Klasse

Damer 16 - 39 år

1	Røni	naug F	Egelan	h			154						32:00	ו								
00:46=					06:25=			10:32=	12:10=	14:30=	16:04=	18:29=		-	23:03=	25:02=	26:24=	29:02=	30:35=	31:37=	32:00=	
																	01:22=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Kari	Borae	'n				62						34:35	5								
00:44-				03:49-	06:29+			11:14+	12:31+	14:41+	15:53-	18:42+		-	23:43+	25:07+	27:32+	32:12+	33:14+	34:17+	34:35+	
																	02:25+					
00:02-	00:13&	00:01-	00:08-	00:05-	00:07+	00:05+	00:21&	00:12#	00:21-	00:10-	00:22-	00:24#	00:19#	00:15#	00:07-	00:35-	01:03&	02:02&	00:31-	00:01+	00:05-	
3	Kirst	en Vil	(e			9	92						39:07	7								
00:57+				05:30+	08:33+			14:03+	15:58+	19:25+	21:30+	24:12+			29:49+	31:26+	32:51+	36:08+	37:30+	38:41+	39:07+	
00:57+	00:37+	02:05+	00:48+	01:03+	03:03+	01:48+	01:26+	02:16+	01:55+	03:27+	02:05+	02:42+	02:11+	01:41+	01:45+	01:37-	01:25+	03:17+	01:22-	01:11+	00:26+	
00:11#	280:00	01:040	00:04+	00:11#	00:30#	00:28&	00:09#	00:46&	00:17#	01:07&	00:31&	00:17#	00:44&	00:15#	00:04+	00:22-	00:03+	00:39#	00:11-	00:09#	00:03#	
4	Wibe	eke Le	nde				74						39:17	7								
00:48+				04:01+	06:50+	08:24+	09:37+	11:55+	13:30+	16:12+	17:55+	22:23+			28:47+	31:00+	32:00+	35:37+	37:45+	38:53+	39:17+	
00:48+	00:32+	01:10+	00:41-	00:50-	02:49+	01:34+	01:13-	02:18+	01:35-	02:42+	01:43+	04:28+	02:32+	02:05+	01:47+	02:13+	01:00-	03:37+	02:08+	01:08+	00:24+	
00:02+	00:03#	00:09#	00:03-	00:02-	00:16#	00:14#	00:04-	00:48&	00:03-	00:22#	00:09+	02:03&	01:05&	00:39&	00:06+	00:14#	00:22-	00:59&	00:35&	00:06+	00:01+	
5	Åshi	ld Nor	dbotte	en			134						41:33	3								
00:47+					07:20+			14:23+	18:05+	19:40+	22:50+	24:29+		-	29:30+	31:05+	33:24+	34:45+	37:16+	39:40+	41:14+	41:33+
00:47+	00:36+	01:11+	00:40-	00:58+	03:08+	02:22+	03:37+	01:04-	03:42+	01:35-	03:10+	01:39-	02:17+	01:33+	01:11-	01:35-	02:19+	01:21-	02:31+	02:24+	01:34+	00:19+
00:01+	00:07#	00:10#	00:04-	00:06#	00:35#	01:02&	02:200	00:26-	02:04@	00:45-	01:360	00:46-	00:50&	00:07+	00:30-	00:24-	00:57&	01:17-	00:58&	01:22@	01:110	00:19+
6	Inari	d Lvcl	ke Aus	stbø			109						42:40)								
00:48+					08:39+	12:40+	13:33+	16:50+	18:26+	21:52+	23:32+	26:38+	29:09+	30:42+	32:15+	34:26+	35:57+	38:23+	40:46+	42:19+	42:40+	
00:48+	00:33+	02:00+	00:53+	00:54+	03:31+	04:01+	00:53-	03:17+	01:36-	03:26+	01:40+	03:06+	02:31+	01:33+	01:33-	02:11+	01:31+	02:26-	02:23+	01:33+	00:21-	
00:02+	00:04#	00:59&	00:09#	00:02+	00:58&	02:410	00:24-	01:47@	00:02-	01:06&	00:06+	00:41&	01:04&	00:07+	00:08-	00:12#	00:09#	00:12-	00:50&	00:31&	00:02-	
7	Anna	a Bertl	helsen	1			117						42:57	7								
00:58+					08:33+	10:14+	12:14+	14:16+	16:10+	18:51+	20:44+	24:24+	26:40+	29:07+	30:57+	33:52+	35:33+	39:24+	41:14+	42:31+	42:57+	
00:58+	00:37+	01:18+	00:47+	01:01+	03:52+	01:41+	02:00+	02:02+	01:54+	02:41+	01:53+	03:40+	02:16+	02:27+	01:50+	02:55+	01:41+	03:51+	01:50+	01:17+	00:26+	
00:12&	00:08&	00:17&	00:03+	00:09#	01:19&	00:21&	00:43&	00:32&	00:16#	00:21#	00:19#	01:15&	00:49&	01:01&	00:09+	00:56&	00:19#	01:13&	00:17#	00:15#	00:03#	
8	Trine	e Selvi	ikvåg				62						45:20)								
00:50+	01:22+	02:25+	03:14+	05:16+	08:14+	10:18+	11:43+	13:46+	15:12+	20:07+	22:08+	25:06+	27:34+	31:14+	32:58+	35:15+	36:43+	39:10+	44:02+	44:59+	45:20+	
																	01:28+					
00:04+	00:03#	00:02+	00:05#	01:100	00:25#	00:44&	00:08#	00:33&	00:12-	02:350	00:27&	00:33#	01:01&	02:140	00:03+	00:18#	00:06+	00:11-	03:190	00:05-	00:02-	
9	Ingu	nn Be	rghein	n Lanc	dsnes		74						45:36	5								
																	39:02+					
																	01:45+					
00:07#	00:06#	00:15#	00:22&	00:19&	02:05&	00:52&	00:24&	01:42@	00:25&	00:53&	00:41&	00:34#	02:290	00:36&	00:16#	00:09+	00:23&	00:02-	00:24&	00:34&	00:02+	
10	Mett	e Lang	geland				117						45:50)								
																	37:03+					
																	01:36+					
00:17&	00:12&	00:30&	00:08#	00:12#	00:29#	01:450	00:04+	00:56&	00:08+	01:10&	00:36&	02:290	00:34&	00:41&	00:10+	00:04+	00:14#	01:25&	01:440	00:03+	00:01-	
11	Mari	ta Sko	rpe			•	74						46:17	7								
																	38:57+					
																	01:35+					
00:12&	\$80:00	00:20&	00:07#	00:07#	01:24&	00:30&	00:02+	01:02&	01:36&	02:14&	00:58&	02:18&	00:28&	00:34&	00:28&	00:08-	00:13#	00:57&	00:04-	00:49&	00:02+	
12			enshav				101						46:22									
																	38:29+					
																	01:32+					
		. .		00:06#	01:13&			00:52&	00:01-	01:23&	00:49&	03:590		-	00:14#	00:12#	00:10#	00:56&	01:14&	00:04+	00:03#	
13		e Sjur					117						47:03									
																	39:48+					
																	01:59+					
					∪∠:14&			U1:240	∪∪:⊥∠#	U1:U/&	00:31&	00:43&		_	00:21#	00:14#	00:37&	U1:2/&	00:10-	00:21&	00:01+	
14			M. Bal				116						48:33	-								
																	41:33+					
																	01:43+					
00:03-	00:088	00:T8%	00:06#	00:02+	U1:04&	00:38&	00:33&	01:21&	00:04+	UT:02%	U1:26&	UI:23&	00:40&	04:210	00:3/&	UT:02%	00:21&	00:30#	UU:21#	00:31&	00:02+	

Plass	Navn					ļ	Klasse	•					Tid								
15	Ruth	Magr	ethe V	Vestre			54						49:42	2							
	01:19+ 0							13:20+	15:16+	20:53+	24:41+	32:47+		_	38:34+	42:05+	43:25+	46:41+	47:49+	49:20+	49:42+
00:47+	00:32+ 0	01:12+	00:46+	00:50-	03:19+	01:56+	01:27+	02:31+	01:56+	05:37+	03:48+	08:06+	01:46+	02:10+	01:51+	03:31+	01:20-	03:16+	01:08-	01:31+	00:22-
00:01+	00:03# 0	00:11#	00:02+	00:02-	00:46&	00:36&	00:10#	01:01&	00:18#	03:170	02:140	05:410	00:19#	00:44&	00:10+	01:32&	00:02-	00:38#	00:25-	00:29&	00:01-
16	Helen	e Lie				-	228						51:12	2							
00:56+	01:28+ 0			04:56+	14:01+	15:41+	17:36+	20:58+	22:43+	26:19+	28:32+	31:41+		_	37:46+	40:14+	41:22+	45:32+	49:24+	50:48+	51:12+
00:56+	00:32+ 0	01:42+	00:48+	00:58+	09:05+	01:40+	01:55+	03:22+	01:45+	03:36+	02:13+	03:09+	01:58+	01:52+	02:15+	02:28+	01:08-	04:10+	03:52+	01:24+	00:24+
00:10#	00:03# 0	00:41&	00:04+	00:06#	06:320	00:20#	00:38&	01:520	00:07+	01:16&	00:39&	00:44&	00:31&	00:26&	00:34&	00:29#	00:14-	01:32&	02:190	00:22&	00:01+
17	Bodil	Kroo	edal				126						51:13	3							
00:49+	01:22+ (04:26+	07:50+	10:01+	14:54+	17:23+	19:10+	22:54+	26:10+	31:07+	33:24+	35:04+	37:00+	38:43+	45:05+	48:00+	49:07+	50:43+	51:13+
00:49+	00:33+ 0	01:20+	00:43-	01:01+	03:24+	02:11+	04:53+	02:29+	01:47+	03:44+	03:16+	04:57+	02:17+	01:40+	01:56+	01:43-	06:22+	02:55+	01:07-	01:36+	00:30+
00:03+	00:04# 0	00:19&	00:01-	00:09#	00:51&	00:51&	03:360	00:59&	00:09+	01:24&	01:420	02:320	00:50&	00:14#	00:15#	00:16-	05:000	00:17#	00:26-	00:34&	00:07&
18	Tone	Gisk	е			-	7						51:3	5							
01:01+	01:47+ (-	05:34+	10:12+	12:31+	15:12+	18:18+	20:17+	23:41+	25:39+	31:40+	34:18+	36:04+	38:38+	40:49+	43:00+	46:51+	49:14+	51:11+	51:35+
01:01+	00:46+ 0	01:27+	01:10+	01:10+	04:38+	02:19+	02:41+	03:06+	01:59+	03:24+	01:58+	06:01+	02:38+	01:46+	02:34+	02:11+	02:11+	03:51+	02:23+	01:57+	00:24+
00:15&	00:17& 0	00:26&	00:26&	00:18&	02:05&	00:59&	01:240	01:360	00:21#	01:04&	00:24&	03:360	01:11&	00:20#	00:53&	00:12#	00:49&	01:13&	00:50&	00:55&	00:01+
19	Nicola	a Her	bert			9	92						53:24	4							
00:55+	01:28+ 0	04:02+	04:54+	05:55+	09:01+	10:58+	12:42+	22:19+	24:07+	27:08+	29:05+	31:50+	34:10+	35:31+	37:38+	39:16+	41:13+	50:41+	52:01+	53:00+	53:24+
00:55+	00:33+ 0	02:34+	00:52+	01:01+	03:06+	01:57+	01:44+	09:37+	01:48+	03:01+	01:57+	02:45+	02:20+	01:21-	02:07+	01:38-	01:57+	09:28+	01:20-	00:59-	00:24+
00:09#	00:04# (01:330	00:08#	00:09#	00:33#	00:37&	00:27&	08:070	00:10#	00:41&	00:23#	00:20#	00:53&	00:05-	00:26&	00:21-	00:35&	06:500	00:13-	00:03-	00:01+
20	Maria	Lam	pe				126						54:4	5							
00:55+	01:33+ 0	02:42+	03:34+	04:37+	08:39+	17:14+	19:22+	23:45+	25:39+	29:04+	31:13+	35:55+	37:49+	39:43+	41:56+	44:39+	46:14+	49:47+	52:13+	54:19+	54:45+
00:55+	00:38+ 0	01:09+	00:52+	01:03+	04:02+	08:35+	02:08+	04:23+	01:54+	03:25+	02:09+	04:42+	01:54+	01:54+	02:13+	02:43+	01:35+	03:33+	02:26+	02:06+	00:26+
00:09#	00:09& 0	00:08#	00:08#	00:11#	01:29&	07:150	00:51&	02:530	00:16#	01:05&	00:35&	02:17&	00:27&	00:28&	00:32&	00:44&	00:13#	00:55&	00:53&	01:04@	00:03#
21	Nithya	a Mol	han				136						1:06	:08							
01:12+	01:53+ 0	03:28+	04:40+	06:09+	11:05+	14:47+	16:39+	19:47+	22:09+	31:27+	34:38+	41:26+	44:46+	47:11+	50:33+	54:14+	56:21+	60:42+	63:00+	65:36+	66:08+
01:12+	00:41+ 0	01:35+	01:12+	01:29+	04:56+	03:42+	01:52+	03:08+	02:22+	09:18+	03:11+	06:48+	03:20+	02:25+	03:22+	03:41+	02:07+	04:21+	02:18+	02:36+	00:32+
00:26&	00:12& 0	00:34&	00:28&	00:37&	02:23&	02:22@	00:35&	01:380	00:44&	06:580	01:370	04:230	01:530	00:59&	01:41&	01:42&	00:45&	01:43&	00:45&	01:34@	00:09&
Beste	strekkti	id for	klass	en																	
00:43	00:29	01:00	00:36	00:47	02:33	01:20	00:53	01:04	01:17	01:35	01:12	01:39	01:27	01:21	01:11	01:24	01:00	01:21	01:02	00:57	00:18
= Som k	lassevinn	er, -	raskere,	+ se	nere, #	10% ta	o, & 25	5% tap,	@ 100%	6 tap.											
D		40.8																			
Dame	er 40 -	49 a	r																		

Siri Warland 34:21 1 115 02:45= 04:18= 05:07= 05:55= 07:10= 08:27= 11:39= 13:30= 15:10= 17:04= 19:39= 21:13= 22:05= 23:15= 24:06= 26:00= 27:42= 31:27= 32:19= 33:37= 34:21= 24:06= 26:00= 27:42= 31:27= 32:19= 33:37= 34:21= 34: 02:45= 01:33= 00:49= 00:48= 01:15= 01:17= 03:12= 01:51= 01:40= 01:54= 02:35= 01:34= 00:52= 01:10= 00:51= 01:54= 01:42= 03:45= 00:52= 01:18= 00:44= 00:00= 00: 62 2 Linda Mari Vestvik 37:58 00:44- 02:03- 02:50- 03:41- 04:57- 06:40- 09:55- 11:54- 13:32- 15:33- 17:38- 19:19- 20:11- 21:24- 22:13- 27:08+ 29:09+ 34:30+ 35:48+ 37:14+ 37:58+ 00:44- 01:19- 00:47- 00:51+ 01:16+ 01:43+ 03:15+ 01:59+ 01:38- 02:01+ 02:05- 01:41+ 00:52= 01:13+ 00:49- 04:55+ 02:01+ 05:21+ 01:18+ 01:26+ 00:44= 02:01- 00:14- 00:02- 00:03+ 00:01+ 00:26& 00:03+ 00:08+ 00:02- 00:07+ 00:30- 00:07+ 00:00= 00:03+ 00:02- 03:01@ 00:19# 01:36& 00:26& 00:08# 00:00= 3 62 39:50 Iren Undheim Øareid 00:44- 02:14- 03:01- 03:50- 05:05- 06:24- 12:37+ 14:43+ 16:22+ 19:11+ 20:35+ 22:07+ 22:56+ 25:25+ 27:17+ 29:44+ 31:12+ 35:17+ 37:28+ 39:01+ 39:50+ 00:44- 01:30- 00:47- 00:49+ 01:15= 01:19+ 06:13+ 02:06+ 01:39- 02:49+ 01:24- 01:32- 00:49- 02:29+ 01:52+ 02:27+ 01:28- 04:05+ 02:11+ 01:33+ 00:49+ 02:01- 00:03- 00:02- 00:01+ 00:00= 00:02+ 03:01& 00:15# 00:01- 00:55& 01:11- 00:02- 00:03- 01:19@ 01:01@ 00:33& 00:14- 00:20+ 01:19@ 00:15# 00:05# 116 Tove Irene Asheim 41:40 01:02- 02:50- 05:10+ 06:11+ 07:52+ 09:37+ 14:04+ 16:36+ 18:16+ 20:28+ 22:17+ 24:34+ 25:39+ 27:27+ 28:36+ 31:16+ 33:41+ 38:26+ 39:14+ 40:43+ 41:40+ 01:02- 01:48+ 02:20+ 01:01+ 01:41+ 01:45+ 04:27+ 02:32+ 01:40= 02:12+ 01:49- 02:17+ 01:05+ 01:48+ 01:09+ 02:40+ 02:25+ 04:45+ 00:48- 01:29+ 00:57+ 01:43- 00:15# 01:31@ 00:13& 00:26& 00:28& 01:15& 00:41& 00:00= 00:18# 00:46- 00:43& 00:13# 00:38& 00:18& 00:46& 00:43& 01:00& 00:04- 00:11# 00:13& 5 Berit Våg Aksland 42:44 116 00:52- 02:20- 03:15- 04:31- 06:13- 07:33- 11:09- 14:47+ 17:11+ 20:07+ 21:49+ 23:32+ 25:10+ 26:58+ 28:35+ 31:57+ 34:34+ 39:00+ 40:43+ 41:59+ 42:44+ 00:52- 01:28- 00:55+ 01:16+ 01:42+ 01:20+ 03:36+ 03:38+ 02:24+ 02:56+ 01:42- 01:43+ 01:38+ 01:38+ 01:37+ 03:22+ 02:37+ 04:26+ 01:43+ 01:16- 00:45+ 01:53- 00:05- 00:06# 00:28& 00:27& 00:03+ 00:24# 01:47& 00:44& 01:02& 00:53- 00:09+ 00:46& 00:38& 00:46& 01:28& 00:55& 00:41# 00:51& 00:02- 00:01+ 47 Bjørg Hauge 44:02 6 01:16- 03:36- 04:45- 05:35- 07:07- 08:50+ 12:35+ 15:09+ 17:25+ 20:03+ 21:42+ 23:31+ 24:27+ 26:18+ 28:22+ 32:32+ 35:39+ 40:23+ 42:11+ 43:16+ 44:02+ 01:16- 02:20+ 01:09+ 00:50+ 01:32+ 01:43+ 03:45+ 02:34+ 02:16+ 02:38+ 01:39- 01:49+ 00:56+ 01:51+ 02:04+ 04:10+ 03:07+ 04:44+ 01:48+ 01:05- 00:46+

01:29- 00:47& 00:20& 00:02+ 00:17# 00:26& 00:33# 00:43& 00:36& 00:44& 00:56- 00:15# 00:04+ 00:41& 01:13@ 02:16@ 01:25& 00:59& 00:56@ 00:13- 00:02+

7Ragnhild Båtnes Berntsen10147:11 $00:57 03:09 04:27 05:41 07:24+$ $09:18+$ $14:22+$ $17:58+$ $19:47+$ $22:10+$ $24:05+$ $26:15+$ $27:27+$ $33:04+$ $34:10+$ $36:54+$ $38:53+$ $43:37+$ $44:43+$ $46:$ $00:57 02:12+$ $01:18+$ $01:14+$ $01:54+$ $05:04+$ $03:36+$ $01:49+$ $02:23+$ $01:55 02:10+$ $01:12+$ $05:37+$ $01:06+$ $02:44+$ $01:59+$ $04:44+$ $01:06+$ $01:$ $01:48 00:394$ $00:226$ $00:226$ $00:376$ $01:526$ $01:456$ $00:09+$ $00:296$ $00:40 00:366$ $00:206$ $00:156$ $00:17#$ $00:596$ $00:146$ $00:146$ $00:166$ $01:20 03:52 05:04 06:17+$ $08:12+$ $10:10+$ $13:49+$ $16:28+$ $18:50+$ $21:06+$ $23:47+$ $25:44+$ $26:46+$ $31:01+$ $32:08+$ $34:36+$ $36:52+$ $45:19+$ $46:10+$ $47:$ $01:20 02:23+$ $01:12+$ $01:13+$ $01:55+$ $01:39+$ $02:29+$ $02:22+$ $02:16+$ $00:27#$ $00:146$ $00:27#$ $00:46 00:23#$ $00:16+$ $00:346$ $04:420$ $00:01 00:51 01:6+$ $00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:34 00:$	00:48
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11	Keth Berggraf		16		48:07	
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12	Anne-Siv Giertsen		7		48:34	
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13	Birgitte Røe		25		48:44	
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14	 . .		16	.516 00.414 01.456 00.1	50:22	00.12 00.434 00.10# 00.134
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16	Hanne-Keth Qvale		13	.401 20.121 21.451 22.5	51:57 0+ 35:01+ 36:24+ 38:32+ 40:41+	46.201 40.241 51.061 51.571
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17	Liv Omdal	1	16		55:27	
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18	Kristin Harbo		2		59:56	
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19	Margot Lilledal	_	7		1:06:53	
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9		rafjor					94		40.50.				45:49					40.55.		45 40.	
													32:18+ 00:29-								
													00:04-								
10	Unn	i Rellir	าต			9	92						48:31								
	03:15+	05:44+	06:17+			13:24+	15:48+						33:10+								
													00:49+ 00:16&								
			amsta	-	00.21		113	00.208	01.058	02.430	00.45#	01.030	59:17	_	00.554	01.210	03.016	00.194	00.13#	00.110	
01:50+					13:19+			17:26+	19:05+	24:50+	28:42+	36:19+	36:52+		40:44+	53:13+	55:06+	56:08+	58:46+	59:17+	
													00:33=								
00:17#					01:29&	00:18&	00:31&	00:17&	00:27&	03:090	00:38#	05:130	00:00=	00:08#	01:420	10:160	00:14#	00:13&	01:16&	00:06#	
12			Obres				54						1:06:								
													52:18+ 00:37+								
													00:04#								
Beste	strekk	tid for	[,] klass	en																	
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= Som k	lassevir	ner -	raskere	+ se	nere #	10% ta	0 & 25	5% tap	@ 100%	h tap											
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Dame	er 65	- 69 å	ir																		
1	Kire	ton Ca	rleon				93						37:14								
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01:49=	01:02=	01:36=	00:22=	01:20=	03:45=	00:52=	01:09=	01:15=	01:49=	04:24=	03:06=	02:59=	00:52=	00:54=	01:47=	03:00=	01:36=	01:30=	01:36=	00:31=	
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2			tting C				54						38:59								
													27:38+ 00:44-								
													00:44-00:08-								
3		e Daq					68						41:11								
	03:02+	04:42+	05:05+			12:00+	13:13+						30:03+	31:22+							
													00:36-								
00:17-	00:28&	00:04+	00:01+	00:05-	01:13&	00:10-	00:04+	00:31&	00:00=	02:00&	00:16-	00:26#	00:16-	00:25&	00:16-	00:07+	00:07+	00:00=	00:07-	00:02-	

Side:5

Plass	Navn	1					Klasse)					Tid							
4	Hann	e Eik					117						47:23	3						
01:38-	03:00+	04:16-	04:40-	06:01-	11:31+	12:37+	13:45+	14:55+	16:39+	19:40+	24:15+	30:05+	30:43+	33:53+	35:36+	38:22+	42:47+	44:17+	46:54+	47:23+
01:38-	01:22+	01:16-	00:24+	01:21+	05:30+	01:06+	01:08-	01:10-	01:44-	03:01-	04:35+	05:50+	00:38-	03:10+	01:43-	02:46-	04:25+	01:30=	02:37+	00:29-
00:11-	00:20&	00:20-	00:02+	00:01+	01:45&	00:14&	00:01-	00:05-	00:05-	01:23-	01:29&	02:51&	00:14-	02:160	00:04-	00:14-	02:490	00:00=	01:01&	00:02-
5	Ingui	nn Bje	erga				105						53:31	1						
03:51+	04:58+	06:38+	07:05+	08:35+	14:38+	15:49+	17:45+	19:08+	21:27+	27:33+	31:45+	36:19+	37:05+	38:46+	41:48+	45:00+	50:16+	51:07+	52:51+	53:31+
03:51+	01:07+	01:40+	00:27+	01:30+	06:03+	01:11+	01:56+	01:23+	02:19+	06:06+	04:12+	04:34+	00:46-	01:41+	03:02+	03:12+	05:16+	00:51-	01:44+	00:40+
02:02@	00:05+	00:04+	00:05#	00:10#	02:18&	00:19&	00:47&	00:08#	00:30&	01:42&	01:06&	01:35&	00:06-	00:47&	01:15&	00:12+	03:400	00:39-	00:08+	00:09&
6	Wend	che A	nda Ha	aarr		9	92						53:46	3						
02:29+	03:46+	05:15+	05:43+	07:13+	12:04+	12:55+	14:24+	16:31+	19:30+	30:01+	34:22+	37:56+	38:28+	39:32+	40:51+	45:27+	49:04+	51:18+	52:58+	53:46+
02:29+	01:17+	01:29-	00:28+	01:30+	04:51+	00:51-	01:29+	02:07+	02:59+	10:31+	04:21+	03:34+	00:32-	01:04+	01:19-	04:36+	03:37+	02:14+	01:40+	00:48+
00:40&	00:15#	00:07-	00:06&	00:10#	01:06&	00:01-	00:20&	00:52&	01:10&	06:070	01:15&	00:35#	00:20-	00:10#	00:28-	01:36&	02:010	00:44&	00:04+	00:17&
Beste	strekkt	tid for	^r klass	en																
01:32	01:02	01:16	00:22	01:15	03:45	00:42	01:08	01:10	01:44	03:01	02:50	02:53	00:32	00:54	01:19	02:46	01:36	00:51	01:29	00:29
	lassevinr	ner, -	raskere	, + sei	nere, #				@ 100%	b tap.										

Damer 70 - 74 år

35:59 1 Haldis Glendrange 68 01:44= 02:46= 04:18= 04:42= 06:03= 09:57= 10:51= 12:06= 13:16= 14:51= 18:18= 21:54= 24:30= 25:17= 26:17= 27:37= 30:03= 33:11= 34:05= 35:29= 35:59= 35: 01:44= 01:02= 01:32= 00:24= 01:21= 03:54= 00:54= 01:15= 01:10= 01:35= 03:27= 03:36= 02:36= 00:47= 01:00= 01:20= 02:26= 03:08= 00:54= 01:24= 00:30= 00:54= 01:24= 00:30= 00:54= 01:24= 00:30= 00:54= 01:24= 00:30= 00:54= 01:24= 00:30= 00:54= 01:24= 00:30= 00:54= 00: 00:00= 00: 2 68 36:22 Turid Nystrøm 01:33- 02:21- 03:39- 04:05- 05:19- 09:06- 09:55- 11:31- 12:34- 13:55- 17:11- 20:38- 23:38- 24:15- 25:11- 28:40+ 31:00+ 32:59- 34:11+ 35:52+ 36:22+ 01:33- 00:48- 01:18- 00:26+ 01:14- 03:47- 00:49- 01:36+ 01:03- 01:21- 03:16- 03:27- 03:00+ 00:37- 00:56- 03:29+ 02:20- 01:59- 01:12+ 01:41+ 00:30= 00:11- 00:14- 00:14- 00:02+ 00:07- 00:07- 00:05- 00:21& 00:07- 00:14- 00:11- 00:09- 00:24# 00:10- 00:04- 02:09@ 00:06- 01:09- 00:18& 00:17# 00:00= 62 3 Helga Klausen 42:17 01:59+ 02:59+ 04:33+ 05:02+ 06:37+ 12:12+ 13:17+ 14:40+ 16:12+ 17:56+ 22:20+ 26:26+ 29:51+ 30:32+ 31:49+ 33:32+ 36:11+ 38:14+ 40:06+ 41:49+ 42:17+ 01:59+ 01:00- 01:34+ 00:29+ 01:35+ 05:35+ 01:05+ 01:23+ 01:32+ 01:44+ 04:24+ 04:06+ 03:25+ 00:41- 01:17+ 01:43+ 02:39+ 02:03- 01:52+ 01:43+ 00:28-00:15# 00:02- 00:02+ 00:05# 00:14# 01:41& 00:11# 00:08# 00:22& 00:09+ 00:57& 00:30# 00:49& 00:06- 00:17& 00:23& 00:13+ 01:05- 00:58@ 00:19# 00:02-93 Ragnhild Christiansen 49:16 02:16+ 03:19+ 05:22+ 05:53+ 07:40+ 13:18+ 15:19+ 17:28+ 19:10+ 21:23+ 25:43+ 29:57+ 33:34+ 34:18+ 35:43+ 37:23+ 41:21+ 45:17+ 46:21+ 48:39+ 49:16+ 02:16+ 01:03+ 02:03+ 00:31+ 01:47+ 05:38+ 02:01+ 02:09+ 01:42+ 02:13+ 04:20+ 04:14+ 03:37+ 00:44- 01:25+ 01:40+ 03:58+ 03:56+ 01:04+ 02:18+ 00:37+ 00:32& 00:01+ 00:31& 00:07& 00:26& 01:44& 01:07@ 00:54& 00:32& 00:38& 00:53& 00:38# 01:01& 00:03- 00:25& 00:20# 01:32& 00:48& 00:10# 00:54& 00:07# 5 Hedvig Anda 116 49:56 01:50+ 04:26+ 06:30+ 06:58+ 08:32+ 12:30+ 13:40+ 16:08+ 17:50+ 19:45+ 24:07+ 28:38+ 32:07+ 32:48+ 34:02+ 35:25+ 43:06+ 46:14+ 47:18+ 49:21+ 49:56+ 01:50+ 02:36+ 02:04+ 00:28+ 01:34+ 03:58+ 01:10+ 02:28+ 01:42+ 01:55+ 04:22+ 04:31+ 03:29+ 00:41- 01:14+ 01:23+ 07:41+ 03:08= 01:04+ 02:03+ 00:35+ 00:06+ 01:34@ 00:32& 00:04# 00:13# 00:04+ 00:16& 01:13& 00:32& 00:20# 00:55& 00:55& 00:55& 00:06- 00:14# 00:03+ 05:15@ 00:00= 00:10# 00:39& 00:05# 54 52:17 Helga Aaslid 6 01:44= 02:52+ 04:14- 04:45+ 06:07+ 14:06+ 15:05+ 16:20+ 17:54+ 19:45+ 26:21+ 29:18+ 35:10+ 35:46+ 38:56+ 40:38+ 43:28+ 46:09+ 49:26+ 51:48+ 52:17+ 01:44= 01:08+ 01:22- 00:31+ 01:22+ 07:59+ 00:59+ 01:15= 01:34+ 01:51+ 06:36+ 02:57- 05:52+ 00:36- 03:10+ 01:42+ 02:50+ 02:41- 03:17+ 02:22+ 00:29-00:00= 00:06+ 00:10- 00:07& 00:01+ 04:05@ 00:05+ 00:00= 00:24& 00:16# 03:09& 00:39- 03:16@ 00:11- 02:10@ 00:22& 00:24# 00:27- 02:23@ 00:58& 00:01-7 105 57:01 Margaret Malmin 02:36+ 03:50+ 05:36+ 06:08+ 07:49+ 13:58+ 15:08+ 17:19+ 18:45+ 21:40+ 27:41+ 33:09+ 36:57+ 37:42+ 38:46+ 40:31+ 44:33+ 49:32+ 53:52+ 56:17+ 57:01+ 02:36+ 01:14+ 01:46+ 00:32+ 01:41+ 06:09+ 01:10+ 02:11+ 01:26+ 02:55+ 06:01+ 05:28+ 03:48+ 00:45- 01:04+ 01:45+ 04:02+ 04:59+ 04:20+ 02:25+ 00:44+ 00:52& 00:12# 00:14# 00:08& 00:20# 02:15& 00:16& 00:56& 00:16# 01:20& 02:34& 01:52& 01:12& 00:02- 00:04+ 00:25& 01:36& 01:51& 03:26@ 01:01& 00:14* 94 8 1:18:38 Aslaug Lura 03:28+ 04:48+ 06:48+ 07:29+ 09:33+ 31:46+ 32:56+ 35:13+ 37:36+ 40:30+ 47:01+ 52:47+ 58:45+ 59:40+ 61:21+ 63:50+ 69:07+ 72:36+ 74:00+ 77:27+ 78:38+ 03:28+ 01:20+ 02:00+ 00:41+ 02:04+ 22:13+ 01:10+ 02:17+ 02:23+ 02:54+ 06:31+ 05:58+ 00:55+ 01:41+ 02:29+ 05:17+ 03:29+ 01:24+ 03:27+ 01:11+ 01:44 00:18 00:28 00:17 00:43 18:19 00:16 01:02 01:19 03:04 02:10 03:22 00:08 00:41 01:09 02:51 00:21 00:30 02:03 00:41 0 Beste strekktid for klassen 01:33 00:48 01:18 00:24 01:14 03:47 00:49 01:15 01:03 01:21 03:16 02:57 02:36 00:36 00:56 01:20 02:20 01:59 00:54 01:24 00:28

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer 75 - 79 år

Plass	Navn	Klasse T	Гid
1	Berit Ebbell Olsen	68 5	54:04
02:26=	03:45= 05:30= 06:07= 07:54= 13:33= 14:52	= 17:02= 18:32= 21:26= 26:36= 33:54= 37:33= 38	8:27= 39:43= 41:37= 45:18= 49:26= 50:41= 53:26= 54:04=
02:26=	01:19= 01:45= 00:37= 01:47= 05:39= 01:19	= 02:10= 01:30= 02:54= 05:10= 07:18= 03:39= 00	0:54= 01:16= 01:54= 03:41= 04:08= 01:15= 02:45= 00:38=
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00	= 00:00= 00:00= 00:00= 00:00= 00:00= 00	0:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=
2	Synnøve Fuglestad	29 5	58:27
01:51-	04:03+ 06:57+ 07:22+ 08:46+ 12:52- 13:58	- 15:20- 16:36- 18:05- 23:50- 27:43- 35:18- 35	5:52- 36:52- 39:42- 52:09+ 54:06+ 55:07+ 57:56+ 58:27+
01:51-	02:12+ 02:54+ 00:25- 01:24- 04:06- 01:06	- 01:22- 01:16- 01:29- 05:45+ 03:53- 07:35+ 00	0:34- 01:00- 02:50+ 12:27+ 01:57- 01:01- 02:49+ 00:31-
00:35-	00:53& 01:09& 00:12- 00:23- 01:33- 00:13	- 00:48- 00:14- 01:25- 00:35# 03:25- 03:560 00	0:20- 00:16- 00:56& 08:46@ 02:11- 00:14- 00:04+ 00:07-
Beste	strekktid for klassen		
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= Som k	klassevinner, - raskere, + senere, # 10% t	ap, & 25% tap, @ 100% tap.	
Dame	er 80 år og eldre		

 1
 Gørild Espedal
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 51:46

 01:31=
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 08:03=
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 16:53=
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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer A

92 28:12 1 Aud Hognestad Taksdal 00:43= 01:11= 01:51= 02:42= 03:10= 03:48= 06:21= 07:54= 08:57= 10:12= 11:50= 13:13= 14:48= 15:41= 16:50= 17:13= 18:19= 19:26= 21:02= 22:28= 23:58= 25:09= 26:15= 27:06= 27:53= 28:12= 10:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 11:50= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:26= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:13= 18:19= 19:10= 17:10= 17:13= 18:19= 19:10= 17: 00:43= 00:28= 00:40= 00:51= 00:28= 00:28= 00:38= 02:33= 01:33= 01:03= 01:15= 01:38= 01:23= 01:35= 00:53= 01:09= 00:23= 01:06= 01:07= 01:36= 01:26= 01:30= 01:11= 01:06= 00:51= 00:47= 00:19= 00:00= 00: 2 67 Mario Liikanen 28:13 00:45+ 01:13+ 01:59+ 02:45+ 03:13+ 03:52+ 06:44+ 08:26+ 10:16+ 11:24+ 12:51+ 14:14+ 15:49+ 16:41+ 17:43+ 18:04+ 19:11+ 20:16+ 21:20+ 22:52+ 24:07+ 25:19+ 26:12- 27:52- 28:13+ 00:45+ 00:28= 00:46+ 00:46- 00:28= 00:39+ 02:52+ 01:42+ 01:50+ 01:08- 01:27- 01:35= 00:52- 01:02- 00:21- 01:07+ 01:05- 01:04- 01:32+ 01:15- 01:12+ 00:53- 00:52+ 00:48+ 00:21+ 00:02+ 00:06# 00:05- 00:00= 00:01+ 00:19# 00:09+ 00:47& 00:07- 00:10- 00:00= 00:00= 00:07- 00:02- 00:01+ 00:02- 00:32- 00:06+ 00:15- 00:01+ 00:13- 00:01+ 00:01+ 00:02+ 29 32:15 3 Jorunn Hadland 00:46+ 01:36+ 02:18+ 03:21+ 03:51+ 04:31+ 07:45+ 09:38+ 10:56+ 12:09+ 13:53+ 15:20+ 17:27+ 18:24+ 19:35+ 20:06+ 21:18+ 22:47+ 23:57+ 25:32+ 27:42+ 29:08+ 30:06+ 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00:04+ 00:12# 00:08+ 00:05# 00:05# 00:05# 00:05# 68 32:59 Sara Marlene Nystrøm Olsen 00:48+ 01:17+ 02:04+ 02:57+ 03:28+ 04:15+ 06:57+ 08:40+ 09:54+ 12:12+ 14:19+ 15:46+ 17:35+ 18:37+ 19:54+ 20:23+ 21:42+ 23:03+ 24:22+ 26:07+ 27:45+ 29:33+ 30:31+ 31:42+ 32:36+ 32:59+ 00:48+ 00:29+ 00:47+ 00:53+ 00:31+ 00:47+ 02:42+ 01:43+ 01:14+ 02:18+ 02:07+ 01:27+ 01:49+ 01:02+ 01:17+ 00:29+ 01:19+ 01:21+ 01:19- 01:45+ 01:38+ 01:48+ 00:58- 01:11+ 00:54+ 00:23+ 00:05# 00:01+ 00:07# 00:02+ 00:03# 00:09# 00:09# 00:10# 00:11# 01:03& 00:29& 00:04+ 00:14# 00:09# 00:08# 00:06& 00:13# 00:14# 00:17- 00:19# 00:08+ 00:37& 00:08- 00:20& 00:07# 00:04# 27 6 Tone Torgersen 34:23 00:51+ 01:20+ 02:06+ 02:59+ 03:29+ 04:16+ 07:25+ 09:13+ 10:27+ 12:10+ 13:45+ 14:35+ 16:08+ 18:15+ 19:18+ 20:39+ 21:11+ 22:30+ 23:54+ 25:38+ 27:18+ 29:26+ 30:54+ 32:01+ 33:02+ 33:58+ 00:51+ 00:29+ 00:46+ 00:53+ 00:30+ 00:47+ 03:09+ 01:48+ 01:14+ 01:43+ 01:35- 00:50- 01:33- 02:07+ 01:03- 01:21+ 00:32- 01:19+ 01:24- 01:44+ 01:40+ 02:08+ 01:28+ 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20 00:53+ 00:53+ 00:05# 46:05+ 00:42+ 00:06#	00:55+ 00:42+ 01:30+ 00:29+ 00:54+ 02: 00:39@ 00:12& 00:35& 00:04# 00:04+ 00:	:03+ 09:38+ 11:09+ 12:57+ 14:31+ 17:07+ 19:12+ 2 :40+ 01:35+ 01:31- 01:48+ 01:34+ 02:36+ 02:05+ 0	46:05 11:11+ 22:06+ 23:34+ 24:14+ 26:06+ 27:02+ 33:27+ 35:06+ 37:27+ 39:43+ 41:04+ 44:20+ 45:23+ 01:59+ 00:55+ 01:28+ 00:40+ 01:52+ 00:56+ 06:25+ 01:39+ 02:21+ 02:16+ 01:21+ 03:16+ 01:03+ 00:26& 00:17& 00:26& 00:09& 00:30& 00:06# 04:12@ 00:35& 00:28# 00:34& 00:15# 01:43@ 00:07#
21 01:05+ 01:05+	Randi Helen Ladsten 01:34+ 02:22+ 03:36+ 04:10+ 05:14+ 10: 00:29+ 00:48+ 01:14+ 00:34+ 01:04+ 05: 00:13& 00:18& 00:19& 00:09& 00:14& 03:	40+ 12:27+ 14:05+ 16:16+ 18:28+ 20:48+ 23:44+ 2 26+ 01:47+ 01:38+ 02:11+ 02:12+ 02:20+ 02:56+ 0	48:31 25:41+ 26:33+ 28:00+ 28:42+ 31:17+ 32:22+ 34:57+ 36:27+ 39:09+ 41:37+ 43:31+ 46:32+ 47:48+ 01:57+ 00:52+ 01:27+ 00:42+ 02:35+ 01:05+ 02:35+ 01:30+ 02:42+ 02:28+ 01:54+ 03:01+ 01:16+ 00:24& 00:14& 00:25& 00:11& 01:13& 00:15& 00:22# 00:26& 00:49& 00:46& 00:48& 01:28& 00:20&
00:43	strekktid for klassen 00:16 00:30 00:51 00:25 00:49 01 klassevinner , - raskere, + senere, # 10%		01:26 00:38 01:00 00:29 00:38 00:47 01:02 00:57 01:15 01:28 01:05 01:28 00:54 00:36
Dame	er Ny		

1	Hanı	na Anc	dersso	n		5	50						25:42	2
00:59=	02:17=	03:28=	05:42=	06:57=	09:44=	11:39=	12:44=	13:32=	19:55=	20:26=	22:11=	23:38=	25:13=	25:42=
00:59=	01:18=	01:11=	02:14=	01:15=	02:47=	01:55=	01:05=	00:48=	06:23=	00:31=	01:45=	01:27=	01:35=	00:29=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Hilde	e Trod	al Øks	nevad		ç	94						29:07	,
01:10+	04:38+	06:34+	09:40+	11:16+	14:44+	16:20+	18:05+	18:53+	21:56+	23:03+	24:22+	26:40+	28:31+	29:07+
01:10+	03:28+	01:56+	03:06+	01:36+	03:28+	01:36-	01:45+	00:48=	03:03-	01:07+	01:19-	02:18+	01:51+	00:36+
00:11#	02:100	00:45&	00:52&	00:21&	00:41#	00:19-	00:40&	00:00=	03:20-	00:360	00:26-	00:51&	00:16#	00:07#
3	Este	r-Lill V	Vaage			1	105						31:44	ŀ
01:07+	02:22+	03:50+	12:43+	13:55+	16:08+	18:06+	20:00+	21:03+	22:27+	24:30+	26:42+	29:00+	30:57+	31:44+
01:07+	01:15-	01:28+	08:53+	01:12-	02:13-	01:58+	01:54+	01:03+	01:24-	02:03+	02:12+	02:18+	01:57+	00:47+
00:08#	00:03-	00:17#	06:390	00:03-	00:34-	00:03+	00:49&	00:15&	04:59-	01:320	00:27&	00:51&	00:22#	00:18&
4	Hui X	Xu				1	101						36:26	5
02:44+	04:25+	08:34+	11:40+	14:00+	18:45+	23:40+	24:53+	26:02+	28:05+	30:18+	31:45+	33:43+	35:50+	36:26+
02:44+	01:41+	04:09+	03:06+	02:20+	04:45+	04:55+	01:13+	01:09+	02:03-	02:13+	01:27-	01:58+	02:07+	00:36+
01:450	00:23&	02:580	00:52&	01:05&	01:58&	03:000	00:08#	00:21&	04:20-	01:420	00:18-	00:31&	00:32&	00:07#
5	Sum	a Jori	qe			8	30						47:22	2
01:37+	03:36+	05:44+	09:18+	13:15+	19:03+	21:12+	29:47+	31:27+	37:35+	38:54+	40:52+	43:30+	46:12+	47:22+
01:37+	01:59+	02:08+	03:34+	03:57+	05:48+	02:09+	08:35+	01:40+	06:08-	01:19+	01:58+	02:38+	02:42+	01:10+
00:38&	00:41&	00:57&	01:20&	02:420	03:010	00:14#	07:300	00:520	00:15-	00:48@	00:13#	01:11&	01:07&	00:410

Tid

Beste strekktid for klassen 00:59 01:15 01:11 02:14 01:12 02:13 01:36 01:05 00:48 01:24 00:31 01:19 01:27 01:35 00:29

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer Trim

Janeth Kleppe 22:14 128 1 01:28= 02:19= 03:04= 04:35= 05:41= 06:27= 07:54= 08:35= 12:06= 12:37= 14:01= 14:59= 16:04= 18:00= 19:20= 21:32= 21:52= 22:14= 01:28= 00:51= 00:45= 01:31= 01:06= 00:46= 01:27= 00:41= 03:31= 00:31= 01:24= 00:58= 01:05= 01:56= 01:20= 02:12= 00:20= 00:22= 00:22= 00:20= 00:22= 00:20= 00: 00:00= 00: 2 93 23:10 Cecilie Kristine Karlsen 01:20- 02:44+ 03:27+ 05:19+ 06:34+ 07:18+ 08:58+ 09:45+ 12:08+ 12:46+ 14:09+ 15:18+ 16:45+ 17:50- 19:06- 22:27+ 22:47+ 23:10+ 01:20- 01:24+ 00:43- 01:52+ 01:15+ 00:44- 01:40+ 00:47+ 02:23- 00:38+ 01:23- 01:09+ 01:27+ 01:05- 01:16- 03:21+ 00:20= 00:23+ 00:08- 00:33& 00:02- 00:21# 00:09# 00:02- 00:13# 00:06# 01:08- 00:07# 00:01- 00:11# 00:22& 00:51- 00:04- 01:09& 00:00= 00:01+ 23:43 3 Therese Immerstein Noraberg 71 01:05- 02:05- 02:58- 04:29- 05:39- 06:51+ 08:16+ 09:19+ 12:32+ 13:12+ 15:02+ 16:44+ 17:44+ 19:03+ 20:25+ 22:57+ 23:21+ 23:43+ 01:05- 01:00+ 00:53+ 01:31= 01:10+ 01:12+ 01:25- 01:03+ 03:13- 00:40+ 01:50+ 01:42+ 01:00- 01:19- 01:22+ 02:32+ 00:24+ 00:22= 00:23- 00:09# 00:08# 00:00= 00:04+ 00:26& 00:02- 00:22& 00:18- 00:09& 00:26& 00:44& 00:05- 00:37- 00:02+ 00:20# 00:04# 00:00= Anette Tronstad 115 24:45 4 01:37+ 02:37+ 03:31+ 05:20+ 06:45+ 07:42+ 09:31+ 10:12+ 13:24+ 14:12+ 15:51+ 17:05+ 18:27+ 19:39+ 21:23+ 23:47+ 24:15+ 24:45+ 01:37+ 01:00+ 00:54+ 01:49+ 01:25+ 00:57+ 01:49+ 00:41= 03:12- 00:48+ 01:39+ 01:14+ 01:22+ 01:12- 01:44+ 02:24+ 00:28+ 00:30+ 00:09# 00:09# 00:09# 00:18# 00:19& 00:11# 00:22& 00:00= 00:19- 00:17& 00:15# 00:16& 00:17& 00:44- 00:24& 00:12+ 00:08& 00:08& 27 Tonie Tilev 25:27 5 01:26- 02:40+ 03:31+ 05:22+ 06:41+ 07:48+ 09:38+ 10:27+ 13:59+ 14:42+ 16:13+ 17:10+ 18:27+ 20:15+ 21:56+ 24:28+ 24:52+ 25:27+ 01:26- 01:14+ 00:51+ 01:51+ 01:19+ 01:07+ 01:50+ 00:49+ 03:32+ 00:43+ 01:31+ 00:57- 01:17+ 01:48- 01:41+ 02:32+ 00:24+ 00:35+ 00:02- 00:23& 00:06# 00:20# 00:13# 00:21& 00:23& 00:08# 00:01+ 00:12& 00:07+ 00:01- 00:12# 00:08- 00:21& 00:20# 00:04# 00:13& 47 6 Jorunn Eriksson Sætre 25:58 01:33+ 04:05+ 04:55+ 06:49+ 07:55+ 09:03+ 10:59+ 11:50+ 15:15+ 15:57+ 17:39+ 18:43+ 19:41+ 21:17+ 22:37+ 25:09+ 25:31+ 25:58+ 01:33+ 02:32+ 00:50+ 01:54+ 01:06= 01:08+ 01:56+ 00:51+ 03:25- 00:42+ 01:42+ 01:04+ 00:58- 01:36- 01:20= 02:32+ 00:22+ 00:27+ 00:05+ 01:41@ 00:05# 00:23& 00:00= 00:22& 00:29& 00:10# 00:06- 00:11& 00:18# 00:06# 00:07- 00:20- 00:00= 00:20# 00:02# 00:05# 7 Margrete Jian Øve 126 26:05 01:18- 02:16- 03:06+ 04:34- 05:35- 06:57+ 08:27+ 09:01+ 11:42- 12:17- 13:45- 14:41- 15:33- 21:54+ 23:01+ 25:24+ 25:42+ 26:05+ 01:18- 00:58+ 00:50+ 01:28- 01:01- 01:22+ 01:30+ 00:34- 02:41- 00:35+ 01:28+ 00:56- 00:52- 06:21+ 01:07- 02:23+ 00:18- 00:23+ 00:10- 00:07# 00:05# 00:03- 00:05- 00:36& 00:03+ 00:07- 00:50- 00:04# 00:04+ 00:02- 00:13- 04:25@ 00:13- 00:11+ 00:02- 00:01+ 105 8 Margot Asheim 26:12 01:30+ 02:26+ 03:34+ 05:16+ 06:41+ 07:37+ 09:09+ 09:53+ 13:43+ 14:34+ 16:05+ 17:07+ 18:28+ 19:34+ 21:10+ 25:25+ 25:48+ 26:12+ 01:30+ 00:56+ 01:08+ 01:42+ 01:25+ 00:56+ 01:32+ 00:44+ 03:50+ 00:51+ 01:31+ 01:02+ 01:21+ 01:06- 01:36+ 04:15+ 00:23+ 00:24+ 00:02+ 00:05+ 00:23& 00:11# 00:19& 00:10# 00:05+ 00:03+ 00:19+ 00:20& 00:07+ 00:04+ 00:16# 00:50- 00:16# 02:03& 00:03# 00:02+ Stine Skadberg 26:16 9 113 01:53+ 02:57+ 03:58+ 06:27+ 07:29+ 08:10+ 10:33+ 11:25+ 15:32+ 16:17+ 17:56+ 19:05+ 20:52+ 21:41+ 23:16+ 25:26+ 25:48+ 26:16+ 01:53+ 01:04+ 01:01+ 02:29+ 01:02- 00:41- 02:23+ 00:52+ 04:07+ 00:45+ 01:39+ 01:09+ 01:47+ 00:49- 01:35+ 02:10- 00:22+ 00:28+ 00:25& 00:13& 00:16& 00:58& 00:04- 00:05- 00:56& 00:11& 00:36# 00:14& 00:15# 00:11# 00:42& 01:07- 00:15# 00:02- 00:02# 00:06& Linn Skadberg 10 113 26:23 02:00+ 03:00+ 04:00+ 06:29+ 07:32+ 08:13+ 10:40+ 11:31+ 15:37+ 16:22+ 17:59+ 19:07+ 20:59+ 21:48+ 23:19+ 25:32+ 25:53+ 26:23+ 02:00+ 01:00+ 01:00+ 02:29+ 01:03- 00:41- 02:27+ 00:51+ 04:06+ 00:45+ 01:37+ 01:08+ 01:52+ 00:49- 01:31+ 02:13+ 00:21+ 00:30+ 00:32& 00:09# 00:15& 00:58& 00:03- 00:05- 01:00& 00:10# 00:35# 00:14& 00:13# 00:10# 00:47& 01:07- 00:11# 00:01+ 00:01+ 00:08& 88 11 Lene Haver Schmidt 26:27 01:37+ 02:39+ 03:44+ 05:36+ 06:44+ 07:35+ 09:19+ 10:19+ 13:47+ 14:34+ 16:12+ 17:27+ 19:29+ 21:06+ 22:45+ 25:31+ 25:57+ 26:27+ 01:37+ 01:02+ 01:05+ 01:52+ 01:08+ 00:51+ 01:44+ 01:00+ 03:28- 00:47+ 01:38+ 01:15+ 02:02+ 01:37- 01:39+ 02:46+ 00:26+ 00:30+ 00:09# 00:11# 00:20& 00:21# 00:02+ 00:05# 00:17# 00:19& 00:03- 00:16& 00:14# 00:17& 00:57& 00:19+ 00:34& 00:06& 00:08& 12 Parul Khandelwal 26:40 71 01:52+ 03:07+ 04:01+ 05:54+ 07:03+ 07:54+ 09:53+ 10:51+ 15:01+ 15:37+ 17:52+ 18:49+ 19:48+ 21:39+ 23:08+ 25:49+ 26:11+ 26:40+ 01:52+ 01:15+ 00:54+ 01:53+ 01:09+ 00:51+ 01:59+ 00:58+ 04:10+ 00:36+ 02:15+ 00:57- 00:59- 01:51- 01:29+ 02:41+ 00:22+ 00:29+ 00:24& 00:24& 00:09# 00:22# 00:03+ 00:05# 00:32& 00:17& 00:39# 00:05# 00:51& 00:01- 00:06- 00:05- 00:09# 00:29# 00:02# 00:07& 13 Solbiørg Lima Skadberg 113 27:30 01:54+ 02:49+ 03:58+ 06:09+ 07:32+ 08:27+ 10:38+ 11:28+ 15:24+ 16:18+ 18:17+ 19:17+ 20:17+ 21:50+ 23:26+ 26:13+ 26:56+ 27:30+ 01:54+ 00:55+ 01:09+ 02:11+ 01:23+ 00:55+ 02:11+ 00:50+ 03:56+ 00:54+ 01:59+ 01:00+ 01:00- 01:33- 01:36+ 02:47+ 00:43+ 00:34+ 00:26& 00:04+ 00:24& 00:40& 00:17& 00:09# 00:44& 00:09# 00:25# 00:23& 00:35& 00:02+ 00:05- 00:23- 00:16# 00:35& 00:23@ 00:12&

Plass	Navi	n					Klasse						Tid				
14	Tina	Peder	rsen				27						27:32	,			
02:59+				08:31+	09:40+	_		15:34+	16:16+	18:08+	19:29+	20:57+	22:10+	_	26:27+	27:02+	27:32+
													01:13-				
				00:16#	00:23&			00:09-	00:11&	00:28&	00:23&	00:23&	00:43-	_	00:36&	00:15&	00:08&
15		id O. F		06.201	07.201		117	16.001	17.02	10.201	10.561	21.021	27:37 22:11+		26.101	27.001	27.27
													01:09-				
													00:47-				
16	Mari	ta Nav	iord N	licolay	sen	7	71						27:53	3			
													23:07+				
													01:16-				
					00:03+			01:43&	00:23&	00:04+	00:08#	00:1/-	00:40-	_	00:29#	00:01-	00:02+
17					06.27-		18	18.30+	10.00+	20.201	21.11+	22.15+	28:42 23:58+		27.51+	28.13+	28.121
													23:38+				
													00:13-				
18	Åse	Seller	eite			2	27						29:07	7			
													23:13+				
													01:51-				
				00:20&	00:1/&			00:40-	00:21&	00:27&	00:33&	00:40&	00:05-	_	00:03-	00:09&	00:02+
19		i Mart		00.101	10.12		38	16.21	17.001	10.061	20.001	22.44	29:18 24:00+	-	20.10	20.461	20.10
													24:00+ 01:16-				
													00:40-				
20	Gun	hild No	ordbø				117						29:24	1			
													23:06+				
													02:17+ 00:21#				
	_		-		00:23&			00:15+	00:12&	00:14#	00:29&	00:14#		_	00:06+	00:07&	00:110
21					08.16+		11.46+	15.44+	16.38+	18.37+	10.10+	21.38+	29:43 22:59+	-	28.51+	20.1/+	20.131
													01:21-				
00:14#	00:25&	00:10#	00:31&	00:10#	00:19&	00:39&	00:430	00:27#	00:23&	00:35&	00:05+	00:53&	00:35-	00:15#	02:08&	00:00=	00:07&
22	Judi	th Ser	igstad				128						29:45	5			
													23:00+				
													01:19- 00:37-				
								00:20#	00:23@	00:290	00:11#	00:540		_	02:09@	00:03-	00:092
23							13·06+	16.30+	17.27+	19.37+	20.56+	22.33+	30:02 23:54+	_	29.01+	29.33+	30.02+
													01:21-				
00:36&	00:29&	00:36&	00:55&	00:16#	00:33&	00:49&	00:17&	00:07-	00:26&	00:46&	00:21&	00:32&	00:35-	00:37&	00:58&	00:12&	00:07&
24	Joru	nn Pe	derser	າ Lima	l		113						31:26	5			
													25:06+				
													01:19- 00:37-				
25		_	enhein		00.000		268	00.000	00.224	00.104	00.014	00.200	31:26	_	01.200	00.01	00.000
				-	10:13+	_		17:16+	18:29+	20:29+	21:37+	23:26+	24:56+	-	30:23+	30:55+	31:26+
													01:30-				
00:11#	00:24&	00:21&	00:39&	00:16#	01:550	00:33&	00:12&	00:39#	00:42@	00:36&	00:10#	00:44&	00:26-	00:51&	01:04&	00:12&	00:09&
26		Bergli					52						31:39				
													25:32+				
													02:13+ 00:17#				
27		di Buq					46						31:44		a		
				11:43+	12:39+			18:52+	19:41+	21:24+	22:35+	24:40+	31.44 25:58+		30:42+	31:16+	31:44+
06:42+	00:50-	00:55+	01:57+	01:19+	00:56+	01:56+	00:44+	03:33+	00:49+	01:43+	01:11+	02:05+	01:18-	02:09+	02:35+	00:34+	00:28+
05:140	00:01-	00:10#	00:26&	00:13#	00:10#	00:29&	00:03+	00:02+	00:18&	00:19#	00:13#	01:00&	00:38-	00:49&	00:23#	00:14&	00:06&
28		ekka L					62						32:01				
													25:05+				
													01:09- 00:47-				
00.000	00.20a	00.100	00.110	00.210	00.104	00.00a	00.010	01.000	00.000	00.000	00.020	00.010	00.1/	00.200	~~·++ a	00.02	50.07a

Plass	Navi	า					Klasse	•					Tid				
29	Ren	te Cec	ilie Lic	n n			136						32:21	I			
				08:38+	09:47+			17:54+	18:43+	20:57+	22:14+	24:02+			31:36+	31:56+	32:21+
				01:48+													
00:59&	00:25&	00:05#	00:46&	00:42&	00:23&	00:55&	00:06#	01:27&	00:18&	00:50&	00:19&	00:43&			00:36&	00:00=	00:03#
30		Laws	-				101						32:29	-			
				08:32+													
				01:46+ 00:40&													
31	.		orger				233						33:11	_			
				07:17+	08:20+			15:22+	16:01+	18:57+	20:10+	21:38+		-	32:14+	32:33+	33:11+
				01:06=													
00:16#	00:29&	00:13&	00:38&	00:00=	00:17&	00:45&	00:07#	00:31#	00:08&	01:320	00:15&	00:23&	02:500	00:36&	01:42&	00:01-	00:16&
32	Kjer	sti Fla	at			-	27						33:19)			
				11:02+													
				03:40+ 02:340													
	•				00.220			01.498	01.096	00.21#	00.00#	00.500			00.408	00.120	00.074
33			annes	07:57+	09.03+		130	14.53+	18.20+	21.50+	22.51+	24.24+	33:3 (-	32.31+	33.00+	33.30+
				01:54+													
00:28&	00:15&	00:04+	00:41&	00:48&	00:20&	00:34&	00:03+	00:26-	02:560	02:060	00:03+	00:28&	00:36&	01:06&	00:57&	00:09&	00:08&
34	Mari	t Elin /	Aanda	hl		8	80						33:36	5			
				09:51+													
				01:41+ 00:35&													
					00:09#			01:54&	00:10%	00:28&	00:10%	01:090		_	00:37&	00:07&	00:20&
35			rahne	09:04+	10.021		126	16.441	10.101	10.521	20.54	27.501	33:59	-	22.07	22.221	22.501
				09:04+													
				00:32&													
36	Biør	a Elen	Abrał	hamse	n		29						34:03	3			
	05:02+	05:56+	08:25+	09:34+	10:44+												
				01:09+													
	_			00:03+	00:24&			00:50#	00:420	00:42&	00:12#	00:46&			00:34&	00:08&	00:13%
37			in K. F	10:52+	12.001		105	10.21	20.15	22.471	22.501	25.21	34:08	-	22.021	22.21	24.001
				03:46+													
				02:40@													
38	Kirs	ti Stra	nd Sal	vesen			256						34:31				
02:15+	03:44+	04:57+	07:45+	09:19+	10:55+	13:13+	14:11+	18:14+	19:13+	21:22+	23:12+	25:20+	27:14+	29:24+	33:18+	33:50+	34:31+
				01:34+													
~~	•			00:28&	00:500			00:32#	00:28&	00:45&	00:52&	01:03&		-	01:42&	00:12&	00:19&
39			.angvi	09:52+	10.551		93	10.01.	10.201	21.201	22.47.	24.021	34:37		22.44	24.00	24.27
				09:52+													
				02:12@													
40	Linn	Soma	1				287						34:42	2			
	04:55+	05:51+	08:07+	10:21+		13:26+	15:01+										
				02:14+													
		-	-	01:080	00:30&			00:19+	01:100	01:07&	00:53&	00:57&			00:58&	00:01+	00:05#
41		e Sver					43		45 56				35:03				
				08:14+ 01:28+													
				00:22&													
42	Ann	e Mari	e Gaus	sel			105						35:26	5			
				09:36+	10:57+			18:42+	19:42+	22:05+	23:32+	27:06+		-	34:14+	34:46+	35:26+
				01:36+													
		-		00:30&	00:35&			00:33#	00:29&	00:59&	00:29&	02:290			01:14&	00:12&	00:18&
43		n Grød					105	4.0					35:52				
				07:57+ 01:50+													
				00:44&													

Plass	Navi	n					Klasse	•					Tid				
44	Gun	n Vaq	le				126						35:56	6			
			06:17+	07:53+	09:08+			19:37+	22:13+	24:18+	25:28+	27:51+		-	34:36+	35:12+	35:56+
			02:18+														
00:16#	00:28&	00:11#	00:47&	00:30&	00:29&	00:37&	00:19&	03:540	02:05@	00:41&	00:12#	01:180			00:23#	00:16&	00:22&
45			Johnse			Ę	5						36:19				
			05:20+														
			01:47+														
			00:16#	00:06+	00:14&			00:12-	00:00=	02:340	00:08#	00:10#		_	02:08&	00:06&	00:04#
46			anger				93						36:27	-			
			05:20+ 01:49+														
			01:49+ 00:18#														
47				00.000	00.104			00.12	00.104	00.101	00.001	00.001		-	00.201	00.011	00.074
			10:59+	12.30+	11.16+		113	20.50+	21.50+	24.17+	25.261	27.224	36:51	-	35.111	36.10+	36.511
			02:28+														
			00:57&														
48	Shaz	zia Ali	7ade				115						36:56	6			
			07:22+	08:51+	10:04+			20:35+	23:11+	25:14+	26:27+	28:49+		-	35:49+	36:20+	36:56+
			02:11+														
01:25&	00:34&	00:08#	00:40&	00:23&	00:27&	00:45&	00:18&	03:490	02:05@	00:39&	00:15&	01:170	00:38&	00:27&	00:27#	00:11&	00:14&
49	Elin	Norve	el				105						37:08	В			
03:07+	04:17+	05:19+	07:42+	09:06+	10:03+	12:36+	13:27+	17:14+	18:14+	20:18+	21:23+	22:58+	31:18+	32:59+	36:04+	36:33+	37:08+
			02:23+														
01:390	00:19&	00:17&	00:52&	00:18&	00:11#			00:16+	00:29&	00:40&	00:07#	00:30&	06:240	00:21&	00:53&	00:09&	00:13&
50		Svihu					92						37:32	_			
			08:44+														
			02:43+														
			01:12&	-	01:020			02:27&	00:13%	00:44&	00:33%	00:00%			01:30%	00:09&	00:19&
51			n Haal				47						37:54			0.7.4.6.	0.7.54
			07:12+ 02:36+														
			02:30+														
52		anne					116						38:00	-			
			07:26+	11.33+	12.19+			21.02+	21.32+	23.47+	25.03+	27.51+		-	37.10+	37.30+	38.00+
			02:19+														
00:57&	00:49&	00:17&	00:48&	03:010	00:00=	00:33&	00:30&	02:01&	00:01-	00:51&	00:18&	01:430	00:06-	00:25&	03:320	00:00=	00:08&
53	Svnr	nøve H	lognes	stad			115						38:07	7			
			08:32+		10:31+			22:00+	22:52+	24:44+	26:43+	27:54+		-	37:11+	37:35+	38:07+
			04:27+														
00:33&	00:18&	00:10#	02:560	00:03+	00:04+	05:530	00:05-	00:02+	00:21&	00:28&	01:01@	00:06+	00:25#	00:07+	03:170	00:04#	00:10&
54	Irene	e Frøy	land				71						38:18	B			
			08:54+														
			01:53+														
	. .		00:22#	00:30%	00:14&			01:24&	00:11%	00:53&	00:07#	00:08#		_	00:47&	00:13%	00:10%
55			æland				128						38:2	-			
			08:11+ 02:37+														
			02:374														
56							117						38:29	-			
			07:19+	09.25+	10.42+			21.39+	22.31+	24.27+	25.53+	27.11+		-	37.29+	38.00+	38.29+
			02:32+														
00:31&	00:14&	00:580	01:01&	01:00&	00:31&	00:49&	01:100	03:19&	00:21&	00:32&	00:28&	00:13#	00:31&	00:16#	04:03@	00:11&	00:07&
57	Hilde	e Sano	de Bor	ck			114						38:31	1			
			07:03+		10:36+			19:50+	20:54+	23:02+	24:13+	30:37+			37:31+	37:59+	38:31+
			02:13+														
00:36&			00:42&		00:38&	00:48&	01:120	01:35&	00:330	00:44&	00:13#	05:190			01:21&	00:08&	00:10&
58	Lillia	an Dah	nl Fitja	r			117						39:27	7			
	03:21+	04:43+	07:23+	11:47+													
			02:40+														
00:25&	00:37&	00:37&	01:09&	03:180	00:18&	00:57&	00:33&	03:28&	00:11&	00:50&	00:37&	01:01&	00:23#	00:47&	01:34&	00:09&	00:19&

Plass	Navi	า					Klasse	•					Tid				
59	Solv	eiq Gr	ønnin	a		4	17						39:46	;			
				9 08:43+	09:54+			23:23+	24:38+	26:44+	27:56+	29:17+		-	38:48+	39:13+	39:46+
				01:25+													
		_		00:19&	00:25&			06:1/0	00:440	00:42&	00:14#	00:16#		_	02:450	00:05#	00:11&
60		nn Fai		08:36+	00.501		12.201	22.161	24.21	26.261	27.40	20.021	39:47		20.121	20.14	20.47
				00:30+													
				00:16#													
61	Gro	Skadb	era He	elliese	n	-	105						40:30)			
				09:41+													
				01:47+ 00:41&													
			_	00:410	00:410			02:210	00:520	01.230	00:190	02:300		_	03:200	00:230	00:08@
62 02·27+				09:23+	11.05+		14.52+	24.49+	25.53+	28.13+	29.42+	31.21+	40:47		39.24+	40·07+	40.47+
				01:42+													
00:59&	00:30&	00:29&	01:08&	00:36&	00:560	01:03&	00:36&	06:260	00:330	00:56&	00:31&	00:34&	00:14#	00:53&	01:28&	00:230	00:18&
63	Gret	e Helle	evik			-	168						41:02	2			
				08:04+													
				01:02-00:04-													
64		egunn	-		00.524		116	00.20	00.041	01.400	00.244	00.07	43:27	_	00.001	00.001	00.094
				08:00+	09:05+			20:13+	21:42+	24:42+	26:07+	32:14+			42:02+	42:55+	43:27+
01:40+	01:17+	01:00+	02:19+	01:44+	01:05+	02:25+	01:32+	07:11+	01:29+	03:00+	01:25+	06:07+	02:39+	03:11+	03:58+	00:53+	00:32+
00:12#	00:26&	00:15&	00:48&	00:38&	00:19&	00:58&	00:510	03:400	00:580	01:360	00:27&	05:020	00:43&	01:510	01:46&	00:330	00:10&
65		a Haul					47						43:40	-			
				08:56+ 01:37+													
				01:37+													
66	-	Marier				_	59						44:36	-			
03:32+				11:28+	12:51+			25:06+	26:25+	29:13+	31:33+	34:04+		-	43:24+	43:59+	44:36+
				01:51+													
				00:45&		_		04:380	00:480	01:24&	01:220	01:260		_	01:48&	00:15&	00:15&
67				/OII La 08:48+			12.26	21.07	22.021	24.11	25.41	20.501	44:47		12.201	44.121	44.471
				02:10+													
				01:04&													
68	Birte	Nerda	al			2	27						45:41				
				11:04+													
				02:10+ 01:04&													
~~			• •	-	00.400			01.090	00.438	00.438	00.478	04.050			02.556	00.100	00.110
69 02:37+		of in Sa		08:16+	09:33+		115 12:37+	33:29+	36:10+	38:10+	39:26+	40:41+	47:31 41:51+	-	46:16+	46:55+	47:31+
				01:20+													
01:09&	00:16&	00:12&	00:44&	00:14#	00:31&	00:48&	00:08#	17:210	02:100	00:36&	00:18&	00:10#	00:46-	00:12#	00:41&	00:19&	00:14&
70		he Bre				Ę	-						47:40	-			
05:42+ 05:42+				10:47+ 01:24+													
				01:24+ 00:18&													
71		a Chila					136						47:51	-			
				10:42+	12:07+			27:58+	29:10+	31:38+	33:00+	37:20+		-	46:44+	47:15+	47:51+
				01:30+													
				00:24&	00:39&			07:07@	00:410	01:04&	00:24&	03:150			03:150	00:11&	00:14&
72		te Ung		10.40	10 00		116	00.40	05 00	07.14	00.05	01 55	48:26		47 00	47 54	40.00
				10:49+ 01:43+													
				00:37&													
73	Else	Marie	Furla	nd		ç	93						49:32	2			
02:44+	05:16+	06:44+	09:48+	11:57+		16:25+	19:32+						39:10+	44:12+			
				02:09+													
01:16&	Ul:41@	00:43&	01:330	01:03&	00:530	Ul:22&	02:260	01:11&	00:410	Ul:02&	00:40&	Ul:48@	U4:51@	U3:420	U1:41&	00:19&	00:260

Plass	Navı	า					Klasse	•					Tid												
74		Gray		16.05.	17 40		263	26 40	20.05.	41 07	40.50	44.14.	58:09		5.6.25.	F7 14.	50.001								
04:29+	04:53+	01:19+	03:25+	01:59+	01:44+	03:15+	01:23+	14:21+	01:17+	03:02+	01:46+	44:14+ 01:21+	03:50+	04:03+	04:28+	00:39+	00:55+								
03:01@ 75			01:540 nino Er		00:580		00:420 117	10:500	00:460	01:380	00:48&	00:16#	01:54& 1:00 :		02:160	00:19&	00:330								
03:31+	05:15+	06:52+	10:31+	12:29+		17:57+	19:29+					47:50+	52:16+	55:41+											
												02:12+ 01:07@													
76			er-Nyb				94						1:04:												
												35:23+ 02:32+													
00:45& Beste					00:40&	02:120	01:200	02:06&	02:510	01:23&	00:43&	01:270	00:20-	01:02&	21:07@	00:37@	00:13&								
					00:41	01:25	00:34	02:23	00:21	01:23	00:42	00:48	00:49	01:07	02:09	00:17	00:22								
= Som k	lassevin	ner, -	raskere,	+ se	nere, #	10% ta	p, & 25	5% tap,	@ 100%	6 tap.															
Herre	r 16 .	. 20 å	r.																						
nene	1 10	- 55 8																							
	F						440						00.0												
1 00:36=			1 Monc 02:06=				06:15=	07:12=	09:12=	10:34=	11:54=	13:17=	28:00 14:27=		15:54=	16:23=	17:34=	18:20=	20:04=	20:59=	22:35=	23:59=	25:20=	26:36=	27:30=
																								01:16= 00:00=	
28:00= 00:30=																									
00:00=																									
2		us Ste		02.39+	03.22+		27 06·51+	09.01+	10.19+	11.29+	12.48+	14.32+	30:3		17.47+	18.19+	19.34+	20.18+	22.53+	23.41+	25.08+	26.39+	27.52+	29:06+	29.58+
00:44+	00:13-	00:26+	00:50-	00:26+	00:43-	02:22+	01:07+	02:10+	01:18-	01:10-	01:19-	01:44+	01:31+	00:36+	01:08+	00:32+	01:15+	00:44-	02:35+	00:48-	01:27-	01:31+	01:13-	01:14-	00:52-
30:39+	00:01-	00:05#	00:05-	00:06&	00:11-	00:25#	00:09#	01:130	00:42-	00:12-	00:01-	00:21&	00:21&	00:04#	00:13#	00:03#	00:04+	00:02-	00:51&	00:07-	00:09-	00:0/+	00:08-	00:02-	00:02-
00:41+ 00:11&																									
3			ms Øs				53						30:42												
																								29:02+ 01:44+	
00:01+ 30:42+	00:06&	00:12&	00:09-	00:02#	00:13-	00:34&	00:02+	00:35&	00:44-	00:16-	00:03+	00:35&	00:18&	00:10&	00:12#	00:01-	00:09#	00:04+	00:23#	00:08-	00:16#	00:10#	00:23-	00:28&	00:08#
00:38+																									
00:08& 4	And	reas T	eriese	n			213						30:5	2											
00:43+	00:59+	01:25+	02:19+	02:45+		05:03-	06:20+						15:35+	16:21+										29:27+	
00:07#																								01:25+ 00:09#	
30:52+ 00:32+																									
00:02+	Matk						005						20.4												
5 01:09+			ødlanc 03:29+		04:43+		295 08:31+	10:04+	11:35+	12:40+	14:06+	15:52+	32:18 17:24+		19:06+	19:37+	20:53+	21:42+	23:38+	24:38+	26:28+	28:03+	29:10+	30:41+	31:37+
																								01:31+ 00:15#	
32:18+	00.011	00.004	00.410	00.04#	00.04	00.24#	00.298	00.004	00.25	00.17	00.001	00.230	00.220	00.07#	00.00#	00.021	00.051	00.051	00.12#	00.051	00.14#	00.11#	00.14	00.13#	00.021
00:41+ 00:11&																									
6			egada				194	07.57	00.24	10.56	10.00	14.22	32:3		17.27.	10.00	10.42	20.27	00.0F	24.40	26.201	20.15	20.10	21.05	21.57
00:44+	00:17+	00:31+	00:53-	00:26+	00:49-	01:50-	01:10+	01:17+	01:37-	01:22=	01:27+	02:10+	01:23+	00:39+	01:02+	00:31+	01:35+	00:44-	03:08+	01:05+	01:59+	01:36+	01:04-	31:05+ 01:46+	00:52-
00:08# 32:33+	00:03#	00:10&	00:02-	00:06&	00:05-	00:07-	00:12#	00:20&	00:23-	00:00=	00:07+	00:47&	00:13#	00:07#	00:07#	00:02+	00:24&	00:02-	01:24&	00:10#	00:23#	00:12#	00:17-	00:30&	00:02-
00:36+																									

00:06#

Plass	Nav	/n					Klasse	;					Tid												
00:45+ 00:09# 32:58+ 00:31+ 00:01+	01:12 00:27	+ 01:40 + 00:28	+ 02:35+ + 00:55= & 00:00=	02:58+ 00:23+	00:41-	06:16+ 02:37+	01:04+	02:23+	01:18-	01:07-	01:34+	01:49+	01:32+ 00:22&	17:43+ 00:40+ 00:08#	01:23+	00:33+	01:12+	00:56+	02:05+	00:53-	01:59+	02:11+	01:09-	01:29+	00:54=
00:47+	00:59 00:12	+ 01:22 - 00:23	e Sche + 02:14+ + 00:52- + 00:03-	02:37+ 00:23+	00:42-	04:52- 01:33-	01:06+	01:03+	02:14+	01:18-	01:35+	01:28+	01:24+	15:44+ 00:44+	01:04+	00:42+	01:06-	00:46=	02:11+	01:22+	01:40+	01:53+	01:12-	05:14+	00:38-
00:40+	00:56 00:16	+ 00:31	lund + 02:20+ + 00:53- ⊊ 00:02-	00:25+	00:51-	05:35+ 01:59+	01:16+	01:33+	01:43-	01:49+	01:29+	01:52+	01:34+	17:42+ 00:51+	01:09+	00:36+	01:22+	00:55+	02:19+	01:25+	02:01+	01:52+	01:13-	02:38+	01:02+
00:40+	00:55 00:15	+ 01:27 + 00:32	lingsta + 02:17+ + 00:50- & 00:05-	02:46+ 00:29+	00:48-	06:04+ 02:30+	01:07+	01:16+	04:50+	01:21-	01:27+	01:43+	01:31+	19:59+ 00:40+	01:02+	00:37+	01:17+	00:44-	01:57+	01:01+	01:32-	01:48+	01:03-	02:25+	00:53-
00:56+	01:11 00:15	+ 00:26	hus + 02:28+ + 00:51- # 00:04-	00:23+	00:38-	05:33+ 02:04+	01:57+	01:03+	01:10-	04:14+	02:06+	01:25+	01:44+	19:55+ 00:43+	01:00+	00:25-	01:32+	01:06+	02:34+	01:27+	01:42+	01:30+	01:16-	02:15+	00:49-
01:16+	01:32 00:16	+ 02:43 + 01:11	Jansen + 03:30+ + 00:47- 3 00:08-	03:49+ 00:19-	00:43-	07:37+ 03:05+	01:19+	02:26+	02:11+	01:13-	01:25+	02:15+	01:55+	21:03+ 00:42+	01:07+	00:29=	01:24+	00:47+	02:00+	01:05+	01:31-	01:52+	01:23+	01:41+	01:01+
13 00:45+ 00:45+	01:20 00:35	+ 02:07 + 00:47	Alvæ + 02:57+ + 00:50- 3 00:05-	03:22+ 00:25+	04:11+ 00:49-	05:59+ 01:48-	01:05+	03:09+	01:36-	02:16+	01:25+	02:07+	01:44+	20:00+ 00:39+	00:57+	00:31+	01:29+	00:50+	02:26+	01:09+	02:10+	02:14+	01:21=	01:42+	00:56+
00:46+	01:06 00:20	+ 00:48	le + 03:17+ + 01:23+ 3 00:286	00:39+	00:45-	06:15+ 01:34-	01:20+	01:18+	02:42+	01:08-	01:19-	02:06+	01:35+	18:47+ 01:04+	01:21+	00:27-	01:18+	00:50+	03:09+	00:57+	01:41+	01:54+	01:34+	03:43+	00:54=
00:39+	00:55 00:16	+ 01:19 + 00:24	gnus H + 02:05- + 00:46- # 00:09-	02:31+ 00:26+	00:50-	06:20+ 02:59+	01:08+	01:04+	04:00+	01:30+	01:25+	02:17+	01:44+	20:04+ 00:36+	01:15+	00:26-	01:23+	00:42-	02:15+	01:31+	01:42+	02:46+	02:11+	01:21+	00:54=

06.06.2018 21.05.39

Plass	Nav	n					Klasse)					Tid													
16		on Egg					71						37:2													
00:46+	00:16+	00:28+	00:52-	03:36+	00:43-	01:39-	01:14+	01:29+	01:59-	01:29+	01:18-	02:13+	01:21+	00:39+	00:54-	00:36+	01:18+	01:04+	05:03+	00:48-	01:50+	01:40+	01:21=	03:44+	00:52-	
37:26+ 00:36+ 00:06#	00:02#	00:07&	00:03-	00:540	00:11-	00:18-	00:10%	00:32&	00:01-	00:07+	00:02-	00:50&	00:11#	00:07#	00:01-	00:07#	00:07+	00:18%	03:190	00:07-	00:14#	00:16#	00:00=	02:280	00:02-	
17	-	e Dahl					90						37:3	-												
01:04+	00:21+	00:31+	01:01+	03:25+ 00:28+ 00:08&	00:58+	01:48-	01:26+	01:22+	01:35-	01:54+	01:59+	02:38+	02:00+	00:44+	01:11+	01:34+	01:34+	01:05+	02:17+	01:03+	02:00+	01:45+	01:13-	02:11+	01:07+	
18	Bjør	nar Ov	vren				74						38:3	0												
00:43+	00:14=	01:14+	00:58+	03:35+ 00:26+ 00:06&	00:44-	03:51+	01:22+	02:57+	01:20-	00:55-	01:26+	01:57+	01:49+	00:48+	01:12+	00:36+	01:20+	00:49+	02:01+	00:59+	02:06+	02:37+	01:18-	03:04+	01:01+	
19		e Hatle					65						39:1	_												
				03:31+ 00:30+																						
00:16& 39:12+ 00:34+ 00:04#	00:04&	00:27@	00:08#	00:10&	00:06-	00:09+	00:16&	04:300	00:17#	00:06+	00:49&	00:55&	00:57&	00:08#	00:19&	00:02+	00:06+	00:09#	00:30&	00:12#	00:08+	00:19#	00:11-	00:21&	00:07#	
20		in Sko					98						39:4	-												
				03:26+ 00:25+																						
00:07# 39:40+ 00:38+ 00:08&	00:02#	00:440	00:02+	00:05#	00:00=	02:200	00:16&	00:33&	01:47&	00:11#	00:36&	00:40&	00:22&	00:10&	00:18&	00:04#	00:12#	00:32&	00:47&	00:08#	00:18#	00:41&	00:10-	00:44&	00:03+	
21				unzhiy		-	287						40:5	-												
				03:27+ 00:38+																						
00:19& 40:53+ 00:37+ 00:07#	00:03#	00:17&	00:04+	00:18&	00:01-	00:05+	00:42&	01:230	00:02+	00:05+	00:19#	00:36&	00:29&	00:13&	00:27&	00:06#	00:25&	00:10#	02:400	00:22&	00:54&	00:50&	00:01-	01:540	00:05+	
22		ard G					66		40.00.		45 46		42:1		00.45		05 45							40.40.	44 45	
00:47+	00:20+	00:37+	01:27+	03:40+ 00:29+	01:08+	02:59+	01:32+	02:05+	02:04+	02:16+	01:32+	02:04+	01:55+	00:52+	01:10+	00:45+	01:43+	00:54+	02:35+	01:15+	02:03+	02:31+	02:35+	03:05+	01:04+	
00:11& 42:19+ 00:32+ 00:02+	00:06&	00:16&	00:32&	00:09&	00:14&	01:02&	00:34&	01:080	00:04+	00:54&	00:12#	00:41&	00:45&	00:20&	00:15&	00:16&	00:32&	00:08#	00:51&	00:20&	00:27&	01:07&	01:14&	01:490	00:10#	
23	Gun	nar Th	orset				117						44:2	6												
				03:31+ 00:31+																						
				00:11&																						
Beste				-																						
00:36 = Som k								00:57 5% tap.			01:18	01:23	01:10	00:32	00:54	00:25	01:06	00:42	01:44	00:47	01:27	01:24	00:58	01:14	00:38	00:28
- 30m k	1022611	er, -	Iaskele	, - se	nere, #	1070 la	μ, αz:	J∕0 tap,	W 1007	o tap.																

Herrer 40 - 49 år

Plass	Navn		Klasse			Tid	
1	Lars Ole Løseth		116			30:00	
00:47=	00:23= 00:29= 00:52=	00:26= 00:46=	02:01= 00:59= 01	1:02= 01:15= 03:00=	01:39= 01:24=	16:14= 16:50= 17:40= 18:14= 19:26= 20:06= 21:51= 22:47= 24:15= 25:40= 26:37= 28:43= 29: 01:11= 00:36= 00:50= 00:34= 01:12= 00:40= 01:45= 00:56= 01:28= 01:25= 00:57= 02:06= 00: 00:00= 0	:44=
2	John Breiland		157			32:07	
00:53+	00:19- 01:17+ 00:59+	00:28+ 00:50+	01:50- 01:05+ 01	1:22+ 01:10- 01:25-	01:43+ 01:54+	16:41+ 17:16+ 18:18+ 18:54+ 20:14+ 21:21+ 23:45+ 24:40+ 26:29+ 27:49+ 29:03+ 30:36+ 31: 01:26+ 00:35- 01:02+ 00:36+ 01:20+ 01:07+ 02:24+ 00:55- 01:49+ 01:20- 01:14+ 01:33- 00: 00:15# 00:01- 00:12# 00:02+ 00:08# 00:27& 00:39& 00:01- 00:21# 00:05- 00:17& 00:33- 00:	:56+
3	Oddmund Nordg		105			33:08	
00:53+	00:14- 00:36+ 01:00+	00:27+ 00:53+	01:47- 01:09+ 01	1:27+ 02:49+ 01:15-	01:46+ 01:48+	17:39+ 18:20+ 19:29+ 20:08+ 21:35+ 22:26+ 24:28+ 25:27+ 27:31+ 29:00+ 30:06+ 31:39+ 32: 01:35+ 00:41+ 01:09+ 00:39+ 01:27+ 00:51+ 02:02+ 00:59+ 02:04+ 01:29+ 01:06+ 01:33- 00: 00:24& 00:05# 00:19& 00:05# 00:15# 00:11& 00:17# 00:03+ 00:36& 00:04+ 00:09# 00:33- 00:	:52+
4	Lars Primstad		62			34:06	
00:42-	00:14- 00:25- 00:53+	00:21- 00:47+	01:35- 01:24+ 01	1:13+ 01:13- 01:25-	01:29- 01:52+	14:47- 15:35- 16:37- 17:12- 18:39- 19:29- 24:09+ 25:33+ 27:16+ 28:48+ 30:20+ 32:41+ 33: 01:14+ 00:48+ 01:02+ 00:35+ 01:27+ 00:50+ 04:40+ 01:24+ 01:43+ 01:32+ 01:32+ 02:21+ 00: 00:03+ 00:12& 00:12# 00:01+ 00:15# 00:10# 02:55@ 00:28& 00:15# 00:07+ 00:35& 00:15# 00:	:50+
5	Svein Oddvar Ne		116			34:20	
00:44-	00:17- 00:26- 00:49-	00:26= 00:50+	01:49- 01:18+ 01	1:41+ 01:41+ 01:03-	01:39= 02:08+	16:25+ 17:12+ 18:18+ 19:44+ 21:01+ 22:00+ 24:32+ 25:43+ 27:37+ 29:31+ 30:53+ 32:40+ 33: 01:34+ 00:47+ 01:06+ 01:26+ 01:17+ 00:59+ 02:32+ 01:11+ 01:54+ 01:54+ 01:22+ 01:47- 00: 00:23& 00:11& 00:16& 00:52@ 00:05+ 00:19& 00:47& 00:15& 00:26& 00:29& 00:25& 00:19- 00:	:55+
6	Thomas Schanke		62			35:03	
00:47=	00:15- 00:48+ 00:56+	00:27+ 00:51+	02:10+ 01:11+ 01	1:05+ 01:37+ 01:24-	01:37- 01:49+	16:35+ 17:22+ 18:43+ 19:32+ 21:16+ 22:07+ 25:46+ 26:42+ 28:43+ 30:24+ 31:42+ 33:18+ 34: 01:38+ 00:47+ 01:21+ 00:49+ 01:44+ 00:51+ 03:39+ 00:56= 02:01+ 01:41+ 01:18+ 01:36- 00: 00:27& 00:11& 00:31& 00:15& 00:32& 00:11& 01:54@ 00:00= 00:33& 00:16# 00:21& 00:30- 00:	:59+
7	Frode Engen		116			35:13	
01:17+	00:17- 00:38+ 00:55+	00:27+ 00:48+	01:58- 01:17+ 01	1:21+ 01:50+ 01:08-	01:39= 01:52+	17:02+ 17:43+ 18:49+ 19:24+ 20:57+ 21:49+ 25:34+ 26:18+ 28:16+ 30:02+ 31:24+ 33:33+ 34: 01:35+ 00:41+ 01:06+ 00:35+ 01:33+ 00:52+ 03:45+ 00:44- 01:58+ 01:46+ 01:22+ 02:09+ 00: 00:24& 00:05# 00:16& 00:01+ 00:21& 00:12& 02:00@ 00:12- 00:30& 00:21# 00:25& 00:03+ 00:	:52+
8	Kevin Thomas F		192			36:03	
00:37- 00:10-	00:15- 00:26- 00:45- 00:08- 00:03- 00:07- 36:03+ 00:36+	00:26= 00:45-	02:05+ 01:13+ 02	2:43+ 03:21+ 01:22-	01:31- 01:38+	18:42+ 19:27+ 20:25+ 20:54+ 22:09+ 22:54+ 24:47+ 25:55+ 28:30+ 29:17+ 29:57+ 31:35+ 34: 01:35+ 00:45+ 00:58+ 00:29- 01:15+ 00:45+ 01:53+ 01:08+ 02:35+ 00:47- 00:40- 01:38- 03: 00:24& 00:09# 00:08# 00:05- 00:03+ 00:05# 00:08+ 00:12# 01:07& 00:38- 00:17- 00:28- 02:	:05+
9	Ådne Hausberg	02.501 02.501	7	0.511 12.141 12.401	15.01. 10.01.	36:35	. 57 .
00:49+	00:18- 00:31+ 00:54+	00:26= 00:54+	01:53- 02:32+ 01	1:34+ 02:23+ 01:26-	01:41+ 02:40+	19:39+ 20:23+ 21:25+ 22:07+ 23:32+ 24:27+ 26:30+ 27:37+ 29:56+ 31:49+ 33:07+ 35:01+ 35: 01:38+ 00:44+ 01:02+ 00:42+ 01:25+ 00:55+ 02:03+ 01:07+ 02:19+ 01:53+ 01:18+ 01:54- 00: 00:27& 00:08# 00:12# 00:08# 00:13# 00:15& 00:18# 00:11# 00:51& 00:28& 00:21& 00:12- 00:	:56+

Plass	Navr	า					Klasse						Tid												
10		dr Bre					53						37:07												
00:50+	00:23=	01:30+	01:00+	00:25-	00:46=	02:24+	08:24+ 01:06+ 00:07#	01:39+	01:37+	01:13-	01:26-	01:57+	01:54+	00:42+	01:23+	00:34=	01:26+	00:47+	03:12+	00:59+	03:17+	01:42+	01:34+	01:40-	01:03+
00:52+	01:13+ 00:21-	02:21+ 01:08+	00:45-	00:25-	00:43-	07:46+ 03:32+	54 08:56+ 01:10+ 00:11#	00:58-	01:42+	01:30-	03:54+	01:33+	01:16+	21:17+ 01:28+	00:54+	00:34=	01:10-	00:47+	01:38-	00:51-	01:25-	01:46+	01:13+	04:55+	00:56+
12			Finne				287						38:06	-											
00:53+	00:18-	00:37+	02:08+	00:25-	01:02+	02:11+	09:11+ 01:37+ 00:38&	01:44+	01:30+	01:30-	02:06+	02:07+	01:47+	00:53+	01:19+	00:39+	01:52+	00:54+	02:31+	01:12+	02:26+	01:53+	01:15+	01:34-	01:01+
00:45-	01:03- 00:18-	01:31- 00:28-	00:52=	03:15+ 00:52+	00:43-	05:39- 01:41-	07:00+ 01:21+ 00:22&	03:15+	04:16+	01:08-	01:27-	02:07+	01:49+	21:58+ 00:56+	01:08+	00:33-	01:34+	00:53+	02:27+	01:15+	01:56+	01:53+	01:06+	01:37-	01:14+
14	Pär A	Anders	sson			į	50						38:30)											
00:54+	00:18-	00:31+	01:15+	00:32+	00:49+	02:33+	08:42+ 01:50+ 00:51&	01:27+	02:44+	01:26-	02:08+	01:48+	01:32+	00:43+	01:11+	00:36+	01:14+	00:52+	02:00+	01:01+	02:03+	02:15+	01:46+	03:14+	01:04+
15				tersen			105						41:06												
00:58+	00:17-	00:37+	01:04+	00:27+	00:53+	02:03+	07:42+ 01:23+ 00:24&	01:43+	01:23+	01:15-	02:01+	02:32+	01:47+	00:44+	01:41+	00:49+	01:42+	01:16+	04:25+	01:08+	01:58+	02:15+	01:32+	03:34+	00:59+
16		Kåre (92						42:22												
00:38-	00:16-	00:34+	00:56+	00:30+	00:46=	02:31+	U7:33+ 01:22+ 00:23&	02:39+	02:19+	02:19-	01:38-	02:36+	02:02+	00:51+	01:12+	00:45+	01:49+	01:10+	03:09+	01:19+	02:22+	02:20+	01:39+	03:04+	01:00+
17			ovstad				116						42:22												
00:46-	00:18-	00:44+	00:51-	00:28+	00:47+	03:10+	08:36+ 01:32+ 00:33&	01:22+	01:58+	02:03-	02:08+	02:10+	02:10+	00:56+	02:07+	00:48+	01:33+	01:16+	02:17+	01:19+	02:14+	01:37+	01:15+	05:12+	00:48+
18			s Frich				116						42:59												
00:51+	00:17-	00:30+	01:03+	00:28+	00:58+	01:55-	07:30+ 01:28+ 00:29&	04:53+	01:44+	01:29-	01:45+	02:24+	01:34+	01:17+	02:16+	01:14+	02:17+	01:01+	02:45+	01:16+	02:06+	01:59+	01:30+	02:12+	01:07+

Plass	Navn					Klasse	;					Tid													
19	Rune P	aulsen			9	98						43:49	9												
00:57+	01:22+ 02 00:25+ 01 00:02+ 00	05+ 01:20+	00:32+	00:55+	01:55-	01:26+	04:54+	02:43+	02:23-	01:48+	01:57+	01:44+	00:42+	01:14+	00:36+	01:30+	00:58+	02:23+	00:55-	02:30+	03:09+	02:32+	01:44-	01:01+	
00:49+	Peter C 01:07- 01 00:18- 00 00:05- 00	36+ 01:04+	00:26=	00:56+	10:46+ 06:37+	01:22+	01:26+	02:40+	03:49+	02:09+	02:28+	01:24+	27:01+ 00:57+	01:21+	00:32-	01:36+	00:50+	02:44+	01:10+	02:18+	01:55+	01:28+	02:03-	00:50+	
00:55+	Jakob 01:13+ 01 00:18- 00 00:05- 00	54+ 02:52+ 41+ 00:58+ 12& 00:06#	00:25-00:01-	00:50+	12:36+ 08:29+	01:28+	01:32+	04:27+	01:20-	01:37-	02:01+	01:41+	27:25+ 00:43+	01:24+	00:39+	01:43+	01:03+	02:22+	01:11+	02:00+	02:11+	01:30+	01:43-	01:02+	
01:02+	Tord P 01:20+ 01 00:18- 00 00:05- 00	34+ 01:00+	03:29+	00:55+	06:32+ 02:08+	02:23+	01:37+	04:27+	03:03+	02:03+	02:29+	01:51+	25:17+ 00:52+	01:17+	00:45+	01:50+	00:58+	02:58+	01:21+	02:15+	02:17+	01:17+	03:17+	00:56+	
02:20+	Håvard 02:40+ 04 00:20- 02 00:03- 01	05+ 01:09+	00:28+	00:54+	09:50+ 02:34+	01:02+	01:16+	03:01+	05:37+	01:32-	01:30+	01:29+	25:58+ 00:41+	01:04+	00:48+	01:34+	01:02+	03:26+	02:35+	02:01+	01:57+	01:53+	02:00-	00:56+	
24	Charles	-Franco	is Farb	0		42						46:4 [·]	1												
01:08+	01:28+ 02 00:20- 00 00:03- 00	38+ 01:39+	00:35+	01:00+	02:35+	02:03+	02:25+	02:01+	01:12-	02:02+	02:25+	02:16+	00:55+	01:27+	01:04+	02:12+	01:23+	04:44+	01:33+	02:09+	02:25+	03:21+	01:28-	01:02+	
01:00+	Jan Ke 01:18+ 02 00:18- 01 00:05- 00	08+ 01:02+	04:01+	00:58+	07:12+ 02:13+	01:44+	02:03+	05:54+	01:29-	01:57+	03:31+	03:01+	27:39+ 00:48+	01:55+	00:47+	01:45+	01:03+	02:44+	01:47+	03:34+	02:14+	02:00+	01:49-	01:19+	
00:49+	Jan Kri 01:11+ 02 00:22- 01 00:01- 00	04+ 00:57+	00:25-	00:52+	02:17+	01:18+	05:45+	04:34+	01:52-	02:33+	02:55+	01:57+	28:32+ 00:52+	01:18+	00:48+	01:49+	01:10+	03:23+	01:07+	02:25+	01:57+	01:32+	04:06+	01:09+	
00:37	00:14 0	0:25 00:45	5 00:21							01:26	01:24	01:11	00:35	00:50	00:29	01:10	00:40	01:38	00:44	01:25	00:47	00:40	01:28	00:44	00:31
= 50m k	lassevinner	, - raskere	e, + se	nere, #	10% ta	p, & 25	5% tap,	@ 100%	₀ tap.																

Herrer 50 - 59 år

Plass	Navı	n					Klasse	;					Tid							
1	Ole	Petter	Hauka	as			109						30:12	2						
	01:05=	01:34=	02:45=	03:03=		06:17=	08:55=						18:32=	19:59=						
							02:38= 00:00=													
-					00:00=	00:00=	7	00:00=	00:00=	00:00=	00:00=	00:00=		-	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2			hanne		04.31+	07.25+	10:12+	12.02+	12.47+	14.06+	16.55+	18.15+	30:4	-	22.18+	23.39+	25.33+	28.52+	30.17+	30.41+
							02:47+													
00:03+	00:02+	00:04#	00:06+	00:04#	00:05-	00:54&	00:09+	00:13#	00:03+	00:06-	00:06+	00:13-	00:12-	00:06-	00:13-	00:21&	00:02-	00:48-	00:05+	00:04#
3	Øivi	nd Be	rggraf				116						31:14	4						
							09:25+													
							02:43+ 00:05+													
1	-		-	-			92	00.05	00.021	00.014	00.22	00.07	33:43	-	00.014	00.001	00.00	00.11	00.001	00.000
• 00:40+			1e Son				13:23+	14:56+	15:45+	17:03+	19:32+	21:00+			25:29+	26:28+	28:25+	31:41+	33:20+	33:43+
							03:07+													
00:02+	00:01+	00:03-	00:01+	00:00=	00:04-	04:020	00:29#	00:04-	00:07#	00:07-	00:14-	00:05-	00:15-	00:08-	00:18#	00:01-	00:01+	00:51-	00:19#	00:03#
5	Øyst	tein Da	ahle			9	92						34:0	5						
							10:08+													
							02:49+ 00:11+													
6		Berg		00.011	00.011		116	00.121	00.001	00.00	00.001	00.000	34:4:	_	01.2.14	00.001	00.11	00.00%	00.001	001074
00:41+				03:12+	04:27+		10:00+	12:07+	13:10+	14:52+	17:42+	19:16+		-	24:22+	25:32+	27:22+	32:52+	34:19+	34:43+
00:41+	00:27=	00:32+	01:14+	00:18=	01:15+	02:31+	03:02+	02:07+	01:03+	01:42+	02:50+	01:34+	01:29-	01:46+	01:51+	01:10+	01:50-	05:30+	01:27+	00:24+
00:03+	00:00=	00:03#	00:03+	00:00=	00:01+	00:31&	00:24#	00:30&	00:21&	00:17#	00:07+	00:01+	00:08-	00:19#	00:21#	00:10#	00:06-	01:23&	00:07+	00:04#
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8		Selar					236						35:20	-						
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00:45+	00:33+	00:33+	01:16+	00:19+	02:02+	02:25+	03:26+	01:45+	00:42=	02:40+	02:35-	01:36+	01:25-	01:34+	01:31+	01:20+	01:49-	05:11+	01:33+	00:26+
00:07#	00:06#	00:04#	00:05+	00:01+	00:48&	00:25#	00:48&	00:08+	00:00=	01:15&	00:08-	00:03+	00:12-	00:07+	00:01+	00:20&	00:07-	01:04&	00:13#	00:06&
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13				03.15+	04.40+	-	10:58+	12.57+	14.02+	15.21+	18.10+	20.08+	36:4'		26.231	27.501	20.331	31.251	36.17+	36./11
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	_			00.004	00.001		92	00.121	00.204	00.000	00.12	00.214	39:08	_	00.111	00.200	00.074	01.100	00.004	00.004
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							02:57+													
.					00:03+		00:19#	02:210	00:06#	01:23&	01:25&	00:37&			00:10#	00:23&	00:12#	00:09+	00:22&	00:06&
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00:42+	01:14+	01:57+	03:32+			08:31+	11:53+						23:36+	28:09+						
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34			alvors		05.501	00.001	5	20.21.	01.101	00.EC.	05.51.	07.50	47:38		22.201	24.201	40.45.	45.371	47.12	47.201	
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41	-		gnar N		00.114		116	00.024	00.014	011120	00.000	00.114	1:02:		01.004	01.010	00.104	02.074	00.004	00.114	
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00:49+	00:37+	01:14+	01:45+	00:27+	01:44+	03:35+	08:11+	08:36+	01:02+	01:46+	03:39+	02:18+	02:05+	01:45+	05:32+	01:27+	02:44+	10:14+	02:31+	00:29+	
					00:30&	01:35&	05:330	06:590	00:20&	00:21#	00:56&	00:45&	00:28&	00:18#	04:020	00:27&	00:48&	06:070	01:11&	00:09&	
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11			nheim		06:46-		144	12.261	14.27	17.261	10.001	21.421	40:4	-	20.401	22.21	24.421	27.201	20.501	40.221	40.451
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					08:23+			14:16+	16:08+	19:32+	21:16+	23:57+		-	29:13+	34:27+	35:46+	38:57+	40:53+	42:00+	42:23+
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Plass	Navı	n					Klasse)					Tid								
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00:59-	00:34+	01:57+	00:54+	01:03+	03:55+	02:18+	02:39+	02:52+	01:52+	03:45+	02:10+	03:29-	03:05+	01:44+	03:15+	02:03+	02:20+	09:24+	03:22+	01:47+	00:26-
00:03-	00:05#	01:050	00:11&	00:16&	00:39#	01:170	01:450	01:26&	00:38&	01:50&	00:56&	01:04-	01:530	00:39&	01:570	00:14#	01:160	05:290	01:40&	00:47&	00:02-
19	Egil	Røyne	eberg			9	93						1:02:	54							
01:10+	02:01+	03:34+	04:45+	06:00+	11:23+	14:40+	16:47+	20:07+	22:28+	27:21+	30:56+	36:03+	39:34+	41:59+	45:37+	49:25+	52:22+	56:39+	60:40+	62:10+	62:54+
01:10+	00:51+	01:33+	01:11+	01:15+	05:23+	03:17+	02:07+	03:20+	02:21+	04:53+	03:35+	05:07+		02:25+	03:38+	03:48+	02:57+		04:01+	01:30+	00:44+
00:08#	00:22&	00:41&	00:28&	00:28&	02:07&	02:160	01:130	01:540	01:07&	02:580	02:210	00:34#	02:190	01:200	02:200	01:590	01:530	00:22+	02:190	00:30&	00:16&
20	Rolf	Klepp	е			(63						1:10:	43							
01:10+	02:09+	05:12+	05:58+	07:20+	15:57+	22:28+	23:36+	26:10+	28:43+	32:16+	34:30+	37:46+	39:59+	41:48+	46:09+	51:27+	53:19+	63:59+	68:13+	70:17+	70:43+
01:10+	00:59+	03:03+	00:46+	01:22+	08:37+	06:31+	01:08+	02:34+	02:33+	03:33+	02:14+	03:16-	02:13+	01:49+	04:21+	05:18+	01:52+	10:40+	04:14+	02:04+	00:26-
			00:03+		05:210	05:300	00:14&	01:08&	01:190	01:38&	01:00&	01:17-	01:01&	00:44&	03:030	03:290	00:48&	06:450	02:32@	01:04@	00:02-
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00:45 = Som k	lassevin er 65 -	ner, - - 69 å	raskere,			10% tap	o, & 25				01.14	02.21	28:00					02110			
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00:04+	00:06#	00:16&	00:04+	00:07#	01:38&	00:17#	00:19&	00:12#	00:08+	00:53&	00:18#	04:200	00:58&	00:02-	00:39&	00:19#	00:29&	06:000	01:290	01:060	00:03#
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					13:00+																
					06:22+ 03:09&																
18			on Mæ				5						50:12	-							
	-				09:39+	12:28+	13:46+	16:29+	20:10+	24:08+	26:09+	29:04+		-	36:21+	38:18+	40:19+	45:41+	47:41+	49:35+	50:12+
					03:23+																
00:37&	00:27&	00:52&	00:27&	00:17&	00:10+	01:410	00:24&	00:57&	02:140	01:54&	00:43&	00:36&	01:03&	01:14&	01:150	00:36&	01:07@	03:360	00:39&	01:01@	00:16&
19			ijestela				126						50:57	-							
					09:23+																
					03:24+ 00:11+																
20			eland				98						51:4	-							
-				05:04+	08:34+			14:47+	16:48+	20:35+	23:24+	26:37+		-	33:12+	36:29+	38:18+	47:14+	50:06+	51:08+	51:40+
					03:30+																
00:15&	00:08&	00:33&	00:12&	00:20&	00:17+	00:30&	00:50&	01:05&	00:34&	01:43&	01:310	00:54&	00:41&	00:54&	01:150	01:560	00:550	07:100	01:310	00:09#	00:11&
21		r Gjes					109						51:48	-							
					10:02+ 03:56+																
					00:43#																
22	. .		eriasta	-		-	7						52:40	-							
				-	16:42+	18:24+	20:03+	22:06+	23:56+	26:44+	29:08+	33:44+	-		39:37+	41:58+	43:17+	47:44+	51:08+	52:16+	52:46+
					10:22+																
00:20&	00:11&	01:390	00:05#	00:29&	07:090	00:34&	00:45&	00:17#	00:23&	00:44&	01:06&	02:17&		_	01:01&	01:00&	00:25&	02:410	02:03@	00:15&	00:09&
23		n Ims					65						53:34								
					08:09+ 03:12-																
					00:01-																
24			v Holl				116						1:04:								
					18:49+			28:11+	30:12+	34:49+	36:57+	41:11+			48:14+	50:42+	52:25+	59:43+	62:16+	64:03+	64:37+
					13:45+																
00:11&			-		10:320			02:510	00:34&	02:330	00:50&	01:55&			01:220	01:07&	00:49&	05:320	01:12&	00:540	00:13&
25			hams				125						1:05:								
					12:30+ 04:56+																
					04:56+																
					u	000			ou					oou							

Klasse

Tid

Beste strekktid for klassen

00:43 00:27 00:56 00:42 00:47 02:38 01:00 00:54 01:31 01:15 02:04 01:18 02:01 01:11 01:04 01:07 01:21 00:54 01:46 01:08 00:47 00:21

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 70 - 74 år

Finn Morten Arstad 115 34:491 00:59= 01:34= 02:43= 03:30= 04:28= 08:17= 09:45= 10:51= 12:31= 14:27= 17:03= 18:50= 21:07= 22:49= 24:21= 25:51= 28:01= 29:15= 31:34= 33:23= 34:24= 34:49= 24:21= 24: 00:59= 00:35= 01:09= 00:47= 00:58= 03:49= 01:28= 01:06= 01:40= 01:56= 02:36= 01:47= 02:17= 01:42= 01:32= 01:30= 02:10= 01:14= 02:19= 01:49= 01:01= 00:25= 00:00= 00: 2 53 Hermann Skogsholm 38:06 00:59= 01:51+ 02:59+ 03:48+ 04:45+ 08:15- 09:54+ 11:24+ 13:09+ 14:32+ 17:01- 18:39- 21:41+ 23:33+ 25:28+ 27:42+ 29:32+ 31:38+ 34:03+ 36:35+ 37:41+ 38:06+ 00:59= 00:52+ 01:08- 00:49+ 00:57- 03:30- 01:39+ 01:30+ 01:45+ 01:23- 02:29- 01:38- 03:02+ 01:55+ 02:14+ 01:50- 02:06+ 02:25+ 02:32+ 01:06+ 00:25= 00:00= 00:17& 00:01- 00:02+ 00:01- 00:19- 00:11# 00:24& 00:05+ 00:33- 00:07- 00:09- 00:45& 00:10+ 00:23# 00:44& 00:20- 00:52& 00:06+ 00:43& 00:05+ 00:00= 68 38:52 Svein Glendrange 01:00+ 01:59+ 03:16+ 04:15+ 05:20+ 08:44+ 10:24+ 12:01+ 13:55+ 15:40+ 18:45+ 20:42+ 23:16+ 24:59+ 26:26+ 28:16+ 30:23+ 31:37+ 35:05+ 37:14+ 38:24+ 38:52+ 01:00+ 00:59+ 01:17+ 00:59+ 01:05+ 03:24- 01:40+ 01:37+ 01:54+ 01:45- 03:05+ 01:57+ 02:34+ 01:43+ 01:27- 01:50+ 02:07- 01:14= 03:28+ 02:09+ 01:10+ 00:28+ 00:01+ 00:24& 00:08# 00:12& 00:07# 00:25- 00:12# 00:31& 00:14# 00:11- 00:29# 00:10+ 00:17# 00:01+ 00:05- 00:20# 00:03- 00:00= 01:09& 00:20# 00:09# 00:03# 4 Tormod Aaslid 54 40:01 00:58- 01:35+ 05:21+ 06:18+ 07:06+ 08:01- 11:10+ 12:30+ 13:34+ 15:08+ 16:34- 19:04+ 20:42- 23:42+ 25:30+ 27:25+ 29:47+ 31:31+ 33:32+ 35:56+ 38:35+ 39:34+ 40:01+ 00:58- 00:37+ 03:46+ 00:57+ 00:48- 00:55- 03:09+ 01:20+ 01:04- 01:34- 01:26- 02:30+ 01:38- 03:00+ 01:48+ 01:55+ 02:22+ 01:44+ 02:01- 02:24+ 02:39+ 00:59+ 00:27+ 00:01- 00:02+ 02:370 00:10# 00:10- 02:54- 01:410 00:14# 00:36- 00:22- 01:10- 00:43& 00:39- 01:18& 00:16# 00:25& 00:12+ 00:30& 00:18- 00:35& 01:380 00:340 00:27+ 54 Steinar Undheim 5 41:55 01:02+ 01:46+ 03:12+ 04:12+ 05:19+ 08:09- 10:07+ 11:42+ 14:22+ 16:06+ 19:39+ 21:19+ 24:09+ 26:33+ 28:26+ 32:31+ 34:29+ 35:41+ 39:00+ 40:16+ 41:30+ 41:55+ 01:02+ 00:44+ 01:26+ 01:00+ 01:07+ 02:50- 01:58+ 01:35+ 02:40+ 01:44- 03:33+ 01:40- 02:50+ 02:24+ 01:53+ 04:05+ 01:58- 01:12- 03:19+ 01:16- 01:14+ 00:25= 00:03+ 00:09& 00:17# 00:13& 00:09# 00:59- 00:30& 00:29& 01:00& 00:12- 00:57& 00:07- 00:33# 00:42& 00:21# 02:35@ 00:12- 00:02- 01:00& 00:33- 00:13# 00:09= Hilmar Røthing 128 42:05 6 00:47- 01:35+ 02:37- 03:24- 04:17- 10:18+ 12:16+ 15:02+ 16:55+ 18:42+ 20:59+ 24:20+ 26:44+ 28:20+ 29:34+ 31:47+ 33:10+ 34:35+ 39:13+ 40:29+ 41:33+ 42:05+ 00:47- 00:48+ 01:02- 00:47= 00:53- 06:01+ 01:58+ 02:46+ 01:53+ 01:47- 02:17- 03:21+ 02:24+ 01:36- 01:14- 02:13+ 01:23- 01:25+ 04:38+ 01:16- 01:04+ 00:32+ 00:12- 00:13& 00:07- 00:00= 00:05- 02:12& 00:30& 01:40@ 00:13# 00:09- 00:19- 01:34& 00:07+ 00:06- 00:18- 00:43& 00:47- 00:11# 02:19& 00:33- 00:03+ 00:07* 7 154 42:41 Olav Dag Borgersen 00:57- 01:34= 03:28+ 04:20+ 05:18+ 11:46+ 13:12+ 14:30+ 16:12+ 17:56+ 23:38+ 26:05+ 29:15+ 31:14+ 32:44+ 34:11+ 35:59+ 37:03+ 39:41+ 40:51+ 42:12+ 42:41+ 00:57- 00:37+ 01:54+ 00:52+ 00:58= 06:28+ 01:26- 01:18+ 01:42+ 01:44- 05:42+ 02:27+ 03:10+ 01:59+ 01:30- 01:27- 01:48- 01:04- 02:38+ 01:10- 01:21+ 00:29+ 00:02- 00:02+ 00:45& 00:05# 00:00= 02:39& 00:02- 00:12# 00:02+ 00:12- 03:06@ 00:40& 00:53& 00:17# 00:02- 00:03- 00:22- 00:10- 00:19# 00:39- 00:20& 00:04# 42:52 Knut Jonas Espedal 53 8 01:09+ 01:56+ 03:38+ 04:43+ 05:47+ 09:11+ 10:54+ 12:17+ 14:51+ 16:54+ 19:48+ 21:51+ 24:55+ 27:22+ 29:53+ 31:50+ 33:23+ 35:08+ 38:30+ 40:18+ 42:20+ 42:52+ 01:09+ 00:47+ 01:42+ 01:05+ 01:04+ 03:24- 01:43+ 01:23+ 02:34+ 02:03+ 02:54+ 02:03+ 03:04+ 02:27+ 02:31+ 01:57+ 01:33- 01:45+ 03:22+ 01:48- 02:02+ 00:32+ 00:10# 00:12& 00:33& 00:18& 00:06# 00:25- 00:15# 00:17& 00:54& 00:07+ 00:18# 00:16# 00:47& 00:45& 00:59& 00:27& 00:37- 00:31& 01:03& 00:01- 01:01& 00:07& Kiell Langvik 93 9 43:28 00:56- 01:37+ 02:54+ 03:57+ 05:09+ 08:46+ 10:23+ 12:18+ 14:31+ 16:29+ 19:59+ 22:50+ 25:52+ 28:28+ 30:05+ 31:50+ 34:26+ 36:10+ 39:16+ 41:16+ 42:59+ 43:28+ 00:56- 00:41+ 01:17+ 01:03+ 01:12+ 03:37- 01:37+ 01:55+ 02:13+ 01:58+ 03:30+ 02:51+ 03:02+ 02:36+ 01:45+ 02:36+ 01:44+ 03:06+ 02:00+ 01:43+ 00:29+ 00:03- 00:06# 00:18# 00:16& 00:14# 00:12- 00:09# 00:43& 00:02+ 00:54& 01:04& 00:45& 00:54& 00:05+ 00:15# 00:26# 00:30& 00:47& 00:11# 00:42& 00:04# Øvvind Eaeskoa 5 10 43:40 00:54- 01:31- 02:45+ 03:35+ 04:35+ 07:39- 09:16- 11:07+ 13:18+ 14:58+ 20:37+ 22:25+ 28:32+ 30:53+ 32:23+ 34:16+ 36:17+ 37:44+ 40:31+ 41:47+ 43:13+ 43:40+ 00:54- 00:37+ 01:14+ 00:50+ 01:00+ 03:04- 01:37+ 01:51+ 02:11+ 01:40- 05:39+ 01:48+ 06:07+ 02:21+ 01:30- 01:53+ 02:01- 01:27+ 02:47+ 01:16- 01:26+ 00:27+ 00:05- 00:02+ 00:05+ 00:03+ 00:02+ 00:45- 00:9# 00:45& 00:31& 00:16- 03:03@ 00:01+ 03:50@ 00:39& 00:02- 00:23& 00:09- 00:13# 00:28# 00:33- 00:25& 00:02+ Svein Eliassen 116 48:24 11 01:10+ 01:58+ 03:18+ 04:23+ 05:47+ 09:39+ 11:49+ 13:44+ 16:28+ 18:49+ 22:48+ 25:20+ 28:36+ 30:47+ 33:44+ 35:49+ 38:58+ 40:22+ 43:51+ 46:23+ 47:52+ 48:24+ 01:10+ 00:48+ 01:20+ 01:05+ 01:24+ 03:52+ 02:10+ 01:55+ 02:44+ 02:21+ 03:59+ 02:32+ 03:16+ 02:11+ 02:57+ 02:05+ 03:09+ 01:24+ 03:29+ 02:32+ 01:29+ 00:32+ 00:11# 00:13& 00:11# 00:18& 00:26& 00:03+ 00:42& 00:49& 01:04& 00:25# 01:23& 00:45& 00:59& 00:29& 01:25& 00:35& 00:59& 00:10# 01:10& 00:43& 00:28& 00:07& 12 Ole Auklend 106 50:17 01:00+ 01:48+ 03:14+ 04:21+ 05:35+ 13:23+ 15:38+ 17:02+ 19:13+ 21:31+ 24:24+ 26:29+ 29:21+ 31:21+ 33:02+ 35:14+ 37:58+ 39:47+ 43:53+ 49:37+ 50:17+ 01:00+ 00:48+ 01:26+ 01:07+ 01:14+ 07:48+ 02:15+ 01:24+ 02:11+ 02:18+ 02:53+ 02:05+ 02:52+ 02:00+ 01:41+ 02:12+ 02:44+ 01:49+ 04:06+ 03:42+ 02:02+ 00:40+ 00:01+ 00:13& 00:17# 00:20& 00:16& 03:59@ 00:47& 00:18& 00:31& 00:22# 00:17# 00:18# 00:35& 00:18# 00:09+ 00:42& 00:34& 00:35& 01:47& 01:53@ 01:01& 00:15& 43 13 Norvald Skretting 52:43

00:58- 01:39+ 02:59+ 03:54+ 05:04+ 08:49+ 10:47+ 12:39+ 21:50+ 23:48+ 27:22+ 29:28+ 32:25+ 34:39+ 36:24+ 38:26+ 40:40+ 42:37+ 48:46+ 50:24+ 52:11+ 52:43+ 00:58- 00:41+ 01:20+ 00:55+ 01:10+ 03:45- 01:58+ 01:52+ 09:11+ 01:58+ 03:34+ 02:06+ 02:57+ 02:14+ 01:45+ 02:02+ 02:14+ 01:57+ 06:09+ 01:38- 01:47+ 00:32+ 00:01- 00:06# 00:11# 00:08# 00:12# 00:04- 00:30& 00:46& 07:31@ 00:02+ 00:58& 00:19# 00:40& 00:32& 00:13# 00:32& 00:04+ 00:43& 03:50@ 00:11- 00:46& 00:07&

Plass	Navi	n					Klasse)					Tid								
14	Lars	Frnst	Ravn	dal			125						53:40)							
					09:48+			16:34+	18:36+	22:36+	24:58+	28:41+	32:07+		40:15+	42:40+	44:59+	49:33+	51:12+	53:08+	53:40+
01:03+	00:45+	01:26+	01:04+	01:15+	04:15+	02:12+	01:31+	03:03+	02:02+	04:00+	02:22+	03:43+	03:26+	05:42+	02:26+	02:25+	02:19+	04:34+	01:39-	01:56+	00:32+
00:04+	00:10&	00:17#	00:17&	00:17&	00:26#			01:23&	00:06+	01:24&	00:35&	01:26&	01:440	_	00:56&	00:15#	01:05&	02:15&	00:10-	00:55&	00:07&
15		Aarre					5						53:42								
													32:38+ 02:10+								
													02:10+								
16			keland				92						1:06:								
					11:18+			20:25+	25:03+	30:06+	32:46+	37:41+	40:02+		48:45+	51:51+	54:19+	60:08+	63:43+	65:20+	66:10+
01:22+	01:04+	01:45+	01:29+	01:21+	04:17+	02:37+	01:42+	04:48+	04:38+	05:03+	02:40+	04:55+	02:21+	05:44+	02:59+	03:06+	02:28+	05:49+	03:35+	01:37+	00:50+
					00:28#	01:09&	00:36&	03:080	02:42@	02:27&	00:53&	02:380	00:39&	04:120	01:29&	00:56&	01:14&	03:300	01:46&	00:36&	00:25&
Beste																					
00:47	00:35	01:02	00:47	00:48	00:55	01:26	01:06	01:04	01:23	01:26	01:38	01:38	01:36	01:14	01:27	01:23	01:04	02:01	01:10	01:01	00:25
= Som k	lassevin	iner, -	raskere	+ se	nere, #	10% ta	o, & 25	5% tap,	@ 100%	6 tap.											
		•																			
Herre	er 75 -	- 79 å	r																		
	K ana			J			.						22.20								
01.47-			veland		10.54-		33	13.34-	11.19-	17.30-	20.15-	22.35-	32:29 23:04=		24.55-	27.45-	29.11-	30.46-	32.00-	32.20-	
													00:29=								
													00:00=								
2	Hara	Id Vat	ne			(67						38:09	9							
													26:34+								
													00:39+								
-		_		00:23&	02:05-			00:13#	01:200	01:03%	00:29#	00:32#	00:10&	_	00:08#	00:22-	01:4/&	00:14-	00:34&	00:00=	
3		e Brau	-	07.001	11.17.		92	15.00	17.41.	20.44	22.461	27.201	38:46	-	20.24	22.24	24.40	26.201	20.17.	20.461	
													28:13+ 00:34+								
													00:05#								
4	Kiell	Maud	al				63						43:18	3							
	06:13+	08:02+	08:29+										32:26+								
													00:52+								
-			-	00:27&	00:28-			00:18%	00:25&	01:51%	00:19#	00:40&	00:23&		00:41&	00:12+	00:10-	00:21&	00:22&	00:01+	
5	-	Nærla		06.01.	10.50		53	14.40	16.40	22.05.	25.001	20.24	43:26	-	22.401	27.201	40.21.	41.221	40.551	42.261	
													31:01+ 00:27-								
													00:02-								
6	Maq	ne Jak	obser	า		(63						44:26	5							
	03:06+	04:27+	04:52+	06:10+									29:57+								
													00:35+								
00:20#	-			00:13#	01:23-			00:12%	00:388	02:490	00:42&	01:04&	00:06#	_	00:27&	00:02+	02:580	01:01%	00:14#	00:04#	
1		Bekke		07.061	11.25.		32	16.12	17.57.	22.21	26.021	24.24	48:45	-	20.201	42.00	45.001	46.401	40.10.	40.451	
													35:18+ 00:44+								
													00:15&								
8	Arne	Bran	dsber	r			29						51:44	1							
02:29+					14:04+			18:49+	21:52+	27:00+	31:23+	34:43+	35:33+	36:55+	38:51+	43:05+	47:23+	48:36+	50:51+	51:44+	
													00:50+								
-	-	_		00:398	00:10+			00:45&	U1:48@	UZ:27&	01:386	01:00%	00:21&		00:54&	U1:24&	∪∠:220	00:08#	01:01%	00:24&	
9		nar Fu		07,10	15,00.		93	10.01.	20.50.	27.10.	20,20.	24.05.	53:28		20,25	40.51	47.01.	50.24	50,54.	52,00.	
													34:57+ 00:32+								
													00:03#								
10		rt Moe					54						1:02:								
				07:47+	21:42+			26:07+	28:11+	33:24+	44:42+	48:51+	49:33+		52:39+	56:28+	59:15+	60:31+	62:12+	62:48+	
02:25+	01:09+	01:55+	00:36+	01:42+	13:55+	01:00+	01:50+	01:35+	02:04+	05:13+	11:18+	04:09+	00:42+	01:12+	01:54+	03:49+	02:47+	01:16+	01:41+	00:36+	
00:38&	00:25&	00:50&	00:11&	00:37&	08:070	00:16&	00:52&	00:37&	00:49&	02:32&	08:330	01:49&	00:13&	00:23&	00:52&	00:59&	00:51&	00:11#	00:27&	00:07#	

Plass	Navn				I	Klasse)					Tid							
11	Alf Gylan	d			ç	92						1:13:	22						
01:52+	06:20+ 08:01	+ 08:27+	09:50+	33:45+	34:50+	36:25+	37:30+	39:45+	44:58+	47:54+	52:32+	53:21+	54:20+	55:48+	67:31+	69:39+	71:15+	72:48+	73:22+
01:52+	04:28+ 01:41	+ 00:26+	01:23+	23:55+	01:05+	01:35+	01:05+	02:15+	05:13+	02:56+	04:38+	00:49+	00:59+	01:28+	11:43+	02:08+	01:36+	01:33+	00:34+
00:05+	03:440 00:36	§ 00:01+	00:18&	18:070	00:21&	00:37&	00:07#	01:00&	02:32&	00:11+	02:18&	00:20&	00:10#	00:26&	08:530	00:12#	00:31&	00:19&	00:05#

Beste strekktid for klassen

01:38 00:44 01:05 00:25 01:05 03:43 00:44 00:58 00:58 01:15 02:41 02:45 02:20 00:27 00:49 01:02 02:28 01:24 00:51 01:14 00:29

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer 80 år og eldre

29 1 Arnulf Fuglestad 31:14 03:34= 06:17= 07:14= 10:25= 12:14= 13:51= 15:54= 19:16= 20:00= 21:58= 24:49= 25:58= 27:26= 30:17= 30:44= 31:14= 03:34= 02:43= 00:57= 03:11= 01:49= 01:37= 02:03= 03:22= 00:44= 01:58= 02:51= 01:09= 01:28= 02:51= 00:27= 00:30= 00:00= 00: 2 Peter Frafiord 116 46:58 01:16- 04:31- 06:41- 11:40+ 15:27+ 17:21+ 26:50+ 30:32+ 31:30+ 33:37+ 37:08+ 39:04+ 41:28+ 45:50+ 46:21+ 46:58+ 01:16- 03:15+ 02:10+ 04:59+ 03:47+ 01:54+ 09:29+ 03:42+ 00:58+ 02:07+ 03:31+ 01:56+ 02:24+ 04:22+ 00:31+ 00:37+ 02:18- 00:32# 01:13@ 01:48& 01:58@ 00:17# 07:26@ 00:20+ 00:14& 00:09+ 00:40# 00:47& 00:56& 01:31& 00:04# 00:07# 93 3 Magne Westerheim 1:04:51

01:08- 05:12- 06:16- 11:52+ 16:37+ 18:02+ 20:46+ 24:20+ 25:12+ 27:37+ 49:05+ 56:41+ 61:01+ 63:52+ 64:22+ 64:51+ 01:08- 04:04+ 01:04+ 05:36+ 04:45+ 01:25- 02:44+ 03:34+ 00:52+ 02:25+ 21:28+ 07:36+ 04:20+ 02:51= 00:30+ 00:29-02:26- 01:21& 00:07# 02:25& 02:56@ 00:12- 00:41& 00:12+ 00:08# 00:27# 18:37@ 06:27@ 02:52@ 00:00= 00:03# 00:01-

Beste strekktid for klassen

01:08 02:43 00:57 03:11 01:49 01:25 02:03 03:22 00:44 01:58 02:51 01:09 01:28 02:51 00:27 00:29

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer A

30:34 1 Morten Bierga Sundli 93 00:42= 01:08= 01:32= 02:13= 02:59= 03:33= 05:26= 06:20= 07:29= 08:37= 09:45= 10:20= 11:32= 13:24= 15:23= 16:35= 17:18= 18:23= 19:27= 20:02= 21:55= 22:58= 24:09= 25:55= 26:59= 28:05= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 26:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 28:05= 26:00= 25:55= 26:59= 26:00= 25:55= 26:59= 26:00= 25:55= 26:59= 26:00= 25:55= 26:59= 26:00= 25:55= 26:59= 26:00= 25:55= 26:59= 26:59= 26:00= 25:55= 26:59= 26: 00:42= 00:24= 00:24= 00:44= 00:46= 00:34= 01:53= 00:54= 01:09= 01:08= 01:08= 01:35= 01:12= 01:52= 01:59= 01:12= 00:43= 01:05= 01:04= 00:35= 01:53= 01:03= 01:11= 01:46= 01:04= 00:04= 00:04= 00:04= 00:04= 00:04= 00:04= 00:04= 00:04= 00:04= 00:04= 00: 00:00= 00: 29:14= 29:57= 30:34= 01:09= 00:43= 00:37= 00:00= 00:00= 00:00= 2 Ørian Ravndal 194 30:57 00:34- 00:55- 01:18- 01:58- 02:41- 03:31- 05:52+ 06:44+ 07:39+ 08:33- 09:07- 09:39- 10:54- 13:02- 14:49- 16:03- 16:48- 18:10- 19:16- 19:54- 21:47- 22:44- 23:51- 25:35- 26:51- 28:07+ 00:34- 00:21- 00:23- 00:40- 00:43- 00:50+ 02:21+ 00:52- 00:55- 00:54- 00:34- 00:32- 01:15+ 02:08+ 01:47- 01:14+ 00:45+ 01:22+ 01:06+ 00:38+ 01:53= 00:57- 01:07- 01:44- 01:16+ 01:16+ 00:08- 00:05- 00:01- 00:01- 00:03- 00:16& 00:28# 00:02- 00:14- 00:34- 00:03- 00:03+ 00:16# 00:12- 00:02+ 00:02+ 00:02+ 00:03+ 00:02+ 00:03+ 00:00= 00:06- 00:04- 00:02- 00:12# 00:10# 29:38+ 30:24+ 30:57+ 01:31+ 00:46+ 00:33-00:22& 00:03+ 00:04-3 Harald Kalager 31:59 00:34- 00:58- 01:24- 02:04- 02:52- 03:32- 05:35+ 06:45+ 07:42+ 09:41+ 10:25+ 11:03+ 12:14+ 14:09+ 16:19+ 17:25+ 18:20+ 19:50+ 20:54+ 21:30+ 23:24+ 24:29+ 25:35+ 27:20+ 28:21+ 29:33+ 00:34- 00:24- 00:26+ 00:40+ 00:48+ 00:40+ 02:03+ 01:10+ 00:57- 01:59+ 00:44- 00:38+ 01:11- 01:55+ 02:10+ 01:06- 00:55+ 01:30+ 01:04= 00:36+ 01:54+ 01:05+ 01:06- 01:45- 01:01- 01:12+ 00:08- 00:02- 00:02+ 00:01- 00:02+ 00:06# 00:10+ 00:16& 00:12- 00:51& 00:24- 00:03+ 00:01- 00:03+ 00:11+ 00:06- 00:12& 00:25& 00:00= 00:01+ 00:01+ 00:02+ 00:05- 00:03- 00:06+ 30:40+ 31:28+ 31:59+ 01:07- 00:48+ 00:31-00:02- 00:05# 00:06-93 32:09 Aart Joakim in't Veld 00:34- 01:01- 01:25- 02:08- 02:52- 03:25- 05:26= 06:26+ 07:30+ 08:28- 09:06- 09:42- 10:59- 13:11- 15:25+ 16:35= 17:21+ 18:39+ 20:28+ 20:59+ 22:54+ 24:19+ 25:38+ 27:37+ 28:36+ 29:31+ 00:34- 00:27+ 00:24= 00:43+ 00:44- 00:33- 02:01+ 01:00+ 01:04- 00:58- 00:38- 00:36+ 01:17+ 02:12+ 02:14+ 01:10- 00:46+ 01:18+ 01:49+ 00:31- 01:55+ 01:25+ 01:19+ 01:59+ 00:59- 00:55-00:08- 00:01+ 00:00= 00:02+ 00:02- 00:01- 00:08+ 00:06# 00:05- 00:10- 00:30- 00:01+ 00:05+ 00:20# 00:15# 00:03+ 00:03+ 00:13# 00:45& 00:04- 00:02+ 00:22& 00:08# 00:13# 00:05- 00:11-30:49+ 31:35+ 32:09+ 01:18+ 00:46+ 00:34-00:09# 00:03+ 00:03-

Plass	Navn K	Klasse	Tid
5	Cato Eike 7	'9	38:18
00:34- 00:08- 36:52+ 02:33+	00:59- 01:31- 02:14+ 03:01+ 04:00+ 06:33+ 00:25- 00:32+ 00:43+ 00:47+ 00:59+ 02:33+ 00:01- 00:08& 00:02+ 00:01+ 00:25& 00:40& 37:46+ 38:18+ 00:54+ 00:32-	07:45+ 09:10+ 10:21+ 11:16+ 11:57+ 13:43+ 01:12+ 01:25+ 01:11+ 00:55- 00:41+ 01:46+	16:03+ 18:43+ 19:59+ 20:44+ 22:15+ 23:23+ 24:03+ 26:03+ 27:38+ 29:03+ 31:39+ 32:55+ 34:19+ 02:20+ 02:40+ 01:16+ 00:45+ 01:31+ 01:08+ 00:40+ 02:00+ 01:35+ 01:25+ 02:36+ 01:16+ 01:24+ 00:28# 00:41& 00:04+ 00:02+ 00:26& 00:04+ 00:05# 00:07+ 00:32& 00:14# 00:50& 00:12# 00:18&
6 00:31- 00:11- 37:20+ 03:27+	00:53- 01:16- 02:02- 02:51- 03:27- 06:16+ 00:22- 00:23- 00:46+ 00:49+ 00:36+ 02:49+ 00:04- 00:01- 00:05# 00:03+ 00:02+ 00:56& 38:13+ 38:45+ 00:53+ 00:32-	01:15+ 01:14+ 01:17+ 00:36- 00:32- 01:25+	38:45 15:02+ 17:57+ 19:21+ 20:09+ 21:45+ 23:01+ 23:51+ 26:08+ 27:17+ 28:53+ 31:13+ 32:26+ 33:53+ 02:27+ 02:55+ 01:24+ 00:48+ 01:36+ 01:16+ 00:50+ 02:17+ 01:09+ 01:36+ 02:20+ 01:13+ 01:27+ 00:35& 00:56& 00:12# 00:05# 00:31& 00:12# 00:15& 00:24# 00:06+ 00:25& 00:34& 00:09# 00:21&
7 00:40- 00:02- 38:04+ 02:47+	01:06- 01:32= 02:19+ 03:09+ 03:57+ 06:30+ 00:26= 00:26+ 00:47+ 00:50+ 00:48+ 02:33+	01:13+ 01:45+ 01:28+ 00:57- 00:41+ 01:25+	40:53 16:17+ 18:47+ 20:06+ 21:22+ 22:21+ 24:17+ 25:31+ 26:20+ 28:37+ 29:48+ 31:10+ 33:23+ 35:17+ 02:18+ 02:30+ 01:19+ 01:16+ 00:59- 01:56+ 01:14+ 00:49- 02:17+ 01:11= 01:22- 02:13+ 01:54+ 00:26# 00:31& 00:07+ 00:33& 00:06- 00:52& 00:39@ 01:04- 01:14@ 00:00= 00:24- 01:09@ 00:48&
00:37- 00:05- 39:47+ 02:07+	01:06- 01:51+ 02:33+ 03:25+ 04:02+ 07:02+ 00:29+ 00:45+ 00:42+ 00:52+ 00:37+ 03:00+	01:07+ 01:04- 01:45+ 00:43- 00:45+ 01:25+	41:08 16:44+ 19:09+ 20:25+ 21:20+ 23:16+ 24:37+ 25:05+ 27:16+ 28:54+ 31:20+ 33:30+ 34:43+ 37:40+ 02:53+ 02:25+ 01:16+ 00:55+ 01:56+ 01:21+ 00:28- 02:11+ 01:38+ 02:26+ 02:10+ 01:13+ 02:57+ 01:01& 00:26# 00:04+ 00:12& 00:51& 00:17& 00:07- 00:18# 00:35& 01:15@ 00:24# 00:09# 01:51@
00:37- 00:05- 41:15+ 01:33+	01:05- 01:34+ 02:22+ 03:09+ 03:56+ 09:10+ 00:28+ 00:29+ 00:48+ 00:47+ 00:47+ 05:14+	01:18+ 01:11+ 01:45+ 00:48- 00:44+ 01:50+	42:56 19:25+ 22:22+ 23:47+ 24:41+ 26:33+ 27:58+ 28:43+ 31:08+ 32:23+ 34:14+ 36:30+ 37:55+ 39:42+ 02:39+ 02:57+ 01:25+ 00:54+ 01:52+ 01:25+ 00:45+ 02:25+ 01:15+ 01:51+ 02:16+ 01:25+ 01:47+ 00:47& 00:58& 00:13# 00:11& 00:47& 00:21& 00:10& 00:32& 00:12# 00:40& 00:30& 00:21& 00:41&
	strekktid for klassen 00:21 00:23 00:40 00:43 00:33 01:53	00:52 00:55 00:54 00:34 00:32 01:11	01:52 01:47 01:06 00:43 00:59 01:04 00:28 00:49 00:57 01:06 01:22 00:59 00:55 01:07 00:43
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2 00:33- 00:04- 29:11+ 01:17+	Tor Gunnar Aksland 1 00:54- 01:22- 02:02- 02:49- 03:29= 05:30+ 00:21- 00:28- 00:40+ 00:47+ 00:40+ 02:01+	00:56- 00:53- 01:10+ 00:39+ 00:36- 01:15-	30:26 13:11+ 15:30+ 16:41+ 17:23+ 18:43+ 19:47+ 20:20+ 22:14+ 23:11+ 24:25+ 26:08+ 27:00+ 27:54+ 02:12+ 02:19+ 01:11- 00:42= 01:20+ 01:04+ 00:33- 01:54+ 00:57= 01:14+ 01:43- 00:52- 00:54- 00:22# 00:17# 00:05- 00:00= 00:07+ 00:02+ 00:01- 00:11# 00:00= 00:05+ 00:08- 00:04- 00:02-
3 00:36- 00:01- 29:57+	Stein Arne Olsen 66 01:01= 01:26- 02:11+ 02:59+ 03:33+ 05:31+ 00:25+ 00:25- 00:45+ 00:48+ 00:34- 01:58+	06:27+ 07:32+ 08:30+ 09:09+ 09:41+ 11:00+ 00:56- 01:05+ 00:58+ 00:39+ 00:32- 01:19+	31:15 12:59+ 15:26+ 16:36+ 17:20+ 18:36+ 19:50+ 20:26+ 22:25+ 23:36+ 24:50+ 26:50+ 27:45+ 28:51+ 01:59+ 02:27+ 01:10- 00:44+ 01:16+ 01:14+ 00:36+ 01:59+ 01:11+ 01:14+ 02:00+ 00:55- 01:06+ 00:09+ 00:25# 00:06- 00:02+ 00:03+ 00:12# 00:02+ 00:16# 00:14# 00:05+ 00:09+ 00:01- 00:10#

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Plass	Navn			ļ	Klasse)					Tid												
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00:32- 00:05- 31:08+ 01:36+	Geir Sand 00:55- 01:19- 02: 00:23- 00:24- 01: 00:01- 00:05- 00: 31:50+ 32:20+ 00:04-	09+ 00:40-	00:34-	05:32+ 01:50-	01:20+	00:58+	01:08+	00:48+	00:33-	01:27+	02:03+	15:57+ 02:08+	01:01-	00:42=	01:22+	01:05+	00:41+	01:53+	01:10+	01:14+	01:46-	01:23+	01:18+
6 00:35- 00:02- 31:00+ 01:15+	Njål F. Vadla 00:57- 01:34+ 02: 00:22- 00:37+ 00: 00:02- 00:08& 00: 31:48+ 32:23+ 00:48= 00:35+ 00:00= 00:01+	45+ 00:40-	00:38+	05:53+ 02:16+	00:54-	00:54=	01:08+	00:37+	00:35-	01:25+	02:10+	15:28+ 01:52-	01:24+	00:53+	01:30+	01:07+	00:38+	01:50+	01:09+	01:11+	01:55+	00:56=	01:44+
00:38+ 00:01+ 31:30+ 01:35+	Tom Furland 01:03+ 01:31+ 02: 00:25+ 00:28- 00: 00:01+ 00:01- 00: 32:27+ 33:06+ 00:39+ 00:57+ 00:39+ 00:59+	44+ 00:50+	00:57+	06:44+ 02:42+	00:57-	00:53-	00:58+	00:38+	00:37-	01:24+	01:56+	16:25+ 02:18+	01:14-	00:45+	01:23+	01:06+	00:39+	01:50+	01:02+	01:23+	01:54+	01:05+	01:09+
8 00:38+ 00:01+ 34:35+ 01:26+	Joar Eilevstjø 01:02+ 01:28- 02: 00:24= 00:26- 00: 00:00- 00:03- 00: 35:28+ 35:59+ 00:53+ 00:31- 00:05 [®] 00:03-	20+ 03:13+ 52+ 00:53+	00:43+	06:57+ 03:01+	01:04+	01:08+	01:06+	00:45+	00:37-	01:37+	02:16+	17:49+ 02:19+	01:05-	00:43+	01:35+	01:30+	00:47+	01:53+	01:09+	01:51+	02:01+	01:12+	01:34+
00:44+ 00:07# 34:54+ 01:21+	Øystein Amur 01:10+ 01:36+ 02: 00:26+ 00:26- 00: 00:02+ 00:03- 00: 35:41+ 36:16+ 00:35+ 00:014- 00:35+ 00:35+	17+ 03:05+ 41+ 00:48+	00:57+	06:40+ 02:38+	01:13+	01:02+	01:11+	00:42+	00:37-	01:21+	02:10+	17:32+ 02:36+	01:23+	00:45+	01:19+	01:13+	00:45+	02:20+	01:56+	01:46+	02:03+	01:14+	01:17+
00:35- 00:02- 35:10+ 01:21+	Per Olav Haar 00:59- 01:23- 02: 00:24= 00:24- 00: 00:00- 00:05- 00: 36:01+ 36:41+ 00:51+ 00:40+ 00:03+ 00:06#	01- 02:53= 38- 00:52+	00:36=	06:32+ 03:03+	01:16+	01:15+	01:04+	00:39+	00:55+	01:50+	02:35+	18:10+ 02:04+	01:13-	00:46+	01:24+	01:53+	00:42+	02:07+	01:03+	01:31+	02:03+	01:27+	01:30+
11 00:42+ 00:42+ 00:05# 38:59+ 01:38+	Espen Fyhn N 01:12+ 01:43+ 02: 00:30+ 00:31+ 00: 00:06# 00:02+ 00: 40:11+ 40:49+ 01:12+ 00:38+ 00:24& 00:04#	33+ 03:28+ 50+ 00:55+	00:44+	07:00+ 02:48+	01:43+	01:16+	01:10+	00:58+	00:39-	01:45+	03:03+	20:26+ 02:52+	01:25+	01:00+	01:34+	01:25+	00:52+	02:43+	01:14+	01:26+	02:15+	01:17+	01:44+
00:46+ 00:09# 39:18+ 01:17+	Bård Skogsh 01:16+ 01:48+ 02: 00:30+ 00:32+ 00: 00:06# 00:03# 00: 40:15+ 40:52+ 00:57+ 00:37+ 00:09# 00:03+	32+ 03:31+ 44+ 00:59+	00:38+	08:53+ 04:44+	01:14+	01:17+	01:18+	00:54+	00:42+	01:39+	02:34+	21:00+ 02:29+	01:55+	00:54+	01:22+	01:33+	00:49+	02:19+	01:13+	01:50+	02:15+	01:20+	01:31+

Plass	Navn	Klasse	Tid
13	Bjørnar André Haug	80	41:31
00:49+ 00:12& 40:02+	01:21+ 01:51+ 02:42+ 03:49+ 04:29+ 07:18+ 00:32+ 00:30+ 00:51+ 01:07+ 00:40+ 02:49+ 00:08& 00:01+ 00:12& 00:23& 00:04# 00:56& 40:54+ 41:31+	08:31+ 09:58+ 11:22+ 12:23+ 13:40+ 15:26+ 01:13+ 01:27+ 01:24+ 01:01+ 01:17+ 01:46+ 00:15& 00:33& 00:28& 00:25& 00:36& 00:30&	
	00:52+ 00:37+ 00:04+ 00:03+ Geir Austigard	144	45:48
00:39+ 00:39+ 00:02+ 44:21+ 01:32+	01:07+ 01:33+ 02:18+ 03:08+ 03:46+ 06:25+ 00:28+ 00:26- 00:45+ 00:50+ 00:38+ 02:39+	U/:43+ 14:11+ 15:32+ 16:20+ 17:05+ 19:31+ 01:18+ 06:28+ 01:21+ 00:48+ 00:45+ 02:26+	22:13+ 24:40+ 25:51+ 26:46+ 29:29+ 31:19+ 32:11+ 34:18+ 35:39+ 37:12+ 39:27+ 40:50+ 42:49+ 02:42+ 02:27+ 01:11- 00:55+ 02:43+ 01:50+ 00:52+ 02:07+ 01:21+ 01:33+ 02:15+ 01:23+ 01:59+ 00:52& 00:25# 00:05- 00:13& 01:30@ 00:48& 00:18& 00:24# 00:24& 00:24& 00:24# 00:27& 01:03@
15	Bjørn Serck-Hanssen	91	46:35
00:39+ 00:02+ 44:42+ 01:56+ 00:49& Beste s	01:05+ 01:58+ 02:41+ 03:32+ 04:53+ 07:34+ 00:26+ 00:53+ 00:43+ 00:51+ 01:21+ 02:41+	01:12+ 02:14+ 02:54+ 01:05+ 00:42+ 01:47+ 00:14# 01:20@ 01:58@ 00:29& 00:01+ 00:31&	20:27+ 23:00+ 24:28+ 25:20+ 26:58+ 28:24+ 29:07+ 31:43+ 35:16+ 36:48+ 39:35+ 41:00+ 42:46+ 02:59+ 02:33+ 01:28+ 00:52+ 01:38+ 01:26+ 00:43+ 02:36+ 03:33+ 01:32+ 02:47+ 01:25+ 01:46+ 01:09& 00:31& 00:12# 00:10# 00:25& 00:24& 00:09& 00:53& 02:36@ 00:23& 00:56& 00:29& 00:50& 01:50 01:52 01:01 00:42 01:13 01:02 00:33 01:43 00:57 01:09 01:43 00:52 00:54 01:06 00:42
= Som kl	klassevinner, - raskere, + senere, # 10% ta	p, & 25% tap, @ 100% tap.	
Herre	er C		

1 Jan Einar Øvremo 28:49 50 00:41= 01:06= 01:44= 02:32= 03:04= 04:02= 06:09= 07:42= 08:54= 10:06= 11:42= 13:10= 15:04= 16:00= 17:10= 17:36= 18:47= 20:03= 21:18= 22:53= 24:15= 25:34= 26:31= 27:30= 28:28= 28:49= 28: 00:41= 00:25= 00:38= 00:38= 00:38= 00:32= 00:58= 02:07= 01:33= 01:12= 01:12= 01:36= 01:28= 01:54= 00:56= 01:10= 00:26= 01:11= 01:16= 01:15= 01:35= 01:22= 01:19= 00:57= 00:59= 00:58= 00:21= 01:10= 00:20= 00:20= 00: 00:00= 00: 2 Kietil Wirak 114 29:09 00:44+ 01:19+ 02:01+ 02:54+ 03:22+ 04:03+ 06:56+ 08:29+ 09:45+ 11:00+ 12:44+ 13:59+ 15:33+ 16:36+ 17:48+ 18:10+ 19:22+ 20:36+ 21:56+ 23:21+ 24:44+ 25:51+ 26:53+ 27:49+ 28:51+ 29:09+ 00:44+ 00:35+ 00:42+ 00:53+ 00:28- 00:41- 02:53+ 01:33= 01:16+ 01:15+ 01:44+ 01:15- 01:34- 01:03+ 01:12+ 00:22- 01:12+ 01:14- 01:20+ 01:25- 01:23+ 01:07- 01:02+ 00:56- 01:02+ 00:18-00:03+ 00:10& 00:04+ 00:05+ 00:04- 00:17- 00:46& 00:00= 00:04+ 00:03+ 00:13- 00:20- 00:07+ 00:02+ 00:04- 00:01+ 00:02- 00:05+ 00:10- 00:01+ 00:12- 00:05+ 00:03- 00:04+ 00:03-3 Nils John Vestøl 83 30:52 00:42+ 01:11+ 01:55+ 02:53+ 03:22+ 04:09+ 07:15+ 08:47+ 10:05+ 11:43+ 13:36+ 15:00+ 16:32+ 17:24+ 18:50+ 19:15+ 20:33+ 21:49+ 23:03+ 24:41+ 26:02+ 27:18+ 28:37+ 29:47+ 30:35+ 30:52+ 00:42+ 00:29+ 00:44+ 00:58+ 00:29- 00:47- 03:06+ 01:32- 01:18+ 01:38+ 01:53+ 01:24- 01:32- 00:52- 01:26+ 00:25- 01:18+ 01:16= 01:14- 01:38+ 01:21- 01:16- 01:19+ 01:10+ 00:48- 00:17-00:01+ 00:04# 00:06# 00:03+ 00:03- 00:11- 00:59& 00:01- 00:06+ 00:26& 00:17# 00:04- 00:22- 00:04- 00:16# 00:01- 00:07+ 00:00= 00:01- 00:03+ 00:01- 00:22& 00:11# 00:10- 00:04-Geir Bjaanes 116 30:54 4 00:44+ 01:16+ 01:57+ 02:52+ 03:20+ 04:01- 06:54+ 08:30+ 09:39+ 10:54+ 12:48+ 14:12+ 16:12+ 17:21+ 18:33+ 19:03+ 20:17+ 21:36+ 23:05+ 24:31+ 25:51+ 27:09+ 28:33+ 29:34+ 30:31+ 30:54+ 00:44+ 00:32+ 00:41+ 00:55+ 00:28- 00:41- 02:53+ 01:36+ 01:09- 01:15+ 01:54+ 01:24- 02:00+ 01:09+ 01:12+ 00:30+ 01:14+ 01:19+ 01:29+ 01:20+ 01:20+ 01:20+ 01:24+ 01:01+ 00:57- 00:23+ 00:03+ 00:07# 00:03+ 00:03+ 00:03+ 00:04- 00:17- 00:46& 00:03+ 00:03- 00:03+ 00:18# 00:04- 00:13# 00:02+ 00:04# 00:03+ 00:03+ 00:03+ 00:02- 00:01- 00:27& 00:02+ 00:01- 00:02+ 5 65 32:36 Otte Omdal 00:47+ 01:16+ 02:36+ 03:21+ 03:53+ 05:00+ 07:13+ 09:39+ 10:49+ 12:07+ 13:38+ 14:59+ 16:38+ 17:31+ 18:48+ 19:17+ 20:27+ 21:48+ 23:20+ 24:42+ 26:18+ 27:52+ 29:58+ 31:12+ 32:15+ 32:36+ 00:47+ 00:29+ 01:20+ 00:45- 00:32= 01:07+ 02:13+ 02:26+ 01:10- 01:18+ 01:31- 01:21- 01:39- 00:53- 01:17+ 00:29+ 01:10- 01:21+ 01:32+ 01:22- 01:36+ 01:34+ 02:06+ 01:14+ 01:03+ 00:21= 00:06# 00:04# 00:42@ 00:03- 00:00= 00:09# 00:06+ 00:53& 00:02- 00:06+ 00:05- 00:07- 00:15- 00:03+ 00:01+ 00:05+ 00:17+ 00:13+ 00:14+ 00:15# 01:09@ 00:15& 00:05+ 00:00= Tore Svendsen 27 33:58 00:51+ 01:21+ 02:06+ 03:03+ 03:36+ 04:49+ 07:53+ 09:33+ 10:43+ 12:07+ 14:03+ 15:37+ 17:37+ 18:38+ 20:03+ 20:35+ 21:53+ 23:17+ 24:57+ 26:44+ 28:14+ 29:46+ 31:20+ 32:34+ 33:31+ 33:58+ 00:51+ 00:30+ 00:45+ 00:57+ 00:33+ 01:13+ 03:04+ 01:40+ 01:10- 01:24+ 01:56+ 01:34+ 02:00+ 01:01+ 01:25+ 00:32+ 01:18+ 01:24+ 01:40+ 01:47+ 01:32+ 01:32+ 01:34+ 01:41+ 00:57- 00:27+ 00:10# 00:05# 00:07# 00:09# 00:01+ 00:15& 00:57& 00:07+ 00:02- 00:12# 00:20# 00:06+ 00:06+ 00:15# 00:06# 00:07+ 00:08# 00:25& 00:12# 00:08+ 00:13# 00:37& 00:15& 00:01- 00:06& 7 Kjell Dale 93 34:12 01:12+ 01:41+ 02:22+ 03:11+ 03:42+ 04:28+ 07:07+ 08:56+ 10:15+ 11:37+ 13:39+ 16:06+ 18:10+ 19:22+ 20:37+ 21:02+ 22:18+ 23:29+ 26:16+ 27:51+ 29:15+ 30:44+ 31:45+ 32:45+ 33:44+ 34:12+ 01:12+ 00:29+ 00:41+ 00:49+ 00:31- 00:46- 02:39+ 01:49+ 01:19+ 01:22+ 02:02+ 02:27+ 02:04+ 01:12+ 01:15+ 00:25- 01:16+ 01:11- 02:47+ 01:35= 01:24+ 01:29+ 01:01+ 01:00+ 00:59+ 00:28+ 00:31& 00:04# 00:03+ 00:01+ 00:01- 00:12- 00:32& 00:16# 00:07+ 00:10# 00:26& 00:59& 00:10+ 00:16& 00:05+ 00:05+ 00:05+ 00:05+ 00:00= 00:02+ 00:10# 00:04+ 00:01+ 00:01+ 00:01+ 00:07* Øystein Huglen 27 8 35:45 00:46+ 01:12+ 01:56+ 03:06+ 03:37+ 04:24+ 07:24+ 09:06+ 11:02+ 13:22+ 15:23+ 16:51+ 19:00+ 20:04+ 21:34+ 22:03+ 23:24+ 25:11+ 26:46+ 28:28+ 30:15+ 31:56+ 33:01+ 34:28+ 35:26+ 35:45+ 00:46+ 00:26+ 00:44+ 01:10+ 00:31- 00:47- 03:00+ 01:42+ 01:56+ 02:20+ 02:01+ 01:28= 02:09+ 01:04+ 01:30+ 00:29+ 01:21+ 01:47+ 01:47+ 01:47+ 01:41+ 01:05+ 01:27+ 00:58= 00:19-

00:05# 00:01+ 00:06# 00:22& 00:01- 00:11- 00:53& 00:09+ 00:44& 01:08& 00:25& 00:00= 00:15# 00:08# 00:20& 00:03# 00:10# 00:31& 00:20& 00:07+ 00:25& 00:22& 00:08# 00:20= 00:02-

Plass	Navn				l	Klasse)					Tid												
9	Erlina	Mauland			5	33						36:58	B											
00:46+		2:20+ 03:16+	03:52+			09:44+	11:37+	13:10+	15:44+	17:15+	19:17+			22:06+	23:31+	25:05+	26:51+	28:45+	30:34+	32:24+	33:29+	35:02+	36:36+	36:58+
00:46+		:02+ 00:56+					01:53+			01:31+			01:25+	00:28+						01:50+		01:33+	01:34+	
00:05#):24& 00:08#		00:11-			00:41&	00:21&	00:28%	00:03+	00:08+			00:02+	00:14#	00:18#	00:31&	00:19#	00:27&	00:31%	00:08#	00:34&	00:36&	00:01+
10		Christians	-		-	93						37:4′	-											
00:46+		2:04+ 02:58+					11:15+								23:48+				31:51+					
00:46+):50+ 00:54+):12& 00:06#	00:40+		03:27+ 01:20&				02:03+	01:50+					01:37+			02:01+	01:44+ 00:22&			01:15+	01:03+ 00:05+	
44				00.05			00.13#	00.200	00.270	00.22#	00.10#			00.011	00.200	00.220	01.200	00.200	00.220	00.270	00.270	00.100	00.001	00.011
11		ing Svebe		05.001		16	10.17	12.54	16.05.	17.44	10.54	39:14	-	22.25.	25.07.	26.421	20.14	20.00	21.50	22.401	24.57	27.16	20.201	20.14
01:00+		2:51+ 03:48+ 1:17+ 00:57+			08:43+		12:1/+ 01:31+								25:07+ 01:32+				31:58+ 01:50+	33:40+			38:39+ 01:23+	
00:19&):390 00:09#																	00:28&				00:25&	
12	Arthur	Lind				116						40:00												
01:11+		2:45+ 04:02+	04:39+	05:34+	09:21+		13:32+	15:18+	17:43+	19:19+	21:38+		-	25:00+	26:27+	27:57+	30:41+	32:45+	34:50+	36:28+	37:40+	38:52+	39:40+	40:06+
01:11+	00:36+ 00	:58+ 01:17+											01:27+	00:34+	01:27+	01:30+	02:44+	02:04+	02:05+	01:38+	01:12+	01:12+	00:48-	00:26+
00:30&	00:11& 00):20& 00:29&	00:05#	00:03-	01:40&	00:56&	00:30&	00:34&	00:49&	00:08+	00:25#	00:25&	00:17#	00:08&	00:16#	00:14#	01:290	00:29&	00:43&	00:19#	00:15&	00:13#	00:10-	00:05#
13	Sturle	Omdal				116						40:42	2											
00:48+	01:20+ 02	2:15+ 03:20+	03:55+	04:47+	09:02+	10:58+	12:36+	14:20+	16:38+	18:12+	20:32+	21:29+	23:04+	23:33+	24:52+	26:49+	30:33+	32:13+	34:20+	36:02+	37:07+	38:56+	40:23+	40:42+
00:48+		:55+ 01:05+					01:38+		02:18+				01:35+		01:19+					01:42+	01:05+	01:49+	01:27+	00:19-
00:07#	00:07& 00	0:17& 00:17&	00:03+	00:06-	02:080	00:23#	00:26&	00:32&	00:42&	00:06+	00:26#			00:03#	00:08#	00:41&	02:290	00:05+	00:45&	00:23&	00:08#	00:50&	00:29&	00:02-
14	Hennir	ng Sundb	У			114						43:40	0											
00:52+		2:05+ 02:56+																					43:17+	
):41+ 00:51+					01:17+				01:48-		01:14+					01:30-			01:13+	01:30+	01:03+	
):03+ 00:03+		00:0/-	01:09&	05:100	00:05+	00:4/&	00:22#	01:15&	00:06-	00:05+	00:04+	00:07&	00:23&	00:44&	02:570	00:05-	00:42&	00:01+	00:16&	00:31&	00:05+	00:02+
		d for klass																						
00:41	00:25 (00:38 00:45	5 00:28	00:41	02:07	01:32	01:09	01:12	01:31	01:15	01:32	00:52	01:10	00:22	01:10	01:11	01:14	01:22	01:20	01:07	00:57	00:56	00:48	00:17

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer Ny

1	Odd	bjørn l	Neves	tveit		8	30						22:08	}
01:00=	02:21=	03:57=	06:08=	07:29=	10:05=	11:33=	12:34=	13:32=	14:53=	15:36=	16:46=	19:39=	21:38=	22:08=
01:00=	01:21=	01:36=	02:11=	01:21=	02:36=	01:28=	01:01=	00:58=	01:21=	00:43=	01:10=	02:53=	01:59=	00:30=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
Beste	strekk	tid for	klass	en										
01:00	01:21	01:36	02:11	01:21	02:36	01:28	01:01	00:58	01:21	00:43	01:10	02:53	01:59	00:30

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer Trim

1	Anta	al Jans	en				115						18:36	5	
00:48=	01:50=	02:42=	05:07=	06:20=	07:09=	08:45=	10:47=	11:11=	12:22=	13:49=	14:46=	15:52=	17:41=	18:17=	18:36=
00:48=	01:02=	00:52=	02:25=	01:13=	00:49=	01:36=	02:02=	00:24=	01:11=	01:27=	00:57=	01:06=	01:49=	00:36=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mart	tin Sve	ensen			1	284						19:33	3	
00:35-	01:36-	02:19-	04:32-	05:50-	06:37-	08:21-	10:42-	11:10-	12:23+	13:40-	15:12+	17:17+	18:54+	19:14+	19:33+
00:35-	01:01-	00:43-	02:13-	01:18+	00:47-	01:44+	02:21+	00:28+	01:13+	01:17-	01:32+	02:05+	01:37-	00:20-	00:19=
00:13-	00:01-	00:09-	00:12-	00:05+	00:02-	00:08+	00:19#	00:04#	00:02+	00:10-	00:35&	00:59&	00:12-	00:16-	00:00=
3	Tho	mas Jo	ohanse	en			111						20:28	3	
00:45-	01:56+	02:35-	04:46-	06:03-	07:03-	08:42-	11:53+	12:20+	13:39+	15:38+	16:51+	17:59+	19:46+	20:06+	20:28+
00:45-	01:11+	00:39-	02:11-	01:17+	01:00+	01:39+	03:11+	00:27+	01:19+	01:59+	01:13+	01:08+	01:47-	00:20-	00:22+
00:03-	00:09#	00:13-	00:14-	00:04+	00:11#	00:03+	01:09&	00:03#	00:08#	00:32&	00:16&	00:02+	00:02-	00:16-	00:03#
4	Odd	geir N	evland	1		Į	51						22:4	5	
00:51+			05:54+	07:23+	08:49+	10:36+	13:34+	14:21+	15:41+	17:02+	18:13+	19:52+	21:47+	22:15+	22:45+
00 51	01 001	00 50	00.041	01 001	01 061	01 47.	00 501	00 47	01 001	01 01	01 11	01 201	01 551	00 00	00 001

Plass	Navr	•					Klasse						Tid		
1 1035	-					-									
5		g Knu					128						23:30		
	02:21+ 01:22+														
	00:20&														
6		ers H F	_				263						23:39	-	
00.54+	02:05+			07.30+	08.29+			14.19+	16.05+	17.51+	18.49+	20.18+		-	23.39+
	01:11+														
00:06#	00:09#	00:08#	00:19#	00:28&	00:10#	00:45&	00:58&	00:05#	00:35&	00:19#	00:01+	00:23&	00:31&	00:08-	00:14&
7	Lars	Erik F	Ree-Pe	derse	n	2	263						24:21		
00:55+	02:14+					11:07+	13:58+	14:44+	16:19+	18:40+	19:37+	21:15+	23:32+	23:54+	24:21+
	01:19+														
00:07#	00:17&							00:22&	00:24&	00:54&	00:00=	00:32&		_	280:00
8				øyland			115						24:32	-	
	02:28+														
	01:35+ 00:33&														
ο				00.13#	00.270			00.546	00.11#	00.1/#	01.1/6	00.200			00.05#
9	NIIS 02:16+	Egil Li		07.421	00.15		91	14.501	16.251	10.261	20.001	21.401	24:44	-	24.44
	02:10+														
	00:14#														
10	Øvvi	nd Na	gel-Al	ne		7	74						24:58	3	
	02:47+				09:42+	-	-	15:37+	17:19+	18:54+	19:57+	21:37+		-	24:58+
	01:51+														
00:08#	00:49&	00:00=	00:22#	00:30&	00:44&	00:38&	00:48&	00:27@	00:31&	00:08+	00:06#	00:34&	00:46&	00:15-	00:06&
11	Kjell	Ivar S	kjøres	stad		ç	92						25:01		
	02:13+														
	01:13+ 00:11#														
					00:37&			00:22&	00:19&	00:37&	01:080	00:30&		_	00:03&
12			r Bern		00.001	_	27	14.201	16.17	10.01.	10.10	20.451	25:26	-	25.261
	02:44+ 01:33+														
	00:31&														
13	Inav	ar Haa	heth			c	92						25:50)	
	02:12+			10:06+	11:21+	-		16:43+	18:15+	19:56+	20:51+	22:38+		-	25:50+
00:52+	01:20+	00:50-	05:07+	01:57+	01:15+	02:18+	02:30+	00:34+	01:32+	01:41+	00:55-	01:47+	02:23+	00:19-	00:30+
00:04+	00:18&	00:02-	02:420	00:44&	00:26&	00:42&	00:28#	00:10&	00:21&	00:14#	00:02-	00:41&	00:34&	00:17-	00:11&
14	Frod	e Ung	ar				116						25:50)	
	03:08+														
	02:14+ 01:120														
	_			00.051	01.116			00.528	00.10#	01.190	00.00-	00.10#		_	00.002
15	JOar 02:57+	Fand		08.41+	10.14+)4	16.18+	17.53+	20.04+	21.30⊥	23.321	27:12		27.12+
	01:58+														
	00:56&														
16	Jan I	Erik Sv	vverts	en		!	51						27:46	5	
	02:03+				09:23+			16:47+	18:12+	20:28+	23:14+	24:51+	27:09+	27:28+	27:46+
	01:09+														
00:06#	00:07#	00:01+	01:12&	00:23&	00:25&			00:08&	00:14#	00:49&	01:490	00:31&	00:29&	00:17-	00:01-
17		s Klau					52						28:10	-	
	04:01+														
00:59+	03:02+ 02:00@	00:50-	03:05+	01:45+	01:04+	02:03+	02:45+	00:45+	01:38+	01:39+	02:23+	02:35+	02:06+	01:05+	00:26+
		_	_		00:13@			00:210	00:27@	00:12#	01:200	01:296			00:07&
18	Steir 02:30+		nundse		00.54		115	15.24.	17.20	10.22	21.02	25.00	28:13	-	20.121
	02:30+														
	00:25&														
	Reid					4	-						28:49		
	02:31+			08:13+	09:38+			18:45+	20:35+	22:29+	24:23+	25:53+			28:49+
00:59+	01:32+	01:00+	02:57+	01:45+	01:25+	02:16+	06:07+	00:44+	01:50+	01:54+	01:54+	01:30+	02:08+	00:23-	00:25+
00:11#	00:30&	00:08#	00:32#	00:32&	00:36&	00:40&	04:050	00:20&	00:39&	00:27&	00:57&	00:24&	00:19#	00:13-	00:06&

20. Jon Arme Bratis 239 239 2001 20001 00110 00124	Plass	Nav	n					Klasse	•					Tid			
Onlati- Onlati- <t< th=""><th>20</th><th>lon</th><th>Arno F</th><th>Bratåe</th><th></th><th></th><th></th><th></th><th></th><th></th><th></th><th>29.01</th><th>1</th><th></th><th></th></t<>	20	lon	Arno F	Bratåe								29.01	1				
01:01-0 01:12+0					08:06+	10:05+			18:56+	20:11+	22:04+	23:26+	25:07+			29:01+	
11 Asie Schwike Grude 92 29:05 29:05 0124 0126 0124	00:41-	01:18+	00:59+	03:35+	01:33+	01:59+	02:05+	05:54+	00:52+	01:15+	01:53+	01:22+	01:41+	03:13+	00:21-	00:20+	
 	00:07-	00:16&	00:07#	01:10&	00:20&	01:100	00:29&	03:520	00:28@	00:04+	00:26&	00:25&	00:35&	01:24&	00:15-	00:01+	
01:34 01:34 01:14 02:144 01:14 02:145 02:145 02:145 02:145 02:145 00:145 02:145 00:145															-		
00.000 00.000 00.000 00.000 00.0000 00																	
22 Heine Furubotten 192 29:26 0:000 0:1171 0:000 0:1271 0:000 0:1271 0:000 0:1271 0:000 0:1271 0:000 0:0128																	
0 0			_			00.224			00.000	00.004	00.004	00.110	00.121		_	00.041	
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00:19& 01:20@ 00:13# 01:42& 01:08& 01:05@ 00:51& 02:43@ 00:16& 00:47& 00:47& 01:23@ 00:56& 01:20& 00:08- 00:18&	01:07+	02:22+	01:05+	04:07+	02:21+	01:54+	02:27+	04:45+	00:40+	01:58+	02:14+	02:20+	02:02+	03:09+	00:28-	00:37+	
	00:19&	01:200	00:13#	01:42&	01:08&	01:050	00:51&	02:430	00:16&	00:47&	00:47&	01:230	00:56&	01:20&	00:08-	00:18&	

Plass	Navr	า				I	Klasse	•					Tid			
35	Johr	n Øgre	id			2	27			33:38	2					
	02:45+			07:54+	09:27+			21:30+	23:05+	25:18+	27:16+	30:02+		-	33:38+	
	01:54+															
	00:52&			00:43&	00:44&			00:19&	00:24&	00:46&	01:010	01:400		-	00:09&	
36		re Uhl					105						34:44	-		
	03:20+ 02:11+															
	02:11+															
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	03:10+			09:19+	10:45+	13:04+	19:03+	19:49+	21:38+	23:35+	25:24+	27:02+			35:58+	
	01:32+															
00:500	00:30&	00:23&	00:35#	00:41&	00:37&	00:43&	03:570	00:22&	00:38&	00:30&	00:52&	00:32&	06:160	00:14-	00:10&	
38	Jan	Erik Ra	asmus	sen		5	51						36:40)		
	02:39+															
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39	3ver 03:08+	re Sør		10.42+	12.08+	14.31+	17.501	18.48+	20.48+	23.22+	25.18+	26.551	36:45		35.50⊥	36.11+
	02:03+															
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40	Per E	Bakkei	n			5	5						37:12	2		
	03:52+															
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	01:490				01:120			00:330	01:250	01:09&	02:170	00:58&		_	00:11&	
41			ne Nils		40.55		115						39:12			
	02:53+ 01:45+															
	00:43&															
42	Chris	stoffer	r Soma	a		2	286						39:13	3		
	04:06+				13:23+	_		26:48+	28:52+	31:40+	33:10+	35:12+			39:13+	
	02:35+															
	01:330	-		00:37&	02:080			00:15&	00:53&	01:21&	00:33&	00:56&		_	00:10&	
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	03:15+			10:10+	11:38+	-	-	28:26+	30:26+	34:02+	35:45+	37:56+			44:11+	
	01:32+															
00:550	00:30&	00:12#	01:25&	00:48&	00:39&	01:20&	11:000	00:260	00:49&	02:090	00:46&	01:05&	03:290	00:08-	00:10&	
45		Vatlar					128						46:00	-		
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46			Sæve				126						47:15	_		
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47	Svei	n-Tore	Brun	dtland		2	27						49:22	2		
	02:37+															
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48					00.020		33	00.070	00.070	01.100	00.1/a	00.070	53:02		00.04#	
	06:54+		istians		21.21⊥			33.21+	36.44+	40·36±	42.39+	45.55+			53.02⊥	
	04:48+															
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49	Sver	re Var	eberg			7	7						58:03	3		
01:46+	04:25+	05:55+	11:43+	16:32+		24:54+	30:37+						56:09+	56:52+		
	02:39+															
00:580	01:370	00:38&	03:230	03:360	02:090	03:480	03:410	00:490	02:370	01:570	04:430	03:240	05:080	00:07#	00:520	

36:45+ 00:34+ 00:34+

Plass	Navı	n				Klasse						Tid						
50	Inge	Grøde	em			ç	92			1:07:06								
01:25+	03:26+	04:41+	09:14+	12:10+	14:03+	17:21+	39:25+	40:43+	42:57+	45:24+	54:05+	56:26+	65:46+	66:20+	67:06+			
01:25+	02:01+	01:15+	04:33+	02:56+	01:53+	03:18+	22:04+	01:18+	02:14+	02:27+	08:41+	02:21+	09:20+	00:34-	00:46+			
00:37&	00:59&	00:23&	02:08&	01:430	01:04@	01:42@	20:020	00:54@	01:03&	01:00&	07:44@	01:150	07:310	00:02-	00:27@			
Reste	strekk	tid for	, klass	en														

 Beste strekktid for klassen

 00:35
 01:01
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 02:11
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= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.