Sandvedparken ^{Plass} Navn Damer 16 - 39 år

Klasse

Strekktider Tid

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01:59+	03:49+	00:22+	02:38+	01:04+	00:36+	01:30+	00:45+	03:36+	04:23+	00:43+	00:25+	02:37+	01:16+	02:45+	01:36+	01:09-	01:44+	01:18+	01:17+	01:01+	01:33+	00:23-	00:47+	00:36+	00:15+
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15	Heid	di Noro	daunet				126						46:02	2											
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01:49+	04:11+	00:37+	03:03+	01:07+	00:54+	01:25+	00:53+	03:56+	05:44+	00:59+	00:40+	03:37+	01:28+	02:42+	01:32+	01:33+	01:46+	01:23+	01:12+	01:21+	01:52+	00:29+	00:55+	00:38+	00:16+
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16	Sig	und S	erigsta	ad			128						49:2 [,]	1											
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01:33+	04:20+	00:42+	03:23+	00:52+	00:36+	01:23+	01:18+	04:24+	06:58+	00:33-	00:23-	04:48+	01:21+	01:58+	02:52+	02:32+	01:50+	01:22+	00:59+	00:57+	02:27+	00:20-	00:50+	00:27-	00:13+
00:19&	01:34&	00:220	01:24&	00:04+	00:08&	00:22&	00:420	02:08&	03:500	00:01-	00:01-	02:420	00:29&	00:22#	01:50@	01:210	00:43&	00:19&	00:06#	00:13&	01:200	00:04-	00:14&	00:02-	00:02#
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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 40 - 49 år

29:33 1 Aanes Elin Engen 116 03:23= 03:43= 05:20= 06:13= 06:55= 07:25= 08:54= 11:45= 15:00= 15:33= 15:56= 17:42= 18:21= 20:05= 21:19= 22:21= 23:24= 24:37= 25:26= 27:04= 27:17= 27:54= 28:23= 29:02= 29:21= 29:33= 03:23= 00:20= 01:37= 00:53= 00:42= 00:30= 01:29= 02:51= 03:15= 00:33= 00:23= 01:46= 00:39= 01:44= 01:14= 01:02= 01:03= 01:13= 00:49= 01:38= 00:13= 00:37= 00:29= 00:39= 00:19= 00:12= 00:12= 00:10= 00:12= 00:10= 00: 00:00= 00: 2 71 30:29 Agnes Haker 03:56+ 04:16+ 05:55+ 06:46+ 07:38+ 08:04+ 09:31+ 12:00+ 15:13+ 15:49+ 16:14+ 18:09+ 18:44+ 20:29+ 21:47+ 22:55+ 23:50+ 25:02+ 25:55+ 27:41+ 27:52+ 28:41+ 29:16+ 29:57+ 30:16+ 30:29+ 03:56+ 00:20= 01:39+ 00:51- 00:52+ 00:26- 01:27- 02:29- 03:13- 00:36+ 00:25+ 01:55+ 00:35- 01:45+ 01:18+ 01:08+ 00:55- 01:12- 00:53+ 01:46+ 00:11- 00:49+ 00:35+ 00:41+ 00:19= 00:13+ 00:33# 00:00= 00:02+ 00:02- 00:10# 00:04- 00:02- 00:20- 00:02- 00:02- 00:03+ 00:02+ 00:09+ 00:04- 00:01+ 00:06+ 00:08- 00:01+ 00:08+ 00:02- 00:12& 00:06# 00:02+ 00:00= 00:01+ 3 228 36:06 Helene Lie 04:47+ 05:09+ 07:12+ 08:00+ 08:47+ 09:13+ 10:46+ 13:57+ 18:15+ 18:59+ 19:26+ 21:29+ 22:10+ 24:15+ 25:53+ 27:07+ 28:20+ 29:46+ 30:55+ 32:58+ 33:12+ 33:54+ 34:39+ 35:28+ 35:53+ 36:06+ 04:47+ 00:22+ 02:03+ 00:48- 00:47+ 00:26- 01:33+ 03:11+ 04:18+ 00:44+ 00:27+ 02:03+ 00:41+ 02:05+ 01:38+ 01:14+ 01:13+ 01:26+ 01:09+ 02:03+ 00:14+ 00:42+ 00:45+ 00:45+ 00:25+ 00:13+ 01:24 00:02# 00:26 00:05- 00:05# 00:04- 00:04+ 00:20# 01:03 00:11& 00:04# 00:17# 00:24 00:21# 00:24 00:12# 00:10# 00:13# 00:20& 00:25& 00:01+ 00:05# 00:16& 00:10& 00:06& 00:01+ Randi Helen Ladsten 128 36:43 04:23+ 04:46+ 06:40+ 07:24+ 08:19+ 08:51+ 10:26+ 13:48+ 17:40+ 18:20+ 18:45+ 20:51+ 21:31+ 25:18+ 26:42+ 27:56+ 29:04+ 30:36+ 31:36+ 33:39+ 33:53+ 34:34+ 35:13+ 36:06+ 36:29+ 36:43+ 04:23+ 00:23+ 01:54+ 00:44- 00:55+ 00:32+ 01:35+ 03:52+ 03:52+ 00:40+ 00:25+ 02:06+ 00:40+ 03:47+ 01:24+ 01:14+ 01:08+ 01:32+ 01:00+ 02:03+ 00:14+ 00:34+ 00:39+ 00:53+ 00:23+ 00:14+ 01:00& 00:03# 00:17# 00:09- 00:13& 00:02+ 00:06+ 00:31# 00:37# 00:07# 00:02+ 00:01+ 02:03@ 00:10# 00:12# 00:05+ 00:19& 00:11# 00:25& 00:01+ 00:04# 00:10& 00:14& 00:02# 5 Heidi Martby-Skogsholm 105 36:56 04:16+ 04:42+ 06:35+ 07:38+ 09:01+ 09:27+ 11:02+ 14:26+ 18:55+ 19:35+ 20:02+ 22:18+ 22:57+ 25:59+ 27:19+ 28:38+ 29:47+ 31:15+ 32:17+ 34:13+ 34:25+ 35:05+ 35:40+ 36:20+ 36:20+ 36:56+ 04:16+ 00:26+ 01:53+ 01:03+ 01:23+ 00:26- 01:35+ 03:24+ 04:29+ 00:40+ 00:27+ 02:16+ 00:39= 03:02+ 01:20+ 01:19+ 01:09+ 01:28+ 01:02+ 01:56+ 00:12- 00:40+ 00:35+ 00:40+ 00:22+ 00:14+ 00:53& 00:06& 00:16# 00:10# 00:41& 00:04- 00:06+ 00:33# 01:14& 00:07# 00:04# 00:30& 00:00= 01:18& 00:06+ 00:17& 00:06+ 00:15# 00:13& 00:01- 00:03+ 00:06# 00:01+ 00:03# 00:02# 27 38:26 Helen Haneferd 6 03:59+ 04:36+ 06:31+ 07:25+ 08:18+ 09:16+ 10:49+ 14:13+ 18:34+ 19:18+ 19:44+ 22:02+ 22:44+ 25:05+ 27:08+ 28:25+ 30:09+ 31:45+ 32:45+ 34:59+ 35:13+ 35:50+ 36:34+ 37:36+ 38:12+ 38:26+ 03:59+ 00:37+ 01:55+ 00:54+ 00:53+ 00:58+ 01:33+ 03:24+ 04:21+ 00:44+ 00:26+ 02:18+ 00:42+ 02:21+ 02:03+ 01:17+ 01:44+ 01:36+ 01:00+ 02:14+ 00:14+ 00:37= 00:44+ 01:02+ 00:36+ 00:14+ 00:36# 00:17& 00:18# 00:01+ 00:11& 00:28& 00:04+ 00:33# 01:06& 00:11& 00:32& 00:37& 00:37& 00:37& 00:49& 00:15# 00:41& 00:23& 00:11# 00:36& 00:01+ 00:00= 00:15& 00:23& 00:17& 00:02# Beste strekktid for klassen

03:23 00:20 01:37 00:44 00:42 00:26 01:27 02:29 03:13 00:33 00:23 01:46 00:35 01:44 01:14 01:02 00:55 01:12 00:49 01:38 00:11 00:37 00:29 00:39 00:19 00:12

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 50 - 59 år

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000000000000000000000000000000000000	04:03+					08:47+			17:29+	18:11+	18:39+	20:52+	21:32+			26:47+	27:53+	29:22+	30:18+	32:22+	32:38+	33:15+	33:59+	34:44+	35:08+	35:21+
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Beste strekktid for klassen

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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 65 - 69 år

Inarid Eik 88 34:44 1 03:10= 04:11= 04:47= 06:00= 08:29= 14:35= 14:59= 16:13= 16:36= 18:02= 19:33= 22:58= 25:08= 27:45= 28:47= 30:19= 31:02= 32:45= 33:14= 34:01= 34:44= 03:10= 01:01= 00:36= 01:13= 02:29= 06:06= 00:24= 01:14= 00:23= 01:26= 01:31= 03:25= 02:10= 02:37= 01:02= 01:32= 00:43= 01:43= 00:29= 00:47= 00:43= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00: 00:00= 00: 2 92 Marit Karin Nygård 36:15 03:56+ 04:54+ 05:29+ 06:57+ 09:49+ 15:35+ 16:00+ 17:22+ 17:50+ 19:34+ 21:11+ 23:39+ 25:39+ 28:43+ 29:43+ 31:37+ 32:24+ 34:07+ 34:37+ 35:23+ 36:15+ 03:56+ 00:58- 00:35- 01:28+ 02:52+ 05:46- 00:25+ 01:22+ 00:28+ 01:44+ 01:37+ 02:28- 02:00- 03:04+ 01:00- 01:54+ 00:47+ 01:43= 00:30+ 00:46- 00:52+ 00:46# 00:03- 00:01- 00:15# 00:23# 00:20- 00:01+ 00:08# 00:05# 00:18# 00:06+ 00:57- 00:10- 00:27# 00:02- 00:22# 00:04+ 00:00= 00:01+ 00:01- 00:09# 125 36:18 May Elinor Meling 03:25+ 04:17+ 04:50+ 06:04+ 08:34+ 13:51- 14:20- 15:31- 15:58- 17:42- 19:21- 23:11+ 25:32+ 28:33+ 29:33+ 31:16+ 32:06+ 34:11+ 34:38+ 35:22+ 36:18+ 03:25+ 00:52- 00:33- 01:14+ 02:30+ 05:17- 00:29+ 01:11- 00:27+ 01:44+ 01:39+ 03:50+ 02:21+ 03:01+ 01:00- 01:43+ 00:50+ 02:05+ 00:27- 00:44- 00:56+ 00:15+ 00:09- 00:03- 00:01+ 00:01+ 00:04+ 00:05# 00:03- 00:04# 00:18# 00:08+ 00:25# 00:11+ 00:24# 00:02- 00:11# 00:07# 00:02# 00:02- 00:03- 00:13& 36:49 Eli Frafiord 94 4 03:44+ 04:42+ 05:24+ 06:49+ 09:49+ 15:17+ 15:43+ 17:03+ 17:29+ 19:12+ 20:49+ 23:01+ 25:36+ 28:43+ 29:43+ 31:21+ 32:12+ 33:58+ 34:49+ 35:50+ 36:49+ 03:44+ 00:58- 00:42+ 01:25+ 03:00+ 05:28- 00:26+ 01:20+ 00:26+ 01:43+ 01:37+ 02:12- 02:35+ 03:07+ 01:00- 01:38+ 00:51+ 01:46+ 00:51+ 01:01+ 00:59+ 00:34# 00:03- 00:06# 00:12# 00:31# 00:38- 00:02+ 00:06+ 00:03# 00:17# 00:06+ 01:13- 00:25# 00:30# 00:02- 00:06+ 00:08# 00:02+ 00:22& 00:14& 00:16& Margot Asheim 105 37:47 5 03:01- 03:51- 04:24- 05:43- 08:25- 14:47+ 15:06+ 16:16+ 16:41+ 18:08+ 20:07+ 22:47- 28:02+ 30:55+ 31:51+ 33:20+ 34:02+ 35:33+ 36:04+ 36:51+ 37:47+ 03:01- 00:50- 00:33- 01:19+ 02:42+ 06:22+ 00:19- 01:10- 00:25+ 01:27+ 01:59+ 02:40- 05:15+ 02:53+ 00:56- 01:29- 00:42- 01:31- 00:31+ 00:47= 00:56+ 00:09- 00:11- 00:03- 00:06+ 00:13+ 00:16+ 00:05- 00:04- 00:02+ 00:01+ 00:28& 00:45- 03:05@ 00:16# 00:06- 00:03- 00:01- 00:12- 00:02+ 00:00= 00:13& 6 Berit Gramstad 113 46:20 04:36+ 05:41+ 07:25+ 08:53+ 13:14+ 22:09+ 22:41+ 24:28+ 25:01+ 27:04+ 28:55+ 31:36+ 34:14+ 38:45+ 39:47+ 41:28+ 42:18+ 44:04+ 44:32+ 45:32+ 46:20+ 04:36+ 01:05+ 01:44+ 01:28+ 04:21+ 08:55+ 00:32+ 01:47+ 00:33+ 02:03+ 01:51+ 02:41- 02:38+ 04:31+ 01:02= 01:41+ 00:50+ 01:46+ 00:28- 01:00+ 00:48+ 01:26& 00:04+ 01:08@ 00:15# 01:52& 02:49& 00:08& 00:33& 00:10& 00:37& 00:20# 00:44- 00:28# 01:54& 00:00= 00:09+ 00:07# 00:03+ 00:01- 00:13& 00:05# 7 Kari Blixhavn 228 47:13 04:52+ 06:06+ 06:51+ 08:32+ 12:04+ 19:35+ 20:02+ 21:40+ 22:11+ 24:17+ 27:33+ 30:23+ 32:54+ 37:18+ 38:41+ 40:41+ 41:34+ 43:38+ 44:58+ 45:57+ 47:13+ 04:52+ 01:14+ 00:45+ 01:41+ 03:32+ 07:31+ 00:27+ 01:38+ 00:31+ 02:06+ 03:16+ 02:50- 02:31+ 04:24+ 01:23+ 02:00+ 00:53+ 02:04+ 01:20+ 00:59+ 01:16+ 01:42 00:13# 00:09# 00:28 01:03 01:25# 00:03# 00:24 00:08 00:40 01:450 00:35- 00:21# 01:47 00:21 00:28 00:10# 00:21# 00:510 00:12 00:33 8 Ase Bera 105 56:15 03:35+ 04:42+ 06:15+ 08:40+ 12:55+ 21:22+ 22:04+ 23:50+ 24:50+ 26:47+ 30:06+ 34:49+ 39:23+ 44:13+ 45:44+ 48:30+ 49:33+ 51:43+ 52:51+ 54:56+ 56:15+ 03:35+ 01:07+ 01:33+ 02:25+ 04:15+ 08:27+ 00:42+ 01:46+ 01:00+ 01:57+ 03:19+ 04:43+ 04:34+ 04:50+ 01:31+ 02:46+ 01:03+ 02:10+ 01:08+ 02:05+ 01:19+ 00:25# 00:06+ 00:57@ 01:12& 01:46& 02:21& 00:18& 00:32& 00:37@ 00:31& 01:48@ 01:18& 02:24@ 02:13& 00:29& 01:14& 00:20& 00:27& 00:39@ 01:18@ 00:36& Beste strekktid for klassen

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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 70 - 74 år

1 Inger Skretting Opstad 54 41:48 03:59= 05:07= 05:50= 07:29= 10:33= 16:43= 17:06= 18:32= 19:02= 20:59= 22:50= 26:38= 28:34= 32:57= 34:13= 36:06= 36:59= 38:59= 39:32= 40:47= 41:48= 03:59= 01:08= 00:43= 01:39= 03:04= 06:10= 00:23= 01:26= 00:30= 01:57= 01:51= 03:48= 01:56= 04:23= 01:16= 01:53= 00:53= 02:00= 00:33= 01:15= 01:01= 01:53= 01:01= 01:01= 01= 00:00= 00: Mette Dagsland 68 2 43:16 03:50- 04:47- 05:54+ 07:24- 10:24- 17:21+ 18:08+ 19:51+ 20:24+ 22:09+ 24:08+ 26:55+ 30:24+ 35:34+ 36:39+ 38:12+ 39:12+ 41:03+ 41:27+ 42:25+ 43:16+ 03:50- 00:57- 01:07+ 01:30- 03:00- 06:57+ 00:47+ 01:43+ 00:33+ 01:45- 01:59+ 02:47- 03:29+ 05:10+ 01:05- 01:33- 01:00+ 01:51- 00:24- 00:58- 00:51-00:09- 00:11- 00:24& 00:09- 00:04- 00:47# 00:24@ 00:17# 00:03# 00:12- 00:08+ 01:01- 01:33& 00:47# 00:11- 00:20- 00:07# 00:09- 00:09- 00:17- 00:10-3 48:35 Lillian Dahl Fitjar 117 05:38+ 06:44+ 07:25+ 08:58+ 12:21+ 22:22+ 23:03+ 24:42+ 25:17+ 27:01+ 28:48+ 32:10+ 34:49+ 38:35+ 39:53+ 41:45+ 42:47+ 45:27+ 46:27+ 47:29+ 48:35+ 05:38+ 01:06- 00:41- 01:33- 03:23+ 10:01+ 00:41+ 01:39+ 00:35+ 01:44- 01:47- 03:22- 02:39+ 03:46- 01:18+ 01:52- 01:02+ 02:40+ 01:00+ 01:02- 01:06+ 01:39& 00:02- 00:02- 00:06- 00:19# 03:51& 00:18& 00:13# 00:05# 00:13- 00:04- 00:26- 00:43& 00:37- 00:02+ 00:01- 00:09# 00:40& 00:27& 00:13- 00:05+

Tid

Beste strekktid for klassen

03:50 00:57 00:41 01:30 03:00 06:10 00:23 01:26 00:30 01:44 01:47 02:47 01:56 03:46 01:05 01:33 00:53 01:51 00:24 00:58 00:51

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 75 - 79 år

38:19 Turid Nystrøm 68 1 03:24= 04:23= 05:01= 06:24= 09:14= 14:31= 14:58= 16:23= 16:54= 18:28= 20:43= 23:04= 25:12= 30:19= 31:35= 33:10= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 34:03= 35:48= 36:21= 37:26= 38:19= 36:21= 37:26= 38:19= 36:28= 36: 03:24= 00:59= 00:38= 01:23= 02:50= 05:17= 00:27= 01:25= 00:31= 01:34= 02:15= 02:21= 02:08= 05:07= 01:16= 01:35= 00:53= 01:45= 00:33= 01:05= 00:53= 01:45= 00:33= 01:05= 00:53= 01:45= 00:33= 01:05= 00:53= 01:45= 00:33= 01:05= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 01:45= 00:53= 00:53= 01:45= 00:53= 00:53= 01:45= 00:53= 00:53= 01:45= 00:53= 00:53= 01:45= 00:53= 00:53= 01:45= 00:53= 00:50= 00: 00:00= 00: 2 54 40:13 Helga Aaslid 03:49+ 04:51+ 05:36+ 07:06+ 10:28+ 16:41+ 17:39+ 18:53+ 19:29+ 22:04+ 23:52+ 26:05+ 29:45+ 32:44+ 33:43+ 35:20+ 36:06+ 37:46+ 38:17+ 39:12+ 40:13+ 03:49+ 01:02+ 00:45+ 01:30+ 03:22+ 06:13+ 00:58+ 01:14- 00:36+ 02:35+ 01:48- 02:13- 03:40+ 02:59- 00:59- 01:37+ 00:46- 01:40- 00:31- 00:55- 01:01+ 00:25# 00:07+ 00:07+ 00:32# 00:56# 00:31@ 00:11- 00:05# 01:01& 00:27- 00:08- 01:32& 02:08- 00:17- 00:02+ 00:07- 00:05- 00:02- 00:10- 00:08# **Grv Vikhamar Thengs** 68 40:52 3 04:00+ 05:04+ 05:49+ 07:28+ 10:38+ 16:37+ 17:13+ 18:35+ 19:10+ 21:01+ 22:46+ 25:17+ 28:39+ 32:32+ 33:40+ 35:29+ 36:16+ 38:13+ 39:02+ 39:59+ 40:52+ 04:00+ 01:04+ 00:45+ 01:39+ 03:10+ 05:59+ 00:36+ 01:22- 00:35+ 01:51+ 01:45- 02:31+ 03:22+ 03:53- 01:08- 01:49+ 00:47- 01:57+ 00:49+ 00:57- 00:53= 00:36# 00:05+ 00:07# 00:16# 00:20# 00:42# 00:09& 00:03- 00:04# 00:17# 00:30- 00:10+ 01:14& 01:14- 00:08- 00:14# 00:06- 00:12# 00:16& 00:08- 00: 68 42:13 Haldis Glendrange 4 03:56+ 04:56+ 05:41+ 07:16+ 10:17+ 16:19+ 17:19+ 18:42+ 19:12+ 21:05+ 23:14+ 25:49+ 29:40+ 34:38+ 35:43+ 37:21+ 38:21+ 39:58+ 40:29+ 41:30+ 42:13+ 03:56+ 01:00+ 00:45+ 01:35+ 03:01+ 06:02+ 01:00+ 01:23- 00:30- 01:53+ 02:09- 02:35+ 03:51+ 04:58- 01:05- 01:38+ 01:00+ 01:37- 00:31- 01:01- 00:43-00:32# 00:01+ 00:07# 00:12# 00:11+ 00:45# 00:33@ 00:02- 00:01- 00:19# 00:06- 00:14+ 01:43& 00:09- 00:11- 00:03+ 00:07# 00:08- 00:02- 00:04- 00:10-Hedvig Anda 116 43:38 5 03:57+ 04:54+ 05:38+ 07:05+ 10:04+ 17:14+ 17:56+ 19:23+ 20:00+ 21:58+ 24:37+ 28:11+ 30:42+ 34:33+ 35:55+ 37:48+ 38:51+ 40:53+ 41:28+ 42:31+ 43:38+ 03:57+ 00:57- 00:44+ 01:27+ 02:59+ 07:10+ 00:42+ 01:27+ 00:37+ 01:58+ 02:39+ 03:34+ 02:31+ 03:51- 01:22+ 01:53+ 01:03+ 02:02+ 00:35+ 01:03- 01:07+ 00:33# 00:02- 00:06# 00:04+ 00:09+ 01:53& 00:15& 00:02+ 00:06# 00:24& 00:24# 01:13& 00:23# 01:16- 00:06+ 00:18# 00:10# 00:17# 00:02+ 00:02+ 00:14& 6 Helga Klausen 62 57:11 05:08+ 06:25+ 07:12+ 09:10+ 13:19+ 21:06+ 21:36+ 24:21+ 25:15+ 28:50+ 31:37+ 36:26+ 39:53+ 44:52+ 46:30+ 49:10+ 50:28+ 53:31+ 54:27+ 55:41+ 57:11+ 05:08+ 01:17+ 00:47+ 01:58+ 04:09+ 07:47+ 00:30+ 02:45+ 00:54+ 03:35+ 02:47+ 04:49+ 03:27+ 04:59- 01:38+ 02:40+ 01:18+ 03:03+ 00:56+ 01:14+ 01:30+ 01:44& 00:18& 00:09# 00:35& 01:19& 02:30& 00:03# 01:20& 00:23& 02:01@ 00:32# 02:28@ 01:19& 00:08- 00:22& 01:05& 00:25& 01:18& 00:23& 00:09# 00:37& 7 94 59:15 Aslaug Lura 04:52+ 06:09+ 06:54+ 08:49+ 12:36+ 19:53+ 20:50+ 22:47+ 23:23+ 25:43+ 28:04+ 38:06+ 41:59+ 47:15+ 48:51+ 51:06+ 52:11+ 56:06+ 56:45+ 57:53+ 59:15+ 04:52+ 01:17+ 00:45+ 01:55+ 03:47+ 07:17+ 00:57+ 01:57+ 00:36+ 02:20+ 02:21+ 10:02+ 03:53+ 05:16+ 01:36+ 02:15+ 01:05+ 03:55+ 00:39+ 01:08+ 01:22+ 01:28& 00:18& 00:07# 00:32& 00:57& 02:00& 00:30@ 00:32& 00:05# 00:46& 00:06+ 07:41@ 01:45& 00:09+ 00:20& 00:40& 00:12# 02:10@ 00:06# 00:03+ 00:29& Beste strekktid for klassen

03:24 00:57 00:38 01:23 02:50 05:17 00:27 01:14 00:30 01:34 01:45 02:13 02:08 02:59 00:59 01:35 00:46 01:37 00:31 00:55 00:43

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 80 år og eldre

 1
 Berit Ebbell Olsen
 68
 48:13

 04:17=
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 23:26=
 26:51=
 27:48=
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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer A

Plass	Navn Klasse		Tid
1	Aud Hognestad Taksdal 92		37:31
02:54= 00:00= 36:24= 00:21=	03:18= 03:54= 09:02= 09:26= 13:00= 15:19= 15:42= 17:15= 00:24= 00:36= 05:08= 00:24= 03:34= 02:19= 00:23= 01:33=	02:37= 02:58= 00:51= 00:19=	25:22= 26:13= 26:53= 28:46= 29:53= 31:10= 31:29= 32:13= 33:06= 34:12= 34:54= 35:25= 36:03= 01:22= 00:51= 00:40= 01:53= 01:07= 01:17= 00:19= 00:44= 00:53= 01:06= 00:42= 00:31= 00:38= 00:00= 00
2	Katrine Haaland Leveraas 117		40:56
03:37+ 00:43# 39:48+ 00:24+	04:00+ 04:43+ 09:00- 09:31+ 12:52- 15:20+ 15:40- 17:03- 00:23- 00:43+ 04:17- 00:31+ 03:21- 02:28+ 00:20- 01:23-	04:02+ 03:11+ 00:55+ 00:23+	27:12+ 28:16+ 29:04+ 31:13+ 32:42+ 34:09+ 34:36+ 35:24+ 36:29+ 37:31+ 38:15+ 38:46+ 39:24+ 01:38+ 01:04+ 00:48+ 02:09+ 01:29+ 01:27+ 00:27+ 00:48+ 01:05+ 01:02- 00:44+ 00:31= 00:38= 00:16# 00:13& 00:08# 00:16# 00:22& 00:10# 00:08& 00:04+ 00:12# 00:04- 00:02+ 00:00= 00:00=
3	Silje Skarpeid 101		42:35
03:08+ 00:14+ 41:17+ 00:26+	00:26+ 00:47+ 04:39- 00:35+ 03:38+ 02:35+ 00:19- 01:39+	04:34+ 03:09+ 01:01+ 00:25+	28:28+ 29:38+ 30:28+ 32:31+ 33:41+ 35:11+ 35:33+ 36:27+ 37:26+ 38:34+ 39:25+ 40:07+ 40:51+ 01:33+ 01:10+ 00:50+ 02:03+ 01:10+ 01:30+ 00:22+ 00:54+ 00:59+ 01:08+ 00:51+ 00:42+ 00:44+ 00:11# 00:19& 00:10# 00:10+ 00:03+ 00:13# 00:03# 00:10# 00:06# 00:02+ 00:09# 00:11& 00:06#
4	Tone Torgersen 27	22.021 26.521 27.551 28.181	45:07 29:51+ 30:47+ 31:34+ 34:09+ 35:19+ 37:02+ 37:29+ 38:22+ 39:31+ 40:43+ 41:33+ 42:09+ 43:00+
03:23+ 00:29# 43:40+ 00:40+	00:27+ 00:40+ 04:38- 00:26+ 04:15+ 02:43+ 00:23= 01:51+	03:16+ 04:50+ 01:03+ 00:23+	29:014 50:474 51:344 54:094 55:194 57:024 57:294 55:224 59:534 40:435 41:354 42:094 45:004 01:334 00:564 00:474 02:354 01:104 01:434 00:274 00:534 01:094 01:124 00:504 00:364 00:514 00:11# 00:054 00:07# 00:42& 00:034 00:26& 00:08& 00:09# 00:16& 00:064 00:08# 00:05# 00:13&
5	Trine Bolstad Scheie 62		45:40
03:27+ 00:33# 44:14+ 00:22+	00:29+ 00:57+ 06:27+ 00:34+ 04:19+ 02:45+ 00:23= 01:52+	03:19+ 03:37+ 01:00+ 00:25+	31:07+ 31:59+ 32:51+ 34:57+ 36:25+ 38:05+ 38:31+ 39:21+ 40:22+ 41:40+ 42:31+ 43:06+ 43:52+ 01:33+ 00:52+ 00:52+ 02:06+ 01:28+ 01:40+ 00:26+ 00:50+ 01:01+ 01:18+ 00:51+ 00:35+ 00:46+ 00:11# 00:01+ 00:12& 00:13# 00:21& 00:23& 00:07& 00:06# 00:08# 00:12# 00:09# 00:04# 00:08#
6	Pernille Melleby 18		1:05:02
04:48+ 01:54& 63:18+ 00:27+ 00:06&	00:44+ 00:56+ 07:23+ 00:34+ 06:02+ 05:06+ 00:29+ 02:45+ 00:20& 00:20& 02:15& 00:10& 02:28& 02:47@ 00:06& 01:12& 64:11+ 64:47+ 65:02+ 00:53+ 00:36+ 00:15+ 00:22& 00:10& 00:05&	05:42+ 05:05+ 01:17+ 00:27+	43:54+ 45:18+ 46:33+ 49:38+ 52:14+ 54:23+ 54:52+ 56:00+ 57:38+ 59:35+ 60:50+ 61:51+ 62:51+ 02:36+ 01:24+ 01:15+ 03:05+ 02:36+ 02:09+ 00:29+ 01:08+ 01:38+ 01:57+ 01:15+ 01:01+ 01:00+ 01:14& 00:33& 00:35& 01:12& 01:29@ 00:52& 00:10& 00:24& 00:45& 00:51& 00:33& 00:30& 00:22&
	Strekktid for klassen 00:23 00:36 04:17 00:24 03:21 02:19 00:19 01:23	02:37 02:58 00:51 00:19	01:22 00:51 00:40 01:53 01:07 01:17 00:19 00:44 00:53 01:02 00:42 00:31 00:38 00:21 00:31
= Som k	klassevinner, - raskere, + senere, # 10% tap, & 25% tap,(⊅ 100% tap.	
Dame			
1	Inger Tone Nygård 29	01 40 00 10 00 00 00 00 00	35:11
03:31=	00:21= 00:48= 05:01= 00:33= 03:50= 02:22= 01:26= 03:22=	00:35= 00:21= 01:15= 01:10=	26:09= 27:34= 29:46= 31:18= 32:35= 33:50= 34:27= 34:59= 35:11= 01:34= 01:25= 02:12= 01:32= 01:17= 00:44= 00:31= 00:37= 00:32= 00:12= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=
2	Lise Isachsen 165	00.101 00.441 00.00 04 15	36:25
03:05-	00:27+ 00:50+ 04:52- 00:35+ 00:27- 03:40+ 02:05+ 03:01-	03:11+ 00:31+ 00:19- 01:12+	25:24- 27:35+ 28:47- 31:16- 32:40+ 33:56+ 34:46+ 35:08+ 35:45+ 36:13+ 36:25+ 01:09- 02:11+ 01:12- 02:29+ 01:24+ 01:16+ 00:50+ 00:22- 00:37+ 00:28+ 00:12+ 00:25- 00:46& 01:00- 00:57& 00:07+ 00:32& 00:19& 00:15- 00:05# 00:16@ 00:12+
3	Vibeke Lamark 46	23-49+ 24-12+ 25-32+ 26-39+	37:48 28:16+ 30:05+ 32:26+ 33:58+ 35:15+ 35:59+ 36:23+ 37:03+ 37:38+ 37:48+
04:08+	00:22+ 00:44- 04:51- 00:35+ 04:07+ 02:45+ 02:02+ 03:40+	00:35= 00:23+ 01:20+ 01:06-	01:38+ 01:49+ 02:21+ 01:32= 01:17= 00:44= 00:24- 00:40+ 00:35+ 00:10- 00:04+ 00:24& 00:09+ 00:00= 00:00= 00:00= 00:07- 00:03+ 00:03+ 00:02-

Plass	Nav	n					Klasse)					Tid									
4	Hele	n Lon	neland				105						39:12	2								
-		-			16:49+			25:13+	25:48+	26:10+	27:25+	28:39+		_	33:52+	35:18+	36:34+	37:23+	37:49+	38:28+	38:58+	39:12+
03:40+					05:39+																	
00:09+	00:07&	00:01+	00:42#	00:03-	01:49&	00:13+	00:41&	00:20+	00:00=	00:01+	00:00=	00:04+	00:01+	00:00=	00:01+	00:06-	00:01-	00:05#	00:05-	00:02+	00:02-	00:02#
5	Joru	ınn Jo	hanne	esen			116						39:10	6								
					15:38+																	
04:28+					04:25+																	
00:57&				00:11%	00:35#			00:10+	00:01+	00:00=	00:03+	00:20&			00:57&	00:04-	00:05+	00:01+	00:07-	00:04#	00:01-	00:02#
6		K. Kol					29						39:20	-								
					15:04+																	
					04:19+ 00:29#																	
7				00.021	00.201			00.201	00.021	00.01	00.021	00.104	39:5		00.251	00.02	00.001	00.00	00.00	00.01	00.02	00.01
1		ah Brå		11.201	16:02+		43	00.50	24.201	04.501	26.021	07.001			24.121	26.24	27.42.	20.251	20.471	20.221	20.45.	20.57
					04:32+																	
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8		e Sæb					47						41:08									
-				10.21+	14:47+			23.08+	23.44+	24·10+	25.39+	26.58+		-	34.40+	36.10+	37.34+	38.20+	38.53+	39.57+	40.28+	41.08+
03:42+					04:26+																	
00:11+					00:36#																	
9	Mari	iann S	veins	/oll			94						41:09	9								
03:35+					15:29+		•••	23:59+	24:41+	25:04+	26:30+	27:56+		-	34:37+	36:15+	38:22+	39:09+	39:35+	40:23+	40:58+	41:09+
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00:04+	00:01+	00:16&	00:26+	00:01-	00:39#	00:16#	00:34&	00:30#	00:07#	00:02+	00:11#	00:16#	00:19#	00:37&	00:34&	00:06+	00:50&	00:03+	00:05-	00:11&	00:03+	00:01-
10	Ann	e Gars	srud				395						41:3	3								
03:57+	04:18+	05:07+	11:23+	11:55+	16:10+	18:19+	20:13+	24:00+	24:37+	24:59+	26:24+	27:37+	29:16+	31:42+	35:39+	37:15+	38:41+	39:39+	40:03+	40:50+	41:20+	41:33+
					04:15+																	
00:26#	00:00=	00:01+	01:15#	00:01-	00:25#			00:25#	00:02+	00:01+	00:10#	00:03+			01:45&	00:04+	00:09#	00:14&	00:07-	00:10&	00:02-	00:01+
11	Ann	Karin	Tjørh	om			93						42:49	9								
					17:22+																	
					04:42+																	
				00:03+	00:52#			01:08&	00:04#	00:07&	00:14#	00:16#			00:24#	00:10#	00:12#	00:22&	00:03+	00:13&	00:02+	00:03#
12		n Tind					27						42:5	-								
					18:04+																	
					04:52+ 01:02&																	
					01:02@	00:00+	00:510	00:39#	00:03#	00:03#	00:11#	00:21α	00:21#	00:19#	00:10#	00:09+	00:12#	00:04+	00:100	00:140	00:01-	00:00-
Beste				-	00.07		01.06	0.2 0.1	00.04	0.0 0.1	00.10	01 06	01 00	01 01	01 10	01 06	01 10	00.40	00.00	00.00	00.00	00 10
03:05	00:20	00:44	04:51	. UU:26	00:27	0∠:09	U1:26	03:01	00:34	00:21	00:19	01:06	01:09	01:21	01:12	01:26	01:10	00:42	00:22	00:22	00:23	00:10
= Som k	lassevir	nner, -	raskere	, + se	nere, #	10% ta	p, & 2	5% tap,	@ 100%	6 tap.												
Dame	r Nv																					
Dame	лтчу																					

1 Stephanie Thomson 27 20:41 02:25= 02:56= 05:43= 08:59= 09:51= 10:28= 12:16= 13:11= 14:36= 15:36= 16:48= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 15:36= 16:48= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 14:36= 15:36= 16:48= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 15:36= 16:48= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 15:36= 16:48= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 17:44= 18:25= 19:07= 20:00= 20:26= 20:41= 14:36= 15:36= 14:36= 15:36= 14:36= 15:36= 14:36= 15:36= 14:36= 14:36= 15:36= 14:36= 14:36= 14:36= 14:36= 14:36= 14:36= 15:36= 14:36= 14:36= 14:36= 15:36= 14: 02:25= 00:31= 02:47= 03:16= 00:52= 00:37= 01:48= 00:55= 01:25= 01:00= 01:12= 00:56= 00:41= 00:42= 00:53= 00:26= 00:15= 00:00= 00: 22:15 2 **Kiersti Svalland** 5 02:49+ 03:21+ 06:09+ 09:39+ 10:20+ 11:03+ 12:42+ 13:57+ 15:28+ 16:24+ 17:40+ 18:38+ 19:24+ 20:11+ 21:30+ 22:00+ 22:15+ 02:49+ 00:32+ 02:48+ 03:30+ 00:41- 00:43+ 01:39- 01:15+ 01:31+ 00:56- 01:16+ 00:58+ 00:46+ 00:47+ 01:19+ 00:30+ 00:15= 00:24# 00:01+ 00:01+ 00:14+ 00:11- 00:06# 00:09- 00:20& 00:06+ 00:04- 00:04+ 00:02+ 00:05# 00:05# 00:26& 00:04# 00:00= 3 Monica Regine Romstad 105 32:03 03:45+ 04:22+ 08:14+ 13:46+ 15:01+ 15:45+ 18:51+ 20:21+ 22:35+ 24:07+ 25:58+ 27:17+ 28:23+ 29:25+ 30:58+ 31:38+ 32:03+ 03:45+ 00:37+ 03:52+ 05:32+ 01:15+ 00:44+ 03:06+ 01:30+ 02:14+ 01:32+ 01:51+ 01:19+ 01:06+ 01:02+ 01:33+ 00:40+ 00:25+

Beste strekktid for klassen

02:25 00:31 02:47 03:16 00:41 00:37 01:39 00:55 01:25 00:56 01:12 00:56 00:41 00:42 00:53 00:26 00:15

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass Navn

Klasse

Damer Trim

1	Maren	Beniami	nsen			43						21:35	5						
02:14=	02:49= 03:			08:31=	09:15=	09:54=	10:21=	11:35=	12:44=	14:32=	15:42=	16:40=	17:37=	18:53=	19:37=	20:11=	20:56=	21:24=	21:35=
	00:35= 00:																		
00:00=	00:00= 00:	:00= 00:00	= 00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Marian	ne Strøn	n Uthau	a	•	113						21:55	5						
01:55-	03:34+ 04:				10:13+	10:46+	11:12+	12:26+	13:34+	15:13+	16:33+	17:22+	18:20+	19:22+	20:07+	20:43+	21:22+	21:44+	21:55+
01:55-	01:39+ 00:	:55+ 00:46	i+ 02:27+	01:44-	00:47+	00:33-	00:26-	01:14=	01:08-	01:39-	01:20+	00:49-	00:58+	01:02-	00:45+	00:36+	00:39-	00:22-	00:11=
00:19-	01:040 00:	:05# 00:03	+ 00:06+	00:04-	00:03+	00:06-	00:01-	00:00=	00:01-	00:09-	00:10#	00:09-	00:01+	00:14-	00:01+	00:02+	00:06-	00:06-	00:00=
3	Anasta	sia Olles	stad		9	93						22:24	1						
02:14=	02:46- 03:	32- 04:17	- 06:29-	08:34+	09:26+	10:08+	10:34+	12:09+	13:20+	15:08+	16:42+	17:38+	18:38+	19:49+	20:28+	21:02+	21:46+	22:08+	22:24+
02:14=	00:32- 00:	46- 00:45	+ 02:12-	02:05+	00:52+	00:42+	00:26-	01:35+	01:11+	01:48=	01:34+	00:56-	01:00+	01:11-	00:39-	00:34=	00:44-	00:22-	00:16+
00:00=	00:03- 00:	:04- 00:02	+ 00:09-	00:17#	00:08#	00:03+	00:01-	00:21&	00:02+	00:00=	00:24&	00:02-	00:03+	00:05-	00:05-	00:00=	00:01-	00:06-	00:05&
4	Lvnn M	arie Gal	ston			116						22:47	7						
02:07-	02:43- 03:			08:41+			10:46+	12:21+	13:36+	15:22+	16:33+			20:12+	20:55+	21:31+	22:10+	22:34+	22:47+
02:07-	00:36+ 00:	:52+ 00:45	+ 02:13-	02:08+	00:50+	00:41+	00:34+	01:35+	01:15+	01:46-	01:11+	01:23+	01:08+	01:08-	00:43-	00:36+	00:39-	00:24-	00:13+
00:07-	00:01+ 00:	02+ 00:02	+ 00:08-	00:20#	00:06#	00:02+	00:07&	00:21&	00:06+	00:02-	00:01+	00:25&	00:11#	00:08-	00:01-	00:02+	00:06-	00:04-	00:02#
5	Karolin	e Fidiela	and			105						24:15	5						
-	02:50+ 04:			09:21+			11:17+	13:01+	14:29+	16:34+	17:54+		-	21:17+	22:02+	22:40+	23:37+	24:03+	24:15+
	00:34- 01:																		
00:02+	00:01- 00:	20& 00:08	# 00:00=	00:21#	00:02+	00:02-	00:06#	00:30&	00:19&	00:17#	00:10#	00:00=	00:10#	00:02+	00:01+	00:04#	00:12&	00:02-	00:01+
6	Hanna	Haaland	Sømm	۵		68						24:33	3						
-	02:46- 03:						12:01+	13:45+	15:06+	16:59+	18:09+		-	21:24+	22:13+	22:52+	23:51+	24:21+	24:33+
	00:33- 00:																		
00:01-	00:02- 00:	:02- 00:08	# 00:02+	01:07&	00:21&	00:02+	00:05#	00:30&	00:12#	00:05+	00:00=	00:03-	00:05+	00:02+	00:05#	00:05#	00:14&	00:02+	00:01+
7	Nina Ba	ækkelun	d Chris	tianco	n '	105						24:48	2						
02:27+	03:04+ 04:						11:50+	14:12+	15:20+	17:13+	18:32+		-	21:51+	22:33+	23:06+	24:07+	24:32+	24:48+
	00:37+ 01:																		
	00:02+ 00:																		
8	Marit I	indtveit	IIndhoi	m	1	54						25:16	3						
02.23+	03:02+ 04:						11.34+	13.51+	14.59+	16.52+	18.14+		-	22.10+	22.53+	23.33+	24.35+	25.04+	25.16+
	00:39+ 01:																		
	00:04# 00:																		
9	Maria F	ielde				105						25:53	3						
-	04:59+ 05:		+ 09:13+	11:19+			13:29+	15:09+	16:25+	18:29+	19:49+			23:12+	23:54+	24:34+	25:19+	25:42+	25:53+
	00:36+ 00:																		
02:09&	00:01+ 00:	:03- 00:08	# 00:15#	00:18#	00:20&	00:00=	00:00=	00:26&	00:07#	00:16#	00:10#	00:01-	00:10#	00:03+	00:02-	00:06#	00:00=	00:05-	00:00=
10	Inder J	ohanne	Klauso	n	1	54						25:58	2						
	03:37+ 04:						12.29+	14.00+	15.16+	17.22+	19.30+			22.49+	23.47+	24.29+	25.19+	25.44+	25.58+
	00:40+ 00:																		
	00:05# 00:																		
11	Groto S	tokke S	oliosko	a		128						26:08	2						
	03:23+ 04:						11.10+	12.52+	15.07+	18.17+	19.46+		-	22.59+	23.42+	24.31+	25.29+	25.55+	26.08+
	00:45+ 00:																		
	00:10& 00:																		
12	<u> </u>	Mvkleb				54						26:28	_						
	03:39+ 04:			10.20+			12.33+	14.03+	15.10+	17.38+	10.221		-	23.02+	23.581	21.18+	25.421	26.13+	26.28+
	00:38+ 00:																		
	00:03+ 00:																		
13		Ditlevse				117						26:39							
	03:27+ 04:			10.24			12.16.	14.31.	15.50.	18.10.	19.23			23.22.	24.15.	25.01.	25.51.	26.24.	26.30+
	00:46+ 00:																		
	00:11& 00:																		
					-														
14		charlotte				117	10.44	14.22:	10.00	10.15	10.07	26:41	-	00.04	04.14	05.04	05.54	06.07	06.41
	03:33+ 04: 00:50+ 00:																		
	00:15& 00:																		
00:29#	00:100 00:	.01- 00:05	π υυ:21#	00:30%	00:10%	00:03+	00:110	00:00%	00:24&	00:21#	00:02+	00:11#	00:248	00:11#	00:00#	00:10%	00:00#	00:00#	00:030

Tid

Plass	Navi	า					Klasse	•					Tid							
15	The	rese Ø	sthø				117						26:47	7						
				07:59+	10:26+		12:09+	12:45+	14:35+	16:02+	18:18+	19:29+			23:27+	24:19+	25:03+	25:58+	26:26+	26:47+
							00:42+													
	-			00:25#	00:39&		00:03+	00:09&	00:36&	00:18&	00:28&	00:01+		_	00:10#	00:08#	00:10&	00:10#	00:00=	00:10&
16		Mari \					54						27:01	-						
02:22+ 02:22+							11:52+ 00:41+													
							00:41+													
17		a Bert					13						27:01							
				07:34+	10:10+	11:19+	11:56+	12:32+	14:17+	15:46+	17:42+	19:48+		-	23:48+	24:40+	25:26+	26:16+	26:45+	27:01+
							00:37-													
00:07+	00:08#	00:11#	00:11&	00:14+	00:48&	00:25&	00:02-	00:09&	00:31&	00:20&	00:08+	00:56&	00:08#	00:18&	00:23&	00:08#	00:12&	00:05#	00:01+	00:05&
18		Wiik F					43						27:01	-						
							11:59+													
							00:43+ 00:04#													
19		d O. F	_	00.221	00.114		117	00.004	00.004	00.104	00.111	00.004	27:19	_	00.014	00.001	00.071	00.000	00.01	00.021
				08:17+	10:46+		12:24+	12:55+	14:38+	16:05+	18:35+	20:07+		-	24:02+	24:49+	25:32+	26:33+	27:05+	27:19+
							00:41+													
00:31#	00:06#	00:17&	00:12&	00:28#	00:41&	00:13&	00:02+	00:04#	00:29&	00:18&	00:42&	00:22&	00:04+	00:22&	00:18#	00:03+	00:09&	00:16&	00:04#	00:03&
20	Inga	Borge	Э			4	43						27:41	1						
							13:07+													
							00:49+ 00:10&													
		_		00:22#	00:40&			00:07&	00:200	00:13#	00:27#	00:200			00:13#	00:10#	00:00#	00:07#	00:00&	00:04&
21				08.331	10.50+		13:07+	13.38+	15.00+	17.3/+	10.11+	21.16+	28:23		25.00+	25.551	26.381	27.37+	28.06+	28.231
							00:49+													
00:45&	00:31&	00:06#	00:03+	00:25#	00:38&	00:35&	00:10&	00:04#	00:17#	01:160	00:22#	00:22&	00:02+	00:17&	00:14#	00:11#	00:09&	00:14&	00:01+	00:06&
22	Laur	a Mari	ia Kull			ę	92						28:4	5						
							13:41+													
							00:45+ 00:06#													
		-		00:51#	02:100			00:00#	00:240	00:12#	01:010	00:20&		-	00:10#	00:03+	00:12α	00:210	00:02-	00:01-
23				08.34+	11.32+		192 13:21+	13.52+	16.16+	17.52+	10.16+	21.16+	28:52	_	25.15+	26.11+	26.501	28.04+	28.351	28.521
							00:46+													
00:54&	00:09&	00:18&	00:08#	00:22#	01:10&	00:19&	00:07#	00:04#	01:10&	00:27&	00:06+	00:20&	00:12#	00:21&	00:15#	00:12&	00:14&	00:20&	00:03#	00:06&
24	Krist	tin Baı	rvik			9	92						29:11	1						
							12:51+													
							00:43+ 00:04#													
				00.408	00.510	00.134	10.04	00.021	00.438	00.200	00.420	00.100		-	00.410	00.041	00.220	00.230	00.00-	00.034
25 02·50+		i Sand		09.31+	11.57+	12.54+	13:32+	14.03+	15.34+	17.48+	20.25+	21.42+	29:3	-	25.51+	26.42+	27.31+	28.46+	29.14+	29.33+
							00:38-													
00:36&	00:02+	01:300	00:04+	00:36&	00:38&	00:13&	00:01-	00:04#	00:17#	01:05&	00:49&	00:07#	00:00=	00:19&	00:39&	00:07#	00:15&	00:30&	00:00=	280:00
26	Roy	Liao					136						29:3	5						
							13:33+													
02:45+ 00:31#							00:36- 00:03-													
		_			01:21&			00:00#	00:43&	00:30&	01:24&	00:27&		-	00:11#	00:05#	00:29&	00:02-	00:01-	00:06&
27			enhein		12.57+		14:45+	15.10+	17.35+	10.31+	21.351	23.20+	31:02	_	27.40+	28.40+	20.21+	30.231	30.47+	31.02+
							00:46+													
							00:07#													
28	Mari	anne I	Høie				116						31:28	3						
03:00+	03:41+	04:40+	05:36+			12:10+	12:51+						23:57+	25:30+						
							00:41+													
	-				00:4/&		00:02+	00:390	00:33&	∪U:34&	00:30&	UT:226			00:18#	00:06#	00:09&	00:540	UU:1/&	00:160
29			ljølhus		11.04		105	14.20	17.00	10.40	20.24	04.00/	31:29		00.14	20.14	20.54	20.56	01.17	21.20
							13:56+ 01:04+													
							00:25&													

Plass	Navr	า					Klasse	•					Tid							
30	Hela	a San	dve He	elaøv			111						31:30)						
03:22+	04:05+	05:16+	06:08+	09:27+		13:14+	13:59+						24:42+	26:02+						
							00:45+ 00:06#													
~ .			.	_				00:01+	01:00%	00:19&	01:34&	00:44&		_	00:29&	00:06#	00:12&	00:30&	00:05#	00:08&
31							114 14:52+	15.30+	17.36+	19.28+	21.59+	24.03+	31:40 25+18+	-	28.30+	29.19+	30.07+	31.00+	31.26+	31.40+
							00:48+													
00:55&	00:22&	00:24&	00:12&	01:13&	01:09&	00:34&	00:09#	00:11&	00:52&	00:43&	00:43&	00:54&	00:17&	00:29&	00:30&	00:05#	00:14&	00:08#	00:02-	00:03&
32	Mari	anne l	Berge				392						32:19	9						
							14:06+													
							00:44+ 00:05#													
33			illa Ho		00.004		62	00.00	00.101	00.224	02.000	00.274	32:20	_	00.101	00.204	00.144	00.224	00.428	00.034
					12:29+		14:20+	15:36+	17:20+	19:01+	21:25+	23:40+		-	28:20+	29:30+	30:24+	31:37+	32:10+	32:26+
							00:42+													
00:30#	00:22&	00:33&	00:11&	00:54&	01:28&	00:25&	00:03+	00:49@	00:30&	00:32&	00:36&	01:05&	00:19&	00:37&	00:33&	00:26&	00:20&	00:28&	00:05#	00:05&
34				nd En			105						32:30							
							13:32+ 00:37-													
							00:02-													
35	Hallo	dis Ha	ndelar	nd		9	92						32:50)						
				-	13:04+		15:04+	15:45+	18:05+	19:48+	22:20+	23:55+		-	28:31+	29:32+	30:24+	31:41+	32:32+	32:50+
							00:48+													
		-			-		00:09#	00:14&	01:06&	00:34&	00:44&	00:25&			00:45&	00:17&	00:18&	00:32&	00:23&	00:07&
36				em Bil			92 16:55+	10.01.	20.04	01.00	00.47	05.17.	32:5		20.001	20.201	20.50	21.50	20.27.	20.51
							01:36+													
							00:570													
37	Silje	Elise	Elstad				62						33:06	3						
							15:02+													
							00:45+ 00:06#													
38			Nerga		01.204		116	00.190	00.204	00.014	00.004	01.000	33:10	_	00.004	00.224	00.204	00.204	00.001	00.004
					11:06+		15:37+	16:16+	17:59+	22:12+	24:16+	26:09+			30:04+	30:50+	31:30+	32:32+	33:01+	33:16+
							03:22+													
				00:12+	01:08&		02:430	00:12&	00:29&	03:04@	00:16#	00:43&			00:15#	00:02+	00:06#	00:17&	00:01+	00:04&
39		Dudz		40.50.	4.0.00.		91		48.54.				33:19	-						
							15:31+ 00:46+													
							00:07#													
40	Karo	olina L	enart			9	91						33:20)						
							16:16+													
							00:52+ 00:13&													
41			ra Mæ		01.000		92	00.228	00.578	00.278	01.010	00.510	33:4	_	00.10#	00.10#	00.100	00.200	00.114	00.034
	-		J		12:18+		14:11+	14:53+	16:45+	18:32+	22:13+	24:22+		-	28:58+	30:54+	31:48+	32:53+	33:29+	33:45+
							00:53+													
01:03&	00:14&	00:15&	00:24&	00:59&	00:52&	00:16&	00:14&	00:15&	00:38&	00:38&	01:530	00:59&	00:29&	00:28&	00:28&	01:120	00:20&	00:20&	380:00	00:05&
42			Halsn				105						33:4							
							14:05+ 00:52+													
							00:32+													
43	Eli V						117						33:58							
			06:49+	10:32+	13:39+		15:48+	16:28+	18:37+	20:22+	22:56+	24:59+		-	29:41+	30:52+	31:45+	32:59+	33:45+	33:58+
							00:54+													
				01:22&	01:19&		00:15&	00:13&	00:55&	00:36&	00:46&	00:53&			00:36&	00:27&	00:19&	00:29&	00:18&	00:02#
44		Svihu		10.00	10.50		92	15.00	17.00	10.10	00.07	04.01/	34:04		00.56	20.45	20.41	22.11	22.20	24.04
							14:58+ 00:51+													
							00:12&													

Plass	Navi	า					Klasse	•					Tid							
45	Inau	nn Fa	ndrem	1			47						34:41	1						
03:30+	04:25+	06:03+	07:08+	10:51+			15:47+						27:11+	28:44+						
							00:56+ 00:17&													
				01:220	01:000			00:13@	00:52@	00:430	01:200	00:550	35:02		00:410	00:210	00:100	00:23@	00:00#	00.00&
46		05:45+	-	11.01+	13.52+		105 15:55+	16.37+	18.34+	20.17+	23.27+	25.16+		-	29.51+	30.46+	31 • 43+	34.17+	34.46+	35.02+
							00:52+													
01:08&	00:24&	00:34&	01:160	00:56&	01:03&	00:27&	00:13&	00:15&	00:43&	00:34&	01:22&	00:39&	00:29&	00:29&	00:26&	00:11#	00:23&	01:490	00:01+	00:05&
47	Kirst	ti Stra	nd Sal	vesen			256						35:05	5						
							15:43+													
							01:05+ 00:26&													
48		_	lands				392	00.114	01.000	00.024	01.014	00.100	35:1	_	00.104	00.024	00.214	00.014	00.174	00.110
							17:14+	17:46+	19:35+	21:23+	24:53+	26:48+		-	31:20+	32:09+	33:07+	34:14+	34:58+	35:15+
							00:46+													
00:37&	00:500	00:31&	00:18&	01:36&	02:440	00:37&	00:07#	00:05#	00:35&	00:39&	01:42&	00:45&	00:15&	00:29&	00:37&	00:05#	00:24&	00:22&	00:16&	00:06&
49		tin Ha					92						35:22	_						
							15:08+ 00:56+													
							00:17&													
50	Lind	a Hau	kås				113						35:54	1						
	-			09:54+	13:45+		15:37+	16:17+	18:47+	20:39+	24:47+	26:45+		-	31:44+	32:45+	33:47+	34:57+	35:38+	35:54+
							00:48+													
	_			01:10&	02:030		00:09#	00:13&	01:160	00:43&	02:200	00:48&		_	00:42&	00:17&	00:28&	00:25&	00:13&	00:05&
51				07.401	12.201		105 14:12+	14.41	26.101	27.221	20.271	20.441	37:3		24.241	25.10	25.561	26.51	27.24	27.25
							00:39=													
							00:00=													
52	Hilde	e Mari	e Meis	ingset	t		287						37:4	5						
							14:23+													
							00:50+ 00:11&													
				-	00.490		366	00.004	00.328	04.440	01.300	01.136	38:02	_	00.554	00.200	00.230	00.016	00.00#	00.044
53 03:36+			org Vag		14:30+		16:58+	17:40+	20:09+	22:04+	25:30+	27:13+		_	32:48+	34:11+	35:13+	36:48+	37:31+	38:02+
							01:10+													
01:22&	00:24&	00:33&	00:38&	01:32&	01:30&	00:34&	00:31&	00:15&	01:150	00:46&	01:38&	00:33&	00:29&	01:070	00:48&	00:39&	00:28&	00:500	00:15&	00:20@
54		e Gisk	-				116						39:48	-						
							17:05+													
03:19+ 01:05&							01:15+ 00:36&													
55	Mon	ica Ne	sse			9	92						40:17	7						
				12:05+	15:27+	17:01+	18:14+	18:57+	22:09+	24:21+	28:59+	31:07+			36:08+	37:16+	38:10+	39:20+	40:00+	40:17+
							01:13+													
			00:450	02:01&	01:34&		00:34&	00:16&	01:580	01:03&	02:500	00:58&		_	00:28&	00:24&	00:20&	00:25&	00:12&	00:06&
56	Kate		07.401	10.05.	15.01.		92	10.01	22.00	24.25.	20.001	21.00	40:17		26.12	27.17.	20.14	20.10	40.001	40.171
							18:12+ 01:11+													
							00:32&													
57	Sølv	i Balle	stad				105						42:04	1						
							19:05+													
							01:00+ 00:21&													
58			erg H				105	00.138	01.190	01.116	∪∠.⊥⊥@	00.00%	43:23		00.31%	00.424	00.000	00.000	00.020	00.010
							17:03+	17:44+	20:44+	22:43+	31:19+	33:18+			39:02+	40:17+	40:59+	42:17+	43:06+	43:23+
							00:54+													
00:37&					00:57&		00:15&	00:14&	01:460	00:50&	06:480	00:49&			00:59&	00:31&	00:08#	00:33&	00:21&	00:06&
59			rbeck				287						43:53	-						
							18:52+													
							01:22+ 00:430													
		4									4								= = = =	

Plass	Navr	า					Klasse	•					Tid										
60	Mari	anne S	Steink	opf		4	5						47:37	7									
08:03+							22:06+ 00:44+																
							00:44+																
61			Furla	-			93						52:59										
					21:58+		25:25+	26:22+	30:04+	32:46+	36:54+	39:57+		-	46:46+	48:22+	49:36+	51:25+	52:24+	52:59+			
							01:37+																
					03:120		00:580	00:300	02:280	01:330	02:20@	01:530		_	01:13&	00:52@	00:40@	01:04@	00:310	00:24@			
62			stad B		00.07.		92	06 01	00 50.	22.061	07 10	40.101	53:2		10 50	40.041	40 50	F1 444	50 40	50.01.			
							25:26+ 01:25+																
							00:460																
63	Aane	ete De	dekam	1 Stab	el		101						1:03:	39									
03:37+	10:31+	12:49+	14:43+	18:16+	21:31+	23:21+	24:42+						55:03+	57:04+									
							01:21+ 00:420																
					01:2/α	01:006	00:420	00:10@	10:116	01:306	01:43α	01:196	00:340	01:040	00:10#	01:200	00:03#	00:57@	00:05#	00:00&			
Beste 01:55					01:44	00:44	00:33	00:25	01:14	01:08	01:39	01:10	00:49	00:57	01:02	00:39	00:33	00:39	00:21	00:10			
= Som k	lassevin	ner, -	raskere,	, + se	nere, #	10% ta	p, & 25	o% tap,	@ 100%	₀ tap.													
Herre	r 16 -	- 39 å	r																				
1			rømsta				50						29:0										
							14:08= 01:07=																
							01:07=																
2		rik Sv					93						30:19	-									
	02:57+	03:36+	07:23+				14:02-																
							01:40+ 00:33&																
3					00.40		399	00.021	00.011	00.00-	01.010	00.021	30:49	_	00.071	00.05	00.07	00.051	00.100	00.02	00.000	00.040	
02:54+					12:49+		15:59+	18:58+	19:28+	19:45+	20:44+	21:45+			26:24+	27:41+	28:45+	29:21+	29:41+	30:17+	30:39+	30:49+	
							01:17+																
00:25#	00:03-	00:01+	01:01&	00:00=	00:06+	00:11#	00:10#	00:05+	00:00=	00:03-	00:02-	00:04-	00:17-	00:03+	00:21#	00:02+	00:01-	00:01-	00:02-	00:09-	00:00=	00:01#	
4			Haver				126						31:42										
							15:58+ 01:52+																
							00:45&																
5	Vega	ard Bra	aut Kv	llingst	tad		66						34:47	7									
	03:32+	04:12+	10:16+	10:44+	14:12+	16:09+	17:56+																
							01:47+ 00:40&																
•	<i>~</i>							00:02-	00:01-	00:05#	00:21&	00:190		_	00:42&	00:02+	00:04+	00:03+	00:02-	00:05-	00:05#	00:00=	
6 03·07+							16:48+	20.20+	20.53+	21.20+	22.28+	23.30+	34:58		29.12+	30.33+	31.41+	32.31+	33.20+	33.41+	34.19+	34.48+	34.58+
							02:24+																
00:38&	00:03#	00:08#	00:24#	00:02+	00:07-	00:15#	01:170	00:38#	00:03#	00:07&	00:07#	00:03-	00:22#	00:25&	00:23#	00:06+	00:03+	00:13&	00:270	00:24-	00:16&	00:200	00:10+
7			e Berg				126						35:18	-									
							17:12+																
							02:35+ 01:280																
8		_	musse				116						35:50	_									
03:08+					13:29+		16:54+	20:42+	21:23+	21:50+	23:03+	24:15+			29:44+	31:21+	32:41+	33:23+	34:07+	35:04+	35:37+	35:50+	
03:08+	00:21+	00:43+	04:44+	00:31+	04:02+	02:12+	01:13+	03:48+	00:41+	00:27+	01:13+	01:12+	02:05+	01:23+	02:01+	01:37+	01:20+	00:42+	00:44+	00:57+	00:33+	00:13+	
00:39&	<u> </u>				00:32#		00:06+	00:54&	00:11&	00:07&	00:12#	00:07#	~	-	00:11#	00:22&	00:15#	00:05#	00:22&	00:12&	00:11&	00:04&	
9			1 Haala		10.57		399	01.05	00.00	22.20	00.50	04.57	35:50		20.47	20.15	22.20	24.14	24.45	35.00	0E.45.	35.50	
							18:08+ 02:19+																
							01.120																

00:27# 00:00= 00:08# 00:42# 00:07& 00:14+ 01:10& 01:12@ 00:33# 00:04# 00:09& 00:11# 00:02+ 00:27& 00:32& 00:19# 00:13# 00:10# 00:07# 00:09& 00:08- 00:01+ 00:02#

Plass	Navr	า					Klasse)					Tid									
10	Per (Christi	ian Μι	inkhua	ag		18						36:28	В								
	03:25+																					
	00:25+ 00:06&																					
11	-		stad S				62						36:4	_								
	03:18+				12:35+		-	20:37+	21:08+	21:29+	22:42+	25:37+		-	31:48+	33:01+	34:03+	34:59+	35:32+	36:17+	36:38+	36:47+
	00:26+																					
	00:07&				00:13+			00:51&	00:01+	00:01+	00:12#	01:500		-	00:02-	00:02-	00:03-	00:19&	00:11&	00:00=	00:01-	00:00=
12 04 · 03+	04:20+		ogland		15.28+		98	23.50+	24.24+	24.44+	25.47+	26.56+	36:49		31.52+	33.16+	34.27+	35.10+	35.32+	36.09+	36.36+	36.49+
	00:17-																					
01:34&	00:02-	00:06#	00:04+	00:01-	02:28&	00:21#	01:380	00:40#	00:04#	00:00=	00:02+	00:04+	00:07-	00:21&	00:10+	00:09#	00:06+	00:06#	00:00=	00:08-	00:05#	00:04&
13		id Brin					76						36:5	-								
	03:56+ 00:20+																					
	00:20+																					
14	Sono	dre As	nøv				117						37:28	B								
03:14+	03:36+	04:21+	09:29+			15:58+	18:23+						28:13+	30:01+								
	00:22+																					
	00:03# T				00:26#			01:02%	00:00#	00:06&	00:14#	00:10#		-	00:40&	00:09#	00:06+	00:07#	00:00=	00:05-	00:03#	00:02#
15 03·16+	03:48+		'kildse		14.54+		39	23.19+	23.55+	24.17+	25.29+	26.48+	38:09 28:48+	-	32.43+	34.09+	35.23+	36.07+	36.31+	37.30+	37.57+	38.09+
	00:32+																					
00:47&	00:13&	00:10&	01:41&	00:01+	00:43#	00:30&	01:250	00:47&	00:06#	00:02#	00:11#	00:14#	00:21#	00:39&	00:23#	00:11#	00:09#	00:07#	00:02+	00:14&	00:05#	00:03&
16	-		-	Mælan	-		66						39:0	-								
	03:37+ 00:21+																					
	00:21+																					
17	Tor (Gunna	r Ose	n			116						42:3 [,]	1								
03:28+	03:58+	04:46+	11:13+	12:00+		19:22+	21:01+						32:58+	34:26+								
	00:30+ 00:11&																					
			-	00:20@	01:20α			02:32@	00:100	00:04#	00:22α	00:13#		-	00:30%	00:1/#	00:13#	00:130	00:03#	00:03#	00:00@	00:01#
18 03:13+	03:35+	04:21+	-	09:50+	14:13+		19:09+	23:00+	23:38+	24:02+	25:31+	26:53+	43:20 29:25+		36:40+	38:16+	39:36+	40:19+	40:58+	41:40+	43:03+	43:20+
	00:22+																					
00:44&	00:03#	-			00:53&	00:40&	01:270	00:57&	280:00	00:04#	00:28&	00:17&	00:53&	00:24&	03:580	00:21&	00:15#	00:06#	00:17&	00:03-	01:01@	00:08&
19	-		r Clau				74			00.55			44:5	-				40.45.	40 54	40.55		
	04:39+ 00:26+																					
	00:07&																					
20	Thor	nas G	jerde				65						45:5	7								
	03:43+																					
	00:30+ 00:11&																					
21	-	re Døi					136						49:40	-								
	04:37+		-	12:56+	19:06+			30:18+	31:31+	32:09+	34:04+	35:41+		-	43:02+	44:48+	46:21+	47:15+	47:45+	48:57+	49:25+	49:40+
	00:29+																					
	00:10&		.	00:17&	02:40&			02:17&	00:430	00:18&	00:54&	00:32&		-	01:08&	00:31&	00:28&	00:17&	380:00	00:27&	00:06&	00:06&
22	-		rfelice	10.17	10.501		51	20.421	20.221	20.521	21.10	22.40	50:02	_	42.01	44.521	46.201	47.201	40.001	40.10.	40.401	E0.001
	04:34+ 00:20+																					
	00:01+																					
23	Torb	jørn F	ugles	tad			46						50:2	5								
	04:41+																					
	00:25+ 00:06&																					
24		e Sola			a		192				iod		1:05:			a		L/a				
	05:39+			15:53+	22:56+			37:46+	38:46+	39:22+	41:40+	44:03+			57:06+	59:44+	62:00+	63:10+	63:49+	65:04+	65:42+	65:58+
05:12+	00:27+	01:07+	08:19+	00:48+	07:03+	03:49+	04:01+	07:00+	01:00+	00:36+	02:18+	02:23+	02:40+	03:10+	07:13+	02:38+	02:16+	01:10+	00:39+	01:15+	00:38+	00:16+
02:430	00:08&	00:33&	04:190	00:21&	03:330	02:070	02:540	04:060	00:30&	00:16&	01:170	01:180	01:01&	02:070	05:230	01:230	01:110	00:33&	00:17&	00:30&	00:16&	00:07&

Klasse

Tid

Beste strekktid for klassen

02:29 00:16 00:34 03:47 00:26 02:44 01:42 01:07 02:52 00:29 00:17 00:59 01:01 01:22 01:03 01:48 01:10 00:58 00:36 00:20 00:21 00:21 00:29

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 40 - 49 år

Kristoffer Buchholz Johannessen 88 32:48 1 02:51= 03:15= 04:00= 08:05= 08:40= 12:06= 13:55= 15:55= 18:58= 19:30= 19:52= 21:03= 22:18= 23:40= 25:44= 27:39= 28:55= 30:03= 31:12= 31:32= 32:11= 32:36= 32:48= 23:40= 23: 02:51= 00:24= 00:45= 04:05= 00:35= 03:26= 01:49= 02:00= 03:03= 00:32= 01:11= 01:15= 01:22= 02:04= 01:55= 01:16= 01:08= 01:09= 00:20= 00:39= 00:25= 00:12= 00:45= 01:00= 00:20= 00: 00:00= 00: 2 Audun Thomassen 65 35:03 02:52+ 03:12- 03:56- 08:21+ 08:56+ 12:53+ 15:09+ 17:02+ 20:34+ 21:08+ 21:31+ 22:41+ 23:51+ 25:33+ 27:12+ 29:07+ 30:24+ 31:44+ 32:41+ 33:14+ 34:04+ 34:52+ 35:03+ 02:52+ 00:20- 00:44- 04:25+ 00:35= 03:57+ 02:16+ 01:53- 03:32+ 00:34+ 00:23+ 01:10- 01:42+ 01:39- 01:55= 01:17+ 01:20+ 00:57- 00:33+ 00:50+ 00:48+ 00:11-00:01+ 00:04- 00:01- 00:20+ 00:02+ 00:02+ 00:02+ 00:07- 00:29# 00:02+ 00:01+ 00:01- 00:05- 00:20# 00:25- 00:00= 00:01+ 00:12# 00:12+ 00:12* 00:12* 00:12* 00:12* 00:23* 00:01+ 405 3 Øvvind Madland 36:15 03:13+ 03:38+ 04:20+ 08:50+ 09:26+ 13:52+ 16:06+ 17:37+ 21:04+ 21:37+ 21:56+ 23:11+ 24:42+ 26:12+ 28:57+ 31:03+ 32:28+ 33:41+ 34:27+ 34:52+ 35:37+ 36:05+ 36:15+ 03:13+ 00:25+ 00:42- 04:30+ 00:36+ 04:26+ 02:14+ 01:31- 03:27+ 00:33+ 00:19- 01:15+ 01:31+ 01:30+ 02:45+ 02:06+ 01:25+ 01:13+ 00:46- 00:25+ 00:45+ 00:28+ 00:10-00:22# 00:01+ 00:03- 00:25# 00:01+ 01:00& 00:25# 00:29- 00:24# 00:01+ 00:03- 00:04+ 00:16# 00:08+ 00:41& 00:11+ 00:09# 00:05+ 00:23- 00:05# 00:03# 00:03# 00:02-48 36:35 Thomas Chruickshank 03:05+ 03:26+ 04:14+ 09:00+ 09:32+ 13:32+ 15:52+ 17:33+ 20:38+ 21:10+ 21:32+ 23:06+ 24:27+ 26:05+ 27:40+ 31:19+ 32:46+ 34:08+ 34:53+ 35:22+ 36:01+ 36:23+ 36:35+ 03:05+ 00:21- 00:48+ 04:46+ 00:32- 04:00+ 02:20+ 01:41- 03:05+ 00:32= 00:22= 01:34+ 01:21+ 01:38+ 01:35- 03:39+ 01:27+ 01:22+ 00:45- 00:29+ 00:39= 00:22- 00:12= 00:14+ 00:03- 00:03+ 00:14# 00:03- 00:34# 00:31& 00:19- 00:02+ 00:00= 00:23& 00:06+ 00:16# 00:29- 01:44& 00:11# 00:14# 00:24- 00:09& 00:00= 00:03- 00:00= Christian Ask 180 36:39 5 03:03+ 03:29+ 04:15+ 08:55+ 09:23+ 13:41+ 15:54+ 17:52+ 21:32+ 22:08+ 22:36+ 23:49+ 25:10+ 27:09+ 28:37+ 31:07+ 32:40+ 33:57+ 34:41+ 35:06+ 36:01+ 36:27+ 36:39+ 03:03+ 00:26+ 00:46+ 04:40+ 00:28- 04:18+ 02:13+ 01:58- 03:40+ 00:36+ 00:28+ 01:13+ 01:21+ 01:59+ 01:28- 02:30+ 01:33+ 01:17+ 00:44- 00:25+ 00:55+ 00:26+ 00:12= 00:12+ 00:02+ 00:01+ 00:35# 00:07- 00:52& 00:24# 00:02- 00:37# 00:04# 00:06& 00:02+ 00:06+ 00:37& 00:36- 00:35& 00:17# 00:09# 00:25- 00:05# 00:16& 00:01+ 00:00= 36:44 Magne Habbestad 6 111 03:13+ 03:34+ 04:20+ 08:59+ 09:30+ 13:44+ 16:00+ 17:20+ 21:23+ 22:00+ 22:22+ 23:40+ 25:03+ 26:47+ 28:34+ 31:08+ 32:41+ 33:58+ 34:44+ 35:14+ 36:04+ 36:31+ 36:44+ 03:13+ 00:21- 00:46+ 04:39+ 00:31- 04:14+ 02:16+ 01:20- 04:03+ 00:37+ 00:22= 01:18+ 01:23+ 01:44+ 01:47- 02:34+ 01:33+ 01:17+ 00:46- 00:30+ 00:50+ 00:27+ 00:13+ 00:22# 00:03- 00:01+ 00:34# 00:04- 00:48# 00:27# 00:40- 01:00& 00:05# 00:00= 00:07+ 00:08# 00:22& 00:17- 00:39& 00:17# 00:09# 00:23- 00:10& 00:11& 00:02+ 00:01+ 117 7 Gunnar Thorset 36:46 03:35+ 03:59+ 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01:20+	02:51+	00:25+	02:16+	00:44+	00:25-	01:42+	03:21+	03:58+	00:32+	00:35+	00:23+	01:37+	01:08+	00:32+	02:09+	01:42+	02:16+	01:20+	01:18+	00:52+	01:25+	00:44+	00:33+	00:58+	00:34+
	00:33# 37:01+		00:14#	00:04#	00:10-	00:39&	00:41&	01:14&	00:08&	00:07#	00:04#	00:12#	00:10#	00:05#	00:45&	00:25&	00:29&	00:35&	00:21&	00:10#	00:23&	00:16&	00:06#	00:20&	00:16&
	00:34+																								
15	00:09&	e Kalh	oim				93						37:30	n											
01:08-	03:39+	03:58+	06:03+			08:10=	10:48-						22:31+	23:00+							33:43+				
																					01:28+ 00:26&				
36:47+	37:17+	37:30+	00.001	00.02	00.15	00.041	00.02	02.004	00.04	00.004	00.034	00.004	02.000	00.021	00.011	00.04	01.200	00.144	00.204	00.001	00.204	00.004	00.001	00.194	00.004
	00:30+ 00:05#																								
16		en Nil	sen				116						38:14	4											
01:30+	04:27+	04:50+	07:35+																		33:38+				
																					01:26+ 00:24&				
	38:00+ 00:33+																								
	280:00																								
17			rådlan				297						38:14												
																					34:14+ 01:19+				
	01:14& 38:03+		00:28#	00:07#	00:00=	00:12#	00:44&	00:56&	00:05#	00:08&	00:09&	00:35&	00:17&	00:12&	01:280	00:21&	00:25#	00:10#	00:20&	00:21&	00:17&	00:10&	00:08&	00:16&	00:12&
	00:28+																								
	00:03#						-																		
18 01:22+		e Haus		08:32+	09:05+	10:29+	13:58+	18:14+	18:52+	19:26+	19:51+	21:36+	38:22 22:47+		25:14+	27:30+	29:39+	30:44+	31:56+	32:53+	34:21+	35:01+	35:38+	36:29+	36:56+
01:22+	03:21+	00:19-	02:42+	00:48+	00:33-	01:24+	03:29+	04:16+	00:38+	00:34+	00:25+	01:45+	01:11+	00:34+	01:53+	02:16+	02:09+	01:05+	01:12+	00:57+	01:28+	00:40+	00:37+	00:51+	00:27+
	01:03& 38:08+		00:40&	00:08#	00:02-	00:21&	00:49&	01:32&	00:14&	00:06#	00:06%	00:20#	00:13#	00:07&	00:29&	00:59%	00:22#	00:20&	00:15%	00:12%	00:26&	00:12&	00:10%	00:13%	00:09%
	00:30+ 00:05#																								
19	_	.	stians	en			93						38:51	1											
01:28+	04:17+	04:40+	07:08+	07:57+		09:35+	12:55+						21:39+	22:16+							34:51+				
																					01:26+ 00:24&				
38:13+	38:40+	38:51+																							
	00:27+ 00:02+																								
20		k Han					29						39:03												
																					34:48+ 01:23+				
00:14#	00:49&	00:04#																			00:21&				
	38:50+ 00:30+	39:03+ 00:13+																							
	00:05#																								

Plass	Nav	n					Klasse)					Tid												
21		Halse	.t				114						39:12	>											
01:28+	04:26+ 02:58+	04:50+ 00:24+	08:04+ 03:14+	00:46+	00:29-	10:44+ 01:25+	14:01+ 03:17+	03:52+	00:43+	00:49+	00:26+	01:48+	23:01+ 01:22+	23:40+ 00:39+	01:55+	01:36+	02:17+	01:10+	01:27+	01:06+	01:24+	00:43+	00:38+	00:56+	00:39+
38:22+ 00:51+		39:12+ 00:16+	01:12&	00:06#	00:06-	00:22&	00:37#	01:088	00:19&	00:21&	00:07&	00:23&	00:24&	00:12&	00:31&	00:19#	00:30&	00:25&	00:30&	00:24&	00:22&	00:15&	00:11&	00:188	00:210
22	Arns	stein H	off				116						39:37	7											
							13:19+ 03:27+																		
							00:47&																		
00:46+	00:32+																								
23	00:07& Frlir	ng Knu	tzon				128						39:47	7											
				08:27+	08:53+		13:14+	17:36+	18:10+	18:47+	19:10+	20:59+			24:48+	26:54+	29:04+	30:22+	31:48+	33:00+	34:47+	35:42+	36:19+	37:22+	38:05+
							03:02+ 00:22#																		
		39:47+	00.404	00.114	00.00	00.104	00.221	01.000	00.104	00.094	00.040	00.244	00.204	00.124	00.204	00.494	00.231	00.004	00.294	00.004	00.454	00.274	00.104	00.204	00.200
	00:35+ 00:10&																								
24		nar Mg	øller				62						40:23	3											
01:43+	04:46+	05:11+	07:49+			10:15+	13:34+						24:10+	24:50+											
							03:19+ 00:39#																		
	40:08+		00.004	00.001	00.00	00.00%	00.00	00.110	00.001	00.104	00.001	00.13#	00.344	00.104	00.201	01.044	00.101	00.200	00.194	00.214	00.294	00.194	00.004	00.274	00.124
	00:32+																								
25		Sverre	Skåra	1			266						40:3	5											
01:44+	04:55+	05:20+	08:10+	09:00+		11:05+	15:06+						24:50+	25:18+											
							04:01+ 01:21&																		
39:53+	40:22+	40:35+	00.104	00.101	00.01	00.204	01.214	01.100	00.000	00.001	00.004	00.004	00.204	00.01	00.004	00.11	00.124	00.200	00.014	00.204	00.204	001274	00.074	00.204	00.074
	00:29+ 00:04#																								
26	-	e Vold					54						40:5 [,]	1											
01:32+	04:51+	05:52+	08:26+				14:39+																		
							03:33+ 00:53&																		
40:00+	40:36+	40:51+																							
	00:36+ 00:11&																								
27	Stei	n Arve	Finne	stad			287						41:0 ⁻	1											
							⊥4:10+ 03:41+																		
							01:01&																		
	40:46+ 00:29+																								
	00:29+																								
28		lvar Ho					116						41:12												
							14:26+ 03:24+																		
00:15#	01:06&	00:320					00:44&																		
	41:01+ 00:26+	41:12+																							
	00:01+																								
29		Selan					236						41:19	-											
							15:26+ 03:21+																		
01:180	01:02&	00:02+					00:41&																		
		41:19+ 00:14+																							
		00:04&																							

Plass	Navn	Klasse	Tid
30	Arne Hetlelid	98	41:19
01:31+ 00:20& 40:27+ 00:44+	02:50+ 00:21= 02:32+ 00:41+ 00:24-	01:07+ 07:00+ 04:16+ 00:33+ 00:39+ 00:25+	23:59+ 25:11+ 25:47+ 27:48+ 29:47+ 32:01+ 33:11+ 34:38+ 35:45+ 37:08+ 37:50+ 38:24+ 39:15+ 39:43+ 01:40+ 01:12+ 00:36+ 02:01+ 01:59+ 02:14+ 01:10+ 01:27+ 01:07+ 01:23+ 00:42+ 00:34+ 00:51+ 00:28+ 00:15# 00:14# 00:09& 00:37& 00:42& 00:27& 00:25& 00:30& 00:25& 00:21& 00:14& 00:07& 00:13& 00:10&
01:46+ 00:35& 40:20+ 00:27-	03:37+ 00:29+ 02:46+ 00:47+ 00:43+	01:12+ 03:53+ 04:03+ 00:37+ 00:36+ 00:31+	41:55 23:06+ 23:51+ 24:49+ 25:33+ 27:41+ 29:46+ 32:33+ 33:28+ 34:55+ 35:46+ 37:22+ 38:07+ 38:46+ 39:53+ 02:06+ 00:45- 00:58+ 00:44- 02:08+ 02:05+ 02:47+ 00:55- 01:27+ 00:51- 01:36+ 00:45+ 00:39+ 01:07+ 00:41& 00:13- 00:31@ 00:40- 00:51& 00:18# 02:02@ 00:02- 00:45@ 00:11- 01:08@ 00:18& 00:01+ 00:49@
01:37+ 00:26& 42:00+ 00:45+	04:49+ 00:23+ 03:02+ 00:48+ 00:31-	01:19+ 03:17+ 04:21+ 00:35+ 00:39+ 00:38+	42:50 23:49+ 25:33+ 26:09+ 28:37+ 30:21+ 33:00+ 34:40+ 36:00+ 36:57+ 38:32+ 39:13+ 39:47+ 40:44+ 41:15+ 01:50+ 01:44+ 00:36+ 02:28+ 01:44+ 02:39+ 01:40+ 01:20+ 00:57+ 01:35+ 00:41+ 00:34+ 00:57+ 00:31+ 00:25& 00:46& 00:09& 01:04& 00:27& 00:52& 00:55@ 00:23& 00:15& 00:33& 00:13& 00:07& 00:19& 00:13&
33 02:22+ 02:22+ 01:11& 42:20+ 01:07+	Øystein Lie Karlsen ^{05:28+} 05:58+ 09:09+ 10:02+ 10:32+ 03:06+ 00:30+ 03:11+ 00:53+ 00:30-	01:36+ 03:21+ 03:44+ 00:40+ 00:40+ 00:30+	43:11 22:47+ 24:40+ 25:37+ 28:47+ 30:35+ 33:30+ 34:27+ 35:39+ 36:35+ 38:13+ 38:57+ 39:34+ 40:38+ 41:13+ 01:44+ 01:53+ 00:57+ 03:10+ 01:48+ 02:55+ 00:57+ 01:12+ 00:56+ 01:38+ 00:44+ 00:37+ 01:04+ 00:35+ 00:19# 00:55& 00:30@ 01:46@ 00:31& 01:08& 00:12& 00:15& 00:14& 00:36& 00:16& 00:10& 00:26& 00:17&
01:34+ 00:23& 42:46+ 01:05+	03:06+ 00:23+ 03:03+ 00:45+ 00:33-	01:20+ 03:24+ 04:55+ 00:36+ 00:36+ 00:33+	43:38 22:34+ 24:04+ 24:48+ 28:50+ 30:51+ 33:04+ 34:05+ 36:30+ 37:22+ 38:39+ 39:22+ 40:14+ 41:16+ 41:41+ 01:46+ 01:30+ 00:44+ 04:02+ 02:01+ 02:13+ 01:01+ 02:25+ 00:52+ 01:17+ 00:43+ 00:52+ 01:02+ 00:25+ 00:21# 00:32& 00:17& 02:38@ 00:44& 00:26# 00:16& 01:28@ 00:10# 00:15# 00:15& 00:25& 00:24& 00:07&
01:38+ 00:27& 44:27+ 00:58+	03:39+ 00:23+ 03:09+ 00:56+ 01:03+	01:15+ 04:09+ 04:40+ 00:41+ 00:49+ 00:27+	45:13 24:47+ 26:11+ 26:49+ 28:49+ 31:11+ 33:31+ 36:03+ 37:29+ 38:31+ 40:33+ 41:18+ 42:00+ 42:57+ 43:29+ 01:58+ 01:24+ 00:38+ 02:00+ 02:22+ 02:20+ 02:32+ 01:26+ 01:02+ 02:02+ 00:45+ 00:42+ 00:57+ 00:32+ 00:33& 00:26& 00:11& 00:36& 01:05& 00:33& 01:47@ 00:29& 00:20& 01:00& 00:17& 00:15& 00:19& 00:14&
01:57+ 00:46& 45:25+ 00:54+ 00:20&	04:03+ 00:34+ 02:55+ 01:02+ 00:38+ 01:45& 00:13& 00:53& 00:22& 00:03+ 46:01+ 46:18+ 00:36+ 00:17+ 00:11& 00:07&	01:38+ 04:03+ 04:21+ 01:03+ 00:48+ 00:35+	46:18 25:46+ 27:22+ 28:07+ 30:51+ 32:52+ 35:18+ 36:46+ 38:56+ 39:57+ 41:34+ 42:21+ 43:02+ 44:00+ 44:31+ 02:09+ 01:36+ 00:45+ 02:44+ 02:01+ 02:26+ 01:28+ 02:10+ 01:01+ 01:37+ 00:47+ 00:41+ 00:58+ 00:31+ 00:44& 00:38& 00:18& 01:20& 00:44& 00:39& 00:43& 01:13@ 00:19& 00:35& 00:19& 00:14& 00:20& 00:13&
	strekktid for klassen 02:18 00:13 01:35 00:36 00:22	00:37 01:07 02:44 00:24 00:28 00:17	00:21 00:45 00:22 00:27 01:14 01:20 00:45 00:50 00:41 00:42 00:28 00:26 00:28 00:18 00:24 00:24
= Som k	lassevinner, - raskere, + senere, # ?	10% tap, & 25% tap, @ 100% tap.	
Herre	er 60 - 64 år		
01:26=	02:49= 00:23= 02:03= 00:50= 00:33=	01:03= 00:36= 02:35= 03:21= 00:33= 00:23= 00:00= 00:00= 00:00= 00:00= 00:00=	30:56 18:41= 19:40= 21:10= 22:22= 23:32= 24:46= 25:52= 26:47= 27:56= 29:10= 29:32= 30:11= 30:42= 30:56= 02:06= 00:59= 01:30= 01:12= 01:10= 01:14= 01:06= 00:55= 01:09= 01:14= 00:22= 00:39= 00:31= 00:14= 00:00= 0
01:34+	03:07+ 00:27+ 02:29+ 01:00+ 00:35+	01:16+ 00:41+ 02:34- 03:34+ 00:39+ 00:25+	36:01 21:01+ 22:09+ 24:22+ 25:28+ 26:50+ 28:49+ 30:06+ 31:11+ 32:08+ 33:44+ 34:35+ 35:15+ 35:47+ 36:01+ 02:40+ 01:08+ 02:13+ 01:06- 01:22+ 01:59+ 01:17+ 01:05+ 00:57- 01:36+ 00:51+ 00:40+ 00:32+ 00:14= 00:34& 00:09# 00:43& 00:06- 00:12# 00:45& 00:11# 00:10# 00:12- 00:22& 00:29@ 00:01+ 00:01+ 00:00=

Plass	Navn						Klasse)					Tid												
3	Inge S	Skrett	ing				165						36:20												
													22:39+ 2												
													01:11+ 0 00:12# 0												
4	Svein	_			00.01		46	00.12	00.10	00.001	00.01	01.014	37:13		00.001	001021	00.204	00.10%	00.174	00.01	00.101	00101	00.071	00.01	00.01
01:29+					09:18+			14:03+	18:03+	18:44+	19:10+	21:53+	23:18+ 2	25:03+	26:22+	27:47+	29:26+	30:46+	32:04+	33:09+	34:47+	35:25+	36:19+	36:56+	37:13+
													01:25+ 0												
-				00:11#	00:01+			00:12+	00:39#	00:08#	00:03#	00:37&	00:26& 0	00:15#	00:07+	00:15#	00:25&	00:14#	00:23&	00:04-	00:24&	00:16&	00:15&	00:06#	00:03#
5 01.24-	Haral			08.201	08.57+		289	13.40+	17.10+	17.56+	18.18+	20.50+	37:34 21:57+ 2)3.351	24.57+	26.13+	28.14+	20.551	30.50+	31.40+	34.04+	35.17+	35.361	36.17+	37.101
													01:07+ 0												
	00:06+ 0	02-	00:54&	00:02+	00:05-	00:37&	00:00=	00:08-	00:09+	00:13&	00:01-	00:26#	00:08# 0	0:08+	00:10#	00:06+	00:47&	00:35&	00:00=	00:10-	01:01&	00:510	00:20-	00:400	00:180
37:34+ 00:15+																									
00:15+																									
6	Per In						7						38:09												
													24:21+ 2 01:16+ 0												
													00:17& 0												
7	Stein	Siabi	ørnse	n			27						38:31												
	04:32+ 0	04:55+	07:21+	08:19+									23:21+ 2												
													01:45+ 0 00:46& 0												
8	Lars E	_		00.001	00.021		116	00.201	00.001	00.001	00.00	00.100	38:42	a	00.004	00.244	00.004	00.05	00.524	00.00	00.100	00.134	00.001	00.011	00.011
01:36+				09:05+	09:42+		-	14:55+	19:01+	19:43+	20:13+	22:52+	24:27+ 2	26:51+	28:15+	29:35+	31:32+	32:42+	33:53+	34:57+	36:26+	37:04+	37:54+	38:29+	38:42+
													01:35+ 0												
-			_		00:04#			00:41&	00:45#	00:09&	00:07&	00:33&	00:36& 0	00:54&	00:12#	00:10#	00:43&	00:04+	00:16&	00:05-	00:15#	00:16&	00:11&	00:04#	00:01-
9 01·36+	John				10.05+		116	15.12+	18.56+	19.35+	20.04+	22.37+	38:53 23:50+ 2	26.32+	27.48+	29.08+	31.20+	32.21+	33.42+	34.55+	36.22+	36.44+	37.34+	38.41+	38.53+
													01:13+ 0												
00:10#	00:57& (0:17&	00:33&	00:03+	00:01+	00:39&	00:09#	00:05+	00:23#	00:06#	00:06&	00:27#	00:14# 0	01:12&	00:04+	00:10#	00:58&	00:05-	00:26&	00:04+	00:13#	00:00=	00:11&	00:360	00:02-
10	Tor In						5			4.0.07.			39:06												
													24:53+ 2 02:35+ 0												
													01:360 0												
11	Svein	Magr	ne Glo	ppen		9	93						39:07												
													22:50+ 2 01:06+ 0												
													00:07# C												
12	Arne	~ .					71						40:42												
01:30+	05:00+ 0)5:23+	07:43+			10:55+	12:07+						26:02+ 2												
													01:15+ 0 00:16& 0												
13	Sverr				00.051		116	01.408	01.000	00.100	00.05#	00.550	43:13	.578	00.13#	00.001	01.010	00.051	00.140	00.021	00.340	00.100	00.04#	00.021	00.02
-					10:13+		-	15:41+	19:51+	20:39+	21:09+	23:56+	25:49+ 2	28:23+	31:49+	33:19+	35:12+	36:29+	37:37+	38:39+	40:25+	41:31+	42:16+	42:56+	43:13+
													01:53+ 0												
		_		00:19&	00:00=			00:42&	00:49#	00:15&	00:07&	00:41&	00:54& 0	01:04&	02:140	00:20&	00:39&	00:11#	00:13#	00:07-	00:32&	00:440	00:06#	00:09&	00:03#
14 01.53+	Torbj			10.25+	10.59+		92 13·21+	16.35+	21.19+	22.11+	22.42+	25.39+	43:17 27:13+ 2	29.16+	30.29+	32.02+	34.32+	35.48+	37.16+	38.27+	40.53+	41.19+	42.17+	43.00+	43.17+
													01:34+ 0												
00:27&	00:51& 0	00:04#	01:19&	00:13&	00:01+	00:28&	00:15&	00:39&	01:23&	00:19&	00:08&	00:51&	00:35& 0	0:33&	00:01+	00:23&	01:160	00:10#	00:33&	00:02+	01:12&	00:04#	00:19&	00:12&	00:03#
15	Torbj						125						47:29												
													31:21+ 3 08:00+ 0												
													07:010 0												
16	Arne I	Nygaa	ard				66						52:35												
													37:08+ 3												
													11:48+ 0 10:490 0												
52:35+														-		-									-
00:14+ 00:14+																									
00:14+																									

Klasse

Tid

Beste strekktid for klassen

01:22 02:49 00:19 02:03 00:50 00:28 01:03 00:36 02:27 03:21 00:33 00:22 02:06 00:59 01:05 01:06 01:10 01:14 01:01 00:55 00:57 01:14 00:22 00:19 00:30 00:12

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 65 - 69 år

29:37 Arne Kristian Espedal 68 1 01:13= 03:51= 04:16= 06:10= 06:56= 07:26= 08:28= 09:02= 11:19= 14:12= 14:45= 15:06= 16:59= 18:05= 21:00= 21:52= 22:58= 24:14= 25:02= 25:55= 26:42= 27:58= 28:19= 28:54= 29:24= 29:37= 28:54= 29:24= 29:37= 28:54= 29:24= 29:37= 28:54= 29:24= 29:24= 29:37= 28:54= 29:24= 29:24= 29:37= 28:54= 29:24= 29: 01:13= 02:38= 00:25= 01:54= 00:46= 00:30= 01:02= 00:34= 02:17= 02:53= 00:33= 00:21= 01:53= 01:06= 02:55= 00:52= 01:06= 01:16= 00:48= 00:53= 00:47= 01:16= 00:21= 00:35= 00:30= 00:13= 00:30= 00: 00:00= 00: 2 108 Torbiørn Evensen 34:00 01:22+ 04:12+ 04:33+ 06:41+ 07:34+ 08:02+ 09:09+ 09:59+ 12:35+ 15:55+ 16:31+ 16:53+ 19:07+ 20:18+ 21:42+ 22:57+ 23:55+ 26:13+ 27:21+ 28:28+ 29:21+ 32:06+ 32:31+ 33:12+ 33:45+ 34:00+ 01:22+ 02:50+ 00:21- 02:08+ 00:53+ 00:53+ 00:28- 01:07+ 00:50+ 02:36+ 03:20+ 00:36+ 00:22+ 02:14+ 01:11+ 01:24- 01:15+ 00:58- 02:18+ 01:08+ 01:07+ 00:53+ 02:45+ 00:25+ 00:41+ 00:33+ 00:15+ 00:09# 00:12+ 00:04- 00:14# 00:07# 00:02- 00:05+ 00:16& 00:19# 00:27# 00:03+ 00:01+ 00:21# 00:05+ 01:31- 00:23& 00:08- 01:02& 00:20& 00:14& 00:06# 01:29@ 00:04# 00:06# 00:03# 00:02# 93 35:35 3 Olav Tunheim 01:30+ 04:49+ 05:15+ 07:34+ 08:30+ 09:05+ 10:12+ 10:52+ 13:48+ 17:21+ 18:01+ 18:28+ 20:58+ 22:12+ 24:53+ 26:11+ 27:30+ 28:59+ 30:05+ 31:20+ 32:17+ 33:42+ 34:12+ 34:54+ 35:22+ 35:35+ 01:30+ 03:19+ 00:26+ 02:19+ 00:56+ 00:35+ 01:07+ 00:40+ 02:56+ 03:33+ 00:40+ 00:27+ 02:30+ 01:14+ 02:41- 01:18+ 01:19+ 01:29+ 01:06+ 01:15+ 00:57+ 01:25+ 00:30+ 00:42+ 00:28- 00:13= 00:17# 00:41& 00:01+ 00:25# 00:10# 00:05# 00:05+ 00:06# 00:39& 00:40# 00:07# 00:06& 00:37& 00:08# 00:14- 00:26& 00:13# 00:13# 00:18& 00:22& 00:10# 00:09# 00:09# 00:07# 00:02- 00:00= 88 35:39 Biarne Gimre 4 01:51+ 05:02+ 05:31+ 07:51+ 08:49+ 09:20+ 10:32+ 11:15+ 14:17+ 18:24+ 19:02+ 19:27+ 21:50+ 23:05+ 24:56+ 26:22+ 27:42+ 29:17+ 30:17+ 31:26+ 32:25+ 33:52+ 34:13+ 34:57+ 35:28+ 35:39+ 01:51+ 03:11+ 00:29+ 02:20+ 00:58+ 00:31+ 01:12+ 00:43+ 03:02+ 04:07+ 00:38+ 00:25+ 02:23+ 01:15+ 01:51- 01:26+ 01:20+ 01:35+ 01:00+ 01:09+ 00:59+ 01:27+ 00:21= 00:44+ 00:31+ 00:11-00:38& 00:33# 00:04# 00:12# 00:12& 00:01+ 00:10# 00:09& 00:45& 01:14& 00:05# 00:04# 00:30& 00:09# 01:04- 00:34& 00:14# 00:19# 00:12# 00:12& 00:11# 00:00= 00:09& 00:01+ 00:02-Tor Geir Espedal 115 38:06 5 01:42+ 04:47+ 05:17+ 07:45+ 08:48+ 09:19+ 10:38+ 11:24+ 14:11+ 18:49+ 19:30+ 19:57+ 22:33+ 23:56+ 26:06+ 27:37+ 29:03+ 30:45+ 31:49+ 33:01+ 34:02+ 35:38+ 36:05+ 37:07+ 38:06+ 01:42+ 03:05+ 00:30+ 02:28+ 01:03+ 00:31+ 01:19+ 00:46+ 02:47+ 04:38+ 00:41+ 00:27+ 02:36+ 01:23+ 02:10- 01:31+ 01:26+ 01:42+ 01:04+ 01:12+ 01:01+ 01:36+ 00:27+ 01:02+ 00:59+ 00:29& 00:27# 00:05# 00:34& 00:17& 00:01+ 00:17& 00:12& 00:30# 01:45& 00:08# 00:06& 00:43& 00:17& 00:45- 00:39& 00:20& 00:26& 00:16& 00:19& 00:14& 00:20& 00:27& 00:27& 00:29& Arne Magne Handeland 92 39:05 6 01:41+ 05:18+ 05:46+ 08:16+ 09:19+ 10:16+ 11:35+ 12:19+ 15:33+ 19:29+ 20:12+ 20:38+ 23:49+ 25:03+ 27:06+ 28:25+ 29:42+ 31:32+ 33:01+ 34:15+ 35:26+ 36:54+ 37:27+ 38:19+ 38:53+ 39:05+ 01:41+ 03:37+ 00:28+ 02:30+ 01:03+ 00:57+ 01:19+ 00:44+ 03:14+ 03:56+ 00:43+ 00:26+ 03:11+ 01:14+ 02:03- 01:19+ 01:17+ 01:50+ 01:29+ 01:11+ 01:28+ 00:33+ 00:52+ 00:34+ 00:12-99 7 Biørn Sivertsen 39:37 01:47+ 05:09+ 05:33+ 08:21+ 09:26+ 09:58+ 11:25+ 12:10+ 15:15+ 19:21+ 20:05+ 20:32+ 23:09+ 24:29+ 27:24+ 28:50+ 30:21+ 32:04+ 33:21+ 34:35+ 35:50+ 37:30+ 38:00+ 38:45+ 39:22+ 39:37+ 01:47+ 03:22+ 00:24- 02:48+ 01:05+ 00:32+ 01:27+ 00:45+ 03:05+ 04:06+ 00:44+ 00:27+ 02:37+ 01:20+ 02:55= 01:26+ 01:31+ 01:43+ 01:17+ 01:14+ 01:15+ 01:40+ 00:30+ 00:45+ 00:37+ 00:15+ 00:34 00:44 00:01- 00:54 00:19 00:02+ 00:25 00:11 00:48 01:13 00:14 00:06 00:44 00:14 00:00= 00:34 00:25 00:27 00:29 00:21 00:28 00:24 00:24 00:09 00:07 00:07 00:07 42:02 8 Sveinuna Tveit 236 02:07+ 05:47+ 06:18+ 09:02+ 10:14+ 10:57+ 12:15+ 13:05+ 16:38+ 20:59+ 21:44+ 22:14+ 24:52+ 26:16+ 28:38+ 31:14+ 32:39+ 34:33+ 35:42+ 37:03+ 38:12+ 39:53+ 40:20+ 41:08+ 41:45+ 42:02+ 02:07+ 03:40+ 00:31+ 02:44+ 01:12+ 00:43+ 01:18+ 00:50+ 03:33+ 04:21+ 00:45+ 00:30+ 02:38+ 01:24+ 02:22- 02:36+ 01:25+ 01:54+ 01:09+ 01:21+ 01:09+ 01:41+ 00:27+ 00:48+ 00:37+ 00:17+ 00:54& 01:02& 00:06# 00:50& 00:26& 00:13& 00:16& 01:16& 01:16& 01:28& 00:12& 00:09& 00:45& 00:18& 00:33- 01:44@ 00:19& 00:38& 00:21& 00:25& 00:25& 00:25& 00:13& 00:07# 00:04& **Biørn Bielland** 83 42:11 9 01:58+ 05:39+ 06:07+ 08:47+ 09:55+ 10:31+ 12:31+ 13:15+ 16:38+ 20:36+ 21:23+ 21:57+ 24:54+ 26:05+ 28:34+ 30:04+ 31:37+ 33:12+ 34:18+ 35:32+ 36:53+ 38:33+ 39:23+ 40:48+ 41:54+ 42:11+ 01:58+ 03:41+ 00:28+ 02:40+ 01:08+ 00:36+ 02:00+ 00:44+ 03:23+ 03:58+ 00:47+ 00:34+ 02:57+ 01:11+ 02:29- 01:30+ 01:33+ 01:35+ 01:06+ 01:14+ 01:21+ 01:40+ 00:50+ 01:25+ 01:06+ 00:17+ 00:45& 01:03& 00:03# 00:46& 00:22& 00:06# 00:58& 00:10& 01:06& 01:05& 00:14& 00:13& 01:04& 00:05+ 00:26- 00:38& 00:27& 00:19# 00:18& 00:21& 00:34& 00:24& 00:29@ 00:50@ 00:36@ 00:04& 5 42:37 10 Tom Hetland 01:21+ 04:41+ 05:08+ 08:20+ 09:11+ 09:39+ 11:17+ 12:00+ 14:50+ 18:42+ 19:18+ 19:49+ 22:35+ 23:53+ 28:14+ 29:38+ 30:56+ 35:19+ 36:27+ 37:34+ 38:27+ 40:32+ 40:36+ 41:41+ 42:15+ 42:37+ 01:21+ 03:20+ 00:27+ 03:12+ 00:51+ 00:52+ 01:38+ 00:43+ 02:50+ 03:52+ 00:36+ 00:31+ 02:46+ 01:18+ 04:21+ 01:24+ 01:18+ 04:23+ 01:08+ 01:07+ 00:53+ 02:05+ 00:24+ 00:45+ 00:34+ 00:22+ 00:08# 00:42& 00:02+ 01:18& 00:05# 00:02- 00:36& 00:09& 00:33# 00:59& 00:03+ 00:10& 00:53& 00:12# 01:26& 00:32& 00:12# 03:07@ 00:20& 00:14& 00:06# 00:49& 00:03# 00:04# 00:09& 46 Ivar Johan Larsen 42:46 11 01:41+ 05:27+ 05:54+ 08:51+ 09:59+ 10:43+ 12:10+ 13:00+ 16:12+ 21:09+ 21:54+ 22:23+ 25:28+ 26:49+ 29:02+ 30:33+ 32:14+ 34:32+ 35:49+ 37:08+ 38:24+ 40:15+ 40:43+ 41:46+ 42:28+ 42:46+ 01:41+ 03:46+ 00:27+ 02:57+ 01:08+ 00:44+ 01:27+ 00:50+ 03:12+ 04:57+ 00:45+ 00:29+ 03:05+ 01:21+ 02:13- 01:31+ 01:41+ 02:18+ 01:17+ 01:19+ 01:16+ 01:51+ 00:28+ 01:03+ 00:42+ 00:18+ 12 Jan Arendal 116 43:21 01:53+ 05:33+ 06:01+ 08:46+ 09:52+ 10:25+ 11:48+ 12:42+ 15:48+ 21:21+ 22:11+ 22:39+ 25:50+ 27:16+ 29:23+ 31:11+ 32:59+ 34:51+ 36:11+ 37:29+ 38:41+ 40:45+ 41:17+ 42:13+ 43:00+ 43:21+ 01:53+ 03:40+ 00:28+ 02:45+ 01:06+ 00:33+ 01:23+ 00:54+ 03:06+ 05:33+ 00:50+ 00:28+ 03:11+ 01:26+ 02:07- 01:48+ 01:48+ 01:52+ 01:20+ 01:12+ 02:04+ 00:32+ 00:56+ 00:47+ 00:21+ 00:40 01:02 00:03# 00:51 00:20 00:03# 00:21 00:20 00:48 00:49 02:40 00:17 00:07 01:18 00:20 00:48 00:48 00:48 00:36 00:32 00:25 00:25 00:25 00:48 00:11 00:21 00:17 00:08 29 13 **Biørn Tore Aase** 52:00 02:06+ 06:38+ 07:11+ 10:46+ 12:13+ 13:00+ 15:38+ 16:41+ 20:34+ 25:55+ 27:00+ 27:35+ 31:21+ 32:59+ 35:47+ 37:22+ 39:22+ 41:24+ 43:32+ 45:06+ 46:31+ 48:51+ 49:32+ 50:44+ 51:36+ 52:00+ 02:06+ 04:32+ 00:33+ 03:35+ 01:27+ 00:47+ 02:38+ 01:03+ 03:53+ 05:21+ 01:05+ 00:35+ 03:46+ 01:38+ 02:48- 01:35+ 02:00+ 02:02+ 02:08+ 01:34+ 01:25+ 02:20+ 00:41+ 01:12+ 00:52+ 00:24+ 00:53& 01:54& 00:08& 01:41& 00:41& 00:17& 01:36@ 00:29& 01:36& 02:28& 00:32& 00:14& 01:53& 00:32& 00:07- 00:43& 00:54& 00:46& 01:20@ 00:41& 00:38& 01:04& 00:20& 00:37@ 00:22& 00:11&

Plass	Navn	Klasse	Tid

55:54

 $\begin{array}{c} 02:22+ & 06:55+ & 07:20+ & 11:58+ & 13:15+ & 13:57+ & 15:30+ & 16:28+ & 20:29+ & 26:12+ & 27:09+ & 27:41+ & 31:53+ & 33:41+ & 37:59+ & 39:54+ & 41:30+ & 43:33+ & 45:10+ & 46:43+ & 48:07+ & 52:36+ & 53:30+ & 54:58+ & 55:32+ & 55:54+ \\ 02:22+ & 04:33+ & 00:25= & 04:38+ & 01:17+ & 00:42+ & 01:33+ & 00:58+ & 04:01+ & 05:43+ & 00:57+ & 00:32+ & 04:12+ & 01:48+ & 04:18+ & 01:55+ & 01:36+ & 02:03+ & 01:37+ & 01:33+ & 01:24+ & 04:29+ & 00:54+ & 01:28+ & 00:32+ \\ 01:09& & 01:55& & 00:00= & 02:440 & 00:31& & 00:24& & 01:44& & 02:50& & 00:24& & 00:11& & 02:190 & 00:42& & 01:23& & 01:030& & 00:47& & 00:490& & 00:37& & 03:130& & 00:330& & 00:530& & 00:04\# & 00:09a\\ \end{array}$

Beste strekktid for klassen

Rolf Kleppe

01:13 02:38 00:21 01:54 00:46 00:28 01:02 00:34 02:17 02:53 00:33 00:21 01:53 01:06 01:24 00:52 00:58 01:16 00:48 00:53 00:47 01:16 00:21 00:35 00:28 00:11

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

63

Herrer 70 - 74 år

14

1 Biørn Alsaker 115 31:20 01:20= 04:14= 04:39= 06:58= 07:51= 08:20= 09:29= 10:07= 12:25= 16:02= 16:38= 17:02= 19:11= 20:08= 21:38= 22:55= 23:58= 25:27= 26:29= 27:28= 28:23= 29:36= 29:56= 30:40= 31:09= 31:20= 20: 01:20= 02:54= 00:25= 02:19= 00:53= 00:29= 01:09= 00:38= 02:18= 03:37= 00:36= 00:24= 02:09= 00:57= 01:30= 01:17= 01:03= 01:29= 01:02= 00:55= 01:13= 00:20= 00:44= 00:29= 00:11= 00:00= 00: 2 Gunnar Sakseid 116 31:54 01:29+ 04:18+ 04:45+ 06:59+ 07:53+ 08:22+ 09:30+ 10:06- 12:37+ 15:59- 16:33- 16:56- 19:24+ 20:56+ 22:23+ 23:38+ 24:50+ 26:10+ 27:15+ 28:19+ 29:07+ 30:17+ 30:37+ 31:15+ 31:41+ 31:54+ 01:29+ 02:49- 00:27+ 02:14- 00:54+ 00:29= 01:08- 00:36- 02:31+ 03:22- 00:34- 00:23- 02:28+ 01:32+ 01:27- 01:15- 01:12+ 01:20- 01:05+ 01:04+ 00:48- 01:10- 00:20= 00:38- 00:26- 00:13+ 00:09# 00:05- 00:02+ 00:05- 00:01+ 00:00= 00:01- 00:02- 00:13+ 00:15- 00:02- 00:01- 00:19# 00:35& 00:03- 00:02- 00:09# 00:09+ 00:05+ 00:05+ 00:07- 00:03- 00:00= 00:06- 00:03- 00:02+ 66 32:14 3 Harry Breiland 01:28+ 04:21+ 04:42+ 07:14+ 08:05+ 08:36+ 09:41+ 10:23+ 12:49+ 15:58- 16:32- 16:55- 19:09- 20:15+ 22:01+ 23:18+ 24:33+ 26:01+ 27:02+ 28:04+ 28:59+ 30:31+ 30:54+ 31:33+ 32:00+ 32:14+ 01:28+ 02:53- 00:21- 02:32+ 00:51- 00:31+ 01:05- 00:42+ 02:26+ 03:09- 00:34- 00:23- 02:14+ 01:06+ 01:46+ 01:17= 01:15+ 01:28- 01:01- 01:02+ 00:55= 01:32+ 00:23+ 00:23+ 00:27- 00:14+ 00:08# 00:01- 00:04- 00:13+ 00:02- 00:02+ 00:04+ 00:08+ 00:28- 00:02- 00:01- 00:05+ 00:09# 00:16# 00:00= 00:12# 00:01- 00:03+ 00:00= 00:19& 00:03# 00:05- 00:02- 00:02- 00:03& Svein Berge 126 4 33:11 01:25+ 04:09- 04:29- 07:03+ 07:56+ 08:24+ 09:40+ 10:23+ 12:59+ 16:17+ 16:57+ 17:20+ 19:41+ 20:38+ 22:18+ 23:27+ 25:34+ 26:50+ 27:49+ 28:42+ 29:42+ 31:22+ 31:45+ 32:32+ 33:01+ 33:11+ 01:25+ 02:44- 00:20- 02:34+ 00:53= 00:28- 01:16+ 00:43+ 02:36+ 03:18- 00:40+ 00:23- 02:21+ 00:57= 01:40+ 01:09- 02:07+ 01:16- 00:59- 00:53- 01:00+ 01:40+ 00:23+ 00:47+ 00:29= 00:10-00:05+ 00:10- 00:05- 00:15# 00:00= 00:01- 00:07# 00:05# 00:18# 00:19- 00:04# 00:01- 00:12+ 00:00= 00:10# 00:08- 01:04@ 00:13- 00:03- 00:05+ 00:27& 00:03# 00:03+ 00:00= 00:01-29 5 Jan Hetland 36:15 01:23+ 04:10- 04:29- 06:08- 11:03+ 11:52+ 12:18+ 13:26+ 14:02+ 16:35+ 20:02+ 20:37+ 20:59+ 23:30+ 24:38+ 26:29+ 27:51+ 29:08+ 30:26+ 31:27+ 32:22+ 33:11+ 34:36+ 34:57+ 35:37+ 36:03+ 01:23+ 02:47- 00:19- 01:39- 04:55+ 00:49+ 00:26- 01:08+ 00:36- 02:33- 03:27+ 00:35+ 00:22- 02:31+ 01:08- 01:51+ 01:22+ 01:17- 01:18+ 01:01+ 00:55= 00:49- 01:25+ 00:20+ 00:26+ 00: 00:03+ 00:07- 00:06- 00:40- 04:02@ 00:20& 00:43- 00:30& 01:42- 01:04- 02:51@ 00:11& 01:47- 01:34@ 00:22- 00:34& 00:19& 00:12- 00:16& 00:02+ 00:00= 00:24- 01:05@ 00:23- 00:11& 00:15@ 36.15+ 00:12+ 00:12+ 6 Ragnvald Frøvland 128 37:02 01:40+ 04:51+ 05:14+ 08:35+ 09:27+ 10:10+ 11:21+ 12:06+ 14:44+ 18:32+ 19:14+ 19:37+ 22:11+ 23:28+ 25:47+ 27:02+ 28:19+ 30:01+ 31:08+ 32:15+ 33:10+ 34:47+ 35:29+ 36:19+ 36:50+ 37:02+ 01:40+ 03:11+ 00:23- 03:21+ 00:52- 00:43+ 01:11+ 00:45+ 02:38+ 03:48+ 00:42+ 00:23- 02:34+ 01:17+ 02:19+ 01:15- 01:17+ 01:42+ 01:07+ 01:07+ 00:55= 01:37+ 00:42+ 00:50+ 00:31+ 00:12+ 00:20# 00:17+ 00:02- 01:02& 00:01- 00:14& 00:02+ 00:07# 00:20# 00:11+ 00:06# 00:01- 00:25# 00:20& 00:49& 00:02- 00:14# 00:13# 00:05+ 00:08# 00:00= 00:24& 00:22@ 00:06# 00:02+ 00:01+ 7 Eivind L. Rake 92 39:15 01:48+ 05:05+ 05:28+ 07:52+ 08:50+ 09:26+ 11:00+ 11:44+ 14:45+ 18:47+ 19:27+ 19:54+ 22:25+ 23:35+ 26:19+ 27:43+ 29:13+ 30:57+ 32:10+ 33:22+ 34:23+ 35:56+ 37:05+ 38:13+ 38:59+ 39:15+ 01:48+ 03:17+ 00:23- 02:24+ 00:58+ 00:36+ 01:34+ 00:44+ 03:01+ 04:02+ 00:40+ 00:27+ 02:31+ 01:10+ 02:44+ 01:24+ 01:30+ 01:44+ 01:13+ 01:12+ 01:01+ 01:33+ 01:09+ 01:08+ 00:46+ 00:16+ 00:28 00:23 00:02- 00:05+ 00:05+ 00:07 00:25 00:06 00:43 00:25 00:04 00:03 00:22 00:13 01:14 00:07+ 00:27 00:15 00:11 00:13 00:06 00:20 00:24 00:17 00:27 00:05 8 Leif Kåre Lende 128 39:29 01:38+ 04:58+ 05:19+ 07:11+ 08:02+ 08:59+ 10:20+ 11:58+ 12:41+ 15:25- 19:42+ 20:30+ 21:00+ 23:28+ 25:46+ 27:38+ 28:57+ 30:16+ 31:51+ 33:35+ 34:35+ 35:31+ 37:29+ 37:53+ 38:38+ 39:12+ 01:38+ 03:20+ 00:21- 01:52- 00:51- 00:57+ 01:21+ 01:38+ 00:43- 02:44- 04:17+ 00:48+ 00:30- 02:28+ 02:18+ 01:52+ 01:19+ 01:19- 01:35+ 01:44+ 01:00+ 00:56- 01:58+ 00:45+ 00:34+ 00:34+ 00:18# 00:26# 00:04- 00:27- 00:02- 00:28 00:12# 01:00@ 01:35- 00:53- 03:41@ 00:24& 01:39- 01:31@ 00:48& 00:35& 00:16& 00:10- 00:33& 00:45& 00:05+ 00:17- 01:38@ 00:20- 00:16& 00:23@ 39:29+ 00.17+ 00:17+ 9 Paul A. Paulsen 117 39:53 01:33+ 04:45+ 05:11+ 08:29+ 09:29+ 10:12+ 11:29+ 12:14+ 15:12+ 19:21+ 20:01+ 20:40+ 23:37+ 24:56+ 27:04+ 28:37+ 30:11+ 32:10+ 33:21+ 34:29+ 35:37+ 37:17+ 38:05+ 38:58+ 39:37+ 39:53+ 01:33+ 03:12+ 00:26+ 03:18+ 01:00+ 00:43+ 01:17+ 00:45+ 02:58+ 04:09+ 00:40+ 00:39+ 02:57+ 01:19+ 02:08+ 01:33+ 01:34+ 01:59+ 01:11+ 01:08+ 01:08+ 01:40+ 00:48+ 00:53+ 00:39+ 00:16+ 00:13# 00:18# 00:01+ 00:59& 00:07# 00:14& 00:08# 00:07# 00:40& 00:32# 00:04# 00:15& 00:48& 00:22& 00:38& 00:16# 00:31& 00:30& 00:09# 00:09# 00:13# 00:27& 00:28& 00:09# 00:10& 00:05& 10 Svein Ims 65 44:16 01:48+ 05:21+ 05:47+ 08:51+ 09:53+ 10:33+ 12:25+ 13:14+ 16:28+ 20:45+ 21:32+ 22:00+ 25:02+ 26:40+ 28:51+ 32:07+ 33:37+ 36:19+ 37:35+ 38:50+ 39:55+ 41:38+ 42:08+ 43:13+ 43:53+ 44:16+ 01:48+ 03:33+ 00:26+ 03:04+ 01:02+ 00:40+ 01:52+ 00:49+ 03:14+ 04:17+ 00:47+ 00:28+ 03:02+ 01:38+ 02:11+ 03:16+ 01:30+ 02:42+ 01:16+ 01:15+ 01:05+ 01:43+ 00:30+ 01:05+ 00:40+ 00:23+ 00:28& 00:39# 00:01+ 00:45& 00:09# 00:11& 00:43& 00:11& 00:56& 00:40# 00:11& 00:04# 00:53& 00:41& 00:41& 01:59@ 00:27& 01:13& 00:14# 00:16& 00:10# 00:30& 00:10& 00:21& 00:11& 00:12@ 11 Jostein Tunheim 116 45:14 01:49+ 07:42+ 08:26+ 11:25+ 12:28+ 13:03+ 14:22+ 15:12+ 18:36+ 22:49+ 23:41+ 24:17+ 28:07+ 29:34+ 32:12+ 33:49+ 35:10+ 37:12+ 38:24+ 39:44+ 40:55+ 42:59+ 43:26+ 44:21+ 45:00+ 45:14+ 01:49+ 05:53+ 00:44+ 02:59+ 01:03+ 00:35+ 01:19+ 00:50+ 03:24+ 04:13+ 00:52+ 00:36+ 03:50+ 01:27+ 02:38+ 01:37+ 01:21+ 02:02+ 01:12+ 01:20+ 01:11+ 02:04+ 00:27+ 00:55+ 00:39+ 00:14+ 00:29& 02:59@ 00:19& 00:10# 00:06# 00:10# 00:10# 00:10# 00:12& 01:06& 00:36# 00:16& 00:12& 01:41& 00:30& 01:08& 00:20& 00:18& 00:33& 00:10# 00:21& 00:16& 00:51& 00:07& 00:11# 00:10& 00:03&

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12	Tore	R. Tv	edt				395						45:31	1											
02:11+		06:48+		11:08+	11:54+	13:19+	14:14+	17:45+	21:57+	22:48+	23:21+	26:55+	28:09+	30:17+	31:56+	34:12+	37:11+	38:58+	40:13+	41:23+	43:13+	43:40+	44:34+	45:15+	45:31+
02:11+	04:06+	00:31+	03:11+	01:09+	00:46+	01:25+	00:55+	03:31+	04:12+	00:51+	00:33+	03:34+	01:14+	02:08+	01:39+	02:16+	02:59+	01:47+	01:15+	01:10+	01:50+	00:27+	00:54+	00:41+	00:16+
00:51&	01:12&	00:06#	00:52&	00:16&	00:17&	00:16#	00:17&	01:13&	00:35#	00:15&	00:09&	01:25&	00:17&	00:38&	00:22&	01:13@	01:300	00:45&	00:16&	00:15&	00:37&	00:07&	00:10#	00:12&	00:05&
13	Arne	e Øste	nsen				395						45:41												
04:11+	07:30+	07:57+	12:00+	13:03+	15:38+	16:58+	17:41+	20:36+	24:12+	24:57+	25:27+	28:31+	29:45+	34:03+	35:39+	37:00+	38:32+	39:50+	40:57+	41:59+	43:39+	44:07+	44:55+	45:25+	45:41+
04:11+	03:19+	00:27+	04:03+	01:03+	02:35+	01:20+	00:43+	02:55+	03:36-	00:45+	00:30+	03:04+	01:14+	04:18+	01:36+	01:21+	01:32+	01:18+	01:07+	01:02+	01:40+	00:28+	00:48+	00:30+	00:16+
02:510	00:25#	00:02+	01:44&	00:10#	02:060	00:11#	00:05#	00:37&	00:01-	00:09#	00:06#	00:55&	00:17&	02:480	00:19#	00:18&	00:03+	00:16&	00:08#	00:07#	00:27&	00:08&	00:04+	00:01+	00:05&
14	Olav	[,] Habb	estad				116						46:12	2											
02:16+	06:00+	06:44+	09:51+	10:44+	11:18+	12:34+	13:17+	17:29+	21:05+	21:51+	22:28+	25:32+	28:51+	32:43+	34:30+	36:06+	38:07+	40:31+	41:45+	42:42+	44:24+	44:53+	45:36+	46:00+	46:12+
02:16+	03:44+	00:44+	03:07+	00:53=	00:34+	01:16+	00:43+	04:12+	03:36-	00:46+	00:37+	03:04+	03:19+	03:52+	01:47+	01:36+	02:01+	02:24+	01:14+	00:57+	01:42+	00:29+	00:43-	00:24-	00:12+
00:56&	00:50&	00:19&	00:48&	00:00=	00:05#	00:07#	00:05#	01:54&	00:01-	00:10&	00:13&	00:55&	02:220	02:220	00:30&	00:33&	00:32&	01:220	00:15&	00:02+	00:29&	00:09&	00:01-	00:05-	00:01+
15	Leif	Gunna	ar Wik	ene			43						47:13	3											
01:49+	06:58+	07:26+	10:12+	11:20+	11:55+	13:24+	14:17+	17:43+	21:58+	22:49+	23:24+	26:25+	27:45+	32:00+	35:37+	37:09+	38:53+	40:28+	41:57+	43:01+	44:48+	45:17+	46:15+	46:57+	47:13+
01:49+	05:09+	00:28+	02:46+	01:08+	00:35+	01:29+	00:53+	03:26+	04:15+	00:51+	00:35+	03:01+	01:20+	04:15+	03:37+	01:32+	01:44+	01:35+	01:29+	01:04+	01:47+	00:29+	00:58+	00:42+	00:16+
00:29&	02:15&	00:03#	00:27#	00:15&	00:06#	00:20&	00:15&	01:08&	00:38#	00:15&	00:11&	00:52&	00:23&	02:450	02:20@	00:29&	00:15#	00:33&	00:30&	00:09#	00:34&	00:09&	00:14&	00:13&	00:05&
16	Kiel	Ivar S	Skjøres	stad			92						49:24	1											
05:03+	-		14:11+		18:04+		20:11+	20:52+	23:58+	28:05+	28:49+	29:18+		-	35:13+	36:28+	37:52+	39:45+	41:11+	42:34+	43:41+	45:21+	47:39+	48:35+	49:06+
05:03+	04:16+	04:30+	00:22-	02:51+	01:02+	00:40-	01:27+	00:41-	03:06-	04:07+	00:44+	00:29-	02:38+	01:23-	01:54+	01:15+	01:24-	01:53+	01:26+	01:23+	01:07-	01:40+	02:18+	00:56+	00:31+
03:430	01:22&	04:050	01:57-	01:580	00:330	00:29-	00:49@	01:37-	00:31-	03:310	00:20&	01:40-	01:410	00:07-	00:37&	00:12#	00:05-	00:51&	00:27&	00:28&	00:06-	01:200	01:340	00:27&	00:200
49:24+																									
00:18+																									
00:18+																									
17	Svei	re Uh	lving				105						56:26	5											
02:07+	06:14+	06:47+	10:16+	11:58+	12:43+	14:12+	15:17+	19:25+	24:46+	25:42+	26:24+	30:43+	33:24+	36:27+	39:32+	41:42+	44:18+	46:23+	48:11+	49:47+	52:49+	53:36+	55:12+	56:05+	56:26+

 $\begin{array}{c} 00:07+&00:144+&00:44+&10:164+&10:25+&12:45+&14:124+&15:17+&19:25+&24:464-&25:424+&20:24+&50:43+&55:26+&59:32+&44:142+&44:164+&40:25+&46:11+&49:47+&52:49+&55:26+&55:26+\\ 02:07+&04:07+&00:33+&03:29+&01:26+&00:245+&01:29+&01:05+&01:29+&01:26+&00:216+&03:03+&03:05+&02:10+&02:05+&01:248+&01:26+&01:248+&01:26+&01:26+&01:248+&01:26+&01:$

Beste strekktid for klassen

01:20 02:44 00:19 00:22 00:51 00:28 00:26 00:36 00:36 02:33 00:34 00:23 00:22 00:57 01:08 01:09 01:03 01:16 00:59 00:53 00:48 00:49 00:20 00:21 00:24 00:10

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 75 - 79 år

1 Knut Skiæveland 93 33:48 03:22= 04:16= 04:54= 06:18= 09:00= 13:49= 14:13= 15:31= 16:06= 17:43= 19:30= 21:36= 23:29= 26:24= 27:27= 29:02= 29:45= 31:29= 32:09= 32:59= 33:48= 03:22= 00:54= 00:38= 01:24= 02:42= 04:49= 00:24= 01:18= 00:35= 01:37= 01:47= 02:06= 01:53= 02:55= 01:03= 01:35= 00:43= 01:44= 00:40= 00:50= 00:49= 00:00= 00: 2 Øyvind Egeskog 5 34:59 03:22= 04:18+ 04:55+ 06:17- 08:58- 13:59+ 14:21+ 15:41+ 16:08+ 17:56+ 19:37+ 21:51+ 24:12+ 27:29+ 28:34+ 30:13+ 31:00+ 32:46+ 33:17+ 34:08+ 34:59+ 03:22= 00:56+ 00:37- 01:22- 02:41- 05:01+ 00:22- 01:20+ 00:27- 01:48+ 01:41- 02:14+ 02:21+ 03:17+ 01:05+ 01:39+ 00:47+ 01:46+ 00:31- 00:51+ 00:51+ 00:00= 00:02+ 00:01- 00:02- 00:01- 00:12+ 00:02- 00:02+ 00:08- 00:11# 00:06- 00:08+ 00:28# 00:22# 00:02+ 00:04+ 00:04+ 00:02+ 00:09- 00:01+ 00:02+ 3 Kiell Svihus 154 35:29 03:38+ 04:35+ 05:12+ 06:37+ 09:11+ 15:11+ 15:54+ 17:04+ 17:32+ 19:02+ 21:00+ 23:40+ 25:19+ 28:12+ 29:13+ 30:55+ 31:38+ 33:20+ 33:47+ 34:35+ 35:29+ 03:38+ 00:57+ 00:37- 01:25+ 02:34- 06:00+ 00:43+ 01:10- 00:28- 01:30- 01:58+ 02:40+ 01:39- 02:53- 01:01- 01:42+ 00:43= 01:42- 00:27- 00:48- 00:54+ 00:16+ 00:03+ 00:01- 00:01+ 00:08- 01:11# 00:19& 00:08- 00:07- 00:07- 00:11# 00:34& 00:14- 00:02- 00:02- 00:07+ 00:00= 00:02- 00:13- 00:02- 00:05# 4 Finn Morten Arstad 115 36:48 03:37+ 04:31+ 05:05+ 06:27+ 09:08+ 14:31+ 14:50+ 16:10+ 16:36+ 18:11+ 22:01+ 24:06+ 25:58+ 28:49+ 29:51+ 31:28+ 32:13+ 34:50+ 35:19+ 36:05+ 36:48+ 03:37+ 00:54= 00:34- 01:22- 02:41- 05:23+ 00:19- 01:20+ 00:26- 01:35- 03:50+ 02:05- 01:52- 02:51- 01:02- 01:37+ 00:45+ 02:37+ 00:29- 00:46- 00:43-00:15+ 00:00= 00:04- 00:02- 00:01- 00:34# 00:05- 00:02+ 00:09- 00:02- 02:03@ 00:01- 00:01- 00:04- 00:02+ 00:02+ 00:53& 00:11- 00:04- 00:06-5 Steinar Undheim 54 37:07 03:27+ 04:25+ 05:04+ 06:26+ 09:16+ 14:30+ 14:54+ 16:17+ 16:47+ 18:25+ 20:51+ 23:41+ 26:03+ 29:30+ 30:36+ 32:15+ 32:59+ 34:39+ 35:13+ 36:18+ 37:07+ 03:27+ 00:58+ 00:39+ 01:22- 02:50+ 05:14+ 00:24= 01:23+ 00:30- 01:38+ 02:26+ 02:50+ 02:22+ 03:27+ 01:06+ 01:39+ 00:44+ 01:40- 00:34- 01:05+ 00:49= 00:05+ 00:04+ 00:01+ 00:02- 00:08+ 00:25+ 00:00= 00:05+ 00:05- 00:01+ 00:39& 00:44& 00:29& 00:32# 00:03+ 00:04+ 00:01+ 00:04- 00:06- 00:15& 00:00= Hermann Skogsholm 53 37:25 6 03:36+ 04:33+ 05:15+ 06:36+ 09:15+ 14:50+ 15:28+ 17:12+ 17:35+ 19:00+ 20:27+ 22:49+ 26:21+ 29:46+ 30:58+ 32:44+ 33:32+ 35:12+ 35:40+ 36:33+ 37:25+ 03:36+ 00:57+ 00:42+ 01:21- 02:39- 05:35+ 00:38+ 01:44+ 00:23- 01:25- 01:27- 02:22+ 03:32+ 03:25+ 01:12+ 01:46+ 00:48+ 01:40- 00:28- 00:53+ 00:52+ 00:14+ 00:03+ 00:04+ 00:03- 00:04+ 00:14* 00:26* 00:12- 00:12- 00:20- 00:16+ 01:39* 00:30+ 00:09+ 00:11+ 00:05+ 00:04- 00:12- 00:03+ 00:03+ 62 39:43 Hans Klausen 03:33+ 04:30+ 05:05+ 06:26+ 09:12+ 15:35+ 16:22+ 17:40+ 18:09+ 22:11+ 24:56+ 27:03+ 29:13+ 32:23+ 33:24+ 35:08+ 35:59+ 37:43+ 38:11+ 38:58+ 39:43+ 03:33+ 00:57+ 00:35- 01:21- 02:46+ 06:23+ 00:47+ 01:18= 00:29- 04:02+ 02:45+ 02:07+ 02:10+ 03:10+ 01:01- 01:44+ 00:51+ 01:44= 00:28- 00:47- 00:45-00:11+ 00:03+ 00:03- 00:03- 00:04+ 01:34& 00:23& 00:00= 00:06- 02:25@ 00:58& 00:01+ 00:17# 00:15+ 00:02- 00:09+ 00:08# 00:00= 00:12- 00:03- 00:04-

03:56+ 04:56+ 03:56+ 01:00+ 00:04# 00:06# 9 Sveir 03:22= 04:21+ 03:22= 00:59+ 00:00= 00:05+ 10 Kjell 04:21+ 01:09+ 00:59& 00:15& 11 Norva 04:24+ 05:22+ 04:24+ 05:8+ 01:02& 00:04+ 12 Reida 05:37+ 06:44+ 05:37+ 01:07+ 02:15& 00:13# 13 Mang 05:04+ 01:24+ 05:04+ 01:24+ 05:04+ 01:24+ 01:42& 00:30&	00:43+ 0: 00:05# 00 in Glend 04:58+ 00 00:37- 0: 00:01- 00 06:33+ 00 01:03+ 0: 00:25& 00	7:37+ 10:24+ 1:58+ 02:47+ 0:34& 00:05+ range 6:21+ 09:06+ 1:23- 02:45+ 0:01- 00:03+ k	06:24+ 01:35& 14:41+ 05:35+ 00:46#	17:36+ 00:48+ 00:24& 16:25+ 01:44+ 01:20@	01:15- 00:03- 58 16:58+ 00:33-	00:34- 00:01- 19:27+	02:53+ 01:16&	01:37-	02:27+	03:27+	03:06+	33:53+ 00:58-	01:38+	00:45+	01:37-	00:30-				
03:56+ 04:56+ 03:56+ 01:00+ 00:04# 00:06# 9 Sveir 03:22= 04:21+ 03:22= 00:59+ 00:00= 00:05+ 10 Kjell 04:21+ 01:09+ 00:59& 00:15& 11 Norva 04:24+ 05:22+ 04:24+ 05:8+ 01:02& 00:04+ 12 Reida 05:37+ 06:44+ 05:37+ 01:07+ 02:15& 00:13# 13 Mang 05:04+ 01:24+ 05:04+ 01:24+ 05:04+ 01:24+ 01:42& 00:30&	05:39+ 0 00:43+ 0 00:05# 00 01:05# 00 01:05# 00 00:37- 0 00:01- 00 I Langvil 06:33+ 00 01:03+ 0 00:25& 00	7:37+ 10:24+ 1:58+ 02:47+ 0:34& 00:05+ range 6:21+ 09:06+ 1:23- 02:45+ 0:01- 00:03+ k 8:11+ 11:44+	06:24+ 01:35& 14:41+ 05:35+ 00:46#	17:36+ 00:48+ 00:24& 16:25+ 01:44+ 01:20@	18:51+ 01:15- 00:03- 58 16:58+ 00:33-	00:34- 00:01- 19:27+	02:53+ 01:16&	01:37-	02:27+	03:27+	32:55+ 03:06+	33:53+ 00:58-	01:38+	00:45+	01:37-	00:30-				
00:34# 00:06# 9 Sveir 03:22= 04:21+ 03:22= 00:59+ 00:00= 00:05+ 10 Kjell 04:21+ 01:09+ 00:594 00:15& 11 Norva 04:24+ 00:58+ 01:02& 00:04+ 12 Reida 05:37+ 06:44+ 05:37+ 01:07+ 02:15& 00:13# 13 Mangg 05:04+ 01:24+ 05:04+ 01:24+ 05:04+ 01:24+ 01:42& Naingg	00:05# 00 in Glend 04:58+ 00 00:37- 02 00:01- 00 I Langvik 06:33+ 02 01:03+ 02 00:25& 00	0:34& 00:05+ range 6:21+ 09:06+ 1:23- 02:45+ 0:01- 00:03+ k 8:11+ 11:44+	01:35& 14:41+ 05:35+ 00:46#	00:24& 16:25+ 01:44+ 01:20@	00:03- 58 16:58+ 00:33-	00:01-	01:16&										00:58+	00:59+		
9 Sveir 03:22= 04:21+ 03:22= 00:59+ 00:00= 00:05+ 10 Kjell 04:21+ 01:09+ 00:596 00:156 11 Norva 04:24+ 05:22+ 01:026 00:05+ 01:026 00:054+ 05:37+ 06:44+ 05:37+ 01:07+ 02:156 01:3# 05:04+ 06:28+ 05:04+ 01:24+ 05:04+ 01:24+ 05:04+ 01:24+ 01:426 00:306	in Glend 04:58+ 00 00:01- 00 I Langvil 06:33+ 00 01:03+ 00 00:25& 00	range 6:21+ 09:06+ 1:23- 02:45+ 0:01- 00:03+ k 8:11+ 11:44+	14:41+ 05:35+ 00:46#	16:25+ 01:44+ 01:200	16:58+ 00:33-	19:27+		00:10-	00:21#	01:34&	00:11+	00:05-	00.021							
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10 Kjell 04:21+ 05:30+ 04:21+ 01:09+ 00:59a 00:15a 11 Norva 04:24+ 00:58+ 01:02a 00:04+ 12 Reida 05:37+ 06:44+ 05:37+ 01:07+ 02:15a 00:13# 13 Mango 05:04+ 01:24+ 01:42a 00:30a 14 Knutt	I Langvil 06:33+ 04 01:03+ 03 00:25& 00	k 8:11+ 11:44+			00:45-	02:29+	01:19-	00:30-	01:42-	01:48-	02:26-	03:16+	03:26+	01:07+	01:41-	00:53+	01:42+	00:30-	00:54+	00:51+
04:21+ 05:30+ 04:21+ 01:09+ 00:596 00:156 11 Norva 04:24+ 05:22+ 04:24+ 00:58+ 01:026 00:04+ 05:37+ 06:44+ 05:37+ 01:07+ 02:156 01:13# 13 Mang 05:04+ 01:24+ 05:04+ 01:24+ 01:426 00:306	06:33+ 08 01:03+ 02 00:25& 00	8:11+ 11:44+	10.05.	0		01:540	00:18-	01:17-	00:24-	00:05-	00:29-	02:130	01:510	00:24&	00:03-	00:13&	00:520	00:19-	00:54+	00:51+
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05:37+ 06:44+ 05:37+ 01:07+ 02:15& 00:13# 13 Mango 05:04+ 06:28+ 05:04+ 01:24+ 01:42& 00:30&	00:470 0/	0:03- 00:01-	02:54&	00:01+	00:12#	00:02+	00:12#	00:01-	05:05@	00:24#	01:25&	00:08#	00:21#	00:08#	02:110	00:10-	00:15&	00:10#		
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13 Mang 05:04+ 06:28+ 05:04+ 01:24+ 01:42& 00:30& 14 Knut	00:42+ 0	1:57+ 03:14+	07:49+	01:01+	02:01+	00:40+	02:32+	02:45+	03:08+	02:29+	04:21+	02:00+	02:15+	01:03+	02:42+	00:37-	01:09+	01:05+		
05:04+ 06:28+ 05:04+ 01:24+ 01:42& 00:30& 14 Knut	00:04# 0/	0:33& 00:32#	03:00&	00:37@	00:43&	00:05#	00:55&	00:58&	01:02&	00:36&	01:26&	00:57&	00:40&	00:20&	00:58&	00:03-	00:19&	00:16&		
05:04+ 06:28+ 05:04+ 01:24+ 01:42& 00:30& 14 Knut	gor Eike	eland		9	92						55:00)								
01:42& 00:30& 14 Knut		9:15+ 13:14+	21:22+	22:19+	24:23+	25:05+	27:33+	30:21+	34:00+	39:20+	44:01+	45:36+	48:00+	49:12+	51:37+	52:22+	53:39+	55:00+		
14 Knut	00:51+ 0	1:56+ 03:59+	08:08+	00:57+	02:04+	00:42+	02:28+	02:48+	03:39+	05:20+	04:41+	01:35+	02:24+	01:12+	02:25+	00:45+	01:17+	01:21+		
	00:13& 0/	0:32& 01:178	03:19&	00:330	00:46&	00:07#	00:51&	01:01&	01:33&	03:27@	01:46&	00:32&	00:49&	00:29&	00:41&	00:05#	00:27&	00:32&		
	t Jonas I	Espedal		5	53						1:03:	50								
05:21+ 06:52+		0:17+ 14:47+	24:14+	25:26+	27:48+	28:35+	31:27+	35:13+	40:43+	44:56+	51:17+	53:14+	56:00+	57:21+	60:09+	60:51+	62:19+	63:50+		
05:21+ 01:31+	01:04+ 02	2:21+ 04:30+	09:27+	01:12+	02:22+	00:47+	02:52+	03:46+	05:30+	04:13+	06:21+	01:57+	02:46+	01:21+	02:48+	00:42+	01:28+	01:31+		
01:59& 00:37&	00:26& 00	0:57& 01:488	04:38&	00:480	01:04&	00:12&	01:15&	01:590	03:24@	02:200	03:260	00:54&	01:11&	00:38&	01:04&	00:02+	00:38&	00:42&		
Beste strekkt		lassen																		
03:22 00:54	tid for k		04:49	00:19	00:33	00:23	01:19	00:30	01:42	01:39	02:26	00:58	01:35	00:43	01:37	00:26	00:46	00:30		
= Som klassevinr																				

Herrer 80 år og eldre

1 Harald Vatne 35:55 67 03:02= 04:16= 05:34= 07:25= 10:27= 16:37= 17:24= 17:53= 20:27= 21:10= 24:07= 25:33= 27:05= 28:53= 30:07= 31:36= 33:33= 34:20= 35:13= 35:40= 35:55= 35:40= 35: 03:02= 01:14= 01:18= 01:51= 03:02= 06:10= 00:47= 00:29= 02:34= 00:43= 02:57= 01:26= 01:32= 01:48= 01:14= 01:29= 01:57= 00:47= 00:53= 00:27= 00:15= 00:00= 00: 92 2 Terie Braut 37:19 03:12+ 04:30+ 06:08+ 09:01+ 12:08+ 18:04+ 18:50+ 19:28+ 22:19+ 23:06+ 25:12+ 26:56+ 28:32+ 30:19+ 31:35+ 32:44+ 35:03+ 35:42+ 36:33+ 37:01+ 37:19+ 03:12+ 01:18+ 01:38+ 02:53+ 03:07+ 05:56- 00:46- 00:38+ 02:51+ 00:47+ 02:06- 01:44+ 01:36+ 01:47- 01:16+ 01:09- 02:19+ 00:39- 00:51- 00:28+ 00:18+ 00:10+ 00:04+ 00:20& 01:02& 00:05+ 00:14- 00:01- 00:09& 00:17# 00:04+ 00:51- 00:18# 00:04+ 00:01- 00:02+ 00:20+ 00:22# 00:08- 00:02- 00:01+ 00:03# 3 63 Magne Jakobsen 40:15 03:07+ 04:26+ 06:00+ 08:02+ 11:06+ 16:53+ 17:37+ 18:11+ 21:22+ 22:34+ 25:30+ 28:35+ 30:10+ 32:04+ 33:06+ 34:30+ 36:36+ 37:22+ 39:18+ 40:00+ 40:15+ 03:07+ 01:19+ 01:34+ 02:02+ 03:04+ 05:47- 00:44- 00:34+ 03:11+ 01:12+ 02:56- 03:05+ 01:35+ 01:54+ 01:02- 01:24- 02:06+ 00:46- 01:56+ 00:42+ 00:15= 00:05+ 00:05+ 00:16# 00:11+ 00:02+ 00:23- 00:03- 00:05# 00:37# 00:29& 00:01- 01:39@ 00:03+ 00:06+ 00:12- 00:05- 00:09+ 00:01- 01:03@ 00:15& 00:00= 92 Alf Gyland 41:52 03:18+ 04:50+ 06:17+ 08:20+ 11:47+ 18:27+ 19:23+ 20:00+ 22:38+ 23:26+ 27:22+ 29:20+ 31:16+ 33:21+ 35:06+ 36:43+ 38:54+ 39:44+ 40:52+ 41:30+ 41:52+ 03:18+ 01:32+ 01:27+ 02:03+ 03:27+ 06:40+ 00:56+ 00:37+ 02:38+ 00:48+ 03:56+ 01:58+ 01:56+ 02:05+ 01:45+ 01:37+ 02:11+ 00:50+ 01:08+ 00:38+ 00:22+ 00:16+ 00:18# 00:09# 00:12# 00:25# 00:30+ 00:09# 00:08& 00:04+ 00:05# 00:59& 00:32& 00:24& 00:17# 00:31& 00:08+ 00:14# 00:03+ 00:15& 00:11& 00:07& 5 92 42:27 Jan Bekkeheien 03:05+ 06:56+ 08:09+ 09:53+ 12:59+ 20:05+ 20:49+ 21:22+ 24:16+ 25:11+ 29:39+ 31:44+ 33:12+ 35:12+ 36:29+ 37:54+ 39:54+ 40:44+ 41:44+ 42:10+ 42:27+ 03:05+ 03:51+ 01:13- 01:44- 03:06+ 07:06+ 00:44- 00:33+ 02:54+ 00:55+ 04:28+ 02:05+ 01:28- 02:00+ 01:17+ 01:25- 02:00+ 00:50+ 01:00+ 00:26- 00:17+ 00:03+ 02:37@ 00:05- 00:07- 00:04+ 00:56# 00:03- 00:04# 00:20# 00:12& 01:31& 00:39& 00:04- 00:12# 00:03+ 00:04+ 00:03+ 00:07# 00:01- 00:02# Sigurd Krosli 93 49:37 6 03:30+ 05:28+ 09:05+ 11:02+ 14:52+ 22:44+ 23:36+ 25:10+ 28:24+ 29:13+ 35:04+ 37:57+ 39:31+ 41:41+ 43:02+ 44:36+ 46:34+ 47:23+ 48:40+ 49:22+ 49:37+ 03:30+ 01:58+ 03:37+ 01:57+ 03:50+ 07:52+ 00:52+ 01:34+ 03:14+ 00:49+ 05:51+ 02:53+ 01:34+ 02:10+ 01:21+ 01:34+ 01:58+ 00:49+ 01:17+ 00:42+ 00:15=

00:28# 00:44& 02:19@ 00:06+ 00:48& 01:42& 00:05# 01:05@ 00:06# 02:54& 01:27@ 00:02+ 00:22# 00:07+ 00:05+ 00:01+ 00:02+ 00:24& 00:15& 00:00=

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7	Torl	eiv Mø	gedal			(68						50:38	3						
04:15+			11:30+	15:33+	24:11+	25:15+	26:43+	30:27+	31:26+	34:32+	37:05+	38:55+	41:04+	42:39+	44:23+	46:45+	47:52+	49:22+	50:08+	50:38+
04:15+	01:41+	02:50+	02:44+	04:03+	08:38+	01:04+	01:28+	03:44+	00:59+	03:06+	02:33+	01:50+	02:09+	01:35+	01:44+	02:22+	01:07+	01:30+	00:46+	00:30+
01:13&	00:27&	01:320	00:53&	01:01&	02:28&	00:17&	00:590	01:10&	00:16&	00:09+	01:07&	00:18#	00:21#	00:21&	00:15#	00:25#	00:20&	00:37&	00:19&	00:15&
8	Kjell	Maud	lal			e	63						52:58	3						
04:12+	05:53+	07:56+	13:20+	17:45+	26:34+	27:46+	29:09+	32:45+	33:47+	37:03+	39:34+	41:26+	43:35+	45:06+	46:51+	49:14+	50:19+	51:48+	52:35+	52:58+
04:12+	01:41+	02:03+	05:24+	04:25+	08:49+	01:12+	01:23+	03:36+	01:02+	03:16+	02:31+	01:52+	02:09+	01:31+	01:45+	02:23+	01:05+	01:29+	00:47+	00:23+
01:10&	00:27&	00:45&	03:330	01:23&	02:39&	00:25&	00:540	01:02&	00:19&	00:19#	01:05&	00:20#	00:21#	00:17#	00:16#	00:26#	00:18&	00:36&	00:20&	280:00
Beste	strekk	tid for	r klass	en																
03:02	01:14	01:13	01:44	03:02	05:47	00:44	00:29	02:34	00:43	02:06	01:26	01:28	01:47	01:02	01:09	01:57	00:39	00:51	00:26	00:15
= Som k	lassevir	nner, -	raskere,	+ sei	nere, #	10% tap	o, & 25	i% tap,	@ 100%	tap.										
Herre	er A																			

375 Fredrik Omdal 35:46 02:33= 02:49= 03:23= 06:45= 07:07= 09:59= 13:43= 14:16= 16:03= 17:24= 19:47= 22:28= 23:11= 23:25= 24:34= 25:21= 26:38= 27:34= 29:06= 29:24= 29:58= 30:48= 31:20= 32:14= 32:57= 33:54= 29:06= 29:24= 29:58= 30:48= 31:20= 32:14= 32:57= 33:54= 33: 02:33= 00:16= 00:34= 03:22= 00:22= 02:52= 03:44= 00:33= 01:47= 01:21= 02:23= 02:41= 00:43= 00:14= 01:09= 00:47= 01:17= 00:56= 01:32= 00:34= 00:34= 00:50= 00:32= 00:54= 00:43= 00:57= 00:43= 00:57= 00:43= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00:40= 00: 00:00= 00: 34:27= 34:45= 35:15= 35:36= 35:46= 00:33= 00:18= 00:30= 00:21= 00:10= 00:00= 00:00= 00:00= 00:00= 00:00= 2 Morten Bjerga Sundli 194 36:01 02:40+ 02:56+ 03:31+ 07:01+ 07:24+ 10:22+ 14:00+ 14:35+ 16:25+ 17:48+ 20:03+ 22:37+ 23:21+ 23:36+ 24:45+ 25:35+ 26:56+ 27:52+ 29:22+ 29:40+ 30:15+ 31:03+ 31:34+ 32:27+ 33:10+ 34:06+ 02:40+ 00:16= 00:35+ 03:30+ 00:23+ 02:58+ 03:38- 00:35+ 01:50+ 01:23+ 02:15- 02:34- 00:44+ 00:15+ 01:09= 00:50+ 01:21+ 00:56= 01:30- 00:18= 00:35+ 00:48- 00:31- 00:53- 00:43= 00:56-00:07+ 00:00= 00:01+ 00:08+ 00:01+ 00:06+ 00:06+ 00:02+ 00:03+ 00:02+ 00:08+ 00:07- 00:01+ 00:01+ 00:00= 00:03+ 00:04+ 00:00= 00:01+ 00:00= 00:01+ 00:02- 00:01- 00:01- 00:00= 00:01+ 34:36+ 34:54+ 35:28+ 35:51+ 36:01+ 00:30- 00:18= 00:34+ 00:23+ 00:10= 00:03- 00:00= 00:04# 00:02+ 00:00= Sigurd Oftedal 3 18 36:59 02:34+ 02:51+ 03:24+ 06:53+ 07:17+ 10:10+ 13:53+ 14:27+ 16:18+ 17:40+ 20:09+ 22:50+ 23:34+ 23:50+ 24:58+ 25:50+ 27:11+ 28:15+ 29:57+ 30:19+ 30:59+ 31:55+ 32:28+ 33:25+ 34:08+ 35:07+ 02:34+ 00:17+ 00:33- 03:29+ 00:24+ 02:53+ 03:43- 00:34+ 01:51+ 01:22+ 02:29+ 02:41= 00:44+ 00:16+ 01:08- 00:52+ 01:21+ 01:04+ 01:42+ 00:22+ 00:40+ 00:56+ 00:33+ 00:57+ 00:43= 00:59+ 00:01+ 00:01+ 00:01+ 00:02+ 00:02+ 00:02+ 00:01+ 00:01+ 00:01+ 00:04+ 00:01+ 00:06+ 00:00= 00:01+ 00:02# 00:01- 00:05# 00:04+ 00:08# 00:10# 00:06# 00:06# 00:06# 00:01+ 00:03+ 00:00= 00:02+ 35:41+ 35:58+ 36:28+ 36:49+ 36:59+ 00:34+ 00:17- 00:30= 00:21= 00:10= 00:01+ 00:01- 00:00= 00:00= 00:00= Fredrik Sandal 39:05 4 88 02:35+ 02:57+ 03:31+ 07:11+ 07:37+ 10:38+ 14:34+ 15:09+ 17:06+ 18:31+ 21:15+ 24:08+ 24:57+ 25:14+ 26:31+ 27:24+ 28:58+ 30:17+ 31:57+ 32:16+ 32:51+ 33:43+ 34:17+ 35:14+ 35:57+ 37:03+ 02:35+ 00:22+ 00:34= 03:40+ 00:26+ 03:01+ 03:56+ 00:35+ 01:57+ 01:25+ 02:44+ 02:53+ 00:49+ 00:17+ 01:17+ 00:53+ 01:34+ 01:19+ 01:40+ 00:19+ 00:35+ 00:35+ 00:52+ 00:34+ 00:57+ 00:43= 01:06+ 00:02+ 00:06& 00:00= 00:18+ 00:04# 00:09+ 00:12+ 00:02+ 00:10+ 00:04+ 00:21# 00:12+ 00:06# 00:03# 00:08# 00:06# 00:17# 00:23& 00:08+ 00:01+ 00:01+ 00:02+ 00:02+ 00:03+ 00:00= 00:09# 37:37+ 37:57+ 38:32+ 38:55+ 39:05+ 00:34+ 00:20+ 00:35+ 00:23+ 00:10= 00:01+ 00:02# 00:05# 00:02+ 00:00= Svein Magnus Halsne 39:53 5 71 02:37+ 02:53+ 03:31+ 07:23+ 07:47+ 11:07+ 15:16+ 15:53+ 17:48+ 19:08+ 21:35+ 24:22+ 25:08+ 25:24+ 26:44+ 27:35+ 29:00+ 30:17+ 32:11+ 32:30+ 33:20+ 34:12+ 34:48+ 35:49+ 36:33+ 37:37+ 02:37+ 00:16= 00:38+ 03:52+ 00:24+ 03:20+ 04:09+ 00:37+ 01:55+ 01:20- 02:27+ 02:47+ 00:46+ 00:16+ 01:20+ 00:51+ 01:25+ 01:17+ 01:54+ 00:19+ 00:50+ 00:52+ 00:36+ 01:01+ 00:44+ 01:04+ 00:04+ 00:00= 00:04# 00:02+ 00:28# 00:25# 00:04# 00:08+ 00:01- 00:04+ 00:06+ 00:03+ 00:02# 00:11# 00:04+ 00:08# 00:21& 00:22# 00:01+ 00:16& 00:02+ 00:04# 00:07# 00:01+ 00:07# 38:12+ 38:32+ 39:17+ 39:44+ 39:53+ 00:35+ 00:20+ 00:45+ 00:27+ 00:09-00:02+ 00:02# 00:15& 00:06& 00:01-Thomas Olsen Schive 126 40:11 02:36+ 02:54+ 03:31+ 07:19+ 08:10+ 11:07+ 15:13+ 15:50+ 17:58+ 19:24+ 21:57+ 24:54+ 25:48+ 26:07+ 27:25+ 28:24+ 29:54+ 31:05+ 32:59+ 33:21+ 33:57+ 34:47+ 35:22+ 36:20+ 37:07+ 38:10+ 02:36+ 00:18+ 00:37+ 03:48+ 00:51+ 02:57+ 04:06+ 00:37+ 02:08+ 01:26+ 02:33+ 02:57+ 00:54+ 00:19+ 01:18+ 00:59+ 01:30+ 01:11+ 01:54+ 00:22+ 00:36+ 00:50= 00:35+ 00:47+ 01:03+ 00:03+ 00:02# 00:03+ 00:20# 00:05+ 00:22+ 00:04# 00:21# 00:05+ 00:10+ 00:10+ 00:11& 00:05& 00:09# 00:12& 00:13# 00:15& 00:22# 00:04# 00:02+ 00:00= 00:03+ 00:04+ 00:06# 38:42+ 39:02+ 39:40+ 40:02+ 40:11+ 00:32- 00:20+ 00:38+ 00:22+ 00:09-00:01- 00:02# 00:08& 00:01+ 00:01-27 7 Kristian Haarr 40:49 03:07+ 03:23+ 04:00+ 08:16+ 08:43+ 12:06+ 16:13+ 16:55+ 18:59+ 20:23+ 23:04+ 26:13+ 27:01+ 27:16+ 28:31+ 29:23+ 30:51+ 31:49+ 33:35+ 33:52+ 34:33+ 35:31+ 36:04+ 37:01+ 37:48+ 38:48+ 03:07+ 00:16= 00:37+ 04:16+ 00:27+ 03:23+ 04:07+ 00:42+ 02:04+ 01:24+ 02:41+ 03:09+ 00:48+ 00:15+ 01:15+ 00:52+ 01:28+ 00:58+ 01:46+ 00:17- 00:41+ 00:58+ 00:33+ 00:57+ 00:47+ 01:00+ 00:34# 00:00= 00:03+ 00:54 00:05# 00:31# 00:23# 00:09 00:17# 00:03+ 00:18# 00:28# 00:05# 00:01+ 00:06+ 00:05# 00:11# 00:02+ 00:14# 00:01- 00:07# 00:08# 00:01+ 00:03+ 00:03+ 00:03+ 39:23+ 39:40+ 40:11+ 40:39+ 40:49+ 00:35+ 00:17- 00:31+ 00:28+ 00:10=

27.08.2023 23.10.08

00:02+ 00:01- 00:01+ 00:07& 00:00=

Plass	Navn	Klasse	Tid
8	Stian Haugvaldstad	116	41:09
02:34+ 00:01+ 39:42+ 00:36+	00:17+ 00:36+ 03:47+ 00:27+ 03	3:31+ 04:18+ 00:43+ 02:24+ 01:26+ 02:38+ 03:08+ 00:50+	+ 26:56+ 28:15+ 29:09+ 30:39+ 31:48+ 33:37+ 33:58+ 34:42+ 35:36+ 36:12+ 37:12+ 38:01+ 39:06+ + 00:17+ 01:19+ 00:54+ 01:30+ 01:09+ 01:49+ 00:21+ 00:44+ 00:54+ 00:36+ 01:00+ 00:49+ 01:05+ # 00:03# 00:10# 00:07# 00:13# 00:13# 00:17# 00:03# 00:10& 00:04+ 00:04# 00:06# 00:06# 00:08#
02:57+ 00:24# 41:45+ 00:39+ 00:06# 10	00:18+ 00:37+ 04:03+ 00:26+ 03 00:02# 00:03+ 00:11# 00:026+ 03 42:05+ 42:41+ 43:09+ 43:17+ 00:20+ 00:36+ 00:28+ 00:08- 00:02# 00:06# 00:07& 00:02- Erik Lima	3:09+ 04:11+ 00:39+ 02:03+ 01:35+ 03:04+ 02:56+ 00:52+ 0:17+ 00:27# 00:06# 00:16# 00:14# 00:41& 00:15+ 00:09# 43	43:17 + 27:10+ 28:38+ 29:40+ 31:30+ 32:47+ 35:22+ 35:41+ 36:27+ 37:26+ 38:04+ 39:10+ 40:00+ 41:06+ + 00:20+ 01:28+ 01:02+ 01:50+ 01:17+ 02:35+ 00:19+ 00:46+ 00:59+ 00:38+ 01:06+ 00:50+ 01:06+ # 00:06& 00:19& 00:15& 00:33& 00:21& 01:03& 00:01+ 00:12& 00:09# 00:06# 00:12# 00:07# 00:09# 45:00
03:01+ 00:28# 43:25+ 00:35+ 00:02+	00:20+ 00:40+ 05:05+ 00:21- 0 00:04# 00:06# 01:43& 00:01- 0 43:45+ 44:27+ 44:51+ 45:00+ 00:20+ 00:42+ 00:24+ 00:09- 00:02# 00:12& 00:03# 00:01-	3:31+ 04:25+ 00:36+ 02:32+ 01:34+ 02:46+ 03:25+ 00:51+ 10:39# 00:41≢ 00:03+ 00:45& 00:13# 00:23≢ 00:44& 00:08≢	+ 29:27+ 30:54+ 31:54+ 33:54+ 35:15+ 37:03+ 37:24+ 38:14+ 39:13+ 39:51+ 40:57+ 41:43+ 42:50+ + 00:20+ 01:27+ 01:00+ 02:00+ 01:21+ 01:48+ 00:21+ 00:50+ 00:59+ 00:38+ 01:06+ 00:46+ 01:07+ # 00:06& 00:18& 00:13& 00:43& 00:25& 00:16# 00:03# 00:16& 00:09# 00:06# 00:12# 00:03+ 00:10#
02:44+ 00:11+ 43:29+ 00:37+	00:22+ 00:40+ 05:07+ 00:25+ 0	3:38+ 04:20+ 00:37+ 02:10+ 01:44+ 03:53+ 03:02+ 00:56+	45:03 + 29:56+ 31:16+ 32:13+ 33:45+ 34:55+ 36:52+ 37:12+ 37:57+ 38:55+ 39:36+ 40:41+ 41:42+ 42:52+ + 00:18+ 01:20+ 00:57+ 01:32+ 01:10+ 01:57+ 00:20+ 00:45+ 00:58+ 00:41+ 01:05+ 01:01+ 01:10+ α 00:04& 00:11# 00:10# 00:15# 00:14# 00:25& 00:02# 00:11& 00:08# 00:09& 00:11# 00:18& 00:13#
02:36+ 00:03+ 45:49+ 01:09+ 00:360	00:33+ 01:18+ 04:15+ 00:28+ 0	3:51+ 02:41- 02:43+ 00:50- 02:22+ 01:29- 04:03+ 03:304 10:59& 01:03- 02:10@ 00:57- 01:01& 00:54- 01:22& 02:47@ 18:13+ 10:12+	48:13 + 31:36+ 33:16+ 34:20+ 36:23+ 37:36+ 39:41+ 40:02+ 40:48+ 41:54+ 42:39+ 43:46+ 44:40+ + 00:57+ 00:20- 01:20+ 01:04- 02:03+ 01:13- 02:05+ 00:21- 00:46- 01:06+ 00:45- 01:07+ 00:54- @ 00:43@ 00:49- 00:33& 00:13- 01:07@ 00:19- 01:47@ 00:13- 00:04- 00:34@ 00:09- 00:24& 00:03-
		02:52 02:41 00:33 00:50 01:20 01:29 02:34 00:4	3 00:14 00:20 00:47 01:04 00:56 01:13 00:17 00:21 00:46 00:31 00:45 00:43 00:54 00:30 00:17
= Som kl Herre		re, #10% tap, &25% tap, @100% tap.	
02:37= 00:00= 38:36= 00:34=	00:16= 00:36= 03:52= 00:27= 0	3:02= 04:12= 00:37= 02:22= 01:32= 02:40= 02:53= 00:45=	40:10 = 26:08= 27:26= 28:18= 29:46= 30:53= 32:31= 32:52= 33:39= 34:35= 35:09= 36:09= 36:58= 38:02= = 00:17= 01:18= 00:52= 01:28= 01:07= 01:38= 00:21= 00:47= 00:56= 00:34= 01:00= 00:49= 01:04= = 00:00=
02:48+ 00:11+ 39:49+ 00:34=	00:20+ 00:39+ 03:52= 00:26- 0	3:20+ 04:01- 00:39+ 02:03- 01:40+ 03:05+ 02:57+ 00:51+	41:14 + 26:58+ 28:18+ 29:13+ 30:40+ 31:48+ 33:37+ 34:00+ 34:45+ 35:39+ 36:15+ 37:17+ 38:06+ 39:15+ + 00:17= 01:20+ 00:55+ 01:27- 01:08+ 01:49+ 00:23+ 00:45- 00:54- 00:36+ 01:02+ 00:49= 01:09+ # 00:00= 00:02+ 00:03+ 00:01- 00:01+ 00:11# 00:02+ 00:02- 00:02- 00:02+ 00:02+ 00:00= 00:05+
03:06+ 00:29# 40:55+ 00:33-	00:16= 00:38+ 04:02+ 00:24- 03	3:07+ 04:01- 00:41+ 02:11- 01:27- 04:08+ 03:10+ 00:50+	42:18 + 28:20+ 29:53+ 30:50+ 32:16+ 33:28+ 35:12+ 35:33+ 36:11+ 37:02+ 37:36+ 38:35+ 39:22+ 40:22+ + 00:19+ 01:33+ 00:57+ 01:26- 01:12+ 01:44+ 00:21= 00:38- 00:51- 00:34= 00:59- 00:47- 01:00- # 00:02# 00:15# 00:05+ 00:02- 00:05+ 00:06+ 00:00= 00:09- 00:05- 00:00= 00:01- 00:02- 00:04-

Side:27

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4	Jan-	Rune	L. Bas	so			91						42:42	2											
																				35:00+					
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40:21+	40:59+	41:21+	42:04+	42:30+	42:42+																				
				00:26+ 00:150																					
5		n Arne	.		00.12		68						43:2	5											
03:05+		-			12:16+			19:52+	21:21+	24:11+	27:09+	28:06+	-		30:50+	32:25+	33:35+	35:33+	35:54+	36:37+	37:41+	38:18+	39:25+	40:17+	41:24+
																				00:43-					
				43:25+		00:25+	00:04#	00:04-	00:03-	00:10+	00:05+	00:12&	00:03#	00:06+	00:08#	00:07+	00:03+	00:20#	00:00=	00:04-	00:08#	00:03+	00:07#	00:03+	00:03+
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00:00=	_	00:06-		00:01-										_											
6 02.55±				08.321	12.13+		62 17.551	20.04+	21.43+	24.57+	27.531	28.571	44:1 2	_	31.57+	33.341	34.43+	36.301	36.501	37:37+	38.271	30.01+	40.00+	10.191	/1·55+
																				00:38-					
					00:39#	00:49#	00:04#	00:13-	00:07+	00:34#	00:03+	00:19&	00:02#	00:12#	00:19&	00:09#	00:02+	00:18#	00:01-	00:09-	00:06-	00:00=	00:01-	00:00=	00:02+
		43:28+ 00:37-																							
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7		Gunna					116						44:29												
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		00:35- 00:04-																							
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-	-			-	12:04+			19:21+	20:54+	24:26+	27:56+	28:47+			31:23+	33:15+	34:36+	36:52+	37:12+	38:09+	39 : 15+	39:52+	40:57+	41:48+	42:57+
																				00:57+					
		45:25+			00:36#	00:13+	00:04#	00:11-	00:01+	00:52&	00:37#	00:06#	00:01+	00:03+	00:05+	00:24&	00:14#	00:30&	00:01-	00:10#	00:10#	00:03+	00:05+	00:02+	00:05+
		01:17+																							
00:08#	~	00:38&					~-						10.11	•											
9 03.00+					13.20+		27 18·47+	21.02+	22.361	26.46+	30.131	31.08+	46:49		33.5/1	35.431	37.03+	38.531	30.191	40:06+	41·05+	<i>1</i> 1• <i>1</i> 2⊥	12.50+	13.381	11.12+
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					00:28#	00:34#	00:04#	00:07-	00:02+	01:30&	00:34#	00:10#	00:02#	00:10#	00:07#	00:21#	00:13#	00:12#	00:04#	00:01+	00:03+	00:03+	00:08#	00:01-	00:00=
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11		ak Lan					370						49:10	6											
03:18+	03:38+	04:19+	09:37+			18:53+	19:39+						31:56+	33:33+						41:32+					
																				00:51+					
		48:37+			01:02%	00:31#	00:09#	00:00=	00:10#	00:30#	00:21%	00:12&	00:05&	00:19#	00:1/&	00:33&	00:28&	00:23#	00:01+	00:04+	00:10%	00:06#	00:13#	00:10#	00:11#
00:41+	00:20+	00:45+	00:29+	00:10-																					
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12 03+18+		Skog			14.36		194	22.10.	24.05	27.25	32.15.	33.06.	49:1		36.05.	37.13.	39.021	41.12	41.33	42:24+	43.30.	44.08	45.11.	46.02.	47.09+
																				42:24+ 00:51+					
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	Jørgen Br	aivold			54						51:53	3													
03:26+ 00:49& 50:22+ 01:06+	03:49+ 04:40+ 00:23+ 00:51+ 00:07& 00:15& 50:44+ 51:17+ 00:22+ 00:33- 00:03# 00:06-	09:19+ 09: 04:39+ 00: 00:47# 00: 51:41+ 51: 00:24- 00:	:34+ 03:5 :07& 00:5 :53+ :12+	18+ 18:50+ 55+ 05:02+	+ 19:30+ + 00:40+	02:40+	01:49+	03:41+	03:40+	00:59+	32:45+ 00:26+	34:34+ 01:49+	01:11+	01:46+	02:38+	02:34+	00:22+	00:51+	01:08+	00:46+	01:14+	01:01+	01:11+		
14	Espen Fyl		511		116						1:07:	·14													
04:21+ 04:21+ 01:44& 64:41+ 01:05+ 00:31&	04:46+ 05:33+ 00:25+ 00:47+ 00:09& 00:11& 65:17+ 66:18+ 00:36+ 01:01+ 00:17& 00:22& strekktid fo	11:01+ 11: 05:28+ 00: 01:36& 00: 66:59+ 67: 00:41+ 00: 00:16& 00:	:35+ 05:0 :08& 02:0 :14+ :15+	13+ 22:38+ 07+ 05:55+	+ 23:39+ + 01:01+	03:04+	02:13+	04:00+	05:11+	01:22+	40:03+ 00:34+	42:18+ 02:15+	01:38+	02:41+	02:11+	03:58+	00:49+	01:33+	02:04+	01:30+	01:41+	01:23+	01:50+		
	00:16 00:36):24 03:	02 04:0	1 00:36	00:40) 01:27	01:27	02:45	00:45	00:17	00:19	00:52	01:03	01:07	01:07	00:20	00:23	00:43	00:34	. 00:37	00:47	00:53	00:33	00:16
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02:43=	00:24- 00:37=	04:33+ 00:	29+ 03:22	22+ 02:31+	+ 00:19+	01:33+	03:38+	03:23+	00:53+	00:39+	01:23+	00:49-	00:42-	01:34-	01:00-	01:21+	00:28+	00:41-	00:56+	01:03+	00:47+	00:35+	00:42-		
	00:02- 00:00= 38:00+ 38:26+		01+ 00:1	J+ 00:13+	00:01+	00:09#	00:41#	00:23#	00:03+	00:210	00:04+	00:05-	00:05-	00:21-	00:32-	00:07+	00:05#	00:02-	00:03+	00:02+	00:03+	00:01+	00:01-		
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4	Kjetil Wira	-			114						40:24	4													
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03:06+ 00:23# 41:01+ 00:22+	00:27+ 00:44+ 04:37+ 00:28= 03:40+ 02:41+ 0 00:01+ 00:07# 00:33# 00:00= 00:28# 00:23# 0 41:44+ 42:05+ 42:16+ 00:43+ 00:21- 00:11- 00:01+ 00:04- 00:01-	6:03+ 17:38+ 20:35+ 24:02+ 24:58+ 25:20+ 0:20+ 01:35+ 02:57= 03:27+ 00:56+ 00:22+ 00:02# 00:11# 00:00= 00:27# 00:06# 00:04#	42:16 26:56+ 27:50+ 28:39+ 31:14+ 32:51+ 35:04+ 35:33+ 36:24+ 37:28+ 38:37+ 39:26+ 39:59+ 40:39+ 01:36+ 00:54= 00:49+ 02:35+ 01:37+ 02:13+ 00:29+ 00:51+ 01:04+ 01:09+ 00:49+ 00:33- 00:40- 00:17# 00:00= 00:02+ 00:40& 00:05+ 00:59& 00:06& 00:08# 00:11# 00:08# 00:05# 00:01- 00:03-
03:14+ 00:31# 41:46+ 00:21+ 00:03#	00:28+ 00:47+ 04:48+ 00:31+ 04:02+ 02:35+ 0 00:02+ 00:10& 00:44# 00:03# 00:50& 00:17# 0 42:23+ 42:44+ 43:05+ 00:37- 00:21- 00:21+ 00:05- 00:04- 00:09&	L6:44+ 18:18+ 21:12+ 24:18+ 25:14+ 25:47+ 10:19+ 01:34+ 02:54- 03:06+ 00:56+ 00:33+ 10:01+ 00:10# 00:03- 00:06+ 00:06# 00:15&	43:05 27:15+ 28:32+ 29:19+ 32:06+ 33:12+ 34:40+ 35:02+ 36:50+ 38:10+ 39:23+ 40:11+ 40:45+ 41:25+ 01:28+ 01:17+ 00:47= 02:47+ 01:06- 01:28+ 00:22- 01:48+ 01:20+ 01:13+ 00:48+ 00:34= 00:40- 00:09# 00:23& 00:00= 00:52& 00:26- 00:14# 00:01- 01:05@ 00:27& 00:12# 00:04+ 00:00= 00:03-
03:15+ 00:32# 42:24+ 00:33+	00:26= 01:02+ 04:27+ 00:30+ 04:13+ 02:41+ 0 00:00= 00:25& 00:23+ 00:02+ 01:01& 00:23# 0 42:57+ 43:20+ 43:29+ 00:33- 00:23- 00:09- 00:09- 00:02- 00:03-	L6:56+ 18:36+ 22:46+ 26:39+ 27:36+ 28:02+ 10:22+ 01:40+ 04:10+ 03:53+ 00:57+ 00:26+ 10:04# 00:16# 01:13& 00:53& 00:07# 00:08&	43:29 29:34+ 30:33+ 31:23+ 33:27+ 34:39+ 36:07+ 36:30+ 37:21+ 38:27+ 39:39+ 40:32+ 41:08+ 41:51+ 01:32+ 00:59+ 00:50+ 02:04+ 01:12- 01:28+ 00:23= 00:51+ 01:06+ 01:12+ 00:53+ 00:36+ 00:43= 00:13# 00:05+ 00:03+ 00:09+ 00:20- 00:14# 00:00= 00:08# 00:13# 00:11# 00:09# 00:02+ 00:00= 44:42
03:35+ 00:52& 42:45+ 00:25+ 00:07&	00:27+ 00:47+ 04:33+ 00:30+ 03:56+ 02:47+ 0 00:01+ 00:10& 00:29# 00:02+ 00:44# 00:29# 0 43:33+ 44:03+ 44:13+ 00:48+ 00:30+ 00:10- 00:06# 00:05# 00:02-	L6:55+ 18:34+ 21:54+ 26:03+ 27:03+ 27:25+ 10:20+ 01:39+ 03:20+ 04:09+ 01:00+ 00:22+ 10:02# 00:15# 00:23# 01:09& 00:10# 00:04#	44:13 29:38+ 30:40+ 31:38+ 33:49+ 34:56+ 36:31+ 36:55+ 37:50+ 38:57+ 40:09+ 40:59+ 41:36+ 42:20+ 02:13+ 01:02+ 00:58+ 02:11+ 01:07- 01:35+ 00:24+ 00:55+ 01:07+ 01:12+ 00:50+ 00:37+ 00:44+ 00:54& 00:08# 00:11# 00:16# 00:25- 00:21& 00:01+ 00:12& 00:14& 00:11# 00:06# 00:03+ 00:01+ 10:40
03:18+ 00:35# 44:59+ 00:24+ 00:06&	00:30+ 00:44+ 04:47+ 00:32+ 04:29+ 03:01+ 0 00:04# 00:07# 00:43# 00:04# 01:17& 00:43& 0 45:39+ 46:07+ 46:19+ 00:40- 00:28+ 00:12= 00:02- 00:03# 00:00=	L7:43+ 19:45+ 23:49+ 27:56+ 28:55+ 29:17+ 10:22+ 02:02+ 04:04+ 04:07+ 00:59+ 00:22+ 10:04# 00:38& 01:07& 01:07& 00:09# 00:04#	46:19 30:54+ 32:00+ 32:51+ 35:12+ 36:38+ 38:15+ 38:36+ 39:34+ 40:43+ 42:03+ 42:53+ 43:37+ 44:35+ 01:37+ 01:06+ 00:51+ 02:21+ 01:26- 01:37+ 00:21- 00:58+ 01:09+ 01:20+ 00:50+ 00:44+ 00:58+ 00:18# 00:12# 00:04+ 00:26# 00:06- 00:23& 00:02- 00:15& 00:16& 00:19& 00:06# 00:10& 00:15&
03:20+ 00:37# 47:26+ 00:32+ 00:14&	00:28+ 00:45+ 04:53+ 00:31+ 04:03+ 03:01+ 0 00:02+ 00:08# 00:49# 00:03# 00:51& 00:43& 0 48:08+ 48:40+ 48:53+ 00:42= 00:32+ 00:13+ 00:00= 00:07& 00:01+	17:25+19:29+24:10+28:14+29:18+29:39+00:24+02:04+04:41+04:04+01:04+00:21+	48:53 31:19+ 32:20+ 34:14+ 36:35+ 38:22+ 40:09+ 40:38+ 41:37+ 42:58+ 44:22+ 45:22+ 46:04+ 46:54+ 01:40+ 01:01+ 01:54+ 02:21+ 01:47+ 01:47+ 00:29+ 00:59+ 01:21+ 01:24+ 01:00+ 00:42+ 00:50+ 00:21& 00:07# 01:07@ 00:26# 00:15# 00:33& 00:06& 00:16& 00:28& 00:23& 00:16& 00:08# 00:07#
02:43	lassevinner, - raskere, + senere, # 10% tap,		01:19 00:49 00:38 01:34 00:57 01:14 00:21 00:41 00:53 01:01 00:43 00:33 00:38 00:18 00:33
1	Pius Sostauskas 40)5	19:35

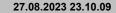
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 Thomas Romstad
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 02:15+
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3	Elga	F. Sil	aban				136						25:16	5						
-	03:57+			11:42+	12:17+			17:58+	19:09+	20:36+	21:37+	22:23+			24:55+	25:16+				
03:27+	00:30+	02:59+	03:57+	00:49+	00:35+	02:24+	01:06+	02:11+	01:11+	01:27+	01:01+	00:46+	00:58+	01:02+	00:32+	00:21+				
01:20&	00:01+	00:12+	00:41#	00:10&	00:07#	00:54&	00:20&	00:32&	00:22&	00:09#	00:07#	00:05#	00:17&	00:14&	00:04#	00:06&				
4	Vea	ard Ma	adland			4	405						29:45	5						
02:38+	07:47+				17:23+			21:27+	22:47+	24:08+	25:24+	27:12+			29:35+	29:45+				
02:38+	05:09+	02:59+	05:05+	00:53+	00:39+	01:46+	00:58+	01:20-	01:20+	01:21+	01:16+	01:48+	00:53+	01:05+	00:25-	00:10-				
00:31#	04:400	00:12+	01:49&	00:14&	00:11&	00:16#	00:12&	00:19-	00:31&	00:03+	00:22&	01:07@	00:12&	00:17&	00:03-	00:05-				
5	lsak	Bolst	ad Sch	neie			134						45:01	1						
04:46+	05:30+				21:05+			29:03+	31:18+	34:15+	36:38+	38:22+		-	44:06+	45:01+				
04:46+	00:44+	05:43+	06:58+	01:49+	01:05+	03:24+	02:17+	02:17+	02:15+	02:57+	02:23+	01:44+	01:53+	02:28+	01:23+	00:55+				
02:390	00:15&	02:560	03:42@	01:10@	00:37@	01:540	01:310	00:38&	01:260	01:390	01:290	01:030	01:120	01:400	00:550	00:40@				
6	Pete	r Tudo	orica				134						46:11	1						
02:48+				30:19+	31:07+	33:46+	34:43+	38:33+	39:31+	41:08+	42:21+	43:30+	44:29+	45:15+	45:51+	46:11+				
02:48+	05:33+	12:48+	08:43+	00:27-	00:48+	02:39+	00:57+	03:50+	00:58+	01:37+	01:13+	01:09+	00:59+	00:46-	00:36+	00:20+				
00:41&	05:040	10:010	05:27@	00:12-	00:20&	01:09&	00:11#	02:110	00:09#	00:19#	00:19&	00:28&	00:18&	00:02-	00:08&	00:05&				
Beste	strekk	tid for	r klass	en																
	00:21			00:27	00:27	01:26	00:46	00:52	00:49	01:05	00:40	00:41	00:29	00:46	00:25	00:10				
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Herre	er i rii	n																		
1	Vikt	or Klip	pen			į	5						25:16	6						
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01:55=	00:49=	01:04=	01:19=	02:16=	03:46=	00:36=	00:26=	02:07=	00:27=	01:53=	01:36=	01:14=	01:10=	00:50=	00:51=	01:11=	00:30=	00:40=	00:21=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Han	s Frod	e And	ersen		:	376						25:44	4						
						-								-						
02:07+	03:28+	04:30+	05:41+	07:49+	11:58+	12:39+	13:05+	14:52+	15:21+	16:54+	18:04-	19:08-	20:46+	21:34+	22:27+	23:40+	24:16+	25:10+	25:31+	25:44+
02:07+				07:49+ 02:08-				14:52+ 01:47-										25:10+ 00:54+	25:31+ 00:21=	

392 3 26:01 Adam Alfred Brennhaugen 01:45- 02:37- 03:34- 04:40- 06:41- 10:59- 11:33- 11:58- 13:44- 14:11- 17:40+ 18:46+ 19:45+ 20:52+ 21:43+ 22:45+ 24:19+ 24:50+ 25:30+ 25:51+ 26:01+ 01:45- 00:52+ 00:57- 01:06- 02:01- 04:18+ 00:34- 00:25- 01:46- 00:27= 03:29+ 01:06- 00:59- 01:07- 00:51+ 01:02+ 01:34+ 00:31+ 00:40= 00:21= 00:10-00:10- 00:03+ 00:07- 00:13- 00:15- 00:32# 00:02- 00:01- 00:21- 00:00= 01:36& 00:30- 00:15- 00:03- 00:01+ 00:11# 00:23& 00:01+ 00:00= 00:00= 00:05-

Per-Olof Wallerstedt 26:57 4 18 02:13+ 03:10+ 04:13+ 05:24+ 07:45+ 12:46+ 13:28+ 13:52+ 15:34+ 16:02+ 18:07+ 19:26+ 20:31+ 21:39+ 22:33+ 23:38+ 25:01+ 25:37+ 26:17+ 26:42+ 26:57+ 02:13+ 00:57+ 01:03- 01:11- 02:21+ 05:01+ 00:42+ 00:24- 01:42- 00:28+ 02:05+ 01:19- 01:05- 01:08- 00:54+ 01:05+ 01:23+ 00:36+ 00:40= 00:25+ 00:15= 00:18# 00:08# 00:01- 00:08- 00:05+ 01:15& 00:06# 00:02- 00:25- 00:01+ 00:12# 00:17- 00:09- 00:02- 00:04+ 00:14& 00:12# 00:06# 00:00= 00:04# 00:00=

372 28:33 5 Marius Bergstøl Hvidsten 03:13+ 04:03+ 05:10+ 06:22+ 08:34+ 13:16+ 13:57+ 14:25+ 16:28+ 17:02+ 18:54+ 20:11+ 21:21+ 22:52+ 23:48+ 24:56+ 26:25+ 26:59+ 27:59+ 28:21+ 28:33+ 03:13+ 00:50+ 01:07+ 01:12- 02:12- 04:42+ 00:41+ 00:28+ 02:03- 00:34+ 01:52- 01:17- 01:10- 01:31+ 00:56+ 01:08+ 01:29+ 00:34+ 01:00+ 00:22+ 00:12-01:18& 00:01+ 00:03+ 00:07- 00:04- 00:56# 00:05# 00:02+ 00:04- 00:07& 00:01- 00:19- 00:04- 00:21& 00:06# 00:17& 00:18& 00:04# 00:20& 00:01+ 00:03-6 92 29:15 Arild Svihus

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372 7 Birger Lindtiørn 30:10 02:07+ 03:39+ 04:36+ 05:53+ 08:12+ 12:32+ 13:19+ 13:48+ 15:55+ 17:50+ 19:43+ 21:28+ 22:28+ 24:12+ 25:07+ 26:01+ 27:49+ 28:26+ 29:24+ 29:53+ 30:10+ 02:07+ 01:32+ 00:57- 01:17- 02:19+ 04:20+ 00:47+ 00:29+ 02:07= 01:55+ 01:53= 01:45+ 01:00- 01:44+ 00:55+ 00:54+ 01:48+ 00:37+ 00:58+ 00:29+ 00:17+ 00:12# 00:43& 00:07- 00:02- 00:03+ 00:34# 00:11& 00:03# 00:00= 01:28@ 00:00= 00:09+ 00:14- 00:34& 00:05# 00:03+ 00:37& 00:07# 00:18& 00:08& 00:02#

129 8 Sveinung Skiørsæter 30:36 02:07+ 02:58+ 03:54+ 05:34+ 10:47+ 15:41+ 16:16+ 16:40+ 18:45+ 19:13+ 21:00+ 22:19+ 23:24+ 24:42+ 25:55+ 26:51+ 28:21+ 28:57+ 30:02+ 30:25+ 30:36+ 02:07+ 00:51+ 00:56- 01:40+ 05:13+ 04:54+ 00:35- 00:24- 02:05- 00:28+ 01:47- 01:19- 01:05- 01:18+ 01:13+ 00:56+ 01:30+ 00:36+ 01:05+ 00:23+ 00:11-00:12# 00:02+ 00:08+ 00:21& 02:57@ 01:08& 00:01- 00:02- 00:01+ 00:06- 00:17- 00:09- 00:08# 00:23& 00:05+ 00:19& 00:06# 00:25& 00:02+ 00:04-63 9

Jerome Renoult 31:18 02:51+ 03:59+ 05:03+ 06:18+ 08:44+ 14:16+ 15:07+ 15:34+ 17:37+ 18:16+ 20:49+ 22:21+ 23:45+ 25:16+ 26:21+ 27:34+ 29:07+ 29:56+ 30:42+ 31:04+ 31:18+ 02:51+ 01:08+ 01:04= 01:15- 02:26+ 05:32+ 00:51+ 00:27+ 02:03- 00:39+ 02:33+ 01:32- 01:24+ 01:31+ 01:05+ 01:13+ 01:33+ 00:49+ 00:46+ 00:22+ 00:14-00:56& 00:19& 00:00= 00:04- 00:10+ 01:46& 00:15& 00:01+ 00:04- 00:12& 00:40& 00:04- 00:10# 00:21& 00:15& 00:22& 00:22& 00:19& 00:06# 00:01+ 00:01-

Plass	Nav	n					Klasse	;					Tid								
10	Stig	Erlen	d Olles	stad			51						31:19	9							
				07:16- 02:20+																	
				02:20+																	
11	Roa	er Nys	seth			9	92						31:34	4							
				08:56+																	
				02:41+ 00:25#																	
12	_	0	Versla	_			105						31:5	_							
				08:17+	13:23+			16:43+	17:26+	20:29+	22:14+	23:31+			27:26+	29:12+	30:04+	31:05+	31:39+	31:53+	
				02:27+																	
	-			00:11+	01:20&			00:04-	00:10%	01:10%	00:09+	00:03+		_	00:20&	00:35%	00:22&	00:21%	00:13%	00:01-	
13 02·25+		Salve		08:21+	13.24+		50	17.21+	18.37+	19.17+	21.18+	22.53+	31:5		26.43+	27.54+	29.31+	30.12+	31.11+	31.42+	31.56+
				02:24+																	
00:30&	00:10#	00:01+	00:09#	00:08+	01:17&	00:06#	00:02+	00:40&	00:490	01:13-	00:25&	00:21&	00:03-	00:36&	00:26&	00:00=	01:07@	00:01+	00:380	00:160	00:14+
14			yverts				51						31:59	-							
				08:13+ 02:17+																	
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15	Johi	n Øgre	bid			-	27						32:27	7							
				09:08+																	
				02:45+ 00:29#																	
16	<u> </u>	Bierk		00.201	02.074		401	00.00	00.004	00.104	00.00	00.12	32:28		00.104	00.004	00.004	00.114	00.104	00.02	
				08:29+	13:40+			17:19+	17:53+	20:34+	21:46+	22:49+			26:43+	28:25+	29:02+	29:50+	30:17+	32:28+	
				02:36+																	
			-	00:20#	01:25&			00:20#	00:07&	00:48&	00:24-	00:11-			00:33&	00:31&	00:07#	00:08#	00:06&	01:560	
17		Egil L		08:27+	14.40+		376	18.05+	18.551	21.30+	23.12+	24.26+	33:1	-	28.17+	30.114	31.201	32.231	32.581	33.11+	
				02:36+																	
00:23#	00:09#	00:09#	00:03+	00:20#	02:27&	00:27&	00:01-	00:10-	00:23&	00:51&	00:03-	00:00=	00:36&	00:11#	00:43&	00:46&	00:15&	00:14&	00:14&	00:02-	
18			Lena				91						33:37	-							
				07:08- 02:00-																	
				00:16-																	
19	Eivir	nd Bal	tzerse	n			136						33:49	9							
				09:13+																	
				03:03+ 00:47&																	
20			orielse		01.004		126	00.101	00.104	01.000	00.014	00.00	34:0	-	01.000	00.214	00.114	00.204	001011	00.01	
				09:17+	15:11+			19:07+	19:50+	22:54+	24:33+	26:01+		-	29:48+	31:33+	32:21+	33:23+	33:47+	34:03+	
				02:42+																	
				00:26#	02:08&			00:34&	00:16&	01:11&	00:03+	00:14#		_	00:24&	00:34&	00:18&	00:22&	00:03#	00:01+	
21				07:50+	12.17+		13 •26±	18.121	18.501	20.48+	22.231	23.271	34:52		31.02+	32.281	33.031	34.091	34.28+	34.521	
				02:25+																	
00:20#	00:08#	00:00=	00:10-	00:09+	00:41#	00:05#	00:02+	02:390	00:20&	00:04-	00:01-	00:10-	04:190	00:05#	00:20&	00:15#	00:05#	00:26&	00:02-	00:09&	
22			eland				376						36:03								
				09:23+ 02:52+																	
				00:36&																	
23	Svei	n Sive	ertsen				115						36:30	0							
02:45+	04:12+	05:32+	07:04+	12:32+		18:53+	19:21+						30:06+	31:12+							
				05:28+ 03:120																	
24		en Gj		00:120	01.408		180	00.14#	00.1/&	01.10%	00.07-	00.09#	36:4		00.238	00.378	00.110	00.10%	00.02+	00.03-	
				08:25+	14:59+			18:39+	19:17+	22:21+	23:45+	25:22+		-	32:40+	34:55+	35:34+	36:13+	36:30+	36:40+	
02:11+	01:08+	01:08+	01:21+	02:37+	06:34+	00:47+	00:35+	02:18+	00:38+	03:04+	01:24-	01:37+	01:26+	04:31+	01:21+	02:15+	00:39+	00:39-	00:17-	00:10-	
00:16#	00:19&	00:04+	00:02+	00:21#	02:48&	00:11&	00:09&	00:11+	00:11&	01:11&	00:12-	00:23&	00:16#	03:410	00:30&	01:04&	00:09&	00:01-	00:04-	00:05-	

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							17:15+													
02:58+							00:31+ 00:05#													
26	-		(Neue				117						38:13							
02:55+	04:05+	05:14+	06:33+	09:35+	17:41+	18:22+	18:54+						31:17+	32:30+						
							00:32+													
				00:46&	04:200		00:06#	00:22#	00:13%	01:34&	00:26%	00:09#			00:30%	00:38%	00:17&	00:20&	00:04#	00:06%
27 02:44+	-	05 Llu	-	12:08+	18:02+	-	19:22+	21:25+	22:01+	25:50+	27:40+	28:58+	38:14 30:57+	-	33:19+	35:47+	36:33+	37:33+	38:00+	38:14+
							00:34+													
00:49&	00:15&	02:350	00:44&	00:22#	02:08&	00:10&	\$80:00	00:04-	00:09&	01:560	00:14#	00:04+	00:49&	00:21&	00:20&	01:170	00:16&	00:20&	00:06&	00:01-
28			gesvol				5						38:29							
							17:35+ 00:30+													
							00:04#													
29	lvar	Aalbu					29						39:00)						
							22:13+													
							00:32+ 00:06#													
30		n Thor		00.400	02.114		51	00.201	00.174	00.201	00.12#	00.11	39:1 ⁴	_	00.200	00.004	00.104	00.104	00.021	00.011
				10:20+	16:36+		18:06+	20:49+	21:44+	24:53+	27:31+	29:08+		-	34:21+	36:16+	37:03+	38:02+	39:00+	39:11+
							00:36+													
					02:30&	00:18&	00:10&	00:36&	00:280	01:16&	01:02&	00:23&		_	00:30&	00:44&	00:17&	00:19&	00:370	00:04-
31	-		ein Klu		10.201	10.201	10.56	22.461	00.451	26.401	20.50	20.24	40:1	-	25.261	27.201	20.01.	20.261	10.001	40.15
							19:56+ 00:30+													
							00:04#													
32	Fran	ik Gul	brands	sen			105						40:2 [,]	1						
							20:11+ 00:32+													
							00:32+													
33	Jan	Erik R	asmus	sen			51						41:20	נ						
02:51+	04:13+	05:31+	07:26+	10:28+		17:46+	18:29+						33:02+	34:19+						
							00:43+ 00:17&													
	-			00:40&	02:30&		9 4	01:120	00:270	02:030	00:00%	00:32α	41:30	_	00:546	00:00%	00:30@	00:40&	00:100	00:01+
34 02:33+		• Fand 05:19+		09:53+	16:55+		18:09+	22:28+	23:16+	28:18+	30:27+	32:09+		-	37:28+	39:18+	39:58+	40:48+	41:15+	41:30+
02:33+	01:26+	01:20+	01:31+	03:03+	07:02+	00:42+	00:32+	04:19+	00:48+	05:02+	02:09+	01:42+	02:59+	01:09+	01:11+	01:50+	00:40+	00:50+	00:27+	00:15=
	00:37&	00:16#	00:12#	00:47&	03:16&	00:06#	00:06#	02:120	00:21&	03:090	00:33&	00:28&	01:490	00:19&	00:20&	00:39&	00:10&	00:10#	00:06&	00:00=
35			opnes		10 50		116	00.001	04.01.	06 54	00.05.	01 01	42:27		27 00	20. OF .	40.101	41 44	40.14	40.07
							20:23+ 00:35+													
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36	Asg	eir Kle	рра				47						43:10)						
							22:47+													
							00:57+ 00:310													
37	_		erevåg				125						44:0	_						
-					17:43+		19:09+	21:34+	22:25+	31:53+	33:19+	34:48+		-	39:23+	41:20+	42:06+	43:18+	43:48+	44:05+
							00:32+													
				00:42&	04:100		00:06#	00:18#	00:24&	07:350	00:10-	00:15#			00:37&	00:46&	00:10%	00:32&	00:09&	00:02#
38 03·38+				13.36+	21.07+		93 22:34+	25.49+	26.45+	30.23+	33.41+	35.39+	49:2 ⁴	-	42.32+	45.19+	46.29+	48·26+	48.59+	49.21+
							00:44+													
	01:520	00:29&	01:06&	01:03&	03:45&	00:07#	00:18&	01:08&	00:290	01:45&	01:420	00:44&			01:320	01:360	00:400	01:170	00:12&	00:07&
39		Henri					116						49:23							
							22:48+ 00:32+													
							00:02+													

Plass	Navr	า					Klasse	•					Tid							
40	Alex	ander	Khoru	Inzhiy		2	287						51:59	•						
03:42+	05:25+	07:04+			24:02+	25:35+	26:25+	30:25+	31:24+	35:41+	37:53+	39:44+	41:53+	44:17+	46:46+	48:55+	50:01+	51:10+	51:44+	51:59+
03:42+	01:43+	01:39+	02:48+	04:47+	09:23+	01:33+	00:50+	04:00+	00:59+	04:17+	02:12+	01:51+	02:09+	02:24+	02:29+	02:09+	01:06+	01:09+	00:34+	00:15=
01:47&	00:540	00:35&	01:290	02:310	05:370	00:570	00:24&	01:53&	00:320	02:24@	00:36&	00:37&	00:59&	01:34@	01:380	00:58&	00:360	00:29&	00:13&	00:00=
41	Svei	n Inge	Sæve	reid			126						59:20)						
04:16+	06:03+	08:10+	11:11+	17:35+	27:14+	28:49+	29:38+	33:44+	34:50+	38:53+	41:50+	44:21+	47:47+	49:41+	52:03+	54:57+	56:07+	58:03+	58:48+	59:20+
04:16+	01:47+	02:07+	03:01+	06:24+	09:39+	01:35+	00:49+	04:06+	01:06+	04:03+	02:57+	02:31+	03:26+	01:54+	02:22+	02:54+	01:10+	01:56+	00:45+	00:32+
02:210	00:580	01:03&	01:420	04:080	05:530	00:590	00:23&	01:59&	00:390	02:100	01:21&	01:170	02:160	01:04@	01:310	01:430	00:40@	01:160	00:240	00:170
42	Per l	Helge	Salves	sen		9	98						1:07:	22						
04:35+			09:26+		34:20+	35:05+	35:45+	37:58+	38:37+	49:53+	51:39+	52:55+	59:49+	60:56+	61:59+	64:34+	65:43+	66:37+	67:06+	67:22+
04:35+	01:55+	01:11+	01:45+	19:43+	05:11+	00:45+	00:40+	02:13+	00:39+	11:16+	01:46+	01:16+	06:54+	01:07+	01:03+	02:35+	01:09+	00:54+	00:29+	00:16+
02:400	01:060	00:07#	00:26&	17:270	01:25&	00:09#	00:14&	00:06+	00:12&	09:230	00:10#	00:02+	05:440	00:17&	00:12#	01:240	00:390	00:14&	&80:00	00:01+
Beste	strekk	tid for	r klass	en																
01:45	00:49	00:56	01:03	02:00	03:46	00:30	00:21	01:40	00:27	00:40	01:06	00:52	01:07	00:45	00:51	01:11	00:30	00:39	00:17	00:09

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.