18:41 | | | | | | | | | |
| | 00:59+ | 01:37+ | 02:21+ | 03:53+ | 05:05+ | 06:35+ | 06:59+ | 08:11+ | 08:34+ | 09:08+ | 09:49+ | 10:05+ | 10:42+ | 15:30+ | 16:08+ | 16:50+ | 17:35+ | 18:30+ | 18:41+ | |
| | 00:59+ | 00:38+ | 00:44+ | 01:32+ | 01:12+ | 01:30+ | 00:24+ | 01:12+ | 00:23+ | 00:34+ | 00:41+ | 00:16+ | 00:37+ | 04:48+ | 00:38+ | 00:42+ | 00:45+ | 00:55+ | 00:11+ | |
| | 00:59+ | 00:38+ | 00:44+ | 01:32+ | 01:12+ | 01:30+ | 00:24+ | 01:12+ | 00:23+ | 00:34+ | 00:41+ | 00:16+ | 00:37+ | 04:48+ | 00:38+ | 00:42+ | 00:45+ | 00:55+ | 00:11+ | |
| 13 | Kay Roar Harila | | | | | 643 | | | | | 18:55 | | | | | | | | | |
| | 01:17+ | 02:03+ | 03:09+ | 05:15+ | 06:54+ | 08:47+ | 09:11+ | 10:52+ | 11:25+ | 11:48+ | 12:38+ | 12:51+ | 14:32+ | 15:17+ | 16:07+ | 16:47+ | 17:44+ | 18:36+ | 18:55+ | |
| | 01:17+ | 00:46+ | 01:06+ | 02:06+ | 01:39+ | 01:53+ | 00:24+ | 01:41+ | 00:33+ | 00:23+ | 00:50+ | 00:13+ | 01:41+ | 00:45+ | 00:50+ | 00:40+ | 00:57+ | 00:52+ | 00:19+ | |
| | 01:17+ | 00:46+ | 01:06+ | 02:06+ | 01:39+ | 01:53+ | 00:24+ | 01:41+ | 00:33+ | 00:23+ | 00:50+ | 00:13+ | 01:41+ | 00:45+ | 00:50+ | 00:40+ | 00:57+ | 00:52+ | 00:19+ | |
| 14 | Hans Gundersen | | | | | 2342 | | | | | 18:59 | | | | | | | | | |
| | 01:26+ | 02:07+ | 03:17+ | 05:18+ | 06:44+ | 08:36+ | 09:00+ | 10:38+ | 11:13+ | 11:34+ | 12:26+ | 12:53+ | 14:27+ | 15:11+ | 15:56+ | 16:59+ | 17:53+ | 18:41+ | 18:59+ | |
| | 01:26+ | 00:41+ | 01:10+ | 02:01+ | 01:26+ | 01:52+ | 00:24+ | 01:38+ | 00:35+ | 00:21+ | 00:52+ | 00:27+ | 01:34+ | 00:44+ | 00:45+ | 01:03+ | 00:54+ | 00:48+ | 00:18+ | |
| | 01:26+ | 00:41+ | 01:10+ | 02:01+ | 01:26+ | 01:52+ | 00:24+ | 01:38+ | 00:35+ | 00:21+ | 00:52+ | 00:27+ | 01:34+ | 00:44+ | 00:45+ | 01:03+ | 00:54+ | 00:48+ | 00:18+ | |
| 15 | Roger Endre Nyseth | | | | | 892 | | | | | 19:22 | | | | | | | | | |
| | 01:03+ | 01:45+ | 02:36+ | 04:59+ | 06:46+ | 08:41+ | 09:08+ | 10:56+ | 11:32+ | 11:57+ | 12:53+ | 13:24+ | 14:30+ | 15:29+ | 16:21+ | 17:02+ | 18:01+ | 19:02+ | 19:22+ | |
| | 01:03+ | 00:42+ | 00:51+ | 02:23+ | 01:47+ | 01:55+ | 00:27+ | 01:48+ | 00:36+ | 00:25+ | 00:56+ | 00:31+ | 01:06+ | 00:59+ | 00:52+ | 00:41+ | 00:59+ | 01:01+ | 00:20+ | |
| | 01:03+ | 00:42+ | 00:51+ | 02:23+ | 01:47+ | 01:55+ | 00:27+ | 01:48+ | 00:36+ | 00:25+ | 00:56+ | 00:31+ | 01:06+ | 00:59+ | 00:52+ | 00:41+ | 00:59+ | 01:01+ | 00:20+ | |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | |
|--------|-----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| HT | | | | | | | | | | | | | | | | | | |
| 16 | Arne Magne Sondresen | | | | | 722 | | | | | 19:26 | | | | | | | |
| 01:15+ | 01:48+ | 02:34+ | 04:42+ | 06:06+ | 08:09+ | 08:33+ | 11:16+ | 11:45+ | 12:27+ | 13:29+ | 14:01+ | 14:56+ | 15:43+ | 16:35+ | 17:21+ | 18:13+ | 19:09+ | 19:26+ |
| 01:15+ | 00:33+ | 00:46+ | 02:08+ | 01:24+ | 02:03+ | 00:24+ | 02:43+ | 00:29+ | 00:42+ | 01:02+ | 00:32+ | 00:55+ | 00:47+ | 00:52+ | 00:46+ | 00:52+ | 00:56+ | 00:17+ |
| 01:15+ | 00:33+ | 00:46+ | 02:08+ | 01:24+ | 02:03+ | 00:24+ | 02:43+ | 00:29+ | 00:42+ | 01:02+ | 00:32+ | 00:55+ | 00:47+ | 00:52+ | 00:46+ | 00:52+ | 00:56+ | 00:17+ |
| 17 | Aksel Kleppa Hartmann | | | | | 793 | | | | | 19:34 | | | | | | | |
| 01:44+ | 02:24+ | 03:17+ | 05:52+ | 07:07+ | 08:51+ | 10:08+ | 12:18+ | 12:46+ | 12:59+ | 13:46+ | 13:56+ | 14:37+ | 15:34+ | 16:26+ | 17:14+ | 18:11+ | 19:21+ | 19:34+ |
| 01:44+ | 00:40+ | 00:53+ | 02:35+ | 01:15+ | 01:44+ | 01:17+ | 02:10+ | 00:28+ | 00:13+ | 00:47+ | 00:10+ | 00:41+ | 00:57+ | 00:52+ | 00:48+ | 00:57+ | 01:10+ | 00:13+ |
| 01:44+ | 00:40+ | 00:53+ | 02:35+ | 01:15+ | 01:44+ | 01:17+ | 02:10+ | 00:28+ | 00:13+ | 00:47+ | 00:10+ | 00:41+ | 00:57+ | 00:52+ | 00:48+ | 00:57+ | 01:10+ | 00:13+ |
| 18 | Lars Salvesen | | | | | 1119 | | | | | 20:00 | | | | | | | |
| 01:17+ | 02:01+ | 03:20+ | 05:38+ | 07:28+ | 09:29+ | 09:56+ | 11:40+ | 12:20+ | 12:42+ | 13:37+ | 13:55+ | 14:46+ | 15:46+ | 16:45+ | 17:38+ | 18:44+ | 19:44+ | 20:00+ |
| 01:17+ | 00:44+ | 01:19+ | 02:18+ | 01:50+ | 02:01+ | 00:27+ | 01:44+ | 00:40+ | 00:22+ | 00:55+ | 00:18+ | 00:51+ | 01:00+ | 00:59+ | 00:53+ | 01:06+ | 01:00+ | 00:16+ |
| 01:17+ | 00:44+ | 01:19+ | 02:18+ | 01:50+ | 02:01+ | 00:27+ | 01:44+ | 00:40+ | 00:22+ | 00:55+ | 00:18+ | 00:51+ | 01:00+ | 00:59+ | 00:53+ | 01:06+ | 01:00+ | 00:16+ |
| 19 | Sjur Bjerke | | | | | 3525 | | | | | 20:07 | | | | | | | |
| 01:04+ | 01:39+ | 02:57+ | 05:00+ | 06:37+ | 08:40+ | 10:29+ | 12:07+ | 12:40+ | 13:00+ | 14:01+ | 14:18+ | 15:10+ | 16:10+ | 17:13+ | 18:06+ | 18:53+ | 19:49+ | 20:07+ |
| 01:04+ | 00:35+ | 01:18+ | 02:03+ | 01:37+ | 02:03+ | 01:49+ | 01:38+ | 00:33+ | 00:20+ | 01:01+ | 00:17+ | 00:52+ | 01:00+ | 01:03+ | 00:53+ | 00:47+ | 00:56+ | 00:18+ |
| 01:04+ | 00:35+ | 01:18+ | 02:03+ | 01:37+ | 02:03+ | 01:49+ | 01:38+ | 00:33+ | 00:20+ | 01:01+ | 00:17+ | 00:52+ | 01:00+ | 01:03+ | 00:53+ | 00:47+ | 00:56+ | 00:18+ |
| 20 | Bruno Pierfelice | | | | | 3519 | | | | | 20:32 | | | | | | | |
| 01:53+ | 02:16+ | 03:00+ | 05:08+ | 06:57+ | 09:25+ | 09:41+ | 12:03+ | 12:34+ | 12:57+ | 14:27+ | 14:40+ | 15:35+ | 16:22+ | 17:08+ | 18:32+ | 19:19+ | 20:17+ | 20:32+ |
| 01:53+ | 00:23+ | 00:44+ | 02:08+ | 01:49+ | 02:28+ | 00:16+ | 02:22+ | 00:31+ | 00:23+ | 01:30+ | 00:13+ | 00:55+ | 00:47+ | 00:46+ | 01:24+ | 00:47+ | 00:58+ | 00:15+ |
| 01:53+ | 00:23+ | 00:44+ | 02:08+ | 01:49+ | 02:28+ | 00:16+ | 02:22+ | 00:31+ | 00:23+ | 01:30+ | 00:13+ | 00:55+ | 00:47+ | 00:46+ | 01:24+ | 00:47+ | 00:58+ | 00:15+ |
| 21 | Bernt Christian Bugge | | | | | 3676 | | | | | 20:41 | | | | | | | |
| 01:01+ | 01:36+ | 02:22+ | 05:33+ | 06:50+ | 10:51+ | 11:09+ | 12:36+ | 13:09+ | 13:40+ | 14:43+ | 15:03+ | 16:09+ | 16:54+ | 17:52+ | 18:37+ | 19:42+ | 20:26+ | 20:41+ |
| 01:01+ | 00:35+ | 00:46+ | 03:11+ | 01:17+ | 04:01+ | 00:18+ | 01:27+ | 00:33+ | 00:31+ | 01:03+ | 00:20+ | 01:06+ | 00:45+ | 00:58+ | 00:45+ | 01:05+ | 00:44+ | 00:15+ |
| 01:01+ | 00:35+ | 00:46+ | 03:11+ | 01:17+ | 04:01+ | 00:18+ | 01:27+ | 00:33+ | 00:31+ | 01:03+ | 00:20+ | 01:06+ | 00:45+ | 00:58+ | 00:45+ | 01:05+ | 00:44+ | 00:15+ |
| 22 | Leif Jarle Skåra | | | | | 3502 | | | | | 20:53 | | | | | | | |
| 01:11+ | 01:48+ | 02:47+ | 05:23+ | 07:06+ | 09:02+ | 09:33+ | 11:54+ | 12:29+ | 12:48+ | 13:52+ | 14:34+ | 15:23+ | 16:29+ | 17:30+ | 18:20+ | 19:24+ | 20:36+ | 20:53+ |
| 01:11+ | 00:37+ | 00:59+ | 02:36+ | 01:43+ | 01:56+ | 00:31+ | 02:21+ | 00:35+ | 00:19+ | 01:04+ | 00:42+ | 00:49+ | 01:06+ | 01:01+ | 00:50+ | 01:04+ | 01:12+ | 00:17+ |
| 01:11+ | 00:37+ | 00:59+ | 02:36+ | 01:43+ | 01:56+ | 00:31+ | 02:21+ | 00:35+ | 00:19+ | 01:04+ | 00:42+ | 00:49+ | 01:06+ | 01:01+ | 00:50+ | 01:04+ | 01:12+ | 00:17+ |
| 23 | Svein Sivertsen | | | | | 3530 | | | | | 21:13 | | | | | | | |
| 01:13+ | 01:49+ | 02:43+ | 05:45+ | 07:34+ | 09:28+ | 09:56+ | 12:19+ | 12:53+ | 13:52+ | 14:56+ | 15:09+ | 16:14+ | 17:17+ | 18:17+ | 19:00+ | 19:56+ | 20:59+ | 21:13+ |
| 01:13+ | 00:36+ | 00:54+ | 03:02+ | 01:49+ | 01:54+ | 00:28+ | 02:23+ | 00:34+ | 00:59+ | 01:04+ | 00:13+ | 01:05+ | 01:03+ | 01:00+ | 00:43+ | 00:56+ | 01:03+ | 00:14+ |
| 01:13+ | 00:36+ | 00:54+ | 03:02+ | 01:49+ | 01:54+ | 00:28+ | 02:23+ | 00:34+ | 00:59+ | 01:04+ | 00:13+ | 01:05+ | 01:03+ | 01:00+ | 00:43+ | 00:56+ | 01:03+ | 00:14+ |
| 24 | John Helge Svandal | | | | | 3531 | | | | | 21:26 | | | | | | | |
| 01:03+ | 01:49+ | 03:05+ | 05:07+ | 06:54+ | 08:57+ | 09:22+ | 11:06+ | 11:38+ | 12:43+ | 13:44+ | 14:05+ | 15:04+ | 16:06+ | 17:05+ | 18:10+ | 19:57+ | 21:11+ | 21:26+ |
| 01:03+ | 00:46+ | 01:16+ | 02:02+ | 01:47+ | 02:03+ | 00:25+ | 01:44+ | 00:32+ | 01:05+ | 01:01+ | 00:21+ | 00:59+ | 01:02+ | 00:59+ | 01:05+ | 01:47+ | 01:14+ | 00:15+ |
| 01:03+ | 00:46+ | 01:16+ | 02:02+ | 01:47+ | 02:03+ | 00:25+ | 01:44+ | 00:32+ | 01:05+ | 01:01+ | 00:21+ | 00:59+ | 01:02+ | 00:59+ | 01:05+ | 01:47+ | 01:14+ | 00:15+ |
| 25 | Jonas Hagen | | | | | 3528 | | | | | 21:35 | | | | | | | |
| 01:30+ | 02:13+ | 03:15+ | 05:37+ | 07:08+ | 09:10+ | 09:52+ | 11:49+ | 12:22+ | 13:11+ | 14:19+ | 14:36+ | 15:52+ | 17:04+ | 18:04+ | 19:08+ | 20:11+ | 21:21+ | 21:35+ |
| 01:30+ | 00:43+ | 01:02+ | 02:22+ | 01:31+ | 02:02+ | 00:42+ | 01:57+ | 00:33+ | 00:49+ | 01:08+ | 00:17+ | 01:16+ | 01:12+ | 01:00+ | 01:04+ | 01:03+ | 01:10+ | 00:14+ |
| 01:30+ | 00:43+ | 01:02+ | 02:22+ | 01:31+ | 02:02+ | 00:42+ | 01:57+ | 00:33+ | 00:49+ | 01:08+ | 00:17+ | 01:16+ | 01:12+ | 01:00+ | 01:04+ | 01:03+ | 01:10+ | 00:14+ |
| 26 | Marius Hagen | | | | | 3528 | | | | | 21:40 | | | | | | | |
| 01:30+ | 02:17+ | 03:18+ | 05:38+ | 07:08+ | 09:12+ | 09:57+ | 11:50+ | 12:22+ | 13:10+ | 14:20+ | 14:37+ | 16:04+ | 17:07+ | 18:04+ | 19:09+ | 20:21+ | 21:23+ | 21:40+ |
| 01:30+ | 00:47+ | 01:01+ | 02:20+ | 01:30+ | 02:04+ | 00:45+ | 01:53+ | 00:32+ | 00:48+ | 01:10+ | 00:17+ | 01:27+ | 01:03+ | 00:57+ | 01:05+ | 01:12+ | 01:02+ | 00:17+ |
| 01:30+ | 00:47+ | 01:01+ | 02:20+ | 01:30+ | 02:04+ | 00:45+ | 01:53+ | 00:32+ | 00:48+ | 01:10+ | 00:17+ | 01:27+ | 01:03+ | 00:57+ | 01:05+ | 01:12+ | 01:02+ | 00:17+ |
| 27 | Robert Hooper | | | | | 1683 | | | | | 21:42 | | | | | | | |
| 01:21+ | 02:04+ | 02:56+ | 05:12+ | 07:06+ | 09:51+ | 10:37+ | 12:42+ | 13:19+ | 13:49+ | 14:51+ | 15:17+ | 16:12+ | 17:15+ | 18:27+ | 19:12+ | 20:22+ | 21:23+ | 21:42+ |
| 01:21+ | 00:43+ | 00:52+ | 02:16+ | 01:54+ | 02:45+ | 00:46+ | 02:05+ | 00:37+ | 00:30+ | 01:02+ | 00:26+ | 00:55+ | 01:03+ | 01:12+ | 00:45+ | 01:10+ | 01:01+ | 00:19+ |
| 01:21+ | 00:43+ | 00:52+ | 02:16+ | 01:54+ | 02:45+ | 00:46+ | 02:05+ | 00:37+ | 00:30+ | 01:02+ | 00:26+ | 00:55+ | 01:03+ | 01:12+ | 00:45+ | 01:10+ | 01:01+ | 00:19+ |
| 28 | Anders Hagen | | | | | 3528 | | | | | 21:44 | | | | | | | |
| 01:25+ | 02:10+ | 03:22+ | 05:42+ | 07:04+ | 09:12+ | 10:01+ | 11:45+ | 12:21+ | 13:09+ | 14:24+ | 14:41+ | 16:04+ | 17:07+ | 18:11+ | 19:13+ | 20:20+ | 21:24+ | 21:44+ |
| 01:25+ | 00:45+ | 01:12+ | 02:20+ | 01:22+ | 02:08+ | 00:49+ | 01:44+ | 00:36+ | 00:48+ | 01:15+ | 00:17+ | 01:23+ | 01:03+ | 01:04+ | 01:02+ | 01:07+ | 01:04+ | 00:20+ |
| 01:25+ | 00:45+ | 01:12+ | 02:20+ | 01:22+ | 02:08+ | 00:49+ | 01:44+ | 00:36+ | 00:48+ | 01:15+ | 00:17+ | 01:23+ | 01:03+ | 01:04+ | 01:02+ | 01:07+ | 01:04+ | 00:20+ |
| 29 | Christian Nilsen | | | | | 3525 | | | | | 21:49 | | | | | | | |
| 01:08+ | 01:56+ | 02:44+ | 05:21+ | 07:26+ | 09:31+ | 10:00+ | 12:02+ | 13:36+ | 14:09+ | 15:09+ | 15:26+ | 16:21+ | 17:24+ | 18:24+ | 19:15+ | 20:22+ | 21:30+ | 21:49+ |
| 01:08+ | 00:48+ | 00:48+ | 02:37+ | 02:05+ | 02:05+ | 00:29+ | 02:02+ | 01:34+ | 00:33+ | 01:00+ | 00:17+ | 00:55+ | 01:03+ | 01:00+ | 00:51+ | 01:07+ | 01:08+ | 00:19+ |
| 01:08+ | 00:48+ | 00:48+ | 02:37+ | 02:05+ | 02:05+ | 00:29+ | 02:02+ | 01:34+ | 00:33+ | 01:00+ | 00:17+ | 00:55+ | 01:03+ | 01:00+ | 00:51+ | 01:07+ | 01:08+ | 00:19+ |

| Plass | Navn | | | | | Klasse | | | | | Tid | | | | | | | | | |
|--------|------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|
| HT | | | | | | | | | | | | | | | | | | | | |
| 30 | Bent Horpestad | | | | | 722 | | | | | 21:57 | | | | | | | | | |
| 01:13+ | 01:52+ | 02:42+ | 05:24+ | 06:56+ | 09:07+ | 09:35+ | 11:11+ | 11:43+ | 12:07+ | 15:20+ | 15:39+ | 16:52+ | 17:59+ | 18:49+ | 19:32+ | 20:38+ | 21:40+ | 21:57+ | | |
| 01:13+ | 00:39+ | 00:50+ | 02:42+ | 01:32+ | 02:11+ | 00:28+ | 01:36+ | 00:32+ | 00:24+ | 03:13+ | 00:19+ | 01:13+ | 01:07+ | 00:50+ | 00:43+ | 01:06+ | 01:02+ | 00:17+ | | |
| 01:13+ | 00:39+ | 00:50+ | 02:42+ | 01:32+ | 02:11+ | 00:28+ | 01:36+ | 00:32+ | 00:24+ | 03:13+ | 00:19+ | 01:13+ | 01:07+ | 00:50+ | 00:43+ | 01:06+ | 01:02+ | 00:17+ | | |
| 31 | Elga Silaban | | | | | 1283 | | | | | 22:05 | | | | | | | | | |
| 01:22+ | 02:24+ | 03:28+ | 06:10+ | 07:45+ | 09:44+ | 10:26+ | 12:06+ | 12:47+ | 13:35+ | 15:19+ | 15:42+ | 16:47+ | 18:04+ | 19:05+ | 19:53+ | 20:48+ | 21:47+ | 22:05+ | | |
| 01:22+ | 01:02+ | 01:04+ | 02:42+ | 01:35+ | 01:59+ | 00:42+ | 01:40+ | 00:41+ | 00:48+ | 01:44+ | 00:23+ | 01:05+ | 01:17+ | 01:01+ | 00:48+ | 00:55+ | 00:59+ | 00:18+ | | |
| 01:22+ | 01:02+ | 01:04+ | 02:42+ | 01:35+ | 01:59+ | 00:42+ | 01:40+ | 00:41+ | 00:48+ | 01:44+ | 00:23+ | 01:05+ | 01:17+ | 01:01+ | 00:48+ | 00:55+ | 00:59+ | 00:18+ | | |
| 32 | Trond Vigesdal | | | | | 896 | | | | | 22:05 | | | | | | | | | |
| 01:26+ | 02:13+ | 03:06+ | 06:01+ | 07:43+ | 09:55+ | 11:07+ | 12:53+ | 13:43+ | 14:08+ | 15:23+ | 15:44+ | 16:33+ | 17:29+ | 19:03+ | 19:49+ | 20:48+ | 21:48+ | 22:05+ | | |
| 01:26+ | 00:47+ | 00:53+ | 02:55+ | 01:42+ | 02:12+ | 01:12+ | 01:46+ | 00:50+ | 00:25+ | 01:15+ | 00:21+ | 00:49+ | 00:56+ | 01:34+ | 00:46+ | 00:59+ | 01:00+ | 00:17+ | | |
| 01:26+ | 00:47+ | 00:53+ | 02:55+ | 01:42+ | 02:12+ | 01:12+ | 01:46+ | 00:50+ | 00:25+ | 01:15+ | 00:21+ | 00:49+ | 00:56+ | 01:34+ | 00:46+ | 00:59+ | 01:00+ | 00:17+ | | |
| 33 | Ivar Aalbu | | | | | 3502 | | | | | 22:22 | | | | | | | | | |
| 01:23+ | 02:04+ | 02:55+ | 05:25+ | 07:14+ | 09:18+ | 09:49+ | 11:50+ | 12:33+ | 13:01+ | 14:06+ | 14:42+ | 16:24+ | 17:27+ | 18:37+ | 19:43+ | 20:50+ | 22:03+ | 22:22+ | | |
| 01:23+ | 00:41+ | 00:51+ | 02:30+ | 01:49+ | 02:04+ | 00:31+ | 02:01+ | 00:43+ | 00:28+ | 01:05+ | 00:36+ | 01:42+ | 01:03+ | 01:10+ | 01:06+ | 01:07+ | 01:13+ | 00:19+ | | |
| 01:23+ | 00:41+ | 00:51+ | 02:30+ | 01:49+ | 02:04+ | 00:31+ | 02:01+ | 00:43+ | 00:28+ | 01:05+ | 00:36+ | 01:42+ | 01:03+ | 01:10+ | 01:06+ | 01:07+ | 01:13+ | 00:19+ | | |
| 34 | Ingve Morten Skjaeldal | | | | | 4226 | | | | | 22:29 | | | | | | | | | |
| 01:20+ | 01:54+ | 02:44+ | 05:23+ | 07:04+ | 09:27+ | 09:56+ | 13:11+ | 13:40+ | 14:04+ | 15:05+ | 15:31+ | 16:23+ | 17:20+ | 18:36+ | 19:48+ | 21:00+ | 22:11+ | 22:29+ | | |
| 01:20+ | 00:34+ | 00:50+ | 02:39+ | 01:41+ | 02:23+ | 00:29+ | 03:15+ | 00:29+ | 00:24+ | 01:01+ | 00:26+ | 00:52+ | 00:57+ | 01:16+ | 01:12+ | 01:12+ | 01:11+ | 00:18+ | | |
| 01:20+ | 00:34+ | 00:50+ | 02:39+ | 01:41+ | 02:23+ | 00:29+ | 03:15+ | 00:29+ | 00:24+ | 01:01+ | 00:26+ | 00:52+ | 00:57+ | 01:16+ | 01:12+ | 01:12+ | 01:11+ | 00:18+ | | |
| 35 | Rune Hagen Maudal | | | | | 3524 | | | | | 22:41 | | | | | | | | | |
| 01:07+ | 01:51+ | 02:48+ | 05:14+ | 07:15+ | 10:07+ | 10:38+ | 12:43+ | 13:22+ | 13:49+ | 14:54+ | 15:14+ | 16:43+ | 17:41+ | 19:06+ | 20:02+ | 21:11+ | 22:25+ | 22:41+ | | |
| 01:07+ | 00:44+ | 00:57+ | 02:26+ | 02:01+ | 02:52+ | 00:31+ | 02:05+ | 00:39+ | 00:27+ | 01:05+ | 00:20+ | 01:29+ | 00:58+ | 01:25+ | 00:56+ | 01:09+ | 01:14+ | 00:16+ | | |
| 01:07+ | 00:44+ | 00:57+ | 02:26+ | 02:01+ | 02:52+ | 00:31+ | 02:05+ | 00:39+ | 00:27+ | 01:05+ | 00:20+ | 01:29+ | 00:58+ | 01:25+ | 00:56+ | 01:09+ | 01:14+ | 00:16+ | | |
| 36 | Frode Følgesvold | | | | | 880 | | | | | 23:38 | | | | | | | | | |
| 01:33+ | 02:24+ | 03:27+ | 06:06+ | 07:48+ | 09:46+ | 10:30+ | 13:18+ | 13:59+ | 14:25+ | 15:32+ | 15:50+ | 16:56+ | 18:13+ | 20:06+ | 21:02+ | 22:12+ | 23:18+ | 23:38+ | | |
| 01:33+ | 00:51+ | 01:03+ | 02:39+ | 01:42+ | 01:58+ | 00:44+ | 02:48+ | 00:41+ | 00:26+ | 01:07+ | 00:18+ | 01:06+ | 01:17+ | 01:53+ | 00:56+ | 01:10+ | 01:06+ | 00:20+ | | |
| 01:33+ | 00:51+ | 01:03+ | 02:39+ | 01:42+ | 01:58+ | 00:44+ | 02:48+ | 00:41+ | 00:26+ | 01:07+ | 00:18+ | 01:06+ | 01:17+ | 01:53+ | 00:56+ | 01:10+ | 01:06+ | 00:20+ | | |
| 37 | Timothée Maillefer | | | | | 877 | | | | | 23:56 | | | | | | | | | |
| 01:27+ | 02:11+ | 04:33+ | 06:56+ | 08:13+ | 11:14+ | 11:43+ | 13:17+ | 13:50+ | 14:14+ | 18:14+ | 18:30+ | 19:19+ | 20:16+ | 21:11+ | 21:56+ | 22:47+ | 23:39+ | 23:56+ | | |
| 01:27+ | 00:44+ | 02:22+ | 02:23+ | 01:17+ | 03:01+ | 00:29+ | 01:34+ | 00:33+ | 00:24+ | 04:00+ | 00:16+ | 00:49+ | 00:57+ | 00:55+ | 00:45+ | 00:51+ | 00:52+ | 00:17+ | | |
| 01:27+ | 00:44+ | 02:22+ | 02:23+ | 01:17+ | 03:01+ | 00:29+ | 01:34+ | 00:33+ | 00:24+ | 04:00+ | 00:16+ | 00:49+ | 00:57+ | 00:55+ | 00:45+ | 00:51+ | 00:52+ | 00:17+ | | |
| 38 | Trond Raugstad | | | | | 3598 | | | | | 24:18 | | | | | | | | | |
| 01:44+ | 02:37+ | 03:38+ | 06:21+ | 08:51+ | 11:37+ | 12:05+ | 14:08+ | 14:56+ | 15:18+ | 16:35+ | 16:57+ | 17:59+ | 19:12+ | 20:23+ | 21:26+ | 22:40+ | 23:56+ | 24:18+ | | |
| 01:44+ | 00:53+ | 01:01+ | 02:43+ | 02:30+ | 02:46+ | 00:28+ | 02:03+ | 00:48+ | 00:22+ | 01:17+ | 00:22+ | 01:02+ | 01:13+ | 01:11+ | 01:03+ | 01:14+ | 01:16+ | 00:22+ | | |
| 01:44+ | 00:53+ | 01:01+ | 02:43+ | 02:30+ | 02:46+ | 00:28+ | 02:03+ | 00:48+ | 00:22+ | 01:17+ | 00:22+ | 01:02+ | 01:13+ | 01:11+ | 01:03+ | 01:14+ | 01:16+ | 00:22+ | | |
| 39 | Kjell-Ole Topnes | | | | | 1683 | | | | | 25:00 | | | | | | | | | |
| 01:31+ | 02:30+ | 03:42+ | 06:40+ | 08:35+ | 12:27+ | 12:55+ | 14:56+ | 15:34+ | 15:58+ | 17:39+ | 18:06+ | 19:12+ | 20:14+ | 21:27+ | 22:16+ | 23:26+ | 24:40+ | 25:00+ | | |
| 01:31+ | 00:59+ | 01:12+ | 02:58+ | 01:55+ | 03:52+ | 00:28+ | 02:01+ | 00:38+ | 00:24+ | 01:41+ | 00:27+ | 01:06+ | 01:02+ | 01:13+ | 00:49+ | 01:10+ | 01:14+ | 00:20+ | | |
| 01:31+ | 00:59+ | 01:12+ | 02:58+ | 01:55+ | 03:52+ | 00:28+ | 02:01+ | 00:38+ | 00:24+ | 01:41+ | 00:27+ | 01:06+ | 01:02+ | 01:13+ | 00:49+ | 01:10+ | 01:14+ | 00:20+ | | |
| 40 | Torgeir Færevåg | | | | | 3553 | | | | | 25:16 | | | | | | | | | |
| 01:14+ | 01:54+ | 02:48+ | 04:55+ | 06:51+ | 10:51+ | 11:41+ | 14:40+ | 15:18+ | 15:41+ | 17:10+ | 17:41+ | 18:52+ | 19:59+ | 21:33+ | 22:58+ | 24:05+ | 25:01+ | 25:16+ | | |
| 01:14+ | 00:40+ | 00:54+ | 02:07+ | 01:56+ | 04:00+ | 00:50+ | 02:59+ | 00:38+ | 00:23+ | 01:29+ | 00:31+ | 01:11+ | 01:07+ | 01:34+ | 01:25+ | 01:07+ | 00:56+ | 00:15+ | | |
| 01:14+ | 00:40+ | 00:54+ | 02:07+ | 01:56+ | 04:00+ | 00:50+ | 02:59+ | 00:38+ | 00:23+ | 01:29+ | 00:31+ | 01:11+ | 01:07+ | 01:34+ | 01:25+ | 01:07+ | 00:56+ | 00:15+ | | |
| 41 | Kjell Lervik | | | | | 3598 | | | | | 25:17 | | | | | | | | | |
| 02:49+ | 03:40+ | 04:41+ | 07:18+ | 09:53+ | 12:34+ | 13:03+ | 15:09+ | 15:54+ | 16:15+ | 17:32+ | 17:59+ | 18:56+ | 20:10+ | 21:25+ | 22:24+ | 23:38+ | 24:54+ | 25:17+ | | |
| 02:49+ | 00:51+ | 01:01+ | 02:37+ | 02:35+ | 02:41+ | 00:29+ | 02:06+ | 00:45+ | 00:21+ | 01:17+ | 00:27+ | 00:57+ | 01:14+ | 01:15+ | 00:59+ | 01:14+ | 01:16+ | 00:23+ | | |
| 02:49+ | 00:51+ | 01:01+ | 02:37+ | 02:35+ | 02:41+ | 00:29+ | 02:06+ | 00:45+ | 00:21+ | 01:17+ | 00:27+ | 00:57+ | 01:14+ | 01:15+ | 00:59+ | 01:14+ | 01:16+ | 00:23+ | | |
| 42 | Steinar Løgith Aase | | | | | 2539 | | | | | 25:36 | | | | | | | | | |
| 01:20+ | 02:01+ | 03:35+ | 06:39+ | 08:49+ | 11:40+ | 12:06+ | 15:35+ | 16:25+ | 16:59+ | 17:59+ | 18:11+ | 19:28+ | 20:42+ | 21:48+ | 22:38+ | 23:53+ | 25:16+ | 25:36+ | | |
| 01:20+ | 00:41+ | 01:34+ | 03:04+ | 02:10+ | 02:51+ | 00:26+ | 03:29+ | 00:50+ | 00:34+ | 01:00+ | 00:12+ | 01:17+ | 01:14+ | 01:06+ | 00:50+ | 01:15+ | 01:23+ | 00:20+ | | |
| 01:20+ | 00:41+ | 01:34+ | 03:04+ | 02:10+ | 02:51+ | 00:26+ | 03:29+ | 00:50+ | 00:34+ | 01:00+ | 00:12+ | 01:17+ | 01:14+ | 01:06+ | 00:50+ | 01:15+ | 01:23+ | 00:20+ | | |
| 43 | Jan Erik Rasmussen | | | | | 3519 | | | | | 26:07 | | | | | | | | | |
| 01:22+ | 02:10+ | 04:04+ | 06:34+ | 08:33+ | 11:38+ | 12:14+ | 14:24+ | 15:06+ | 15:55+ | 17:22+ | 17:51+ | 19:14+ | 20:37+ | 22:04+ | 23:07+ | 24:26+ | 25:47+ | 26:07+ | | |
| 01:22+ | 00:48+ | 01:54+ | 02:30+ | 01:59+ | 03:05+ | 00:36+ | 02:10+ | 00:42+ | 00:49+ | 01:27+ | 00:29+ | 01:23+ | 01:23+ | 01:27+ | 01:03+ | 01:19+ | 01:21+ | 00:20+ | | |
| 01:22+ | 00:48+ | 01:54+ | 02:30+ | 01:59+ | 03:05+ | 00:36+ | 02:10+ | 00:42+ | 00:49+ | 01:27+ | 00:29+ | 01:23+ | 01:23+ | 01:27+ | 01:03+ | 01:19+ | 01:21+ | 00:20+ | | |

| Plass | Navn | | | | | | | | | | Klasse | | | | | | | | | | Tid | | | | | | | | | | | | |
|--------|-------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|-------|--|--|--|--|--|--|--|--|--|--|--|--|
| HT | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 44 | John Øgreid | | | | | | | | | | 882 | | | | | | | | | | 26:16 | | | | | | | | | | | | |
| 02:08+ | 02:54+ | 04:03+ | 07:08+ | 09:06+ | 11:31+ | 12:08+ | 15:03+ | 15:47+ | 16:13+ | 17:31+ | 17:49+ | 18:54+ | 20:10+ | 21:29+ | 22:36+ | 24:11+ | 25:47+ | 26:16+ | | | | | | | | | | | | | | | |
| 02:08+ | 00:46+ | 01:09+ | 03:05+ | 01:58+ | 02:25+ | 00:37+ | 02:55+ | 00:44+ | 00:26+ | 01:18+ | 00:18+ | 01:05+ | 01:16+ | 01:19+ | 01:07+ | 01:35+ | 01:36+ | 00:29+ | | | | | | | | | | | | | | | |
| 02:08+ | 00:46+ | 01:09+ | 03:05+ | 01:58+ | 02:25+ | 00:37+ | 02:55+ | 00:44+ | 00:26+ | 01:18+ | 00:18+ | 01:05+ | 01:16+ | 01:19+ | 01:07+ | 01:35+ | 01:36+ | 00:29+ | | | | | | | | | | | | | | | |
| 45 | Tom Leveraas | | | | | | | | | | 1884 | | | | | | | | | | 26:33 | | | | | | | | | | | | |
| 01:32+ | 02:33+ | 03:47+ | 06:30+ | 08:01+ | 11:20+ | 11:56+ | 13:54+ | 14:49+ | 15:15+ | 16:36+ | 17:04+ | 19:39+ | 21:03+ | 22:58+ | 24:02+ | 25:01+ | 26:16+ | 26:33+ | | | | | | | | | | | | | | | |
| 01:32+ | 01:01+ | 01:14+ | 02:43+ | 01:31+ | 03:19+ | 00:36+ | 01:58+ | 00:55+ | 00:26+ | 01:21+ | 00:28+ | 02:35+ | 01:24+ | 01:55+ | 01:04+ | 00:59+ | 01:15+ | 00:17+ | | | | | | | | | | | | | | | |
| 01:32+ | 01:01+ | 01:14+ | 02:43+ | 01:31+ | 03:19+ | 00:36+ | 01:58+ | 00:55+ | 00:26+ | 01:21+ | 00:28+ | 02:35+ | 01:24+ | 01:55+ | 01:04+ | 00:59+ | 01:15+ | 00:17+ | | | | | | | | | | | | | | | |
| 46 | Rohan Joseph | | | | | | | | | | 1376 | | | | | | | | | | 28:56 | | | | | | | | | | | | |
| 03:46+ | 05:52+ | 07:48+ | 10:00+ | 11:58+ | 14:08+ | 14:31+ | 17:50+ | 18:25+ | 18:50+ | 20:03+ | 20:57+ | 22:44+ | 23:56+ | 25:30+ | 26:19+ | 27:32+ | 28:36+ | 28:56+ | | | | | | | | | | | | | | | |
| 03:46+ | 02:06+ | 01:56+ | 02:12+ | 01:58+ | 02:10+ | 00:23+ | 03:19+ | 00:35+ | 00:25+ | 01:13+ | 00:54+ | 01:47+ | 01:12+ | 01:34+ | 00:49+ | 01:13+ | 01:04+ | 00:20+ | | | | | | | | | | | | | | | |
| 03:46+ | 02:06+ | 01:56+ | 02:12+ | 01:58+ | 02:10+ | 00:23+ | 03:19+ | 00:35+ | 00:25+ | 01:13+ | 00:54+ | 01:47+ | 01:12+ | 01:34+ | 00:49+ | 01:13+ | 01:04+ | 00:20+ | | | | | | | | | | | | | | | |
| 47 | Sverre Sørheim | | | | | | | | | | 1884 | | | | | | | | | | 29:14 | | | | | | | | | | | | |
| 02:36+ | 03:28+ | 04:39+ | 08:12+ | 10:20+ | 13:20+ | 14:07+ | 16:55+ | 17:43+ | 18:16+ | 19:47+ | 20:07+ | 21:50+ | 23:11+ | 24:32+ | 25:44+ | 27:18+ | 28:48+ | 29:14+ | | | | | | | | | | | | | | | |
| 02:36+ | 00:52+ | 01:11+ | 03:33+ | 02:08+ | 03:00+ | 00:47+ | 02:48+ | 00:48+ | 00:33+ | 01:31+ | 00:20+ | 01:43+ | 01:21+ | 01:21+ | 01:12+ | 01:34+ | 01:30+ | 00:26+ | | | | | | | | | | | | | | | |
| 02:36+ | 00:52+ | 01:11+ | 03:33+ | 02:08+ | 03:00+ | 00:47+ | 02:48+ | 00:48+ | 00:33+ | 01:31+ | 00:20+ | 01:43+ | 01:21+ | 01:21+ | 01:12+ | 01:34+ | 01:30+ | 00:26+ | | | | | | | | | | | | | | | |
| 48 | Erland Båtnes Berntsen | | | | | | | | | | 643 | | | | | | | | | | 29:38 | | | | | | | | | | | | |
| 01:29+ | 02:31+ | 03:30+ | 05:41+ | 06:55+ | 08:51+ | 09:24+ | 10:58+ | 11:26+ | 11:49+ | 21:32+ | 21:44+ | 22:16+ | 23:01+ | 24:00+ | 27:10+ | 28:31+ | 29:24+ | 29:38+ | | | | | | | | | | | | | | | |
| 01:29+ | 01:02+ | 00:59+ | 02:11+ | 01:14+ | 01:56+ | 00:33+ | 01:34+ | 00:28+ | 00:23+ | 09:43+ | 00:12+ | 00:32+ | 00:45+ | 00:59+ | 03:10+ | 01:21+ | 00:53+ | 00:14+ | | | | | | | | | | | | | | | |
| 01:29+ | 01:02+ | 00:59+ | 02:11+ | 01:14+ | 01:56+ | 00:33+ | 01:34+ | 00:28+ | 00:23+ | 09:43+ | 00:12+ | 00:32+ | 00:45+ | 00:59+ | 03:10+ | 01:21+ | 00:53+ | 00:14+ | | | | | | | | | | | | | | | |
| 49 | Svein Olav Høyland | | | | | | | | | | 1683 | | | | | | | | | | 29:47 | | | | | | | | | | | | |
| 03:12+ | 03:56+ | 05:16+ | 08:41+ | 10:48+ | 13:43+ | 14:23+ | 17:28+ | 18:17+ | 18:48+ | 20:36+ | 20:53+ | 21:53+ | 23:29+ | 24:58+ | 26:03+ | 27:21+ | 29:27+ | 29:47+ | | | | | | | | | | | | | | | |
| 03:12+ | 00:44+ | 01:20+ | 03:25+ | 02:07+ | 02:55+ | 00:40+ | 03:05+ | 00:49+ | 00:31+ | 01:48+ | 00:17+ | 01:00+ | 01:36+ | 01:29+ | 01:05+ | 01:18+ | 02:06+ | 00:20+ | | | | | | | | | | | | | | | |
| 03:12+ | 00:44+ | 01:20+ | 03:25+ | 02:07+ | 02:55+ | 00:40+ | 03:05+ | 00:49+ | 00:31+ | 01:48+ | 00:17+ | 01:00+ | 01:36+ | 01:29+ | 01:05+ | 01:18+ | 02:06+ | 00:20+ | | | | | | | | | | | | | | | |
| 50 | Erik Campbell Henriksen | | | | | | | | | | 1683 | | | | | | | | | | 30:15 | | | | | | | | | | | | |
| 02:19+ | 03:13+ | 04:28+ | 07:40+ | 09:50+ | 12:45+ | 13:26+ | 16:04+ | 16:58+ | 17:33+ | 19:04+ | 19:32+ | 20:50+ | 22:36+ | 24:21+ | 25:42+ | 27:31+ | 29:44+ | 30:15+ | | | | | | | | | | | | | | | |
| 02:19+ | 00:54+ | 01:15+ | 03:12+ | 02:10+ | 02:55+ | 00:41+ | 02:38+ | 00:54+ | 00:35+ | 01:31+ | 00:28+ | 01:18+ | 01:46+ | 01:45+ | 01:21+ | 01:49+ | 02:13+ | 00:31+ | | | | | | | | | | | | | | | |
| 02:19+ | 00:54+ | 01:15+ | 03:12+ | 02:10+ | 02:55+ | 00:41+ | 02:38+ | 00:54+ | 00:35+ | 01:31+ | 00:28+ | 01:18+ | 01:46+ | 01:45+ | 01:21+ | 01:49+ | 02:13+ | 00:31+ | | | | | | | | | | | | | | | |
| 51 | Augustine Okafor | | | | | | | | | | 1683 | | | | | | | | | | 31:06 | | | | | | | | | | | | |
| 03:47+ | 04:22+ | 05:14+ | 09:51+ | 11:20+ | 15:54+ | 16:33+ | 20:22+ | 20:50+ | 21:12+ | 22:40+ | 23:04+ | 24:19+ | 25:32+ | 26:44+ | 28:01+ | 29:19+ | 30:46+ | 31:06+ | | | | | | | | | | | | | | | |
| 03:47+ | 00:35+ | 00:52+ | 04:37+ | 01:29+ | 04:34+ | 00:39+ | 03:49+ | 00:28+ | 00:22+ | 01:28+ | 00:24+ | 01:15+ | 01:13+ | 01:12+ | 01:17+ | 01:18+ | 01:27+ | 00:20+ | | | | | | | | | | | | | | | |
| 03:47+ | 00:35+ | 00:52+ | 04:37+ | 01:29+ | 04:34+ | 00:39+ | 03:49+ | 00:28+ | 00:22+ | 01:28+ | 00:24+ | 01:15+ | 01:13+ | 01:12+ | 01:17+ | 01:18+ | 01:27+ | 00:20+ | | | | | | | | | | | | | | | |
| 52 | Jacek Jagodzinski | | | | | | | | | | 3486 | | | | | | | | | | 31:25 | | | | | | | | | | | | |
| 02:50+ | 04:00+ | 05:43+ | 08:58+ | 11:39+ | 15:39+ | 16:17+ | 18:18+ | 18:50+ | 19:10+ | 20:47+ | 21:24+ | 23:00+ | 24:17+ | 25:14+ | 28:12+ | 29:46+ | 31:02+ | 31:25+ | | | | | | | | | | | | | | | |
| 02:50+ | 01:10+ | 01:43+ | 03:15+ | 02:41+ | 04:00+ | 00:38+ | 02:01+ | 00:32+ | 00:20+ | 01:37+ | 00:37+ | 01:36+ | 01:17+ | 00:57+ | 02:58+ | 01:34+ | 01:16+ | 00:23+ | | | | | | | | | | | | | | | |
| 02:50+ | 01:10+ | 01:43+ | 03:15+ | 02:41+ | 04:00+ | 00:38+ | 02:01+ | 00:32+ | 00:20+ | 01:37+ | 00:37+ | 01:36+ | 01:17+ | 00:57+ | 02:58+ | 01:34+ | 01:16+ | 00:23+ | | | | | | | | | | | | | | | |
| 53 | Svein Inge Sævereid | | | | | | | | | | 643 | | | | | | | | | | 36:01 | | | | | | | | | | | | |
| 02:15+ | 03:19+ | 04:53+ | 08:26+ | 11:02+ | 14:14+ | 15:02+ | 18:29+ | 19:29+ | 20:56+ | 22:41+ | 23:05+ | 26:36+ | 28:26+ | 30:24+ | 31:55+ | 33:44+ | 35:24+ | 36:01+ | | | | | | | | | | | | | | | |
| 02:15+ | 01:04+ | 01:34+ | 03:33+ | 02:36+ | 03:12+ | 00:48+ | 03:27+ | 01:00+ | 01:27+ | 01:45+ | 00:24+ | 03:31+ | 01:50+ | 01:58+ | 01:31+ | 01:49+ | 01:40+ | 00:37+ | | | | | | | | | | | | | | | |
| 02:15+ | 01:04+ | 01:34+ | 03:33+ | 02:36+ | 03:12+ | 00:48+ | 03:27+ | 01:00+ | 01:27+ | 01:45+ | 00:24+ | 03:31+ | 01:50+ | 01:58+ | 01:31+ | 01:49+ | 01:40+ | 00:37+ | | | | | | | | | | | | | | | |