Klasse

1	Elin	Grane	land			3	39						22:24	ı					
01:14=				05:03=	06:59=	08:15=	10:12=	10:58=	11:43=	13:34=	14:58=	17:03=	18:07=	19:01=	19:49=	20:31=	20:52=	21:56=	22:24=
												02:05=							
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2	Katr	ine Ha	aland	Lever	aas		54						22:45	5					
01:15+	02:39-	04:44+	05:25+	06:11+	07:54+	09:13+	10:49+	11:37+	12:34+	14:00+	15:19+	17:35+	18:31+	19:35+	20:26+	21:17+	21:32+	22:20+	22:45+
												02:16+							
00:01+	00:04-	01:24@	00:04-	00:09-	00:13-	00:03+	00:21-	00:02+	00:12&	00:25-	00:05-	00:11+	00:08-	00:10#	00:03+	00:09#	00:06-	00:16-	00:03-
3	Anin	a Iseli	n Had	land		2	29						24:10	)					
01:04-					07:07+	_		10:46-	11:33-	13:38+	15:20+	18:46+	19:40+	20:24+	21:05+	22:34+	22:47+	23:39+	24:10+
01:04-	01:37+	00:46+	00:38-	01:04+	01:58+	01:09-	01:50-	00:40-	00:47+	02:05+	01:42+	03:26+	00:54-	00:44-	00:41-	01:29+	00:13-	00:52-	00:31+
00:10-	00:09#	00:05#	00:07-	00:09#	00:02+	00:07-	00:07-	00:06-	00:02+	00:14#	00:18#	01:21&	00:10-	00:10-	00:07-	00:47@	00:08-	00:12-	00:03#
4	Silie	Sunda	al			7	71						24:16	3					
02:08+				05:52+	07:47+	-	-	12:51+	13:45+	15:41+	17:13+	19:26+		•	21:58+	22:46+	23:06+	23:46+	24:16+
												02:13+							
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5	Inari	d Lycl	ke Διις	thø			109						24:29	)					
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6	Mare	n Her	adetve	ıit 💮		7	76						25:31	I					
•					08:20+			12:10+	13:04+	15:11+	17:50+	20:11+			22:29+	23:33+	23:53+	25:02+	25:31+
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7	Long	Biella	and				116						26:57	7					
-				05.41+	07.55+			12.45+	13.49+	16.09+	17.49+	20:59+			23.54+	25.17+	25.37+	26.32+	26.57+
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	03:15+	04:16+	04:55+	05:52+		09:04+	13:25+					23:14+	24:13+	24:52+					
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01:30+ 00:16# <b>9</b> 01:36+ 01:36+ 00:22& <b>10</b>	03:15+ 01:45+ 00:17# <b>Hani</b> 03:28+ 01:52+ 00:24& <b>Tone</b>	04:16+ 01:01+ 00:20& ne Ber 04:18+ 00:50+ 00:09#	04:55+ 00:39- 00:06- 7 <b>g Asp</b> 05:17+ 00:59+ 00:14&	05:52+ 00:57+ 00:02+ <b>ØY</b> 06:19+ 01:02+ 00:07#	01:55- 00:01- 08:14+ 01:55- 00:01-	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41&	13:25+ 04:21+ 02:24@ <b>117</b> 11:50+ 01:39- 00:18-	00:54+ 00:08# 12:39+ 00:49+ 00:03+	00:49+ 00:04+ 13:24+ 00:45= 00:00=	01:33- 00:18- 15:35+ 02:11+ 00:20#	01:29+ 00:05+ 20:04+ 04:29+ 03:05@	05:04+ 02:59@ 22:58+ 02:54+ 00:49&	24:13+ 00:59- 00:05- <b>28:45</b> 23:55+ 00:57- 00:07- <b>30:27</b>	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00=	00:46- 00:02- 25:50+ 01:01+ 00:13&	00:43+ 00:01+ 27:02+ 01:12+ 00:30&	00:17- 00:04- 27:24+ 00:22+ 00:01+	00:48- 00:16- 28:14+ 00:50- 00:14-	00:25- 00:03- 28:45+ 00:31+ 00:03#
01:30+ 00:16# <b>9</b> 01:36+ 01:22& <b>10</b> 02:08+	03:15+ 01:45+ 00:17# <b>Hant</b> 03:28+ 01:52+ 00:24& <b>Tone</b> 04:06+	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>Hans</b> 05:24+	04:55+ 00:39- 00:06- <b>g Asp</b> 05:17+ 00:59+ 00:14& <b>6en</b> 06:31+	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07#	01:55- 00:01- 08:14+ 01:55- 00:01-	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41&	13:25+ 04:21+ 02:24@ <b>117</b> 11:50+ 01:39- 00:18- <b>76</b> 14:17+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+	00:49+ 00:04+ 13:24+ 00:45= 00:00=	01:33- 00:18- 15:35+ 02:11+ 00:20#	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+	05:04+ 02:59@ 22:58+ 02:54+	24:13+ 00:59- 00:05- <b>28:45</b> 23:55+ 00:57- 00:07- <b>30:27</b> 24:41+	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00=	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+	00:25- 00:03- 28:45+ 00:31+ 00:03#
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01:30+ 00:16# <b>9</b> 01:36+ 01:36+ 00:22& <b>10</b> 02:08+ 02:08+ 00:54&	03:15+ 01:45+ 00:17# <b>Hani</b> 03:28+ 01:52+ 00:24& <b>Tone</b> 04:06+ 01:58+ 00:30&	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>Hans</b> 05:24+ 01:18+ 00:37&	04:55+ 00:39- 00:06- <b>'g Asp</b> 05:17+ 00:59+ 00:14& <b>'en</b> 06:31+ 01:07+ 00:22&	05:52+ 00:57+ 00:02+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42&	13:25+ 04:21+ 02:24@ 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00=	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+	24:13+ 00:59- 00:05- <b>28:45</b> 23:55+ 00:57- 00:07- <b>30:27</b> 24:41+ 01:13+ 00:09#	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 7 25:35+ 00:54= 00:00=	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+
01:30+ 00:16# <b>9</b> 01:36+ 01:36+ 00:22& <b>10</b> 02:08+ 02:08+ 00:54& <b>11</b>	03:15+ 01:45+ 00:17# <b>Hani</b> 03:28+ 01:52+ 00:24& <b>Tone</b> 04:06+ 01:58+ 00:30& <b>Wibe</b>	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>Hans</b> 05:24+ 01:18+ 00:37& <b>eke Le</b>	04:55+ 00:39- 00:06- <b>g Asp</b> 05:17+ 00:59+ 00:14& <b>36en</b> 06:31+ 01:07+ 00:22& <b>nde</b>	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20&	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40&	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42&	13:25+ 04:21+ 02:24@ 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00=	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14&	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09#	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35&	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11&	24:13+ 00:59- 00:05- <b>28:45</b> 23:55+ 00:57- 00:07- <b>30:27</b> 24:41+ 01:13+ 00:09# <b>30:39</b>	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 7 25:35+ 00:54= 00:00=	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46&	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25&	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05#	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12&
01:30+ 00:16# 9 01:36+ 00:22& 10 02:08+ 02:08+ 02:08+ 11 01:08-	03:15+ 01:45+ 00:17# <b>Hani</b> 03:28+ 01:52+ 00:24& <b>Tone</b> 04:06+ 01:58+ 00:30& <b>Wibe</b> 02:52+	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>Hans</b> 05:24+ 01:18+ 00:37& <b>eke Le</b> 03:34+	04:55+ 00:39- 00:06- 'G ASP 05:17+ 00:59+ 00:14& Sen 06:31+ 01:07+ 00:22& nde 04:17+	05:52+ 00:57+ 00:02+ <b>Øy</b> 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+	13:25+ 04:21+ 02:24@ 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+	24:13+ 00:59- 00:05- <b>28:45</b> 23:55+ 00:57- 00:07- <b>30:27</b> 24:41+ 01:13+ 00:09# <b>30:39</b> 25:53+	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 7 25:35+ 00:54= 00:00= 26:46+	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05#	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+
01:30+ 00:16# 9 01:36+ 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 01:08-	03:15+ 01:45+ 00:17# <b>Hani</b> 03:28+ 01:52+ 00:24& <b>Tone</b> 04:06+ 01:58+ 00:30& <b>Wibe</b> 02:52+ 01:44+	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>2 Hans</b> 05:24+ 01:18+ 00:37& <b>2 ke Le</b> 03:34+ 00:42+	04:55+ 00:39- 00:06- <b>g Asp</b> 05:17+ 00:59+ 00:14& <b>sen</b> 06:31+ 00:22& <b>nde</b> 04:17+ 00:43-	05:52+ 00:57+ 00:02+ <b>Øy</b> 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 08:40+	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+	13:25+ 04:21+ 02:240 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 01:43-	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46=	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24=	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11&	24:13+ 00:59- 00:05- <b>28:45</b> 23:55+ 00:57- 00:07- <b>30:27</b> 24:41+ 00:09# <b>30:38</b> 25:53+ 01:01-	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 7 25:35+ 00:54= 00:00= 26:46+ 00:53-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47-	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+
01:30+ 00:16# 9 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 00:06-	03:15+ 01:45+ 00:17# Hann 03:28+ 00:52+ 00:24& Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 00:16#	04:16+ 01:01+ 00:20& ne Ber 04:18+ 00:50+ 00:09# Hans 05:24+ 01:18+ 00:37& Pke Le 03:34+ 00:42+ 00:01+	04:55+ 00:39- 00:06- <b>g Asp</b> 05:17+ 00:14& <b>sen</b> 06:31+ 01:27+ 00:22& <b>nde</b> 04:17+ 00:43- 00:02-	05:52+ 00:57+ 00:02+ <b>Øy</b> 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 08:40+ 06:44@	09:04+ 01:17+ 00:01+ 01:17+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+	13:25+ 04:21+ 02:24e 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 01:43- 00:14-	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46=	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24=	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+	24:13+ 00:59- 00:05- 28:45 23:55+ 00:07- 30:27 24:41+ 00:09# 30:39 25:53+ 01:01- 00:03-	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 25:35+ 00:00= 26:46+ 00:53- 00:01-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47-	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+
01:30+ 00:16# 9 01:36+ 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 01:08- 00:06- 12	03:15+ 01:45+ 00:17# Hann 03:28+ 01:52+ 00:24& Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 00:16# Tina	04:16+ 01:01+ 00:20& ne Ber- 04:18+ 00:50+ 00:09# Hans 05:24+ 01:18+ 00:37& Pke Le 03:34+ 00:42+ 00:01+ Louis	04:55+ 00:39- 00:06- <b>g Asp</b> 05:17+ 00:14a <b>sen</b> 06:31+ 00:22a <b>nde</b> 04:17+ 00:43- 00:02- <b>e Lan</b>	05:52+ 00:57+ 00:02+ <b>Øy</b> 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ <b>geland</b>	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 06:44e	09:04+ 01:17+ 00:01+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+	13:25+ 04:21+ 02:240 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 01:43- 00:14- 74	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00=	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25#	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00=	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42&	24:13+ 00:59- 00:05- 28:4\$ 23:55+ 00:07- 30:27 24:41+ 01:13+ 00:09# 30:38 25:53+ 01:01- 00:03- 30:43	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 25:35+ 00:00= 26:46+ 00:53- 00:01-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28&	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+ 00:06&	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17-	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:11&
01:30+ 00:16# 9 01:36+ 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 01:08- 00:06- 12 01:12-	03:15+ 01:45+ 00:17# Hani 03:28+ 01:52+ 00:24& Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 00:16# Tina 04:02+	04:16+ 01:01+ 00:208 <b>10e Ber</b> 04:18+ 00:50+ 00:09# <b>9 Hans</b> 05:24+ 01:18+ 00:37& <b>9ke Le</b> 03:34+ 00:42+ 00:001+ <b>Louis</b> 04:50+	04:55+ 00:39- 00:06- 09 Asp 05:17+ 00:59+ 00:14& 6en 06:31+ 00:22& nde 04:17+ 00:43- 00:02- e Lan 05:42+	05:52+ 00:57+ 00:02+ Ø <b>y</b> 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ <b>geland</b>	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 06:44e	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 22:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+	13:25+ 04:21+ 02:240 117 11:50+ 01:39- 00:18- 76 14:17+ 00:00= 74 16:53+ 00:143- 00:14- 74 18:15+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00=	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 00:25# 21:32+	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00=	05:04+ 02:590 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+	24:13+ 00:59- 00:05- 28:4\$ 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:38 25:53+ 01:01- 00:03- 30:43 25:54+	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 7 25:35+ 00:54= 00:00= 26:46+ 00:53- 00:01- 3	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:04+ 00:02+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+ 00:06& 28:39+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:11& 30:43+
01:30+ 00:16#  9 01:36+ 01:36+ 00:22&  10 02:08+ 02:08+ 02:54&  11 01:08- 01:08- 00:06-  12 01:12- 01:12-	03:15+ 01:45+ 00:17#  Hani 03:28+ 01:52+ 00:24&  Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 00:16#  Tina 04:02+ 02:50+	04:16+ 01:01+ 00:20& ne Ber 04:18+ 00:50+ 00:09# 9 Hans 05:24+ 00:37& 03:34+ 00:42+ 00:01+ Louis 04:50+ 00:48+	04:55+ 00:39- 00:06- 07 Asp 05:17+ 00:59+ 00:14& 6en 06:31+ 00:22& nde 04:17+ 00:43- 00:02- e Lan 05:42+ 00:52+	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ geland 06:34+ 00:52-	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 08:40+ 06:44@ 15:10+ 08:36+	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 01:13-	13:25+ 04:21+ 02:24e 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57- 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52-	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00=	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:45=	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25#	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:13-	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42&	24:13+ 00:59- 00:05- 28:45 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:39 25:53+ 01:01- 00:03- 30:43 25:53+ 01:01-	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 25:35+ 00:00= 26:46+ 00:53- 00:01- 26:34+ 00:40-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18-	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:11& 30:43+ 00:37+
01:30+ 00:16#  9 01:36+ 01:36+ 00:22&  10 02:08+ 02:08+ 00:54&  11 01:08- 01:08- 00:06-  12 01:12- 00:02-	03:15+ 01:45+ 00:17# Hanni 03:28+ 01:52+ 00:24& Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 00:16# Tina 04:02+ 02:50+ 01:22&	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>Hans</b> 05:24+ 01:18+ 00:37& <b>eke Le</b> 03:34+ 00:42+ 00:01+ <b>Louis</b> 04:50+ 00:48+ 00:07#	04:55+ 00:39- 00:06- 07 Asp 00:05- 07 05:17+ 00:59+ 00:14& 06:31+ 00:22& 04:17+ 00:22& 04:07- 00:02-  e Lan 05:42+ 00:52+ 00:07#	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ geland 06:34+ 00:52- 00:03-	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 08:40+ 06:44@ 15:10+ 08:36+	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 01:13-	13:25+ 04:21+ 02:24e 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57- 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52-	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00=	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:45=	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25#	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:13-	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+ 02:08+	24:13+ 00:59- 00:05- 28:48 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:38 25:53+ 01:01- 00:03- 30:43	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 25:35+ 00:00= 26:46+ 00:53- 00:01- 26:34+ 00:40-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18-	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:11& 30:43+ 00:37+
01:30+ 00:16#  9 01:36+ 01:36+ 00:22&  10 02:08+ 02:08+ 02:54&  11 01:08- 01:08- 01:12- 01:12- 01:02-  13	03:15+ 01:45+ 00:17#  Hann 03:28+ 01:52+ 00:24&  Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 00:16#  Tina 04:02+ 02:50+ 01:22&  Røn	04:16+ 01:01+ 00:20& ne Ber 04:18+ 00:50+ 00:09# Hans 05:24+ 01:18+ 00:37& eke Le 03:34+ 00:42+ 00:01+ Louis 04:50+ 00:48+ 00:07#	04:55+ 00:39- 00:06- 09 Asp 00:14- 00:59+ 00:14- 00:22- 00:22- 00:43- 00:02- e Lan 05:42+ 00:05- 00:07#	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ <b>geland</b> 06:34+ 00:52- 00:03-	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 00:40& 13:53+ 08:40+ 06:44@ 15:10+ 06:36+ 06:40@	09:04+ 01:17+ 00:01+ 10:11+ 10:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 00:03-	13:25+ 04:21+ 02:24e 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57- 00:00- 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52- 00:05-	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00= 19:05+ 00:50+ 00:04+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:45= 00:00=	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:25# 21:32+ 01:42- 00:09-	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:13- 00:11-	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+ 02:08+ 00:03+	24:13+ 00:59- 00:05- 28:45 23:55+ 00:57- 00:07- 30:27 24:41+ 01:13+ 00:09# 30:39 25:53+ 01:01- 00:03- 30:43 25:54- 01:01- 00:03- 31:21	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 25:35+ 00:00= 26:46+ 00:53- 00:01- 26:34+ 00:40- 00:14-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+ 00:14&	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+ 00:03+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18- 00:03-	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+ 00:23&	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:11& 30:43+ 00:37+ 00:09&
01:30+ 00:16#  9 01:36+ 01:36+ 02:24  10 02:08+ 02:08+ 00:544  11 01:08- 00:06- 12 01:12- 01:12- 00:02- 13 01:25+	03:15+ 01:45+ 00:17*  Hann 03:28+ 01:52+ 00:24a  Tone 04:06+ 01:58+ 00:30a  Wibe 02:52+ 01:44+ 00:16#  Tina 04:02+ 02:50+ 01:22a  Rønn 03:11+	04:16+ 01:01+ 00:20a <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>2 Hans</b> 05:24+ 01:18+ 00:37a <b>2 Ke Le</b> 03:34+ 00:01+ <b>Louis</b> 04:50+ 00:42+ 00:07# <b>ne Ber</b>	04:55+ 00:39- 00:39- 00:517+ 00:59+ 00:14& 6en 06:31+ 01:07+ 00:22& nde 04:17+ 00:02- e Lan 05:42+ 00:52+ 00:07# Egelan 05:04:1	05:52+ 00:57+ 00:02+ <b>Øy</b> 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ <b>geland</b> 06:34+ 00:52- 00:03- <b>id</b>	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 06:40+ 06:44@ 15:10+ 06:40@	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 00:01+ 16:23+ 01:13- 00:03- 15:38+	13:25+ 04:21+ 04:21+ 04:21+ 01:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 00:14- 74 18:15+ 01:52- 00:05- 33 17:38+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00= 19:05+ 00:50+ 00:04+ 18:29+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:00= 19:23+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25# 21:32+ 00:09- 21:28+	01:29+ 00:05+ 20:04+ 03:05e 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:13- 00:11- 23:07+	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+ 02:08+ 00:03+	24:13+ 00:59- 00:05- 28:4\$ 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:38 25:53+ 01:01- 00:03- 30:43 25:54+ 01:01- 00:03- 31:21	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 7 25:35+ 00:54= 00:00= 26:46+ 00:53- 00:01- 32:34+ 00:40- 00:14-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+ 00:14& 28:54+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:03+ 29:42+	00:17- 00:04- 27:24+ 00:21+ 00:01+ 28:42+ 00:26+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:03- 29:58+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+ 00:23& 30:48+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:11& 30:43+ 00:37+ 00:09& 31:21+
01:30+ 00:16# 9 01:36+ 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 01:08- 01:08- 01:12- 01:12- 01:12- 01:12- 01:12- 01:25+ 01:25+	03:15+ 01:45+ 00:17#  Hani 03:28+ 01:52+ 00:24&  Tone 04:06+ 01:58+ 00:30&  Wibe 02:52+ 01:44+ 02:50+ 01:22&  Røn 03:11+ 01:46+	04:16+ 01:01+ 00:20en 04:18+ 00:50+ 00:09# 9 Hans 05:24+ 01:18+ 00:37& 9ke Le 03:34+ 00:42+ 00:001+ Louis 04:50+ 00:48+ 00:07# maug E 04:11+ 04:11+ 01:00+	04:55+ 00:39- 00:06- 09 Asp 05:17+ 00:59+ 00:14& 6en 06:31+ 00:22& nde 04:17+ 00:42- 00:02- e Lan 05:42+ 00:05- e Lan 05:42+ 00:05- e Lan 05:54+ 00:53+	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ 00:05- 06:34+ 00:52- 00:03- id 06:04+ 01:00+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 00:40& 13:53+ 08:40+ 08:44+ 08:36+ 06:40@	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 01:13- 00:03- 15:38+ 01:30+	13:25+ 04:21+ 02:240 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57- 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52- 00:05- 33 17:38+ 02:00+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00= 19:05+ 00:50+ 00:04+ 18:29+ 00:51+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:45= 00:00=	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25# 21:32+ 01:42- 00:09- 21:28+ 02:05+	01:29+ 00:05+ 20:04+ 04:29+ 03:050 20:12+ 01:59+ 00:356 22:05+ 01:24= 00:00= 22:45+ 01:13- 00:11- 23:07+ 01:39+	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+ 02:08+ 00:03+	24:13+ 00:59- 00:05- 28:4\$ 23:55+ 00:57- 00:07- 30:27 24:41+ 01:01- 00:03- 30:43 25:54+ 01:01- 00:03- 31:21 27:07+ 01:04=	24:52+ 00:39- 00:15- 24:49+ 00:54- 00:00- 25:35+ 00:00- 26:46+ 00:53- 00:01- 36:34+ 00:40- 00:14- 27:58+ 00:51-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+ 00:14& 28:54+ 00:56+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+ 00:03+ 29:42+ 00:48+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18- 00:03- 29:58+ 00:16-	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+ 00:23& 30:48+ 00:50-	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:37+ 00:09& 31:21+ 00:33+
01:30+ 00:16# 9 01:36+ 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 01:08- 01:08- 01:12- 01:12- 01:12- 01:12- 00:02- 13 01:25+ 01:25+ 00:11#	03:15+ 01:45+ 00:17# Hani 03:28+ 01:52+ 00:24& Tone 04:06+ 01:58+ 00:30& Wibe 02:52+ 01:44+ 02:50+ 01:22& Røn 03:11+ 01:46+ 00:18#	04:16+ 01:01+ 00:20en 04:18+ 00:50+ 00:09# 9 Hans 05:24+ 01:18+ 00:37& 9 Ke Le 03:34+ 00:42+ 00:001+ Louis 04:50+ 00:48+ 00:07# maug E 04:11+ 01:00+ 01:19&	04:55+ 00:39- 00:06- 09 Asp 00:104- 00:59+ 00:14& 6en 06:31+ 00:22& nde 04:17+ 00:42- 00:02- e Lan 05:42+ 00:05- e Lan 05:52+ 00:07#  Egelan 05:08#	05:52+ 00:57+ 00:02+ ØY 06:19+ 01:02+ 00:07# 07:46+ 01:15+ 00:20& 05:13+ 00:56+ 00:01+ 00:52- 00:03- id 06:04+ 01:00+ 00:05+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 00:40& 13:53+ 08:40+ 08:36+ 06:40@ 14:08+ 08:04+ 06:08@	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 01:13- 00:03- 15:38+ 01:30+ 00:14#	13:25+ 04:21+ 02:240 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52- 00:05- 33 17:38+ 02:00+ 00:03+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00= 19:05+ 00:50+ 00:04+ 18:29+ 00:51+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:45= 00:00=	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25# 21:32+ 01:42- 00:09- 21:28+ 02:05+	01:29+ 00:05+ 20:04+ 04:29+ 03:050 20:12+ 01:59+ 00:356 22:05+ 01:24= 00:00= 22:45+ 01:13- 00:11- 23:07+ 01:39+	05:04+ 02:59e 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11* 24:52+ 02:47+ 00:42& 24:53+ 02:08+ 00:03+ 26:03+ 02:56+	24:13+ 00:59- 00:05- 28:4\$ 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:38 25:53+ 01:01- 00:03- 30:43 25:54+ 01:01- 00:03- 31:21 27:07+ 01:04= 00:00=	24:52+ 00:39- 00:15-  24:49+ 00:54- 00:00-  25:35+ 00:54- 00:00-  26:46+ 00:53- 00:01-  36:34+ 00:40- 00:14-  27:58+ 00:51- 00:03-	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+ 00:14& 28:54+ 00:56+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+ 00:03+ 29:42+ 00:48+	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18- 00:03- 29:58+ 00:16-	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+ 00:23& 30:48+ 00:50-	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:11& 30:43+ 00:37+ 00:09& 31:21+ 00:33+
01:30+ 00:16# 9 01:36+ 01:36+ 00:22& 10 02:08+ 02:54& 01:08- 01:08- 01:02- 12 01:12- 01:12- 01:25+ 01:25+ 01:1#	03:15+ 01:45+ 00:17#  Hanni 03:28+ 01:52+ 00:24&  Tone 04:06+ 01:58+ 00:30&  Wibe 02:52+ 01:44+ 00:16# Tina 04:02+ 02:50+ 01:22& Røni 03:11+ 00:18# Ingri	04:16+ 01:01+ 00:20& <b>ne Ber</b> 04:18+ 00:50+ 00:09# <b>Hans</b> 05:24+ 01:18+ 00:37& <b>ke Le</b> 03:34+ 00:42+ 00:01+ <b>Louis</b> 04:50+ 00:07# <b>mag E</b> 04:11+ 01:00+ 00:19& <b>d Dag</b>	04:55+ 00:39- 00:06- 9 Asp 05:17+ 00:59+ 00:14& 6en 06:31+ 00:22& nde 04:17+ 00:22& e Lan 05:42+ 00:52+ 00:07#  Egelan 05:04+ 00:58+ 00:08# sland	05:52+ 00:57+ 00:02+ 00:019+ 01:02+ 00:07#  07:46+ 01:15+ 00:20&  05:13+ 00:56+ 00:01+  geland 06:34+ 00:52- 00:03- Id 06:04+ 00:05+  Haldel	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 02:36+ 00:40& 13:53+ 08:40+ 06:44e 15:10+ 08:36+ 06:40@	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 01:13- 00:03- 00:14#	13:25+ 04:21+ 02:240 117 11:50+ 01:39- 00:18- 76 14:17+ 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52- 00:05- 33 17:38+ 02:00+ 00:03+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:46= 00:00= 19:05+ 00:50+ 00:04+ 18:29+ 00:05#	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:04+ 00:04+ 00:01+ 19:50+ 00:45= 00:00= 19:23+ 00:54+ 00:09#	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02- 00:11+ 20:41+ 02:25# 21:32+ 01:42- 00:09- 21:28+ 02:05+ 00:14#	01:29+ 00:05+ 20:04+ 04:29+ 03:05e 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:13- 00:11- 23:07+ 01:39+ 00:15#	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+ 02:08+ 00:03+ 26:03+ 02:56+ 00:51&	24:13+ 00:59- 00:05- 28:48 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:38 25:53+ 01:01- 00:03- 30:43 27:07+ 01:04- 00:00= 32:58	24:52+ 00:39- 00:15-  24:49+ 00:54= 00:00=  25:35+ 00:54= 00:00-  26:46+ 00:53- 00:01-  3	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+ 00:14& 28:54+ 00:08#	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:02+ 28:21+ 00:45+ 00:03+ 29:42+ 00:48+ 00:06#	00:17- 00:04- 27:24+ 00:22+ 00:01+ 28:42+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18- 00:03-	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+ 00:23& 30:48+ 00:50- 00:14-	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:11& 30:43+ 00:37+ 00:09& 31:21+ 00:05#
01:30+ 00:16# 9 01:36+ 01:36+ 02:2& 10 02:08+ 02:54& 11 01:08- 01:08- 01:12- 01:12- 01:12- 01:12- 01:125+ 01:125+ 01:11# 14 01:40+	03:15+ 01:45+ 00:17#  Hann 03:28+ 01:52+ 00:24&  Tone 04:06+ 01:58+ 00:30&  Wibe 02:52+ 01:44+ 00:16#  Tina 04:02+ 04:02+ 01:22&  Røn 03:11+ 01:46+ 00:18#  Ingri 05:46+	04:16+ 01:01+ 00:20a  ne Ber 04:18+ 00:50+ 00:09#  Hans 05:24+ 01:18+ 00:37a  Re Le 03:34+ 00:42+ 00:01+  Louis 04:11+ 01:00+ 00:19a  d Dag 07:08+	04:55+ 00:39- 00:06- 29 Asp 00:06- 00:517+ 00:59+ 00:14& 00:02- 00:417+ 00:43- 00:02- e Lan 05:42+ 00:07#  Egelan 05:04+ 00:53+ 00:08- sland 08:19+	05:52+ 00:57+ 00:02+  Øy 06:19+ 01:02+ 00:07#  07:46+ 01:15+ 00:20&  05:13+ 00:56+ 00:01+  geland 06:34+ 00:52- 00:03-  id 06:04+ 01:00+ 00:05+ Haldel 09:26+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 00:40& 13:53+ 08:40+ 06:44e 15:10+ 08:36+ 08:04+ 06:08@ raker	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:48+ 00:42& 15:10+ 01:17+ 00:01+ 16:23+ 01:13- 00:03- 15:38+ 01:30+ 00:14#	13:25+ 04:21+ 02:24e 117 11:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52- 00:05- 33 17:38+ 02:00+ 00:03+ 11 15:26+	00:54+ 00:08# 12:39+ 00:49+ 00:03+ 15:17+ 01:00+ 00:14& 17:39+ 00:00= 19:05+ 00:50+ 00:00+ 18:29+ 00:05# 16:31+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:45= 00:00= 19:23+ 00:54+ 00:09#	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:25# 21:32+ 00:09- 21:28+ 02:05+ 00:14#	01:29+ 00:05+ 20:04+ 04:29+ 03:05@ 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:13- 00:11- 23:07+ 01:39+ 00:15# 21:53+	05:04+ 02:59@ 22:58+ 02:54+ 00:49% 23:28+ 03:16+ 01:11% 24:52+ 02:47+ 00:42% 24:53+ 00:03+ 02:56+ 00:51% 24:37+	24:13+ 00:59- 00:05- 28:45 23:55+ 00:57- 00:07- 30:27 24:41+ 01:13+ 00:09# 30:39 25:53+ 01:01- 00:03- 30:43 25:54- 01:01- 00:03- 31:21 27:07+ 01:04= 00:04- 00:04- 32:55	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00=  25:35+ 00:00=  26:46+ 00:53- 00:01-  26:34+ 00:40- 00:14-  27:58+ 00:03-  27:33+	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 01:02+ 00:14& 28:54+ 00:08#	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+ 00:03+ 29:42+ 00:48+ 00:06#	00:17- 00:04- 27:24+ 00:02+ 00:01+ 28:42+ 00:05# 29:13+ 00:27+ 00:06& 28:39+ 00:18- 00:05- 30:10+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 00:47- 00:17- 30:06+ 01:27+ 00:23& 30:48+ 00:50- 00:14- 32:23+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:39+ 00:37+ 00:09& 31:21+ 00:33+ 00:05# 32:55+
01:30+ 00:16#  9 01:36+ 01:36+ 00:22& 10 02:08+ 02:08+ 00:54& 11 01:08- 01:08- 01:02- 11:2- 01:12- 00:02- 13 01:25+ 01:25+ 00:11# 14 01:40+ 01:40+	03:15+ 01:45+ 00:17*  Hami 03:28+ 01:52+ 00:24a  Tone 04:06+ 00:158+ 00:30a  Wibe 02:52+ 01:44+ 00:16#  Tina 04:02+ 02:50+ 01:24a  Røni 03:11+ 01:46+ 00:18# Ingri 05:46+ 04:06+	04:16+ 01:01+ 00:20a  ne Ber 04:18+ 00:50+ 00:09#  e Hans 05:24+ 01:18+ 00:37a  eke Le 03:34+ 00:42+ 00:01+  Louis 04:50+ 00:074  naug E 04:11+ 01:00+ 00:19a (d Dag 07:08+ 07:08+ 01:22+	04:55+ 00:39- 00:39- 00:39- 05:17+ 00:59+ 00:14& encode 06:31+ 00:22& nde 04:17+ 00:22& 00:02- e Lan 05:42+ 00:52+ 00:52+ 00:07= Egelan 05:08# Sland 08:19+ 08:19+ 01:11+	05:52+ 00:57+ 00:02+ 06:19+ 01:02+ 00:07#  07:46+ 01:15+ 00:20&  05:13+ 00:56+ 00:01+  geland 06:34+ 00:52- 00:03-  id 06:04+ 01:00+ 00:05+  Halde 09:26+ 01:07+	01:55- 00:01- 08:14+ 01:55- 00:01- 10:22+ 00:40& 13:53+ 08:40+ 06:44@ 15:10+ 06:40@ 14:08+ 06:04+ 06:08e raker 11:50+	09:04+ 01:17+ 00:01+ 10:11+ 01:57+ 00:41& 12:20+ 01:58+ 00:42& 15:10+ 00:01+ 16:23+ 01:13- 00:03- 15:38+ 01:30+ 00:14# 13:33+ 01:43+	13:25+ 04:21+ 04:21+ 04:21+ 01:50+ 01:39- 00:18- 76 14:17+ 01:57= 00:00= 74 16:53+ 01:43- 00:14- 74 18:15+ 01:52- 00:05- 33 17:38+ 02:00+ 00:03+ 11 15:26+ 01:53-	00:54+ 00:08#  12:39+ 00:49+ 00:03+  15:17+ 01:00+ 00:14a  17:39+ 00:46= 00:00=  19:05+ 00:50+ 00:51+ 00:05#  16:31+ 01:05+	00:49+ 00:04+ 13:24+ 00:45= 00:00= 16:11+ 00:54+ 00:09# 18:25+ 00:46+ 00:01+ 19:50+ 00:54+ 00:09# 17:33+ 01:02+	01:33- 00:18- 15:35+ 02:11+ 00:20# 18:13+ 02:02+ 00:11+ 20:41+ 02:16+ 00:25# 21:32+ 00:09- 21:28+ 00:04+ 00:14# 19:29+ 01:56+	01:29+ 00:05+ 20:04+ 04:29+ 03:050 20:12+ 01:59+ 00:35& 22:05+ 01:24= 00:00= 22:45+ 01:39+ 00:15# 21:53+ 02:24+	05:04+ 02:59@ 22:58+ 02:54+ 00:49& 23:28+ 03:16+ 01:11& 24:52+ 02:47+ 00:42& 24:53+ 02:08+ 00:03+ 26:03+ 02:56+ 00:51&	24:13+ 00:59- 00:05- 28:4\$ 23:55+ 00:57- 00:07- 30:27 24:41+ 00:09# 30:38 25:53+ 00:03- 30:43 25:54+ 00:03- 31:21 27:27+ 01:04= 00:00= 32:55 26:23+ 01:46+	24:52+ 00:39- 00:15- 24:49+ 00:54= 00:00= 25:35+ 00:54= 00:00= 26:46+ 00:53- 00:01- 27:58+ 00:51- 00:03- 27:33+ 01:10+	00:46- 00:02- 25:50+ 01:01+ 00:13& 27:09+ 01:34+ 00:46& 28:02+ 01:16+ 00:28& 27:36+ 00:14& 28:54+ 00:56+ 00:08# 28:50+ 01:17+	00:43+ 00:01+ 27:02+ 01:12+ 00:30& 28:16+ 01:07+ 00:25& 28:46+ 00:44+ 00:02+ 28:21+ 00:45+ 00:03+ 29:42+ 00:06# 29:47+ 00:57+	00:17- 00:04-  27:24+ 00:22+ 00:01+  28:42+ 00:05#  29:13+ 00:27+ 00:06&  28:39+ 00:16- 00:05-  30:10+ 00:23+	00:48- 00:16- 28:14+ 00:50- 00:14- 29:47+ 01:05+ 00:01+ 30:00+ 01:27- 00:17- 30:23& 30:48+ 00:50- 00:14- 32:23+ 02:13+	00:25- 00:03- 28:45+ 00:31+ 00:03# 30:27+ 00:40+ 00:12& 30:39+ 00:37+ 00:37+ 00:09& 31:21+ 00:33+ 00:05# 32:55+ 00:32+

Plass	Navı	n					Klasse						Tid						
15	Møy	frid Ri	sdal			•	113						37:17	7					
02:01+	05:23+	06:41+	07:44+	09:02+	11:25+	18:11+	20:06+	21:13+	22:32+	24:39+	26:32+	31:29+	32:14+	33:15+	34:34+	35:31+	35:55+	36:46+	37:17+
02:01+	03:22+	01:18+	01:03+	01:18+	02:23+	06:46+	01:55-	01:07+	01:19+	02:07+	01:53+	04:57+	00:45-	01:01+	01:19+	00:57+	00:24+	00:51-	00:31+
00:47&	01:54@	00:37&	00:18&	00:23&	00:27#	05:30@	00:02-	00:21&	00:34&	00:16#	00:29&	02:52@	00:19-	00:07#	00:31&	00:15&	00:03#	00:13-	00:03#
16	Kjer	sti Nor	dal			3		52:14	Į.										
07:02+	08:40+	09:38+	10:35+	11:47+	29:24+	31:49+	34:42+	36:16+	38:03+	40:18+	42:03+	46:18+	47:23+	48:19+	49:44+	50:29+	50:51+	51:43+	52:14+
07:02+	01:38+	00:58+	00:57+	01:12+	17:37+	02:25+	02:53+	01:34+	01:47+	02:15+	01:45+	04:15+	01:05+	00:56+	01:25+	00:45+	00:22+	00:52-	00:31+
05:48@	00:10#	00:17&	00:12&	00:17&	15:410	01:09&	00:56&	00:48@	01:02@	00:24#	00:21#	02:10@	00:01+	00:02+	00:37&	00:03+	00:01+	00:12-	00:03#
Beste	strekk	tid for	klass	en															
01:04	01:23	00:41	00:38	00:46	01:43	01:08	01:36	00:39	00:40	01:26	01:13	02:05	00:45	00:39	00:41	00:33	00:13	00:40	00:25

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

#### Damer 40 - 49 år

1	Aan	es Elir	n Enge	n		,	116						21:48	3						
00:30=					05:14=	06:15=	07:51=	09:24=	10:44=	12:12=	14:55=	15:28=	15:52=	16:51=	18:03=	19:04=	19:40=	20:55=	21:17=	21:48=
00:30=	00:33=	01:11=	01:05=	00:20=	01:35=	01:01=	01:36=	01:33=	01:20=	01:28=	02:43=	00:33=	00:24=	00:59=	01:12=	01:01=	00:36=	01:15=	00:22=	00:31=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Agn	es Hak	(er			4	43						24:40	3						
																	22:33+			
																	00:49+			
00:04#	00:390	00:20&	00:21-	380:00	00:26&			00:20#	00:01+	00:11#	00:31#	00:07-			00:13#	00:07#	00:13&	00:02-	00:01-	380:00
3	Heg	e Anita	a H. Ni	elsen		4	48						26:30	)						
																	24:08+			
00:32+																	00:36=			
00:02+				00:05#	00:41&			00:21#	00:36&	00:07+	00:42&	00:23&			00:23&	00:19&	00:00=	00:08-	00:10&	00:12&
4		li Mart	<b>J</b>				105						27:1 <sup>2</sup>	-						
																	24:16+			
00:34+																	00:46+ 00:10&			
- 00:04#				00:04#	00:04+			00.21#	00.00#	01:406	00:03-	00:00#			00.03-	00.290	00.10α	00:430	00:00-	00.04#
5		ah Bra		0.5 44.			<b>13</b>	40.40.	44.40.	46.00.	40.00.	40.44.	28:4	-		04.00	05.05.	00.56	00 45.	00 45.
																	25:07+ 00:29-			
																	00:29-			
_					00.244			00.10	00.031	00.204	00.11	00.524			00.02	00.504	00.07	01.546	00.05	00.01
6			en Lad		07.00.		128	14 00	15 51.	10 10	01 05:	00 10.	29:30	•	05 061	06.40.	07 05:	00 05:	00 001	00 00
00:43+																	27:25+ 00:42+			
																	00:42			
7		<. Kols					29						31:34							
00.374				03.54+	05.52+	_		11.36±	13.12±	10.234	23.04+	23.42⊥	• •	-	27.43±	20.101	29:43+	30.46+	31.10±	31.3/1
																	00:33-			
																	00:03-			
8	Rikk	e Ros	trun				116						36:14	1						
00:43+				05:48+	07:51+			14:18+	16:11+	20:44+	25:04+	26:01+		-	30:25+	33:01+	33:27+	35:10+	35:40+	36:14+
																	00:26-			
00:13&	00:23&	00:27&	00:24&	00:420	00:28&	00:32&	01:10&	00:35&	00:33&	03:05@	01:37&	00:24&	00:17&	00:08-	01:40@	01:350	00:10-	00:28&	380:00	00:03+
9	Sølv	i Jaco	bsen			4	43						46:10	3						
01:10+	02:02+	09:37+	11:36+	12:03+	14:57+	18:16+	23:43+	25:42+	28:15+	30:23+	34:24+	35:18+	35:51+	37:10+	39:48+	41:31+	42:46+	44:39+	45:27+	46:16+
01:10+	00:52+	07:35+	01:59+	00:27+	02:54+	03:19+	05:27+	01:59+	02:33+	02:08+	04:01+	00:54+	00:33+	01:19+	02:38+	01:43+	01:15+	01:53+	00:48+	00:49+
00:40@	00:19&	06:240	00:54&	00:07&	01:19&	02:180	03:51@	00:26&	01:13&	00:40&	01:18&	00:21&	00:09&	00:20&	01:260	00:42&	00:390	00:38&	00:26@	00:18&
10	Gro	Marie	ro Totl	and			59						48:14	4						
																	43:59+			
																	01:01+			
					01:18&	01:150	02:47@	01:38@	02:22@	01:580	02:06&	00:32&	00:19&	01:110	01:28@	01:100	00:25&	01:200	00:27@	00:20&
Beste	strekk	tid for	r klass	en																
00:30	00:33	01:11	00:44	00:15	01:35	01:01	01:36	01:33	01:20	01:28	02:32	00:26	00:22	00:51	01:09	01:01	00:26	01:03	00:19	00:24

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

# Damer 50 - 59 år

1	Anita Gleni	ne Kall	hovd		2	29						24:44	ı.						
00:38=	01:20= 02:49=			06:12=	07:18=	09:14=	11:17=	12:41=	14:10=	16:46=	17:23=	17:46=	18:44=	20:14=	21:50=	22:24=	23:35=	24:04=	24:44=
00:38=	00:42= 01:29=	00:53=	00:24=	02:06=	01:06=	01:56=	02:03=	01:24=	01:29=	02:36=	00:37=	00:23=	00:58=	01:30=	01:36=	00:34=	01:11=	00:29=	00:40=
00:00=	00:00= 00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Kristin Ska	dsem			1	18						27:16	;						
00:39+	01:16- 02:31-	03:18-	03:43-	08:35+	09:33+	11:12+	13:19+	15:01+	16:36+	19:41+	20:20+	20:46+	21:43+	23:04+	24:36+	25:15+	26:10+	26:37+	27:16+
	00:37- 01:15-																		
00:01+	00:05- 00:14-	00:06-	00:01+	02:46@	00:08-	00:17-	00:04+	00:18#	00:06+	00:29#	00:02+	00:03#	00:01-	00:09-	00:04-	00:05#	00:16-	00:02-	00:01-
3	Trude Katr	ine Hei	rmanr	ud	1	117						27:20	)						
00:54+	01:41+ 02:53+						13:00+	14:29+	15:54+	18:40+	20:00+			23:01+	24:28+	25:06+	26:20+	26:46+	27:20+
00:54+	00:47+ 01:12-	01:31+	00:18-	02:14+	01:24+	02:12+	02:28+	01:29+	01:25-	02:46+	01:20+	00:38+	01:03+	01:20-	01:27-	00:38+	01:14+	00:26-	00:34-
00:16&	00:05# 00:17-	00:38&	00:06-	00:08+	00:18&	00:16#	00:25#	00:05+	00:04-	00:10+	00:43@	00:15&	00:05+	00:10-	00:09-	00:04#	00:03+	00:03-	00:06-
4	May Bente	Valdal			1	116						28:52	<u> </u>						
01:03+	01:52+ 03:50+	05:24+	05:45+	07:57+	09:22+	11:28+	13:34+	15:16+	17:15+	20:32+	21:16+	21:48+	23:01+	24:15+	25:50+	26:31+	27:52+	28:18+	28:52+
	00:49+ 01:58+																		
00:25&	00:07# 00:29&	00:41&	00:03-	00:06+	00:19&	00:10+	00:03+	00:18#	00:30&	00:41&	00:07#	00:09&	00:15&	00:16-	00:01-	00:07#	00:10#	00:03-	00:06-
5	Anne Siv G	jertser	า		2	27						28:59	)						
	01:35+ 03:12+																		
	00:42= 01:37+																		
00:15&	00:00= 00:08+	00:02-	00:01-	00:16-	00:12#	00:37&	00:09-	02:290	00:13#	00:06+	00:05#	00:06&	00:06#	00:09#	00:20-	00:05#	00:29&	00:04#	00:01-
6	Evy Klause	en Mjøl	snes		6	62						29:00	)						
	01:25+ 03:46+																		
	00:41- 02:21+																		
00:06#	00:01- 00:52&	00:12#	00:01-	00:19#	00:22&	00:04+	00:24#	00:32&	00:14#	01:14&	00:05#	380:00	00:20&	00:03-	00:17-	00:00=	00:08-	00:03-	00:03-
7	Signe Ottes					116						29:04	-						
	01:32+ 03:05+																		
	00:49+ 01:33+																		
00:05#	00:07# 00:04+			00:16#	00:20&	00:19#	00:09+	01:00%	00:25&	01:28&	00:04#			00:01-	00:24-	00:08#	00:08-	00:02-	00:06-
8	Margrethe				ξ	93						29:10							
	03:23+ 04:46+																		
	00:47+ 01:23- 00:05# 00:06-																		
_			00.05π	00.20			00.13	00.544	00.041	00.03	00.01			00.05	00.50	00.05π	00.02	00.03	00.01
9	Toril Dahle		04 06:	06 16		116	16 10:	10.00	10 07	01 50.	00 001	30:19		06 17.	07 01	00 00	00 00	00 46	20 10
	01:14- 02:57+ 00:35- 01:43+																		
	00:07- 00:14#																		
10						101	00.17	00.204	00.02	00.10	00.00	31:59		00.004	00.02	00.114	00.00	00.00	00.07
. •	Ragnhild B					. • .	12.61:	16.501	10.461	22.401	22.451			26.521	20.121	20.551	20.441	21.161	21.501
	00:45+ 01:46+																		
	00:03+ 00:17#																		
11	Hilde Frøyt		-		_	228						38:31							
	01:40+ 03:23+			08.08+	_		18.06+	21 • 23+	23.55+	28.25+	29.16+	••••	31 • 16+	33.38+	35.11+	36.03+	37 • 11+	37 • 44+	38.31+
	00:50+ 01:43+																		
	00:08# 00:14#																		
12	Marie-Eliza	heth R	einse	th	2	27						41:12	•						
	01:35+ 03:38+				_		19:46+	22:40+	24:46+	32:02+	32:41+		_	35:53+	37:28+	38:16+	40:05+	40:35+	41:12+
00:48+	00:47+ 02:03+	01:07+	00:27+	06:20+	01:29+	02:36+	04:09+	02:54+	02:06+	07:16+	00:39+	00:28+	01:12+	01:32+	01:35-	00:48+	01:49+	00:30+	00:37-
00:10&	00:05# 00:34&	00:14&	00:03#	04:140	00:23&	00:40&	02:06@	01:30@	00:37&	04:40@	00:02+	00:05#	00:14#	00:02+	00:01-	00:14&	00:38&	00:01+	00:03-
13	Liv Margot	Svilan	d		5	54						41:34	ļ.						
01:03+	03:37+ 05:33+			12:10+	14:27+	17:19+	19:43+	21:58+	24:41+	30:35+	31:46+	32:12+	33:35+	35:33+	36:47+	37:47+	40:16+	40:51+	41:34+
	02:34+ 01:56+																		
00:25&	01:52@ 00:27&	00:27&	02:20@	00:27#	01:110	00:56&	00:21#	00:51&	01:14&	03:18@	00:34&	00:03#	00:25&	00:28&	00:22-	00:26&	01:180	00:06#	00:03+
14	Marianne F	uglest	ad		1	117						43:39	)						
	01:33+ 03:30+	04:56+	05:25+																
	00:41- 01:57+																		
00:14&	00:01- 00:28&	00:33&	00:05#	00:31-	00:31&	00:35&	04:10@	00:51&	09:160	00:22#	00:11-	00:06&	01:320	00:33&	00:13-	00:15&	00:22&	00:05#	00:07-

Plass	Navı	1				l	Klasse						Tid								
15	Eli T	jåland	Stokk	ка			94						47:50	6							
00:45+	01:36+	03:15+	05:52+	06:49+	09:09+	10:39+	13:38+	15:57+	32:22+	35:00+	38:53+	39:54+	40:24+	41:41+	43:31+	44:49+	45:20+	46:43+	47:12+	47:56+	
00:45+	00:51+	01:39+	02:37+	00:57+	02:20+	01:30+	02:59+	02:19+	16:25+		03:53+			01:17+	01:50+	01:18-	00:31-	01:23+	00:29=	00:44+	
00:07#	00:09#	00:10#	01:44@	00:33@	00:14#	00:24&	01:03&	00:16#	15:01@	01:09&	01:17&	00:24&	00:07&	00:19&	00:20#	00:18-	00:03-	00:12#	00:00=	00:04#	
16	Ellin	or Ho	emsne	s		•	116						52:34	4							
00:55+	02:31+	05:18+	06:57+	07:30+	09:35+	11:58+	24:39+	32:08+	35:33+	37:52+	42:15+	43:01+	44:26+	45:44+	47:27+	49:17+	49:52+	51:21+	51:51+	52:34+	
00:55+	01:36+	02:47+	01:39+	00:33+	02:05-	02:23+	12:41+	07:29+	03:25+	02:19+	04:23+	00:46+	01:25+	01:18+	01:43+	01:50+	00:35+	01:29+	00:30+	00:43+	
00:17&	00:540	01:18&	00:46&	00:09&	00:01-	01:17@	10:45@	05:26@	02:01@	00:50&	01:47&	00:09#	01:02@	00:20&	00:13#	00:14#	00:01+	00:18&	00:01+	00:03+	
17	Brit '	Vivian	Melin	q		•	116						56:5	1							
00:56+	01:57+	04:10+	07:59+	08:51+	14:09+	16:53+	20:22+	23:20+	27:40+	31:05+	39:13+	41:22+	42:12+	42:42+	47:07+	49:17+	50:59+	52:28+	55:31+	56:03+	56:51+
00:56+	01:01+	02:13+	03:49+	00:52+	05:18+	02:44+	03:29+	02:58+	04:20+	03:25+	08:08+	02:09+	00:50+	00:30-	04:25+	02:10+	01:42+	01:29+	03:03+	00:32-	00:48+
00:18&	00:19&	00:44&	02:56@	00:28@	03:12@	01:38@	01:33&	00:55&	02:56@	01:56@	05:32@	01:320	00:27@	00:28-	02:55@	00:34&	01:08@	00:18&	02:34@	00:08-	00:48+
18	And	rea Ta	pken			į.	54						1:05:	:05							
01:15+	02:30+	04:54+	06:25+	08:07+	12:36+	16:46+	42:12+	44:48+	47:14+	49:21+	53:38+	54:35+	55:16+	56:45+	58:54+	60:32+	61:26+	63:44+	64:18+	65:05+	
01:15+	01:15+	02:24+	01:31+	01:42+	04:29+	04:10+	25:26+	02:36+	02:26+	02:07+	04:17+	00:57+	00:41+	01:29+	02:09+	01:38+	00:54+	02:18+	00:34+	00:47+	
00:37&	00:33&	00:55&	00:38&	01:18@	02:23@	03:04@	23:30@	00:33&	01:02&	00:38&	01:41&	00:20&	00:18&	00:31&	00:39&	00:02+	00:20&	01:07&	00:05#	00:07#	
Beste	strekk	tid for	· klass	en																	
00:38	00:35	01:12	00:47	00:18	01:35	00:58	01:39	01:50	01:24	01:25	02:26	00:26	00:23	00:30	01:14	01:04	00:31	00:55	00:24	00:32	

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### Damer 60 - 64 år

1	Mari	t Karir	n Nvaå	ird		9	92						25:09	)					
00:47=		03:21=			06:52=	08:02=	08:56=	10:57=	12:44=	13:46=	16:17=	18:33=	20:41=	21:51=	22:14=	23:04=	23:21=	24:30=	25:09=
00:47=	00:56=	01:38=	00:55=	01:42=	00:54=	01:10=	00:54=	02:01=	01:47=	01:02=	02:31=	02:16=	02:08=	01:10=	00:23=	00:50=	00:17=	01:09=	00:39=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Liv S	Sissel	Obres	tad		5	54						31:27	7					
01:01+	03:02+	04:45+	06:10+	08:21+	09:28+	11:19+	12:40+	15:14+	17:17+	18:31+	21:22+	24:08+	26:21+	27:25+	27:59+	29:16+	29:41+	30:45+	31:27+
01:01+	02:01+	01:43+	01:25+	02:11+	01:07+	01:51+	01:21+	02:34+	02:03+	01:14+	02:51+	02:46+	02:13+	01:04-	00:34+	01:17+	00:25+	01:04-	00:42+
00:14&	01:05@	00:05+	00:30&	00:29&	00:13#	00:41&	00:27&	00:33&	00:16#	00:12#	00:20#	00:30#	00:05+	00:06-	00:11&	00:27&	00:08&	00:05-	00:03+
3	May	Elinor	Melin	g		1	125						33:21						
03:35+	04:29+	05:51+	06:40+	08:23+	10:09+	13:42+	14:59+	17:14+	19:32+	20:35+	24:18+	26:37+	28:15+	29:21+	29:47+	30:48+	31:20+	32:42+	33:21+
03:35+	00:54-	01:22-	00:49-	01:43+	01:46+	03:33+	01:17+	02:15+	02:18+	01:03+	03:43+	02:19+	01:38-	01:06-	00:26+	01:01+	00:32+	01:22+	00:39=
02:48@	00:02-	00:16-	00:06-	00:01+	00:52&	02:23@	00:23&	00:14#	00:31&	00:01+	01:12&	00:03+	00:30-	00:04-	00:03#	00:11#	00:15&	00:13#	00:00=
4	Mari	t Elin	Aanda	hl		8	30						36:06	3					
01:04+	02:30+	04:39+	05:44+	07:58+	09:49+	12:27+	13:48+	16:37+	18:52+	20:10+	22:54+	26:44+	30:28+	31:58+	32:38+	33:48+	34:15+	35:21+	36:06+
01:04+	01:26+	02:09+	01:05+	02:14+	01:51+	02:38+	01:21+	02:49+	02:15+	01:18+	02:44+	03:50+	03:44+	01:30+	00:40+	01:10+	00:27+	01:06-	00:45+
00:17&	00:30&	00:31&	00:10#	00:32&	00:57@	01:28@	00:27&	00:48&	00:28&	00:16&	00:13+	01:34&	01:36&	00:20&	00:17&	00:20&	00:10&	00:03-	00:06#
5	Ingri	id Øxn	evad			1	18						36:14	ļ					
00:50+	01:47+	03:21=																	
00:50+		01:34-			00:51-														
00:03+	00:01+	00:04-	00:05-	00:13-	00:03-	00:11#	00:09#	00:07-	04:12@	03:09@	04:12@	00:12+	00:12-	00:07-	380:00	00:04-	00:09&	00:16-	00:10-
6	Beri	t Bakk	en			ç	93						37:45	5					
00:45-		07:19+																	37:45+
00:45-		04:14+																	
00:02-	01:24@	02:360	00:04-	00:10+	00:06#	00:41&	00:17&	00:13#	00:18#	00:23&	01:30&	01:58&	00:03-	02:44@	00:07&	00:17&	00:10&	00:10-	00:01+
7		ıg Myd				_	29						40:14	•					
01:15+		10:22+														36:30+	36:58+	39:33+	40:14+
		03:50+									04:38+			01:22+		01:06+	00:28+	02:35+	00:41+
00:28&	04:21@	02:12@	00:10-	00:16#	00:10#	00:50&	00:12#	00:14#	01:22&	00:27&	02:07&	00:22#	00:02-	00:12#	00:09&	00:16&	00:11&	01:26@	00:02+
Beste	strekk	tid for	' klass	en															
00:45	00:54	01:22	00:45	01:29	00:51	01:10	00:54	01:54	01:47	01:02	02:31	02:16	01:38	01:03	00:23	00:46	00:17	00:53	00:29

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

# Damer 65 - 69 år

Plass	Navn					ı	Klasse	•					Tid						
1	Margot	Ashe	im				105						27:10	)					
00:34=	01:28= 02:			05:20=	06:33=			10:36=	15:40=	17:09=	19:40=	21:38=		•	24:30=	25:30=	25:49=	26:40=	27:10=
00:34=	00:54= 01	:07= 00	:57=	01:48=	01:13=	01:20=	00:53=	01:50=	05:04=	01:29=	02:31=	01:58=	01:39=	00:50=	00:23=	01:00=	00:19=	00:51=	00:30=
00:00=	00:00=	:00= 00	=00:	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Eli Fraf	iord				ç	94						27:20	)					
00:38+	01:44+ 03		+80:	05:55+	07:01+	08:46+	09:48+	12:05+	13:53-	15:05-	18:03-	20:34-	22:38-	23:57-	24:26-	25:25-	25:48-	26:39-	27:20+
00:38+	01:06+ 01	:22+ 01	:02+	01:47-	01:06-	01:45+	01:02+	02:17+	01:48-	01:12-	02:58+	02:31+	02:04+	01:19+	00:29+	00:59-	00:23+	00:51=	00:41+
00:04#	00:12# 00	:15# 00	:05+	00:01-	00:07-	00:25&	00:09#	00:27#	03:16-	00:17-	00:27#	00:33&	00:25&	00:29&	00:06&	00:01-	00:04#	00:00=	00:11&
3	Tove B	ierkre	im			•	105						27:30	)					
00:49+	01:54+ 03			05:32+	06:26-	07:36-	08:39-	10:25-	13:53-	15:10-	17:41-	20:01-	21:36-	22:35-	23:09-	25:37+	26:00+	26:52+	27:30+
00:49+	01:05+ 01	:15+ 00	:50-	01:33-	00:54-	01:10-	01:03+	01:46-	03:28-	01:17-	02:31=	02:20+	01:35-	00:59+	00:34+	02:28+	00:23+	00:52+	00:38+
00:15&	00:11# 00	:08# 00	:07-	00:15-	00:19-	00:10-	00:10#	00:04-	01:36-	00:12-	00:00=	00:22#	00:04-	00:09#	00:11&	01:28@	00:04#	00:01+	380:00
4	Hanne	Eik				•	117						32:23	3					
00:49+	02:36+ 03		:59+	06:49+	07:54+	10:27+	11:34+	13:51+	15:52+	17:10+	20:25+	25:05+	27:27+	28:34+	29:07+	30:14+	30:39+	31:42+	32:23+
00:49+	01:47+ 01:	:21+ 01	:02+	01:50+	01:05-	02:33+	01:07+	02:17+	02:01-	01:18-	03:15+	04:40+	02:22+	01:07+	00:33+	01:07+	00:25+	01:03+	00:41+
00:15&	00:53& 00	:14# 00	:05+	00:02+	00:08-	01:13&	00:14&	00:27#	03:03-	00:11-	00:44&	02:42@	00:43&	00:17&	00:10&	00:07#	00:06&	00:12#	00:11&
5	Halldis	Hand	elan	d		ç	92						38:49	)					
•	02:33+ 04				10:42+		_	16:26+	20:42+	22:26+	25:52+	28:46+			33:58+	35:34+	36:04+	38:02+	38:49+
01:01+	01:32+ 02	:01+ 01	:06+	03:45+	01:17+	01:40+	01:20+	02:44+	04:16-	01:44+	03:26+	02:54+	02:38+	01:52+	00:42+	01:36+	00:30+	01:58+	00:47+
00:27&	00:38& 00	:54& 00	:09#	01:57@	00:04+	00:20#	00:27&	00:54&	00:48-	00:15#	00:55&	00:56&	00:59&	01:02@	00:19&	00:36&	00:11&	01:07@	00:17&
6	Kari Bli	xhavr	า			2	228						40:50	)					
•	02:11+ 04			07:35+	09:13+	_		16:35+	19:45+	21:10+	24:56+	31:15+		•	36:15+	37:28+	38:07+	40:00+	40:50+
00:51+	01:20+ 01:	:58+ 01	:10+	02:16+	01:38+	02:45+	01:34+	03:03+	03:10-	01:25-	03:46+	06:19+	02:42+	01:21+	00:57+	01:13+	00:39+	01:53+	00:50+
00:17&	00:26& 00	:51& 00	:13#	00:28&	00:25&	01:25@	00:41&	01:13&	01:54-	00:04-	01:15&	04:21@	01:03&	00:31&	00:34@	00:13#	00:20@	01:02@	00:20&
7	Mette D	)agsla	nd			6	88						44:15	5					
00:45+	08:17+ 10:			13:03+	14:01+			23:26+	25:15+	26:16+	28:26+	32:05+		•	40:03+	42:01+	42:19+	43:35+	44:15+
	07:32+ 01																		
	06:38@ 00:																		
8	Åse Be	ra					105						49:53	3					
00:37+	10:21+ 12:		:02+	16:20+	17:55+			25:27+	29:15+	31:26+	35:14+	39:27+		-	44:45+	47:10+	47:36+	49:04+	49:53+
	09:44+ 02																		
00:03+	08:50@ 01	:17@ 00	:20&	00:30&	00:22&	01:33@	00:48&	01:08&	01:16-	00:42&	01:17&	02:15@	01:27&	00:32&	00:27@	01:25@	00:07&	00:37&	00:19&
Reste	strekktid	for kl	asse	n															
	00:54 0	-			00:54	01.10	00.53	01.46	01.48	01.01	02.10	01.58	01:35	00:50	00:23	00:59	00:18	00:51	00:30

Damer 70 - 74 år

1	Inae	r Skre	tting C	Dostad	l	į	54						32:28	3					
00:47=						10:50=	12:02=	14:27=	16:42=	18:16=	21:24=	24:21=	26:53=	28:15=	28:48=	30:00=	30:32=	31:39=	32:28=
00:47=	01:15=	01:54=	01:07=	02:21=	01:14=	02:12=	01:12=	02:25=	02:15=	01:34=	03:08=	02:57=	02:32=	01:22=	00:33=	01:12=	00:32=	01:07=	00:49=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Lillia	an Dah	I Fitja	r		•	117						36:52	2					
00:47=			09:15+		12:30+	14:46+	15:55+	18:44+	21:04+	22:23+	25:47+	28:46+	31:08+	32:33+	33:07+	34:16+	34:49+	36:01+	36:52+
00:47=	05:27+	01:50-	01:11+	02:01-	01:14=	02:16+	01:09-	02:49+	02:20+	01:19-	03:24+	02:59+	02:22-	01:25+	00:34+	01:09-	00:33+	01:12+	00:51+
00:00=	04:12@	00:04-	00:04+	00:20-	00:00=	00:04+	00:03-	00:24#	00:05+	00:15-	00:16+	00:02+	00:10-	00:03+	00:01+	00:03-	00:01+	00:05+	00:02+
3	Kirs	ten Ca	rlsen			ç	93						43:00	3					
00:54+	02:45+	04:45+	05:55+	08:00+	09:08+	11:49+	13:01+	15:45+	18:58+	20:08+	23:09+	34:24+	36:53+	38:08+	39:09+	40:23+	40:50+	42:19+	43:06+
00:54+	01:51+	02:00+	01:10+	02:05-	01:08-	02:41+	01:12=	02:44+	03:13+	01:10-	03:01-	11:15+	02:29-	01:15-	01:01+	01:14+	00:27-	01:29+	00:47-
00:07#	00:36&	00:06+	00:03+	00:16-	00:06-	00:29#	00:00=	00:19#	00:58&	00:24-	00:07-	08:180	00:03-	00:07-	00:28&	00:02+	00:05-	00:22&	00:02-
4	Svni	nøva G	ausel			•	115						1:08:	03					
00:54+	05:29+	10:55+	12:06+	14:17+	15:40+	21:51+	23:43+	26:43+	29:49+	31:02+	35:20+	58:31+	62:44+	63:53+	64:27+	65:36+	66:07+	67:16+	68:03+
00:54+	04:35+	05:26+	01:11+	02:11-	01:23+	06:11+	01:52+	03:00+	03:06+	01:13-	04:18+	23:11+	04:13+	01:09-	00:34+	01:09-	00:31-	01:09+	00:47-
00:07#	03:20@	03:32@	00:04+	00:10-	00:09#	03:59@	00:40&	00:35#	00:51&	00:21-	01:10&	20:14@	01:41&	00:13-	00:01+	00:03-	00:01-	00:02+	00:02-
Beste	strekk	tid for	klass	en															
00:47	01:15	01:50	01:07	02:01	01:08	02:12	01:09	02:25	02:15	01:10	03:01	02:57	02:22	01:09	00:33	01:09	00:27	01:07	00:47

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

# Damer 75 - 79 år

1	Turi	d Nyst	røm			•	88						28:13	3					
00:50=		03:32=		06:10=	07:17=	08:49=	09:56=	11:54=	14:28=	15:42=	18:58=	21:34=	23:30=	24:44=	25:15=	26:12=	26:39=	27:36=	28:13=
00:50=	01:05=	01:37=	00:58=	01:40=	01:07=	01:32=	01:07=	01:58=	02:34=	01:14=	03:16=	02:36=	01:56=	01:14=	00:31=	00:57=	00:27=	00:57=	00:37=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gry '	Vikhar	nar Th	engs		•	88						28:54	1					
00:46-	01:59+	03:23-	04:34+	06:27+	08:27+	10:12+	11:34+	13:35+	15:25+	16:33+	19:01+	21:34=	23:34+	24:42-	25:28+	26:32+	26:58+	28:12+	28:54+
00:46-	01:13+	01:24-	01:11+	01:53+	02:00+	01:45+	01:22+	02:01+	01:50-	01:08-	02:28-	02:33-	02:00+	01:08-	00:46+	01:04+	00:26-	01:14+	00:42+
00:04-	00:08#	00:13-	00:13#	00:13#	00:53&	00:13#	00:15#	00:03+	00:44-	00:06-	00:48-	00:03-	00:04+	00:06-	00:15&	00:07#	00:01-	00:17&	00:05#
3	Hald	lis Gle	ndran	ge		(	88						31:43	3					
00:42-	02:02+	03:23-	04:20-	06:11+	07:39+	09:03+	10:17+	13:43+	15:54+	17:22+	20:44+	23:55+	26:24+	27:38+	28:25+	29:29+	29:56+	31:04+	31:43+
00:42-	01:20+	01:21-	00:57-	01:51+	01:28+	01:24-	01:14+	03:26+	02:11-	01:28+	03:22+	03:11+	02:29+	01:14=	00:47+	01:04+	00:27=	01:08+	00:39+
00:08-	00:15#	00:16-	00:01-	00:11#	00:21&	00:08-	00:07#	01:28&	00:23-	00:14#	00:06+	00:35#	00:33&	00:00=	00:16&	00:07#	00:00=	00:11#	00:02+
4	Hed	vig An	da			1	116						35:37	7					
00:59+	02:24+	03:53+	04:57+	06:52+	08:29+	10:15+	11:25+	13:51+	16:39+	18:07+	21:20+	26:58+	29:29+	30:49+	31:22+	33:01+	33:27+	34:54+	35:37+
00:59+	01:25+	01:29-	01:04+	01:55+	01:37+	01:46+	01:10+	02:26+	02:48+	01:28+	03:13-	05:38+	02:31+	01:20+	00:33+	01:39+	00:26-	01:27+	00:43+
00:09#	00:20&	00:08-	00:06#	00:15#	00:30&	00:14#	00:03+	00:28#	00:14+	00:14#	00:03-	03:02@	00:35&	00:06+	00:02+	00:42&	00:01-	00:30&	00:06#
5	Helq	ıa Klaι	ısen			•	62						36:19	9					
00:41-		04:12+		08:03+	09:23+	11:00+	12:30+	15:40+	18:16+	19:42+	23:17+	27:33+	30:54+	32:13+	32:47+	33:54+	34:21+	35:26+	36:19+
00:41-	01:21+	02:10+	01:08+	02:43+	01:20+	01:37+	01:30+	03:10+	02:36+	01:26+	03:35+	04:16+	03:21+	01:19+	00:34+	01:07+	00:27=	01:05+	00:53+
00:09-	00:16#	00:33&	00:10#	01:03&	00:13#	00:05+	00:23&	01:12&	00:02+	00:12#	00:19+	01:40&	01:25&	00:05+	00:03+	00:10#	00:00=	00:08#	00:16&
6	Helg	a Aas	lid				54						50:56	3					
01:49+	04:11+	07:17+	09:44+	13:21+	15:16+	18:33+	21:03+	24:50+	29:22+	31:35+	35:00+	38:56+	42:14+	44:33+	45:25+	47:41+	48:26+	49:48+	50:56+
01:49+	02:22+	03:06+	02:27+	03:37+	01:55+	03:17+	02:30+	03:47+	04:32+	02:13+	03:25+	03:56+	03:18+	02:19+	00:52+	02:16+	00:45+	01:22+	01:08+
00:59@	01:17@	01:29&	01:29@	01:57@	00:48&	01:45@	01:23@	01:49&	01:58&	00:59&	00:09+	01:20&	01:22&	01:05&	00:21&	01:19@	00:18&	00:25&	00:31&
Beste	strekk	tid for	klass	en															
00:41	01:05	01:21	00:57	_	01:07	01:24	01:07	01:58	01:50	01:08	02:28	02:33	01:56	01:08	00:31	00:57	00:26	00:57	00:37

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

# Damer 80 år og eldre

1	Beri	t Ebbe	II Olse	n		6	88						37:25	5		
01:10=	03:59=	05:36=	07:29=	08:28=	10:05=	11:28=	15:05=	18:38=	21:14=	26:20=	27:54=	29:50=	30:45=	33:57=	35:39=	37:25=
01:10=	02:49=	01:37=	01:53=	00:59=	01:37=	01:23=	03:37=	03:33=	02:36=	05:06=	01:34=	01:56=	00:55=	03:12=	01:42=	01:46=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gøri	ld Esp	edal			1	113						1:10:	31		
01:33+	04:40+	14:28+	16:27+	17:47+	19:42+	21:51+	25:41+	29:21+	31:43+	41:15+	44:17+	46:29+	47:37+	62:07+	68:53+	70:31+
01:33+	03:07+	09:48+	01:59+	01:20+	01:55+	02:09+	03:50+	03:40+	02:22-	09:32+	03:02+	02:12+	01:08+	14:30+	06:46+	01:38-
00:23&	00:18#	08:11@	00:06+	00:21&	00:18#	00:46&	00:13+	00:07+	00:14-	04:26&	01:28&	00:16#	00:13#	11:18@	05:04@	00:08-
Beste	strekk	tid for	klass	en												
01:10	02:49	01:37	01:53	00:59	01:37	01:23	03:37	03:33	02:22	05:06	01:34	01:56	00:55	03:12	01:42	01:38

#### Damer A

1	Aud	Hogne	estad <sup>-</sup>	Taksda	al	ć	92						22:08	3											
00:23=	00:43=	01:30=	02:22=	03:18=	04:36=	05:39=	06:12=	06:43=	07:10=	08:29=	09:57=	10:33=	11:15=	12:48=	13:43=	14:40=	15:47=	16:49=	17:18=	17:46=	18:35=	19:32=	19:48=	20:19=	21:40=
00:23=	00:20=	00:47=	00:52=	00:56=	01:18=	01:03=	00:33=	00:31=	00:27=	01:19=	01:28=	00:36=	00:42=	01:33=	00:55=	00:57=	01:07=	01:02=	00:29=	00:28=	00:49=	00:57=	00:16=	00:31=	01:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
22:08=																									
00:28=																									
00:00=																									

Plass	Navi	n					Klasse						Tid													
2	Ann	a Taks	-dal				194						25:14	1												
00:26+	00:50+	01:48+		04:00+	05:31+			08:08+	08:43+	10:16+	11:28+	12:13+			15:53+	16:59+	18:21+	19:46+	20:17+	20:43+	21:34+	22:37+	22:55+	23:30+	24:35+	
00:26+	00:24+	00:58+		01:05+	01:31+	01:14+			00:35+	01:33+			00:49+	01:44+	01:07+				00:31+	00:26-	00:51+	01:03+	00:18+	00:35+	01:05-	
00:03#	00:04#	00:11#	00:15&	00:09#	00:13#	00:11#	00:08#	00:11&	380:00	00:14#	00:16-	00:09#	00:07#	00:11#	00:12#	00:09#	00:15#	00:23&	00:02+	00:02-	00:02+	00:06#	00:02#	00:04#	00:16-	
25:14+																										
00:39+ 00:11&																										
00:114	1		اء مداله				20						20.4	-												
3		ınn Ha		05.00.	0.6 45	-	29		00 45.	44 00.	40.05.	40.04.	28:4	-	40.00.	40.46					04 55.	0.5.00.	0.5.00.	0.5.04	00 44.	
01:34+ 01:34+	02:00+	02:58+ 00:58+		05:20+ 01:09+	06:47+ 01:27+	07:56+ 01:09+		09:09+ 00:37+	09:45+ 00:36+	11:22+ 01:37+	12:37+	13:24+ 00:47+		17:20+	18:23+ 01:03+		21:00+ 01:14+	23:08+	23:38+	24:06+ 00:28=	24:57+	26:08+ 01:11+	26:28+	27:01+ 00:33+	28:11+ 01:10-	
01:34+			00:21&									00:47+											00:20+	00:33+		
28:45+	00.000	00.11#	00.210	00.13π	00.03π	00.001	00.031	00.00π	00.034	00.10π	00.13	00.110	01.000	00.410	00.00π	00.200	00.07π	01.000	00.011	00.00-	00.021	00.14#	пьо.оо	00.021	00.11	
00:34+																										
00:06#																										
4	Silie	Skarp	eid				101						32:5	2												
00:35+			03:36+	05:00+	06:29+		TO:06+	10:51+	11:32+	13:40+	15:18+	16:04+			20:10+	21:29+	23:12+	24:52+	25:30+	26:01+	28:01+	29:11+	29:36+	30:27+	31:54+	
00:35+	00:26+	01:07+	01:28+	01:24+	01:29+	02:52+	00:45+	00:45+	00:41+	02:08+	01:38+	00:46+	00:56+	02:00+	01:10+	01:19+	01:43+	01:40+	00:38+	00:31+	02:00+	01:10+	00:25+	00:51+	01:27+	
00:12&	00:06&	00:20&	00:36&	00:28&	00:11#	01:490	00:12&	00:14&	00:14&	00:49&	00:10#	00:10&	00:14&	00:27&	00:15&	00:22&	00:36&	00:38&	00:09&	00:03#	01:110	00:13#	00:09&	00:20&	00:06+	
32:52+																										
00:58+																										
00:30@				_										_												
5		-	estvol			-	212						33:30	-												
00:32+	01:11+	02:35+			07:01+				10:22+		14:27+		16:27+					26:38+	27:11+	27:55+	29:09+	30:26+	30:48+	31:30+	32:38+	
00:32+				01:16+	01:41+	01:15+		00:45+	00:38+	02:01+	02:04+		00:52+	02:04+			02:05+	03:02+	00:33+	00:44+	01:14+	01:17+	00:22+	00:42+	01:08-	
00:09& 33:30+	00:19&	00:3/&	00:37&	00:20&	00:23&	00:12#	00:10&	00:14&	00:11&	00:42&	00:36&	00:32&	00:10#	00:31&	00:31&	00:3/&	00:58&	02:000	00:04#	00:16%	00:25&	00:20&	00:06&	00:11&	00:13-	
00:52+																										
00:32																										
Beste	etrokk	tid for	klace	on																						
00:23	00:20	00:47			01:18	01:03	00:33	00:31	00:27	01:19	01:12	00:36	00:42	01:33	00:55	00:57	01:07	01:02	00:29	00:26	00:49	00:57	00:16	00:31	01:05	00:28
00.23	00.20	00.47	00.32	00.50	01.10	01.03	00.33	00.31	00.27	01.19	01.12	00.30	00.42	01.33	00.55	00.37	01.07	01.02	00.29	00.20	00.49	00.37	00.10	00.31	01.00	00.20

### Damer B

1	Joru	nn Jo	hanne	sen		•	116						27:30	)								
01:02=	02:42=	04:05=	05:26=	06:43=	07:49=	09:37=	10:25=	11:32=	13:43=	15:25=	15:58=	16:24=	17:31=	18:17=	19:04=	20:33=	22:16=	24:19=	24:46=	25:52=	26:57=	27:30=
01:02=	01:40=	01:23=	01:21=	01:17=	01:06=	01:48=	00:48=	01:07=	02:11=	01:42=	00:33=	00:26=	01:07=	00:46=	00:47=	01:29=	01:43=	02:03=	00:27=	01:06=	01:05=	00:33=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Wen	che M	. Sæb	bø		•	117						27:46	3								
01:29+	03:09+	04:27+	05:32+	07:09+	08:12+	10:16+	11:04+	12:00+	14:11+	15:50+	16:28+	16:54+	18:14+	19:13+	20:04+	21:46+	22:43+	24:24+	24:51+	25:49-	27:12+	27:46+
01:29+	01:40=	01:18-	01:05-	01:37+	01:03-	02:04+	00:48=	00:56-	02:11=	01:39-	00:38+	00:26=	01:20+	00:59+	00:51+	01:42+	00:57-	01:41-	00:27=	00:58-	01:23+	00:34+
00:27&	00:00=	00:05-	00:16-	00:20&	00:03-	00:16#	00:00=	00:11-	00:00=	00:03-	00:05#	00:00=	00:13#	00:13&	00:04+	00:13#	00:46-	00:22-	00:00=	00:08-	00:18&	00:01+
3	Vibe	ke Lar	mark			4	46						28:01									
01:39+	03:15+	04:37+	05:54+	07:02+	08:05+	10:02+	10:56+	11:57+	14:13+	16:09+	16:49+	17:20+	18:35+	19:21+	20:08+	21:47+	22:56+	24:56+	25:23+	26:29+	27:30+	28:01+
01:39+	01:36-	01:22-	01:17-	01:08-	01:03-	01:57+	00:54+	01:01-	02:16+	01:56+	00:40+	00:31+	01:15+	00:46=	00:47=	01:39+	01:09-	02:00-	00:27=	01:06=	01:01-	00:31-
00:37&	00:04-	00:01-	00:04-	00:09-	00:03-	00:09+	00:06#	00:06-	00:05+	00:14#	00:07#	00:05#	00:08#	00:00=	00:00=	00:10#	00:34-	00:03-	00:00=	00:00=	00:04-	00:02-
4	Ann-	-Cathr	in Nyb	ak Uro	dal	•	118						29:34	Į.								
01:37+	03:13+	04:31+	05:39+	06:53+	07:53+	09:45+	10:36+	12:30+	14:46+	16:45+	17:24+	17:52+	19:11+	20:00+	20:48+	23:14+	24:13+	26:17+	26:48+	27:52+	29:01+	29:34+
01:37+	01:36-	01:18-	01:08-	01:14-	01:00-	01:52+	00:51+	01:54+	02:16+	01:59+	00:39+	00:28+	01:19+	00:49+	00:48+	02:26+	00:59-	02:04+	00:31+	01:04-	01:09+	00:33=
00:35&	00:04-	00:05-	00:13-	00:03-	00:06-	00:04+	00:03+	00:47&	00:05+	00:17#	00:06#	00:02+	00:12#	00:03+	00:01+	00:57&	00:44-	00:01+	00:04#	00:02-	00:04+	00:00=
5	Hele	n Lom	eland			•	105						30:06	3								
01:14+	03:07+	04:30+	06:01+	07:11+	08:12+	10:18+	11:13+	12:11+	14:13+	15:51+	16:33+	16:58+	17:59+	18:42+	19:23+	21:28+	22:33+	26:17+	26:36+	27:50+	29:36+	30:06+
01:14+	01:53+	01:23=	01:31+	01:10-	01:01-	02:06+	00:55+	00:58-	02:02-	01:38-	00:42+	00:25-	01:01-	00:43-	00:41-	02:05+	01:05-	03:44+	00:19-	01:14+	01:46+	00:30-
00:12#	00:13#	00:00=	00:10#	00:07-	00:05-	00:18#	00:07#	00:09-	00:09-	00:04-	00:09&	00:01-	00:06-	00:03-	00:06-	00:36&	00:38-	01:41&	00:08-	00:08#	00:41&	00:03-
6	Inge	r Tone	Nygå	rd		2	29						30:09	)								
02:58+	04:36+	05:56+	07:15+	08:23+	09:23+	11:16+	12:06+	13:00+	15:47+	19:01+	19:38+	20:07+	21:19+	22:04+	22:52+	24:24+	25:17+	27:07+	27:34+	28:35+	29:39+	30:09+
02:58+	01:38-	01:20-	01:19-	01:08-	01:00-	01:53+	00:50+	00:54-	02:47+	03:14+	00:37+	00:29+	01:12+	00:45-	00:48+	01:32+	00:53-	01:50-	00:27=	01:01-	01:04-	00:30-
01:560	00:02-	00:03-	00:02-	00:09-	00:06-	00:05+	00:02+	00:13-	00:36&	01:32&	00:04#	00:03#	00:05+	00:01-	00:01+	00:03+	00:50-	00:13-	00:00=	00:05-	00:01-	00:03-
7	Hilde	Nord	lbø			9	93						31:37	7								
00:56-				08:00+	09:07+	11:04+	12:01+	13:06+	15:43+	17:55+	18:47+	19:12+			22:15+	24:25+	25:49+	27:57+	28:28+	29:42+	31:06+	31:37+
00:56-	02:27+	01:36+	01:38+	01:23+	01:07+	01:57+	00:57+	01:05-	02:37+	02:12+	00:52+	00:25-	01:14+	00:52+	00:57+	02:10+	01:24-	02:08+	00:31+	01:14+	01:24+	00:31-
00:06-	00:47&	00:13#	00:17#	00:06+	00:01+	00:09+	00:09#	00:02-	00:26#	00:30&	00:19&	00:01-	00:07#	00:06#	00:10#	00:41&	00:19-	00:05+	00:04#	00:08#	00:19&	00:02-
															_							

Plass	Navı	า					Klasse						Tid									
8	Anne	e Gars	rud			9	90						31:5	1								
-	03:39+	04:59+	06:26+		09:43+								21:26+	22:12+								
01:30+					00:54-																	
00:28&	_				00:12-			00:04-	00:12+	00:45&	00:01-	00:05#			00:05-	00:36&	00:27-	00:04+	00:03#	00:02+	00:14#	00:01-
9			Tjørhe				93						32:5	-								
					08:56+ 01:17+																	
					00:11#																	
10		Isach					165						33:4									
				09.00+	10:13+			14.09+	17.00+	20.18+	20.47+	21 • 26+		_	24.20+	26.04+	27.33+	30.12+	30.46+	31 • 58+	33.07+	33.42+
					01:13+																	
01:03@	00:34&	00:05+	00:09#	00:26&	00:07#	00:03+	00:13&	00:03-	00:40&	01:36&	00:04-	00:13&	00:08#	00:02+	00:04+	00:15#	00:14-	00:36&	00:07&	00:06+	00:04+	00:02+
11	Inari	id W. I	<b>lestne</b>	ss			117						33:50	6								
03:23+					11:09+	13:07+	14:00+	15:04+	17:17+	19:26+	20:03+	20:38+	21:49+	22:50+	24:25+	27:20+	28:36+	30:42+	31:14+	32:10+	33:21+	33:56+
03:23+					01:09+																	
02:210	00:32&	00:07+	00:07-	00:24&	00:03+			00:03-	00:02+	00:27&	00:04#	00:09&			00:48@	01:26&	00:27-	00:03+	00:05#	00:10-	00:06+	00:02+
12	<b>.</b>		da Ha				67						34:00	-								
					08:45+																	
					01:08+ 00:02+																	
					00.021			00.05π	00.500	00.540	00.124	00.05π			00.05π	01.500	00.13	00.25π	00.021	00.14#	00.100	00.031
13 01:30+			veinsv		09:42+		9 <b>4</b>	15.40+	10.11_	20.06+	20.58±	21.35±	34:3	-	25.07+	27.134	28·30±	30.501	31.32±	32.114	3/1.0/1	3/1.351
01:30+					01:13+																	
00:28&					00:07#																	
14	Krist	tin Bre	blovie			9	92						35:2	1								
				08:21+	09:27+			13:59+	16:30+	19:03+	19:53+	20:28+		-	23:37+	25:33+	26:44+	32:03+	32:32+	33:37+	34:48+	35:21+
01:06+	02:21+	01:47+	01:39+	01:28+	01:06=	02:16+	00:54+	01:22+	02:31+	02:33+	00:50+	00:35+	01:29+	00:53+	00:47=	01:56+	01:11-	05:19+	00:29+	01:05-	01:11+	00:33=
00:04+	00:41&	00:24&	00:18#	00:11#	00:00=			00:15#	00:20#	00:51&	00:17&	00:09&	00:22&	00:07#	00:00=	00:27&	00:32-	03:160	00:02+	00:01-	00:06+	00:00=
15		Berg					116						35:4	-								
					08:47+																	
01:13+					01:23+ 00:17&																	
4.0					-			00:04+	00:48&	01:03&	00:10%	00:05#		_	00:134	01:410	00:24-	00:33&	00:02-	00:12#	00:21&	00:01+
16				glestad			116	10 201	01 17.	04 10	04 51	05 06	38:3	-	00 00.	20 07.	21 40	24 50.	25 02.	26 201	27 54	20 21 .
					14:06+ 01:26+																	
					00:20&																	
17		e Sæb					116						38:3									
				08:50+	10:33+			18:00+	20:41+	22:52+	24:55+	25:29+		-	28:46+	30:49+	32:06+	34:31+	34:59+	36:20+	38:01+	38:35+
					01:43+																	
00:47&	00:34&	00:04+	00:39&	00:03+	00:37&	03:48@	00:07#	00:11-	00:30#	00:29&	01:30@	380:00	00:05+	00:14&	00:18&	00:34&	00:26-	00:22#	00:01+	00:15#	00:36&	00:01+
Beste	strekk	tid for	· klass	en																		
00:46	01:36	01:18	01:05	01:08	00:54	01:48	00:47	00:54	02:02	01:38	00:29	00:25	01:01	00:43	00:41	01:29	00:53	01:41	00:19	00:56	01:01	00:30

# **Damer Ny**

1	Ann	e Mette	e Risk	jell Hø	vland	6	63						18:31
00:31=	02:19=			05:07=		09:05=	12:30=	13:53=	15:58=	17:28=	17:59=	18:31=	
00:31=	01:48=	01:30=	00:37=	00:41=	02:22=	01:36=	03:25=	01:23=	02:05=	01:30=	00:31=	00:32=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Ingv	ild Ma	rthinu	ssen		•	63						18:50
00:50+	02:35+	04:08+	04:42+	05:25+	07:45+	09:24+	12:50+	14:12+	16:16+	17:48+	18:18+	18:50+	
00:50+	01:45-	01:33+	00:34-	00:43+	02:20-	01:39+	03:26+	01:22-	02:04-	01:32+	00:30-	00:32=	
00:19&	00:03-	00:03+	00:03-	00:02+	00:02-	00:03+	00:01+	00:01-	00:01-	00:02+	00:01-	00:00=	
3	Svet	lana J	ohnse	n		•	63						19:39
00:48+	02:28+	03:59+	04:41+	05:19+	07:37+	09:52+	12:41+	14:01+	16:06+	18:09+	18:44+	19:39+	
00:48+	01:40-	01:31+	00:42+	00:38-	02:18-	02:15+	02:49-	01:20-	02:05=	02:03+	00:35+	00:55+	
00.176	00.08-	00.014	00.05#	00.03-	00.04-	00.300	00.36-	00.03-	00.00-	UU • 33 ¢	00.04#	00.236	

Plass	Navi	n				ı	Klasse						Tid
4	Elisa	abeth I	Horpes	stad		•	117						28:59
00:36+	02:20+	04:29+		05:37+	07:53+	18:38+	21:01+	22:57+	25:27+	27:41+	28:21+	28:59+	
00:36+	01:44-	02:09+	00:35-	00:33-	02:16-	10:45+	02:23-	01:56+	02:30+	02:14+	00:40+	00:38+	
00:05#	00:04-	00:39&	00:02-	00:08-	00:06-	09:09@	01:02-	00:33&	00:25#	00:44&	00:09&	00:06#	
5	Ann	e Krist	in Nyk	ø		•	117						29:08
00:40+	02:23+	04:39+	05:16+	05:54+	07:57+	18:47+	21:10+	22:57+	25:37+	27:44+	28:24+	29:08+	
00:40+	01:43-	02:16+	00:37=	00:38-	02:03-	10:50+	02:23-	01:47+	02:40+	02:07+	00:40+	00:44+	
00:09&	00:05-	00:46&	00:00=	00:03-	00:19-	09:140	01:02-	00:24&	00:35&	00:37&	00:09&	00:12&	
6	Gret	he Mo	)			1	117						29:09
00:33+	02:14-	04:26+	05:03+	05:38+	07:50+	18:39+	21:09+	23:05+	25:25+	27:48+	28:26+	29:09+	
00:33+	01:41-	02:12+	00:37=	00:35-	02:12-	10:49+	02:30-	01:56+	02:20+	02:23+	00:38+	00:43+	
00:02+	00:07-	00:42&	00:00=	00:06-	00:10-	09:13@	00:55-	00:33&	00:15#	00:53&	00:07#	00:11&	
<b>Beste</b>	strekk	tid for	klass	en									
00:31	01:40	01:30	00:34	00:33	02:03	01:36	02:23	01:20	02:04	01:30	00:30	00:32	
- Sam k	looooyin	nor	rookoro	+ 001	oro #	100/. tor	. 0 25	0/. top	@ 1000/	ton			

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

#### **Damer Trim**

1	Fride	e Wira	k			8	38						18:33	3					
01:07=	02:13=	03:08=	03:43=	04:08=	05:11=	06:00=	07:23=	08:10=	10:12=	10:58=	11:45=	12:52=	13:26=	14:14=	15:08=	16:16=	17:41=	18:04=	18:33=
						00:49=													
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Trine	e Selvi	ikvåq			6	32						18:56	3					
00:49-	02:02-	02:55-	03:24-	03:43-	04:51-	05:39-	07:08-	08:05-	10:00-	10:49-	11:31-	12:31-	13:09-	14:20+	15:22+	16:30+	17:56+	18:25+	18:56+
00:49-	01:13+	00:53-	00:29-	00:19-	01:08+	00:48-	01:29+	00:57+	01:55-	00:49+	00:42-	01:00-	00:38+	01:11+	01:02+	01:08=	01:26+	00:29+	00:31+
00:18-	00:07#	00:02-	00:06-	00:06-	00:05+	00:01-	00:06+	00:10#	00:07-	00:03+	00:05-	00:07-	00:04#	00:23&	00:08#	00:00=	00:01+	00:06&	00:02+
3	Mari	ta Nav	iord N	licolav	sen	7	<b>'</b> 1						21:09	)					
00:39-						05:43-	07:58+	08:50+	11:44+	12:39+	13:28+	14:43+	15:21+	16:26+	17:27+	18:50+	20:11+	20:36+	21:09+
00:39-	00:52-	01:03+	00:36+	00:25=	01:15+	00:53+	02:15+	00:52+	02:54+	00:55+	00:49+	01:15+	00:38+	01:05+	01:01+	01:23+	01:21-	00:25+	00:33+
00:28-	00:14-	00:08#	00:01+	00:00=	00:12#	00:04+	00:52&	00:05#	00:52&	00:09#	00:02+	00:08#	00:04#	00:17&	00:07#	00:15#	00:04-	00:02+	00:04#
4	Mar	von Pa	ulsen	Strug	stad	_	13						21:37	7					
00:41-						06:35+	08:25+	09:06+	10:46+	11:33+	12:19+	14:18+	14:43+	15:25+	16:15+	19:46+	20:48+	21:11+	21:37+
00:41-	00:56-	00:46-	00:24-	00:18-	00:49-	02:41+	01:50+	00:41-	01:40-	00:47+	00:46-	01:59+	00:25-	00:42-	00:50-	03:31+	01:02-	00:23=	00:26-
00:26-	00:10-	00:09-	00:11-	00:07-	00:14-	01:52@	00:27&	00:06-	00:22-	00:01+	00:01-	00:52&	00:09-	00:06-	00:04-	02:23@	00:23-	00:00=	00:03-
5	Mett	e Land	geland	l		1	17						22:02	2					
00:38-					05:54+	06:55+	08:27+	09:26+	11:51+	12:52+	13:37+	14:54+	15:35+	16:35+	17:50+	19:21+	20:52+	21:24+	22:02+
00:38-	00:57-	01:06+	00:37+	00:26+	02:10+	01:01+	01:32+	00:59+	02:25+	01:01+	00:45-	01:17+	00:41+	01:00+	01:15+	01:31+	01:31+	00:32+	00:38+
00:29-	00:09-	00:11#	00:02+	00:01+	01:07@	00:12#	00:09#	00:12&	00:23#	00:15&	00:02-	00:10#	00:07#	00:12#	00:21&	00:23&	00:06+	00:09&	00:09&
6	Gret	e Stok	ke Sel	liesko	a	1	28						22:17	7					
<b>6</b> 01:09+		e Stok				06:09+		09:43+	12:03+	13:19+	14:08+	15:15+			18:08+	19:25+	21:11+	21:41+	22:17+
	02:17+	03:15+	03:48+	04:11+	05:15+		08:46+						15:57+	17:08+					
01:09+	02:17+ 01:08+	03:15+ 00:58+	03:48+ 00:33-	04:11+ 00:23-	05:15+ 01:04+	06:09+	08:46+ 02:37+	00:57+	02:20+	01:16+	00:49+	01:07=	15:57+ 00:42+	17:08+ 01:11+	01:00+	01:17+	01:46+	00:30+	00:36+
01:09+	02:17+ 01:08+ 00:02+	03:15+ 00:58+	03:48+ 00:33- 00:02-	04:11+ 00:23-	05:15+ 01:04+	06:09+ 00:54+ 00:05#	08:46+ 02:37+	00:57+	02:20+	01:16+	00:49+	01:07=	15:57+ 00:42+	17:08+ 01:11+ 00:23&	01:00+	01:17+	01:46+	00:30+	00:36+
01:09+ 00:02+ <b>7</b>	02:17+ 01:08+ 00:02+ <b>Sara</b>	03:15+ 00:58+ 00:03+ Enge	03:48+ 00:33- 00:02- <b>vik</b>	04:11+ 00:23- 00:02-	05:15+ 01:04+ 00:01+	06:09+ 00:54+ 00:05#	08:46+ 02:37+ 01:14&	00:57+ 00:10#	02:20+ 00:18#	01:16+ 00:30&	00:49+ 00:02+	01:07= 00:00=	15:57+ 00:42+ 00:08# <b>22:4</b> 1	17:08+ 01:11+ 00:23&	01:00+ 00:06#	01:17+ 00:09#	01:46+ 00:21#	00:30+ 00:07&	00:36+ 00:07#
01:09+ 00:02+ <b>7</b> 00:39-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45-	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00-	03:48+ 00:33- 00:02- <b>vik</b> 03:34-	04:11+ 00:23- 00:02- 04:00-	05:15+ 01:04+ 00:01+ 05:16+	06:09+ 00:54+ 00:05#	08:46+ 02:37+ 01:14& <b>26</b> 08:47+	00:57+ 00:10#	02:20+ 00:18# 12:13+	01:16+ 00:30& 13:24+	00:49+ 00:02+ 14:25+	01:07= 00:00= 15:39+	15:57+ 00:42+ 00:08# <b>22:41</b> 16:19+	17:08+ 01:11+ 00:23&	01:00+ 00:06# 18:37+	01:17+ 00:09# 20:04+	01:46+ 00:21# 21:29+	00:30+ 00:07& 22:00+	00:36+ 00:07# 22:41+
01:09+ 00:02+ <b>7</b> 00:39- 00:39-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06=	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00- 01:15+	03:48+ 00:33- 00:02- <b>vik</b> 03:34- 00:34-	04:11+ 00:23- 00:02- 04:00- 00:26+	05:15+ 01:04+ 00:01+ 05:16+ 01:16+	06:09+ 00:54+ 00:05# 06:35+	08:46+ 02:37+ 01:14& <b>26</b> 08:47+ 02:12+	00:57+ 00:10# 09:38+ 00:51+	02:20+ 00:18# 12:13+ 02:35+	01:16+ 00:30& 13:24+ 01:11+	00:49+ 00:02+ 14:25+ 01:01+	01:07= 00:00= 15:39+ 01:14+	15:57+ 00:42+ 00:08# <b>22:41</b> 16:19+ 00:40+	17:08+ 01:11+ 00:23& 17:25+ 01:06+	01:00+ 00:06# 18:37+ 01:12+	01:17+ 00:09# 20:04+ 01:27+	01:46+ 00:21# 21:29+ 01:25=	00:30+ 00:07& 22:00+ 00:31+	00:36+ 00:07# 22:41+ 00:41+
01:09+ 00:02+ <b>7</b> 00:39- 00:39-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06= 00:00=	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00- 01:15+	03:48+ 00:33- 00:02- <b>VIK</b> 03:34- 00:34- 00:01-	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+	05:15+ 01:04+ 00:01+ 05:16+ 01:16+	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30&	08:46+ 02:37+ 01:14& <b>26</b> 08:47+ 02:12+	00:57+ 00:10# 09:38+ 00:51+	02:20+ 00:18# 12:13+ 02:35+	01:16+ 00:30& 13:24+ 01:11+	00:49+ 00:02+ 14:25+ 01:01+	01:07= 00:00= 15:39+ 01:14+	15:57+ 00:42+ 00:08# <b>22:41</b> 16:19+ 00:40+	17:08+ 01:11+ 00:23& 17:25+ 01:06+ 00:18&	01:00+ 00:06# 18:37+ 01:12+	01:17+ 00:09# 20:04+ 01:27+	01:46+ 00:21# 21:29+ 01:25=	00:30+ 00:07& 22:00+ 00:31+	00:36+ 00:07# 22:41+ 00:41+
01:09+ 00:02+ <b>7</b> 00:39- 00:39- 00:28-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06= 00:00= <b>Aina</b>	03:15+ 00:58+ 00:03+ 1 Enge 03:00- 01:15+ 00:20& 1 Kalsa	03:48+ 00:33- 00:02- vik 03:34- 00:34- 00:01-	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13#	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30&	08:46+ 02:37+ 01:14& <b>26</b> 08:47+ 02:12+ 00:49&	00:57+ 00:10# 09:38+ 00:51+ 00:04+	02:20+ 00:18# 12:13+ 02:35+ 00:33&	01:16+ 00:30& 13:24+ 01:11+ 00:25&	00:49+ 00:02+ 14:25+ 01:01+ 00:14&	01:07= 00:00= 15:39+ 01:14+ 00:07#	15:57+ 00:42+ 00:08#  22:41 16:19+ 00:40+ 00:06# 23:28	17:08+ 01:11+ 00:23&     17:25+ 01:06+ 00:18&	01:00+ 00:06# 18:37+ 01:12+ 00:18&	01:17+ 00:09# 20:04+ 01:27+ 00:19&	01:46+ 00:21# 21:29+ 01:25= 00:00=	00:30+ 00:07& 22:00+ 00:31+ 00:08&	00:36+ 00:07# 22:41+ 00:41+ 00:12&
01:09+ 00:02+ <b>7</b> 00:39- 00:28- <b>8</b> 00:44-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06= 00:00= <b>Aina</b> 04:44+	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00- 01:15+ 00:20& <b>Kalsa</b> 05:44+	03:48+ 00:33- 00:02- <b>vik</b> 03:34- 00:01- <b>ias Urs</b> 06:12+	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+ <b>5tad</b> 06:33+	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13#	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30&	08:46+ 02:37+ 01:14& <b>26</b> 08:47+ 02:12+ 00:49& <b>356</b> 11:19+	00:57+ 00:10# 09:38+ 00:51+ 00:04+	02:20+ 00:18# 12:13+ 02:35+ 00:33& 14:11+	01:16+ 00:30& 13:24+ 01:11+ 00:25& 15:06+	00:49+ 00:02+ 14:25+ 01:01+ 00:14& 15:55+	01:07= 00:00= 15:39+ 01:14+ 00:07#	15:57+ 00:42+ 00:08# <b>22:41</b> 16:19+ 00:40+ 00:06# <b>23:28</b> 17:47+	17:08+ 01:11+ 00:23& 17:25+ 01:06+ 00:18& 3	01:00+ 00:06# 18:37+ 01:12+ 00:18& 19:32+	01:17+ 00:09# 20:04+ 01:27+ 00:19& 20:41+	01:46+ 00:21# 21:29+ 01:25= 00:00= 22:30+	00:30+ 00:07& 22:00+ 00:31+ 00:08& 22:54+	00:36+ 00:07# 22:41+ 00:41+ 00:12& 23:28+
01:09+ 00:02+ <b>7</b> 00:39- 00:39- 00:28- <b>8</b> 00:44- 00:44-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06= 00:00= <b>Aina</b> 04:44+ 04:00+	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00- 01:15+ 00:20& <b>Kalsa</b> 05:44+ 01:00+	03:48+ 00:33- 00:02- <b>vik</b> 03:34- 00:01- <b>ias Urs</b> 06:12+ 00:28-	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+ <b>5tad</b> 06:33+ 00:21-	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13# 09:08+ 02:35+	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30&	08:46+ 02:37+ 01:14&   <b>26</b> 08:47+ 02:12+ 00:49&   <b>356</b> 11:19+ 01:20-	00:57+ 00:10# 09:38+ 00:51+ 00:04+ 12:18+ 00:59+	02:20+ 00:18# 12:13+ 02:35+ 00:33& 14:11+ 01:53-	01:16+ 00:30& 13:24+ 01:11+ 00:25& 15:06+ 00:55+	00:49+ 00:02+ 14:25+ 01:01+ 00:14& 15:55+ 00:49+	01:07= 00:00= 15:39+ 01:14+ 00:07# 17:02+ 01:07=	15:57+ 00:42+ 00:08#  22:41 16:19+ 00:40+ 00:06#  23:28 17:47+ 00:45+	17:08+ 01:11+ 00:23& 17:25+ 01:06+ 00:18& 3 18:34+ 00:47-	01:00+ 00:06# 18:37+ 01:12+ 00:18& 19:32+ 00:58+	01:17+ 00:09# 20:04+ 01:27+ 00:19& 20:41+ 01:09+	01:46+ 00:21# 21:29+ 01:25= 00:00= 22:30+ 01:49+	00:30+ 00:07& 22:00+ 00:31+ 00:08& 22:54+ 00:24+	00:36+ 00:07# 22:41+ 00:41+ 00:12& 23:28+ 00:34+
01:09+ 00:02+ <b>7</b> 00:39- 00:39- 00:28- <b>8</b> 00:44- 00:44-	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06= 00:00= <b>Aina</b> 04:44+ 04:00+ 02:54@	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00- 01:15+ 00:20& <b>Kalsa</b> 05:44+ 01:00+	03:48+ 00:33- 00:02- <b>vik</b> 03:34- 00:01- <b>ias Urs</b> 06:12+ 00:28- 00:07-	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+ <b>Stad</b> 06:33+ 00:21- 00:04-	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13# 09:08+ 02:35+ 01:32@	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30& 09:59+ 00:51+ 00:02+	08:46+ 02:37+ 01:14&   <b>26</b> 08:47+ 02:12+ 00:49&   <b>356</b> 11:19+ 01:20-	00:57+ 00:10# 09:38+ 00:51+ 00:04+ 12:18+ 00:59+	02:20+ 00:18# 12:13+ 02:35+ 00:33& 14:11+ 01:53-	01:16+ 00:30& 13:24+ 01:11+ 00:25& 15:06+ 00:55+	00:49+ 00:02+ 14:25+ 01:01+ 00:14& 15:55+ 00:49+	01:07= 00:00= 15:39+ 01:14+ 00:07# 17:02+ 01:07=	15:57+ 00:42+ 00:08#  22:41 16:19+ 00:40+ 00:06#  23:28 17:47+ 00:45+	17:08+ 01:11+ 00:23& 17:25+ 01:06+ 00:18& 18:34+ 00:47- 00:01-	01:00+ 00:06# 18:37+ 01:12+ 00:18& 19:32+ 00:58+	01:17+ 00:09# 20:04+ 01:27+ 00:19& 20:41+ 01:09+	01:46+ 00:21# 21:29+ 01:25= 00:00= 22:30+ 01:49+	00:30+ 00:07& 22:00+ 00:31+ 00:08& 22:54+ 00:24+	00:36+ 00:07# 22:41+ 00:41+ 00:12& 23:28+ 00:34+
01:09+ 00:02+ <b>7</b> 00:39- 00:28- <b>8</b> 00:44- 00:44- 00:23- <b>9</b>	02:17+ 01:08+ 00:02+ <b>Sara</b> 01:45- 01:06= 00:00= <b>Aina</b> 04:44+ 04:00+ 02:54@ <b>Mari</b>	03:15+ 00:58+ 00:03+ 1 Enge 03:00- 01:15+ 00:20& 1 Kalsa 05:44+ 01:00+ 00:05+ t Lindi	03:48+ 00:33- 00:02- vik 03:34- 00:01- ias Urs 06:12+ 00:28- 00:07- tveit U	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+ <b>Stad</b> 06:33+ 00:21- 00:04-	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13# 09:08+ 02:35+ 01:32@	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30& 09:59+ 00:51+ 00:02+	08:46+ 02:37+ 01:14&   <b>26</b> 08:47+ 02:12+ 00:49&   <b>356</b> 11:19+ 01:20- 00:03-	00:57+ 00:10# 09:38+ 00:51+ 00:04+ 12:18+ 00:59+ 00:12&	02:20+ 00:18# 12:13+ 02:35+ 00:33& 14:11+ 01:53- 00:09-	01:16+ 00:30& 13:24+ 01:11+ 00:25& 15:06+ 00:55+ 00:09#	00:49+ 00:02+ 14:25+ 01:01+ 00:14& 15:55+ 00:49+ 00:02+	01:07= 00:00= 15:39+ 01:14+ 00:07# 17:02+ 01:07= 00:00=	15:57+ 00:42+ 00:08#  22:41 16:19+ 00:40+ 00:06# 23:28 17:47+ 00:45+ 00:11& 23:30	17:08+ 01:11+ 00:23& 17:25+ 01:06+ 00:18& 8 18:34+ 00:47- 00:01-	01:00+ 00:06# 18:37+ 01:12+ 00:18& 19:32+ 00:58+ 00:04+	01:17+ 00:09# 20:04+ 01:27+ 00:19& 20:41+ 01:09+ 00:01+	01:46+ 00:21# 21:29+ 01:25= 00:00= 22:30+ 01:49+ 00:24&	00:30+ 00:07& 22:00+ 00:31+ 00:08& 22:54+ 00:24+ 00:01+	00:36+ 00:07# 22:41+ 00:41+ 00:12& 23:28+ 00:34+ 00:05#
01:09+ 00:02+ <b>7</b> 00:39- 00:28- <b>8</b> 00:44- 00:23- <b>9</b>	02:17+ 01:08+ 00:02+  Sara 01:45- 00:00=  Aina 04:44+ 04:00+ 02:54@  Mari 02:53+	03:15+ 00:58+ 00:03+ <b>Enge</b> 03:00- 01:15+ 00:20& <b>Kalsa</b> 05:44+ 01:00+ 00:05+ <b>t Lindi</b> 03:58+	03:48+ 00:33- 00:02- vik 03:34- 00:01- ias Urs 06:12+ 00:28- 00:07- tveit U 04:30+	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+ <b>stad</b> 06:33+ 00:21- 00:04- <b>Indhei</b> 04:56+	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13# 09:08+ 02:35+ 01:32@ m 06:05+	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30& 09:59+ 00:51+ 00:02+	08:46+ 02:37+ 01:14&   <b>26</b> 08:47+ 02:12+ 00:49&   <b>356</b> 11:19+ 01:20- 00:03-   <b>54</b> 09:27+	00:57+ 00:10# 09:38+ 00:51+ 00:04+ 12:18+ 00:59+ 00:12& 10:26+	02:20+ 00:18# 12:13+ 02:35+ 00:33& 14:11+ 01:53- 00:09- 12:25+	01:16+ 00:30& 13:24+ 01:11+ 00:25& 15:06+ 00:55+ 00:09#	00:49+ 00:02+ 14:25+ 01:01+ 00:14& 15:55+ 00:49+ 00:02+ 14:24+	01:07= 00:00= 15:39+ 01:14+ 00:07# 17:02+ 01:07= 00:00= 15:33+	15:57+ 00:42+ 00:08# 22:41 16:19+ 00:06# 23:28 23:28 10:45+ 00:45+ 00:11& 23:30 16:09+	17:08+ 01:11+ 00:23&  17:25+ 01:06+ 00:18&  18:34+ 00:47- 00:01-  17:03+	01:00+ 00:06# 18:37+ 01:12+ 00:18& 19:32+ 00:58+ 00:04+ 18:04+	01:17+ 00:09# 20:04+ 01:27+ 00:19& 20:41+ 01:09+ 00:01+ 21:04+	01:46+ 00:21# 21:29+ 01:25= 00:00= 22:30+ 01:49+ 00:24& 22:27+	00:30+ 00:07& 22:00+ 00:31+ 00:08& 22:54+ 00:24+ 00:01+ 22:53+	00:36+ 00:07# 22:41+ 00:41+ 00:12& 23:28+ 00:34+ 00:05#
01:09+ 00:02+ <b>7</b> 00:39- 00:28- <b>8</b> 00:44- 00:23- <b>9</b> 01:08+ 01:08+	02:17+ 01:08+ 00:02+  Sara 01:45- 01:06= 00:00=  Aina 04:44+ 02:54e  Mari 02:53+ 01:45+	03:15+ 00:58+ 00:03+ Enge 03:00- 01:15+ 00:20& Kalsa 05:44+ 01:00+ 00:05+ t Lindi 03:58+ 01:05+	03:48+ 00:33- 00:02- vik 03:34- 00:34- 00:01- tas Urs 06:12+ 00:28- 00:07- tveit U 04:30+ 00:32-	04:11+ 00:23- 00:02- 04:00- 00:26+ 00:01+ <b>stad</b> 06:33+ 00:21- 00:04- <b>ndhei</b> 04:56+ 00:26+	05:15+ 01:04+ 00:01+ 05:16+ 01:16+ 00:13# 09:08+ 02:35+ 01:32@	06:09+ 00:54+ 00:05# 06:35+ 01:19+ 00:30& 09:59+ 00:51+ 00:02+	08:46+ 02:37+ 01:14& <b>26</b> 08:47+ 02:12+ 00:49& <b>856</b> 11:19+ 01:20- 00:03- <b>64</b> 09:27+ 02:11+	00:57+ 00:10# 09:38+ 00:51+ 00:04+ 12:18+ 00:59+ 00:12& 10:26+ 00:59+	02:20+ 00:18# 12:13+ 02:35+ 00:33& 14:11+ 01:53- 00:09- 12:25+ 01:59-	01:16+ 00:30& 13:24+ 01:11+ 00:25& 15:06+ 00:55+ 00:09# 13:38+ 01:13+	00:49+ 00:02+ 14:25+ 01:01+ 00:14& 15:55+ 00:49+ 00:02+ 14:24+ 00:46-	01:07= 00:00= 15:39+ 01:14+ 00:07# 17:02+ 01:07= 00:00= 15:33+ 01:09+	15:57+ 00:42+ 00:08# 22:41 16:19+ 00:40+ 00:06# 23:28 17:47+ 00:45+ 00:11& 23:30 16:09+ 00:36+	17:08+ 01:11+ 00:23&  17:25+ 01:06+ 00:18&  18:34+ 00:47- 00:01-  17:03+ 00:54+	01:00+ 00:06# 18:37+ 01:12+ 00:18& 19:32+ 00:58+ 00:04+ 18:04+ 01:01+	01:17+ 00:09# 20:04+ 01:27+ 00:19& 20:41+ 01:09+ 00:01+ 21:04+ 03:00+	01:46+ 00:21# 21:29+ 01:25= 00:00= 22:30+ 01:49+ 00:24& 22:27+ 01:23-	00:30+ 00:07& 22:00+ 00:31+ 00:08& 22:54+ 00:24+ 00:01+ 22:53+	00:36+ 00:07# 22:41+ 00:41+ 00:12& 23:28+ 00:34+ 00:05# 23:30+ 00:37+
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01:04-	02:42+	01:34+	00:51+	00:38+	01:08+	01:33+	02:16+	01:03+	04:55+	00:50+	00:41-	01:28+	00:59+	00:53+	01:10+	01:33+	01:45+	00:25+	00:45+
00:03-	01:360	00:39&	00:16&	00:13&	00:05+	00:44&	00:53&	00:16&	02:53@	00:04+	00:06-	00:21&	00:25&	00:05#	00:16&	00:25&	00:20#	00:02+	00:16&
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01:16+	02:32+	04:11+	05:01+	05:34+	07:18+	08:42+	10:45+						22:20+	23:30+					
			00:50+ 00:15&																
27		_	enhein		00.114		268	00.104	01.014	02.000	00.104	01.004	31:1	_	00.034	00.124	00.104	00.200	00.224
		-	05:07+		07:26+	-		12:36+	17:52+	19:04+	20:16+	22:10+		-	26:00+	27:51+	29:29+	30:10+	31:15+
			00:46+																
	_		00:11&		00:45&			00:39&	03:140	00:26&	00:25&	00:4/&		_	00:44&	00:43&	00:13#	00:18%	00:360
28 01 · 01 -			in K. F 04:12+		07.18+		105	11.54+	15.07+	17.20+	18.05+	24 • 02+	31:23		26.59+	28.32+	29.59+	30.35+	31 • 23+
			00:35=																
00:06-	00:19&	00:16&	00:00=	00:02-	01:400	00:26&	00:52&	00:19&	01:11&	01:270	00:02-	04:500	00:03+	00:01+	00:37&	00:25&	00:02+	00:13&	00:19&
29			ınnber				116						31:40	-					
			05:36+ 00:54+																
			00:19&																
30	Asla	ug Ne	teland			9	92						31:40	)					
			05:37+																
			00:52+ 00:17&																
31		sti Vas	-	00.034	00.174		126	00.004	00.004	01.000	00.00	01.200	32:13	_	00.154	01.230	00.034	00.224	00.000
			05:56+	06:29+	08:06+			13:59+	17:41+	19:18+	20:38+	22:21+		-	26:46+	28:46+	30:35+	31:13+	32:13+
			00:41+																
			00:06#		-			00:32&	01:40&	00:51@	00:33&	00:36&			00:50&	00:52&	00:24&	00:15&	00:31@
32			nes vo 04:07+				91	00.57⊥	21./11	22.45±	23.36±	25.1/1	32:25		20.01⊥	20.50±	31.264	31.53±	32.251
			00:35=																
00:02+	00:08#	00:14&	00:00=	00:06-	00:20&	00:03+	00:44&	00:22&	09:42@	00:18&	00:04+	00:31&	00:02+	00:33&	00:04-	00:41&	00:11#	00:04#	00:03#
33		a Berr					43						32:42						
			04:27+ 00:28-																
			00:20																
34	Ran	di Rot	h				68						33:20	)					
			04:52+																
			00:45+ 00:10&																
35			eriasta	-	00.124		128	00.010	01.034	00.150	00.274	01.030	33:48	_	01.010	01.100	01.104	00.214	00.070
			03:22-		13:29+		-	16:29+	18:38+	20:21+	21:02+	22:22+		-	28:14+	29:35+	32:58+	33:17+	33:48+
			00:39+																
	0		00:04#	00:02-	08:410			00:11#	00:07+	00:570	00:06-	00:13#		_	00:38&	00:13#	01:580	00:04-	00:02+
<b>36</b>		Kriste	nsen 09:57+	10.36+	12.15+		94	17.19+	20.29+	22.45+	24.00+	26.10+	35:40	-	29.53+	31.42+	34.01+	34.49+	35.40+
			00:42+																
00:03+	05:410	00:23&	00:07#	00:14&	00:36&	00:34&	00:58&	00:33&	01:08&	01:300	00:28&	01:03&	00:23&	00:26&	00:38&	00:41&	00:54&	00:250	00:22&
37			n Haal				47						36:32	_					
			06:07+ 00:46+																
			00:11&																
38	Gun	n Vaq	le				126						38:39	9					
	08:22+	09:24+	10:02+																
			00:38+ 00:03+																
39			Melbø		00.000		128	00.100	00.000	00.100	55.05π	00.220	42:37		00.200	00.200	υυ.υυα	00.100	JJ.204
			04:32+		06:35+			13:14+	25:31+	27:17+	28:26+	29:39+			37:49+	39:58+	41:22+	41:59+	42:37+
01:00-	01:38+	01:15+	00:39+	00:30+	01:33+	01:43+	03:42+	01:14+	12:17+	01:46+	01:09+	01:13+	00:46+	06:22+	01:02+	02:09+	01:24-	00:37+	00:38+
			00:04#	00:05#	00:30&			00:27&	10:15@	01:00@	00:22&	00:06+			00:08#	01:01&	00:01-	00:14&	00:09&
40		tine Va		02,20	04.40		43	27,47.	20.17.	20.07.	21,00	22.22	48:23		25,52	44-57-	47.21.	47,50	40.00
			03:04- 00:29-																
			00:06-																

Plass	Navı	1				ı	Klasse	•					Tid						
41	Unni	Bybe	rg Mæ	stad		ç	92						48:25	5					
01:25+				05:38+	07:16+	08:54+	13:24+	14:40+	30:13+	31:25+	32:29+	34:04+	34:55+	36:13+	37:45+	44:39+	47:02+	47:32+	48:25+
01:25+	01:37+	01:27+	00:38+	00:31+	01:38+	01:38+	04:30+	01:16+	15:33+	01:12+	01:04+	01:35+	00:51+	01:18+	01:32+	06:54+	02:23+	00:30+	00:53+
00:18&	00:31&	00:32&	00:03+	00:06#	00:35&	00:49&	03:07@	00:29&	13:31@	00:26&	00:17&	00:28&	00:17&	00:30&	00:38&	05:46@	00:58&	00:07&	00:24&
42	Ritva	a Aiko	Halsn	e		1	05						52:14	ļ.					
01:52+	13:00+	15:34+	16:32+	17:21+	19:17+	21:13+	23:57+	27:56+	32:11+	34:18+	36:31+	39:14+	41:02+	43:19+	45:17+	47:19+	50:45+	51:28+	52:14+
01:52+	11:08+	02:34+	00:58+	00:49+	01:56+	01:56+	02:44+	03:59+	04:15+	02:07+	02:13+	02:43+	01:48+	02:17+	01:58+	02:02+	03:26+	00:43+	00:46+
00:45&	10:02@	01:390	00:23&	00:24&	00:53&	01:07@	01:21&	03:120	02:13@	01:21@	01:260	01:36@	01:14@	01:29@	01:04@	00:54&	02:01@	00:20&	00:17&
<b>Beste</b>	strekk	tid for	klass	en															
00:36	00:48	00:46	00:24	00:18	00:49	00:48	00:46	00:41	01:30	00:46	00:41	01:00	00:25	00:42	00:50	01:08	01:02	00:19	00:26

# Herrer 16 - 39 år

1	Mart	in Sko	gland				98						24:5	5									
							09:52=																
							00:47=																
00:00=	_			00:00=	00:00=		00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2		<sup>·</sup> Fugle					12						25:0	-									
							09:08-																
00:53-							00:33-																
00:08-				00:09-	00:02+		00:14-	00:51&	00:22-	00:15-	00:03-	00:03#			00:11&	00:15-	00:25&	00:14#	00:03-	00:02-	00:00=	00:06-	
3		on Egg					71						26:00	-									
							10:39+																
							00:42-																
00:56&				00:02-	00:00=		00:05-	00:06-	00:01+	00:10+	00:03-	00:01+			00:01+	00:15-	00:03+	00:06-	00:07&	00:06#	00:05+	00:04#	
4		e Svih					62						26:20	-									
							11:12+																
							00:46-																
00:384							00:01-	00:09#	00:35-	00:08-	00:00=	00:03#			00:02-	00:24-	00:01-	00:40&	00:02+	00:05+	00:10%	00:01+	
5	-		•		erjese		43						27:19	-									
							08:43-																
							00:45- 00:02-																
00.13-					00:02-			00:03-	00.03-	04:106	00:03-	00:04-			00.100	00.20-	00.100	00.03-	00:01+	00.00-	00:01+	00:07-	
6			Haver				126						27:49	-									
							12:33+																
							00:47= 00:00=																
7					00.01			00.05	00.031	00.00	00.021	00.02			00.01	00.20	00.02	00.02	00.074	00.07	00.01	00.01	
1			d Wats		10 05		92	14 05	16 04:	17 54	10 20	10 01:	30:1	-	01 221	00 10.	04.05	07 201	07 54:	00 50	00 40	20 12:	
							13:05+ 00:43-																
							00:43																
Q		mas H					287						30:4										
01.25+				07.31+	08.52+	_	12:10+	13.04+	15.05+	16.55+	17.34+	18.00+		_	21.01+	22.57+	24.13+	26.11+	26.47+	27.56+	30.11+	30.42+	
							01:08+																
							00:21&																
9	Svei	n KvIIi	inasta	d			71						30:49	9									
01:37+					08:00+		12:15+	12:58+	14:14+	16:24+	17:46+	18:24+	•••	-	20:36+	21:16+	24:53+	25:56+	27:53+	28:17+	29:11+	30:23+	30:49+
							03:27+																
							02:40@																
10	Trul	s Thor	kildse	n		•	39						31:2	5									
					09:03+		12:24+	13:30+	17:15+	18:46+	19:27+	19:54+		-	23:01+	24:33+	25:42+	27:25+	28:28+	28:55+	29:54+	30:59+	31:25+
							00:51+																
01:360	00:03-	00:03+	00:03+	00:21&	00:05#	00:23#	00:04+	00:14&	01:35&	00:22-	00:09&	00:03#	00:13#	00:21&	00:12&	00:08-	00:19&	00:02-	00:42@	00:27-	00:05+	00:38@	00:26+
11	Alek	sande	r Clau	ssen			74						31:58	В									
	_				09:28+		12:30+	13:26+	16:03+	18:22+	19:41+	20:08+		-	22:50+	24:35+	25:53+	28:57+	29:32+	30:26+	31:28+	31:58+	
							00:51+																
00:14#	00:27&	00:04+	01:33@	00:10#	00:02+	00:04+	00:04+	00:04+	00:27#	00:26#	00:47@	00:03#	00:04+	00:08#	00:09#	00:05+	00:28&	01:19&	00:14&	00:00=	00:08#	00:03#	

Plass	Navı	n					Klasse						Tid									
12	Sone	dre As	nøv			,	117						33:20	)								
				08:41+	10:40+			14:56+	17:17+	19:04+	19:45+	20:12+		-	23:04+	25:10+	26:26+	29:19+	29:53+	31:38+	32:52+	33:20+
01:38+					01:59+														00:34+			
00:37&	00:51&	00:04+	00:39&	00:22&	01:09@	00:07-	00:09#	00:28&	00:11+	00:06-	00:09&	00:03#	00:19&	00:01+	00:11&	00:26&	00:26&	01:08&	00:13&	00:51&	00:20&	00:01+
13	Arth	ur Fav	emen	dv			116						33:54	1								
					09:47+			13:55+	16:20+	17:54+	18:41+	19:12+		-	22:42+	24:43+	25:56+	30:18+	30:43+	31:54+	33:25+	33:54+
01:48+					00:54+																	
00:47&	01:11&	00:27&	00:12#	00:08#	00:04+	00:00=	00:18&	00:04+	00:15#	00:19-	00:15&	00:07&	00:18&	00:51@	00:00=	00:21#	00:23&	02:37@	00:04#	00:17&	00:37&	00:02+
14	Gard	d Chris	stophe	rsen		4	48						40:13	3								
01:28+	09:10+	10:27+	12:17+	13:50+	14:58+	17:59+	18:45+	19:49+	22:11+	28:56+	29:29+	29:56+	31:04+	31:47+	32:31+	34:00+	35:07+	37:19+	37:44+	38:42+	39:45+	40:13+
01:28+					01:08+														00:25+		01:03+	
				00:28&	00:18&			00:12#	00:12+	04:52@	00:01+	00:03#			00:05#	00:11-	00:17&	00:27&	00:04#	00:04+	00:09#	00:01+
15	Kent	t Aadn	øу			(	65						42:24	1								
					17:43+																	
04:05+					06:04+														00:16-			
				00:04-	05:140			00:08#	00:18-	01:48&	00:02-	00:02+			00:05#	01:09&	00:26&	02:360	00:05-	00:09#	00:26&	00:04-
16		il Tveit					165						43:20	-								
					16:10+																	
04:45+ 03:44@					01:07+ 00:17&																01:50+	
					00.17α			00.01+	03.336	00:07-	00:00-	00:03#			00.11α	01:11α	00.566	00.56%	00:03#	00.23α	00.500	00.00#
17			n Huru				71	04.05.	0.6.00.	00.04		04 50.	45:10	-	05 45.	0.00	00.40.	40.40.	40.05	40 54	44 45.	45.40.
12:18+					20:01+ 01:49+																	
11:170					00:590																	
18			o Øve				165						49:36									
					10:38+			17.104	21.48±	31.15±	32.11⊥	32.10+		-	36.22±	30./11	40.53±	45·41±	16.06+	17·31±	10·07±	10.36+
02:06+					01:09+																	
					00:19&																	
19	Åshi	ørn Fi	nerstv	adt			18						53:42	)								
					14:10+			27:58+	30:46+	37:58+	38:59+	39:40+		_	43:07+	44:54+	46:22+	49:35+	50:04+	51:48+	53:10+	53:42+
02:53+					01:02+																	
01:52@	01:15&	01:32@	01:04&	01:17@	00:12#	09:13@	00:19&	00:30&	00:38&	05:19@	00:29&	00:17&	00:22&	00:27&	00:17&	00:07+	00:38&	01:28&	380:00	00:50&	00:28&	00:05#
20	Fran	k Teri	e Bero	Ie.			126						1:01:	43								
	-			, -	09:05+			24:38+	27:41+	29:57+	30:46+	31:18+		- •	42:02+	44:17+	48:05+	57:12+	57:39+	58:54+	61:14+	61:43+
01:37+	02:11+	01:24+	01:46+	01:20+	00:47-	13:14+	01:08+	01:11+	03:03+	02:16+	00:49+	00:32+	01:15+	00:56+	08:33+	02:15+	03:48+	09:07+	00:27+	01:15+	02:20+	00:29+
00:36&	00:36&	00:04+	00:39&	00:15#	00:03-	11:07@	00:21&	00:19&	00:53&	00:23#	00:17&	00:08&	00:17&	00:12&	07:54@	00:35&	02:58@	07:22@	00:06&	00:21&	01:260	00:02+
21	Biar	te Sola	а				165						1:01:	46								
03:11+				16:03+	17:43+			26:52+	32:22+	35:48+	37:21+	38:46+			44:13+	47:55+	50:49+	56:27+	57:00+	58:59+	61:10+	61:46+
03:11+	03:00+	02:38+	04:53+	02:21+	01:40+	04:11+	01:54+	03:04+	05:30+	03:26+	01:33+	01:25+	02:12+	01:56+	01:19+	03:42+	02:54+	05:38+	00:33+	01:59+	02:11+	00:36+
02:10@	01:25&	01:18&	03:46@	01:160	00:50&	02:04&	01:07@	02:12@	03:20@	01:33&	01:01@	01:010	01:140	01:12@	00:40@	02:02@	02:04@	03:53@	00:12&	01:05@	01:17@	00:09&
<b>Beste</b>	strekk	tid for	r klass	en																		
00:48	01:21	01:04	01:00	00:56	00:47	00:48	00:33	00:43	01:16	01:30	00:27	00:20	00:27	00:39	00:37	00:40	00:48	01:03	00:16	00:24	00:51	00:20

### Herrer 40 - 49 år

1	Asge	eir Næ	rland			8	38						25:37	7								
01:23=	02:54=	04:07=	05:20=	06:33=	07:21=	09:12=	09:59=	10:54=	12:56=	14:38=	15:20=	15:47=	16:57=	17:33=	18:13=	19:37=	21:12=	22:51=	23:13=	24:07=	25:16=	25:37=
01:23=	01:31=	01:13=	01:13=	01:13=	00:48=	01:51=	00:47=	00:55=	02:02=	01:42=	00:42=	00:27=	01:10=	00:36=	00:40=	01:24=	01:35=	01:39=	00:22=	00:54=	01:09=	00:21=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Tho	mas Jo	ohanse	en		•	111						25:56	3								
00:45-	02:37-	03:52-	05:01-	06:33=	07:32+	10:01+	10:37+	11:31+	13:31+	15:06+	15:48+	16:14+	17:24+	18:08+	18:48+	20:08+	21:09-	22:57+	23:22+	24:24+	25:31+	25:56+
00:45-	01:52+	01:15+	01:09-	01:32+	00:59+	02:29+	00:36-	00:54-	02:00-	01:35-	00:42=	00:26-	01:10=	00:44+	00:40=	01:20-	01:01-	01:48+	00:25+	01:02+	01:07-	00:25+
00:38-	00:21#	00:02+	00:04-	00:19&	00:11#	00:38&	00:11-	00:01-	00:02-	00:07-	00:00=	00:01-	00:00=	00:08#	00:00=	00:04-	00:34-	00:09+	00:03#	00:08#	00:02-	00:04#
3	Aud	un The	omass	en		(	35						26:47	7								
00:53-	02:43-	04:02-	05:24+	06:42+	07:37+	09:29+	10:21+	11:16+	13:18+	15:03+	15:41+	16:08+	17:09+	17:54+	18:37+	20:20+	21:37+	23:34+	24:04+	25:06+	26:21+	26:47+
00:53-	01:50+	01:19+	01:22+	01:18+	00:55+	01:52+	00:52+	00:55=	02:02=	01:45+	00:38-	00:27=	01:01-	00:45+	00:43+	01:43+	01:17-	01:57+	00:30+	01:02+	01:15+	00:26+
00.30-	00.19#	00.06+	00.09#	00.05+	00.07#	00.01+	00.05#	$00 \cdot 00 =$	00.00=	00.03+	00.04-	00.00=	00.09-	00.09#	00.03+	00.19#	00.18-	00.18#	280 • 00	00.08#	00.06+	00.05#

Plass	Navr	1					Klasse	•					Tid									
4	Rune	Dahl	Fitiar				53						28:3	1								
01:29+	03:12+			07:20+	08:57+			13:06+	15:19+	17:33+	18:05+	18:31+		-	21:12+	23:00+	23:58+	25:41+	26:08+	27:03+	28:06+	28:31+
	01:43+																					
_	00:12#			00:03+	00:490			00:06#	00:11+	00:32&	00:10-	00:01-		_	00:05#	00:24&	00:37-	00:04+	00:05#	00:01+	00:06-	00:04#
5		ar Mo					53						29:0	-								
	02:25- 01:41+																					
	00:10#																					
6	Rune	Hatle					65						30:0	ĥ								
02:39+	04:33+			09:10+	10:37+			14:23+	16:51+	18:36+	19:08+	19:36+			22:22+	24:07+	25:04+	26:52+	27:16+	28:27+	29:37+	30:06+
	01:54+																					
01:16&	00:23&	00:22&	00:14#	00:22&	00:39&	00:09+	00:02-	00:06#	00:26#	00:03+	00:10-	00:01+	00:06+	00:10&	00:04#	00:21#	00:38-	00:09+	00:02+	00:17&	00:01+	380:00
7	Ole-1	Γobias	Frich	)			116						30:0	7								
	03:08+																					
	02:02+ 00:31&																					
0					00.051		51	00.274	00.524	00.071	00.041	00.01		_	00.00	00.454	00.23	00.031	00.124	00.224	00.041	00.074
01.35+	04:10+		evlanc		08.58+			13.06+	15.40+	17.32+	18.13+	18.42+	30:4	_	22.20+	24 • 18+	25.22+	27.24+	27.52+	29.05+	30 • 14+	30.42+
	02:35+																					
00:12#	01:04&	00:16#	00:03-	00:01-	00:09#	00:11+	00:20&	00:04+	00:32&	00:10+	00:01-	00:02+	00:18&	00:48@	00:06#	00:34&	00:31-	00:23#	00:06&	00:19&	00:00=	00:07&
9	Magi	ne Hal	obesta	ıd			111						31:0	7								
	02:28-	05:01+	06:16+	07:21+																		
	01:35+																					
	00:04+		_		00:01+			00:02+	00:26#	01:18&	00:05-	00:04#		_	00:02+	00:25&	00:23-	01:450	00:11&	00:15&	00:20&	00:07&
10			mas F		07.04		192	11 00.	12 46	15 00.	16 16	16 40.	31:3		00 05:	00.06	04 04	00 001	00 04	00 04:	21 01 .	21 20
	02:40- 01:49+																					
	00:18#																					
11	Eivin	d Lie					116						32:3	5								
	03:11+	-	06:15+	07:59+	09:02+			13:34+	15:53+	17:51+	18:49+	19:14+		-	21:49+	23:41+	24:59+	29:12+	29:58+	30:55+	32:07+	32:35+
	02:07+																					
	00:36&			00:31&	00:15&			00:01+	00:1/#	00:16#	00:16&	00:02-		_	00:01+	00:28&	00:1/-	02:340	00:240	00:03+	00:03+	00:07&
12		I Jans		00 01	00 10.		115	14 05	16.04	10 07	10 40	10.06	32:4		01 00	00.04.	04.07	00 001	20.00.	21 06	20.061	20 40
	04:15+ 02:01+																					
	00:30&																					
13	Håva	rd Sv	ihus				267						33:1	2								
	02:49-			07:34+	08:51+		-	13:11+	15:19+	17:11+	17:53+	18:32+			21:07+	26:00+	27:06+	29:30+	30:00+	31:22+	32:40+	33:12+
	01:49+																					
00:23-	00:18#	_			00:29&	00:42&	00:04+	00:01+	00:06+	00:10+	00:00=	00:12&	00:07-	00:10&	00:06#	03:29@	00:29-	00:45&	380:00	00:28&	00:09#	00:11&
14			th Pol				83						34:0									
	04:49+ 01:56+																					
	00:25&																					
15	Cedr	ic Fav	emen	dv			76						35:5	5								
	06:31+		-		12:35+		-	17:43+	20:01+	22:09+	22:56+	23:30+		-	26:24+	28:23+	29:22+	32:29+	32:52+	34:06+	35:25+	35:55+
	04:37+																					
00:31&	03:060	00:01-	00:22&	01:12&	00:04+	01:07&	00:18&	00:10#	00:16#	00:26&	00:05#	00:07&	00:06+	00:12&	00:10#	00:35&	00:36-	01:28&	00:01+	00:20&	00:10#	00:09&
16				øyland			74						37:3	-								
	06:27+																					
	03:33+ 02:02@																					
17		Husd		JU.214	30.036		93	20.031	30.114	J1.154	30.00		40:0	_	20.104		30.131	JU. J 14	30.001	20.1.4	-0.00	-0.004
	03:51+			09.48+	11.23+			16.18+	19.37+	21 • 43+	22.35+	23.19+			27.37+	30 • 10+	31.55+	35.32+	36.07+	37.37+	39.38+	40.06+
	02:41+																					
	01:10&																					
18	Terie	Undh	neim				54						44:1	5								
01:53+	05:42+					14:20+	15:25+						31:27+	32:43+								
	03:49+																					
00:30&	02:180	UU:47&	UU:18#	00:30&	UU:28&	UU:17#	UU:18&	00:27&	UU:40&	U1:42&	00:01-	UU:07&	U6:U9@	UU:40@	UU:14&	00:53&	UU:04+	00:23#	UU:18&	00:20&	UU:13#	01:03@

Plass	Navi	า					Klasse						Tid									
	1141	•					· tiuooo															
19	Geir	Inge H	<b>Høivik</b>			•	194						51:50	3								
06:21+	16:57+	18:30+	19:58+	21:41+	22:50+	24:50+	25:55+	26:58+	29:39+	34:52+	35:38+	36:19+	37:35+	38:38+	39:24+	41:23+	42:33+	48:08+	48:43+	49:51+	51:22+	51:56+
06:21+	10:36+	01:33+	01:28+	01:43+	01:09+	02:00+	01:05+	01:03+	02:41+	05:13+	00:46+	00:41+	01:16+	01:03+	00:46+	01:59+	01:10-	05:35+	00:35+	01:08+	01:31+	00:34+
04:58@	09:05@	00:20&	00:15#	00:30&	00:21&	00:09+	00:18&	00:08#	00:39&	03:31@	00:04+	00:14&	00:06+	00:27&	00:06#	00:35&	00:25-	03:56@	00:13&	00:14&	00:22&	00:13&
20	Fran	cois-N	/larie D	ouches	sne	4	<b>42</b>			1:00:	33											
01:30+	06:45+	09:15+	11:51+	13:56+	15:44+	24:12+	25:22+	27:24+	31:27+	34:35+	35:52+	37:07+	38:56+	40:38+	43:04+	47:04+	51:31+	54:46+	55:37+	57:33+	59:44+	60:33+
01:30+	05:15+	02:30+	02:36+	02:05+	01:48+	08:28+	01:10+	02:02+	04:03+	03:08+	01:17+	01:15+	01:49+	01:42+	02:26+	04:00+	04:27+	03:15+	00:51+	01:56+	02:11+	00:49+
00:07+	03:44@	01:17@	01:23@	00:52&	01:00@	06:37@	00:23&	01:07@	02:01&	01:26&	00:35&	00:48@	00:39&	01:06@	01:46@	02:36@	02:52@	01:36&	00:29@	01:02@	01:02&	00:28@
<b>Beste</b>	strekk	tid for	klass	en																		
00:44	01:31	01:12	01:08	01:05	00:48	01:44	00:36	00:54	02:00	01:35	00:32	00:25	00:54	00:36	00:40	01:20	00:57	01:39	00:22	00:54	01:03	00:21

# Herrer 50 - 59 år

1	Øyst	tein Fu	uglesta	ad		4	46						23:59	9							
00:25=	01:05=	02:18=	03:04=	03:36=	04:02=	05:36=	07:25=	09:35=	10:25=	11:47=	13:14=	14:26=	16:49=	18:16=	19:26=	19:55=	20:21=	21:34=	22:40=	23:19=	23:59=
				00:32=																	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Johr	n Breil	and			(	352						25:10	6							
00:56+	01:36+	02:36+	03:23+	04:01+	04:30+	06:33+	08:41+	10:50+	11:35+	12:56+	14:23+	15:34+	17:58+	19:06+	20:04+	20:34+	21:00+	22:59+	24:01+	24:36+	25:16+
				00:38+											00:58-					00:35-	00:40=
00:31@	00:00=	00:13-	00:01+	00:06#	00:03#	00:29&	00:19#	00:01-	00:05-	00:01-	00:00=	00:01-	00:01+	00:19-	00:12-	00:01+	00:00=	00:46&	00:04-	00:04-	00:00=
3	Kiell	Selan	ıd			2	236						26:17	7							
00:48+	02:14+	03:13+	04:08+	04:39+	05:08+	07:02+	08:49+	11:10+	11:57+	13:29+	14:48+	16:14+	18:34+	20:16+	21:18+	21:48+	22:11+	23:25+	24:39+	25:25+	26:17+
00:48+	01:26+	00:59-	00:55+	00:31-	00:29+	01:54+	01:47-	02:21+	00:47-	01:32+	01:19-	01:26+	02:20-	01:42+	01:02-	00:30+	00:23-	01:14+	01:14+	00:46+	00:52+
00:23&	00:46@	00:14-	00:09#	00:01-	00:03#	00:20#	00:02-	00:11+	00:03-	00:10#	00:08-	00:14#	00:03-	00:15#	00:08-	00:01+	00:03-	00:01+	00:08#	00:07#	00:12&
4	And	ers Gl	enne			7	7						26:18	8							
00:37+	01:05=	02:07-	02:53-	03:28-	03:59-	06:33+	08:36+	11:09+	12:07+	13:26+	14:47+	16:04+	18:55+	20:36+	21:40+	22:06+	22:37+	23:35+	24:36+	25:17+	26:18+
				00:35+																	
00:12&	00:12-	00:11-	00:00=	00:03+	00:05#	01:00&	00:14#	00:23#	00:08#	00:03-	00:06-	00:05+	00:28#	00:14#	00:06-	00:03-	00:05#	00:15-	00:05-	00:02+	00:21&
5	Arje	n Leer	ndertse	е		(	91						26:20	0							
				03:36=																25:33+	26:20+
				00:33+																	00:47+
00:18&	00:06-	00:13-	00:00=	00:01+	00:06#	00:04+	00:29&	00:51&	00:23&	00:02+	00:22&	00:08#	00:09+	00:11#	00:03-	00:02-	00:01-	00:21-	00:05-	00:01+	00:07#
6	Arno	ırim U	tskarp	en		•	117						26:2	5							
				03:50+																25:42+	26:25+
				00:38+																	00:43+
00:08&	00:07-	00:01+	00:06#	00:06#	00:02+			00:14#	00:00=	00:02+	00:03-	00:19&			00:10-	00:04#	00:01-	00:04-	00:04+	00:03-	00:03+
7		Skret					165						26:49	•							
				04:22+																	
				00:41+																	
00:12&				00:09&	00:05#			00:22#	00:10%	00:18#	00:04-	00:08#			00:01+	00:02+	00:04#	00:19-	00:05+	00:07#	00:04#
8			valdst				116						26:5	-							
				03:46+																	26:53+
				00:43+ 00:11&																	00:31- 00:09-
00:07&			00:07#	00:114	00:02-			00:09+	01:420	00:01-	00:08-	00:04+			00:43&	00:01-	00:084	00:25-	00:314	00:00#	00:09-
9		Foss					76						26:58	-							
				06:00+																	26:58+
				00:39+																	
				00:07#	00:05#			00:10+	00:06#	00:01+	00:13#	00:10-			00:22&	00:05#	00:02-	00:20-	00:00+	00:01-	00:04-
10		<b>Øvst</b>				-	71						27:12	_							
				03:43+																	27:12+
				00:35+ 00:03+																00:46+	01:02+
	_		_	00:03+	00:07&			00:10#	00:02+	00:26&	00:06-	00:20&			00:33&	00:01+	00:02+	00:08-	00:04+	00:07#	00:22&
11		Egelaı					197						27:30	-							
				05:19+																	
				00:39+																	
00:420	00:460	00:00=	#00:00	00:07#	00:03#	00:03+	00:03-	00:00-	00:01+	00:02+	00:4/&	00:23&	00:07-	00:09-	UU:14#	00:09&	00:10%	00:01-	00:01+	UU:UJ#	00:12&

Plass	Navr	1					Klasse	•					Tid								
12	Δrne	Hetle	lid			9	98						28:19	9							
				04:34+	05:03+			12:09+	13:24+	15:11+	16:39+	18:11+			23:15+	23:45+	24:15+	25:23+	26:44+	27:28+	28:19+
										01:47+											
	-			00:05#	00:03#			00:00=	00:25&	00:25&	00:01+	00:20&			00:04-	00:01+	00:04#	00:05-	00:15#	00:05#	00:11%
13		en Nil		03·41±	04.231		53	10.51_	11.57±	13:49+	15.39±	17.08±	28:23		22.374	23.001	23.30±	25.114	26.43+	27.201	28.23⊥
										01:52+											
380:00	00:12-	00:08-	00:04+	00:13&	00:16&	00:36&	00:07+	00:12+	00:16&	00:30&	00:22&	00:18#	00:27#	00:02+	00:00=	00:03#	00:04#	00:19&	00:26&	00:07#	00:14&
14	Erler	nd Kve	einen			•	116						29:09	9							
										14:22+											
										01:27+ 00:05+											
15	_	nd Vih	_	00.114	00.114		116	00.13	00.100	00.00	00.00	00.214	29:38	_	00.07	00.114	00.034	00.13	00.01	00.03"	00.104
				04:10+	04:36+			11:57+	13:06+	14:47+	16:36+	18:08+		-	23:42+	24:16+	24:55+	26:23+	27:45+	28:27+	29:38+
										01:41+											
00:15&	00:06-	00:03+	00:11#	00:11&	00:00=			00:53&	00:19&	00:19#	00:22&	00:20&		_	00:01-	00:05#	00:13&	00:15#	00:16#	00:03+	00:31&
16			chaels				117						29:47								
										14:57+ 01:30+											
										00:08+											
17	Asbi	ørn B	rådlan	d		:	297						30:03	3							
	01:11+	02:41+	03:50+	04:41+						16:13+											
										01:55+ 00:33&											
				00.19&	00.04#			00.33&	00.39&	00.33&	00.03+	00.20α	30:2		00.07#	00:03#	00.100	00.09-	00:04+	00.00#	00:13@
18 01:09+		e Dyrl		04:19+	04:41+		116 08:52+	11:33+	12:29+	13:51+	15:21+	16:54+			24:51+	25:33+	26:09+	27:16+	28:43+	29:30+	30:25+
										01:22=											
00:44@	00:04-	00:10-	00:00=	00:13&	00:04-	00:17#	00:31&	00:31#	00:06#	00:00=	00:03+	00:21&	02:08&	00:21-	01:10&	00:13&	00:10&	00:06-	00:21&	00:08#	00:15&
19		Dymb					116						30:3	-							
										15:26+ 01:32+											
										00:10#											
20	Ådne	Haus	sbera			-	7						30:57	7							
00:33+	01:03-	02:12-	03:08+							14:57+			22:28+	23:46+							
										01:43+ 00:21&											
	_			00:13@	00:04#			00:39&	00:12#	00:21&	00:57&	00:13#		_	00:10%	00:07#	00:084	00:04-	00:33&	00:00#	00:20&
02 • 25 +		Prims		07.01+	07.42+		5 <b>2</b>	16.08+	16.56+	18:13+	19.30+	20.54+	31:57		27.39+	28.05+	28.31+	29.16+	30.29+	31 • 12+	31 • 57+
										01:17-											
02:00@	00:58@	00:27&	00:01-	00:01+	00:15&	01:17&	00:56&	00:40&	00:02-	00:05-	00:10-	00:12#	01:38&	00:19#	00:12-	00:03-	00:00=	00:28-	00:07#	00:04#	00:05#
22				tersen			105						32:10								
										15:37+ 02:06+											
										00:44&											
23	Fran	k Han	sen			:	29						32:20	)							
02:29+	03:00+	04:11+	05:07+			08:53+	10:59+			17:29+											
										01:44+ 00:22&											
				00.00#	00:00-			01.410	00:03#	00.220	00.03-	00.20α	32:27		00.07#	00.01+	00.100	00:10-	00:09#	00.12α	00.210
24 00:33+		nar M		04 • 19+	04.53+		6 <b>2</b>	11.29+	12.23+	14:06+	17.11+	19.48+			26.40+	27.07+	27.50+	29.20+	30.43+	31 • 24+	32.27+
										01:43+											
					00:08&			00:30#	00:04+	00:21&	01:380	01:250			00:02-	00:02-	00:17&	00:17#	00:17&	00:02+	00:23&
25			kevold				17						33:43								
										17:38+ 01:47+											
										00:25&											
26		d San					42						34:1								
				05:01+	05:32+			15:41+	16:53+	18:43+	20:35+	22:25+			28:22+	28:57+	29:32+	30:52+	32:28+	33:14+	34:11+
										01:50+											
00:17&	00:01+	00:26&	00:16&	00:25&	00:05#	00:52&	02:55@	00:49&	00:22&	00:28&	00:25&	00:38&	00:24#	00:30&	00:03+	00:06#	00:09&	00:07+	00:30&	00:07#	00:17&

Plass	Nav	n					Klasse	<b>)</b>					Tid								
27	Ove	Mæst	ad				67						35:2	R							
				04:19+	05:17+		• -	15:06+	16:03+	18:02+	19:39+	21:44+		-	28:02+	28:35+	29:10+	31:45+	33:21+	34:20+	35:28+
00:51+												02:05+									
00:26@	00:01+	00:01+	00:04+	00:11&	00:320			02:330	00:07#	00:37&	00:10#	00:53&	00:31#	00:21#	00:26&	00:04#	00:09&	01:22@	00:30&	00:20&	00:28&
28	Hara	ald Tal	ksdal			:	236						35:4°	1							
												21:55+								33:51+	
												02:00+ 00:48&									
				00:27&	00:20&			01:09&	00:32&	00:364	00:12#	00:40&			00:10%	00:110	00:270	00:1/#	00:12#	00:1/&	01:100
29		Bjørn		0.5 0.5	0.5.05.		76	40.04	44.05	45 44:	40.40.		35:4			00.40.		00.04.		0.4 45.	05 40.
												20:24+									
												00:32&								00:18&	
30		e Kalh					93						36:0								
				08:53+	09:25+			16:36+	17:37+	19:10+	21:13+	23:16+		_	31:22+	31:55+	32:37+	33:35+	34:46+	35:28+	36:08+
												02:03+								00:42+	00:40=
00:23&	04:200	00:04+	00:17&	00:13&	00:06#	00:37&	00:44&	00:17#	00:11#	00:11#	00:36&	00:51&	00:46&	02:08@	00:12#	00:04#	00:16&	00:15-	00:05+	00:03+	00:00=
31	Tror	nd Birk	<b>celand</b>			:	27						38:1	2							
00:54+	01:38+	02:56+	03:55+	04:39+	05:10+	07:17+	10:00+	17:39+	18:38+	20:27+	21:53+	23:34+	27:02+	28:41+	31:33+	32:09+	32:55+	35:12+	36:16+	37:02+	38:12+
												01:41+									
				00:12&	00:05#			05:29@	00:09#	00:27&	00:01-	00:29&			01:42@	00:07#	00:20&	01:04&	00:02-	00:07#	00:30&
32		e Paul					98						39:2	-							
												27:47+								37:35+	
00:32+												02:27+ 01:15@								00:42+ 00:03+	
				00.034	00.104			03.206	00.011	00.13	00.00	01.136			00.11	00.05	00.05	00.00	00.274	00.031	01.000
33		stof S		06.241	06.051	-	239	10.//	20.01.	22.201	24.521	26:39+	39:4	-	22.501	22.521	2/./11	26.001	27.201	20.201	20.41.
												01:47+									
												00:35&									
34	Cato	Bierk	reli				237						48:4	7							
				06:05+	06:48+	-		22:30+	24:51+	28:24+	30:20+	32:24+		-	41:28+	42:18+	43:08+	44:35+	46:19+	47:46+	48:47+
02:20+	00:38-	01:12-	01:10+	00:45+	00:43+	08:59+	03:44+	02:59+	02:21+	03:33+	01:56+	02:04+	03:48+	03:13+	02:03+	00:50+	00:50+	01:27+	01:44+	01:27+	01:01+
01:55@	00:02-	00:01-	00:24&	00:13&	00:17&	07:25@	01:55@	00:49&	01:310	02:110	00:29&	00:52&	01:25&	01:460	00:53&	00:21&	00:24&	00:14#	00:38&	00:48@	00:21&
35	Ove	Njå				;	53						51:5	5							
												37:48+									
												03:19+									
				02:28@	00:19&			11:290	00:26&	00:26&	00:36&	02:07@			01:210	00:06#	00:18&	00:09#	00:31&	00:19&	00:25&
36		ald Sys					93						53:2	-							
												39:04+									53:24+
												09:56+ 08:44@								01:50+	
					30.00-	JU.200	02.100	00.000	00.10#	00.12#	JU.2/0	50.446	00.54#	JU.2J&	01.406	00.07#	00.14a	JU.1U#	50.07#	01.116	00.190
00:25			r klass 00:45	_	00.20	01.24	01.22	02.04	00.45	01.17	01.17	01:02	02.16	01.04	00.50	00.26	00.22	00.45	01.01	00:35	00:31
00:25	00:27	00:59	00:45	00:31	00:20	01:34	01:33	0∠:04	00:45	01:1/	01:1/	01:02	UZ:16	01:04	00:58	00:26	00:23	00:45	01:01	00:35	00:31

### Herrer 60 - 64 år

1	Ole l	Petter	Hauka	as		,	109						20:5	ſ					
00:57=	02:29=	03:09=	03:51=	04:41=	06:15=	07:34=	09:25=	10:08=	10:50=	12:48=	13:57=	16:05=	17:04=	17:43=	18:39=	19:19=	19:40=	20:22=	20:51=
00:57=	01:32=	00:40=	00:42=	00:50=	01:34=	01:19=	01:51=	00:43=	00:42=	01:58=	01:09=	02:08=	00:59=	00:39=	00:56=	00:40=	00:21=	00:42=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mort	ten Jo	hanne	ssen			7						22:27	7					
02:27+	03:54+	04:36+	05:17+	06:08+	08:11+	09:20+	11:12+	12:10+	12:51+	14:19+	15:47+	17:49+	18:46+	19:24+	20:11+	20:54+	21:16+	21:58+	22:27+
02:27+	01:27-	00:42+	00:41-	00:51+	02:03+	01:09-	01:52+	00:58+	00:41-	01:28-	01:28+	02:02-	00:57-	00:38-	00:47-	00:43+	00:22+	00:42=	00:29=
01:30@	00:05-	00:02+	00:01-	00:01+	00:29&	00:10-	00:01+	00:15&	00:01-	00:30-	00:19&	00:06-	00:02-	00:01-	00:09-	00:03+	00:01+	00:00=	00:00=
3	Kjell	Skjæ	veland	l			166						23:27	7					
01:06+	03:05+	03:50+	04:42+	05:35+	07:14+	08:46+	10:41+	11:24+	12:23+	14:09+	15:27+	18:03+	19:07+	19:47+	21:04+	21:47+	22:06+	22:55+	23:27+
01:06+	01:59+	00:45+	00:52+	00:53+	01:39+	01:32+	01:55+	00:43=	00:59+	01:46-	01:18+	02:36+	01:04+	00:40+	01:17+	00:43+	00:19-	00:49+	00:32+
00.09#	00.278	00.05#	00.10#	00.03+	00.05+	00.13#	00.04+	00.00=	00.17&	00.12-	00.09#	00.28#	00.05+	00.01+	00.218	00.03+	00.02-	00.07#	00.03#

Plass	Navı	n				Į	Klasse	•					Tid							
4	Tork	oiørn C	Dahle			9	92						24:2	1						
02:11+	03:41+	04:32+	05:36+	06:31+	08:31+	10:26+	12:31+	13:19+	14:05+	15:58+	17:15+	19:29+	20:28+	21:10+	21:55+	22:39+	22:58+	23:43+	24:21+	
02:11+	01:30-	00:51+	01:04+	00:55+	02:00+	01:55+	02:05+	00:48+	00:46+	01:53-	01:17+	02:14+	00:59=	00:42+	00:45-	00:44+	00:19-	00:45+	00:38+	
01:14@	00:02-	00:11&	00:22&	00:05#	00:26&	00:36&	00:14#	00:05#	00:04+	00:05-	00:08#	00:06+	00:00=	00:03+	00:11-	00:04#	00:02-	00:03+	00:09&	
5	Lars	Berg	ersen				116						24:38	В						
01:36+	03:14+	03:58+	04:49+	05:49+	07:42+	09:12+	11:04+	11:51+	12:44+	14:49+	16:22+	19:19+	21:06+	21:47+	22:35+	23:13+	23:29+	24:06+	24:38+	
01:36+	01:38+	00:44+	00:51+	01:00+	01:53+	01:30+	01:52+	00:47+	00:53+	02:05+	01:33+	02:57+	01:47+	00:41+	00:48-	00:38-	00:16-	00:37-	00:32+	
00:39&	00:06+	00:04#	00:09#	00:10#	00:19#	00:11#	00:01+	00:04+	00:11&	00:07+	00:24&	00:49&	00:48&	00:02+	00:08-	00:02-	00:05-	00:05-	00:03#	
6	Espe	en Kro	gh			-	7						24:4	5						
00:51-	02:17-	02:54-	03:41-	04:25-	05:59-	07:29-	09:12-	09:57-	10:37-	12:20-	14:08+	16:16+	17:17+	18:12+	18:38-	19:21+	23:22+	23:39+	24:15+	24:45+
00:51-	01:26-	00:37-	00:47+	00:44-	01:34=	01:30+	01:43-	00:45+	00:40-	01:43-	01:48+	02:08=	01:01+	00:55+	00:26-	00:43+	04:01+	00:17-	00:36+	00:30+
00:06-	00:06-	00:03-	00:05#	00:06-	00:00=	00:11#	00:08-	00:02+	00:02-	00:15-	00:39&	00:00=	00:02+	00:16&	00:30-	00:03+	03:400	00:25-	00:07#	00:30+
7	Svei	nuna	Svebe	stad		4	46						25:47	7						
01:01+			04:29+		07:42+	09:12+	11:33+	12:48+	13:46+	15:39+	17:11+	19:53+	21:07+	21:53+	22:46+	23:33+	24:03+	25:04+	25:47+	
01:01+	01:46+	00:51+	00:51+	01:05+	02:08+	01:30+	02:21+	01:15+	00:58+	01:53-	01:32+	02:42+	01:14+	00:46+	00:53-	00:47+	00:30+	01:01+	00:43+	
00:04+	00:14#	00:11&	00:09#	00:15&	00:34&	00:11#	00:30&	00:32&	00:16&	00:05-	00:23&	00:34&	00:15&	00:07#	00:03-	00:07#	00:09&	00:19&	00:14&	
8	Johi	ո C. Si	nnes			9	93						27:2	1						
02:02+	04:03+	04:54+	05:43+	06:47+	09:16+	10:44+	12:53+	14:03+	14:54+	17:17+	19:05+	21:44+	22:52+	23:47+	24:35+	25:19+	25:51+	26:47+	27:21+	
02:02+	02:01+	00:51+	00:49+	01:04+	02:29+	01:28+	02:09+	01:10+	00:51+	02:23+	01:48+	02:39+	01:08+	00:55+	00:48-	00:44+	00:32+	00:56+	00:34+	
01:05@	00:29&	00:11&	00:07#	00:14&	00:55&	00:09#	00:18#	00:27&	00:09#	00:25#	00:39&	00:31#	00:09#	00:16&	00:08-	00:04#	00:11&	00:14&	00:05#	
9	Kiell	Ove A	Akslan	d		2	27						32:37	7						
04:28+	06:58+	08:03+	11:37+	12:25+	14:36+	16:14+	18:48+	19:39+	20:34+	22:36+	24:12+	27:08+	28:21+	29:02+	30:04+	30:52+	31:14+	32:04+	32:37+	
04:28+	02:30+	01:05+	03:34+	00:48-	02:11+	01:38+	02:34+	00:51+	00:55+	02:02+	01:36+	02:56+	01:13+	00:41+	01:02+	00:48+	00:22+	00:50+	00:33+	
03:31@	00:58&	00:25&	02:52@	00:02-	00:37&	00:19#	00:43&	00:08#	00:13&	00:04+	00:27&	00:48&	00:14#	00:02+	00:06#	00:08#	00:01+	00:08#	00:04#	
10	Kiell	Lervi	k			2	239						33:49	9						
01:14+	07:16+	09:53+	10:58+	12:09+	14:48+	16:17+	18:39+	19:50+	20:47+	23:03+	25:16+	27:40+	28:49+	29:42+	30:48+	31:48+	32:10+	33:08+	33:49+	
01:14+	06:02+	02:37+	01:05+	01:11+	02:39+	01:29+	02:22+	01:11+	00:57+	02:16+	02:13+	02:24+	01:09+	00:53+	01:06+	01:00+	00:22+	00:58+	00:41+	
00:17&	04:300	01:570	00:23&	00:21&	01:05&	00:10#	00:31&	00:28&	00:15&	00:18#	01:04&	00:16#	00:10#	00:14&	00:10#	00:20&	00:01+	00:16&	00:12&	
11	Omr	nund l	Bakke	vold			86						36:22	2						
01:43+	04:12+	05:14+	06:24+	07:30+	11:35+	13:20+	16:16+	17:36+	18:40+	21:34+	24:30+	27:46+	30:31+	31:46+	32:56+	33:51+	34:33+	35:43+	36:22+	
01:43+	02:29+	01:02+	01:10+	01:06+	04:05+	01:45+	02:56+	01:20+	01:04+	02:54+	02:56+	03:16+	02:45+	01:15+	01:10+	00:55+	00:42+	01:10+	00:39+	
00:46&	00:57&	00:22&	00:28&	00:16&	02:31@	00:26&	01:05&	00:37&	00:22&	00:56&	01:47@	01:08&	01:46@	00:36&	00:14#	00:15&	00:21&	00:28&	00:10&	
12	Johr	า Lage	Berga	an		•	116						39:36	6						
07:18+	08:48+	10:12+	11:13+	12:30+	15:03+	16:24+	20:23+	21:41+	22:47+	24:50+	26:43+	29:17+	30:19+	31:06+	32:48+	33:41+	34:10+	38:57+	39:36+	
07:18+	01:30-	01:24+	01:01+	01:17+	02:33+	01:21+	03:59+	01:18+	01:06+	02:03+	01:53+	02:34+	01:02+	00:47+	01:42+	00:53+	00:29+	04:47+	00:39+	
06:21@	00:02-	00:44@	00:19&	00:27&	00:59&	00:02+	02:08@	00:35&	00:24&	00:05+	00:44&	00:26#	00:03+	00:08#	00:46&	00:13&	380:00	04:05@	00:10&	
<b>Beste</b>	strekk	tid for	r klass	en																
			00:41		01:34	01:09	01:43	00:43	00:40	01:28	01:09	02:02	00:57	00:38	00:26	00:38	00:16	00:17	00:29	

### Herrer 65 - 69 år

1	Arne	Kristi	ian Es	pedal		6	88						17:58	3					
00:42=	02:19=		03:46=		05:46=	06:43=	08:12=	08:49=	09:25=	10:49=	11:50=	13:51=	14:39=	15:17=	16:05=	16:39=	16:52=	17:24=	17:58=
00:42=	01:37=	00:50=	00:37=	00:37=	01:23=	00:57=	01:29=	00:37=	00:36=	01:24=	01:01=	02:01=	00:48=	00:38=	00:48=	00:34=	00:13=	00:32=	00:34=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gun	nar Sa	kseid			•	116						23:10	)					
01:25+	03:04+	03:51+	04:36+	05:33+	07:18+	08:39+	10:13+	11:02+	11:55+	13:48+	15:05+	17:38+	19:30+	20:17+	21:02+	21:39+	21:58+	22:44+	23:10+
01:25+	01:39+	00:47-	00:45+	00:57+	01:45+	01:21+	01:34+	00:49+	00:53+	01:53+	01:17+	02:33+	01:52+	00:47+	00:45-	00:37+	00:19+	00:46+	00:26-
00:43@	00:02+	00:03-	00:08#	00:20&	00:22&	00:24&	00:05+	00:12&	00:17&	00:29&	00:16&	00:32&	01:04@	00:09#	00:03-	00:03+	00:06&	00:14&	00:08-
3	Eivir	nd L. F	Rake			ç	92						24:18	3					
01:10+	02:59+	03:45+	04:40+	05:31+	07:21+	08:49+	10:53+	11:38+	12:29+	15:07+	16:50+	19:23+	20:27+	21:08+	21:57+	22:36+	22:56+	23:38+	24:18+
01:10+	01:49+	00:46-	00:55+	00:51+	01:50+	01:28+	02:04+	00:45+	00:51+	02:38+	01:43+	02:33+	01:04+	00:41+	00:49+	00:39+	00:20+	00:42+	00:40+
00:28&	00:12#	00:04-	00:18&	00:14&	00:27&	00:31&	00:35&	00:08#	00:15&	01:14&	00:42&	00:32&	00:16&	00:03+	00:01+	00:05#	00:07&	00:10&	00:06#
4	Bjarı	ne Gin	nre			3	38						24:41	1					
00:54+	02:49+	03:50+	04:36+	05:32+	07:30+	08:49+	10:47+	11:31+	12:26+	14:41+	15:59+	18:32+	20:03+	20:52+	22:26+	23:07+	23:29+	24:11+	24:41+
00:54+	01:55+	01:01+	00:46+	00:56+	01:58+	01:19+	01:58+	00:44+	00:55+	02:15+	01:18+	02:33+	01:31+	00:49+	01:34+	00:41+	00:22+	00:42+	00:30-
00:12&	00.18#	00 • 11#	00.09#	00.198	00.35%	00.228	00.29%	00.07#	00.198	00.51%	00.17£	00.32%	00.438	00.11%	00.468	00.07#	300.00	00.10%	00.04-

Plass	Navi	n				į	Klasse						Tid							
5	Jan	Hetlar	ıd			:	29						25:32	2						
01:01+				05:50+	07:53+	09:04+	11:03+	12:11+	12:59+	14:59+	16:19+	19:10+	20:43+	21:31+	22:32+	23:40+	23:55+	25:07+	25:32+	
					02:03+															
00:19&				00:17&	00:40&			00:31&	00:12&	00:36&	00:19&	00:50&			00:13&	00:34&	00:02#	00:400	00:09-	
6		n Sive					99						26:28	-						
					07:54+															
01:25+					02:01+ 00:38&															
7					00.300			00.230	00.104	00.55@	00.510	02.036			00.07π	00.120	00.100	00.270	00.021	
01.101			speda		07.47.		115	10.21.	12.001	17.25.	10.571	21.441	26:5	-	24.421	25.21.	25.401	26.221	26.551	
01:18+					07:47+ 01:54+															
					00:31&															
8	Torio	Stok	keland	1			69						27:48	2						
01:13+					07:40+			12:30+	15:13+	17:15+	18:44+	21:03+		-	25:11+	25:58+	26:20+	27:13+	27:48+	
					02:03+															
00:31&	00:09+	00:05-	00:16&	00:23&	00:40&	00:40&	00:56&	00:11&	02:07@	00:38&	00:28&	00:18#	01:45@	00:01+	00:08#	00:13&	00:09&	00:21&	00:01+	
9	Svei	nung	Tveit			2	236						27:52	2						
01:27+	03:49+	05:09+	06:18+	07:31+	09:52+	11:19+	13:27+	14:20+	15:23+	17:46+	19:23+	21:47+	23:06+	24:15+	25:11+	26:02+	26:30+	27:15+	27:52+	
					02:21+															
	_				00:58&			00:16&	00:27&	00:59&	00:36&	00:23#			00:08#	00:17&	00:15@	00:13&	00:03+	
10				delan			92						30:08	-						
					08:38+															
					01:55+ 00:32&															
				00.220	00.324			00.556	00.134	00.574	01.076	01.190			00.200	01.016	00.114	00.524	00.03	
11		n Bjell		00.001	11:31+		33	16.241	17.17.	10.17.	20.401	00.141	30:12		26.001	26.521	07.101	20.261	20.121	
					02:08+															
					00:45&															
12	Tore	R. Tv	edt				90						35:20	3						
				06:34+	08:35+			15:53+	16:47+	19:42+	21:49+	23:24+		-	30:16+	31:15+	31:57+	32:22+	34:41+	35:26+
01:48+	01:58+	01:04+	00:45+	00:59+	02:01+	01:35+	02:22+	03:21+	00:54+	02:55+	02:07+	01:35-	02:55+	01:12+	02:45+	00:59+	00:42+	00:25-	02:19+	00:45+
01:060	00:21#	00:14&	00:08#	00:22&	00:38&	00:38&	00:53&	02:44@	00:18&	01:31@	01:06@	00:26-	02:07@	00:34&	01:57@	00:25&	00:29@	00:07-	01:45@	00:45+
13	Rolf	Klepp	е			(	33						37:54	4						
01:42+	04:04+	05:30+	06:37+	07:53+	10:59+			16:32+	17:45+	20:40+	23:59+	26:58+	29:27+	30:57+	32:07+	32:57+	33:20+	37:14+	37:54+	
01:42+					03:06+															
01:00@	00:45&	00:36&	00:30&	00:390	01:43@	00:54&	01:01&	00:35&	00:37@	01:31@	02:180	00:58&	01:41@	00:52@	00:22&	00:16&	00:10&	03:22@	00:06#	
14	Tom	<b>Hetla</b>	nd			į	5						46:50	)						
					21:26+															
					02:12+															
					00:49&	U6:24@	U1:43@	UU:36&	00:28&	00:40&	00:3/&	U1:16&	00:31&	00:0/#	00:03+	UU:U4#	00:10%	UU:410	00:08-	
Beste				_																
00:42	01:37	00:45	00:37	00:37	01:23	00:57	01:29	00:37	00:36	01:24	01:01	01:35	00:48	00:38	00:45	00:34	00:13	00:25	00:25	

### Herrer 70 - 74 år

1	Harr	y Brei	land			•	66						20:17	7					
00:52=	02:27=	03:06=	03:48=	04:35=	06:15=	07:25=	09:07=	09:52=	10:34=	12:17=	13:31=	15:47=	16:42=	17:22=	18:05=	18:46=	19:05=	19:47=	20:17=
00:52=	01:35=	00:39=	00:42=	00:47=	01:40=	01:10=	01:42=	00:45=	00:42=	01:43=	01:14=	02:16=	00:55=	00:40=	00:43=	00:41=	00:19=	00:42=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Asg	eir Bel	I			•	117						22:34	1					
01:04+	02:44+		04:22+	05:19+	07:04+	08:18+	10:06+	10:52+	11:40+	13:27+	14:52+	17:01+	18:03+	18:46+	19:35+	20:13+	21:11+	21:57+	22:34+
01:04+	01:40+	00:53+	00:45+	00:57+	01:45+	01:14+	01:48+	00:46+	00:48+	01:47+	01:25+	02:09-	01:02+	00:43+	00:49+	00:38-	00:58+	00:46+	00:37+
00:12#	00:05+	00:14&	00:03+	00:10#	00:05+	00:04+	00:06+	00:01+	00:06#	00:04+	00:11#	00:07-	00:07#	00:03+	00:06#	00:03-	00:390	00:04+	00:07#
3	Paul	A. Pa	ulsen			•	117						25:51	1					
01:11+	03:04+	03:52+	04:38+	05:37+	07:44+	09:14+	11:38+	12:25+	13:20+	15:40+	17:11+	19:52+	20:58+	21:43+	22:40+	23:26+	23:46+	24:54+	25:51+
01:11+	01:53+	00:48+	00:46+	00:59+	02:07+	01:30+	02:24+	00:47+	00:55+	02:20+	01:31+	02:41+	01:06+	00:45+	00:57+	00:46+	00:20+	01:08+	00:57+
00.100	00.18#	00.00#	00.04+	00.126	00.276	00.206	00.426	00.02+	00.136	00.376	00.17#	00.25#	00.11#	00.05#	00.146	00.05#	00.014	00.266	00.276

Plass	Navı	n					Klasse	)					Tid								
4	Olav	Habb	estad				116						26:2	ı							
																	25:00+				
																	00:20+ 00:01+				
5			Skiøres		00.12.		92	00.104	00.00	00.10	00.11	00.00	27:47	_	00.204	00.00	00.01	00.01	00.00		
01:13+					10:10+			14:58+	16:01+	18:02+	19:45+	22:24+			25:15+	25:58+	26:24+	27:13+	27:47+		
																	00:26+				
00:21&	-			00:38&	01:02&			00:14&	00:21&	00:18#	00:29&	00:23#		_	00:05#	00:02+	00:07&	00:07#	00:04#		
01 • 14+		Inge L		06.14+	08.32+		12.27+	13.20+	14.44+	17.22+	18.56+	21.39+	28:0	•	24.50+	25.52+	26:21+	27 • 19+	28.05+		
																	00:29+				
00:22&	00:24&	00:18&	00:12&	00:23&	00:38&	00:26&	00:37&	00:08#	00:42&	00:55&	00:20&	00:27#	00:20&	00:06#	00:27&	00:21&	00:10&	00:16&	00:16&		
7		Svihu					154						28:26	-							
																	27:00+ 00:35+				
																	00:35+				
8	Arne	Øste	nsen			9	90						28:29	)							
	03:43+	04:35+	05:20+														27:01+				
																	00:27+				
01:030				00:00#	00:44&			00:27&	00:22&	00:04+	00:334	02:330		-	00:24&	00:12&	380:00	00:10#	00:06#		
00:53+		Aukler		07:26+	09:49+		106 13:37+	14:34+	15:39+	17:57+	19:53+	22:34+	28:41 23:51+	_	25:45+	26:43+	27:09+	28:00+	28:41+		
																	00:26+				
					00:43&			00:12&	00:23&	00:35&	00:42&	00:25#		_	00:12&	00:17&	00:07&	00:09#	00:11&		
10			Gause		07 05		115	12 20 .	14 42	15 25	17 46	00 40.	29:07		06.001	06 50:	27:29+	07 50.	00 04:	00 07:	
																	27:29+				
																	00:20@				
11	Jost	ein Tu	ınheim	1		•	116						29:08	3							
																	25:21+				
																	00:41+ 00:22@				
12		_	ar Wik				43						33:54	_							
					13:45+			19:46+	20:31+	21:25+	23:43+	25:21+			29:51+	30:45+	31:31+	31:50+	33:08+	33:54+	
																	00:46+				
				00:05-	00:36-			01:430	00:03+	00:49-	01:04&	00:38-		-	00:08#	00:13&	00:27@	00:23-	00:480	00:46+	
13		Kåre l		12.164	16.11⊥		128	24.551	26.10+	20.134	31.50⊥	36.16±	45:11	_	40 • 48±	/1.55±	42:40+	13.57±	/5·11⊥		
																	00:45+				
02:50@	02:02@	01:08@	00:47@	00:54@	02:15@	02:360	01:33&	00:58@	00:33&	01:20&	01:23@	02:40@	00:48&	00:18&	00:38&	00:26&	00:26@	00:35&	00:44@		
14			hamse				125						49:31								
																	46:53+				
																	00:29+ 00:10&				
Beste									-		_	_	_	-	_			-			
				_	01:04	01:10	01:30	00:45	00:42	00:52	01:14	01:38	00:51	00:40	00:43	00:38	00:19	00:19	00:30		

#### Herrer 75 - 79 år

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navr	1					Klasse						Tid							
3	Hern	nann S	Skogs	holm			53						26:47	7						
-				06:01+	07:02+			11:20+	13:09+	14:20+	16:46+	19:38+		•	23:17+	24:25+	24:48+	25:59+	26:47+	
				01:48+																
00:10#			_	00:13#	00:04+			00:07+	00:18#	00:15&	00:10+	00:54&		_	00:09&	00:11#	00:01+	00:21&	00:07#	
4			าdrang				86						28:34	-						
				07:25+ 01:52+																
				00:17#																
5			en Års				115						28:37							
00:40-				06:08+	07:01+			10:57+	12:25+	13:17+	15:31+	17:47+		•	25:23+	25:53+	26:39+	27:02+	27:57+	28:37+
				01:34-																
00:01-	01:01@	00:01-	00:01-	00:01-	00:04-	00:02-	00:07#	00:01-	00:03-	00:04-	00:02-	00:18#	01:21&	02:40@	00:21&	00:27-	00:24@	00:27-	00:14&	00:40+
6	Jan '	Værp				(	<b>32</b>						29:56	3						
				07:58+																
				01:50+ 00:15#																
7			dheim		00.031	_		00.304	00.230	00.12#	00.540	00.440		_	00.05π	00.03π	00.074	00.140	00.01	
00.53+				06:49+	08.15+		12.25+	14.22+	16.21+	18.24+	20.52+	22.57+	30:01	-	26.57+	28 • 03+	28.32+	29.25+	30.01+	
				02:38+																
00:12&	00:01+	00:09#	00:13&	01:03&	00:29&	00:20&	01:45@	00:10+	00:28&	01:07@	00:12+	00:07+	00:08+	00:32&	00:06#	00:09#	00:07&	00:03+	00:05-	
8	Kiell	Lang	vik			9	93						30:03	3						
				07:06+																
				01:53+																
00:00=			_	00:18#	00:02+	_	_	00:10#	01:01%	00:06#	02:230	00:32&			00:02-	00:03-	00:01+	00:12#	00:06-	
9			eskog	05:22+	07.101		5	11.54	12.461	14.45.	17.201	20-201	31:59		20.401	20.061	20.001	20.221	21.151	21.501
				01:39+																
				00:04+																
10	Arvi	d Thoi	rsen				5						32:59	9						
00:41=				08:33+	09:29+	11:16+	12:13+	13:56+	15:54+	16:45+	18:58+	24:23+	26:09+	29:58+	30:25+	31:13+	31:35+	32:24+	32:59+	
				01:26-																
				00:09-	00:01-			00:04-	00:27&	00:05-	00:03-	03:27@		_	00:02-	00:09-	00:00=	00:01-	00:06-	
11		ar Rø					128						34:01							
				07:02+ 01:24-																
				00:11-																
12			krettin				13						37:04	_						
				9 07:49+	08:40+			13:28+	21:14+	22:27+	25:30+	29:15+			33:07+	34:13+	34:50+	36:22+	37:04+	
02:13+	01:00+	01:22+	00:57+	02:17+	00:51-	01:28+	01:04+	02:16+	07:46+	01:13+	03:03+	03:45+	02:07+	01:09+	00:36+	01:06+	00:37+	01:32+	00:42+	
01:32@	00:08#	00:07+	00:09#	00:42&	00:06-	00:20&	00:07#	00:29&	06:15@	00:17&	00:47&	01:47&	00:17#	00:14&	00:07#	00:09#	00:15&	00:42&	00:01+	
13			gne Li				66						43:5	-						
				15:04+																
				02:23+ 00:48&																
	strekk				JU.JIW	J2.038	01.406	50.510	50.100	30.430	J1.JJ@	00.100	50.550	30.230	30.07π	30.13π	JU.120	00.210	JU.2JW	
				01:24	00.49	01.06	00.57	01.39	01.28	00.51	02.13	01.58	01.39	00.49	00.25	00.26	00.15	00.23	00.35	
30.30	00.4/	VI.11	00.41	01.24	00.43	01.00	00.07	01.33	01.20	00.01	02.13	01.00	01.33	00.43	00.20	00.20	00.13	00.23		

# Herrer 80 år og eldre

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navı	n				1	Klasse	•					Tid				
3	Terio	e Brau	t			ç	92						31:38	3			
01:08+			06:15+	07:13+	08:19+	10:00+	12:56+	17:19+	18:50+	21:55+	22:58+	24:45+	25:35+	28:52+	30:26+	31:38+	
01:08+	02:19+	01:22+	01:26+	00:58+	01:06+	01:41+	02:56-	04:23+	01:31+	03:05+	01:03-	01:47+	00:50-	03:17+	01:34+	01:12+	
00:17&	00:06+	00:15#	00:10#	00:08#	00:11#	00:41&	00:07-	01:54&	00:06+	00:09+	00:04-	00:17#	00:07-	00:44&	00:23&	00:13#	
4	Alf C	yland				ç	92						34:37	7			
01:11+			06:53+	07:55+	09:10+	10:55+	14:04+	17:53+	20:27+	24:40+	26:20+	27:59+	28:52+	31:49+	33:29+	34:37+	
01:11+	02:46+	01:30+	01:26+	01:02+	01:15+	01:45+	03:09+	03:49+	02:34+	04:13+	01:40+	01:39+	00:53-	02:57+	01:40+	01:08+	
00:20&	00:33#	00:23&	00:10#	00:12#	00:20&	00:45&	00:06+	01:20&	01:09&	01:17&	00:33&	00:09#	00:04-	00:24#	00:29&	00:09#	
5	Sigu	rd Kro	sli			ç	93						35:20	3			
00:48-			05:03-	05:41-	06:36-	-	-	13:59+	22:42+	26:37+	27:29+	29:09+		32:44+	34:27+	35:26+	
00:48-	02:07-	00:59-	01:09-	00:38-	00:55=	01:35+	02:32-	03:16+	08:43+	03:55+	00:52-	01:40+	00:40-	02:55+	01:43+	00:59=	
00:03-	00:06-	00:08-	00:07-	00:12-	00:00=	00:35&	00:31-	00:47&	07:18@	00:59&	00:15-	00:10#	00:17-	00:22#	00:32&	00:00=	
6	Jan	Bekke	heien			9	92						36:18	3			
01:03+			07:47+	09:01+	10:12+	11:45+	15:07+	19:07+	20:40+	24:15+	25:40+	27:32+	28:26+	32:19+	34:56+	36:18+	
01:03+	02:32+	01:50+	02:22+	01:14+	01:11+	01:33+	03:22+	04:00+	01:33+	03:35+	01:25+	01:52+	00:54-	03:53+	02:37+	01:22+	
00:12#	00:19#	00:43&	01:06&	00:24&	00:16&	00:33&	00:19#	01:31&	00:08+	00:39#	00:18&	00:22#	00:03-	01:20&	01:260	00:23&	
7	Kiell	Maud	lal			6	33						39:30	3			
01:47+			09:48+	10:54+	12:21+			21:06+	23:45+	27:59+	29:26+	31:25+		35:56+	37:57+	39:36+	
01:47+	04:36+	01:52+	01:33+	01:06+	01:27+	01:48+	03:03=	03:54+	02:39+	04:14+	01:27+	01:59+	00:49-	03:42+	02:01+	01:39+	
00:56@	02:23@	00:45&	00:17#	00:16&	00:32&	00:48&	00:00=	01:25&	01:14&	01:18&	00:20&	00:29&	00:08-	01:09&	00:50&	00:40&	
8	Mag	ne We	sterhe	im		ç	93						43:5	5			
00:54+			07:38+		10:24+			19:24+	21:38+	25:46+	29:23+	30:58+			41:33+	42:51+	43:55+
00:54+	03:08+	01:42+	01:54+	01:11+	01:35+	01:42+	02:58-	04:20+	02:14+	04:08+	03:37+	01:35+	01:27+	06:31+	02:37+	01:18+	01:04+
00:03+	00:55&	00:35&	00:38&	00:21&	00:40&	00:42&	00:05-	01:51&	00:49&	01:12&	02:30@	00:05+	00:30&	03:58@	01:26@	00:19&	01:04+
Beste	strekk	tid for	klass	en													
00:48	02:07	00:59	01:09	00:38	00:55	01:00	02:22	02:29	01:25	02:56	00:52	01:30	00:40	02:28	01:11	00:59	

#### Herrer A

1	Fred	lrik Om	ndal				375						22:46	;											
00:31=	01:31=	02:24=	03:30=	04:06=	04:51=	05:18=	06:06=	06:32=	06:49=	07:58=	08:30=	09:15=	09:50=	10:29=	11:30=	12:31=	13:13=	16:31=	17:17=	17:33=	18:17=	19:07=	19:29=	20:07=	20:29=
00:31=	01:00=	00:53=	01:06=	00:36=	00:45=	00:27=	00:48=	00:26=	00:17=	01:09=	00:32=	00:45=	00:35=	00:39=	01:01=	01:01=	00:42=	03:18=	00:46=	00:16=	00:44=	00:50=	00:22=	00:38=	00:22=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
21:34=	22:14=	22:46=																							
01:05=	00:40=	00:32=																							
00:00=	00:00=	00:00=																							
2	Krist	tian Ha	arr			2	27						27:51												
00:54+	02:05+	02:59+	04:23+	05:02+	06:10+	06:41+	u7:45+	08:13+	08:31+	09:50+	10:28+	11:41+	12:27+	13:20+	14:34+	15:24+	16:18+	20:17+	21:15+	21:31+	22:25+	23:21+	23:47+	24:37+	24:58+
00:54+	01:11+	00:54+	01:24+	00:39+	01:08+	00:31+	01:04+	00:28+	00:18+	01:19+	00:38+	01:13+	00:46+	00:53+	01:14+	00:50-	00:54+	03:59+	00:58+	00:16=	00:54+	00:56+	00:26+	00:50+	00:21-
00:23&	00:11#	00:01+	00:18&	00:03+	00:23&	00:04#	00:16&	00:02+	00:01+	00:10#	00:06#	00:28&	00:11&	00:14&	00:13#	00:11-	00:12&	00:41#	00:12&	00:00=	00:10#	00:06#	00:04#	00:12&	00:01-
26:21+	27:21+	27:51+																							
01:23+	01:00+	00:30-																							
00:18&	00:20&	00:02-																							
3	Thor	mas Ol	lsen S	chive		•	126						29:40	)											
<b>3</b> 02:04+	Thor 03:02+	mas Ol 03:56+		06:17+	07:05+		08:32+	09:04+	09:23+	10:39+	11:18+	12:13+			14:46+	15:39+	16:21+	20:25+	21:11+	21:29+	22:26+	24:42+	25:17+	26:01+	26:22+
	_	03:56+	05:35+	-	07:05+ 00:48+		-	09:04+ 00:32+	09:23+ 00:19+	10:39+ 01:16+	11:18+ 00:39+	12:13+ 00:55+	12:50+		14:46+ 01:12+	15:39+ 00:53-	16:21+ 00:42=	20:25+ 04:04+	21:11+ 00:46=	21:29+ 00:18+	22:26+ 00:57+	24:42+ 02:16+	25:17+ 00:35+	26:01+ 00:44+	26:22+ 00:21-
	03:02+ 00:58-	03:56+ 00:54+	05:35+	06:17+		07:37+	08:32+				00:39+		12:50+ 00:37+	13:34+	01:12+								00:35+	00:44+	
02:04+ 01:33@ 28:00+	03:02+ 00:58- 00:02- 29:06+	03:56+ 00:54+ 00:01+ 29:40+	05:35+ 01:39+	06:17+ 00:42+	00:48+	07:37+ 00:32+	08:32+ 00:55+	00:32+	00:19+	01:16+	00:39+	00:55+	12:50+ 00:37+	13:34+ 00:44+	01:12+	00:53-	00:42=	04:04+	00:46=	00:18+	00:57+	02:16+	00:35+	00:44+	00:21-
02:04+ 01:33@ 28:00+ 01:38+	03:02+ 00:58- 00:02- 29:06+ 01:06+	03:56+ 00:54+ 00:01+ 29:40+ 00:34+	05:35+ 01:39+	06:17+ 00:42+	00:48+	07:37+ 00:32+	08:32+ 00:55+	00:32+	00:19+	01:16+	00:39+	00:55+	12:50+ 00:37+	13:34+ 00:44+	01:12+	00:53-	00:42=	04:04+	00:46=	00:18+	00:57+	02:16+	00:35+	00:44+	00:21-
02:04+ 01:33@ 28:00+ 01:38+	03:02+ 00:58- 00:02- 29:06+	03:56+ 00:54+ 00:01+ 29:40+ 00:34+	05:35+ 01:39+	06:17+ 00:42+	00:48+	07:37+ 00:32+	08:32+ 00:55+	00:32+	00:19+	01:16+	00:39+	00:55+	12:50+ 00:37+	13:34+ 00:44+	01:12+	00:53-	00:42=	04:04+	00:46=	00:18+	00:57+	02:16+	00:35+	00:44+	00:21-
02:04+ 01:33@ 28:00+ 01:38+	03:02+ 00:58- 00:02- 29:06+ 01:06+ 00:26&	03:56+ 00:54+ 00:01+ 29:40+ 00:34+	05:35+ 01:39+ 00:33&	06:17+ 00:42+	00:48+	07:37+ 00:32+	08:32+ 00:55+	00:32+	00:19+	01:16+	00:39+	00:55+	12:50+ 00:37+	13:34+ 00:44+ 00:05#	01:12+	00:53-	00:42=	04:04+	00:46=	00:18+	00:57+	02:16+	00:35+	00:44+	00:21-
02:04+ 01:33@ 28:00+ 01:38+ 00:33&	03:02+ 00:58- 00:02- 29:06+ 01:06+ 00:26& <b>Hara</b>	03:56+ 00:54+ 00:01+ 29:40+ 00:34+ 00:02+	05:35+ 01:39+ 00:33&	06:17+ 00:42+	00:48+	07:37+ 00:32+	08:32+ 00:55+	00:32+	00:19+	01:16+	00:39+	00:55+ 00:10#	12:50+ 00:37+ 00:02+	13:34+ 00:44+ 00:05#	01:12+	00:53-	00:42=	04:04+	00:46=	00:18+	00:57+	02:16+	00:35+	00:44+	00:21-
02:04+ 01:33@ 28:00+ 01:38+ 00:33& <b>4</b> 00:44+	03:02+ 00:58- 00:02- 29:06+ 01:06+ 00:26& <b>Hara</b>	03:56+ 00:54+ 00:01+ 29:40+ 00:34+ 00:02+ ald Kala 02:49+	05:35+ 01:39+ 00:33&	06:17+ 00:42+ 00:06#	00:48+ 00:03+	07:37+ 00:32+ 00:05#	08:32+ 00:55+ 00:07#	00:32+ 00:06#	00:19+ 00:02#	01:16+ 00:07#	00:39+ 00:07#	00:55+ 00:10#	12:50+ 00:37+ 00:02+ <b>29:45</b> 12:24+	13:34+ 00:44+ 00:05#	01:12+ 00:11#	00:53- 00:08-	00:42= 00:00=	04:04+ 00:46#	00:46= 00:00=	00:18+ 00:02#	00:57+ 00:13&	02:16+ 01:26@	00:35+ 00:13&	00:44+ 00:06#	00:21- 00:01-
02:04+ 01:33@ 28:00+ 01:38+ 00:33& <b>4</b> 00:44+ 00:44+	03:02+ 00:58- 00:02- 29:06+ 01:06+ 00:26& <b>Hara</b> 01:53+	03:56+ 00:54+ 00:01+ 29:40+ 00:34+ 00:02+ ald Kala 02:49+ 00:56+	05:35+ 01:39+ 00:33& <b>ager</b> 04:18+	06:17+ 00:42+ 00:06#	00:48+ 00:03+	07:37+ 00:32+ 00:05#	08:32+ 00:55+ 00:07#	00:32+ 00:06#	00:19+ 00:02#	01:16+ 00:07#	00:39+ 00:07# 10:50+ 00:39+	00:55+ 00:10#	12:50+ 00:37+ 00:02+ <b>29:45</b> 12:24+	13:34+ 00:44+ 00:05#	01:12+ 00:11#	00:53- 00:08-	00:42= 00:00=	04:04+ 00:46#	00:46= 00:00= 21:46+	00:18+ 00:02#	00:57+ 00:13& 22:56+	02:16+ 01:26@	00:35+ 00:13& 25:22+	00:44+ 00:06#	00:21- 00:01- 26:32+
02:04+ 01:33@ 28:00+ 01:38+ 00:33& <b>4</b> 00:44+ 00:44+ 00:13&	03:02+ 00:58- 00:02- 29:06+ 01:06+ 00:26& <b>Hara</b> 01:53+ 01:09+ 00:09#	03:56+ 00:54+ 00:01+ 29:40+ 00:02+ 00:02+ 00:02+ 00:03+	05:35+ 01:39+ 00:33& <b>ager</b> 04:18+ 01:29+ 00:23&	06:17+ 00:42+ 00:06# 05:05+ 00:47+	00:48+ 00:03+ 05:54+ 00:49+	07:37+ 00:32+ 00:05# 07:08+ 01:14+	08:32+ 00:55+ 00:07# 08:05+ 00:57+	00:32+ 00:06# 08:31+ 00:26=	00:19+ 00:02# 08:50+ 00:19+	01:16+ 00:07# 10:11+ 01:21+	00:39+ 00:07# 10:50+ 00:39+	00:55+ 00:10# 11:47+ 00:57+	12:50+ 00:37+ 00:02+ <b>29:45</b> 12:24+ 00:37+	13:34+ 00:44+ 00:05# 13:07+ 00:43+	01:12+ 00:11# 14:13+ 01:06+	00:53- 00:08- 15:23+ 01:10+	00:42= 00:00= 16:14+ 00:51+	04:04+ 00:46# 20:48+ 04:34+	00:46= 00:00= 21:46+ 00:58+	00:18+ 00:02# 22:07+ 00:21+	00:57+ 00:13& 22:56+ 00:49+	02:16+ 01:26@ 24:05+ 01:09+	00:35+ 00:13& 25:22+ 01:17+	00:44+ 00:06# 25:48+ 00:26-	00:21- 00:01- 26:32+ 00:44+
02:04+ 01:33@ 28:00+ 01:38+ 00:33& 4 00:44+ 00:13& 27:01+	03:02+ 00:58- 00:02- 29:06+ 01:06+ 00:26& <b>Hara</b> 01:53+ 01:09+ 00:09# 28:18+	03:56+ 00:54+ 00:01+ 29:40+ 00:02+ 00:02+ 00:02+ 00:03+	05:35+ 01:39+ 00:33& <b>ager</b> 04:18+ 01:29+ 00:23& 29:45+	06:17+ 00:42+ 00:06# 05:05+ 00:47+	00:48+ 00:03+ 05:54+ 00:49+	07:37+ 00:32+ 00:05# 07:08+ 01:14+	08:32+ 00:55+ 00:07# 08:05+ 00:57+	00:32+ 00:06# 08:31+ 00:26=	00:19+ 00:02# 08:50+ 00:19+	01:16+ 00:07# 10:11+ 01:21+	00:39+ 00:07# 10:50+ 00:39+	00:55+ 00:10# 11:47+ 00:57+	12:50+ 00:37+ 00:02+ <b>29:45</b> 12:24+ 00:37+	13:34+ 00:44+ 00:05# 13:07+ 00:43+	01:12+ 00:11# 14:13+ 01:06+	00:53- 00:08- 15:23+ 01:10+	00:42= 00:00= 16:14+ 00:51+	04:04+ 00:46# 20:48+ 04:34+	00:46= 00:00= 21:46+ 00:58+	00:18+ 00:02# 22:07+ 00:21+	00:57+ 00:13& 22:56+ 00:49+	02:16+ 01:26@ 24:05+ 01:09+	00:35+ 00:13& 25:22+ 01:17+	00:44+ 00:06# 25:48+ 00:26-	00:21- 00:01- 26:32+ 00:44+

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9	Martin Blys					115						34:17														
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### Herrer B

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00:36=	01:06=	00:52=	01:14=	00:39=	00:53=	00:28=	00:51=	00:24=	00:19=	01:19=	00:37=	00:59=	00:37=	00:55=	01:13=	00:50=	00:53=	03:39=	01:01=	00:18=	00:49=	00:55=	00:23=	00:44=	00:23=
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2	Odd	var Ta	ksdal			1	94						27:17	7											
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00:47+	01:57+	02:54+ 00:57+	04:19+ 01:25+	00:42+	00:53=	06:28+ 00:34+	07:25+ 00:57+	00:27+		01:20+	00:35-	00:59=	11:47+ 00:41+	12:36+ 00:49-	01:14+	00:57+	01:09+	03:39=	00:58-	00:19+	00:55+	01:02+	00:26+		00:22-
00:47+ 00:11&	01:57+ 01:10+	02:54+ 00:57+ 00:05+	04:19+ 01:25+	00:42+	00:53=	06:28+ 00:34+	07:25+ 00:57+	00:27+	00:20+	01:20+	00:35-	00:59=	11:47+ 00:41+	12:36+ 00:49-	01:14+	00:57+	01:09+	03:39=	00:58-	00:19+	00:55+	01:02+	00:26+	00:42-	00:22-
00:47+ 00:11& 25:40+	01:57+ 01:10+ 00:04+	02:54+ 00:57+ 00:05+ 27:17+	04:19+ 01:25+	00:42+	00:53=	06:28+ 00:34+	07:25+ 00:57+	00:27+	00:20+	01:20+	00:35-	00:59=	11:47+ 00:41+	12:36+ 00:49-	01:14+	00:57+	01:09+	03:39=	00:58-	00:19+	00:55+	01:02+	00:26+	00:42-	00:22-

Plass	Navn	Klasse	7	Tid
3	Magnus Landstad	66	2	28:23
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00:41+ 00:05# 27:06+ 01:25+	01:12+ 00:55+ 01:18+ 00:45+	01:03+ 00:35+ 00:59+ 00:36+ 00:19= 01:18- 0	10:15+ 11:19+ 1 00:34- 01:04+ 0	28:40 2:05+ 12:59+ 14:10+ 15:13+ 16:02+ 20:10+ 21:08+ 21:25+ 22:38+ 23:42+ 24:09+ 25:16+ 25:41+ 10:46+ 00:54- 01:11- 01:03+ 00:49- 04:08+ 00:58- 00:17- 01:13+ 01:04+ 00:27+ 01:07+ 00:25+ 10:09# 00:01- 00:02- 00:13& 00:04- 00:29# 00:03- 00:01- 00:24& 00:09# 00:04# 00:23& 00:02+
00:45+ 00:09# 28:02+ 01:14-	01:14+ 00:56+ 01:18+ 00:42+	00:57+ 00:37+ 00:50- 00:26+ 00:19= 01:33+ 0	10:11+ 11:28+ 1 00:34- 01:17+ 0	29:18 29:18 2:15+ 12:55+ 14:04+ 15:15+ 15:58+ 19:55+ 20:47+ 21:03+ 22:18+ 24:55+ 25:36+ 26:18+ 26:48+ 10:47+ 00:40- 01:09- 01:11+ 00:43- 03:57+ 00:52- 00:16- 01:15+ 02:37+ 00:41+ 00:42- 00:30+ 10:10& 00:15- 00:04- 00:21& 00:10- 00:18+ 00:09- 00:02- 00:26& 01:42@ 00:18& 00:02- 00:07&
00:59+ 00:23& 28:15+ 01:22+	01:11+ 00:56+ 01:14= 00:41+	00:53= 00:54+ 01:39+ 00:27+ 00:22+ 01:22+ 0	11:16+ 12:12+ 1 00:38+ 00:56- 0	29:35 2:55+ 13:39+ 14:48+ 15:52+ 16:50+ 20:21+ 21:41+ 21:59+ 23:01+ 24:59+ 25:36+ 26:19+ 26:53+ 10:43+ 00:44- 01:09- 01:04+ 00:58+ 03:31- 01:20+ 00:18= 01:02+ 01:58+ 00:37+ 00:43- 00:34+ 10:06# 00:11- 00:04- 00:14& 00:05+ 00:08- 00:19& 00:00= 00:13& 01:03@ 00:14& 00:01- 00:11&
00:48+ 00:12& 28:19+ 01:24+	01:18+ 01:01+ 01:26+ 00:42+	00:54+ 00:34+ 01:10+ 00:26+ 00:25+ 01:27+ 0	10:50+ 12:25+ 1 00:39+ 01:35+ 0	<b>29:48</b> 3:03+ 13:55+ 15:10+ 16:07+ 16:58+ 21:24+ 22:19+ 22:38+ 23:37+ 25:25+ 25:47+ 26:33+ 26:55+ 10:38+ 00:52- 01:15+ 00:57+ 00:51- 04:26+ 00:55- 00:19+ 00:59+ 01:48+ 00:22- 00:46+ 00:22- 10:01+ 00:03- 00:02+ 00:07# 00:02- 00:47# 00:06- 00:01+ 00:10# 00:53& 00:01- 00:02+ 00:01-
00:57+ 00:21& 29:10+ 01:30+	01:26+ 01:04+ 01:25+ 00:45+	00:54+ 00:34+ 01:07+ 00:36+ 00:23+ 01:26+ 0	11:12+ 12:15+ 1 00:35- 01:03+ 0	<b>30:47</b> 2:59+ 13:46+ 15:08+ 17:11+ 18:06+ 22:16+ 23:24+ 23:43+ 25:01+ 26:04+ 26:26+ 27:17+ 27:40+ 10:44+ 00:47- 01:22+ 02:03+ 00:55+ 04:10+ 01:08+ 00:19+ 01:18+ 01:03+ 00:22- 00:51+ 00:23= 10:07# 00:08- 00:09# 01:13@ 00:02+ 00:31# 00:07# 00:01+ 00:29& 00:08# 00:01- 00:07# 00:00=
02:08+ 01:32@ 30:51+ 01:26+	01:18+ 01:04+ 02:10+ 00:45+	00:59+ 00:47+ 01:06+ 00:30+ 00:17- 01:32+ 0	13:23+ 14:32+ 1 00:47+ 01:09+ 0	32:29 5:25+ 16:13+ 17:51+ 19:03+ 19:57+ 24:03+ 25:03+ 25:20+ 26:26+ 27:25+ 27:50+ 28:57+ 29:25+ 10:53+ 00:48- 01:38+ 01:12+ 00:54+ 04:06+ 01:00- 00:17- 01:06+ 00:59+ 00:25+ 01:07+ 00:28+ 10:16& 00:07- 00:25& 00:22& 00:01+ 00:27# 00:01- 00:01- 00:17& 00:04+ 00:02+ 00:23& 00:05#
10	Trond Sigurd Fotland	66		33:08
00:58+ 00:22& 31:26+ 01:28+	01:20+ 01:10+ 01:34+ 00:49+	00:58+ 00:51+ 01:27+ 00:31+ 00:23+ 02:38+ 0	00:38+ 01:10+ 0	.5:17+ 16:27+ 17:46+ 19:15+ 20:16+ 24:48+ 25:46+ 26:07+ 27:15+ 28:19+ 28:46+ 29:33+ 29:58+ 10:50+ 01:10+ 01:19+ 01:29+ 01:01+ 04:32+ 00:58- 00:21+ 01:08+ 01:04+ 00:27+ 00:47+ 00:25+ 10:13& 00:15& 00:06+ 00:39& 00:08# 00:53# 00:03- 00:03# 00:19& 00:09# 00:04# 00:03+ 00:02+
11	Bård Skogsholm	194		<b>33:47</b> 4:35+ 15:31+ 17:00+ 18:40+ 19:42+ 24:31+ 25:39+ 26:03+ 27:10+ 28:37+ 29:10+ 30:03+ 30:29+
01:06+ 00:30& 32:03+ 01:34+	01:17+ 01:07+ 01:25+ 00:47+	01:04+ 00:35+ 01:32+ 00:27+ 00:29+ 01:49+ 0	00:52+ 01:17+ 0	01:48+ 00:56+ 01:29+ 01:40+ 01:02+ 04:49+ 01:08+ 00:24+ 01:07+ 01:27+ 00:33+ 00:53+ 00:26+ 00:11& 00:01+ 00:16# 00:50& 00:09# 01:10& 00:07# 00:06& 00:18& 00:32& 00:10& 00:09# 00:03#

Plass	Navn	Klasse	Tid
01:00+ 00:24& 31:05+ 00:42-	01:31+ 01:09+ 01:36+ 00:52+ 01:07+ 01	:00+ 01:07+ 00:41+ 00:26+ 00:25- 01:35+ 00:52-	34:44 + 14:43+ 15:40+ 16:39+ 18:15+ 19:26+ 20:30+ 25:17+ 26:21+ 26:41+ 27:45+ 29:07+ 29:34+ 30:23+ - 01:22+ 00:57+ 00:59- 01:36+ 01:11+ 01:04- 04:47+ 01:04+ 00:20- 01:04+ 01:22+ 00:27- 00:49+ - 00:45@ 00:02+ 00:14- 00:46@ 00:18@ 02:35- 03:46@ 00:46@ 00:29- 00:09# 00:59@ 00:17- 00:26@
13 00:50+ 00:50+ 00:14& 33:32+ 01:43+	<b>Øyvind Rummelhoff</b> 03:12+ 07:56+ 09:32+ 10:31+ 11:26+ 12 02:22+ 04:44+ 01:36+ 00:59+ 00:55+ 00	:43+ 01:08+ 00:28+ 00:21+ 01:42+ 00:39+ 01:25	35:03 + 18:38+ 19:20+ 20:29+ 21:31+ 22:22+ 26:27+ 27:22+ 27:40+ 28:46+ 29:51+ 30:17+ 31:19+ 31:49+ + 00:46+ 00:42- 01:09- 01:02+ 00:51- 04:05+ 00:55- 00:18= 01:06+ 01:05+ 00:26+ 01:02+ 00:30+ 6 00:09# 00:13- 00:04- 00:12# 00:02- 00:26# 00:06- 00:00= 00:17& 00:10# 00:03# 00:18& 00:07&
14 02:55+ 02:55+ 02:19@ 35:14+ 01:29+	Øystein Amundrud           04:19+         05:23+         06:57+         11:24+         12:13+         13           01:24+         01:04+         01:34+         04:27+         00:49-         00           00:18&         00:12#         00:20&         03:48@         00:04-         00           36:05+         36:43+         00:51=         00:38+	:48+ 01:29+ 00:27+ 00:23+ 01:40+ 00:35- 01:14	36:43 + 19:27+ 20:15+ 21:34+ 22:38+ 23:30+ 28:01+ 29:00+ 29:23+ 30:30+ 31:38+ 32:10+ 32:56+ 33:45+ + 00:38+ 00:48- 01:19+ 01:04+ 00:52- 04:31+ 00:59- 00:23+ 01:07+ 01:08+ 00:32+ 00:46+ 00:49+ 6 00:01+ 00:07- 00:06+ 00:146 00:01- 00:52# 00:02- 00:056 00:186 00:13# 00:096 00:02+ 00:260
15 01:19+ 01:19+ 00:43@ 36:13+ 02:10+	01:40+ 01:10+ 01:48+ 00:45+ 01:16+ 01 00:34& 00:18& 00:34& 00:06# 00:23& 00 37:36+ 38:25+ 01:23+ 00:49+	:14+ 01:12+ 00:36+ 00:28+ 01:46+ 00:38+ 01:54	38:25 + 16:31+ 17:39+ 19:10+ 21:06+ 22:15+ 27:55+ 29:05+ 29:27+ 30:41+ 32:05+ 32:41+ 33:34+ 34:03+ + 00:45+ 01:08+ 01:31+ 01:56+ 01:09+ 05:40+ 01:10+ 00:22+ 01:14+ 01:24+ 00:36+ 00:53+ 00:29+ & 00:08# 00:13# 00:18# 01:06@ 00:16& 02:01& 00:09# 00:04# 00:25& 00:29& 00:13& 00:09# 00:06&
16 00:55+ 00:55+ 00:19& 34:51+ 02:03+	01:45+ 01:12+ 01:58+ 00:59+ 01:15+ 00 00:39& 00:20& 00:44& 00:20& 00:22& 00 44:12+ 45:16+ 09:21+ 01:04+	:43+ 01:18+ 00:37+ 00:31+ 01:44+ 00:49+ 01:24	<b>45:16</b> + 16:11+ 17:07+ 18:50+ 20:22+ 21:30+ 26:24+ 27:42+ 28:10+ 29:38+ 30:53+ 31:26+ 32:19+ 32:48+ 01:01+ 00:56+ 01:43+ 01:32+ 01:08+ 04:54+ 01:18+ 00:28+ 01:28+ 01:15+ 00:33+ 00:53+ 00:29+ 00:24& 00:01+ 00:30& 00:42& 00:15& 01:15& 00:17& 00:10& 00:39& 00:20& 00:10& 00:09# 00:06&
Beste	os:30@ 00:33@  strekktid for klassen		2 00:36 00:40 00:59 00:50 00:43 01:04 00:52 00:16 00:20 00:55 00:20 00:27 00:21 00:42 00:

### Herrer C

1	Otte	Omda	ıl			(	65						24:3	7											
00:51=	01:22=	02:13=	03:43=	04:37=	06:04=	07:30=	08:11=	08:47=	09:16=	10:35=	11:48=	12:26=	13:12=	14:46=	15:52=	16:49=	17:59=	19:13=	19:44=	20:17=	21:08=	22:08=	22:30=	23:06=	24:05=
00:51=	00:31=	00:51=	01:30=	00:54=	01:27=	01:26=	00:41=	00:36=	00:29=	01:19=	01:13=	00:38=	00:46=	01:34=	01:06=	00:57=	01:10=	01:14=	00:31=	00:33=	00:51=	01:00=	00:22=	00:36=	00:59=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
24:37=																									
00:32=																									
00:00=																									
2	Hen	ning S	undby	,		•	114						24:4	5											
00:37-	01:04-	01:52-	03:18-	04:11-	05:22-	06:26-	07:02-	07:41-	08:14-	09:44-	11:05-	11:48-	12:34-	14:06-	15:03-	16:14-	17:42-	19:30+	19:59+	20:23+	21:18+	22:14+	22:37+	23:10+	24:10+
00:37-	00:27-	00:48-	01:26-	00:53-	01:11-	01:04-	00:36-	00:39+	00:33+	01:30+	01:21+	00:43+	00:46=	01:32-	00:57-	01:11+	01:28+	01:48+	00:29-	00:24-	00:55+	00:56-	00:23+	00:33-	01:00+
	00:04-	00:03-	00:04-	00:01-	00:16-	00:22-	00:05-	00:03+	00:04#	00:11#	00:08#	00:05#	00:00=	00:02-	00:09-	00:14#	00:18&	00:34&	00:02-	00:09-	00:04+	00:04-	00:01+	00:03-	00:01+
24:45+																									
00:35+																									
00:03+																									
3	Nils	John \	Vestøl				33						25:30	0											
00:23-	00:45-	01:36-	02:49-	03:50-	05:16-	06:28-	07:05-	07:38-	08:11-	09:44-	11:00-	12:33+	13:18+	15:04+	16:11+	17:12+	18:24+	19:45+	20:15+	20:51+	21:41+	22:51+	23:14+	23:48+	24:58+
00:23-	00:22-	00:51=	01:13-	01:01+	01:26-	01:12-	00:37-	00:33-	00:33+	01:33+	01:16+	01:33+	00:45-	01:46+	01:07+	01:01+	01:12+	01:21+	00:30-	00:36+	00:50-	01:10+	00:23+	00:34-	01:10+
	00:09-	00:00=	00:17-	00:07#	00:01-	00:14-	00:04-	00:03-	00:04#	00:14#	00:03+	00:55@	00:01-	00:12#	00:01+	00:04+	00:02+	00:07+	00:01-	00:03+	00:01-	00:10#	00:01+	00:02-	00:11#
25:30+																									
00:32=																									
00:00=																									

Plass	Nav	n					Klasse	)					Tid												
4		il Wira					114						26:04												
00:29-	00:25-	01:00+	01:59+	01:07+	01:25-	01:01-	00:33-	00:57+	00:25-	01:34+	01:05-	13:06+ 01:06+ 00:28&	00:41-	01:35+	01:08+	01:02+	01:24+	01:06-	00:35+	00:52+	01:07+	01:01+	00:20-	00:34-	00:59=
00:33-	01:04- 00:31=	02:00- 00:56+	01:12-	04:22- 01:10+	01:36+	07:03- 01:05-	00:34-	00:37+	00:34+	01:37+	01:18+	12:28+ 00:45+ 00:07#	00:41-	15:09+ 02:00+	01:00-	01:09+	01:33+	01:50+	00:30-	00:29-	00:57+	01:10+	00:22=	00:33-	01:00+
00:32-	01:03- 00:31=	01:04+	03:08- 01:01-	01:11+	01:30+	07:04- 01:15-	00:38-	01:01+	00:36+	01:27+	01:14+	12:48+ 00:48+ 00:10&	00:59+	15:47+ 02:00+	01:03-	01:09+	01:20+	01:25+	00:31=	00:28-	01:00+	01:12+	00:21-	00:42+	01:18+
00:47-	01:18- 00:31=	02:17+ 00:59+	01:08-	04:56+ 01:31+	01:17-	07:18- 01:05-	00:35-	00:38+	00:35+	02:15+	01:17+	13:27+ 00:49+ 00:11&	00:49+	15:56+ 01:40+	01:09+	01:04+	01:14+	01:46+	00:29-	00:41+	01:09+	01:19+	00:17-	00:45+	01:12+
00:27-	00:53- 00:26-	01:00+	02:58- 01:05-	01:01+	01:39+	06:51- 01:13-	00:36-	00:44+	00:37+	01:40+	01:11-	12:59+ 01:20+ 00:42@	00:53+	15:46+ 01:54+	01:02-	01:01+	01:33+	01:57+	00:29-	00:34+	01:07+	01:09+	00:26+	00:40+	01:23+
01:10+	01:38+ 00:28-	02:32+ 00:54+	01:09-	04:44+ 01:03+	01:36+	08:20+ 02:00+	00:47+	00:32-	00:38+	01:22+	01:02-	13:59+ 01:18+ 00:40@	00:46=	16:39+ 01:54+	01:02-	01:02+	01:39+	01:21+	00:30-	00:26-	01:14+	01:23+	00:19-	00:30-	01:13+
00:24-	00:55- 00:31=	00:59+	03:47+ 01:53+	01:07+	01:46+	08:04+ 01:24-	00:50+	01:46+	00:40+	01:27+	01:24+	14:56+ 00:45+ 00:07#	00:52+	17:36+ 01:48+	01:02-	01:04+	01:46+	01:27+	00:38+	00:35+	00:59+	01:20+	00:23+	00:41+	01:06+
00:51=	01:25+ 00:34+	02:11- 00:46-	00:55-	04:05- 00:59+	01:22-	06:50- 01:23-	00:29-	00:30-	00:30+	01:25+	01:44+	13:09+ 01:41+ 01:03@	00:36-	17:45+ 04:00+	01:01-	01:03+	01:25+	01:53+	00:26-	02:27+	00:49-	00:59-	00:15-	00:27-	01:21+
<b>12</b>			var Ne		06.45+		116	09.31±	10.18+	12.22±	13.41±	14:34+	31:07		18・37±	19.57±	21.33±	24・31±	25.07±	25.44+	26.44+	27.58±	28.22±	29·14±	30.23+
00:32-	00:33+	01:10+	01:36+	01:09+	01:45+	01:22-	00:46+	00:38+	00:47+	02:04+	01:19+	00:53+ 00:15&	00:52+	01:54+	01:17+	01:20+	01:36+	02:58+	00:36+	00:37+	01:00+	01:14+	00:24+	00:52+	01:09+

Plass	Nav	n					Klasse	9					Tid													
13	Erlin	ng Mau	ıland				83						31:1	4												
												15:27+ 00:58+														
00:17-												00:20&														
31:14+ 00:31-																										
00:01-																										
14		rand [		-	05.50		42	00.20	00.03	12.45.	15.041	16.101	31:4	-	20.25.	21.461	22-141	05.11.	25.421	26.121	07.17.	20.461	20-121	20-40-	21 - 01 -	
												16:19+ 00:55+														
00:20- 31:43+	00:05-	00:04+	00:22-	00:10#	00:19#	00:08-	00:06-	00:10&	00:05#	03:23@	00:26&	00:17&	00:04+	00:26&	00:20&	00:14#	00:18&	00:43&	00:01+	00:03-	00:13&	00:29&	00:04#	00:01+	00:13#	
00:42+																										
00:10&	α::	al D.a.	<b>.</b>				440						20-0													
<b>15</b>		nd Bei 02:47+			06:49+		116 UB:46+	09:40+	10:15+	10:47+	12:27+	13:51+	<b>32:0</b> 14:35+		17:53+	19:23+	21:11+	22:36+	25:38+	26:09+	26:42+	27:40+	28:55+	29:16+	29:49+	
												01:24+														
31:13+		00:15%	00:18-	00:13#	00:16#	00:08-	00:02-	00:18%	00:06#	00:47-	00:27&	00:460	00:02-	00:36-	01:140	00:33&	00:38&	00:11#	02:310	00:02-	00:18-	00:02-	00:530	00:15-	00:26-	
01:24+ 00:52@																										
16		l Dale					93						32:1	5												
00:40-	01:09-	02:15+				08:11+	08:59+					14:36+	15:34+	18:27+												
												00:54+ 00:16&														
32:15+																										
00:56+ 00:24&																										
17	Knu	t Taug	bøl				116						33:2	9												
												14:24+ 00:50+														
00:18-												00:12&														
33:29+ 00:43+																										
00:11&			_											_												
18		H. Gjei		05.11.	06.451		116	11.02	11.461	12.251	15.101	15:59+	33:3		20.471	22.001	22.521	25.461	26.251	27.101	20.21.	20.041	20.271	21.121	22.41.	
00:38-	00:36+	01:17+	01:24-	01:16+	01:34+	01:34+	02:01+	00:42+	00:44+	01:49+	01:35+	00:49+	01:08+	02:09+	01:31+	01:13+	01:52+	01:54+	00:49+	00:35+	01:21+	01:33+	00:23+	00:45+	01:29+	
00:13- 33:39+	00:05#	00:26&	00:06-	00:22&	00:07+	00:08+	01:20@	00:06#	00:15&	00:30&	00:22&	00:11&	00:22&	00:35&	00:25&	00:16&	00:42&	00:40&	00:18&	00:02+	00:30&	00:33&	00:01+	00:09#	00:30&	
00:58+																										
00:26&	Ø:o4	ain Ua	اممما				446						25.4	0												
<b>19</b> 04:07+		ein Ha 05:43+		09:28+	11:10+		116 13:15+	13:58+	14:33+	16:35+	18:05+	18:54+	35:1 19:46+		23:16+	24:42+	26:41+	28:44+	29:21+	29:52+	30:58+	32:13+	32:37+	33:17+	34:26+	
												00:49+ 00:11&														
35:18+	00:00=	00:14&	01:04&	00:1/&	00:15#	00:03-	00:01+	00:07#	00:06#	00:43&	00:1/#	00:11%	00:06#	00:48&	00:02+	00:29&	00:49&	00:49&	00:00#	00:02-	00:13&	00:13#	00:02+	00:04#	00:10#	
00:52+ 00:20&																										
20	Run	e Chri	stians	en			93						36:5	0												
00:31-	01:01-	02:09-	03:35-	04:56+		09:05+	09:54+					16:15+	17:34+	20:15+												
												01:08+ 00:30&														
36:50+																										
01:05+ 00:33@																										
Beste:																										
00:23	00:22	00:46	00:55	00:53	01:11	01:01	00:29	00:30	00:25	00:32	01:02	00:38	00:36	00:58	00:57	00:57	01:10	01:06	00:26	00:24	00:33	00:56	00:15	00:21	00:33	00:31

**Herrer Ny** 

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navı	า				ı	<b>Klasse</b>						Tid
1	Espe	en Kris	stianse	en		6	3						12:57
00:37=				03:11=	05:38=	06:18=	08:51=	09:29=	11:04=	12:14=	12:31=	12:57=	
00:37=	01:03=	00:55=	00:21=	00:15=	02:27=	00:40=	02:33=	00:38=	01:35=	01:10=	00:17=	00:26=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Run	e Hage	n Mau	ıdal		6	3						19:05
00:33-	01:46+	02:41+	03:14+	03:38+	05:23-	06:17-	08:59+	09:30+	10:59-	12:37+	13:31+	18:29+	19:05+
00:33-	01:13+	00:55=	00:33+	00:24+	01:45-	00:54+	02:42+	00:31-	01:29-	01:38+	00:54+	04:58+	00:36+
00:04-	00:10#	00:00=	00:12&	00:09&	00:42-	00:14&	00:09+	00:07-	00:06-	00:28&	00:37@	04:320	00:36+
3	Kjell	-Ole T	opnes	;		1	16						41:43
00:59+	02:46+	04:32+	05:12+	05:49+	15:36+	18:28+	33:34+	34:38+	37:51+	40:17+	41:06+	41:43+	
00:59+	01:47+	01:46+	00:40+	00:37+	09:47+	02:52+	15:06+	01:04+	03:13+	02:26+	00:49+	00:37+	
00:22&	00:44&	00:51&	00:19&	00:22@	07:20@	02:12@	12:330	00:26&	01:38@	01:16@	00:32@	00:11&	
4	Ahm	ed Ma	hran			ç	91						49:00
00:48+	02:18+	03:51+	04:32+	05:11+	07:11+	08:49+	41:13+	42:45+	44:54+	47:13+	48:06+	49:00+	
00:48+	01:30+	01:33+	00:41+	00:39+	02:00-	01:38+	32:24+	01:32+	02:09+	02:19+	00:53+	00:54+	
00:11&	00:27&	00:38&	00:20&	00:24@	00:27-	00:58@	29:510	00:54@	00:34&	01:09&	00:36@	00:28@	
<b>Beste</b>	strekk	tid for	klass	en									
00:33	01:03	00:55	00:21	00:15	01:45	00:40	02:33	00:31	01:29	01:10	00:17	00:26	

<sup>=</sup> Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

# **Herrer Trim**

1	Rolf	Frøyla	and			į	5						17:03	3		
00:29=	01:43=	02:41=	03:33=	04:33=	05:12=	05:49=	07:16=	09:09=	09:51=	11:47=	12:27=	13:27=	13:56=	15:33=	16:26=	17:03=
					00:39=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Tork	cel Sch	nibeva	ag		•	114						17:07	7		
00:33+					04:42-											
00:33+	01:41+	00:39-	00:51-	00:22-	00:36-	00:48+	01:40+	01:41-	00:48+	01:44-	00:39-	01:16+	00:29=	02:08+	00:41-	00:31-
00:04#	00:27&	00:19-	00:01-	00:38-	00:03-	00:11&	00:13#	00:12-	00:06#	00:12-	00:01-	00:16&	00:00=	00:31&	00:12-	00:06-
3	Per-	Olof W	lallers	tedt		3	376						20:00	)		
00:43+	02:14+	03:19+	04:03+	04:27-	05:14+	05:58+	08:13+	10:06+	11:16+	13:18+	14:17+	15:31+	15:58+	18:08+	19:13+	20:00+
00:43+	01:31+	01:05+	00:44-	00:24-	00:47+	00:44+	02:15+	01:53=	01:10+	02:02+	00:59+	01:14+	00:27-	02:10+	01:05+	00:47+
00:14&	00:17#	00:07#	00:08-	00:36-	00:08#	00:07#	00:48&	00:00=	00:28&	00:06+	00:19&	00:14#	00:02-	00:33&	00:12#	00:108
4	Froc	le Lun	d			1	18						20:08	3		
00:34+	02:05+	02:48+	03:43+	04:10-	04:49-	05:33-	08:01+	10:19+	11:11+	13:32+	14:16+	15:24+	15:54+	18:17+	19:26+	20:08+
00:34+					00:39=											
00:05#	00:17#	00:15-	00:03+	00:33-	00:00=	00:07#	01:01&	00:25#	00:10#	00:25#	00:04#	00:08#	00:01+	00:46&	00:16&	00:05#
5	Svei	n Mæl	е			4	13						20:08	3		
00:47+					04:43-											
00:47+					00:43+											
00:18&					00:04#	00:14&	00:16#	00:12#	00:17&	00:30&	00:560	00:05-	00:20&	00:33&	00:09#	00:128
6	Jan	Erik S	yverts	en			51						20:2	1		
00:40+	02:29+	03:24+	04:29+	05:01+	05:42+	06:24+	08:11+	10:20+	11:25+	13:38+	14:22+	15:31+	16:11+	18:22+	19:39+	20:21+
00:40+					00:41+											
00:11&	00:35&	00:03-	00:13#	00:28-	00:02+	00:05#	00:20#	00:16#	00:23&	00:17#	00:04#	00:09#	00:11&	00:34&	00:24&	00:05#
7		er Nys					92						21:19	•		
00:34+					05:03-											
00:34+					00:44+											
00:05#					00:05#			00:23#	00:54@	00:37&	00:02+	00:23&			00:18&	00:168
8		n Erik					91						21:49	-		
					06:48+											
01:04+					00:54+											
00:350					00:15&			00:28#	00:26&	00:22#	00:02+	00:09#			00:01-	00:04#
9		Martho				ţ	-						22:19	•		
					05:02-											
00:39+					00:37-											
00:10&	00:20&	00:10-	00:05+	00:33-	00:02-	00:12&	01:580	00:27#	00:45@	00:48&	00:02-	00:02-	00:11&	00:50&	00:13#	00:06#

Plass	Navr	1				ı	Klasse	)					Tid			
10	Vikto	r Klip	pen				5						22:43	3		
	03:15+															
	01:35+ 00:21&															
	_			00:32-	00:03+	_		00:09-	00:03+	00:13-	02:030	00:01-		_	00:01+	00:03+
11	02:49+	ı Bjøri		00.441	00.221		91	15.051	15.561	17.451	10.21.	10.251	22:58	-	22.201	22.501
	01:38+															
	00:24&															
12	Arne	Nyga	ard			6	66						25:17	7		
	02:50+			05:09+	05:59+			14:55+	16:23+	18:38+	19:26+	20:40+		-	24:25+	25:17+
	02:04+															
00:17&	00:50&	00:06-	00:01-	00:24-	00:11&	00:24&	00:19#	04:160	00:46@	00:19#	00:08#	00:14#	00:04#	00:40&	00:02+	00:15&
13		ard Hø					378						25:24	-		
	02:36+															
	01:47+ 00:33&															
			_		00.524			02.556	00.130	00.55@	00.07π	00.524		_	00.300	00.130
14	02:52+		n Tons		06.401		36	12.461	1/.10:	17.201	10.161	20.221	25:32		24.221	26.221
	02:32+															
	00:31&															
15	Nils	Egil L	ie			3	376						26:07	7		
	02:09+			04:53+	05:42+			12:00+	13:06+	16:20+	17:52+	19:46+		-	25:03+	26:07+
	01:35+															
00:05#	00:21&	00:17&	00:11#	00:34-	00:10&	00:15&	01:42@	00:24#	00:24&	01:18&	00:52@	00:54&	380:00	01:34&	00:36&	00:27&
16	Jan l	Henrik	Neue	nkirch	en	1	117						26:23	3		
	03:00+															
	02:14+ 01:00&															
	_			00.51	00.130	_		00.24π	00.520	02.100	00.00-	00.230		_	01.436	00.550
17	03:44+	Fand		07.10+	08.201		11.521	1/1./84	16.154	18.56+	10.191	21.201	26:39	-	25.474	26.30+
	02:57+															
	01:43@															
18	Steir	nar Aa	se			2	268						27:01	1		
	02:38+			05:28+	06:31+	_		13:04+	14:40+	17:54+	18:56+	20:32+		-	25:55+	27:01+
	01:54+															
00:15&	00:40&	00:10#	00:16&	00:26-	00:24&	00:25&	01:12&	00:59&	00:54@	01:18&	00:22&	00:36&	00:13&	01:39@	00:32&	00:29&
19		Jarle S				_	29						27:2°	-		
	03:56+															
	03:23+ 02:09@															
20	_	Aalbu	00.10	00.27	00.114	_	29	00.104	01.170	01.214	00.214	00.014	27:48	_	00.10	00.174
	02:30+		04.34+	05.10+	06.03+	_		15.02+	17.18+	20.20+	21 • 13+	22.35+		-	26.56+	27 • 48+
	01:46+															
00:15&	00:32&	00:01-	00:15&	00:24-	00:14&	00:21&	01:00&	03:410	01:34@	01:06&	00:13&	00:22&	00:06#	00:50&	00:26&	00:15&
21	Tron	d Karl	lsen			2	228						27:53	3		
	03:26+															
	02:42+															
	01:280			00:23-	00:06#			01:04&	03:230	00:43&	00:18&	00:19&		_	00:08#	00:09#
22		n Sive					115						28:32	_		
	02:24+ 01:50+															
	00:36&															
23			krettin				54						29:01			= = =
	03:33+				08:09+			14:40+	16:06+	18:54+	19:56+	23:21+			27:50+	29:01+
	02:25+															
00:39@	01:11&	00:10#	00:52&	00:16-	00:21&	00:31&	01:10&	00:53&	00:44@	00:52&	00:22&	02:25@	00:10&	00:53&	00:27&	00:34&
24	Pål A	Augus	t Graff			4	13						29:27	7		
	02:01+	02:39-	03:26-	03:54-												
	01:14=															
UU:18&	00:00=	UU:20-	00:05-	00:32-	00:00=	05:150	00:23&	00:27-	U6:58@	00:39&	00:33&	00:05-	00:01-	00:13-	00:07-	00:08#

Plass	Navr	1					Klasse	)					Tid					
25	Rolf	Øvste	in Klu	ae			7						29:37	7				
												23:14+						
												01:18+						
			_		00:13&			01:29&	01:036	02:000	00:184	00:18&		_	01:076	00:22&		
26			e Svar		06.54+		111	13.29+	16.17+	19.58+	22.47+	24:12+	30:36		29.42+	30.36+		
												01:25+						
00:27&	00:53&	00:03-	00:29&	00:22-	00:18&	00:20&	01:04&	01:14&	02:06@	01:45&	02:09@	00:25&	00:15&	02:120	00:04+	00:17&		
27	Fran	k Gull	brands	sen			105						31:05	5				
												25:53+						
												01:19+						
		_	_	00:20-	00:36&			02:520	00:560	03:340	00:13&	00:19&		_	00:22&	00:13&		
28		er Par		05 00:	0.5 44.		117	00 50:	04 50:	04.44.	04.50.	0.5.00.	31:21		00.04			
												26:02+ 01:09+						
												00:09#						
29	∆rild	Olsei	n				1						32:19	9				
				07:41+	09:08+	10:50+	13:20+	16:29+	17:46+	22:30+	23:21+	24:44+			31:17+	32:19+		
												01:23+						
00:38@	00:40&	00:59@	01:130	00:22-	00:48@	01:05@	01:03&	01:16&	00:35&	02:48@	00:11&	00:23&	00:31@	01:02&	02:01@	00:25&		
30			rfelice				51						32:2					
												24:57+						
												00:52- 00:08-						
31	_	Норе		00.07	00.01		43	00.10	00.03	00.010	00.10	00.00	33:33	_	02.200	00.104	00.00	
				06:26+	07:23+		. •	13:10+	16:09+	25:27+	26:17+	27:44+			32:19+	33:33+		
												01:27+						
00:34@	00:55&	00:14#	00:28&	00:18-	00:18&	00:26&	00:51&	00:33&	02:17@	07:22@	00:10#	00:27&	00:10&	01:00&	00:26&	00:37&		
32		re Uhl					105						38:19					
												31:48+						
												01:31+ 00:31&						
33				00.00	01.496		_	00.55&	00.406	02.400	00.270	00.514	38:48	_	00.200	00.514		
		3akke		07.29+	08.36+		12:00+	14.23+	17.15+	26.35+	27.31+	28.56+			32.21+	36.13+	37:40+	38 • 48+
																	01:27+	
00:380	02:06@	00:29&	00:08#	00:25-	00:28&	00:29&	00:51&	00:30&	02:10@	07:24@	00:16&	00:25&	00:12&	00:34&	00:20-	03:15@	01:27+	01:08+
34	Arild	Svihu	JS			(	92						39:15	5				
												30:16+						
												02:41+ 01:41@						
		_			00:00#			03:376	01:410	03:330	00:576	01:410		_	01:036	01:030		
35			hn La		13.57±		3 <b>72</b>	23.20⊥	24.171	31.08±	31.50±	33:04+	44:32		13.38±	11.32±		
												01:14+						
												00:14#						
36	Endr	e Gab	rielse	n			126						46:36	3				
					10:30+			16:32+	33:00+	38:14+	39:15+	40:30+			45:44+	46:36+		
												01:15+						
00:460	01:08&	00:30&	01:39@	00:20-	01:35@	00:07#	00:56&	01:02&	15:460	03:18@	00:21&	00:15#	00:37@	01:07&	00:31&	00:15&		
37		eir Kle					47						57:00					
												47:30+						
												02:13+ 01:13@						
Beste					31.000	30.004		30.076	30.224	30.231	30.134	J J.	32.076	30.23	30.131	32.216		
				-	00:36	00:37	01:27	01:26	00:42	01:43	00:30	00:52	00:27	01:24	00:33	00:30		
30.23	55.45	55.57	55.45	00.22	50.50	50.57	01.2/	01.20	00.12	01.70	55.50	00.02	00.21	U1.27	00.00	50.50		