

| Class | Navn | Klasse | Tid |
|------------------------------------|------------------------------------|--|--|
| 18 | Ragnhild Båtnes Berntsen | 101 | 43:01 |
| 05:11+ | 05:37+ 08:51+ 09:43+ 10:39+ 11:20+ | 13:36+ 17:20+ 21:51+ 22:33+ 23:04+ 25:36+ 26:20+ | 28:56+ 30:40+ 31:54+ 33:10+ 35:38+ 36:42+ 39:06+ 39:25+ 40:28+ 41:10+ 42:09+ 42:45+ 43:01+ |
| 05:11+ | 00:26+ 03:14+ 00:52+ 00:56+ 00:41+ | 02:16+ 03:44+ 04:31+ 00:42+ 00:31+ | 02:36+ 01:44+ 01:14+ 01:16+ 02:28+ 01:04+ 02:24+ 00:19+ 01:03+ 00:42+ 00:59+ 00:36+ 00:16+ |
| 01:36& | 00:03# 01:11& 00:11& 00:11# 00:15& | 00:41& 00:53& 01:07& 00:08# 00:08& | 00:28# 00:09& 00:48& 00:20# 00:00= 00:16& 01:07& 00:07# 00:42& 00:07& 00:21& 00:08# 00:15& 00:13& 00:05& |
| 19 | Siri Bjerkreim Hamre | 93 | 43:49 |
| 05:15+ | 05:38+ 08:10+ 09:17+ 10:17+ 10:52+ | 13:03+ 16:35+ 21:20+ 22:15+ 22:52+ | 25:30+ 26:22+ 29:13+ 30:59+ 32:38+ 33:56+ 35:44+ 36:55+ 39:24+ 39:39+ 40:34+ 42:03+ 43:04+ 43:31+ 43:49+ |
| 05:15+ | 00:23= 02:32+ 01:07+ 01:00+ 00:35+ | 02:11+ 03:32+ 04:45+ 00:55+ 00:37+ | 02:38+ 00:52+ 02:51+ 01:46+ 01:39+ 01:18+ 01:48+ 01:11+ 02:29+ 00:15+ 00:55+ 01:29+ 01:01+ 00:27+ 00:18+ |
| 01:40& | 00:00= 00:29# 00:26& 00:15& 00:09& | 00:36& 00:41# 01:21& 00:21& 00:14& | 00:34& 00:17& 01:03& 00:22& 00:25& 00:18& 00:27& 00:14# 00:47& 00:03# 00:13& 00:55& 00:17& 00:04# 00:07& |
| 20 | Liv Omdal | 116 | 46:15 |
| 06:19+ | 06:45+ 09:24+ 10:22+ 11:18+ 11:54+ | 13:34+ 17:09+ 21:38+ 22:17+ 22:45+ | 24:49+ 25:38+ 34:26+ 35:45+ 37:04+ 38:05+ 39:40+ 40:43+ 43:02+ 43:16+ 43:56+ 44:40+ 45:42+ 46:04+ 46:15+ |
| 06:19+ | 00:26+ 02:39+ 00:58+ 00:56+ 00:36+ | 01:40+ 03:35+ 04:29+ 00:39+ 00:28+ | 02:04= 00:49+ 08:48+ 01:19- 01:19+ 01:01+ 01:35+ 01:03+ 02:19+ 00:14+ 00:40- 00:44+ 01:02+ 00:22- 00:11= |
| 02:44& | 00:03# 00:36& 00:17& 00:11# 00:10& | 00:05+ 00:44& 01:05& 00:05# 00:05# | 00:00= 00:14& 07:00& 00:05- 00:05+ 00:01+ 00:14# 00:06# 00:37& 00:02# 00:02- 00:10& 00:18& 00:01- 00:00= |
| 21 | Signe Lise Haaland | 66 | 54:00 |
| 05:21+ | 05:54+ 09:11+ 12:21+ 13:31+ 14:10+ | 16:16+ 20:36+ 25:18+ 26:16+ 26:57+ | 30:06+ 30:54+ 37:06+ 39:44+ 41:29+ 42:56+ 45:05+ 46:30+ 49:59+ 50:20+ 51:15+ 52:05+ 53:15+ 53:44+ 54:00+ |
| 05:21+ | 00:33+ 03:17+ 03:10+ 01:10+ 00:39+ | 02:06+ 04:20+ 04:42+ 00:58+ 00:41+ | 03:09+ 00:48+ 06:12+ 02:38+ 01:45+ 01:27+ 02:09+ 01:25+ 03:29+ 00:21+ 00:55+ 00:50+ 01:10+ 00:29+ 00:16+ |
| 01:46& | 00:10& 01:14& 02:29& 00:25& 00:13& | 00:31& 01:29& 01:18& 00:24& 00:18& | 01:05& 00:13& 04:24& 01:14& 00:31& 00:27& 00:48& 00:28& 01:47& 00:09& 00:13& 00:16& 00:26& 00:06& 00:05& |
| Beste strekktid for klassen | | | |
| 03:26 | 00:21 | 01:41 | 00:38 |
| 00:45 | 00:22 | 01:25 | 02:35 |
| 03:24 | 00:34 | 00:23 | 01:48 |
| 00:29 | 01:48 | 01:10 | 01:09 |
| 00:55 | 01:13 | 00:51 | 01:42 |
| 00:12 | 00:36 | 00:34 | 00:43 |
| 00:20 | 00:12 | 00:36 | 00:34 |
| 00:43 | 00:20 | 00:12 | 00:11 |

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 60 - 64 år

| | | | |
|----------|------------------------------------|------------------------------------|--|
| 1 | Ingrid Øxnevad | 18 | 28:08 |
| 02:31= | 03:12= 03:52= 04:54= 07:02= 11:53= | 12:23= 13:17= 13:44= 15:07= 16:24= | 18:09= 19:51= 22:17= 23:08= 24:24= 25:02= 26:31= 26:55= 27:33= 28:08= |
| 02:31= | 00:41= 00:40= 01:02= 02:08= 04:51= | 00:30= 00:54= 00:27= 01:23= 01:17= | 01:45= 01:42= 02:26= 00:51= 01:16= 00:38= 01:29= 00:24= 00:38= 00:35= |
| 00:00= | 00:00= 00:00= 00:00= 00:00= 00:00= | 00:00= 00:00= 00:00= 00:00= 00:00= | 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= |
| 2 | Elisabeth Christie Ørke | 105 | 29:16 |
| 02:54+ | 03:48+ 04:17+ 05:27+ 07:41+ 12:16+ | 12:43+ 13:39+ 14:05+ 15:43+ 17:03+ | 18:40+ 20:18+ 23:19+ 24:10+ 25:26+ 26:03+ 27:31+ 27:54+ 28:35+ 29:16+ |
| 02:54+ | 00:54+ 00:29- 01:10+ 02:14+ 04:35- | 00:27- 00:56+ 00:26- 01:38+ 01:20+ | 01:37- 01:38- 03:01+ 00:51= 01:16= 00:37- 01:28- 00:23- 00:41+ 00:41+ |
| 00:23# | 00:13& 00:11- 00:08# 00:06+ 00:16- | 00:03- 00:02+ 00:01- 00:15# 00:03+ | 00:08- 00:04- 00:35# 00:00= 00:00= 00:01- 00:01- 00:01- 00:03+ 00:06# |
| 3 | Amanda Renshaw | 101 | 34:55 |
| 03:05+ | 03:50+ 05:13+ 06:19+ 08:45+ 13:44+ | 14:11+ 15:15+ 15:45+ 17:09+ 18:40+ | 22:53+ 24:57+ 27:48+ 28:39+ 30:13+ 30:56+ 32:37+ 33:05+ 34:00+ 34:55+ |
| 03:05+ | 00:45+ 01:23+ 01:06+ 02:26+ 04:59+ | 00:27- 01:04+ 00:30+ 01:24+ 01:31+ | 04:13+ 02:04+ 02:51+ 00:51= 01:34+ 00:43+ 01:41+ 00:28+ 00:55+ 00:55+ |
| 00:34# | 00:04+ 00:43@ 00:04+ 00:18# 00:08+ | 00:03- 00:10# 00:03# 00:01+ 00:14# | 02:28@ 00:22# 00:25# 00:00= 00:18# 00:05# 00:12# 00:04# 00:17& 00:20& |
| 4 | Ingunn Voilås | 29 | 35:12 |
| 03:28+ | 04:22+ 04:54+ 06:19+ 09:05+ 14:17+ | 14:55+ 16:06+ 16:39+ 18:09+ 19:47+ | 22:44+ 24:42+ 27:34+ 28:32+ 30:18+ 31:04+ 32:47+ 33:17+ 34:12+ 35:12+ |
| 03:28+ | 00:54+ 00:32- 01:25+ 02:46+ 05:12+ | 00:38+ 01:11+ 00:33+ 01:30+ 01:38+ | 02:57+ 01:58+ 02:52+ 00:58+ 01:46+ 00:46+ 01:43+ 00:30+ 00:55+ 01:00+ |
| 00:57& | 00:13& 00:08- 00:23& 00:38& 00:21+ | 00:08& 00:17& 00:06# 00:07+ 00:21& | 01:12& 00:16# 00:26# 00:07# 00:30& 00:08# 00:14# 00:06# 00:17& 00:25& |
| 5 | Anne Siv Gjertsen | 27 | 36:32 |
| 03:17+ | 04:17+ 05:18+ 06:30+ 09:08+ 15:36+ | 16:12+ 17:29+ 17:58+ 19:31+ 21:00+ | 24:02+ 26:08+ 29:05+ 30:15+ 31:48+ 32:40+ 34:13+ 34:38+ 35:44+ 36:32+ |
| 03:17+ | 01:00+ 01:01+ 01:12+ 02:38+ 06:28+ | 00:36+ 01:17+ 00:29+ 01:33+ 01:29+ | 03:02+ 02:06+ 02:57+ 01:10+ 01:33+ 00:52+ 01:33+ 00:25+ 01:06+ 00:48+ |
| 00:46& | 00:19& 00:21& 00:10# 00:30# 01:37& | 00:06# 00:23& 00:02+ 00:10# 00:12# | 01:17& 00:24# 00:31# 00:19& 00:17# 00:14& 00:04+ 00:01+ 00:28& 00:13& |
| 6 | Nidunn Sandvik | 228 | 36:40 |
| 03:21+ | 04:24+ 05:19+ 06:44+ 09:28+ 14:58+ | 15:39+ 17:08+ 17:37+ 19:21+ 21:02+ | 23:15+ 25:47+ 29:05+ 30:19+ 31:50+ 32:40+ 34:27+ 35:00+ 35:47+ 36:40+ |
| 03:21+ | 01:03+ 00:55+ 01:25+ 02:44+ 05:30+ | 00:41+ 01:29+ 00:29+ 01:44+ 01:41+ | 02:13+ 02:32+ 03:18+ 01:14+ 01:31+ 00:50+ 01:47+ 00:33+ 00:47+ 00:53+ |
| 00:50& | 00:22& 00:15& 00:33& 00:36& 00:39# | 00:11& 00:35& 00:02+ 00:21& 00:24& | 00:50& 00:50& 00:52& 00:23& 00:15# 00:12& 00:18# 00:09& 00:09# 00:18& |
| 7 | Anne Katrine Lycke | 147 | 36:41 |
| 03:11+ | 04:04+ 05:03+ 06:16+ 09:04+ 14:17+ | 14:53+ 16:50+ 17:21+ 18:52+ 20:22+ | 23:42+ 25:52+ 28:54+ 29:52+ 31:26+ 32:15+ 33:48+ 34:32+ 35:43+ 36:41+ |
| 03:11+ | 00:53+ 00:39+ 01:13+ 02:48+ 05:13+ | 00:36+ 01:57+ 00:31+ 01:31+ 01:30+ | 03:20+ 02:10+ 03:02+ 00:58+ 01:34+ 00:49+ 01:33+ 00:44+ 01:11+ 00:58+ |
| 00:40& | 00:12& 00:19& 00:11# 00:40& 00:22+ | 00:06# 01:03@ 00:04# 00:08+ 00:13# | 01:35& 00:28& 00:36# 00:07# 00:18# 00:11& 00:04+ 00:20& 00:33& 00:23& |
| 8 | Kari Anstensrud | 117 | 38:37 |
| 03:06+ | 04:02+ 04:41+ 05:58+ 08:45+ 14:14+ | 15:18+ 17:15+ 17:43+ 19:02+ 20:59+ | 23:51+ 29:24+ 31:58+ 32:50+ 34:22+ 35:02+ 36:31+ 37:01+ 37:50+ 38:37+ |
| 03:06+ | 00:56+ 00:39- 01:17+ 02:47+ 05:29+ | 01:04+ 01:57+ 00:28+ 01:19- 01:57+ | 02:52+ 05:33+ 02:34+ 00:52+ 01:32+ 00:40+ 01:29= 00:30+ 00:49+ 00:47+ |
| 00:35# | 00:15& 00:01- 00:15# 00:39& 00:38# | 00:34@ 01:03@ 00:01+ 00:04- | 00:40& 01:07& 03:51@ 00:08+ 00:01+ 00:16# 00:02+ 00:00= 00:06# 00:11& 00:12& |
| 9 | Ellinor Hoemsnes | 116 | 43:46 |
| 04:03+ | 05:23+ 06:03+ 07:38+ 10:55+ 17:39+ | 18:04+ 19:42+ 20:18+ 22:15+ 24:13+ | 28:02+ 30:51+ 35:10+ 36:26+ 38:18+ 39:17+ 41:09+ 41:40+ 42:48+ 43:46+ |
| 04:03+ | 01:20+ 00:40= 01:35+ 03:17+ 06:44+ | 00:25- 01:38+ 00:36+ 01:57+ 01:58+ | 03:49+ 02:49+ 04:19+ 01:16+ 01:52+ 00:59+ 01:52+ 00:31+ 01:08+ 00:58+ |
| 01:32& | 00:39& 00:00= 00:33& 01:09& 01:53& | 00:05- 00:44& 00:09& 00:34& 00:41& | 02:04@ 01:07& 01:53& 00:25& 00:36& 00:21& 00:23& 00:07& 00:30& 00:23& |

| Class | Navn | Klasse | | | | | | | | | | | | | | | | Tid |
|-------|------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|
|-------|------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|

Beste strekktid for klassen

| | | | | | | | | | | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 02:31 | 00:41 | 00:29 | 01:02 | 02:08 | 04:35 | 00:25 | 00:54 | 00:26 | 01:19 | 01:17 | 01:37 | 01:38 | 02:26 | 00:51 | 01:16 | 00:37 | 01:28 | 00:23 | 00:38 | 00:35 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 65 - 69 år

| | | | | | | | | | | | | | | | | | | | | |
|----------|---------------------------|------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Ingrid Eik | 88 | 34:44 | | | | | | | | | | | | | | | | | |
| 03:10= | 04:11= | 04:47= | 06:00= | 08:29= | 14:35= | 14:59= | 16:13= | 16:36= | 18:02= | 19:33= | 22:58= | 25:08= | 27:45= | 28:47= | 30:19= | 31:02= | 32:45= | 33:14= | 34:01= | 34:44= |
| 03:10= | 01:01= | 00:36= | 01:13= | 02:29= | 06:06= | 00:24= | 01:14= | 00:23= | 01:26= | 01:31= | 03:25= | 02:10= | 02:37= | 01:02= | 01:32= | 00:43= | 01:43= | 00:29= | 00:47= | 00:43= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Marit Karin Nygård | 92 | 36:15 | | | | | | | | | | | | | | | | | |
| 03:56+ | 04:54+ | 05:29+ | 06:57+ | 09:49+ | 15:35+ | 16:00+ | 17:22+ | 17:50+ | 19:34+ | 21:11+ | 23:39+ | 25:39+ | 28:43+ | 29:43+ | 31:37+ | 32:24+ | 34:07+ | 34:37+ | 35:23+ | 36:15+ |
| 03:56+ | 00:58- | 00:35- | 01:28+ | 02:52+ | 05:46- | 00:25+ | 01:22+ | 00:28+ | 01:44+ | 01:37+ | 02:28- | 02:00- | 03:04+ | 01:00- | 01:54+ | 00:47+ | 01:43= | 00:30+ | 00:46- | 00:52+ |
| 00:46# | 00:03- | 00:01- | 00:15# | 00:23# | 00:20- | 00:01+ | 00:08# | 00:05# | 00:18# | 00:06+ | 00:57- | 00:10- | 00:27# | 00:02- | 00:22# | 00:04+ | 00:00= | 00:01+ | 00:01- | 00:09# |
| 3 | May Elinor Meling | 125 | 36:18 | | | | | | | | | | | | | | | | | |
| 03:25+ | 04:17+ | 04:50+ | 06:04+ | 08:34+ | 13:51- | 14:20- | 15:31- | 15:58- | 17:42- | 19:21- | 23:11+ | 25:32+ | 28:33+ | 29:33+ | 31:16+ | 32:06+ | 34:11+ | 34:38+ | 35:22+ | 36:18+ |
| 03:25+ | 00:52- | 00:33- | 01:14+ | 02:30+ | 05:17- | 00:29+ | 01:11- | 00:27+ | 01:44+ | 01:39+ | 03:50+ | 02:21+ | 03:01+ | 01:00- | 01:43+ | 00:50+ | 02:05+ | 00:27- | 00:44- | 00:56+ |
| 00:15+ | 00:09- | 00:03- | 00:01+ | 00:01+ | 00:49- | 00:05# | 00:03- | 00:04# | 00:18# | 00:08+ | 00:25# | 00:11+ | 00:24# | 00:02- | 00:11# | 00:07# | 00:22# | 00:02- | 00:03- | 00:13# |
| 4 | Eli Frafjord | 94 | 36:49 | | | | | | | | | | | | | | | | | |
| 03:44+ | 04:42+ | 05:24+ | 06:49+ | 09:49+ | 15:17+ | 15:43+ | 17:03+ | 17:29+ | 19:12+ | 20:49+ | 23:01+ | 25:36+ | 28:43+ | 29:43+ | 31:21+ | 32:12+ | 33:58+ | 34:49+ | 35:50+ | 36:49+ |
| 03:44+ | 00:58- | 00:42+ | 01:25+ | 03:00+ | 05:28- | 00:26+ | 01:20+ | 00:26+ | 01:43+ | 01:37+ | 02:12- | 02:35+ | 03:07+ | 01:00- | 01:38+ | 00:51+ | 01:46+ | 00:51+ | 01:01+ | 00:59+ |
| 00:34# | 00:03- | 00:06# | 00:12# | 00:31# | 00:38- | 00:02+ | 00:06+ | 00:03# | 00:17# | 00:06+ | 01:13- | 00:25# | 00:30# | 00:02- | 00:06+ | 00:08# | 00:03+ | 00:22# | 00:14# | 00:16# |
| 5 | Margot Asheim | 105 | 37:47 | | | | | | | | | | | | | | | | | |
| 03:01- | 03:51- | 04:24- | 05:43- | 08:25- | 14:47+ | 15:06+ | 16:16+ | 16:41+ | 18:08+ | 20:07+ | 22:47- | 28:02+ | 30:55+ | 31:51+ | 33:20+ | 34:02+ | 35:33+ | 36:04+ | 36:51+ | 37:47+ |
| 03:01- | 00:50- | 00:33- | 01:19+ | 02:42+ | 06:22+ | 00:19- | 01:10- | 00:25+ | 01:27+ | 01:59+ | 02:40- | 05:15+ | 02:53+ | 00:56- | 01:29- | 00:42- | 01:31- | 00:31+ | 00:47= | 00:56+ |
| 00:09- | 00:11- | 00:03- | 00:06+ | 00:13+ | 00:16+ | 00:05- | 00:04- | 00:02+ | 00:01+ | 00:28# | 00:45- | 03:05# | 00:16# | 00:06- | 00:03- | 00:01- | 00:12- | 00:02+ | 00:00= | 00:13# |
| 6 | Berit Gramstad | 113 | 46:20 | | | | | | | | | | | | | | | | | |
| 04:36+ | 05:41+ | 07:25+ | 08:53+ | 13:14+ | 22:09+ | 22:41+ | 24:28+ | 25:01+ | 27:04+ | 28:55+ | 31:36+ | 34:14+ | 38:45+ | 39:47+ | 41:28+ | 42:18+ | 44:04+ | 44:32+ | 45:32+ | 46:20+ |
| 04:36+ | 01:05+ | 01:44+ | 01:28+ | 04:21+ | 08:55+ | 00:32+ | 01:47+ | 00:33+ | 02:03+ | 01:51+ | 02:41- | 02:38+ | 04:31+ | 01:02= | 01:41+ | 00:50+ | 01:46+ | 00:28- | 01:00+ | 00:48+ |
| 01:26# | 00:04+ | 01:08@ | 00:15# | 01:52# | 02:49# | 00:08# | 00:33# | 00:10# | 00:37# | 00:20# | 00:44- | 00:28# | 01:54# | 00:00= | 00:09+ | 00:07# | 00:03+ | 00:01- | 00:13# | 00:05# |
| 7 | Kari Blixhavn | 228 | 47:13 | | | | | | | | | | | | | | | | | |
| 04:52+ | 06:06+ | 06:51+ | 08:32+ | 12:04+ | 19:35+ | 20:02+ | 21:40+ | 22:11+ | 24:17+ | 27:33+ | 30:23+ | 32:54+ | 37:18+ | 38:41+ | 40:41+ | 41:34+ | 43:38+ | 44:58+ | 45:57+ | 47:13+ |
| 04:52+ | 01:14+ | 00:45+ | 01:41+ | 03:32+ | 07:31+ | 00:27+ | 01:38+ | 00:31+ | 02:06+ | 03:16+ | 02:50- | 02:31+ | 04:24+ | 01:23+ | 02:00+ | 00:53+ | 02:04+ | 01:20+ | 00:59+ | 01:16+ |
| 01:42# | 00:13# | 00:09# | 00:28# | 01:03# | 01:25# | 00:03# | 00:24# | 00:08# | 00:40# | 01:45@ | 00:35- | 00:21# | 01:47# | 00:21# | 00:28# | 00:10# | 00:21# | 00:51@ | 00:12# | 00:33# |
| 8 | Åse Berg | 105 | 56:15 | | | | | | | | | | | | | | | | | |
| 03:35+ | 04:42+ | 06:15+ | 08:40+ | 12:55+ | 21:22+ | 22:04+ | 23:50+ | 24:50+ | 26:47+ | 30:06+ | 34:49+ | 39:23+ | 44:13+ | 45:44+ | 48:30+ | 49:33+ | 51:43+ | 52:51+ | 54:56+ | 56:15+ |
| 03:35+ | 01:07+ | 01:33+ | 02:25+ | 04:15+ | 08:27+ | 00:42+ | 01:46+ | 01:00+ | 01:57+ | 03:19+ | 04:43+ | 04:34+ | 04:50+ | 01:31+ | 02:46+ | 01:03+ | 02:10+ | 01:08+ | 02:05+ | 01:19+ |
| 00:25# | 00:06+ | 00:57@ | 01:12# | 01:46# | 02:21# | 00:18# | 00:32# | 00:37@ | 00:31# | 01:48@ | 01:18# | 02:24@ | 02:13# | 00:29# | 01:14# | 00:20# | 00:27# | 00:39@ | 01:18@ | 00:36# |

Beste strekktid for klassen

| | | | | | | | | | | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 03:01 | 00:50 | 00:33 | 01:13 | 02:29 | 05:17 | 00:19 | 01:10 | 00:23 | 01:26 | 01:31 | 02:12 | 02:00 | 02:37 | 00:56 | 01:29 | 00:42 | 01:31 | 00:27 | 00:44 | 00:43 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 70 - 74 år

| | | | | | | | | | | | | | | | | | | | | |
|----------|-------------------------------|------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 1 | Inger Skretting Opstad | 54 | 41:48 | | | | | | | | | | | | | | | | | |
| 03:59= | 05:07= | 05:50= | 07:29= | 10:33= | 16:43= | 17:06= | 18:32= | 19:02= | 20:59= | 22:50= | 26:38= | 28:34= | 32:57= | 34:13= | 36:06= | 36:59= | 38:59= | 39:32= | 40:47= | 41:48= |
| 03:59= | 01:08= | 00:43= | 01:39= | 03:04= | 06:10= | 00:23= | 01:26= | 00:30= | 01:57= | 01:51= | 03:48= | 01:56= | 04:23= | 01:16= | 01:53= | 00:53= | 02:00= | 00:33= | 01:15= | 01:01= |
| 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Mette Dagsland | 68 | 43:16 | | | | | | | | | | | | | | | | | |
| 03:50- | 04:47- | 05:54+ | 07:24- | 10:24- | 17:21+ | 18:08+ | 19:51+ | 20:24+ | 22:09+ | 24:08+ | 26:55+ | 30:24+ | 35:34+ | 36:39+ | 38:12+ | 39:12+ | 41:03+ | 41:27+ | 42:25+ | 43:16+ |
| 03:50- | 00:57- | 01:07+ | 01:30- | 03:00- | 06:57+ | 00:47+ | 01:43+ | 00:33+ | 01:45- | 01:59+ | 02:47- | 03:29+ | 05:10+ | 01:05- | 01:33- | 01:00+ | 01:51- | 00:24- | 00:58- | 00:51- |
| 00:09- | 00:11- | 00:24# | 00:09- | 00:04- | 00:47# | 00:24@ | 00:17# | 00:03# | 00:12- | 00:08+ | 01:01- | 01:33# | 00:47# | 00:11- | 00:20- | 00:07# | 00:09- | 00:09- | 00:17- | 00:10- |
| 3 | Lillian Dahl Fitjar | 117 | 48:35 | | | | | | | | | | | | | | | | | |
| 05:38+ | 06:44+ | 07:25+ | 08:58+ | 12:21+ | 22:22+ | 23:03+ | 24:42+ | 25:17+ | 27:01+ | 28:48+ | 32:10+ | 34:49+ | 38:35+ | 39:53+ | 41:45+ | 42:47+ | 45:27+ | 46:27+ | 47:29+ | 48:35+ |
| 05:38+ | 01:06- | 00:41- | 01:33- | 03:23+ | 10:01+ | 00:41+ | 01:39+ | 00:35+ | 01:44- | 01:47- | 03:22- | 02:39+ | 03:46- | 01:18+ | 01:52- | 01:02+ | 02:40+ | 01:00+ | 01:02- | 01:06+ |
| 01:39# | 00:02- | 00:02- | 00:06- | 00:19# | 03:51# | 00:18# | 00:13# | 00:05# | 00:13- | 00:04- | 00:26- | 00:43# | 00:37- | 00:02+ | 00:01- | 00:09# | 00:40# | 00:27# | 00:13- | 00:05+ |

| Class | Navn | Klasse | | | | | | | | | | | | | | | | Tid |
|-------|------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|
|-------|------|--------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|

Beste strekktid for klassen

03:50 00:57 00:41 01:30 03:00 06:10 00:23 01:26 00:30 01:44 01:47 02:47 01:56 03:46 01:05 01:33 00:53 01:51 00:24 00:58 00:51

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 75 - 79 år

1 Turid Nystrøm

68

38:19

03:24= 04:23= 05:01= 06:24= 09:14= 14:31= 14:58= 16:23= 16:54= 18:28= 20:43= 23:04= 25:12= 30:19= 31:35= 33:10= 34:03= 35:48= 36:21= 37:26= 38:19=
 03:24= 00:59= 00:38= 01:23= 02:50= 05:17= 00:27= 01:25= 00:31= 01:34= 02:15= 02:21= 02:08= 05:07= 01:16= 01:35= 00:53= 01:45= 00:33= 01:05= 00:53=
 00:00=

2 Helga Aaslid

54

40:13

03:49+ 04:51+ 05:36+ 07:06+ 10:28+ 16:41+ 17:39+ 18:53+ 19:29+ 22:04+ 23:52+ 26:05+ 29:45+ 32:44+ 33:43+ 35:20+ 36:06+ 37:46+ 38:17+ 39:12+ 40:13+
 03:49+ 01:02+ 00:45+ 01:30+ 03:22+ 06:13+ 00:58+ 01:14- 00:36+ 02:35+ 01:48- 02:13- 03:40+ 02:59- 00:59- 01:37+ 00:46- 01:40- 00:31- 00:55- 01:01+
 00:25# 00:03+ 00:07# 00:07+ 00:56# 00:31# 00:11- 00:05# 01:01# 00:27- 00:08- 01:32# 02:08- 00:17- 00:02+ 00:07- 00:05- 00:02- 00:10- 00:08#

3 Gry Vikhamar Thengs

68

40:52

04:00+ 05:04+ 05:49+ 07:28+ 10:38+ 16:37+ 17:13+ 18:35+ 19:10+ 21:01+ 22:46+ 25:17+ 28:39+ 32:32+ 33:40+ 35:29+ 36:16+ 38:13+ 39:02+ 39:59+ 40:52+
 04:00+ 01:04+ 00:45+ 01:39+ 03:10+ 05:59+ 00:36+ 01:22- 00:35+ 01:51+ 01:45- 02:31+ 03:22+ 03:53- 01:08- 01:49+ 00:47- 01:57+ 00:49+ 00:57- 00:53=
 00:36# 00:05+ 00:07# 00:16# 00:20# 00:42# 00:09# 00:03- 00:04# 00:17# 00:30- 00:10+ 01:14# 01:14# 00:09- 00:11- 00:03+ 00:07# 00:08- 00:02- 00:04- 00:00=

4 Haldis Glendrange

68

42:13

03:56+ 04:56+ 05:41+ 07:16+ 10:17+ 16:19+ 17:19+ 18:42+ 19:12+ 21:05+ 23:14+ 25:49+ 29:40+ 34:38+ 35:43+ 37:21+ 38:21+ 39:58+ 40:29+ 41:30+ 42:13+
 03:56+ 01:00+ 00:45+ 01:35+ 03:01+ 06:02+ 01:00+ 01:23- 00:30- 01:53+ 02:09- 02:35+ 03:51+ 04:58- 01:05- 01:38+ 01:00+ 01:37- 00:31- 01:01- 00:43-
 00:32# 00:01+ 00:07# 00:12# 00:11+ 00:45# 00:33# 00:02- 00:01- 00:19# 00:06- 00:14+ 01:43# 00:09- 00:11- 00:03+ 00:07# 00:08- 00:02- 00:04- 00:10-

5 Hedvig Anda

116

43:38

03:57+ 04:54+ 05:38+ 07:05+ 10:04+ 17:14+ 17:56+ 19:23+ 20:00+ 21:58+ 24:37+ 28:11+ 30:42+ 34:33+ 35:55+ 37:48+ 38:51+ 40:53+ 41:28+ 42:31+ 43:38+
 03:57+ 00:57- 00:44+ 01:27+ 02:59+ 07:10+ 00:42+ 01:27+ 00:37+ 01:58+ 02:39+ 03:34+ 02:31+ 03:51- 01:22+ 01:53+ 01:03+ 02:02+ 00:35+ 01:03- 01:07+
 00:33# 00:02- 00:06# 00:04+ 00:09+ 01:53# 00:15# 00:02+ 00:06# 00:24# 00:24# 01:13# 00:23# 01:16- 00:06+ 00:18# 00:10# 00:17# 00:02+ 00:02- 00:14#

6 Helga Klausen

62

57:11

05:08+ 06:25+ 07:12+ 09:10+ 13:19+ 21:06+ 21:36+ 24:21+ 25:15+ 28:50+ 31:37+ 36:26+ 39:53+ 44:52+ 46:30+ 49:10+ 50:28+ 53:31+ 54:27+ 55:41+ 57:11+
 05:08+ 01:17+ 00:47+ 01:58+ 04:09+ 07:47+ 00:30+ 02:45+ 00:54+ 03:35+ 02:47+ 04:49+ 03:27+ 04:59- 01:38+ 02:40+ 01:18+ 03:03+ 00:56+ 01:14+ 01:30+
 01:44# 00:18# 00:09# 00:35# 01:19# 02:30# 00:03# 01:20# 00:23# 02:01# 00:32# 02:28# 01:19# 00:08- 00:22# 01:05# 00:25# 01:18# 00:23# 00:09# 00:37#

7 Aslaug Lura

94

59:15

04:52+ 06:09+ 06:54+ 08:49+ 12:36+ 19:53+ 20:50+ 22:47+ 23:23+ 25:43+ 28:04+ 38:06+ 41:59+ 47:15+ 48:51+ 51:06+ 52:11+ 56:06+ 56:45+ 57:53+ 59:15+
 04:52+ 01:17+ 00:45+ 01:55+ 03:47+ 07:17+ 00:57+ 01:57+ 00:36+ 02:20+ 02:21+ 10:02+ 03:53+ 05:16+ 01:36+ 02:15+ 01:05+ 03:55+ 00:39+ 01:08+ 01:22+
 01:28# 00:18# 00:07# 00:32# 00:57# 02:00# 00:30# 00:32# 00:05# 00:46# 00:06+ 07:41# 01:45# 00:09+ 00:20# 00:40# 00:12# 02:10# 00:06# 00:03+ 00:29#

Beste strekktid for klassen

03:24 00:57 00:38 01:23 02:50 05:17 00:27 01:14 00:30 01:34 01:45 02:13 02:08 02:59 00:59 01:35 00:46 01:37 00:31 00:55 00:43

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 80 år og eldre

1 Berit Ebbell Olsen

68

48:13

04:17= 05:52= 07:44= 09:47= 13:41= 21:39= 22:41= 23:26= 26:51= 27:48= 31:19= 34:27= 36:18= 38:45= 40:15= 41:56= 44:51= 45:48= 47:06= 47:46= 48:13=
 04:17= 01:35= 01:52= 02:03= 03:54= 07:58= 01:02= 00:45= 03:25= 00:57= 03:31= 03:08= 01:51= 02:27= 01:30= 01:41= 02:55= 00:57= 01:18= 00:40= 00:27=
 00:00=

Beste strekktid for klassen

04:17 01:35 01:52 02:03 03:54 07:58 01:02 00:45 03:25 00:57 03:31 03:08 01:51 02:27 01:30 01:41 02:55 00:57 01:18 00:40 00:27

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer A

Damer Trim

| | | | |
|-----------|---|------------|--------------|
| 1 | Maren Benjaminsen | 43 | 21:35 |
| 02:14= | 02:49= 03:39= 04:22= 06:43= 08:31= 09:15= 09:54= 10:21= 11:35= 12:44= 14:32= 15:42= 16:40= 17:37= 18:53= 19:37= 20:11= 20:56= 21:24= 21:35= | | |
| 02:14= | 00:35= 00:50= 00:43= 02:21= 01:48= 00:44= 00:39= 00:27= 01:14= 01:09= 01:48= 01:10= 00:58= 00:57= 01:16= 00:44= 00:34= 00:45= 00:28= 00:11= | | |
| 00:00= | 00:00= | | |
| 2 | Marianne Strøm Uthaug | 113 | 21:55 |
| 01:55- | 03:34+ 04:29+ 05:15+ 07:42+ 09:26+ 10:13+ 10:46+ 11:12+ 12:26+ 13:34+ 15:13+ 16:33+ 17:22+ 18:20+ 19:22+ 20:07+ 20:43+ 21:22+ 21:44+ 21:55+ | | |
| 01:55- | 01:39+ 00:55+ 00:46+ 02:27+ 01:44- 00:47+ 00:33- 00:26- 01:14= 01:08- 01:39- 01:20+ 00:49- 00:58+ 01:02- 00:45+ 00:36+ 00:39- 00:22- 00:11= | | |
| 00:19- | 01:04@ 00:05# 00:03+ 00:06+ 00:04- 00:03+ 00:06- 00:01- 00:00= 00:01- 00:00= 00:01- 00:09- 00:10# 00:09- 00:01+ 00:14- 00:01+ 00:02+ 00:06- 00:06- 00:00= | | |
| 3 | Anastasia Ollestad | 93 | 22:24 |
| 02:14= | 02:46- 03:32- 04:17- 06:29- 08:34+ 09:26+ 10:08+ 10:34+ 12:09+ 13:20+ 15:08+ 16:42+ 17:38+ 18:38+ 19:49+ 20:28+ 21:02+ 21:46+ 22:08+ 22:24+ | | |
| 02:14= | 00:32- 00:46- 00:45+ 02:12- 02:05+ 00:52+ 00:42+ 00:26- 01:35+ 01:11+ 01:48= 01:34+ 00:56- 01:00+ 01:11- 00:39- 00:34= 00:44- 00:22- 00:16+ | | |
| 00:00= | 00:03- 00:04- 00:02+ 00:09- 00:17# 00:08# 00:03+ 00:01- 00:21# 00:02+ 00:00= 00:24# 00:02- 00:03+ 00:05- 00:05- 00:00= 00:01- 00:06- 00:05# | | |
| 4 | Lynn Marie Galston | 116 | 22:47 |
| 02:07- | 02:43- 03:35- 04:20- 06:33- 08:41+ 09:31+ 10:12+ 10:46+ 12:21+ 13:36+ 15:22+ 16:33+ 17:56+ 19:04+ 20:12+ 20:55+ 21:31+ 22:10+ 22:34+ 22:47+ | | |
| 02:07- | 00:36+ 00:52+ 00:45+ 02:13- 02:08+ 00:50+ 00:41+ 00:34+ 01:35+ 01:15+ 01:46- 01:11+ 01:23+ 01:08+ 01:08- 00:43- 00:36+ 00:39- 00:24- 00:13+ | | |
| 00:07- | 00:01+ 00:02+ 00:02+ 00:08- 00:20# 00:06# 00:02+ 00:07# 00:21# 00:06+ 00:02- 00:01+ 00:25# 00:11# 00:08- 00:01- 00:02+ 00:06- 00:04- 00:02# | | |
| 5 | Karoline Fidjeland | 105 | 24:15 |
| 02:16+ | 02:50+ 04:00+ 04:51+ 07:12+ 09:21+ 10:07+ 10:44+ 11:17+ 13:01+ 14:29+ 16:34+ 17:54+ 18:52+ 19:59+ 21:17+ 22:02+ 22:40+ 23:37+ 24:03+ 24:15+ | | |
| 02:16+ | 00:34- 01:10+ 00:51+ 02:21= 02:09+ 00:46+ 00:37- 00:33+ 01:44+ 01:28+ 02:05+ 01:20+ 00:58= 01:07+ 01:18+ 00:45+ 00:38+ 00:57+ 00:26- 00:12+ | | |
| 00:02+ | 00:01- 00:20# 00:08# 00:00= 00:21# 00:02+ 00:02- 00:06# 00:30# 00:19# 00:17# 00:10# 00:00= 00:10# 00:02+ 00:01+ 00:04# 00:12# 00:02- 00:01+ | | |
| 6 | Hanna Haaland Sømme | 68 | 24:33 |
| 02:13- | 02:46- 03:34- 04:25+ 06:48+ 09:43+ 10:48+ 11:29+ 12:01+ 13:45+ 15:06+ 16:59+ 18:09+ 19:04+ 20:06+ 21:24+ 22:13+ 22:52+ 23:51+ 24:21+ 24:33+ | | |
| 02:13- | 00:33- 00:48- 00:51+ 02:23+ 02:55+ 01:05+ 00:41+ 00:32+ 01:44+ 01:21+ 01:53+ 01:10= 00:55- 01:02+ 01:18+ 00:49+ 00:39+ 00:59+ 00:30+ 00:12+ | | |
| 00:01- | 00:02- 00:02- 00:08# 00:02+ 01:07# 00:21# 00:02+ 00:05# 00:30# 00:12# 00:05+ 00:00= 00:03- 00:05+ 00:02+ 00:05# 00:05# 00:14# 00:02+ 00:01+ | | |
| 7 | Nina Bækkelund Christiansen | 105 | 24:48 |
| 02:27+ | 03:04+ 04:17+ 05:10+ 07:28+ 09:35+ 10:38+ 11:17+ 11:50+ 14:12+ 15:20+ 17:13+ 18:32+ 19:29+ 20:40+ 21:51+ 22:33+ 23:06+ 24:07+ 24:32+ 24:48+ | | |
| 02:27+ | 00:37+ 01:13+ 00:53+ 02:18- 02:07+ 01:03+ 00:39= 00:33+ 02:22+ 01:08- 01:53+ 01:19+ 00:57- 01:11+ 01:11- 00:42- 00:33- 01:01+ 00:25- 00:16+ | | |
| 00:13+ | 00:02+ 00:23# 00:10# 00:03- 00:19# 00:19# 00:00= 00:06# 01:08# 00:01- 00:05+ 00:09# 00:01- 00:14# 00:05- 00:02- 00:01- 00:16# 00:03- 00:05# | | |
| 8 | Marit Lindtveit Undheim | 54 | 25:16 |
| 02:23+ | 03:02+ 04:03+ 04:53+ 07:26+ 09:38+ 10:27+ 11:06+ 11:34+ 13:51+ 14:59+ 16:52+ 18:14+ 19:49+ 20:55+ 22:10+ 22:53+ 23:33+ 24:35+ 25:04+ 25:16+ | | |
| 02:23+ | 00:39+ 01:01+ 00:50+ 02:33+ 02:12+ 00:49+ 00:39= 00:28+ 02:17+ 01:08- 01:53+ 01:22+ 01:35+ 01:06+ 01:15- 00:43- 00:40+ 01:02+ 00:29+ 00:12+ | | |
| 00:09+ | 00:04# 00:11# 00:07# 00:12+ 00:24# 00:05# 00:00= 00:01+ 01:03# 00:01- 00:05+ 00:12# 00:37# 00:09# 00:01- 00:01- 00:06# 00:17# 00:01+ 00:01+ | | |
| 9 | Maria Fjelde | 105 | 25:53 |
| 04:23+ | 04:59+ 05:46+ 06:37+ 09:13+ 11:19+ 12:23+ 13:02+ 13:29+ 15:09+ 16:25+ 18:29+ 19:49+ 20:46+ 21:53+ 23:12+ 23:54+ 24:34+ 25:19+ 25:42+ 25:53+ | | |
| 04:23+ | 00:36+ 00:47- 00:51+ 02:36+ 02:06+ 01:04+ 00:39= 00:27= 01:40+ 01:16+ 02:04+ 01:20+ 00:57- 01:07+ 01:19+ 00:42- 00:40+ 00:45= 00:23- 00:11= | | |
| 02:09# | 00:01+ 00:03- 00:08# 00:15# 00:18# 00:20# 00:00= 00:00= 00:26# 00:07# 00:16# 00:10# 00:01- 00:10# 00:03+ 00:02- 00:06# 00:00= 00:05- 00:00= | | |
| 10 | Inger Johanne Klausen | 54 | 25:58 |
| 02:57+ | 03:37+ 04:33+ 05:18+ 07:59+ 10:21+ 11:26+ 12:04+ 12:29+ 14:00+ 15:16+ 17:22+ 19:30+ 20:28+ 21:32+ 22:49+ 23:47+ 24:29+ 25:19+ 25:44+ 25:58+ | | |
| 02:57+ | 00:40+ 00:56+ 00:45+ 02:41+ 02:22+ 01:05+ 00:38- 00:25- 01:31+ 01:16+ 02:06+ 02:08+ 00:58= 01:04+ 01:17+ 00:58+ 00:42+ 00:50+ 00:25- 00:14+ | | |
| 00:43# | 00:05# 00:06# 00:02+ 00:20# 00:34# 00:21# 00:01- 00:02- 00:17# 00:07# 00:18# 00:58# 00:00= 00:07# 00:01+ 00:14# 00:08# 00:05# 00:03- 00:03# | | |
| 11 | Grete Stokke Seljeskog | 128 | 26:08 |
| 02:38+ | 03:23+ 04:13+ 04:54+ 07:10+ 09:13+ 10:05+ 10:40+ 11:10+ 12:52+ 15:07+ 18:17+ 19:46+ 20:49+ 21:47+ 22:59+ 23:42+ 24:31+ 25:29+ 25:55+ 26:08+ | | |
| 02:38+ | 00:45+ 00:50= 00:41- 02:16- 02:03+ 00:52+ 00:35- 00:30+ 01:42+ 02:15+ 03:10+ 01:29+ 01:03+ 00:58+ 01:12- 00:43- 00:49+ 00:58+ 00:26- 00:13+ | | |
| 00:24# | 00:10# 00:00= 00:02- 00:05- 00:15# 00:08# 00:04- 00:03# 00:28# 01:06# 01:22# 00:19# 00:05+ 00:01+ 00:04- 00:01- 00:15# 00:13# 00:02- 00:02# | | |
| 12 | Silje H. Myklebust | 54 | 26:28 |
| 03:01+ | 03:39+ 04:35+ 05:24+ 08:05+ 10:29+ 11:29+ 12:07+ 12:33+ 14:03+ 15:19+ 17:38+ 19:22+ 20:32+ 21:41+ 23:02+ 23:58+ 24:48+ 25:42+ 26:13+ 26:28+ | | |
| 03:01+ | 00:38+ 00:56+ 00:49+ 02:41+ 02:24+ 01:00+ 00:38- 00:26- 01:30+ 01:16+ 02:19+ 01:44+ 01:10+ 01:09+ 01:21+ 00:56+ 00:50+ 00:54+ 00:31+ 00:15+ | | |
| 00:47# | 00:03+ 00:06# 00:06# 00:20# 00:36# 00:16# 00:01- 00:01- 00:16# 00:07# 00:31# 00:34# 00:12# 00:12# 00:05+ 00:12# 00:16# 00:09# 00:03# 00:04# | | |
| 13 | Karine Ditlevsen | 117 | 26:39 |
| 02:41+ | 03:27+ 04:24+ 05:10+ 07:51+ 10:24+ 11:25+ 12:07+ 12:46+ 14:31+ 15:59+ 18:10+ 19:23+ 20:37+ 21:58+ 23:22+ 24:15+ 25:01+ 25:51+ 26:24+ 26:39+ | | |
| 02:41+ | 00:46+ 00:57+ 00:46+ 02:41+ 02:33+ 01:01+ 00:42+ 00:39+ 01:45+ 01:28+ 02:11+ 01:13+ 01:14+ 01:21+ 01:24+ 00:53+ 00:46+ 00:50+ 00:33+ 00:15+ | | |
| 00:27# | 00:11# 00:07# 00:03+ 00:20# 00:45# 00:17# 00:03+ 00:12# 00:31# 00:19# 00:23# 00:03+ 00:16# 00:24# 00:08# 00:09# 00:12# 00:05# 00:05# 00:04# | | |
| 14 | Linda Charlotte Jahren Mørch | 117 | 26:41 |
| 02:43+ | 03:33+ 04:22+ 05:14+ 07:56+ 10:22+ 11:24+ 12:06+ 12:44+ 14:33+ 16:06+ 18:15+ 19:27+ 20:36+ 21:57+ 23:24+ 24:14+ 25:04+ 25:54+ 26:27+ 26:41+ | | |
| 02:43+ | 00:50+ 00:49- 00:52+ 02:42+ 02:26+ 01:02+ 00:42+ 00:38+ 01:49+ 01:33+ 02:09+ 01:12+ 01:09+ 01:21+ 01:27+ 00:50+ 00:50+ 00:50+ 00:33+ 00:14+ | | |
| 00:29# | 00:15# 00:01- 00:09# 00:21# 00:38# 00:18# 00:03+ 00:11# 00:35# 00:24# 00:21# 00:02+ 00:11# 00:24# 00:11# 00:06# 00:16# 00:05# 00:05# 00:03# | | |

Beste strekktid for klassen

02:29 00:16 00:34 03:47 00:26 02:44 01:42 01:07 02:52 00:29 00:17 00:59 01:01 01:22 01:03 01:48 01:10 00:58 00:36 00:20 00:21 00:21 00:09

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 40 - 49 år

1 Kristoffer Buchholz Johannessen 88

02:51= 03:15= 04:00= 08:05= 08:40= 12:06= 13:55= 15:55= 18:58= 19:30= 19:52= 21:03= 22:18= 23:40= 25:44= 27:39= 28:55= 30:03= 31:12= 31:32= 32:11= 32:36= 32:48=

32:48

2 Audun Thomassen 65

02:52+ 03:12- 03:56- 08:21+ 08:56+ 12:53+ 15:09+ 17:02+ 20:34+ 21:08+ 21:31+ 22:41+ 23:51+ 25:33+ 27:12+ 29:07+ 30:24+ 31:44+ 32:41+ 33:14+ 34:04+ 34:52+ 35:03+

35:03

3 Øyvind Madland 405

03:13+ 03:38+ 04:20+ 08:50+ 09:26+ 13:52+ 16:06+ 17:37+ 21:04+ 21:37+ 21:56+ 23:11+ 24:42+ 26:12+ 28:57+ 31:03+ 32:28+ 33:41+ 34:27+ 34:52+ 35:37+ 36:05+ 36:15+

36:15

4 Thomas Chruickshank 48

03:05+ 03:26+ 04:14+ 09:00+ 09:32+ 13:32+ 15:52+ 17:33+ 20:38+ 21:10+ 21:32+ 23:06+ 24:27+ 26:05+ 27:40+ 31:19+ 32:46+ 34:08+ 34:53+ 35:22+ 36:01+ 36:23+ 36:35+

36:35

5 Christian Ask 180

03:03+ 03:29+ 04:15+ 08:55+ 09:23+ 13:41+ 15:54+ 17:52+ 21:32+ 22:08+ 22:36+ 23:49+ 25:10+ 27:09+ 28:37+ 31:07+ 32:40+ 33:57+ 34:41+ 35:06+ 36:01+ 36:27+ 36:39+

36:39

6 Magne Habbestad 111

03:13+ 03:34+ 04:20+ 08:59+ 09:30+ 13:44+ 16:00+ 17:20+ 21:23+ 22:00+ 22:22+ 23:40+ 25:03+ 26:47+ 28:34+ 31:08+ 32:41+ 33:58+ 34:44+ 35:14+ 36:04+ 36:31+ 36:44+

36:44

7 Gunnar Thorset 117

03:35+ 03:59+ 04:45+ 09:43+ 10:13+ 14:41+ 17:08+ 18:43+ 22:28+ 23:03+ 23:27+ 24:45+ 25:55+ 27:36+ 28:58+ 31:16+ 32:48+ 34:12+ 34:58+ 35:24+ 36:06+ 36:35+ 36:46+

36:46

8 Glenn Madland 128

03:02+ 03:21+ 04:18+ 08:33+ 09:05+ 13:51+ 15:53+ 18:03+ 21:39+ 22:09+ 22:32+ 23:43+ 25:12+ 27:15+ 29:01+ 32:27+ 33:40+ 35:00+ 36:03+ 36:32+ 37:09+ 37:30+ 37:42+

37:42

9 Jan-Kenneth Polle 83

03:16+ 03:41+ 04:38+ 10:24+ 11:09+ 15:02+ 17:05+ 19:05+ 22:34+ 23:09+ 23:32+ 24:49+ 25:58+ 28:01+ 30:03+ 32:27+ 33:56+ 35:13+ 35:58+ 36:32+ 37:10+ 37:35+ 37:48+

37:48

10 Frode Ungar 116

03:17+ 03:43+ 04:35+ 10:04+ 10:32+ 15:07+ 17:15+ 20:06+ 23:34+ 24:09+ 24:34+ 25:53+ 27:15+ 28:50+ 30:26+ 32:59+ 34:29+ 35:40+ 36:23+ 36:44+ 37:19+ 37:44+ 37:54+

37:54

11 Eivind Lie 116

03:03+ 03:32+ 04:21+ 09:02+ 09:33+ 13:43+ 16:15+ 18:38+ 22:12+ 22:49+ 23:11+ 24:21+ 25:41+ 27:57+ 29:30+ 32:00+ 33:59+ 35:11+ 35:54+ 36:21+ 37:15+ 37:47+ 38:00+

38:00

12 Per Jan Erslund 43

03:34+ 03:57+ 04:42+ 10:19+ 10:50+ 14:54+ 17:01+ 19:26+ 23:11+ 23:47+ 24:11+ 25:29+ 26:36+ 28:25+ 31:13+ 33:18+ 34:44+ 36:02+ 36:40+ 37:02+ 37:36+ 37:58+ 38:07+

38:07

13 Antal Jansen 115

03:51+ 04:12+ 04:52+ 08:58+ 09:29+ 13:02+ 15:21+ 18:30+ 21:52+ 22:29+ 23:01+ 24:17+ 25:24+ 27:30+ 28:56+ 32:33+ 34:01+ 35:18+ 35:59+ 37:05+ 38:03+ 38:33+ 38:43+

38:43

| Class | Navn | Klasse | Tid |
|-----------|-----------------------|------------|--------------|
| 3 | Anders Glenne | 7 | 31:53 |
| 01:16+ | 04:05+ | 04:24+ | 06:36+ |
| 01:16+ | 02:49+ | 00:19- | 02:12+ |
| 00:05+ | 00:31# | 00:02- | 00:10+ |
| 31:17+ | 31:41+ | 31:53+ | |
| 00:39+ | 00:24- | 00:12+ | |
| 00:05# | 00:01- | 00:02# | |
| 4 | Terje Undheim | 54 | 32:48 |
| 01:20+ | 03:51+ | 04:08+ | 06:04+ |
| 01:20+ | 02:31+ | 00:17- | 01:56- |
| 00:09# | 00:13+ | 00:04- | 00:06- |
| 32:05+ | 32:29+ | 32:48+ | |
| 00:38+ | 00:24- | 00:19+ | |
| 00:04# | 00:01- | 00:09# | |
| 5 | Lars Primstad | 62 | 32:52 |
| 01:08- | 04:42+ | 04:58+ | 06:33+ |
| 01:08- | 03:34+ | 00:16- | 01:35- |
| 00:03- | 01:16# | 00:05- | 00:27- |
| 31:42+ | 32:17+ | 32:39+ | 32:52+ |
| 00:24- | 00:35+ | 00:22+ | 00:13+ |
| 00:10- | 00:10# | 00:12# | 00:13+ |
| 6 | Steinar Hansen | 27 | 35:22 |
| 01:25+ | 04:11+ | 04:28+ | 06:43+ |
| 01:25+ | 02:46+ | 00:17- | 02:15+ |
| 00:14# | 00:28# | 00:04- | 00:13# |
| 34:35+ | 35:08+ | 35:22+ | |
| 00:40+ | 00:33+ | 00:14+ | |
| 00:06# | 00:08# | 00:04# | |
| 7 | Håvard Håland | 66 | 35:53 |
| 01:27+ | 04:22+ | 04:45+ | 07:07+ |
| 01:27+ | 02:55+ | 00:23+ | 02:22+ |
| 00:16# | 00:37# | 00:02+ | 00:20# |
| 35:08+ | 35:41+ | 35:53+ | |
| 00:43+ | 00:33+ | 00:12+ | |
| 00:09# | 00:08# | 00:02# | |
| 8 | Ulric Björck | 53 | 35:57 |
| 01:25+ | 04:21+ | 04:42+ | 07:00+ |
| 01:25+ | 02:56+ | 00:21- | 02:18+ |
| 00:14# | 00:38# | 00:00=- | 00:16# |
| 35:18+ | 35:45+ | 35:57+ | |
| 00:43+ | 00:27+ | 00:12+ | |
| 00:09# | 00:02+ | 00:02# | |
| 9 | John Breiland | 352 | 36:13 |
| 01:27+ | 04:19+ | 04:40+ | 07:00+ |
| 01:27+ | 02:52+ | 00:21=- | 02:20+ |
| 00:16# | 00:34# | 00:00=- | 00:18# |
| 35:24+ | 35:53+ | 36:13+ | |
| 00:46+ | 00:29+ | 00:20+ | |
| 00:12# | 00:04# | 00:10# | |
| 10 | Svein Roar Aas | 114 | 36:22 |
| 01:34+ | 04:30+ | 04:51+ | 07:44+ |
| 01:34+ | 02:56+ | 00:21=- | 02:53+ |
| 00:23# | 00:38# | 00:00=- | 00:51# |
| 35:40+ | 36:10+ | 36:22+ | |
| 00:43+ | 00:30+ | 00:12+ | |
| 00:09# | 00:05# | 00:02# | |
| 11 | Arve Sonflå | 180 | 36:37 |
| 01:27+ | 04:45+ | 05:08+ | 07:28+ |
| 01:27+ | 03:18+ | 00:23+ | 02:20+ |
| 00:16# | 01:00# | 00:02+ | 00:18# |
| 35:53+ | 36:22+ | 36:37+ | |
| 00:44+ | 00:29+ | 00:15+ | |
| 00:10# | 00:04# | 00:05# | |

Class **Navn** **Klasse** **Tid**

8 Stian Haugvaldstad 116 41:09
02:34+ 02:51+ 03:27+ 07:14+ 07:41+ 11:12+ 15:30+ 16:13+ 18:37+ 20:03+ 22:41+ 25:49+ 26:39+ 26:56+ 28:15+ 29:09+ 30:39+ 31:48+ 33:37+ 33:58+ 34:42+ 35:36+ 36:12+ 37:12+ 38:01+ 39:06+
02:34+ 00:17+ 00:36+ 03:47+ 00:27+ 03:31+ 04:18+ 00:43+ 02:24+ 01:26+ 02:38+ 03:08+ 00:50+ 00:17+ 01:19+ 00:54+ 01:30+ 01:09+ 01:49+ 00:21+ 00:44+ 00:54+ 00:36+ 01:00+ 00:49+ 01:05+
00:01+ 00:01+ 00:02+ 00:25# 00:05# 00:39# 00:34# 00:10& 00:37& 00:05+ 00:15# 00:27# 00:07# 00:03# 00:10# 00:07# 00:13# 00:13# 00:17# 00:03# 00:10& 00:04+ 00:04# 00:06# 00:06# 00:08#
39:42+ 40:03+ 40:35+ 40:58+ 41:09+
00:36+ 00:21+ 00:32+ 00:23+ 00:11+
00:03+ 00:03# 00:02+ 00:02+ 00:01#

9 Martin Blystad 115 43:17
02:57+ 03:15+ 03:52+ 07:55+ 08:21+ 11:30+ 15:41+ 16:20+ 18:23+ 19:58+ 23:02+ 25:58+ 26:50+ 27:10+ 28:38+ 29:40+ 31:30+ 32:47+ 35:22+ 35:41+ 36:27+ 37:26+ 38:04+ 39:10+ 40:00+ 41:06+
02:57+ 00:18+ 00:37+ 04:03+ 00:26+ 03:09+ 04:11+ 00:39+ 02:03+ 01:35+ 03:04+ 02:56+ 00:52+ 00:20+ 01:28+ 01:02+ 01:50+ 01:17+ 02:35+ 00:19+ 00:46+ 00:59+ 00:38+ 01:06+ 00:50+ 01:06+
00:24# 00:02# 00:03+ 00:41# 00:04# 00:17+ 00:27# 00:06# 00:16# 00:14# 00:41& 00:15+ 00:09# 00:06& 00:19& 00:15& 00:33& 00:21& 01:03& 00:01+ 00:12& 00:09# 00:06# 00:12# 00:07# 00:09#
41:45+ 42:05+ 42:41+ 43:09+ 43:17+
00:39+ 00:20+ 00:36+ 00:28+ 00:08-
00:06# 00:02# 00:06# 00:07& 00:02-

10 Erik Lima 43 45:00
03:01+ 03:21+ 04:01+ 09:06+ 09:27+ 12:58+ 17:23+ 17:59+ 20:31+ 22:05+ 24:51+ 28:16+ 29:07+ 29:27+ 30:54+ 31:54+ 33:54+ 35:15+ 37:03+ 37:24+ 38:14+ 39:13+ 39:51+ 40:57+ 41:43+ 42:50+
03:01+ 00:20+ 00:40+ 05:05+ 00:21- 03:31+ 04:25+ 00:36+ 02:32+ 01:34+ 02:46+ 03:25+ 00:51+ 00:20+ 01:27+ 01:00+ 02:00+ 01:21+ 01:48+ 00:21+ 00:50+ 00:59+ 00:38+ 01:06+ 00:46+ 01:07+
00:28# 00:04# 00:06# 01:43& 00:01- 00:39# 00:41# 00:03+ 00:45& 00:13# 00:23# 00:44& 00:08# 00:06& 00:18& 00:13& 00:43& 00:25& 00:16# 00:03# 00:16& 00:09# 00:06# 00:12# 00:03+ 00:10#
43:25+ 43:45+ 44:27+ 44:51+ 45:00+
00:35+ 00:20+ 00:42+ 00:24+ 00:09-
00:02+ 00:02# 00:12& 00:03# 00:01-

11 Torbjørn Ims Østby 66 45:03
02:44+ 03:06+ 03:46+ 08:53+ 09:18+ 12:56+ 17:16+ 17:53+ 20:03+ 21:47+ 25:40+ 28:42+ 29:38+ 29:56+ 31:16+ 32:13+ 33:45+ 34:55+ 36:52+ 37:12+ 37:57+ 39:36+ 40:41+ 41:42+ 42:52+
02:44+ 00:22+ 00:40+ 05:07+ 00:25+ 03:38+ 04:20+ 00:37+ 02:10+ 01:44+ 03:53+ 03:02+ 00:56+ 00:18+ 01:20+ 00:57+ 01:32+ 01:10+ 01:57+ 00:20+ 00:45+ 00:58+ 00:41+ 01:05+ 01:01+ 01:10+
00:11+ 00:06# 00:06# 01:45& 00:03# 00:46& 00:36# 00:04# 00:23# 00:23& 01:30& 00:21# 00:13& 00:04& 00:11# 00:10# 00:15# 00:14# 00:25& 00:02# 00:11& 00:08# 00:09& 00:11# 00:18& 00:13#
43:29+ 43:50+ 44:29+ 44:52+ 45:03+
00:37+ 00:21+ 00:39+ 00:23+ 00:11+
00:04# 00:03# 00:09& 00:02+ 00:01#

12 Svein Kyllingstad 71 48:13
02:36+ 03:09+ 04:27+ 08:42+ 09:10+ 13:01+ 15:42+ 18:25+ 19:15+ 21:37+ 23:06+ 27:09+ 30:39+ 31:36+ 31:56+ 33:16+ 34:20+ 36:23+ 37:36+ 39:41+ 40:02+ 40:48+ 41:54+ 42:39+ 43:46+ 44:40+
02:36+ 00:33+ 01:18+ 04:15+ 00:28+ 03:51+ 02:41- 02:43+ 00:50- 02:22+ 01:29- 04:03+ 03:30+ 00:57+ 00:20- 01:20+ 01:04- 02:03+ 01:13- 02:05+ 00:21- 00:46- 01:06+ 00:45- 01:07+ 00:54-
00:03+ 00:17@ 00:44@ 00:53& 00:06# 00:59& 01:03- 02:10@ 00:57- 01:01& 00:54- 01:22& 02:47@ 00:43@ 00:49- 00:33& 00:13- 01:07@ 00:19- 01:47@ 00:13- 00:04- 00:34@ 00:09- 00:24& 00:03-
45:49+ 46:40+ 47:00+ 47:35+ 48:01+ 48:13+
01:09+ 00:51+ 00:20- 00:35+ 00:26+ 00:12+
00:36@ 00:33@ 00:10- 00:14& 00:16@ 00:12+

Beste strekktid for klassen
02:33 00:16 00:33 03:22 00:21 02:52 02:41 00:33 00:50 01:20 01:29 02:34 00:43 00:14 00:20 00:47 01:04 00:56 01:13 00:17 00:21 00:46 00:31 00:45 00:43 00:54 00:30 00:17

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer B

1 Aart Joakim in't Veld 93 40:10
02:37= 02:53= 03:29= 07:21= 07:48= 10:50= 15:02= 15:39= 18:01= 19:33= 22:13= 25:06= 25:51= 26:08= 27:26= 28:18= 29:46= 30:53= 32:31= 32:52= 33:39= 34:35= 35:09= 36:09= 36:58= 38:02=
02:37= 00:16= 00:36= 03:52= 00:27= 03:02= 04:12= 00:37= 02:22= 01:32= 02:40= 02:53= 00:45= 00:17= 01:18= 00:52= 01:28= 01:07= 01:38= 00:21= 00:47= 00:56= 00:34= 01:00= 00:49= 01:04=
00:00=
38:36= 38:55= 39:34= 39:59= 40:10=
00:34= 00:19= 00:39= 00:25= 00:11=
00:00= 00:00= 00:00= 00:00= 00:00=

2 Geir Sand 105 41:14
02:48+ 03:08+ 03:47+ 07:39+ 08:05+ 11:25+ 15:26+ 16:05+ 18:08+ 19:48+ 22:53+ 25:50+ 26:41+ 26:58+ 28:18+ 29:13+ 30:40+ 31:48+ 33:37+ 34:00+ 34:45+ 35:39+ 36:15+ 37:17+ 38:06+ 39:15+
02:48+ 00:20+ 00:39+ 03:52= 00:26- 03:20+ 04:01- 00:39+ 02:03- 01:40+ 03:05+ 02:57+ 00:51+ 00:17= 01:20+ 00:55+ 01:27- 01:08+ 01:49+ 00:23+ 00:45- 00:54- 00:36+ 01:02+ 00:49= 01:09+
00:11+ 00:04# 00:03+ 00:00= 00:01- 00:18+ 00:11- 00:02+ 00:19- 00:08+ 00:25# 00:04+ 00:06# 00:00= 00:02+ 00:03+ 00:01- 00:01+ 00:11# 00:02+ 00:02- 00:02- 00:02+ 00:02+ 00:00= 00:05+
39:49+ 40:09+ 40:41+ 41:04+ 41:14+
00:34= 00:20+ 00:32- 00:23- 00:10-
00:00= 00:01+ 00:07- 00:02- 00:01-

3 Joar Eilevstjønn 67 42:18
03:06+ 03:22+ 04:00+ 08:02+ 08:26+ 11:33+ 15:34+ 16:15+ 18:26+ 19:53+ 24:01+ 27:11+ 28:01+ 28:20+ 29:53+ 30:50+ 32:16+ 33:28+ 35:12+ 35:33+ 36:11+ 37:02+ 37:36+ 38:35+ 39:22+ 40:22+
03:06+ 00:16= 00:38+ 04:02+ 00:24- 03:07+ 04:01- 00:41+ 02:11- 01:27- 04:08+ 03:10+ 00:50+ 00:19+ 01:33+ 00:57+ 01:26- 01:12+ 01:44+ 00:21= 00:38- 00:51- 00:34= 00:59- 00:47- 01:00-
00:29# 00:00= 00:02+ 00:10+ 00:03- 00:05+ 00:11- 00:04# 00:11- 00:05- 01:28& 00:17+ 00:05# 00:02# 00:15# 00:05+ 00:02- 00:05+ 00:06+ 00:00= 00:09- 00:05- 00:00= 00:01- 00:02- 00:04-
40:55+ 41:11+ 41:49+ 42:09+ 42:18+
00:33- 00:16- 00:38- 00:20- 00:09-
00:01- 00:03- 00:01- 00:05- 00:02-

| Class | Navn | Klasse | Tid | | | | | | | | | | | | | | | | | | | | | | |
|-----------|---------------------------|------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 4 | Jan-Rune L. Basso | 91 | 42:42 | | | | | | | | | | | | | | | | | | | | | | |
| 02:52+ | 03:12+ | 04:01+ | 07:53+ | 08:19+ | 11:30+ | 15:55+ | 16:31+ | 17:11- | 19:15- | 20:42- | 23:27- | 26:26+ | 27:18+ | 27:37+ | 29:03+ | 30:06+ | 31:44+ | 32:51+ | 34:37+ | 35:00+ | 35:43+ | 36:40+ | 37:17+ | 38:21+ | 39:14+ |
| 02:52+ | 00:20+ | 00:49+ | 03:52+ | 00:26- | 03:11+ | 04:25+ | 00:36- | 00:40- | 02:04+ | 01:27- | 02:45- | 02:59+ | 00:52+ | 00:19- | 01:26+ | 01:03- | 01:38+ | 01:07- | 01:46+ | 00:23- | 00:43- | 00:57+ | 00:37- | 01:04+ | 00:53- |
| 00:15+ | 00:04# | 00:13& | 00:00= | 00:01- | 00:09+ | 00:13+ | 00:01- | 01:42- | 00:32& | 01:13- | 00:08- | 02:14# | 00:35# | 00:59- | 00:34& | 00:25- | 00:31& | 00:31- | 01:25# | 00:24- | 00:13- | 00:23& | 00:23- | 00:15& | 00:11- |
| 40:21+ | 40:59+ | 41:21+ | 42:04+ | 42:30+ | 42:42+ | 01:07+ | 00:38+ | 00:22- | 00:43+ | 00:26+ | 00:12+ | 00:33& | 00:19& | 00:17- | 00:18& | 00:15# | 00:12+ | | | | | | | | |
| 5 | Stein Arne Olsen | 68 | 43:25 | | | | | | | | | | | | | | | | | | | | | | |
| 03:05+ | 03:24+ | 04:12+ | 08:22+ | 08:48+ | 12:16+ | 16:53+ | 17:34+ | 19:52+ | 21:21+ | 24:11+ | 27:09+ | 28:06+ | 28:26+ | 29:50+ | 30:50+ | 32:25+ | 33:35+ | 35:33+ | 35:54+ | 36:37+ | 37:41+ | 38:18+ | 39:25+ | 40:17+ | 41:24+ |
| 03:05+ | 00:19+ | 00:48+ | 04:10+ | 00:26- | 03:28+ | 04:37+ | 00:41+ | 02:18- | 01:29- | 02:50+ | 02:58+ | 00:57+ | 00:20+ | 01:24+ | 01:00+ | 01:35+ | 01:10+ | 01:58+ | 00:21= | 00:43- | 01:04+ | 00:37+ | 01:07+ | 00:52+ | 01:07+ |
| 00:28# | 00:03# | 00:12& | 00:18+ | 00:01- | 00:26# | 00:25+ | 00:04# | 00:04- | 00:03- | 00:10+ | 00:05+ | 00:12& | 00:03# | 00:06+ | 00:08# | 00:07+ | 00:03+ | 00:20# | 00:00= | 00:04- | 00:08# | 00:03+ | 00:07# | 00:03+ | 00:03+ |
| 41:58+ | 42:16+ | 42:49+ | 43:15+ | 43:25+ | 00:34= | 00:18- | 00:33- | 00:26+ | 00:10- | 00:00= | 00:01- | 00:06- | 00:01+ | | | | | | | | | | | | |
| 6 | Per Olav Haarr | 62 | 44:12 | | | | | | | | | | | | | | | | | | | | | | |
| 02:55+ | 03:13+ | 03:52+ | 08:05+ | 08:32+ | 12:13+ | 17:14+ | 17:55+ | 20:04+ | 21:43+ | 24:57+ | 27:53+ | 28:57+ | 29:16+ | 30:46+ | 31:57+ | 33:34+ | 34:43+ | 36:39+ | 36:59+ | 37:37+ | 38:27+ | 39:01+ | 40:00+ | 40:49+ | 41:55+ |
| 02:55+ | 00:18+ | 00:39+ | 04:13+ | 00:27- | 03:41+ | 05:01+ | 00:41+ | 02:09- | 01:39+ | 03:14+ | 02:56+ | 01:04+ | 00:19+ | 01:30+ | 01:11+ | 01:37+ | 01:09+ | 01:56+ | 00:20- | 00:38- | 00:50- | 00:34= | 00:59- | 00:49= | 01:06+ |
| 00:18# | 00:02# | 00:03+ | 00:21+ | 00:00= | 00:39# | 00:49# | 00:04# | 00:13- | 00:07+ | 00:34# | 00:03+ | 00:19& | 00:02# | 00:12# | 00:19& | 00:09# | 00:02+ | 00:18# | 00:01- | 00:09- | 00:06- | 00:00= | 00:01- | 00:00= | 00:02+ |
| 42:32+ | 42:51+ | 43:28+ | 44:01+ | 44:12+ | 00:37+ | 00:19= | 00:37- | 00:33+ | 00:11= | 00:03+ | 00:00= | 00:02- | 00:08& | 00:00= | | | | | | | | | | | |
| 7 | Tor Gunnar Aksland | 116 | 44:29 | | | | | | | | | | | | | | | | | | | | | | |
| 03:07+ | 03:26+ | 04:04+ | 08:14+ | 08:39+ | 12:01+ | 16:30+ | 17:10+ | 19:25+ | 20:57+ | 24:24+ | 27:33+ | 28:29+ | 28:48+ | 30:15+ | 31:20+ | 32:58+ | 34:25+ | 36:22+ | 36:42+ | 37:27+ | 38:26+ | 39:03+ | 40:08+ | 40:59+ | 42:11+ |
| 03:07+ | 00:19+ | 00:38+ | 04:10+ | 00:25- | 03:22+ | 04:29+ | 00:40+ | 02:15- | 01:32= | 03:27+ | 03:09+ | 00:56+ | 00:19+ | 01:27+ | 01:05+ | 01:38+ | 01:27+ | 01:57+ | 00:20- | 00:45- | 00:59+ | 00:37+ | 01:05+ | 00:51+ | 01:12+ |
| 00:30# | 00:03# | 00:02+ | 00:18+ | 00:02- | 00:20# | 00:17+ | 00:03+ | 00:07- | 00:00= | 00:47& | 00:16+ | 00:11# | 00:02# | 00:09# | 00:13# | 00:10# | 00:20& | 00:19# | 00:01- | 00:02- | 00:03+ | 00:03+ | 00:05+ | 00:02+ | 00:08# |
| 42:50+ | 43:11+ | 43:46+ | 44:17+ | 44:29+ | 00:39+ | 00:21+ | 00:35- | 00:31+ | 00:12+ | 00:05# | 00:02# | 00:04- | 00:06# | 00:01+ | | | | | | | | | | | |
| 8 | Thomas Johansen | 111 | 45:58 | | | | | | | | | | | | | | | | | | | | | | |
| 02:47+ | 03:19+ | 03:59+ | 07:59+ | 08:26+ | 12:04+ | 16:29+ | 17:10+ | 19:21+ | 20:54+ | 24:26+ | 27:56+ | 28:47+ | 29:05+ | 30:26+ | 31:23+ | 33:15+ | 34:36+ | 36:52+ | 37:12+ | 38:09+ | 39:15+ | 39:52+ | 40:57+ | 41:48+ | 42:57+ |
| 02:47+ | 00:32+ | 00:40+ | 04:00+ | 00:27= | 03:38+ | 04:25+ | 00:41+ | 02:11- | 01:33+ | 03:32+ | 03:30+ | 00:51+ | 00:18+ | 01:21+ | 00:57+ | 01:52+ | 01:21+ | 02:16+ | 00:20- | 00:57+ | 01:06+ | 00:37+ | 01:05+ | 00:51+ | 01:09+ |
| 00:10+ | 00:16& | 00:04# | 00:08+ | 00:00= | 00:36# | 00:13+ | 00:04# | 00:11- | 00:01+ | 00:52& | 00:37# | 00:06# | 00:01+ | 00:03+ | 00:05+ | 00:24& | 00:14# | 00:38& | 00:01- | 00:10# | 00:10# | 00:03+ | 00:05+ | 00:02+ | 00:05+ |
| 43:39+ | 44:08+ | 45:25+ | 45:48+ | 45:58+ | 00:42+ | 00:29+ | 01:17+ | 00:23- | 00:10- | 00:08# | 00:10& | 00:38& | 00:10& | 00:38& | 00:02- | 00:01- | | | | | | | | | |
| 9 | Øyvind Rummelhoff | 27 | 46:49 | | | | | | | | | | | | | | | | | | | | | | |
| 03:00+ | 03:24+ | 04:09+ | 09:19+ | 09:50+ | 13:20+ | 18:06+ | 18:47+ | 21:02+ | 22:36+ | 26:46+ | 30:13+ | 31:08+ | 31:27+ | 32:55+ | 33:54+ | 35:43+ | 37:03+ | 38:53+ | 39:18+ | 40:06+ | 41:05+ | 41:42+ | 42:50+ | 43:38+ | 44:42+ |
| 03:00+ | 00:24+ | 00:45+ | 05:10+ | 00:31+ | 03:30+ | 04:46+ | 00:41+ | 02:15- | 01:34+ | 04:10+ | 03:27+ | 00:55+ | 00:19+ | 01:28+ | 00:59+ | 01:49+ | 01:20+ | 01:50+ | 00:25+ | 00:48+ | 00:59+ | 00:37+ | 01:08+ | 00:48- | 01:04= |
| 00:23# | 00:08& | 00:09# | 01:18& | 00:04# | 00:28# | 00:34# | 00:04# | 00:07- | 00:02+ | 01:30& | 00:34# | 00:10# | 00:02# | 00:10# | 00:07# | 00:21# | 00:13# | 00:12# | 00:04# | 00:01+ | 00:03+ | 00:03+ | 00:08# | 00:01- | 00:00= |
| 45:17+ | 45:37+ | 46:16+ | 46:40+ | 46:49+ | 00:35+ | 00:20+ | 00:39= | 00:24- | 00:09- | 00:01+ | 00:01+ | 00:00= | 00:01- | 00:02- | | | | | | | | | | | |
| 10 | Asgeir Nærland | 88 | 48:10 | | | | | | | | | | | | | | | | | | | | | | |
| 02:45+ | 03:18+ | 04:19+ | 08:55+ | 09:22+ | 13:06+ | 18:06+ | 19:06+ | 21:36+ | 23:12+ | 26:30+ | 29:52+ | 30:51+ | 31:19+ | 32:53+ | 34:14+ | 36:04+ | 37:36+ | 39:31+ | 39:53+ | 40:49+ | 41:50+ | 42:28+ | 43:39+ | 44:35+ | 45:51+ |
| 02:45+ | 00:33+ | 01:01+ | 04:36+ | 00:27= | 03:44+ | 05:00+ | 01:00+ | 02:30+ | 01:36+ | 03:18+ | 03:22+ | 00:59+ | 00:28+ | 01:34+ | 01:21+ | 01:50+ | 01:32+ | 01:55+ | 00:22+ | 00:56+ | 01:01+ | 00:38+ | 01:11+ | 00:56+ | 01:16+ |
| 00:08+ | 00:17# | 00:25& | 00:44# | 00:00= | 00:42# | 00:48# | 00:23& | 00:08+ | 00:04+ | 00:38# | 00:29# | 00:14& | 00:11& | 00:16# | 00:29& | 00:22# | 00:25& | 00:17# | 00:01+ | 00:09# | 00:05+ | 00:04# | 00:11# | 00:07# | 00:12# |
| 46:28+ | 46:56+ | 47:30+ | 47:58+ | 48:10+ | 00:37+ | 00:28+ | 00:34- | 00:28+ | 00:12+ | 00:03+ | 00:09& | 00:05- | 00:03# | 00:01+ | | | | | | | | | | | |
| 11 | Tallak Langmyr | 370 | 49:16 | | | | | | | | | | | | | | | | | | | | | | |
| 03:18+ | 03:38+ | 04:19+ | 09:37+ | 10:03+ | 14:10+ | 18:53+ | 19:39+ | 22:01+ | 23:43+ | 26:53+ | 30:37+ | 31:34+ | 31:56+ | 33:33+ | 34:42+ | 36:43+ | 38:18+ | 40:19+ | 40:41+ | 41:32+ | 42:44+ | 43:24+ | 44:37+ | 45:36+ | 46:51+ |
| 03:18+ | 00:20+ | 00:41+ | 05:18+ | 00:26- | 04:07+ | 04:43+ | 00:46+ | 02:22= | 01:42+ | 03:10+ | 03:44+ | 00:57+ | 00:22+ | 01:37+ | 01:09+ | 02:01+ | 01:35+ | 02:01+ | 00:22+ | 00:51+ | 01:12+ | 00:40+ | 01:13+ | 00:59+ | 01:15+ |
| 00:41& | 00:04# | 00:05# | 01:26& | 00:01- | 01:05& | 00:31# | 00:09# | 00:00= | 00:10# | 00:30# | 00:51& | 00:12& | 00:05& | 00:19# | 00:17& | 00:33& | 00:28& | 00:23# | 00:01+ | 00:04+ | 00:16& | 00:06# | 00:13# | 00:10# | 00:11# |
| 47:32+ | 47:52+ | 48:37+ | 49:06+ | 49:16+ | 00:41+ | 00:20+ | 00:45+ | 00:29+ | 00:10- | 00:07# | 00:01+ | 00:06# | 00:04# | 00:01- | | | | | | | | | | | |
| 12 | Bård Skogsholm | 194 | 49:17 | | | | | | | | | | | | | | | | | | | | | | |
| 03:18+ | 03:37+ | 04:30+ | 10:29+ | 14:36+ | 18:54+ | 19:35+ | 22:10+ | 24:05+ | 27:25+ | 32:15+ | 33:06+ | 33:25+ | 34:54+ | 36:05+ | 37:43+ | 39:02+ | 41:12+ | 41:33+ | 42:24+ | 43:30+ | 44:08+ | 45:11+ | 46:02+ | 47:09+ | |
| 03:18+ | 00:19+ | 00:53+ | 05:31+ | 00:28+ | 04:07+ | 04:18+ | 00:41+ | 02:35+ | 01:55+ | 03:20+ | 04:50+ | 00:51+ | 00:19+ | 01:29+ | 01:11+ | 01:38+ | 01:19+ | 02:10+ | 00:21= | 00:51+ | 01:06+ | 00:38+ | 01:03+ | 00:51+ | 01:07+ |
| 00:41& | 00:03# | 00:17& | 01:39& | 00:01+ | 01:05& | 00:06+ | 00:04# | 00:13+ | 00:23# | 00:40# | 01:57& | 00:06# | 00:02# | 00:11# | 00:19& | 00:10# | 00:12# | 00:32& | 00:00= | 00:04+ | 00:10# | 00:04# | 00:03+ | 00:02+ | 00:03+ |
| 47:50+ | 48:10+ | 48:42+ | 49:06+ | 49:17+ | 00:41+ | 00:20+ | 00:32- | 00:24- | 00:11= | 00:07# | 00:01+ | 00:07- | 00:01- | 00:00= | | | | | | | | | | | |

| Class | Navn | Klasse | Tid |
|-----------|------------------------|-----------|--------------|
| 13 | Jørgen Breivold | 54 | 51:53 |
| 03:26+ | 03:49+ | 04:40+ | 09:19+ |
| 03:26+ | 00:23+ | 00:51+ | 04:39+ |
| 00:49& | 00:07& | 00:15& | 00:47# |
| 50:22+ | 50:44+ | 51:17+ | 51:41+ |
| 01:06+ | 00:22+ | 00:33- | 00:24- |
| 00:32& | 00:03# | 00:06- | 00:01- |

| | | | |
|-----------|--------------------------|------------|----------------|
| 14 | Espen Fyhn Nilsen | 116 | 1:07:14 |
| 04:21+ | 04:46+ | 05:33+ | 11:01+ |
| 04:21+ | 00:25+ | 00:47+ | 05:28+ |
| 01:44& | 00:09& | 00:11& | 01:36& |
| 64:41+ | 65:17+ | 66:18+ | 66:59+ |
| 01:05+ | 00:36+ | 01:01+ | 00:41+ |
| 00:31& | 00:17& | 00:22& | 00:16& |

Beste strekktid for klassen

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 02:37 | 00:16 | 00:36 | 03:52 | 00:24 | 03:02 | 04:01 | 00:36 | 00:40 | 01:27 | 01:27 | 02:45 | 00:45 | 00:17 | 00:19 | 00:52 | 01:03 | 01:07 | 01:07 | 00:20 | 00:23 | 00:43 | 00:34 | 00:37 | 00:47 | 00:53 | 00:33 | 00:16 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer C

| | | | |
|----------|-----------------------|------------|--------------|
| 1 | Henning Sundby | 114 | 36:54 |
| 02:43= | 03:09= | 03:46= | 07:50= |
| 02:43= | 00:26= | 00:37= | 04:04= |
| 00:00= | 00:00= | 00:00= | 00:00= |
| 35:35= | 36:17= | 36:42= | 36:54= |
| 00:18= | 00:42= | 00:25= | 00:12= |
| 00:00= | 00:00= | 00:00= | 00:00= |

| | | | |
|----------|----------------------|------------|--------------|
| 2 | Morten Aamodt | 116 | 38:37 |
| 02:43= | 03:07- | 03:44- | 08:17+ |
| 02:43= | 00:24- | 00:37= | 04:33+ |
| 00:00= | 00:02- | 00:00= | 00:29# |
| 37:26+ | 38:00+ | 38:26+ | 38:37+ |
| 00:21+ | 00:34- | 00:26+ | 00:11- |
| 00:03# | 00:08- | 00:01+ | 00:01- |

| | | | |
|----------|-------------------------|-----------|--------------|
| 3 | Terje Michaelsen | 47 | 39:18 |
| 02:43= | 03:05- | 03:40- | 07:47- |
| 02:43= | 00:22- | 00:35- | 04:07+ |
| 00:00= | 00:04- | 00:02- | 00:03+ |
| 38:09+ | 38:44+ | 39:07+ | 39:18+ |
| 00:19+ | 00:35- | 00:23- | 00:11- |
| 00:01+ | 00:07- | 00:02- | 00:01- |

| | | | |
|----------|---------------------|------------|--------------|
| 4 | Kjetil Wirak | 114 | 40:24 |
| 03:01+ | 03:27+ | 04:10+ | 08:27+ |
| 03:01+ | 00:26= | 00:43+ | 04:17+ |
| 00:18# | 00:00= | 00:06# | 00:13+ |
| 39:04+ | 39:41+ | 40:11+ | 40:24+ |
| 00:24+ | 00:37- | 00:30+ | 00:13+ |
| 00:06& | 00:05- | 00:05# | 00:01+ |

| | | | |
|----------|-------------------------|-----------|--------------|
| 5 | Bertrand Denieul | 42 | 40:44 |
| 03:05+ | 03:32+ | 04:16+ | 08:50+ |
| 03:05+ | 00:27+ | 00:44+ | 04:34+ |
| 00:22# | 00:01+ | 00:07# | 00:30# |
| 39:26+ | 40:03+ | 40:33+ | 40:44+ |
| 00:21+ | 00:37- | 00:30+ | 00:11- |
| 00:03# | 00:05- | 00:05# | 00:01- |

| | | | |
|----------|---------------------------------|------------|--------------|
| 6 | Leif Kjetil Hinna Gausel | 116 | 41:07 |
| 03:03+ | 03:30+ | 04:11+ | 08:31+ |
| 03:03+ | 00:27+ | 00:41+ | 04:20+ |
| 00:20# | 00:01+ | 00:04# | 00:16+ |
| 39:52+ | 40:31+ | 40:56+ | 41:07+ |
| 00:22+ | 00:39- | 00:25= | 00:11- |
| 00:04# | 00:03- | 00:00= | 00:01- |

| Class | Navn | Klasse | Tid |
|-------------------------------------|-----------------------------|------------|--------------|
| 7 | Jan Einar Øvremo | 50 | 41:47 |
| 03:11+ | 03:36+ | 04:19+ | 09:35+ |
| 03:11+ | 00:25- | 00:43+ | 05:16+ |
| 00:28# | 00:01- | 00:06# | 01:12& |
| 40:34+ | 41:12+ | 41:37+ | 41:47+ |
| 00:22+ | 00:38- | 00:25= | 00:10- |
| 00:04# | 00:04- | 00:00= | 00:02- |
| 8 | Nils John Vestøl | 83 | 42:16 |
| 03:06+ | 03:33+ | 04:17+ | 08:54+ |
| 03:06+ | 00:27+ | 00:44+ | 04:37+ |
| 00:23# | 00:01+ | 00:07# | 00:33# |
| 41:01+ | 41:44+ | 42:05+ | 42:16+ |
| 00:22+ | 00:43+ | 00:21- | 00:11- |
| 00:04# | 00:01+ | 00:04- | 00:01- |
| 9 | Oddmund Nordgård | 105 | 43:05 |
| 03:14+ | 03:42+ | 04:29+ | 09:17+ |
| 03:14+ | 00:28+ | 00:47+ | 04:48+ |
| 00:31# | 00:02+ | 00:10& | 00:44# |
| 41:46+ | 42:23+ | 42:44+ | 43:05+ |
| 00:21+ | 00:37- | 00:21- | 00:21+ |
| 00:03# | 00:05- | 00:04- | 00:09& |
| 10 | Svein Oddvar Netland | 116 | 43:29 |
| 03:15+ | 03:41+ | 04:43+ | 09:10+ |
| 03:15+ | 00:26= | 01:02+ | 04:27+ |
| 00:32# | 00:00= | 00:25& | 00:23+ |
| 42:24+ | 42:57+ | 43:20+ | 43:29+ |
| 00:33+ | 00:33- | 00:23- | 00:09- |
| 00:15& | 00:09- | 00:02- | 00:03- |
| 11 | Trond Nilsen Lamark | 46 | 44:13 |
| 03:35+ | 04:02+ | 04:49+ | 09:22+ |
| 03:35+ | 00:27+ | 00:47+ | 04:33+ |
| 00:52& | 00:01+ | 00:10& | 00:29# |
| 42:45+ | 43:33+ | 44:03+ | 44:13+ |
| 00:25+ | 00:48+ | 00:30+ | 00:10- |
| 00:07& | 00:06# | 00:05# | 00:02- |
| 12 | Øivind Berggraf | 116 | 46:19 |
| 03:18+ | 03:48+ | 04:32+ | 09:19+ |
| 03:18+ | 00:30+ | 00:44+ | 04:47+ |
| 00:35# | 00:04# | 00:07# | 00:43# |
| 44:59+ | 45:39+ | 46:07+ | 46:19+ |
| 00:24+ | 00:40- | 00:28+ | 00:12= |
| 00:06& | 00:02- | 00:03# | 00:00= |
| 13 | Øystein Fuglestad | 46 | 48:53 |
| 03:20+ | 03:48+ | 04:33+ | 09:26+ |
| 03:20+ | 00:28+ | 00:45+ | 04:53+ |
| 00:37# | 00:02+ | 00:08# | 00:49# |
| 47:26+ | 48:08+ | 48:40+ | 48:53+ |
| 00:32+ | 00:42= | 00:32+ | 00:13+ |
| 00:14& | 00:00= | 00:07& | 00:01+ |
| Beste strekketid for klassen | | | |
| 02:43 | 00:22 | 00:35 | 04:04 |
| 00:26 | 03:12 | 02:18 | 00:17 |
| 01:24 | 02:54 | 03:00 | 00:50 |
| 00:18 | 01:19 | 00:49 | 00:38 |
| 01:34 | 00:57 | 01:14 | 00:21 |
| 00:41 | 00:53 | 01:01 | 00:43 |
| 00:33 | 00:38 | 00:18 | 00:33 |
| 00:18 | 00:38 | 00:18 | 00:33 |

= Som klassevinner , - raskere , + senere , # 10% tap , & 25% tap , @ 100% tap.

Herrer Ny

| | | | |
|----------|------------------------|------------|--------------|
| 1 | Pius Sostauskas | 405 | 19:35 |
| 02:07= | 02:36= | 05:23= | 08:39= |
| 02:07= | 00:29= | 02:47= | 03:16= |
| 00:00= | 00:00= | 00:00= | 00:00= |
| 2 | Thomas Romstad | 116 | 19:55 |
| 02:15+ | 02:36= | 05:04- | 08:36- |
| 02:15+ | 00:21- | 02:28- | 02:53- |
| 00:08+ | 00:08- | 00:19- | 00:23- |

| Class | Navn | Klasse | | | | | | | | | | Tid | | | | | | | | | |
|------------------------------------|-----------------------------|------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| 40 | Alexander Khorunzhiy | 287 | | | | | | | | | | 51:59 | | | | | | | | | |
| 03:42+ | 05:25+ | 07:04+ | 09:52+ | 14:39+ | 24:02+ | 25:35+ | 26:25+ | 30:25+ | 31:24+ | 35:41+ | 37:53+ | 39:44+ | 41:53+ | 44:17+ | 46:46+ | 48:55+ | 50:01+ | 51:10+ | 51:44+ | 51:59+ | |
| 03:42+ | 01:43+ | 01:39+ | 02:48+ | 04:47+ | 09:23+ | 01:33+ | 00:50+ | 04:00+ | 00:59+ | 04:17+ | 02:12+ | 01:51+ | 02:09+ | 02:24+ | 02:29+ | 02:09+ | 01:06+ | 01:09+ | 00:34+ | 00:15= | |
| 01:47& | 00:54@ | 00:35& | 01:29@ | 02:31@ | 05:37@ | 00:57@ | 00:24& | 01:53& | 00:32@ | 02:24@ | 00:36& | 00:37& | 00:59& | 01:34@ | 01:38@ | 00:58& | 00:36@ | 00:29& | 00:13& | 00:00= | |
| 41 | Svein Inge Sævereid | 126 | | | | | | | | | | 59:20 | | | | | | | | | |
| 04:16+ | 06:03+ | 08:10+ | 11:11+ | 17:35+ | 27:14+ | 28:49+ | 29:38+ | 33:44+ | 34:50+ | 38:53+ | 41:50+ | 44:21+ | 47:47+ | 49:41+ | 52:03+ | 54:57+ | 56:07+ | 58:03+ | 58:48+ | 59:20+ | |
| 04:16+ | 01:47+ | 02:07+ | 03:01+ | 06:24+ | 09:39+ | 01:35+ | 00:49+ | 04:06+ | 01:06+ | 04:03+ | 02:57+ | 02:31+ | 03:26+ | 01:54+ | 02:22+ | 02:54+ | 01:10+ | 01:56+ | 00:45+ | 00:32+ | |
| 02:21@ | 00:58@ | 01:03& | 01:42@ | 04:08@ | 05:53@ | 00:59@ | 00:23& | 01:59& | 00:39@ | 02:10@ | 01:21& | 01:17@ | 02:16@ | 01:04@ | 01:31@ | 01:43@ | 00:40@ | 01:16@ | 00:24@ | 00:17@ | |
| 42 | Per Helge Salvesen | 98 | | | | | | | | | | 1:07:22 | | | | | | | | | |
| 04:35+ | 06:30+ | 07:41+ | 09:26+ | 29:09+ | 34:20+ | 35:05+ | 35:45+ | 37:58+ | 38:37+ | 49:53+ | 51:39+ | 52:55+ | 59:49+ | 60:56+ | 61:59+ | 64:34+ | 65:43+ | 66:37+ | 67:06+ | 67:22+ | |
| 04:35+ | 01:55+ | 01:11+ | 01:45+ | 19:43+ | 05:11+ | 00:45+ | 00:40+ | 02:13+ | 00:39+ | 11:16+ | 01:46+ | 01:16+ | 06:54+ | 01:07+ | 01:03+ | 02:35+ | 01:09+ | 00:54+ | 00:29+ | 00:16+ | |
| 02:40@ | 01:06@ | 00:07# | 00:26& | 17:27@ | 01:25& | 00:09# | 00:14& | 00:06+ | 00:12& | 09:23@ | 00:10# | 00:02+ | 05:44@ | 00:17& | 00:12# | 01:24@ | 00:39@ | 00:14& | 00:08& | 00:01+ | |
| Beste strekktid for klassen | | | | | | | | | | | | | | | | | | | | | |
| 01:45 | 00:49 | 00:56 | 01:03 | 02:00 | 03:46 | 00:30 | 00:21 | 01:40 | 00:27 | 00:40 | 01:06 | 00:52 | 01:07 | 00:45 | 00:51 | 01:11 | 00:30 | 00:39 | 00:17 | 00:09 | |

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.