Damer 16 - 39 år

1	Anne	Marie	e Gaus	sel		1	05					4	13:32					
	02:40=																	
	01:29=																	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mette	e Lanc	geland			1	17					4	17:48					
01:46+	04:21+				19:34+	21:11+	23:17+	26:56+	31:07+	32:07+	33:14+	35:02+	36:41+	39:01+	44:51+	45:50+	47:37+	47:48+
01:46+	02:35+	03:55+	05:25-	04:43+	01:10+	01:37+	02:06-	03:39+	04:11+	01:00-	01:07+	01:48-	01:39-	02:20+	05:50+	00:59+	01:47+	00:11=
00:35&	01:06&																	
3	Δnne	M F	nne Ha	alia		1	17						18:32					
01:28+	03:50+				22:07+			31:08+	35:13+	36:04+	37:01+			42:12+	46:35+	47:25+	48:23+	48:32+
	02:22+																	
	00:53&																	
4						_	_					_						
4		Sunda		00.10.	01.00	7	-	05.50	24.25	25.00	20.40.	-	0:12	42.21.	40.11.	40.56	E0.00.	E0.10.
	06:30+ 01:14-																	
	00:15-																	
_			00.31-	00.11-	00.07#			00.19#	03.216	03.00-	02.20@	_	51:05	00.13-	00.00-	00.03+	00.03+	00.02-
5	Sina					_	71											
	02:53+ 01:09-																	
	01:09-																	
_	_				00.03-	_		00.21#	06.06@	01.14-	01.32@	_		00.19#	02.07&	00.03-	00.02-	00.02#
6			ma Ha			-	15					-	51:09					
	03:19+																	
	01:59+ 00:30&																	
_			02.08-	00.43#	00.05#	_		00.32#	05.50@	01.55-	00.02-	_		00.13-	00.41#	00.04-	00.01+	00.01+
7		ne Lie					28					_	52:37					
	04:07+																	
	01:23-																	
01:33@	00:06-	00:48&	01:46-	04:08@	00:34&	00:46@	00:27-	01:59&	03:25@	02:30-	00:25&	00:16-	00:31-	00:23#	00:17+	00:13&	00:09#	00:01+
8	Kari	Sjurse	∍n			5	4					5	53:37					
01:35+	03:25+	07:39+	18:34+	23:55+	24:49+	25:36+	27:43+	31:26+	36:09+	37:24+	38:19+	39:59+	42:02+	44:08+	50:46+	51:44+	53:28+	53:37+
	01:50+																	
00:24&	00:21#	01:11&	03:01&	02:12&	00:13&	00:02+	00:15-	01:33&	01:27&	02:40-	00:05#	00:29-	00:04+	00:10+	01:52&	00:16&	00:40&	00:02-
9	Ruth	Magr	ethe V	Vestre		5	4					5	53:51					
01:32+	03:35+	07:23+	13:19-	22:03+	23:31+	25:53+	27:55+	32:58+	37:58+	39:45+	41:06+	42:39+	43:59+	45:52+	51:24+	52:15+	53:41+	53:51+
	02:03+																	
00:21&	00:34&	00:45#	01:58-	05:35@	00:47@	01:37@	00:20-	02:53@	01:44&	02:08-	00:31&	00:36-	00:39-	00:03-	00:46#	00:09#	00:22&	00:01-
10	Kiers	sti Pav	vells			1	05					5	54:25					
01:16+	03:41+	08:38+	14:21+	17:50+	18:34+	19:43+	21:38+	24:38+	30:46+	32:39+	33:52+	35:21+	37:19+	40:04+	51:46+	52:40+	54:14+	54:25+
	02:25+																	
00:05+	00:56&	01:54&	02:11-	00:20#	00:03+	00:24&	00:27-	00:50&	02:52&	02:02-	00:23&	00:40-	00:01-	00:49&	06:56@	00:12&	00:30&	00:00=
11	Miia	Niemi				2	60					5	55:49					
02:34+	04:51+	08:27+	16:09+	22:03+	29:20+	30:21+	34:59+	37:44+	41:15+	42:06+	43:18+	44:49+	46:08+	47:58+	53:26+	54:15+	55:35+	55:49+
02:34+	02:17+	03:36+	07:42-	05:54+	07:17+	01:01+	04:38+	02:45+	03:31+	00:51-	01:12+	01:31-	01:19-	01:50-	05:28+	00:49+	01:20+	00:14+
01:23@	00:48&	00:33#	00:12-	02:45&	06:36@	00:16&	02:16&	00:35&	00:15+	03:04-	00:22&	00:38-	00:40-	00:06-	00:42#	00:07#	00:16#	00:03&
12	Cam	illa Fra	afiord	Haarr		1	16					5	6:25					
01:16+	03:51+				17:28+	18:19+	26:46+	32:53+	37:20+	38:12+	39:07+	41:02+	42:32+	44:29+	54:24+	55:09+	56:15+	56:25+
01:16+	02:35+	04:11+	05:10-	03:19+	00:57+	00:51+	08:27+	06:07+	04:27+	00:52-	00:55+	01:55-	01:30-	01:57+	09:55+	00:45+	01:06+	00:10-
00:05+	01:06&	01:08&	02:44-	00:10+	00:16&	00:06#	06:05@	03:57@	01:11&	03:03-	00:05#	00:14-	00:29-	00:01+	05:09@	00:03+	00:02+	00:01-
13	Wibe	ke Le	nde			7	4					5	8:06					
01:52+	04:18+	08:54+	14:08+	21:12+	22:47+	23:52+	26:08+	29:44+	41:21+	42:33+	43:36+	45:10+	46:48+	48:55+	56:04+	56:39+	57:52+	58:06+
	02:26+																	
00:41&	00:57&	01:33&	02:40-	03:55@	00:54@	00:20&	00:06-	01:26&	08:21@	02:43-	00:13&	00:35-	00:21-	00:11+	02:23&	00:07-	00:09#	00:03&
14	Tiina	Sofia	Salme	én		1:	52					1	:03:20)				
	02:39-				29:30+		-	40:35+	45:25+	48:30+	49:29+				61:12+	61:51+	63:08+	63:20+
	01:15-																	
00:13#	00:14-	00:58&	09:56@	00:10+	01:00@	00:15&	00:16-	05:49@	01:34&	00:50-	00:09#	00:03-	00:40-	00:14#	01:22&	00:03-	00:13#	00:01+

Plass	Navn		Klasse					1	Tid .					
15	Tine Frantzen		92					1	:04:16	;				
05:00+	07:08+ 11:06+ 19:29	+ 23:41+ 24:41+	26:52+ 30:45+	35:16+	42:16+ 44	4:00+	46:07+		-		61:22+	62:09+	64:03+	64:16+
05:00+	02:08+ 03:58+ 08:23	+ 04:12+ 01:00+	02:11+ 03:53+	04:31+	07:00+ 01	1:44-	02:07+	03:56+	01:56-	02:12+	07:11+	00:47+	01:54+	00:13+
03:49@	00:39& 00:55& 00:29	+ 01:03& 00:19&	01:26@ 01:31&	02:21@	03:44@ 02	2:11-	01:17@	01:47&	00:03-	00:16#	02:25&	00:05#	00:50&	00:02#
16	Ingunn Berghe	im Landsnes	74					1	1:04:20)				
02:01+	04:48+ 08:20+ 12:58	- 20:17+ 21:55+	22:50+ 25:12+	32:46+	42:20+ 45	5:11+	46:34+	48:50+	50:42+	52:56+	61:03+	62:54+	64:09+	64:20+
02:01+														
00:50&	01:18& 00:29# 03:16			05:24@	06:18@ 01	1:04-	00:33&			00:18#	03:21&	01:09@	00:11#	00:00=
17	Ingrid Simense	n	101					1	l:13:01					
02:03+	03:28+ 06:58+ 18:37	+ 23:40+ 27:18+	28:10+ 44:54+	46:43+	56:50+ 58	8:27+	59:29+	61:27+	63:22+	65:42+	70:45+	71:46+	72:50+	73:01+
	01:25- 03:30+ 11:39												01:04=	
	00:04- 00:27# 03:45			00:21-	06:51@ 02	2:18-	00:12#				00:17+	00:19&	00:00=	00:00=
18	Gunn Iren Stan	geland	62					1	1:18:35	5				
03:06+	04:26+ 07:41+ 18:49	+ 22:12+ 31:36+	33:34+ 35:31+	40:18+	57:11+ 58	8:11+	59:07+	62:58+	64:50+	67:26+	76:14+	77:08+	78:25+	78:35+
03:06+														
01:55@	00:09- 00:12+ 03:14	& 00:14+ 08:43@		02:37@	13:37@ 02	2:55-	00:06#				04:02&	00:12&	00:13#	00:01-
19	Kine Strømstad	i	109					1	l:21:44	ļ				
	03:15+ 06:47+ 14:55													81:44+
01:20+														00:14+
	00:26& 00:29# 00:14	+ 03:00& 00:05-		01:20&	16:39@ 01	1:58-	00:52@				01:04#	00:23&	00:48&	00:03&
20	Birgitte Gran		152						1:25:02	•				
	04:45+ 11:06+ 33:42													
01:47+														
	01:29& 03:18@ 14:42	@ 00:48& 00:33&		04:37@ (02:56& 02	2:16-	00:26&				06:04@	00:12&	00:27&	00:04&
21	Heidi Martby		88						l:27:17					
	03:36+ 07:38+ 24:35													
	02:07+ 04:02+ 16:57													
	00:38& 00:59& 09:03			01:33& (05:21@ 02	2:03-	00:17&			00:29#	05:12@	00:10#	00:01-	00:02#
22	Maren Heradst	veit	76					1	l:30:41					
05:21+														90:41+
	01:00- 03:07+ 23:10												01:07+	
	00:29- 00:04+ 15:16		00:11# 00:12-	05:17@ (03:26@ 03	3:06-	00:23&	00:06-	00:06-	00:05+	15:11@	00:07#	00:03+	00:04&
Beste	strekktid for klas	sen												
01:11	01:00 02:14 04:	08 02:55 00:36	00:42 01:44	01:49	03:16	00:47	00:48	01:29	01:11	01:41	04:23	00:35	00:58	00:09
- Som k	dassevinner, - rasker	a + sanara #	10% tan & 25	% tan @	100% tar	n								
_ 30111 K	adoseviiliei, - iaskei	C, + 3CHCIC, #	1070 tap, 0 20	, α ιαρ, @	100 /0 lap	۲.								

Damer 40 - 49 år

1	Mari	ann S	veinsv	oll		9	4					5	51:44					
02:35=	04:45=	08:31=	14:47=	21:50=	22:43=	23:54=	25:54=	29:35=	33:48=	36:06=	37:04=	38:45=	40:29=	42:41=	48:44=	49:49=	51:29=	51:44=
02:35= 00:00=	02:10= 00:00=	03:46= 00:00=	06:16= 00:00=	07:03= 00:00=	00:53= 00:00=	01:11= 00:00=	02:00= 00:00=	03:41= 00:00=	04:13= 00:00=	02:18= 00:00=	00:58= 00:00=	01:41= 00:00=	01:44= 00:00=	02:12= 00:00=	06:03= 00:00=	01:05= 00:00=	01:40= 00:00=	00:15= 00:00=
2	Mon	ica Gi	lje Rer	nemo		9:	2					5	3:44					
01:41-	03:01-	06:32-	12:08-	15:10-	16:00-	17:02-	19:41-	22:59-	28:19-	29:41-	30:41-	33:22-	41:25+	43:40+	51:19+	52:12+	53:33+	53:44+
01:41-	01:20-	03:31-	05:36-	03:02-	00:50-	01:02-	02:39+	03:18-	05:20+	01:22-	01:00+	02:41+	08:03+	02:15+	07:39+	00:53-	01:21-	00:11-
00:54-	00:50-	00:15-	00:40-	04:01-	00:03-	00:09-	00:39&	00:23-	01:07&	00:56-	00:02+	01:00&	06:19@	00:03+	01:36&	00:12-	00:19-	00:04-
3	Hilde	e Frøy	tlog K	arlsen		2	35					5	55:02					
02:11-	04:09-	09:22+	15:14+	10.00	20:54-	23:42-			35:59+			41:17+			51:44+	52:39+	54:47+	55:02+
02:11-	01:58-	05:13+	05:52-	04:41-	00:59+	02:48+	04:03+	03:38-	04:36+	01:47-	01:12+	02:19+	01:47+	02:34+	06:06+	00:55-	02:08+	00:15=
00:24-	00:12-	01:27&	00:24-	02:22-	00:06#	01:37@	02:03@	00:03-	00:23+	00:31-	00:14#	00:38&	00:03+	00:22#	00:03+	00:10-	00:28&	00:00=
4	Marg	grethe	Roals	Ø		9:	3					5	7:42					
02:51+	04:25-	07:35-	13:05-	16:42-	17:18-	18:13-	20:08-	35:35+	42:42+	43:24+	44:47+	46:20+	47:40+	49:29+	55:31+	56:20+	57:30+	57:42+
02:51+	01:34-	03:10-	05:30-	03:37-	00:36-	00:55-	01:55-	15:27+	07:07+	00:42-	01:23+	01:33-	01:20-	01:49-	06:02-	00:49-	01:10-	00:12-
00:16#	00:36-	00:36-	00:46-	03:26-	00:17-	00:16-	00:05-	11:46@	02:54&	01:36-	00:25&	00:08-	00:24-	00:23-	00:01-	00:16-	00:30-	00:03-
5	Rand	di Hele	n Lad	sten		1:	28					5	8:25					
01:08-	02:44-	07:17-	19:41+	25:28+	26:42+	27:27+	29:50+	32:27+	41:03+	42:19+	43:21+	45:02+	46:37+	48:31+	56:13+	56:54+	58:14+	58:25+
01:08- 01:27-	01:36- 00:34-	04:33+ 00:47#	12:24+ 06:08&	05:47- 01:16-	01:14+ 00:21&	00:45- 00:26-	02:23+ 00:23#	02:37- 01:04-	08:36+ 04:23@	01:16- 01:02-	01:02+ 00:04+	01:41= 00:00=	01:35- 00:09-	01:54- 00:18-	07:42+ 01:39&	00:41- 00:24-	01:20- 00:20-	00:11- 00:04-

Plass	Navı	n				K	lasse					7	Γid					
6	Nina	Sven	sen			2						•	1:00:17	7				
01:09- 01:09-		08:25- 04:43+	14:00- 05:35-	21:27- 07:27+	22:43= 01:16+		25:40- 01:45-						49:05+ 02:05+			58:48+ 00:51-		60:17+ 00:14-
01:26-	00:23#	00:57&	00:41-	00:24+	00:23&	00:01+	00:15-	00:52#	05:50@	01:25&	00:01-	00:23#	00:21#	01:11&	00:34-	00:14-	00:25-	00:01-
7	Siv S	Skretti	ng			9:	3					1	1:04:58	3				
02:26-													51:28+					
02:26-	02:08-		04:55-	03:52-									02:04+ 00:20#					
00.09-					00.10-			15.25@	00.06-	00.53&	00.16-				01.43&	00.07-	00.37&	00.01-
02:17-			Ashe		20.47+	_	16	20.1/1	44.05+	45·55±	47·11 _±		1:04:59 51:32+		62:06+	63.05+	61.17+	64.50+
02:17-			07:18+										01:53+			00:59-		
00:18-			01:02#										00:09+				00:02+	
9	Gret	he Th	u Skad	lbera		1:	28					•	1:09:42	2				
01:28-				_	25:56+	26:43+	31:33+	35:25+	50:12+	52:25+	53:21+	55:46+	57:47+	60:45+	67:07+	67:58+	69:29+	69:42+
01:28-			04:42-			00:47-							02:01+					00:13-
01:07-		-	01:34-	04:24&	00:07#			00:11+	10:34@	00:05-	00:02-		00:17#		00:19+	00:14-	00:09-	00:02-
10	Hege	e Jang	sett			9:	3					1	1:46:05	5				
01:35- 01:35-			29:54+ 16:29+			60:13+ 02:54+							87:41+ 02:25+					
01:00-			10:13@										02:25+				01:20-	
Beste		"			03.03@	01.43@	00.02+	00.13+	07.00@	01.1/-	00.00#	04.02@	00.410	00.00+	07.20@	00.04-	00.20-	00.01-
01:08			04:42	-	00.26	00.45	01.44	00.27	04.07	00.40	00.40	01.22	01.20	01:49	05:29	00:41	01:10	00:11
01:08	01:20	02:59	04:42	03:02	00:36	00:45	01:44	02:37	04:07	00:42	00:42	01:33	01:20	01:49	05:29	00:41	01:10	00:11

Damer 50 - 59 år

1	Mari	anne F	Fugles	tad		1	16					3	37:33					
02:14=	03:04=	03:45=	05:35=	07:57=	15:39=	16:55=	19:07=	19:46=	20:39=	24:46=	26:50=	29:03=	31:19=	32:40=	35:05=	35:51=	37:21=	37:33=
	00:50=															00:46=		
00:00=	00:00=				00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mari	t Karir	า Nygå	ird		9:	2					4	10:30					
03:08+		04:28+			17:32+	18:47+	20:52+	21:33+	22:30+	25:39+	28:37+	30:33+	33:20+	35:30+	38:21+	39:10+	40:19+	40:30+
03:08+		00:34-									02:58+	01:56-		02:10+	02:51+	00:49+	01:09-	00:11-
00:54&		00:07-		00:27#	01:00-	00:01-	00:07-	00:02+	00:04+	00:58-	00:54&	00:17-	00:31#	00:49&	00:26#	00:03+	00:21-	00:01-
3	Ingu	nn Vo	ilås			2	9					4	11:16					
02:18+		03:49+		09:45+	19:05+	20:23+	22:28+	23:09+	24:29+	27:34+	29:20+	32:08+	34:30+	35:54+	38:31+	39:27+	41:03+	41:16+
02:18+		00:39-								03:05-				01:24+	02:37+	00:56+	01:36+	00:13+
00:04+	00:02+	00:02-	00:49&	00:55&	01:38#	00:02+	00:07-	00:02+	00:27&	01:02-	00:18-	00:35&	00:06+	00:03+	00:12+	00:10#	00:06+	00:01+
4	Sign	e Otte	sen			1	16					4	12:23					
02:35+	03:26+			10:36+	18:42+	20:01+	22:11+	22:52+	23:55+	27:05+	29:13+	31:16+	35:22+	36:50+	39:38+	40:49+	42:11+	42:23+
02:35+		00:53+												01:28+	02:48+	01:11+	01:22-	00:12=
00:21#	00:01+	00:12&	00:41&	01:24&	00:24+	00:03+	00:02-	00:02+	00:10#	00:57-	00:04+	00:10-	01:50&	00:07+	00:23#	00:25&	-80:00	00:00=
5	Ann	a-Siv (3 jertse	n		2	7						14:12					
J		C-OIV (ມ ງຕະເວດ	711								_	TT. 14					
•	03:10+	05:34+	07:48+	10:28+		18:41+	21:04+					33:04+	37:37+			42:46+	44:01+	44:12+
02:19+ 02:19+	03:10+ 00:51+	05:34+ 02:24+	07:48+ 02:14+	10:28+ 02:40+	06:52-	18:41+ 01:21+	21:04+ 02:23+	00:42+	01:01+	04:53+	03:35+	33:04+ 01:49-	37:37+ 04:33+	00:57-	03:06+	01:06+	01:15-	00:11-
02:19+	03:10+ 00:51+ 00:01+	05:34+ 02:24+ 01:43@	07:48+ 02:14+	10:28+ 02:40+	06:52-	18:41+ 01:21+ 00:05+	21:04+ 02:23+ 00:11+	00:42+	01:01+	04:53+	03:35+	33:04+ 01:49- 00:24-	37:37+ 04:33+ 02:17@	00:57-	03:06+		01:15-	00:11-
02:19+ 02:19+	03:10+ 00:51+ 00:01+	05:34+ 02:24+	07:48+ 02:14+	10:28+ 02:40+	06:52-	18:41+ 01:21+	21:04+ 02:23+ 00:11+	00:42+	01:01+	04:53+	03:35+	33:04+ 01:49- 00:24-	37:37+ 04:33+	00:57-	03:06+	01:06+	01:15-	00:11-
02:19+ 02:19+ 00:05+	03:10+ 00:51+ 00:01+ Ingri 04:15+	05:34+ 02:24+ 01:43@ id Eik 04:50+	07:48+ 02:14+ 00:24#	10:28+ 02:40+ 00:18#	06:52- 00:50- 17:09+	18:41+ 01:21+ 00:05+ 8 18:14+	21:04+ 02:23+ 00:11+ 8 20:21+	00:42+ 00:03+ 21:17+	01:01+ 00:08# 22:09+	04:53+ 00:46# 25:00+	03:35+ 01:31& 27:20+	33:04+ 01:49- 00:24- 29:24+	37:37+ 04:33+ 02:17@ !4:48 39:22+	00:57- 00:24- 40:21+	03:06+ 00:41& 42:38+	01:06+ 00:20& 43:30+	01:15- 00:15- 44:37+	00:11- 00:01- 44:48+
02:19+ 02:19+ 00:05+	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:47-	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35-	07:48+ 02:14+ 00:24# 07:12+ 02:22+	10:28+ 02:40+ 00:18# 10:14+ 03:02+	06:52- 00:50- 17:09+ 06:55-	18:41+ 01:21+ 00:05+ 8 :14+ 01:05-	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07-	00:42+ 00:03+ 21:17+ 00:56+	01:01+ 00:08# 22:09+ 00:52-	04:53+ 00:46# 25:00+ 02:51-	03:35+ 01:31& 27:20+ 02:20+	33:04+ 01:49- 00:24- 29:24+ 02:04-	37:37+ 04:33+ 02:17@ 14:48 39:22+ 09:58+	00:57- 00:24- 40:21+ 00:59-	03:06+ 00:41& 42:38+ 02:17-	01:06+ 00:20& 43:30+ 00:52+	01:15- 00:15- 44:37+ 01:07-	00:11- 00:01- 44:48+ 00:11-
02:19+ 02:19+ 00:05+ 6 03:28+	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:47- 00:03-	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35- 00:06-	07:48+ 02:14+ 00:24# 07:12+ 02:22+ 00:32&	10:28+ 02:40+ 00:18# 10:14+ 03:02+	06:52- 00:50- 17:09+ 06:55-	18:41+ 01:21+ 00:05+ 8 18:14+ 01:05- 00:11-	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07- 00:05-	00:42+ 00:03+ 21:17+ 00:56+	01:01+ 00:08# 22:09+ 00:52-	04:53+ 00:46# 25:00+ 02:51-	03:35+ 01:31& 27:20+ 02:20+	33:04+ 01:49- 00:24- 29:24+ 02:04- 00:09-	37:37+ 04:33+ 02:17@ 14:48 39:22+ 09:58+ 07:42@	00:57- 00:24- 40:21+ 00:59-	03:06+ 00:41& 42:38+ 02:17-	01:06+ 00:20& 43:30+ 00:52+	01:15- 00:15- 44:37+ 01:07-	00:11- 00:01- 44:48+ 00:11-
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02:19+ 02:19+ 00:05+ 6 03:28+ 03:28+	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:47- 00:03- Nidu 03:44+	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35- 00:06- unn Sa 05:07+	07:48+ 02:14+ 00:24# 07:12+ 02:22+ 00:32& ndvik 08:37+	10:28+ 02:40+ 00:18# 10:14+ 03:02+ 00:40& 11:27+	06:52- 00:50- 17:09+ 06:55- 00:47- 20:00+	18:41+ 01:21+ 00:05+ 8 : 18:14+ 01:05- 00:11- 2 : 21:21+	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07- 00:05- 28 23:40+	00:42+ 00:03+ 21:17+ 00:56+ 00:17& 24:32+	01:01+ 00:08# 22:09+ 00:52- 00:01- 25:33+	04:53+ 00:46# 25:00+ 02:51- 01:16- 28:39+	03:35+ 01:31& 27:20+ 02:20+ 00:16# 31:16+	33:04+ 01:49- 00:24- 29:24+ 02:04- 00:09- 235:51+	37:37+ 04:33+ 02:17@ !4:48 39:22+ 09:58+ 07:42@ !6:49 38:46+	00:57- 00:24- 40:21+ 00:59- 00:22- 40:18+	03:06+ 00:41& 42:38+ 02:17- 00:08- 43:28+	01:06+ 00:20& 43:30+ 00:52+ 00:06#	01:15- 00:15- 44:37+ 01:07- 00:23-	00:11- 00:01- 44:48+ 00:11- 00:01-
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02:19+ 02:19+ 00:05+ 6 03:28+ 03:28+ 01:14& 7	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:03- Nidu 03:44+ 00:56+ 00:06#	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35- 00:06- Inn Sa 05:07+ 01:23+ 00:42@	07:48+ 02:14+ 00:24# 07:12+ 02:22+ 00:32& ndvik 08:37+ 03:30+ 01:40&	10:28+ 02:40+ 00:18# 10:14+ 03:02+ 00:40& 11:27+ 02:50+ 00:28#	06:52- 00:50- 17:09+ 06:55- 00:47- 20:00+ 08:33+	18:41+ 01:21+ 00:05+ 8:14+ 01:05- 00:11- 21:21+ 01:21+ 00:05+	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07- 00:05- 28 23:40+ 02:19+ 00:07+	00:42+ 00:03+ 21:17+ 00:56+ 00:17& 24:32+ 00:52+	01:01+ 00:08# 22:09+ 00:52- 00:01- 25:33+ 01:01+	04:53+ 00:46# 25:00+ 02:51- 01:16- 28:39+ 03:06-	03:35+ 01:31& 27:20+ 02:20+ 00:16# 31:16+ 02:37+	33:04+ 01:49- 00:24- 29:24+ 02:04- 00:09- 235:51+ 04:35+	37:37+ 04:33+ 02:17@ !4:48 39:22+ 09:58+ 07:42@ !6:49 38:46+ 02:55+	00:57- 00:24- 40:21+ 00:59- 00:22- 40:18+ 01:32+	03:06+ 00:41& 42:38+ 02:17- 00:08- 43:28+ 03:10+	01:06+ 00:20& 43:30+ 00:52+ 00:06# 44:27+ 00:59+	01:15- 00:15- 44:37+ 01:07- 00:23- 46:32+ 02:05+	00:11- 00:01- 44:48+ 00:11- 00:01- 46:49+ 00:17+
02:19+ 02:19+ 00:05+ 6 03:28+ 03:28+ 01:14& 7 02:48+ 02:48+	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:03- Nidu 03:44+ 00:56+ 00:06#	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35- 00:06- Inn Sa 05:07+ 01:23+ 00:42@ tin Ska	07:48+ 02:14+ 00:24# 07:12+ 02:22+ 00:32& ndvik 08:37+ 03:30+ 01:40&	10:28+ 02:40+ 00:18# 10:14+ 03:02+ 00:40& 11:27+ 02:50+ 00:28#	06:52- 00:50- 17:09+ 06:55- 00:47- 20:00+ 08:33+ 00:51#	18:41+ 01:21+ 00:05+ 8 :14+ 01:05- 00:11- 2 :21:21+ 01:21+ 00:05+	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07- 00:05- 28 23:40+ 02:19+ 00:07+	00:42+ 00:03+ 21:17+ 00:56+ 00:17& 24:32+ 00:52+ 00:13&	01:01+ 00:08# 22:09+ 00:52- 00:01- 25:33+ 01:01+ 00:08#	04:53+ 00:46# 25:00+ 02:51- 01:16- 28:39+ 03:06- 01:01-	03:35+ 01:31& 27:20+ 02:20+ 00:16# 31:16+ 02:37+ 00:33&	33:04+ 01:49- 00:24- 29:24+ 02:04- 00:09- 35:51+ 04:35+ 02:22@	37:37+ 04:33+ 02:17@ 14:48 39:22+ 09:58+ 07:42@ 16:49 38:46+ 02:55+ 00:39& 50:39	00:57- 00:24- 40:21+ 00:59- 00:22- 40:18+ 01:32+	03:06+ 00:41& 42:38+ 02:17- 00:08- 43:28+ 03:10+	01:06+ 00:20& 43:30+ 00:52+ 00:06# 44:27+ 00:59+	01:15- 00:15- 44:37+ 01:07- 00:23- 46:32+ 02:05+	00:11- 00:01- 44:48+ 00:11- 00:01- 46:49+ 00:17+
02:19+ 02:19+ 00:05+ 6 03:28+ 03:28+ 01:14& 7 02:48+ 02:48+	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:47- 00:03- Nidu 03:44+ 00:56+ 00:06# Krisi	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35- 00:06- Inn Sa 05:07+ 01:23+ 00:42@ tin Ska	07:48+ 02:14+ 00:24# 07:12+ 02:22+ 00:32& ndvik 08:37+ 03:30+ 01:40&	10:28+ 02:40+ 00:18# 10:14+ 03:02+ 00:40& 11:27+ 02:50+ 00:28#	06:52- 00:50- 17:09+ 06:55- 00:47- 20:00+ 08:33+ 00:51#	18:41+ 01:21+ 00:05+ 8 :14+ 01:05- 00:11- 2 :21:21+ 01:21+ 00:05+	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07- 00:05- 28 23:40+ 02:19+ 00:07+	00:42+ 00:03+ 21:17+ 00:56+ 00:17& 24:32+ 00:52+ 00:13&	01:01+ 00:08# 22:09+ 00:52- 00:01- 25:33+ 01:01+ 00:08#	04:53+ 00:46# 25:00+ 02:51- 01:16- 28:39+ 03:06- 01:01-	03:35+ 01:31& 27:20+ 02:20+ 00:16# 31:16+ 02:37+ 00:33&	33:04+ 01:49- 00:24- 29:24+ 02:04- 00:09- 35:51+ 04:35+ 02:22@	37:37+ 04:33+ 02:17@ 14:48 39:22+ 09:58+ 07:42@ 16:49 38:46+ 02:55+ 00:39& 50:39	00:57- 00:24- 40:21+ 00:59- 00:22- 40:18+ 01:32+	03:06+ 00:41& 42:38+ 02:17- 00:08- 43:28+ 03:10+ 00:45&	01:06+ 00:20& 43:30+ 00:52+ 00:06# 44:27+ 00:59+	01:15- 00:15- 44:37+ 01:07- 00:23- 46:32+ 02:05+	00:11- 00:01- 44:48+ 00:11- 00:01- 46:49+ 00:17+
02:19+ 02:19+ 00:05+ 6 03:28+ 03:28+ 01:14& 7 02:48+ 00:34&	03:10+ 00:51+ 00:01+ Ingri 04:15+ 00:47- 00:03- Nidu 03:44+ 00:56+ 00:06# Krisi	05:34+ 02:24+ 01:43@ id Eik 04:50+ 00:35- 00:06- Inn Sa 05:07+ 01:23+ 00:42@ tin Ska 04:22+ 00:43+	07:48+ 02:14+ 00:24# 07:12+ 00:32& ndvik 08:37+ 01:40& adsem 06:57+ 02:35+	10:28+ 02:40+ 00:18# 10:14+ 03:02+ 00:40& 11:27+ 02:50+ 00:28# 10:04+	06:52- 00:50- 17:09+ 06:55- 00:47- 20:00+ 08:33+ 00:51# 20:37+ 10:33+	18:41+ 01:21+ 00:05+ 8 18:14+ 01:05- 00:11- 2 21:21+ 00:05+ 1 22:04+ 01:27+	21:04+ 02:23+ 00:11+ 8 20:21+ 02:07- 00:05- 28 23:40+ 02:19+ 00:07+ 8 25:04+ 03:00+	00:42+ 00:03+ 21:17+ 00:56+ 00:17& 24:32+ 00:52+ 00:13& 25:46+ 00:42+	01:01+ 00:08# 22:09+ 00:52- 00:01- 25:33+ 01:01+ 00:08# 27:02+ 01:16+	04:53+ 00:46# 25:00+ 02:51- 01:16- 28:39+ 03:06- 01:01- 29:56+ 02:54-	03:35+ 01:31& 27:20+ 02:20+ 00:16# 31:16+ 02:37+ 00:33& 37:40+ 07:44+	33:04+ 01:49- 00:24- 29:24+ 02:04- 00:09- 235:51+ 04:35+ 02:22@ 41:02+ 03:22+	37:37+ 04:33+ 02:17@ 14:48 39:22+ 09:58+ 07:42@ 16:49 38:46+ 02:55+ 00:39& 50:39 43:53+ 02:51+	00:57- 00:24- 40:21+ 00:59- 00:22- 40:18+ 01:32+ 00:11# 45:33+ 01:40+	03:06+ 00:41& 42:38+ 02:17- 00:08- 43:28+ 03:10+ 00:45&	01:06+ 00:20& 43:30+ 00:52+ 00:06# 44:27+ 00:59+ 00:13&	01:15- 00:15- 44:37+ 01:07- 00:23- 46:32+ 02:05+ 00:35&	00:11- 00:01- 44:48+ 00:11- 00:01- 46:49+ 00:17+ 00:05&

Plass	Navn					K	lasse					1	īid					
9	Birai	tte Rø	ie			1:	25						50:42					
03:20+	04:14+	05:03+	07:25+															
03:20+																01:12+		
	00:04+				00:13+			00:06#	00:13#	00:10+	00:16#			05:35@	01:17&	00:26&	00:01-	00:01+
10			al Tur	,		_	15					•	51:32					
02:32+ 02:32+																49:55+ 00:53+		51:32+ 00:13+
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	03:22+				17:06+	•		25:07+	26:03+	28:56+	35:53+	-		47:19+	49:38+	50:27+	51:51+	52:04+
02:27+																		
00:13+	00:05#	00:04+	00:18#	00:03+	00:44+	00:03+	03:38@	00:13&	00:03+	01:14-	04:53@	00:31-	05:44@	00:23&	00:06-	00:03+	00:06-	00:01+
12	Andr	ea Ta	pken			5	4						55:54					
	06:12+																	
05:19+					08:59+											01:01+		
	00:03+				01:17#			00:07#	00:32&	00:22+	06:34@			00:16#	00:49&	00:15&	00:05+	00:03#
13		,	ugland			-	14					-	6:38					
	04:15+ 00:59+																	
	00:09#																	
14			Obres		02.104	5		00.01	00.001	01.03	12.110		57:24	00.11	00.21	00.01	01.320	00.130
	04:10+				30:22+	_	•	37:04+	38:16+	43:18+	45:45+	-		52:03+	54:46+	55:51+	57:10+	57:24+
	01:06+																	
00:50&	00:16&	06:19@	00:47&	01:12&	05:19&	01:18@	01:16&	00:01+	00:19&	00:55#	00:23#	00:21-	00:26#	00:23&	00:18#	00:19&	00:11-	00:02#
15	Liv C	mdal				1	16						59:40					
03:19+	04:22+	05:10+	08:20+	11:23+	29:53+	31:16+	33:23+	34:09+	35:10+	38:03+	41:19+	43:21+	46:10+	54:17+	57:21+	58:15+	59:28+	59:40+
	01:03+																	
	00:13&	00:07#	01:20&	00:41&	10:48@			00:07#	00:08#	01:14-	01:12&				00:39&	00:08#	00:17-	00:00=
16			annes			-	30						1:24:54	-				
	08:53+																	
	05:56+ 05:06@															01:11+ 00:25&		
17				01.500	01.104		16	00.210	01.006	05.116	00.304		1:34:17		02.034	00.234	00.15#	00.03π
	03:29+	Ande		00.461	17.02.	_		22.01.	22.02.	25.17.	44.40.				00.35	02:15:	02.50	04.17.
02:35+																01:40+		
00:21#	00:04+																	00:06&
18	Brit \	/ivian	Melin	a		1	16					1	1:35:33	3				
03:01+	04:11+			_	19:51+	22:15+	30:17+	31:09+	32:22+	56:42+	59:43+	70:22+	87:26+	89:00+	92:19+	93:26+	95:17+	95:33+
03:01+	01:10+	00:52+	03:03+	03:25+	08:20+	02:24+	08:02+	00:52+	01:13+	24:20+	03:01+	10:39+	17:04+	01:34+	03:19+	01:07+	01:51+	00:16+
	00:20&				00:38+	01:08&	05:50@	00:13&	00:20&	20:13@	00:57&	08:26@	14:48@	00:13#	00:54&	00:21&	00:21#	00:04&
	strekk																	
02:14	00:46	00:34	01:50	02:22	06:42	01:05	02:05	00:39	00:52	02:51	01:46	01:30	02:16	00:57	02:17	00:46	01:07	00:11
= Som k	lassevini	ner, -ı	raskere,	+ ser	nere, #	10% tap	, & 25	% tap, @	@ 100%	tap.								

Damer 60 - 64 år

1	Eli F	rafjord	t			9	4					Ę	51:02					
03:42=				14:53=													50:50=	51:02=
03:42=	00:48=	00:47=	06:35=	03:01=	10:09=	01:09=	02:05=	00:43=	01:02=	02:38=	05:22=	02:16=	03:54=	01:44=	02:33=	01:05=	01:17=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Hanr	าa S. L	.omela	and		4	7					5	57:05					
02:56-	04:02-	04:57-	08:01-	12:47-	24:40-	26:27+	29:08+	30:03+	31:20+	36:47+	41:51+	44:31+	48:04+	49:59+	53:39+	54:38+	56:51+	57:05+
02:56-	01:06+	00:55+	03:04-	04:46+	11:53+	01:47+	02:41+	00:55+	01:17+	05:27+	05:04-	02:40+	03:33-	01:55+	03:40+	00:59-	02:13+	00:14+
00:46-	00:18&	00:08#	03:31-	01:45&	01:44#	00:38&	00:36&	00:12&	00:15#	02:49@	00:18-	00:24#	00:21-	00:11#	01:07&	00:06-	00:56&	00:02#
3	Aud	Steins	sland			1:	28					Ę	57:10					
02:55-	04:02-	04:57-	-00:80	12:46-	24:41-	26:27+	29:08+	30:08+	31:20+	36:47+	41:51+	44:32+	48:05+	50:00+	53:39+	54:38+	56:51+	57:10+
02:55-	01:07+	00:55+	03:03-	04:46+	11:55+	01:46+	02:41+	01:00+	01:12+	05:27+	05:04-	02:41+	03:33-	01:55+	03:39+	00:59-	02:13+	00:19+
00:47-	00:19&	00:08#	03:32-	01:45&	01:46#	00:37&	00:36&	00:17&	00:10#	02:49@	00:18-	00:25#	00:21-	00:11#	01:06&	00:06-	00:56&	00:07&

Plass	Navr	1				K	lasse					1	id					
4	Kari	Blixha	avn			2	28					5	8:12					
03:19- 03:19-	04:47+ 01:28+	05:39+ 00:52+	08:34- 02:55-	12:07- 03:33+	23:45- 11:38+		28:16= 02:47+	29:01+ 00:45+		40:14+ 09:58+		46:06+ 02:22+		51:48+ 01:53+	54:50+ 03:02+	56:13+ 01:23+	57:54+ 01:41+	58:12+ 00:18+
00:23-	00:40&	00:05#	03:40-	00:32#	01:29#	00:35&	00:42&	00:02+	00:13#	07:20@	01:52-	00:06+	00:05-	00:09+	00:29#	00:18&	00:24&	00:06&
5	Unni	Rellir	ng			9:	2					1	:03:48	3				
03:12- 03:12-	04:34+ 01:22+		11:40- 05:59-	15:28+ 03:48+	32:42+ 17:14+	34:29+ 01:47+	37:29+ 03:00+	38:27+ 00:58+		45:00+ 04:58+	48:38+ 03:38-	51:32+ 02:54+		56:48+ 01:52+	60:42+ 03:54+	61:59+ 01:17+	63:33+ 01:34+	63:48+ 00:15+
00:30-	00:34&	00:20&	00:36-	00:47&	07:05&	00:38&	00:55&	00:15&	00:33&	02:20&	01:44-	00:38&	00:30-	+80:00	01:21&	00:12#	00:17#	00:03#
6	Joru	nn Eri	iksson	Sætre	•	4	7					1	:06:06	5				
03:14-	03:57-	04:51-	14:59+	17:31+	25:51+	27:43+	30:17+	31:09+	32:19+	35:34+	41:48+	52:55+	55:43+	56:56+	60:17+	64:32+	65:53+	66:06+
03:14- 00:28-	00:43- 00:05-	00:54+ 00:07#	10:08+ 03:33&	02:32- 00:29-	08:20- 01:49-	01:52+ 00:43&	02:34+ 00:29#	00:52+ 00:09#	01:10+ 00:08#	03:15+ 00:37#	06:14+ 00:52#	11:07+ 08:51@	02:48- 01:06-	01:13- 00:31-	03:21+ 00:48&	04:15+ 03:10@	01:21+ 00:04+	00:13+ 00:01+
7	Wen	che A	nda Ha	aarr		9:	2					1	:10:48	3				
04:11+	05:19+	06:13+	09:00-	12:22-	25:37+	34:25+	37:34+	38:20+	39:55+	45:39+	47:56+	51:10+	62:33+	64:20+	67:41+	68:43+	70:31+	70:48+
04:11+ 00:29#	01:08+ 00:20&	00:54+ 00:07#	02:47- 03:48-	03:22+ 00:21#	13:15+ 03:06&	08:48+ 07:39@	03:09+ 01:04&	00:46+ 00:03+	01:35+ 00:33&	05:44+ 03:06@	02:17- 03:05-		11:23+ 07:29@	01:47+ 00:03+	03:21+ 00:48&	01:02- 00:03-	01:48+ 00:31&	00:17+ 00:05&
8	Hallo	dis Ha	ndelar	nd		9:	2					1	:17:39)				
05:19+ 05:19+	06:54+ 01:35+	07:38+ 00:44-	10:16- 02:38-	22:49+ 12:33+	39:56+ 17:07+	41:34+ 01:38+	43:48+ 02:14+	44:43+ 00:55+	45:53+ 01:10+	50:16+ 04:23+				68:20+ 01:42-	74:03+ 05:43+	75:17+ 01:14+	77:25+ 02:08+	77:39+ 00:14+
01:37&	00:47&	00:03-	03:57-	09:32@	06:58&	00:29&	00:09+	00:12&	00:08#	01:45&	02:26-	07:56@	00:40-	00:02-	03:10@	00:09#	00:51&	00:02#
Beste	strekk	tid for	r klass	en														
02:55	00:43	00:44	02:38	02:32	08:20	01:09	02:05	00:43	01:02	02:38	02:17	02:16	02:48	01:13	02:33	00:59	01:17	00:12

Damer 65 - 69 år

12:43= 20:1 04:35= 07:3 00:00= 00:0 10:36- 22:2 03:20- 11:4 01:15- 04:1	00:00= 00	$47=$ 01:18= 04:10= 04:50= 02:21= 03:21= 01:26= 02:45= 01:00= 01:34= 00:13= 00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= $\mathbf{54:02}$
00:00= 00:0 10:36- 22:2 03:20- 11:4 01:15- 04:1	00:00= 00	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
10:36- 22:2 03:20- 11:4 01:15- 04:1	ten Carlsen 04:28- 07:16- 10:36- 22:20+ 24:02+ 26:35+ 27:17- 00:39- 02:48= 03:20- 11:44+ 01:42+ 02:33- 00:42- 00:04- 00:00= 01:15- 04:12& 00:26& 01:18- 00:05- 186	54:02 17+ 30:02+ 34:21+ 39:32+ 42:58+ 46:00+ 47:36+ 51:20+ 52:23+ 53:50+ 54:02+ 42- 02:45+ 04:19+ 05:11+ 03:26+ 03:02- 01:36+ 03:44+ 01:03+ 01:27- 00:12- 05- 01:27@ 00:09+ 00:21+ 01:05& 00:19- 00:10# 00:59& 00:03+ 00:07- 00:01- 56:35
03:20- 11:4 01:15- 04:1	04:28- 07:16- 10:36- 22:20+ 24:02+ 26:35+ 27:17- 00:39- 02:48= 03:20- 11:44+ 01:42+ 02:33- 00:42- 00:04- 00:00= 01:15- 04:12& 00:26& 01:18- 00:05- 1ØVA Gausel 115	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
03:20- 11:4 01:15- 04:1	00:39- 02:48= 03:20- 11:44+ 01:42+ 02:33- 00:42- 00:04- 00:00= 01:15- 04:12& 00:26& 01:18- 00:05- 04	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
01:15- 04:1	00:04- 00:00= 01:15- 04:12& 00:26& 01:18- 00:05- nøva Gausel 115	05- 01:27@ 00:09+ 00:21+ 01:05& 00:19- 00:10# 00:59& 00:03+ 00:07- 00:01- 56:35
l	nøva Gausel 115	56:35

12:17- 22:5	05:17_ 09:31+ 12:17_ 22:57+ 24:02+ 26:10+ 26:56-	56+ 27:58+ 30:54- 40:23+ 42:37+ 46:37+ 51:15+ 54:09+ 55:02+ 56:23+ 56:35+
12.1. 22.3	05.17- 00.31+ 12.17- 22.37+ 24.02+ 20.10+ 20.30-	301 27:301 30:31 10:231 12:371 31:131 31:031 30:231 30:331
03:46- 10:4	00:50+ 03:14+ 03:46- 10:40+ 01:05- 02:08- 00:46-	46- 01:02- 02:56- 09:29+ 02:14- 04:00+ 04:38+ 02:54+ 00:53- 01:21- 00:12-
00:49- 03:0	00:07# 00:26# 00:49- 03:08& 00:11- 01:43- 00:01-	01- 00:16- 01:14- 04:39& 00:07- 00:39# 03:12@ 00:09+ 00:07- 00:13- 00:01-
1	garet Malmin 105	1:06:59
		19+ 34:16+ 35:47+ 46:05+ 51:13+ 53:42+ 57:57+ 59:26+ 63:26+ 64:45+ 66:42+ 66:59+ 64:45+ 66:42+ 66:59+ 64:45+ 66:42+ 66:59+ 64:45+ 66:42+ 66:4
03:08- 04:0	01:12+ 01:19- 03:08- 04:08- 11:06+ 01:34- 02:50-	50+ 00:57- 01:31- 10:18+ 05:08+ 02:29- 04:15+ 01:29- 04:00+ 01:19- 01:57+ 00:17- 01:19- 01:1
01:27- 03:2	00:29& 01:29- 01:27- 03:24- 09:50@ 02:17- 02:03@	03@ 00:21- 02:39- 05:28@ 02:47@ 00:52- 02:49@ 01:16- 03:00@ 00:15- 01:44@ 00:17- 01:49@ 00:17- 00:1
	ug Lura 94	1:11:42
15:08+ 29:3	05:07- 11:28+ 15:08+ 29:35+ 32:10+ 34:58+ 35:52-	52+ 37:23+ 42:33+ 47:58+ 50:43+ 62:40+ 64:22+ 68:28+ 69:38+ 71:27+ 71:42+
03:40- 14:2	00:59+ 06:21+ 03:40- 14:27+ 02:35+ 02:48- 00:54-	54+ 01:31+ 05:10+ 05:25+ 02:45+ 11:57+ 01:42+ 04:06+ 01:10+ 01:49+ 00:15+
	00:16& 03:33@ 00:55- 06:55& 01:19@ 01:03- 00:07	07# 00:13# 01:00# 00:35# 00:24# 08:36@ 00:16# 01:21& 00:10# 00:15# 00:02#
	tid for klassen	
00:55- 06:5	00:39 01:19 03:08 04:08 01:05 01:34 00:4	0:42 00:57 01:31 04:50 02:14 02:29 01:26 01:29 00:53 01:19 00:12
	tid for klass	en

Damer 70 - 74 år

1	Turio	d Nyst	røm			68	В					4	l3:09					
02:32=	03:54=	04:35=	06:50=	09:52=	17:18=	18:55=	21:08=	22:01=	24:23=	27:26=	31:20=	33:12=	35:39=	37:01=	39:54=	40:52=	42:18=	43:09=
02:32=	01:22=	00:41=	02:15=	03:02=	07:26=	01:37=	02:13=	00:53=	02:22=	03:03=	03:54=	01:52=	02:27=	01:22=	02:53=	00:58=	01:26=	00:51=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Plass	Navn					K	lasse					7	Γid					
2	Haldi	s Gler	ndran	ae		6	8						43:42					
02:47+	03:26-	03:58-	06:18-	09:15-														
02:47+	00:39-	00:32-	02:20+	02:57-	07:02-	01:16-	02:25+	00:44-	01:09-	04:18+	02:26-	01:54+	04:38+	01:30+	03:48+	01:20+	01:45+	00:12-
00:15+	00:43-	00:09-	00:05+	00:05-	00:24-	00:21-	00:12+	00:09-	01:13-	01:15&	01:28-	00:02+	02:11&	+80:00	00:55&	00:22&	00:19#	00:39-
3	Hedv	ig And	da			1	16					4	47:40					
04:35+	05:23+	06:09+	09:24+	13:13+	21:33+	22:47+	25:20+	25:58+	27:00+	30:28+	33:57+	36:19+	39:57+	41:43+	44:32+	45:37+	47:28+	47:40+
	00:48-																	
02:03&	00:34-	00:05#	01:00&	00:47&	00:54#	00:23-	00:20#	00:15-	01:20-	00:25#	00:25-	00:30&	01:11&	00:24&	00:04-	00:07#	00:25&	00:39-
4	Gry V	/. Thei	ngs			6	8					į	54:21					
02:32=	03:38-	04:20-	07:16+	10:45+	26:36+	27:52+	29:56+	30:36+	31:39+	34:49+	40:17+	42:25+	45:12+	47:20+	51:21+	52:29+	54:09+	54:21+
02:32=	01:06-	00:42+	02:56+	03:29+	15:51+	01:16-	02:04-	00:40-	01:03-	03:10+	05:28+	02:08+	02:47+	02:08+	04:01+	01:08+	01:40+	00:12-
00:00=	00:16-	00:01+	00:41&	00:27#	08:25@	00:21-	00:09-	00:13-	01:19-	00:07+	01:34&	00:16#	00:20#	00:46&	01:08&	00:10#	00:14#	00:39-
5	Helaa	a Aasli	id			5	4					į	55:00					
03:44+	04:39+	05:13+	07:30+	11:00+	23:59+	26:03+	28:33+	29:22+	30:27+	36:39+	39:05+	41:31+	45:49+	47:13+	51:24+	52:33+	54:43+	55:00+
03:44+	00:55-	00:34-	02:17+	03:30+	12:59+	02:04+	02:30+	00:49-	01:05-	06:12+	02:26-	02:26+	04:18+	01:24+	04:11+	01:09+	02:10+	00:17-
01:12&	00:27-	00:07-	00:02+	00:28#	05:33&	00:27&	00:17#	00:04-	01:17-	03:09@	01:28-	00:34&	01:51&	00:02+	01:18&	00:11#	00:44&	00:34-
6	Helga	a Klau	sen			6	2						59:17					
	06:50+																	59:17+
	01:31+																	
02:47@	00:09#			00:29#	03:02&			00:04+	01:00-	01:34&	02:39&				01:25&	00:04+	00:03+	00:39-
7	Eva F	łessei	n			8	3					•	1:02:26	5				
06:51+	07:52+																	
06:51+																		
04:19@	00:21-	00:12&	00:48&	03:27@	08:46@			-80:00	01:10-	00:44#	00:31#				01:05&	00:12#	00:12#	00:36-
8	Signe	• Stan	g Frai	nzon		1	05					•	1:06:17	7				
04:12+	05:22+	06:11+	09:17+	14:34+	29:20+	31:07+	33:53+	34:49+	36:21+	43:59+	52:36+	54:39+	57:17+	58:58+	62:48+	64:02+	66:00+	66:17+
04:12+															03:50+	01:14+		
01:40&	00:12-	00:08#	00:51&	02:15&	07:20&			00:03+	00:50-	04:35@	04:43@				00:57&	00:16&	00:32&	00:34-
9	Ragn	hild C	hristi	ansen		9	3					•	1:13:47	7				
03:36+	05:05+	06:25+	09:40+	13:49+	31:39+	34:00+	36:46+	37:43+	39:15+	44:42+	50:17+	52:46+	64:38+	66:26+	70:36+	71:45+	73:32+	73:47+
	01:29+																	
01:04&	00:07+	00:39&	01:00&	01:07&	10:24@	00:44&	00:33#	00:04+	00:50-	02:24&	01:41&	00:37&	09:25@	00:26&	01:17&	00:11#	00:21#	00:36-
Beste	strekkt	id for	klass	en														
02:32	00:39	00:32	02:15	02:57	07:02	01:14	02:04	00:38	01:02	03:03	02:26	01:52	02:27	01:22	02:49	00:58	01:26	00:12
= Som k	dassevinn	er -r	askere	+ ser	nere #	10% tar	8 25	% tan	@ 100%	tan								
- 00m		,	asitoro,	, , ,	.σ.σ, π	. 5 /6 tap	, u 20	, up,	0 10070	ωp.								

Damer 75 - 79 år

	1	Berit Ebbell Olsen 68 03:38= 05:05= 05:58= 09:28= 13:42= 22:51= 24:41= 27:50= 29:											5	8:53					
	03:38=	05:05=	05:58=	09:28=	13:42=	22:51=	24:41=	27:50=	29:01=	30:58=	37:47=	42:43=	45:35=	49:09=	51:12=	55:33=	56:47=	58:37=	58:53=
	03:38=	01:27=	00:53=	03:30=	04:14=	09:09=	01:50=	03:09=	01:11=	01:57=	06:49=	04:56=	02:52=	03:34=	02:03=	04:21=	01:14=	01:50=	00:16=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
- 1	Beste	strekk	tid for	klass	en														

03:38 01:27 00:53 03:30 04:14 09:09 01:50 03:09 01:11 01:57 06:49 04:56 02:52 03:34 02:03 04:21 01:14 01:50 00:16

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer A

1	Aud	Hogne	estad ⁻	Taksda	al	9:	2					3	37:32								
01:32=	02:38=	03:24=	04:24=	09:43=	11:51=	13:08=	14:14=	18:55=	22:36=	23:33=	24:37=	26:00=	28:05=	29:19=	30:33=	31:13=	33:27=	34:37=	36:01=	37:23=	37:32=
01:32=	01:06=	00:46=	01:00=	05:19=	02:08=	01:17=	01:06=	04:41=	03:41=	00:57=	01:04=	01:23=	02:05=	01:14=	01:14=	00:40=	02:14=	01:10=	01:24=	01:22=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Trine	e Bols	tad			6	2					4	17:33								
01:45+	03:05+	04:28+	05:32+	10:16+	14:42+	16:35+	17:47+	25:10+	30:38+	31:43+	33:04+	34:45+	37:09+	38:23+	38:54+	39:43+	42:19+	43:46+	45:28+	47:20+	47:33+
01:45+	01:20+	01:23+	01:04+	04:44-	04:26+	01:53+	01:12+	07:23+	05:28+	01:05+	01:21+	01:41+	02:24+	01:14=	00:31-	00:49+	02:36+	01:27+	01:42+	01:52+	00:13+
00:13#	00:14#	00:37&	00:04+	00:35-	02:18@	00:36&	00:06+	02:42&	01:47&	00:08#	00:17&	00:18#	00:19#	00:00=	00:43-	00:09#	00:22#	00:17#	00:18#	00:30&	00:04&

Plass	Navr	1				K	lasse					Т	īd								
3	Inge	r Tone	Nygå	rd		2	9					4	17:47								
01:39+					11:58+											40:19+			45:56+	47:38+	47:47+
01:39+					02:12+									01:19+			02:25+			01:42+	
00:07+	00:07#	00:15&	00:09#	00:35-	00:04+	00:15#	00:08#	07:53@	00:19+	00:12#	00:06+			00:05+	00:44-	00:10#	00:11+	00:22&	00:16#	00:20#	00:00=
4	Tone	• Torg	ersen			2	7					5	51:45								
01:59+	03:25+	04:35+	05:49+	11:27+	14:32+	16:19+	17:43+	27:22+	32:30+	33:34+	35:05+	36:34+	39:02+	40:16+	40:47+	41:35+	44:40+	47:24+	49:36+	51:34+	51:45+
01:59+	01:26+	01:10+	01:14+	05:38+	03:05+	01:47+	01:24+	09:39+	05:08+	01:04+	01:31+	01:29+	02:28+	01:14=	00:31-	00:48+	03:05+	02:44+	02:12+	01:58+	00:11+
00:27&	00:20&	00:24&	00:14#	00:19+	00:57&	00:30&	00:18&	04:58@	01:27&	00:07#	00:27&	00:06+	00:23#	00:00=	00:43-	00:08#	00:51&	01:34@	00:48&	00:36&	00:02#
5	Mair	a And	erson	e		9	3					5	8:20								
02:29+					18:58+	20:39+	21:56+	31:57+	36:57+	38:09+	39:57+	41:44+	45:25+	46:56+	47:34+	48:33+	51:52+	54:04+	56:10+	58:10+	58:20+
02:29+	01:56+	01:36+	01:16+	05:49+	05:52+	01:41+	01:17+	10:01+	05:00+	01:12+	01:48+	01:47+	03:41+	01:31+	00:38-	00:59+	03:19+	02:12+	02:06+	02:00+	00:10+
00:57&	00:50&	00:50@	00:16&	00:30+	03:44@	00:24&	00:11#	05:20@	01:19&	00:15&	00:44&	00:24&	01:36&	00:17#	00:36-	00:19&	01:05&	01:02&	00:42&	00:38&	00:01#
6	Agno	es Elir	n Enge	n		1	16					5	9:10								
02:36+	04:18+	06:04+	07:34+	14:30+	17:33+	19:41+	20:55+	32:39+	39:41+	40:55+	42:22+	44:17+	47:04+	48:42+	49:13+	50:08+	53:12+	54:40+	57:04+	59:00+	59:10+
02:36+	01:42+	01:46+	01:30+	06:56+	03:03+	02:08+	01:14+	11:44+	07:02+	01:14+	01:27+	01:55+	02:47+	01:38+	00:31-	00:55+	03:04+	01:28+	02:24+	01:56+	00:10+
01:04&	00:36&	01:00@	00:30&	01:37&	00:55&	00:51&	00:08#	07:03@	03:21&	00:17&	00:23&	00:32&	00:42&	00:24&	00:43-	00:15&	00:50&	00:18&	01:00&	00:34&	00:01#
7	Kirst	ten Vil	ke			9	2					1	:12:04	1							
03:32+	05:23+	06:46+	08:15+	15:36+	19:34+	21:51+	23:21+	37:07+	43:20+	45:15+	46:55+	50:08+	54:19+	56:22+	57:08+	58:18+	62:35+	65:01+	68:54+	71:49+	72:04+
03:32+	01:51+	01:23+	01:29+	07:21+	03:58+	02:17+	01:30+	13:46+	06:13+	01:55+	01:40+	03:13+	04:11+	02:03+	00:46-	01:10+	04:17+	02:26+	03:53+	02:55+	00:15+
02:00@	00:45&	00:37&	00:29&	02:02&	01:50&	01:00&	00:24&	09:05@	02:32&	00:58@	00:36&	01:50@	02:06@	00:49&	00:28-	00:30&	02:03&	01:16@	02:29@	01:33@	00:06&
Beste	strekk	tid for	r klass	en																	
01:32		00:46			02:08	01:17	01:06	04:41	03:41	00:57	01:04	01:23	02:05	01:14	00:30	00:40	02:14	01:10	01:24	01:22	00:09

Damer B

1	Ann-	-Cathr	in Urd	al		1	18					4	17:56								
03:10=	04:35=	05:58=	07:09=	12:11=	15:55=	17:32=	18:51=	25:00=	29:11=	30:27=	32:06=	34:16=	36:56=	38:25=	39:00=	39:54=	42:35=	44:09=	45:56=	47:46=	47:56=
03:10=	01:25=	01:23=	01:11=	05:02=	03:44=	01:37=	01:19=	06:09=	04:11=	01:16=	01:39=	02:10=	02:40=	01:29=	00:35=	00:54=	02:41=	01:34=	01:47=	01:50=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Hilde	e Nord	lbø			9:	3					4	19:54								
01:53-	03:30-	04:59-	06:12-	11:27-	14:18-	16:59-	18:17-	25:52+	29:45+	31:07+	32:58+	34:42+	37:55+	39:19+	39:55+	40:44+	44:21+	45:58+	47:49+	49:43+	49:54+
01:53-	01:37+	01:29+	01:13+	05:15+	02:51-	02:41+	01:18-	07:35+	03:53-	01:22+	01:51+	01:44-	03:13+	01:24-	00:36+	00:49-	03:37+	01:37+	01:51+	01:54+	00:11+
01:17-	00:12#	00:06+	00:02+	00:13+	00:53-	01:04&	00:01-	01:26#	00:18-	00:06+	00:12#	00:26-	00:33#	00:05-	00:01+	00:05-	00:56&	00:03+	00:04+	00:04+	00:01#
3	Brit	Nilsen)			88	8						53:43								
02:00-	03:35-	04:41-	06:03-	11:46-	14:34-	16:37-	18:05-	25:50+	31:27+	33:46+	35:42+	37:52+	40:49+	42:30+	43:09+	44:21+	48:11+	49:52+	51:43+	53:32+	53:43+
02:00-	01:35+	01:06-	01:22+	05:43+	02:48-	02:03+	01:28+	07:45+	05:37+	02:19+	01:56+	02:10=	02:57+	01:41+	00:39+	01:12+	03:50+	01:41+	01:51+	01:49-	00:11+
01:10-	00:10#	00:17-	00:11#	00:41#	00:56-	00:26&	00:09#	01:36&	01:26&	01:03&	00:17#	00:00=	00:17#	00:12#	00:04#	00:18&	01:09&	00:07+	00:04+	00:01-	00:01#
4	Tone	e Ceci	lie Nys	trøm		68	8						54:40								
03:36+	04:59+	06:34+	07:57+	13:46+	16:47+	19:21+	20:50+	28:20+	34:15+	35:33+	37:11+	38:59+	42:03+	43:45+	44:22+	45:18+	48:33+	50:15+	52:38+	54:25+	54:40+
03:36+	01:23-					02:34+												01:42+			00:15+
00:26#	00:02-	00:12#	00:12#	00:47#	00:43-	00:57&	00:10#	01:21#	01:44&	00:02+	00:01-	00:22-	00:24#	00:13#	00:02+	00:02+	00:34#	+80:00	00:36&	00:03-	00:05&
5	Eller	n Tind	eland			2	7						56:53								
	04:10-																				
	04:10- 01:40+	01:11-	01:14+	07:01+	02:46-	02:23+	01:25+	11:25+	05:04+	01:15-	01:55+	01:56-	03:02+	01:28-	00:35=	00:53-	03:23+	01:31-	02:11+	01:54+	00:11+
	04:10- 01:40+	01:11-	01:14+	07:01+	02:46-	02:23+ 00:46&	01:25+ 00:06+	11:25+	05:04+	01:15-	01:55+	01:56-	03:02+	01:28-	00:35=	00:53-	03:23+	01:31-	02:11+		00:11+
	04:10- 01:40+ 00:15#	01:11- 00:12-	01:14+	07:01+ 01:59&	02:46- 00:58-	02:23+	01:25+ 00:06+	11:25+	05:04+	01:15-	01:55+	01:56- 00:14-	03:02+	01:28-	00:35=	00:53-	03:23+	01:31-	02:11+	01:54+	00:11+
02:30- 00:40- 6 02:31-	04:10- 01:40+ 00:15# Anit : 04:25-	01:11- 00:12- a Glen 05:29-	01:14+ 00:03+ ine Ka 06:42-	07:01+ 01:59& Ilhovd 13:53+	02:46- 00:58- 17:20+	02:23+ 00:46& 2 ! 19:15+	01:25+ 00:06+ 9 20:36+	11:25+ 05:16& 28:21+	05:04+ 00:53# 32:48+	01:15- 00:01- 34:15+	01:55+ 00:16# 35:57+	01:56- 00:14- 38:46+	03:02+ 00:22# 58:54 41:51+	01:28- 00:01- 43:17+	00:35= 00:00= 44:00+	00:53- 00:01- 44:56+	03:23+ 00:42& 50:08+	01:31- 00:03- 54:54+	02:11+ 00:24# 56:47+	01:54+ 00:04+ 58:41+	00:11+ 00:01# 58:54+
02:30- 00:40- 6 02:31- 02:31-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+	01:11- 00:12- a Glen 05:29- 01:04-	01:14+ 00:03+ ine Ka 06:42- 01:13+	07:01+ 01:59& Ilhovd 13:53+ 07:11+	02:46- 00:58- 17:20+ 03:27-	02:23+ 00:46& 2: 19:15+ 01:55+	01:25+ 00:06+ 9 20:36+ 01:21+	11:25+ 05:16& 28:21+ 07:45+	05:04+ 00:53# 32:48+ 04:27+	01:15- 00:01- 34:15+ 01:27+	01:55+ 00:16# 35:57+ 01:42+	01:56- 00:14- 38:46+ 02:49+	03:02+ 00:22# 58:54 41:51+ 03:05+	01:28- 00:01- 43:17+ 01:26-	00:35= 00:00= 44:00+ 00:43+	00:53- 00:01- 44:56+ 00:56+	03:23+ 00:42& 50:08+ 05:12+	01:31- 00:03- 54:54+ 04:46+	02:11+ 00:24# 56:47+ 01:53+	01:54+ 00:04+ 58:41+ 01:54+	00:11+ 00:01# 58:54+ 00:13+
02:30- 00:40- 6 02:31- 02:31-	04:10- 01:40+ 00:15# Anit : 04:25-	01:11- 00:12- a Glen 05:29- 01:04-	01:14+ 00:03+ ine Ka 06:42- 01:13+	07:01+ 01:59& Ilhovd 13:53+ 07:11+	02:46- 00:58- 17:20+ 03:27-	02:23+ 00:46& 2! 19:15+ 01:55+ 00:18#	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+	11:25+ 05:16& 28:21+ 07:45+	05:04+ 00:53# 32:48+ 04:27+	01:15- 00:01- 34:15+ 01:27+	01:55+ 00:16# 35:57+ 01:42+	01:56- 00:14- 38:46+ 02:49+ 00:39&	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25#	01:28- 00:01- 43:17+ 01:26-	00:35= 00:00= 44:00+ 00:43+	00:53- 00:01- 44:56+ 00:56+	03:23+ 00:42& 50:08+ 05:12+	01:31- 00:03- 54:54+ 04:46+	02:11+ 00:24# 56:47+ 01:53+	01:54+ 00:04+ 58:41+ 01:54+	00:11+ 00:01# 58:54+ 00:13+
02:30- 00:40- 6 02:31- 02:31- 00:39-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29& Ann	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin	01:14+ 00:03+ Ine Ka 06:42- 01:13+ 00:02+ Tjørho	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09&	02:46- 00:58- 17:20+ 03:27- 00:17-	02:23+ 00:46& 29:15+ 01:55+ 00:18#	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+	11:25+ 05:16& 28:21+ 07:45+ 01:36&	05:04+ 00:53# 32:48+ 04:27+ 00:16+	01:15- 00:01- 34:15+ 01:27+ 00:11#	01:55+ 00:16# 35:57+ 01:42+ 00:03+	01:56- 00:14- 38:46+ 02:49+ 00:39&	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07	01:28- 00:01- 43:17+ 01:26- 00:03-	00:35= 00:00= 44:00+ 00:43+ 00:08#	00:53- 00:01- 44:56+ 00:56+ 00:02+	03:23+ 00:42& 50:08+ 05:12+ 02:31&	01:31- 00:03- 54:54+ 04:46+ 03:12@	02:11+ 00:24# 56:47+ 01:53+ 00:06+	01:54+ 00:04+ 58:41+ 01:54+ 00:04+	00:11+ 00:01# 58:54+ 00:13+ 00:03&
02:30- 00:40- 6 02:31- 02:31- 00:39-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29&	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin	01:14+ 00:03+ Ine Ka 06:42- 01:13+ 00:02+ Tjørho	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09&	02:46- 00:58- 17:20+ 03:27- 00:17-	02:23+ 00:46& 2! 19:15+ 01:55+ 00:18# 9! 21:38+	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+ 3 23:03+	11:25+ 05:16& 28:21+ 07:45+ 01:36& 31:00+	05:04+ 00:53# 32:48+ 04:27+ 00:16+ 36:47+	01:15- 00:01- 34:15+ 01:27+ 00:11# 38:05+	01:55+ 00:16# 35:57+ 01:42+ 00:03+ 39:41+	01:56- 00:14- 38:46+ 02:49+ 00:39& 42:58+	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07 46:26+	01:28- 00:01- 43:17+ 01:26- 00:03- 48:05+	00:35= 00:00= 44:00+ 00:43+ 00:08#	00:53- 00:01- 44:56+ 00:56+ 00:02+	03:23+ 00:42& 50:08+ 05:12+ 02:31& 53:12+	01:31- 00:03- 54:54+ 04:46+ 03:12@	02:11+ 00:24# 56:47+ 01:53+ 00:06+	01:54+ 00:04+ 58:41+ 01:54+ 00:04+	00:11+ 00:01# 58:54+ 00:13+ 00:03&
02:30- 00:40- 6 02:31- 02:31- 00:39- 7 01:54-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29& Ann 03:36- 01:42+	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin 06:25+ 02:49+	01:14+ 00:03+ 06:42- 01:13+ 00:02+ Tjørho 07:37+ 01:12+	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09& Om 13:37+ 06:00+	02:46- 00:58- 17:20+ 03:27- 00:17- 19:45+ 06:08+	02:23+ 00:46& 29:15+ 01:55+ 00:18# 93:21:38+ 01:53+	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+ 3 23:03+ 01:25+	11:25+ 05:16& 28:21+ 07:45+ 01:36& 31:00+ 07:57+	05:04+ 00:53# 32:48+ 04:27+ 00:16+ 36:47+ 05:47+	01:15- 00:01- 34:15+ 01:27+ 00:11# 38:05+ 01:18+	01:55+ 00:16# 35:57+ 01:42+ 00:03+ 39:41+ 01:36-	01:56- 00:14- 38:46+ 02:49+ 00:39& 42:58+ 03:17+	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07 46:26+ 03:28+	01:28- 00:01- 43:17+ 01:26- 00:03- 48:05+ 01:39+	00:35= 00:00= 44:00+ 00:43+ 00:08# 48:43+ 00:38+	00:53- 00:01- 44:56+ 00:56+ 00:02+ 49:46+ 01:03+	03:23+ 00:42& 50:08+ 05:12+ 02:31& 53:12+ 03:26+	01:31- 00:03- 54:54+ 04:46+ 03:12@ 54:42+ 01:30-	02:11+ 00:24# 56:47+ 01:53+ 00:06+ 56:48+ 02:06+	01:54+ 00:04+ 58:41+ 01:54+ 00:04+ 58:55+ 02:07+	00:11+ 00:01# 58:54+ 00:13+ 00:03& 59:07+ 00:12+
02:30- 00:40- 6 02:31- 02:31- 00:39- 7 01:54-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29& Ann 03:36- 01:42+	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin 06:25+ 02:49+	01:14+ 00:03+ 06:42- 01:13+ 00:02+ Tjørho 07:37+ 01:12+	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09& Om 13:37+ 06:00+	02:46- 00:58- 17:20+ 03:27- 00:17- 19:45+ 06:08+	02:23+ 00:46& 2! 19:15+ 01:55+ 00:18# 9! 21:38+	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+ 3 23:03+ 01:25+	11:25+ 05:16& 28:21+ 07:45+ 01:36& 31:00+ 07:57+	05:04+ 00:53# 32:48+ 04:27+ 00:16+ 36:47+ 05:47+	01:15- 00:01- 34:15+ 01:27+ 00:11# 38:05+ 01:18+	01:55+ 00:16# 35:57+ 01:42+ 00:03+ 39:41+ 01:36-	01:56- 00:14- 38:46+ 02:49+ 00:39& 42:58+ 03:17+	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07 46:26+ 03:28+	01:28- 00:01- 43:17+ 01:26- 00:03- 48:05+ 01:39+	00:35= 00:00= 44:00+ 00:43+ 00:08# 48:43+ 00:38+	00:53- 00:01- 44:56+ 00:56+ 00:02+ 49:46+ 01:03+	03:23+ 00:42& 50:08+ 05:12+ 02:31& 53:12+ 03:26+	01:31- 00:03- 54:54+ 04:46+ 03:12@ 54:42+ 01:30-	02:11+ 00:24# 56:47+ 01:53+ 00:06+ 56:48+ 02:06+	01:54+ 00:04+ 58:41+ 01:54+ 00:04+ 58:55+ 02:07+	00:11+ 00:01# 58:54+ 00:13+ 00:03& 59:07+
02:30- 00:40- 6 02:31- 02:31- 00:39- 7 01:54-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29& Ann 03:36- 01:42+ 00:17#	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin 06:25+ 02:49+ 01:26@	01:14+ 00:03+ 06:42- 01:13+ 00:02+ Tjørho 07:37+ 01:12+	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09& Om 13:37+ 06:00+ 00:58#	02:46- 00:58- 17:20+ 03:27- 00:17- 19:45+ 06:08+	02:23+ 00:46& 29:15+ 01:55+ 00:18# 9:21:38+ 01:53+ 00:16#	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+ 3 23:03+ 01:25+	11:25+ 05:16& 28:21+ 07:45+ 01:36& 31:00+ 07:57+	05:04+ 00:53# 32:48+ 04:27+ 00:16+ 36:47+ 05:47+	01:15- 00:01- 34:15+ 01:27+ 00:11# 38:05+ 01:18+	01:55+ 00:16# 35:57+ 01:42+ 00:03+ 39:41+ 01:36-	01:56- 00:14- 38:46+ 02:49+ 00:39& 42:58+ 03:17+ 01:07&	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07 46:26+ 03:28+	01:28- 00:01- 43:17+ 01:26- 00:03- 48:05+ 01:39+	00:35= 00:00= 44:00+ 00:43+ 00:08# 48:43+ 00:38+	00:53- 00:01- 44:56+ 00:56+ 00:02+ 49:46+ 01:03+	03:23+ 00:42& 50:08+ 05:12+ 02:31& 53:12+ 03:26+	01:31- 00:03- 54:54+ 04:46+ 03:12@ 54:42+ 01:30-	02:11+ 00:24# 56:47+ 01:53+ 00:06+ 56:48+ 02:06+	01:54+ 00:04+ 58:41+ 01:54+ 00:04+ 58:55+ 02:07+	00:11+ 00:01# 58:54+ 00:13+ 00:03& 59:07+ 00:12+
02:30- 00:40- 6 02:31- 02:31- 00:39- 7 01:54- 01:54- 01:16- 8	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29& Ann 03:36- 01:42+ 00:17#	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin 06:25+ 02:49+ 01:26@	01:14+ 00:03+ ane Ka 06:42- 01:13+ 00:02+ Tjørho 07:37+ 01:12+ 00:01+ Hestne	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09& Om 13:37+ 06:00+ 00:58#	02:46- 00:58- 17:20+ 03:27- 00:17- 19:45+ 06:08+ 02:24& 16:03+	02:23+ 00:46& 29: 19:15+ 01:55+ 00:18# 99: 21:38+ 01:53+ 00:16# 25:45+	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+ 3 23:03+ 01:25+ 00:06+ 17 26:56+	11:25+ 05:16& 28:21+ 07:45+ 01:36& 31:00+ 07:57+ 01:48& 35:29+	05:04+ 00:53# 32:48+ 04:27+ 00:16+ 36:47+ 05:47+ 01:36& 40:29+	01:15- 00:01- 34:15+ 01:27+ 00:11# 38:05+ 01:18+ 00:02+ 41:55+	01:55+ 00:16# 35:57+ 01:42+ 00:03+ 39:41+ 01:36- 00:03- 43:37+	01:56- 00:14- 38:46+ 02:49+ 00:39& 42:58+ 03:17+ 01:07& 46:12+	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07 46:26+ 03:28+ 00:48& 59:56 48:44+	01:28- 00:01- 43:17+ 01:26- 00:03- 48:05+ 01:39+ 00:10#	00:35= 00:00= 44:00+ 00:43+ 00:08# 48:43+ 00:38+ 00:03+	00:53- 00:01- 44:56+ 00:56+ 00:02+ 49:46+ 01:03+ 00:09#	03:23+ 00:42& 50:08+ 05:12+ 02:31& 53:12+ 03:26+ 00:45& 54:27+	01:31- 00:03- 54:54+ 04:46+ 03:12@ 54:42+ 01:30- 00:04- 55:53+	02:11+ 00:24# 56:47+ 01:53+ 00:06+ 56:48+ 02:06+ 00:19#	01:54+ 00:04+ 58:41+ 01:54+ 00:04+ 58:55+ 02:07+ 00:17#	00:11+ 00:01# 58:54+ 00:13+ 00:03& 59:07+ 00:12+ 00:02#
02:30- 00:40- 6 02:31- 00:39- 7 01:54- 01:16- 8 02:27- 02:27-	04:10- 01:40+ 00:15# Anit : 04:25- 01:54+ 00:29& Ann 03:36- 01:42+ 00:17# Ingr i	01:11- 00:12- a Glen 05:29- 01:04- 00:19- Karin 06:25+ 01:26@ id W. H	01:14+ 00:03+ Ine Ka 06:42- 01:13+ 00:02+ Tjørho 07:37+ 00:01+ Hestne 07:22+ 01:20+	07:01+ 01:59& Ilhovd 13:53+ 07:11+ 02:09& Om 13:37+ 06:00+ 00:58#	02:46- 00:58- 17:20+ 03:27- 00:17- 19:45+ 06:08+ 02:24& 16:03+ 03:13-	02:23+ 00:46& 29:15+ 01:55+ 00:18# 90:21:38+ 00:16# 125:45+ 09:42+	01:25+ 00:06+ 9 20:36+ 01:21+ 00:02+ 3 23:03+ 01:25+ 00:06+ 17 26:56+ 01:11-	11:25+ 05:16& 28:21+ 07:45+ 01:36& 31:00+ 07:57+ 01:48& 35:29+ 08:33+	05:04+ 00:53# 32:48+ 04:27+ 00:16+ 36:47+ 05:47+ 01:36& 40:29+ 05:00+	01:15- 00:01- 34:15+ 01:27+ 00:11# 38:05+ 01:18+ 00:02+ 41:55+ 01:26+	01:55+ 00:16# 35:57+ 01:42+ 00:03+ 39:41+ 01:36- 00:03- 43:37+ 01:42+	01:56- 00:14- 38:46+ 02:49+ 00:39& 42:58+ 03:17+ 01:07& 46:12+ 02:35+	03:02+ 00:22# 58:54 41:51+ 03:05+ 00:25# 59:07 46:26+ 03:28+ 00:48& 59:56 48:44+ 02:32-	01:28- 00:01- 43:17+ 01:26- 00:03- 48:05+ 01:39+ 00:10# 50:03+ 01:19-	00:35= 00:00= 44:00+ 00:43+ 00:08# 48:43+ 00:38+ 00:03+	00:53- 00:01- 44:56+ 00:56+ 00:02+ 49:46+ 01:03+ 00:09# 51:32+ 00:55+	03:23+ 00:42& 50:08+ 05:12+ 02:31& 53:12+ 03:26+ 00:45& 54:27+ 02:55+	01:31- 00:03- 54:54+ 04:46+ 03:12@ 54:42+ 01:30- 00:04- 55:53+ 01:26-	02:11+ 00:24# 56:47+ 01:53+ 00:06+ 56:48+ 02:06+ 00:19# 57:32+ 01:39-	01:54+ 00:04+ 58:41+ 01:54+ 00:04+ 58:55+ 02:07+ 00:17# 59:46+ 02:14+	00:11+ 00:01# 58:54+ 00:13+ 00:03& 59:07+ 00:12+ 00:02#

Plass	Navn		K	lasse					Т	id								
9	Keth Berggraf		1	16					5	9:57								
01:59-	04:33- 05:36- 06:5																	
	02:34+ 01:03- 01:1 01:09& 00:20- 00:0																	
10	Ingunn Anda H	_ ''	67	_	00.03&	00.29#	00.19#	00.14-		9:58	00.01-	00.01+	00.07#	00.10+	02.17@	00.00+	00.13#	00.00-
	03:54- 05:19- 06:5	_			30:37+	37:44+	39:12+	41:01+	-		48:14+	48:52+	49:48+	53:32+	55:16+	57:21+	59:46+	59:58+
	01:51+ 01:25+ 01:3																	
	00:26& 00:02+ 00:2		_		01:53&	02:56&	00:12#	00:10#				00:03+	00:02+	01:03&	00:10#	00:18#	00:35&	00:02#
11	Grethe Anda F		_	16				40.54	-	:00:28	-	40.00	40.40			FO. 04		
	04:02- 05:52- 08:1 01:55+ 01:50+ 02:2																	
	00:30& 00:27& 01:1																	
12	Anne Garsrud		90)					1	:00:57	7							
	03:45- 05:04- 06:1																	
	01:40+ 01:19- 01:1 00:15# 00:04- 00:0																	
13	Vibeke Lamark		46	_	03.100	00.23	00.02	00.13		:01:29		00.01	00.514	00.114	00.00	02.500	00.02.	00.00
	04:17- 05:43- 06:5			-	35:39+	40:29+	41:43+	43:05+	-		-	49:53+	50:47+	55:17+	57:04+	59:22+	61:17+	61:29+
	01:22- 01:26+ 01:1																	
	00:03- 00:03+ 00:0	_	00:13#	00:02-	01:12#	00:39#	00:02-	00:17-				00:01+	00:00=	01:49&	00:13#	00:31&	00:05+	00:02#
14	Gunn J. Grefst		2							:02:16								
	03:56- 05:05- 06:2 01:41+ 01:09- 01:2																	
	00:16# 00:14- 00:1																	
15	Trude Katrine	Hermanru	ıd 1′	17					1	:02:58	3							
	03:54- 05:25- 06:5				32:36+	39:42+	41:07+	42:34+				51:15+	52:18+	56:17+	57:50+	60:07+	62:46+	62:58+
	01:54+ 01:31+ 01:2																	
	00:29& 00:08+ 00:1		_		03:07&	02:55&	00:09#	00:12-				00:20&	00:09#	01:18&	00:01-	00:30&	00:49&	00:02#
16	Elisabeth Chris		11	• •	24.00	42.27	45.00	46.00	-	:05:12	=	F2.01.	54.15.	F0.06	61.10.	62.10.	CE - 00 -	65.10
	04:44+ 06:24+ 07:5 01:19- 01:40+ 01:2																	
	00:06- 00:17# 00:1																	
17	Helen Lomelar	nd	10	05					1	:06:39)							
	04:17- 05:32- 06:4																	
	01:41+ 01:15- 01:1 00:16# 00:08- 00:0																	
18	Irene Rummell		_	16	07:57@	02:02&	00:04-	00:21#		:08:36		00:01-	00:05-	00:38#	00:44&	00:27&	00:10+	00:01#
. •	05:02+ 07:04+ 08:3	_	-	. •	27.12.	11.06	45.44.	47.10.				E4.00.	EE - 0E -	60.14.	62.261	66.14.	60.10.	60.261
	02:31+ 02:02+ 01:3																	
00:39-	01:06& 00:39& 00:2	1& 02:20& 0	01:27& 00:58&	00:05+	05:56&	02:42&	00:22&	00:05-	00:33-	00:20#	00:04+	00:05#	00:03+	02:28&	00:38&	02:01@	00:15#	00:07&
19	Siri Warland		11	15					1	:09:13	3							
	08:13+ 10:09+ 12:3																	
	02:42+ 01:56+ 02:3 01:17& 00:33& 01:1																	
	strekktid for kla			00-1/#	02-110	00.01#	00.12#	00.00-	30.03-	21.110	50-20#	00.00#	30.02	31.000	50.55&	50.55&	50.500	20.11@
	01:19 01:03 01:		02:46 01:37	01:11	06:09	03:48	01:12	01:20	01:37	02:27	01:19	00:34	00:49	02:41	01:26	01:39	01:47	00:10
= Som k	lassevinner, - raske	re, + senei	re, # 10% tap	, & 259	% tap, @	2 100%	tap.											

Damer Ny

1	Tord	lis Frø	ytlog			2	9			26:29
02:48=	04:28=	07:30=	10:39=	15:46=	19:24=	22:13=	25:09=	26:14=	26:29=	
02:48=	01:40=	03:02=	03:09=	05:07=	03:38=	02:49=	02:56=	01:05=	00:15=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Joru	n Tjell	laug			7	6			28:45
02:30-				18:51+	22:18+	25:05+	27:29+	28:28+	28:45+	
02:30-	01:26-	07:04+	01:39-	06:12+	03:27-	02:47-	02:24-	00:59-	00:17+	
00:18-	00:14-	04:02@	01:30-	01:05#	00:11-	00:02-	00:32-	00:06-	00:02#	

Plass	Navr	1				K	lasse			Tid
3	Gret	e Mykl	ebust			76	6			28:48
02:36-	04:00-	11:06+	12:47+	18:55+	22:24+	25:03+	27:26+	28:33+	28:48+	
02:36-	01:24-	07:06+	01:41-	06:08+	03:29-	02:39-	02:23-	01:07+	00:15=	
00:12-	00:16-	04:04@	01:28-	01:01#	00:09-	00:10-	00:33-	00:02+	00:00=	
Beste	strekk	tid for	klass	en						
02:30	01:24	03:02	01:39	05:07	03:27	02:39	02:23	00:59	00:15	
= Som k	lassevin	ner, -	raskere,	+ ser	ere, #	10% tap	, & 25	% tap, @	2 100% tap.	

Damer Trim

1	Lise	Nessa	a Di Lo	renzo		1	68					2	29:53	
01:57=	03:13=	03:45=	04:37=	09:14=	12:01=	13:01=	15:17=	16:53=	21:29=	24:49=	26:42=	28:14=	29:40=	29:53=
01:57=	01:16=	00:32=	00:52=	04:37=	02:47=	01:00=	02:16=	01:36=	04:36=	03:20=	01:53=	01:32=	01:26=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jane	th Kle	nne			11	28					3	32:14	
05:03+		07:14+		10:19+	14:45+	15:20+	17:03+	18:35+	23:14+	27:42+	29:49+	-	32:03+	32:14+
05:03+		00:59+									02:07+	00:43-	01:31+	00:11-
03:06@	00:04-	00:27&	00:02-	02:22-	01:39&	00:25-	00:33-	00:04-	00:03+	01:08&	00:14#	00:49-	00:05+	00:02-
3	Δstr	id Esp	e			8	n						32:30	
02:59+		05:25+	-	10:15+	14:13+	•	-	19:13+	24:54+	28:28+	30:02+	-	32:16+	32:30+
02:59+		00:42+											01:18-	
01:02&		00:10&											00:08-	00:01+
4	Paru	ıl Khar	ndelwa	al		7	1					3	34:34	
02:28+	04:28+	05:09+	06:20+	09:09-	12:38+	13:33+	15:49+	18:04+	24:52+	29:14+	30:52+	32:01+	34:15+	34:34+
02:28+	02:00+	00:41+	01:11+	02:49-	03:29+	00:55-	02:16=	02:15+	06:48+	04:22+	01:38-	01:09-	02:14+	00:19+
00:31&	00:44&	00:09&	00:19&	01:48-	00:42&	00:05-	00:00=	00:39&	02:12&	01:02&	00:15-	00:23-	00:48&	00:06&
5	Solb	jørg B	orger	sen		2	33					3	39:38	
06:03+		09:48+									36:03+		39:13+	39:38+
06:03+		00:46+											02:03+	00:25+
04:06@		00:14&						00:47&	01:42&	00:16+	01:18&		00:37&	00:12&
6		g Elen				2	_						10:24	
		04:55+								35:47+	37:20+		40:10+	40:24+
02:27+		00:50+											01:48+	00:14+
00:30&		00:18&		01:26-	01:39&	_		04:15@	02:24&	02:21&	00:20-		00:22&	00:01+
/		Ravno				-	14						10:52	
03:36+		06:43+									37:48+		40:35+	40:52+
03:36+		01:00+ 00:28&											01:24-	
01.39@				00.00-	02.010			01.130	01.30%	00.33&	00.21#			00.04
8		eig Ma				-	28						11:18	
06:18+		09:03+									38:19+		41:03+	41:18+
06:18+ 04:21@		00:49+ 00:17&											01:37+ 00:11#	
04.21@			_	_	02.01%			00.4/&	02.320	00.49#	00.03+			00.02#
9		id Lycl					09						12:40	
04:21+		07:00+											42:27+	42:40+
04:21+		00:43+ 00:11&											04:56+	00:13=
02:24@			"		00.29#			00.03+	02.05&	03.24@	00.59&			00.00=
10		an Dah	,			-	17						13:12	
04:08+		08:28+												
04:08+		02:22+												00:17+
02:11@		01:50@		01:26-	02:16&			01:01%	04:19&	01:02&	00:29&		00:39&	00:04&
11		i Grød				-	05		06.45	05.06			13:29	
02:52+		05:44+										40:07+		
02:52+		00:46+ 00:14&												
				01.25	01.310			00.276	01.336	03.31@	01.420			00.01+
12		i Sand			40.00	_	79	05.05	05.50		40.45		13:34	40.0.
05:02+		07:28+									40:47+		43:15+	43:34+
05:02+ 03:05@		00:42+ 00:10&				00:52-							01:22- 00:04-	
03.05@	00.28%	00.10%	01.1/@	01.12-	∪∠•43&	00.08-	00.50&	01.04%	00.12@	00.34-	00.10+	00.20-	00.04-	00.06%

Plass	Navı	n				K	lasse					7	Γid	
13	Irene	e Frøv	land			7	1					-	13:54	
	04:55+	05:36+	06:46+									41:59+		
												00:57- 00:35-		00:15+ 00:02#
14		Norve		01.18-	01.38%	_	05.23#	00.32&	02.06&	05.44@	03.30@		14:08	00.02#
			•-	10:57+	17:33+	-		26:14+	32:08+	36:33+	41:05+	42:23+		44:08+
												01:18-		
01:15&	00:29&	00:09&	00:09#	00:19-	03:49@	00:08-	02:38@	01:19&	01:18&	01:05&	02:39@	00:14-	00:05+	00:01+
15			≀jord N			7							14:57	
												42:57+		44:57+
												00:57- 00:35-		
16			stine l			9	_	00117#	02.074	05.106	03.206		16:05	00.00-
. •		-				_	-	22:06+	28:25+	41:17+	43:52+	44:43+		46:05+
												00:51-		
01:45&	00:15#	00:03+	00:38&	00:40-	03:12@	00:07-	00:13+	00:06-	01:43&	09:32@	00:42&	00:41-	00:18-	00:01+
17	Lind	a Hau	kås			1	13					4	16:30	
												44:28+		
							03:45+					01:10- 00:22-		00:15+ 00:02#
18			dmark				78	00.37&	02.170	02.30&	00.10#		17:19	00.02#
. •					-	_		24:48+	32:19+	43:05+	44:50+	45:47+	•	47:19+
												00:57-		
02:44@	00:29&	03:11@	00:03-	00:33-	01:26&	00:18-	00:18#	00:41&	02:55&	07:26@	00:08-	00:35-	00:05-	00:02-
19		sti Fla				2	-						1 7:22	
												45:51+		
												00:59- 00:33-		
20		_	rigstac				28						17:40	
-					21:18+		-	27:19+	35:55+	41:20+	44:15+	45:32+		47:40+
												01:17-		
01:13&	00:47&	00:16&	00:11#	01:38-	08:28@	00:28-	01:15&	00:22#	04:00&	02:05&	01:02&	00:15-	00:27&	00:02#
21			nd Sal			_	56						18:26	
												46:05+ 01:13-		48:26+ 00:21+
												00:19-		
22	Turio	d Joha	anne K	idøv		1	8					4	18:39	
04:13+				,	16:04+	16:38+	18:49+	21:06+	32:00+	43:45+	46:45+	47:21+	48:27+	48:39+
												00:36-		
02:16@				02:27-	01:57&			00:41&	06:18@	08:25@	01:07&	00:56-		00:01-
23		ot As		15.10.	10.40.	_	05	21 • 1 2 :	20.25	12.21.	45.25.	46:34+	18:48	48:48+
												01:09-		00:13=
												00:23-		00:00=
24	Gro	Marie	ro Totl	and		5	9					4	18:48	
												46:34+		48:48+
												01:16- 00:16-		00:17+
					02.09&	_	_	02.04@	00.04@	01.37%	01.11%	_		00.04&
25			r Schr		24.40+	25:54+	-	22.1/1	30.06+	45·11±	47·12±	48:19+	50:27	50:27+
												01:07-		00:19+
02:19@	01:02&	00:30&	00:34&	01:01-	09:24@	00:05+	01:28&	01:00&	02:16&	02:45&	00:08+	00:25-	00:23&	00:06&
26	Siss	el Car	Isen B	råstad		8	8					Ę	50:28	
												48:21+		
												01:07- 00:25-		
27			e Aun		03.7T@	-	28	UU - 59&	02.18&	∪∠•43&	00.0/+	_	51:18	00.03#
				-	23:49+			29:46+	37:06+	44:41+	47:42+	48:41+		51:18+
												00:59-		
01:31&	00:52&	00:13&	00:50&	01:33-	09:55@	00:03-	00:03+	01:05&	02:44&	04:15@	01:08&	00:33-	00:57&	00:01+

Plass	Navr	1				K	lasse					7	Γid		
28	Judi	th Seri	igstad			1:	28						51:19		
	05:40+	06:19+	08:02+	11:04+									51:07+		
	02:13+ 00:57&													00:12-	
29		າ Gilje		01.33-	03.44@	_	41	01.00%	02.54&	04.03@	01.13%		54:19	00.01-	
		•		13:19+	18:26+	•	• •	25:03+	40:54+	49:14+	51:09+		54:06+	54:19+	
													01:36+		
02:13@	01:43@	00:24&	00:40&	00:55-	02:20&	00:13#	00:54&	00:38&	11:15@	05:00@	00:02+	00:11-	00:10#	00:00=	
30			lognes				15						54:39		
													52:39+		54:39+
													01:00- 00:26-		00:14+
31			Ryssi			_	41						54:43		
					18:42+	_		25:19+	41:07+	49:30+	51:37+		54:30+	54:43+	
													01:35+	00:13=	
02:22@	01:49@	00:40@	00:25&	00:58-	02:23&	00:10#	00:55&	00:40&	11:12@	05:03@	00:14#	00:14-	00:09#	00:00=	
32	Anita	a Hegg	gheim			19	9						55:52		
													55:37+		
	03:01+												02:43+	00:15+	
33			3 jesda				53	01.200	01.214	01.104	02.030		58:44	00.021	
								23:48+	47:38+	53:21+	55:26+		58:29+	58:44+	
	02:03+													00:15+	
01:34&	00:47&	00:31&	00:34&	00:41-	02:18&			00:58&	19:14@	02:23&	00:12#		00:23&	00:02#	
34			ie Torg				53						58:46		
													58:31+		
	02:02+												01:55+ 00:29&	00:15+ 00:02#	
35			stine H				21						58:47		
		-		-	24:08+			32:03+	45:50+	51:13+	55:04+		58:33+	58:47+	
													02:08+		
09:16@	01:01&	00:16&	00:40&	01:00-	01:54&	00:12#	01:12&	01:39@	09:11@	02:03&	01:58@	00:11-	00:42&	00:01+	
36			and To				53						58:47		
													58:33+ 01:54+		
													00:28&		
37		l Gray				_	63						59:50		
	09:16+	-		15:45+	27:18+	_		38:58+	47:49+	52:04+	54:42+			59:50+	
03:20+	05:56+	00:57+	01:35+	03:57-	11:33+	01:22+	06:43+	03:35+	08:51+	04:15+	02:38+	01:33+	03:11+	00:24+	
		_		00:40-	08:46@	_	_	01:59@	04:15&	00:55&	00:45&		01:45@	_	
38		g Berg				9	-						1:00:17		
													60:00+ 01:57+		
													00:31&		
39	Aase	Sveir	nsvoll			9	4						1:00:41	l	
				15:59+	20:56+			36:16+	46:00+	53:57+	56:21+		60:23+		
04:21+													02:35+		
02:24@		_			02:10&	_	_	02:32@	05:08@	04:37@	00:31&		01:09&	_	
40	_	-	steine			9	-						1:00:47		
													60:33+ 02:02+		
													00:36&		
41	Anne	Brit T	T. Mæl	land		9:	3						1:01:53	3	
													61:39+		
													02:22+		
						03:12@ 4	_	02:13@	07:57@	07:24@	00:13-		00:56& 1-02-17	_	
42			afjord			-	-	41 - 1 - :	E0 • 47	EE. F2:	E7.E7:		1:02:17 62:02+		
													02:40+		
													01:14&		

Plass	Navı	n				K	lasse					7	Tid .	
43	Reid	lun So	IIi Skj	øresta	d	4	7					1	:02:25	5
	09:35+	10:28+	12:14+	16:38+	32:58+									
			01:46+ 00:54@										02:46+	
44	_		kelan	_		4							:02:27	
07:00+			12:20+											
07:00+ 05:03@			01:46+ 00:54@											
45		Bergl	_			6	_						:03:30	_
	08:35+	14:40+	15:37+									61:50+	63:18+	63:30+
06:55+ 04:58@			00:57+ 00:05+											
46		he Wa				_	09						:04:30	_
. •			08:29+	11:45+	27:48+	-		35:14+	42:55+	59:05+	61:45+	62:39+		64:30+
			01:29+ 00:37&											
47			gaard				17	01.316	03.034	12.306	00-174		1:04:31	
03:26+	06:02+	06:57+	08:30+	11:48+	27:45+	28:55+	31:40+					62:42+	64:16+	64:31+
			01:33+ 00:41&					03:30+ 01:54@				00:56- 00:36-		
48			n Haal		13.10@	4		01.54@	03.04&	13.30@	00.07+		1:05:24	
	,		22:26+		36:38+	-	-	45:57+	54:07+	58:52+	61:36+			=
			02:42+											00:16+
49			01:50@ lygard	01:20&	05:28@	00:22&		02:10@	03:34&	01:25&	00:51%		00:52& 1:06:32	_
			21:23+	24:30+	30:53+	_	-	41:57+	52:33+	58:40+	63:29+			_
			01:23+											
		Svihus	00:31&	01:30-	03:36@	00:02+	_	04:17@	06:00@	02:47&	02:56@		00:24& 1:06:53	00:01+
50			07:27+	10:22+	20:27+	_	_	40:06+	46:10+	60:48+	63:54+			-
			01:06+											
		_	00:14&		07:18@		_	12:46@	01:28&	11:18@	01:13&			_
51			ndrem 16:41+		28:42+	29:44+	-	37:22+	45:48+	61:43+	64:33+		67:28+	-
10:32+	03:17+	00:55+	01:57+	03:41-	08:20+	01:02+	04:02+	03:36+	08:26+	15:55+	02:50+	01:18-	01:37+	00:15+
			01:05@		05:33@	_	_	02:00@	03:50&	12:35@	00:57&		00:11#	
52		_	'ønnin 16:44+	_	20.57+	20:52+	-	27.25+	45.50+	61:49+	64.36+		1:07:50 67:31+	-
10:37+			01:57+											00:19+
08:40@	2		01:05@	00:55-	05:44@	_	_	01:51@	03:58&	12:29@	00:55&			_
53		Kriste	nsen 12:28+	16:38+	27:02+	28:28+	-	37:03+	60:03+	65:13+	67:32+		71:00+	-
06:23+			01:58+							05:10+			02:16+	
			01:06@		07:37@	_	_	02:29@	18:24@	01:50&	00:26#			
54			otte B		26.52.	9	-	27.10.	F0.F2.	64.50.	67.10.		1:11:22 71:03+	_
06:29+			01:59+											
04:32@	01:30@	00:47@	01:07@	00:34-	07:30@	00:33&	02:13&	02:39@	18:06@	01:46&	00:27#	00:16-	01:03&	00:06&
55		e Hell				_	68						1:15:46	-
02:19+ 02:19+			09:01+ 02:38+											
	00:40&	01:36@	01:46@	01:07-		13:14@	00:03-					00:38-	00:00=	00:01+
56			in K. F				05						1:17:14	-
07:46+ 07:46+	19:01+ 11:15+	19:39+ 00:38+	20:41+ 01:02+	24:48+ 04:07-	43:28+ 18:40+	44:14+ 00:46-	47:03+ 02:49+	51:04+ 04:01+	60:53+ 09:49+	68:46+ 07:53+	74:03+ 05:17+	74:59+ 00:56-	76:58+ 01:59+	77:14+ 00:16+
05:49@	09:59@	00:06#	00:10#			00:14-	00:33#					00:36-	00:33&	00:03#
57		Soma					87						1:18:12	
			12:53+ 01:15+											
			00:23&											

Plass	Navı	n				K	lasse					7	Γid		
58	Ann	Rams	ay			4:							1:18:36		
02:59+	05:23+	06:16+	07:36+	11:10+	16:16+ 05:06+	17:03+	21:06+	23:27+	50:05+	68:49+ 18:44+	74:21+	75:46+	78:19+	78:36+	
					02:19&										
59	Kate	Laws	on			10	01						1:26:22	2	
					25:39+ 06:58+										
					06:58+										
60	_	h Den				4:	_						1:28:37	_	
					16:48+										
					05:10+ 02:23&										
61			Furla	_		9:	_						1:29:28	_	
					45:10+										
					27:07+ 24:20@										
62	_	di Bug		00.30	21.200	4	_	02.100	17.500	02.034	00.234		1:30:59	_	
02:11+	04:04+	04:53+	06:40+	11:46+	32:06+	32:54+	35:16+	37:40+	58:12+	84:58+	87:24+	88:37+	90:42+	90:59+	
					20:20+ 17:33@										
63			igel-Al		17.33@	4'	_	00.48&	15.50@	23.20@	00.33&		1:31:47		
••					36:21+	-	•	41:05+	47:57+	58:22+	85:12+		🕶		91:47+
					11:28+										
64				00:16+	08:41@	6:05-	_	01:20&	02:16&	07:05@	24:57@		00:27- 1:35:37	_	00:16+
• .		ekka L		19:46+	30:47+			39:33+	74:50+	85:50+	91:28+				
06:23+	03:26+	01:28+	02:04+	06:25+	11:01+	01:14+	04:12+	03:20+	35:17+	11:00+	05:38+	01:26-	02:25+	00:18+	
					08:14@		01:56&	01:44@	30:41@	07:40@	03:45@			_	
02:56+			Johnse		22:08+	23:00+	24:53+	71:04+	86:59+	92:20+	94:11+		1:36:29 96:18+		
02:56+	01:44+	00:41+	01:41+	02:58-	12:08+	00:52-	01:53-	46:11+	15:55+	05:21+	01:51-	00:49-	01:18-	00:11-	
					09:21@			44:35@	11:19@	02:01&	00:02-				
66			scinsk		18:54+		36	24 - 17 +	02.50+	02.20+	05.27+		1:38:43	-	
					06:59+										
					04:12@	_	_	00:41&	55:05@	05:11@	01:05&				
67			Anders			9	•	40.50	64.50	00.45	00.46		1:39:30	•	
					39:34+ 07:08+										
		_			04:21@	_	_	03:00@	10:27@	22:03@	00:37&				
68			Almed		20.20	9'	-	40.50	64.54	00.16	00.40		1:39:31	-	
					39:30+ 06:57+										
					04:10@										
69			Lunde			4							1:46:03		
					39:11+ 10:11+										
					07:24@										
70	Mari	a Haul	kalid			4	7					2	2:05:22	2	
					29:35+ 10:27+										
					07:40@										
Beste	strekk	tid fo	r klass	en											
01:57	01:12	00:32	00:46	02:10	02:47	00:32	00:53	01:30	02:03	02:46	01:33	00:36	00:59	00:11	
= Som k	lassevin	iner, -	raskere,	+ ser	nere, #	10% tap	, & 25	% tap,	@ 100%	tap.					

Herrer 16 - 39 år

Plass	Navr	1				K	lasse					7	Γid												
1	Vega	ard Ka	rlsen			5	0						43:31												
														31:01= 01:19=											
														00:00=											
00:09=																									
00:00=	۸rno	Eirk I	Nielse	n		2	85						45:07												
00:53-					12:35-			17:11-	18:37-	19:42-	25:38-			30:07-	32:11-	32:40-	33:27-	37:43+	39:07+	40:32+	41:29+	42:33+	43:34+	44:10+	44:56+
														01:12- 00:07-											
45:07+ 00:11+																									
00:11+																									
3				r Hans		9	_	10.04	00.51	00.07	00.00		46:25	24.26	25.00	26.27	27.02	20.44	40.50	40.10	40.50	42.54	44.44.	45.05	46-10-
00:59-	00:43+	01:33+	01:28+	02:27+	06:34=	02:25+	00:23+	01:32-	02:47+	01:16+	07:13+	02:17+	01:47+	34:36+ 01:12-	01:32-	00:29-	00:46-	02:21+	01:14-	01:20-	00:35-	01:01+	00:50+	00:43+	00:45-
00:03- 46:25+	00:07#	00:21&	00:03+	00:37&	00:00=	00:15#	00:04#	01:15-	01:15&	00:08#	01:06#	00:32&	00:32&	00:07-	00:05-	00:01-	00:01-	00:09+	00:52-	00:04-	00:03-	00:01+	00:05#	00:10&	00:04-
00:13+ 00:04&																									
4	Rune	e Svih	us			6	2					ļ	50:24												
	01:51+	03:24+	04:54+											36:05+ 01:29+											
00:11#														00:10#											
50:24+ 00:10+																									
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5 01:28+	_		obesta 05:25+		13:34+		11 16:42+	18:33+	20:17+	21:32+	30:45+		5 2:03	36:00+	37:53+	38:27+	39:20+	43:33+	45:24+	46:56+	47:39+	48:51+	50:05+	50:44+	51:53+
														01:20+ 00:01+											
52:03+	00.07#	00.410	00.04-	00.08+	00.23-	00.35&	00.04#	00.30-	00.12#	00.07#	03.00&	00.40%	00.09#	00.01+	00.10#	00.04#	00.00#	02.01&	00.15-	00.08+	00.05#	00.12#	00.29&	00.00#	00.20%
00:10+ 00:01#																									
6	_		l Wats			9							52:31												
														36:58+ 01:35+											
00:02- 52:31+	00:13&	00:08#	00:19#	00:15#	00:03-	00:03+	00:01+	00:53-	01:08&	00:08#	03:57&	00:25#	00:02+	00:16#	00:18#	00:10&	00:05#	00:35&	00:09-	00:15#	00:14&	00:38&	00:18&	00:15&	00:21&
00:12+																									
00:03& 7	Kieti	l Hollu	ınd			1	08						53:12												
	01:47+	03:16+	05:33+			18:12+	18:39+					33:40+	35:05+	36:23+											
														01:18- 00:01-											
53:12+ 00:12+																									
00:03&																									
8		Eike	05:10:	07:02:	12:40:	14:20	-	20.52.	22.26.	24.24.	24.01.		54:03	40:51+	42:42:	42.11.	42.52.	46:20	40.03.	40.55.	E0.20.	E1 - 27 -	E2:10:	E2:E2:	E2.EE.
00:53-	00:40+	01:16+	02:30+	01:43-	05:47-	01:50-	02:19+	03:55+	02:33+	00:58-	09:37+	03:43+	01:51+	01:16-	01:51+	00:29-	00:42-	02:36+	01:34-	01:52+	00:33-	00:59-	00:51+	00:34+	01:03+
00:09- 54:03+	00:04#	00:04+	01:05&	00:07-	00:47-	00:20-	02:00@	01:08&	01:01&	00:10-	03:30&	01:58@	00:36&	00:03-	00:14#	00:01-	00:05-	00:24#	00:32-	00:28&	00:05-	00:01-	00:06#	00:01+	00:14&
00:08- 00:01-																									
9	Jan l	Eirik G	jerde	vik		4						ļ	54:47												
01:05+	02:45+	04:09+	05:59+	07:49+								38:10+	39:32+	40:43+											
00:03+														01:11- 00:08-											
54:47+ 00:10+																									
00:01#																									

Plass	Navı	า				K	Classe					7	Γid												
10	Jørg	en Str	ømsta	ıd		5	0						55:03												
							17:07+ 00:23+												48:50+ 01:58-				53:26+ 00:47+	54:02+ 00:36+	
							00:04#																		
00:11+																									
00:02# 11	Svoi	n KvIIi	ingsta	d		7	1						55:31												
01:43+	02:28+	03:55+	05:44+	07:58+		17:40+	18:03+					34:47+	36:06+												
							00:23+ 00:04#																		
55:31+ 00:13+																									
00:13+																									
12		•	ns Øs	•	15:20:	-	18:42+	20.20.	22.14.	24.22.	21.27.		56:30	26.26.	20.10.	20.521	20.42.	46.24	40.44	E1 • 1 6 ·	E2:04:	E2:00:	E4:20:	EE:10:	E6:20:
01:27+	00:42+	01:34+	02:48+	02:04+	06:45+	03:00+	00:22+	01:46-	02:46+	01:08=	07:15+	02:20+	01:23+	01:16-	01:42+	00:34+	00:51+	06:41+	02:20+	02:32+	00:48+	01:04+	01:12+	00:50+	01:10+
00:25& 56:30+	00:06#	00:22&	01:23&	00:14#	00:11+	00:50&	00:03#	01:01-	01:14&	00:00=	01:08#	00:35&	00:08#	00:03-	00:05+	00:04#	00:04+	04:29@	00:14#	01:08&	00:10&	00:04+	00:27&	00:17&	00:21&
00:10+ 00:01#																									
13	Frith	jof Va	ssbø			1	09					į	57:00												
							18:37+ 00:28+																		
	00:18&						00:09&																		
00:33+	00:12+																								
00:24@ 14	_	e Dahl	Eitiar			9	n						1:00:18	Ω											
01:20+	02:11+	03:39+	05:17+			22:04+	22:35+					37:27+	39:32+	41:06+											
							00:31+ 00:12&																		
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00:02#																									
15		e Hatle		08:09+	16:22+	19:09+	19:48+	21:46+	23:45+	25:01+	33:47+		1:00:2	_	40:33+	41:04+	41:55+	51:08+	53:15+	54:51+	55:42+	56:55+	57:57+	58:43+	60:13+
00:52-	00:50+	01:29+	03:01+	01:57+	08:13+	02:47+	00:39+	01:58-	01:59+	01:16+	08:46+	02:15+	01:17+	01:23+	01:51+	00:31+	00:51+	09:13+	02:07+	01:36+	00:51+	01:13+	01:02+	00:46+	01:30+
00:10- 60:25+	00:14&	00:17#	01:36@	00:07+	01:39&	00:37&	00:20@	00:49-	00:27&	00:08#	02:39&	00:30&	00:02+	00:04+	00:14#	00:01+	00:04+	07:01@	00:01+	00:12#	00:13&	00:13#	00:17&	00:13&	00:41&
00:12+ 00:03&																									
16	Sam	McCl	оу			2	71					•	1:01:12	2											
							16:31+ 00:19=																	60:09+ 00:31-	
01:30@							00:00=																		
61:12+ 00:11+																									
00:02# 17	Tron	d Eve	ncon			1	16						1:01:3	2											
17 01:06+				06:09+	13:05+		15:36+	26:08+	29:23+	30:37+	37:01+			_	46:44+	47:11+	47:54+	51:57+	53:27+	56:25+	57:26+	58:46+	59:48+	60:26+	61:20+
							00:23+ 00:04#																		
61:33+ 00:13+																									
00:04&		_	_			_								_											
18 04:41+		on Egg		11:08+	20:54+	7 22:55+	' 1 23:44+	25:23+	27:31+	28:52+	35:58+		1:02:40 40:22+		44:14+	44:49+	45:44+	53:59+	55:31+	57:21+	58:08+	59:13+	60:40+	61:11+	62:29+
04:41+	00:47+	01:40+	01:54+	02:06+	09:46+	02:01-	00:49+	01:39-	02:08+	01:21+	07:06+	02:25+	01:59+	01:47+	02:05+	00:35+	00:55+	08:15+	01:32-	01:50+	00:47+	01:05+	01:27+	00:31-	01:18+
62:40+	00:11%	UU:28&	00:29&	00:16#	U3:12&	00:09-	00:30@	OT:08-	UU:36&	00:13#	00:59#	UU:4U&	UU:44&	UU:28&	UU:28&	00:05#	00:08#	U6:U3@	00:34-	UU:26&	00:09#	00:05+	UU:42&	00:02-	00:29&
00:11+ 00:02#																									

Plass	Navn				K	lasse					7	Γid												
01:45+	Aksel Vo 03:11+ 04:42 01:26+ 01:31 00:50@ 00:19	+ 06:23+ + 01:41+	02:07+	07:51+	19:19+ 02:58+	00:14-	10:31+	01:38+	01:21+	07:18+	45:14+ 04:53+	01:18+	47:56+ 01:24+	01:47+	01:31+	00:45-	03:42+	01:34-	01:33+	00:43+	01:23+	00:54+		00:59+
01:03+	Bjørnar A 01:51+ 03:06 00:48+ 01:15 00:12& 00:03	+ 04:43+ + 01:37+	09:33+ 04:50+	23:25+ 13:52+	25:54+ 02:29+	26:14+ 00:20+	01:36-	01:59+	01:16+	15:24+	49:24+ 02:55+	01:55+	52:28+ 01:09-	01:41+	00:33+	00:48+	04:44+	02:13+	02:15+	00:40+	01:16+	01:09+	00:41+	01:03+
21	Simen Au	ıli Staff			1	15						1:10:19	9											
07:33+	08:14+ 10:06 00:41+ 01:52 00:05# 00:40	+ 02:46+	02:57+	08:46+	04:52+	00:36+	03:52+	02:02+	01:29+	07:17+	02:42+	03:41+	02:01+	02:24+	00:39+	00:52+	02:56+	01:58-	01:51+	00:47+	01:34+	01:45+	01:01+	01:06+
01:09+	Anders S 02:08+ 03:34 00:59+ 01:26 00:23& 00:14	+ 05:19+ + 01:45+	07:37+ 02:18+	23:03+ 15:26+	03:32+	00:22+	02:19-	02:20+	01:14+	07:33+	47:55+ 07:32+	01:31+	50:40+ 01:14-	01:33-	00:31+	00:44-	03:43+	01:35-	06:35+	01:13+	01:11+	01:05+	00:38+	00:49=
23	Gudmun	l Jønss	on		1	14						1:11:5	4											
07:14+ 07:14+	08:28+ 10:13 01:14+ 01:45 00:38@ 00:33	+ 11:49+ + 01:36+	14:00+ 02:11+	07:18+	25:33+ 04:15+	25:49+ 00:16-	12:39+	01:37+	01:15+	07:16+	50:42+ 02:06+	51:54+ 01:12-	53:04+ 01:10-	01:38+	00:30=	00:43-	08:30+	01:19-	01:22-	00:42+	01:02+	01:00+	00:54+	01:01+
24	Eloic Mei	gnan			1	14						1:12:2	9											
01:13+	01:54+ 03:46 00:41+ 01:52 00:05# 00:40	+ 02:35+	02:38+	18:10+	02:37+	00:44+	02:15-	01:44+	01:28+	10:22+	02:01+	02:08+	01:33+	02:01+	00:36+	01:01+	04:45+	03:37+	02:05+	01:01+	01:20+	01:16+	00:56+	01:37+
25	Anders N	oraber	g		2	69						1:12:3 ⁻	1											
01:08+	01:52+ 03:09 00:44+ 01:17 00:08# 00:05	+ 01:35+	03:19+	07:59+	03:47+	00:17-	02:24-	01:59+	01:13+	21:16+	02:16+	01:49+	01:13-	01:49+	00:33+	00:46-	03:35+	01:38-	06:39+	01:12+	01:12+	01:04+	00:45+	00:52+
26	Alexande					36						1:12:5	_											
01:07+ 00:05+ 72:57+ 00:09= 00:00=	02:17+ 04:06 01:10+ 01:49 00:34& 00:37	+ 01:55+ & 00:30&	02:46+ 00:56&	09:48+	03:51+ 01:41&	00:29+ 00:10&	02:22-	04:48+	01:28+	16:02+	03:13+ 01:28&	01:36+ 00:21&	01:21+ 00:02+	02:02+	00:34+	00:46-	06:44+	01:31-	01:53+	01:02+	01:45+	01:01+	00:44+	01:01+
27	Andreas 05:28+ 06:53			22:55+	26:00+		28:18+	31:06+	32:15+	45:40+		1:13:32 50:58+		54:11+	54:56+	55:45+	58:41+	60:19+	63:08+	69:13+	70:30+	71:41+	72:34+	73:21+
04:41+	00:47+ 01:25 00:11& 00:13	+ 02:30+	02:48+	10:44+	03:05+	00:24+	01:54-	02:48+	01:09+	13:25+	03:50+	01:28+	01:25+	01:48+	00:45+	00:49+	02:56+	01:38-	02:49+	06:05+	01:17+	01:11+	00:53+	00:47-

Plass	Navı	า				K	lasse					7	Γid													
28	Sind	re Øv	rum Ha	aaland		9	2						1:16:48	3												
01:44+ 01:44+	02:43+ 00:59+	04:29+ 01:46+		10:02+ 03:32+	19:36+ 09:34+	22:57+ 03:21+	23:30+	26:50+ 03:20+	29:11+ 02:21+	30:38+ 01:27+	41:01+ 10:23+	49:07+ 08:06+		52:35+ 01:21+	54:31+ 01:56+	55:06+ 00:35+	55:58+ 00:52+	60:00+ 04:02+	62:07+ 02:07+	66:04+ 03:57+	66:55+ 00:51+	72:39+ 05:44+	73:40+ 01:01+	74:59+ 01:19+		
00:42& 76:48+	00:23&	00:34&			03:00&	01:11&	00:14&	00:33#	00:49&	00:19&	04:16&	06:21@	00:52&	00:02+	00:19#	00:05#	00:05#	01:50&	00:01+	02:33@		04:44@	00:16&	00:46@		
00:12+ 00:03&																										
29	Jala	l Faha	di			1	16						1:24:42	2												
01:02=	02:09+	03:44+	05:54+	12:27+	25:44+	30:23+	30:53+	35:29+	38:32+	39:28+	54:55+	58:41+		62:53+	65:33+	66:14+	67:55+	73:57+	75:57+	79:13+	80:33+	81:51+	82:57+	83:30+	84:34+	
01:02=	01:07+	01:35+	02:10+	06:33+	13:17+	04:39+	00:30+	04:36+	03:03+	00:56-	15:27+	03:46+	02:44+	01:28+	02:40+	00:41+	01:41+	06:02+	02:00-	03:16+	01:20+	01:18+	01:06+	00:33=	01:04+	
00:00=	00:31&	00:23&	00:45&	04:43@	06:43@	02:29@	00:11&	01:49&	01:31&	00:12-	09:20@	02:01@		00:09#	01:03&	00:11&	00:54@	03:50@	00:06-	01:52@	00:42@	00:18&	00:21&	00:00=	00:15&	
84:42+																										
00:08-																										
00:01-																										
30	Mari	us He	gelsta	d		1	34						1:39:38	3												
04:30+	05:23+	07:42+	10:41+	13:47+	21:53+	25:28+	25:43+	28:54+	31:59+	33:08+	70:57+	72:37+	74:41+	75:58+	77:44+	78:14+	78:56+	83:35+	86:28+	88:47+	95:28+	96:36+	97:43+	98:20+	99:13+	
04:30+	00:53+	02:19+	02:59+	03:06+	08:06+	03:35+	00:15-	03:11+	03:05+	01:09+	37:49+	01:40-	02:04+	01:17-	01:46+	00:30=	00:42-	04:39+	02:53+	02:19+	06:41+	01:08+	01:07+	00:37+	00:53+	
03:28@	00:17&	01:07&	01:34@	01:16&	01:32#	01:25&	00:04-	00:24#	01:33@	00:01+	31:42@	00:05-	00:49&	00:02-	00:09+	00:00=	00:05-	02:27@	00:47&	00:55&	06:03@	00:08#	00:22&	00:04#	00:04+	
99:38+																										
00:25+																										
00:16@																										
Beste	strekk	tid for	r klass	en																						
00:52	00:36	01:10	01:17	01:43	05:47	01:50	00:14	01:32	01:24	00:56	05:56	01:40	01:07	01:09	01:20	00:26	00:42	02:12	01:14	01:20	00:33	00:58	00:44	00:31	00:45	00:08

Herrer 40 - 49 år

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

1	Bård	l Skog	sholm)		4	0					4	16:52									
02:32=					14:46=	16:49=	18:11=	24:49=	29:30=	30:41=	32:09=	33:44=	36:22=	37:41=	38:18=	39:06=	41:40=	43:25=	44:52=	46:42=	46:52=	
02:32=							01:22=															
00:00=					00:00=		00:00=	00:00=	00:00=	00:00=	00:00=			00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Arng	grim U	tskarp	en		1	17						50:28									
01:49-	03:30-																			50:19+		
01:49-	01:41+																					
00:43-				00:59#	00:52-	00:04+	00:01-	01:12#	00:47-	00:18&	00:14#			00:04+	00:06-	00:02+	00:14+	00:22#	01:17&	00:11#	00:01-	
3	Adne	e Haus	sberg			7							52:28									
01:48-							17:38-											48:28+	50:28+	52:16+	52:28+	
01:48-							01:15-												02:00+	01:48-	00:12+	
00:44-					01:10-		00:07-	00:08+	01:03#	00:05+	00:10-	00:15#	00:43&	00:17#	00:04#	00:04-	01:07&	02:08@	00:33&	00:02-	00:02#	
4	Odd	mund	Nordg	jård		1	05					į	52:29									
01:58-	03:34-	05:25=	06:30-	11:51+	14:41-	22:34+	23:55+	30:45+	35:17+	36:20+	37:41+	39:27+	41:48+	42:57+	43:29+	44:28+	47:25+	48:46+	50:21+	52:20+	52:29+	
01:58-							01:21-												01:35+	01:59+		
00:34-	00:18#	00:16#	00:12-	00:58#	00:51-	05:50@	00:01-	00:12+	00:09-	00:08-	00:07-	00:11#	00:17-	00:10-	00:05-	00:11#	00:23#	00:24-	00:08+	00:09+	00:01-	
5		en Nil				5	-					-	56:18									
	04:10+	05:30+	06:47+			16:36-	17:59-					35:40+	42:23+									
02:37+	04:10+ 01:33+	05:30+ 01:20-	06:47+ 01:17=	05:26+	02:37-	16:36- 01:46-	17:59- 01:23+	07:11+	06:03+	01:22+	01:23-	35:40+ 01:42+	42:23+ 06:43+	01:31+	00:34-	01:02+	03:22+	01:40-	03:22+	02:13+	00:11+	
02:37+ 00:05+	04:10+ 01:33+ 00:15#	05:30+ 01:20- 00:15-	06:47+ 01:17= 00:00=	05:26+	02:37-	16:36- 01:46- 00:17-	17:59- 01:23+ 00:01+	07:11+	06:03+	01:22+	01:23-	35:40+ 01:42+ 00:07+	42:23+ 06:43+ 04:05@	01:31+	00:34-	01:02+	03:22+	01:40-	03:22+		00:11+	
02:37+	04:10+ 01:33+ 00:15#	05:30+ 01:20-	06:47+ 01:17= 00:00=	05:26+	02:37-	16:36- 01:46-	17:59- 01:23+ 00:01+	07:11+	06:03+	01:22+	01:23-	35:40+ 01:42+ 00:07+	42:23+ 06:43+	01:31+	00:34-	01:02+	03:22+	01:40-	03:22+	02:13+	00:11+	
02:37+ 00:05+ 6 01:34-	04:10+ 01:33+ 00:15# Tron 02:58-	05:30+ 01:20- 00:15- dr Bre 04:20-	06:47+ 01:17= 00:00= eiland 05:39-	05:26+ 01:03# 13:02+	02:37- 01:04- 16:06+	16:36- 01:46- 00:17- 5 17:40+	17:59- 01:23+ 00:01+ 3 18:46+	07:11+ 00:33+ 28:06+	06:03+ 01:22& 31:24+	01:22+ 00:11# 32:43+	01:23- 00:05- 33:59+	35:40+ 01:42+ 00:07+ 35:46+	42:23+ 06:43+ 04:05@ 56:56 38:25+	01:31+ 00:12# 39:45+	00:34- 00:03- 43:34+	01:02+ 00:14& 44:36+	03:22+ 00:48& 48:56+	01:40- 00:05- 51:10+	03:22+ 01:55@ 54:51+	02:13+ 00:23# 56:46+	00:11+ 00:01# 56:56+	
02:37+ 00:05+ 6 01:34- 01:34-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+	05:30+ 01:20- 00:15- dr Bre 04:20- 01:22-	06:47+ 01:17= 00:00= eiland 05:39- 01:19+	05:26+ 01:03# 13:02+ 07:23+	02:37- 01:04- 16:06+ 03:04-	16:36- 01:46- 00:17- 5 17:40+ 01:34-	17:59- 01:23+ 00:01+ 3 18:46+ 01:06-	07:11+ 00:33+ 28:06+ 09:20+	06:03+ 01:22& 31:24+ 03:18-	01:22+ 00:11# 32:43+ 01:19+	01:23- 00:05- 33:59+ 01:16-	35:40+ 01:42+ 00:07+ 35:46+ 01:47+	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+	01:31+ 00:12# 39:45+ 01:20+	00:34- 00:03- 43:34+ 03:49+	01:02+ 00:14& 44:36+ 01:02+	03:22+ 00:48& 48:56+ 04:20+	01:40- 00:05- 51:10+ 02:14+	03:22+ 01:55@ 54:51+ 03:41+	02:13+ 00:23# 56:46+ 01:55+	00:11+ 00:01# 56:56+ 00:10=	
02:37+ 00:05+ 6 01:34-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+	05:30+ 01:20- 00:15- dr Bre 04:20- 01:22- 00:13-	06:47+ 01:17= 00:00= Eiland 05:39- 01:19+ 00:02+	05:26+ 01:03# 13:02+ 07:23+	02:37- 01:04- 16:06+ 03:04-	16:36- 01:46- 00:17- 5 17:40+ 01:34-	17:59- 01:23+ 00:01+ 3 18:46+	07:11+ 00:33+ 28:06+ 09:20+	06:03+ 01:22& 31:24+ 03:18-	01:22+ 00:11# 32:43+ 01:19+	01:23- 00:05- 33:59+ 01:16-	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12#	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+ 00:01+	01:31+ 00:12# 39:45+ 01:20+	00:34- 00:03- 43:34+ 03:49+	01:02+ 00:14& 44:36+ 01:02+	03:22+ 00:48& 48:56+ 04:20+	01:40- 00:05- 51:10+ 02:14+	03:22+ 01:55@ 54:51+ 03:41+	02:13+ 00:23# 56:46+ 01:55+	00:11+ 00:01# 56:56+ 00:10=	
02:37+ 00:05+ 6 01:34- 01:34-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+ Jan	05:30+ 01:20- 00:15- odr Bre 04:20- 01:22- 00:13- Kriste	06:47+ 01:17= 00:00= eiland 05:39- 01:19+ 00:02+ nsen	05:26+ 01:03# 13:02+ 07:23+ 03:00&	02:37- 01:04- 16:06+ 03:04- 00:37-	16:36- 01:46- 00:17- 5 17:40+ 01:34- 00:29-	17:59- 01:23+ 00:01+ 3 18:46+ 01:06- 00:16-	07:11+ 00:33+ 28:06+ 09:20+ 02:42&	06:03+ 01:22& 31:24+ 03:18- 01:23-	01:22+ 00:11# 32:43+ 01:19+ 00:08#	01:23- 00:05- 33:59+ 01:16- 00:12-	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12#	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+ 00:01+ 57:31	01:31+ 00:12# 39:45+ 01:20+ 00:01+	00:34- 00:03- 43:34+ 03:49+ 03:12@	01:02+ 00:14& 44:36+ 01:02+ 00:14&	03:22+ 00:48& 48:56+ 04:20+ 01:46&	01:40- 00:05- 51:10+ 02:14+ 00:29&	03:22+ 01:55@ 54:51+ 03:41+ 02:14@	02:13+ 00:23# 56:46+ 01:55+ 00:05+	00:11+ 00:01# 56:56+ 00:10= 00:00=	
02:37+ 00:05+ 6 01:34- 00:58- 7 01:49-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+ Jan 03:34-	05:30+ 01:20- 00:15- Idr Bre 04:20- 01:22- 00:13- Kristel 05:16-	06:47+ 01:17= 00:00= Piland 05:39- 01:19+ 00:02+ NSEN 06:56+	05:26+ 01:03# 13:02+ 07:23+ 03:00& 15:08+	02:37- 01:04- 16:06+ 03:04- 00:37- 18:58+	16:36- 01:46- 00:17- 5 17:40+ 01:34- 00:29- 7 21:16+	17:59- 01:23+ 00:01+ 3 18:46+ 01:06- 00:16-	07:11+ 00:33+ 28:06+ 09:20+ 02:42& 30:41+	06:03+ 01:22& 31:24+ 03:18- 01:23- 36:53+	01:22+ 00:11# 32:43+ 01:19+ 00:08# 38:13+	01:23- 00:05- 33:59+ 01:16- 00:12- 39:42+	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12# 41:27+	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+ 00:01+ 57:31 44:22+	01:31+ 00:12# 39:45+ 01:20+ 00:01+ 46:03+	00:34- 00:03- 43:34+ 03:49+ 03:12@	01:02+ 00:14& 44:36+ 01:02+ 00:14& 47:28+	03:22+ 00:48& 48:56+ 04:20+ 01:46& 51:12+	01:40- 00:05- 51:10+ 02:14+ 00:29& 52:52+	03:22+ 01:55@ 54:51+ 03:41+ 02:14@ 55:06+	02:13+ 00:23# 56:46+ 01:55+ 00:05+ 57:20+	00:11+ 00:01# 56:56+ 00:10= 00:00= 57:31+	
02:37+ 00:05+ 6 01:34- 01:34- 00:58- 7 01:49- 01:49-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+ Jan 03:34- 01:45+	05:30+ 01:20- 00:15- Idr Bre 04:20- 01:22- 00:13- Kriste 05:16- 01:42+	06:47+ 01:17= 00:00= eiland 05:39- 01:19+ 00:02+ nsen 06:56+ 01:40+	05:26+ 01:03# 13:02+ 07:23+ 03:00& 15:08+ 08:12+	02:37- 01:04- 16:06+ 03:04- 00:37- 18:58+ 03:50+	16:36- 01:46- 00:17- 5 17:40+ 01:34- 00:29- 7 21:16+ 02:18+	17:59- 01:23+ 00:01+ 3 18:46+ 01:06- 00:16- 22:42+ 01:26+	07:11+ 00:33+ 28:06+ 09:20+ 02:42& 30:41+ 07:59+	06:03+ 01:22& 31:24+ 03:18- 01:23- 36:53+ 06:12+	01:22+ 00:11# 32:43+ 01:19+ 00:08# 38:13+ 01:20+	01:23- 00:05- 33:59+ 01:16- 00:12- 39:42+ 01:29+	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12# 41:27+ 01:45+	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+ 00:01+ 57:31 44:22+ 02:55+	01:31+ 00:12# 39:45+ 01:20+ 00:01+ 46:03+ 01:41+	00:34- 00:03- 43:34+ 03:49+ 03:12@ 46:37+ 00:34-	01:02+ 00:14& 44:36+ 01:02+ 00:14& 47:28+ 00:51+	03:22+ 00:48& 48:56+ 04:20+ 01:46& 51:12+ 03:44+	01:40- 00:05- 51:10+ 02:14+ 00:29& 52:52+ 01:40-	03:22+ 01:55@ 54:51+ 03:41+ 02:14@ 55:06+ 02:14+	02:13+ 00:23# 56:46+ 01:55+ 00:05+ 57:20+ 02:14+	00:11+ 00:01# 56:56+ 00:10= 00:00= 57:31+ 00:11+	
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02:37+ 00:05+ 6 01:34- 01:34- 00:58- 7 01:49- 01:49- 00:43- 8	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+ Jan 03:34- 01:45+ 00:27& Øyst	05:30+ 01:20- 00:15- Idr Bre 04:20- 01:22- 00:13- Kriste 05:16- 01:42+ 00:07+	06:47+ 01:17= 00:00= eiland 05:39- 01:19+ 00:02+ nsen 06:56+ 01:40+ 00:23& uglesta	05:26+ 01:03# 13:02+ 07:23+ 03:00& 15:08+ 08:12+ 03:49&	02:37- 01:04- 16:06+ 03:04- 00:37- 18:58+ 03:50+ 00:09+	16:36- 01:46- 00:17- 5 17:40+ 01:34- 00:29- 7 21:16+ 02:18+ 00:15#	17:59- 01:23+ 00:01+ 3 18:46+ 01:06- 00:16- 22:42+ 01:26+ 00:04+	07:11+ 00:33+ 28:06+ 09:20+ 02:42& 30:41+ 07:59+ 01:21#	06:03+ 01:22& 31:24+ 03:18- 01:23- 36:53+ 06:12+ 01:31&	01:22+ 00:11# 32:43+ 01:19+ 00:08# 38:13+ 01:20+ 00:09#	01:23- 00:05- 33:59+ 01:16- 00:12- 39:42+ 01:29+ 00:01+	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12# 41:27+ 01:45+ 00:10#	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+ 00:01+ 57:31 44:22+ 02:55+ 00:17# 58:44	01:31+ 00:12# 39:45+ 01:20+ 00:01+ 46:03+ 01:41+ 00:22&	00:34- 00:03- 43:34+ 03:49+ 03:12@ 46:37+ 00:34- 00:03-	01:02+ 00:14& 44:36+ 01:02+ 00:14& 47:28+ 00:51+ 00:03+	03:22+ 00:48& 48:56+ 04:20+ 01:46& 51:12+ 03:44+ 01:10&	01:40- 00:05- 51:10+ 02:14+ 00:29& 52:52+ 01:40- 00:05-	03:22+ 01:55@ 54:51+ 03:41+ 02:14@ 55:06+ 02:14+ 00:47&	02:13+ 00:23# 56:46+ 01:55+ 00:05+ 57:20+ 02:14+ 00:24#	00:11+ 00:01# 56:56+ 00:10= 00:00= 57:31+ 00:11+ 00:01#	
02:37+ 00:05+ 6 01:34- 01:34- 7 01:49- 01:49- 00:43- 8 02:11-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+ Jan 03:34- 01:45+ 00:27& Øyst 03:28-	05:30+ 01:20- 00:15- Idr Bre 04:20- 00:13- Kriste 05:16- 01:42+ 00:07+ tein Fu 05:15-	06:47+ 01:17= 00:00= eiland 05:39- 01:19+ 00:02+ nsen 06:56+ 01:40+ 00:23& uglesta	05:26+ 01:03# 13:02+ 07:23+ 03:00& 15:08+ 08:12+ 03:49& ad 07:28-	02:37- 01:04- 16:06+ 03:04- 00:37- 18:58+ 03:50+ 00:09+	16:36- 01:46- 00:17- 5 17:40+ 01:34- 00:29- 7 21:16+ 02:18+ 00:15#	17:59- 01:23+ 00:01+ 3 18:46+ 01:06- 00:16- 22:42+ 01:26+ 00:04+ 6 20:10+	07:11+ 00:33+ 28:06+ 09:20+ 02:42& 30:41+ 07:59+ 01:21# 21:32-	06:03+ 01:22& 31:24+ 03:18- 01:23- 36:53+ 06:12+ 01:31& 31:08+	01:22+ 00:11# 32:43+ 01:19+ 00:08# 38:13+ 01:20+ 00:09# 36:01+	01:23- 00:05- 33:59+ 01:16- 00:12- 39:42+ 01:29+ 00:01+ 37:29+	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12# 41:27+ 01:45+ 00:10# 39:07+	42:23+ 06:43+ 04:05@ 56:56 38:25+ 02:39+ 00:01+ 57:31 44:22+ 02:55+ 00:17# 58:44 41:26+	01:31+ 00:12# 39:45+ 01:20+ 00:01+ 46:03+ 01:41+ 00:22& 44:09+	00:34- 00:03- 43:34+ 03:49+ 03:12@ 46:37+ 00:34- 00:03-	01:02+ 00:14& 44:36+ 01:02+ 00:14& 47:28+ 00:51+ 00:03+	03:22+ 00:48& 48:56+ 04:20+ 01:46& 51:12+ 03:44+ 01:10& 47:11+	01:40- 00:05- 51:10+ 02:14+ 00:29& 52:52+ 01:40- 00:05- 51:30+	03:22+ 01:55@ 54:51+ 03:41+ 02:14@ 55:06+ 02:14+ 00:47& 52:52+	02:13+ 00:23# 56:46+ 01:55+ 00:05+ 57:20+ 02:14+ 00:24# 56:31+	00:11+ 00:01# 56:56+ 00:10= 00:00= 57:31+ 00:11+ 00:01# 58:31+	
02:37+ 00:05+ 6 01:34- 01:34- 00:58- 7 01:49- 01:49- 00:43- 8 02:11- 02:11-	04:10+ 01:33+ 00:15# Tron 02:58- 01:24+ 00:06+ Jan 03:34- 01:45+ 00:27& Øyst 03:28- 01:17-	05:30+ 01:20- 00:15- 1dr Bre 04:20- 01:22- 00:13- Kriste 05:16- 01:42+ 00:07+ tein Fu 05:15- 01:47+	06:47+ 01:17= 00:00= Elland 05:39- 01:19+ 00:02+ NSEn 06:56+ 00:23& Iglesta 06:13- 00:58-	05:26+ 01:03# 13:02+ 07:23+ 03:00& 15:08+ 08:12+ 03:49& 3d 07:28- 01:15-	02:37- 01:04- 16:06+ 03:04- 00:37- 18:58+ 03:50+ 00:09+ 13:58- 06:30+	16:36- 01:46- 00:17- 5 17:40+ 01:34- 00:29- 7 21:16+ 00:15# 4 17:53+ 03:55+	17:59- 01:23+ 00:01+ 3 18:46+ 01:06- 00:16- 22:42+ 01:26+ 00:04+ 6 20:10+ 02:17+	07:11+ 00:33+ 28:06+ 09:20+ 02:42& 30:41+ 07:59+ 01:21# 21:32- 01:22-	06:03+ 01:22& 31:24+ 03:18- 01:23- 36:53+ 06:12+ 01:31& 31:08+ 09:36+	01:22+ 00:11# 32:43+ 01:19+ 00:08# 38:13+ 01:20+ 00:09# 36:01+ 04:53+	01:23- 00:05- 33:59+ 01:16- 00:12- 39:42+ 01:29+ 00:01+ 37:29+ 01:28=	35:40+ 01:42+ 00:07+ 35:46+ 01:47+ 00:12# 41:27+ 00:10# 39:07+ 01:38+	42:23+ 06:43+ 04:05@ 66:56 38:25+ 02:39+ 00:01+ 57:31 44:22+ 00:17# 58:44 41:26+ 02:19-	01:31+ 00:12# 39:45+ 01:20+ 00:01+ 46:03+ 01:41+ 00:22& 44:09+ 02:43+	00:34- 00:03- 43:34+ 03:49+ 03:12@ 46:37+ 00:34- 00:03- 45:37+ 01:28+	01:02+ 00:14& 44:36+ 01:02+ 00:14& 47:28+ 00:51+ 00:03+ 46:18+ 00:41-	03:22+ 00:48& 48:56+ 04:20+ 01:46& 51:12+ 03:44+ 01:10& 47:11+ 00:53-	01:40- 00:05- 51:10+ 02:14+ 00:29& 52:52+ 01:40- 00:05- 51:30+ 04:19+	03:22+ 01:55@ 54:51+ 03:41+ 02:14@ 55:06+ 02:14+ 00:47& 52:52+ 01:22-	02:13+ 00:23# 56:46+ 01:55+ 00:05+ 57:20+ 02:14+ 00:24# 56:31+ 03:39+	00:11+ 00:01# 56:56+ 00:10= 00:00= 57:31+ 00:11+ 00:01# 58:31+	00:13+

Plass	Navr	1				K	lasse					1	Γid								
9	Arne	Hetle	lid			98	В						59:09								
02:22-	05:17+	08:55+	10:17+			21:58+	23:33+					42:39+	45:44+								
													03:05+ 00:27#								
10			r Thor				09						1:00:19								
													46:52+								
													03:05+ 00:27#								
11	^	ard Sv				_	67						1:00:34	_							
													43:35+								
													02:29- 00:09-								
12	Lars	Prims	stad			6	2					•	1:00:55	5							
01:30-	02:57-	03:54-	04:49-			22:43+	23:45+					41:05+	43:18+	44:32+							
													02:13- 00:25-								
13		r Char				_	17						1:01:30	_							
02:09-	03:44-	06:44+	08:03+			19:48+	20:53+					38:45+	43:44+	44:58+							
													04:59+ 02:21&								
14			var Ne		00.15		16	02.334	00.02	00.00	00.22		1:01:52		00.100	00.001	02.204	02.150	01.200	00.231	00.01
													45:01+								
													02:36- 00:02-								
15	_			tersen			05	03.234	00.031	00.00#	00.02		1:05:06	_	00.02#	00.00-	00.37π	03.116	02.136	00.01	00.01#
01:38-	03:03-	04:22-	05:35-	13:20+	18:02+	20:46+	22:15+						47:16+								
													03:40+ 01:02&								
16	Egil	_					01						1:05:27	_							
02:01-	03:37-	05:10-				22:51+	26:53+					46:59+	50:30+	52:01+							
													03:31+ 00:53&								
17		nar Ha				2	_						1:05:38						"		
02:10-	03:39-	06:31+	07:53+			19:52+	21:09+					46:44+	49:49+	51:22+							
													03:05+ 00:27#								
18		e Eng		02.014	00.13		16	01.004	01.304	00.234	00.00		1:07:52		00.01	00.01	03.000	00.501	01.000	00.02	00.01
01:47-	03:18-	04:48-	05:55-										55:51+								
													02:35- 00:03-								
19		b Rav	•	01-204	12.016	_	00	001201	07.006	00.100	00-10		1:08:35	_	00.03#	00.134	00.30#	00.03	00.334	00.03	00.01#
	04:04+	05:35+	06:50+			28:40+	29:51+						53:30+								
													02:51+ 00:13+								
20		in Sim				_	67						1:10:08	_							
03:00+	04:48+	07:36+	09:11+			30:29+	31:49+					54:38+	57:21+	58:47+							
													02:43+ 00:05+								
21			Finne			_	87						1:10:22	_							
01:41-	03:13-	04:18-	05:31-	25:23+		30:42+	32:12+						57:11+								
													03:05+ 00:27#								
22		_	Ursin				16						1:13:41	_							
													56:33+								
													03:08+ 00:30#								
23		Breil	-	33-334	33.20@		57	J2-120	J1-2200	30-376	50-256		1:14:03		30-02#	30.12#	32-10@	00.20#	J2-216	30.10+	50.02#
													56:54+								
													03:17+ 00:39#								
02.200	55.500	J J - Z I -	33.07	02.130	00.00#	55.11	55.001	01.020	55 · 200	00.10#	00.10@	01.010	55.55π	00 · ± /#	00.10@	00.2100	55.110	00.000	01.21tt	00.11#	55.52π

Plass	Navı	n				K	lasse					T	id								
24	Per Ivar Hovstad 116											1	:18:52	2							
05:11+ 05:11+		10:52+ 04:22+	12:15+ 01:23+	21:40+ 09:25+	34:00+ 12:20+	36:39+ 02:39+	38:16+ 01:37+	43:10+ 04:54-		51:15+ 01:24+	52:47+ 01:32+		59:12+ 03:37+	60:51+ 01:39+	61:29+ 00:38+	62:26+ 00:57+	66:00+ 03:34+	71:17+ 05:17+	76:46+ 05:29+	78:43+ 01:57+	78:52+ 00:09-
02:39@	00:01+	02:47@	00:06+	05:02@	08:39@	00:36&	00:15#	01:44-	02:00&	00:13#	00:04+	01:13&	00:59&	00:20&	00:01+	00:09#	01:00&	03:32@	04:02@	00:07+	00:01-
25	Edw	ard W	illiams	;		4	2					1	:19:10)							
02:10-	03:58+	06:10+	07:41+	21:01+	34:19+	36:40+	38:00+	50:38+	56:41+	58:08+	59:56+	62:04+	65:17+	67:08+	67:38+	68:26+	71:23+	73:38+	76:20+	78:55+	79:10+
02:10-	01:48+	02:12+	01:31+	13:20+	13:18+	02:21+	01:20-	12:38+	06:03+	01:27+	01:48+	02:08+	03:13+	01:51+	00:30-	00:48=	02:57+	02:15+	02:42+	02:35+	00:15+
00:22-	00:30&	00:37&	00:14#	08:57@	09:37@	00:18#	00:02-	06:00&	01:22&	00:16#	00:20#	00:33&	00:35#	00:32&	00:07-	00:00=	00:23#	00:30&	01:15&	00:45&	00:05&
26	Pette	er Tøn	nmera	as		1	08					1	:22:13	3							
02:25-	04:13+	07:56+	09:09+	17:04+	25:21+	27:20+	28:34+	49:00+	55:06+	56:43+	58:41+	60:58+	69:38+	71:10+	71:49+	72:46+	76:05+	78:14+	80:14+	81:56+	82:13+
02:25- 00:07-	01:48+ 00:30&	03:43+ 02:08@	01:13- 00:04-	07:55+ 03:32&	08:17+ 04:36@	01:59- 00:04-	01:14- 00:08-	20:26+ 13:48@				02:17+ 00:42&	08:40+ 06:02@	01:32+ 00:13#	00:39+ 00:02+	00.57.	03:19+ 00:45&	02:09+ 00:24#	02:00+ 00:33&	01:42- 00:08-	00:17+ 00:07&
Beste	strekk	ctid for	klass	en																	
01:30	01:17	00:57	00:55	01:15	02:31	01:32	01:02	01:22	03:18	01:00	01:06	01:25	02:13	01:09	00:30	00:41	00:53	01:21	01:22	01:23	00:09

Herrer 50 - 54 år

1	Tor 9	Sverre	Skåra	a		2	66					3	39:57									
01:01=					13:24=	_		20:08=	21:44=	22:32=	23:54=	-		27:37=	29:08=	32:01=	33:28=	35:08=	35:59=	38:42=	39:48=	39:57=
					02:41=																	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Mag	nar Mg	øller			6:	2					4	12:58									
01:06+	_			11:41+	14:50+	16:15+	18:02-	19:50-	22:03+	22:47+	24:12+	25:43+	27:41+	28:13+	29:52+	33:38+	36:35+	37:55+	38:44+	41:19+	42:37+	42:58+
01:06+	00:52+	02:42-	01:28+	05:33+	03:09+	01:25-	01:47-	01:48-	02:13+	00:44-	01:25+	01:31+	01:58+	00:32-	01:39+	03:46+	02:57+	01:20-	00:49-	02:35-	01:18+	00:21+
00:05+	00:03+	00:13-	00:19&	00:44#	00:28#	00:29-	01:01-	00:14-	00:37&	00:04-	00:03+	00:17#	00:04+	00:03-	00:08+	00:53&	01:30@	00:20-	00:02-	00:08-	00:12#	00:12@
3	Øivi	nd Bei	rggraf			11	16					4	13:42									
01:04+	02:03+	04:39-	05:57+	12:06+	14:34+	16:15+	18:49+	20:48+	22:28+	23:33+	25:00+	26:19+	29:03+	29:37+	31:12+	34:45+	36:15+	37:47+	38:45+	42:25+	43:31+	43:42+
01:04+	00:59+	02:36-	01:18+	06:09+	02:28-	01:41-	02:34-	01:59-	01:40+	01:05+	01:27+	01:19+	02:44+	00:34-	01:35+	03:33+	01:30+	01:32-	00:58+	03:40+	01:06=	00:11+
00:03+	00:10#	00:19-	00:09#	01:20&	00:13-	00:13-	00:14-	00:03-	00:04+	00:17&	00:05+	00:05+	00:50&	00:01-	00:04+	00:40#	00:03+	00:08-	00:07#	00:57&	00:00=	00:02#
4	, -	Selan				_	36						43:58									
					15:23+														39:49+	42:37+	43:50+	43:58+
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12	Håva	ard Hå	land			6	6					5	59:25									
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01:12+	00:59+	02:47-	01:10+	07:07+	04:43+	02:06+	02:18-	01:53-	03:27+	00:49+	01:25+	01:17+	01:37-	00:33-	01:36+	03:31+	14:24+	01:39-	00:51=	02:32-	01:17+	00:12+
00:11#	00:10#	00:08-	00:01+	02:18&	02:02&	00:12#	00:30-	00:09-	01:51@	00:01+	00:03+	00:03+	00:17-	00:02-	00:05+	00:38#	12:57@	00:01-	00:00=	00:11-	00:11#	00:03&
13	Hara	ld Sys	se			9	3					5	59:54									
01:51+				13:29+	25:02+	28:27+	32:02+	35:08+	37:32+	38:19+	39:39+	41:15+	44:22+	44:58+	47:00+	50:26+	52:01+	54:15+	55:06+	58:32+	59:41+	59:54+
01:51+	01:12+	02:44-	01:13+	06:29+	11:33+	03:25+	03:35+	03:06+	02:24+	00:47-	01:20-	01:36+	03:07+	00:36+	02:02+	03:26+	01:35+	02:14+	00:51=	03:26+	01:09+	00:13+
00:50&	00:23&	00:11-	00:04+	01:40&	08:52@	01:31&	00:47&	01:04&	00:48&	00:01-	00:02-	00:22&	01:13&	00:01+	00:31&	00:33#	+80:00	00:34&	00:00=	00:43&	00:03+	00:04&
14	Sigb	jørn G	Sloppe	n		1	44					1	1:07:01	1								
01:36+					23:40+	26:20+	31:55+	35:49+	41:03+	42:44+	44:37+	46:04+	48:13+	48:52+	50:48+	57:08+	59:27+	61:15+	62:02+	65:30+	66:48+	67:01+
01:36+		03:39+					05:35+												00:47-		01:18+	00:13+
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15	Geir	Rune	Selda	l		1	92					1	1:07:09	9								
01:15+			06:20+				29:57+													65:39+	66:58+	67:09+
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00:14#	00:29&	00:33-	00:16#	02:39&	00:49&		02:38&	00:04+	03:07@	00:05#	00:47&	00:14#	01:14&	00:04#	00:25&	00:16+	00:37&	00:06+	07:52@	00:15+	00:13#	00:02#
16	Steir	าar To	rjusen			1	67					1	1:37:20)								
01:08+	01:59+	04:37-	06:07+	18:42+	22:47+	25:05+	28:52+	39:24+	61:02+	73:54+	75:48+	77:13+	80:16+	80:53+	82:25+	87:06+	89:01+	91:31+	92:21+	95:14+	97:05+	97:20+
01:08+	00:51+	02:38-	01:30+	12:35+	04:05+	02:18+	03:47+	10:32+	21:38+	12:52+	01:54+	01:25+	03:03+	00:37+	01:32+	04:41+	01:55+	02:30+	00:50-	02:53+	01:51+	00:15+
					01:24&	00:24#	00:59&	08:30@	20:02@	12:04@	00:32&	00:11#	01:09&	00:02+	00:01+	01:48&	00:28&	00:50&	00:01-	00:10+	00:45&	00:06&
Beste	strekk	tid fo	r klass	en																		
01:00	00:49	01:59	01:07	04:49	02:28	01:11	01:47	01:41	01:31	00:36	01:20	01:14	01:30	00:31	01:25	02:35	01:05	01:20	00:32	02:30	00:51	00:08
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Herrer 55 - 59 år

1	Per l	lngar H	Hadlan	ıd		7						3	37:47									
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00:54=	00:59=	02:19=	01:17=	05:06=	03:00=	01:10=	01:55=	02:19=	01:27=	00:44=	01:23=	01:21=	01:43=	00:32=	01:30=	03:00=	01:21=	01:23=	00:44=	02:26=	01:06=	00:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Espe	en Kro	gh			7						4	10:50									
00:50-	01:48-	03:31-	04:38-	09:32-	12:34-	14:19-	18:20+	21:05+	22:57+	23:36+	24:48+	26:11+	27:45+	28:17+	29:40+	32:24+	33:51+	35:52+	36:54+	39:34+	40:40+	40:50+
00:50-	00:58-	01:43-	01:07-	04:54-	03:02+	01:45+	04:01+	02:45+	01:52+	00:39-	01:12-	01:23+	01:34-	00:32=	01:23-	02:44-	01:27+	02:01+	01:02+	02:40+	01:06=	00:10+
00:04-	00:01-	00:36-	00:10-	00:12-	00:02+	00:35&	02:06@	00:26#	00:25&	00:05-	00:11-	00:02+	00:09-	00:00=	00:07-	00:16-	00:06+	00:38&	00:18&	00:14+	00:00=	00:02#
3	Arne	Magr	ne Son	drese	n	9:	2					4	11:22									
01:00+					15:30+	16:54+	19:45+	21:09+	22:40+	23:41+	25:53+	27:11+	28:56+	29:26+	30:51+	33:13+	34:35+	35:44+	36:50+	39:19+	41:11+	41:22+
01:00+	00:53-	02:04-	01:24+	07:13+	02:56-	01:24+	02:51+	01:24-	01:31+	01:01+	02:12+	01:18-	01:45+	00:30-	01:25-	02:22-	01:22+	01:09-	01:06+	02:29+	01:52+	00:11+
00:06#	00:06-	00:15-	00:07+	02:07&	00:04-	00:14#	00:56&	00:55-	00:04+	00:17&	00:49&	00:03-	00:02+	00:02-	00:05-	00:38-	00:01+	00:14-	00:22&	00:03+	00:46&	00:03&
4	Kiell	Skjæ	veland	I		10	80					4	45:15									
00:57+					16:19+			23:04+	24:49+	25:40+	27:00+	28:32+	30:17+	30:51+	32:24+	36:37+	38:13+	39:54+	40:34+	43:34+	45:04+	45:15+
00:57+	01:02+	02:31+	01:16-	06:47+	03:46+	02:06+	02:29+	02:10-	01:45+	00:51+	01:20-	01:32+	01:45+	00:34+	01:33+	04:13+	01:36+	01:41+	00:40-	03:00+	01:30+	00:11+
00:03+	00:03+	00:12+	00:01-	01:41&	00:46&	00:56&	00:34&	00:09-	00:18#	00:07#	00:03-	00:11#	00:02+	00:02+	00:03+	01:13&	00:15#	00:18#	00:04-	00:34#	00:24&	00:03&
5	Mort	en Jo	hanne	ssen		7						4	17:20									
00:57+	01:45-	05:21+	06:32+	11:41+	17:19+	18:57+	21:20+	25:37+	28:13+	29:03+	31:29+	33:13+	34:44+	35:18+	36:44+	39:41+	41:08+	42:32+	43:16+	46:04+	47:09+	47:20+
00:57+	00:48-	03:36+	01:11-	05:09+	05:38+	01:38+	02:23+	04:17+	02:36+	00:50+	02:26+	01:44+	01:31-	00:34+	01:26-	02:57-	01:27+	01:24+	00:44=	02:48+	01:05-	00:11+
00:03+	00:11-	01:17&	00:06-	00:03+	02:38&	00:28&	00:28#	01:58&	01:09&	00:06#	01:03&	00:23&	00:12-	00:02+	00:04-	00:03-	00:06+	00:01+	00:00=	00:22#	00:01-	00:03&
6	Ivar	Bergs	et			3	5					4	17:48									
01:20+		04:40+		12:50+	15:49+	17:12+	20:53+	22:56+	24:51+	25:42+	27:43+	29:21+	31:20+	32:01+	33:51+	37:50+	39:54+	42:30+	43:26+	46:37+	47:34+	47:48+
01:20+	01:01+	02:19=	01:26+	06:44+	02:59-	01:23+	03:41+	02:03-	01:55+	00:51+	02:01+	01:38+	01:59+	00:41+	01:50+	03:59+	02:04+	02:36+	00:56+	03:11+	00:57-	00:14+
00:26&	00:02+	00:00=	00:09#	01:38&	00:01-	00:13#	01:46&	00:16-	00:28&	00:07#	00:38&	00:17#	00:16#	00:09&	00:20#	00:59&	00:43&	01:13&	00:12&	00:45&	00:09-	00:06&
7	Kiell	Lervi	k			2:	39					4	18:56									
01:24+	, .	06:14+		14:41+	17:52+	_		23:24+	26:55+	27:35+	29:15+		32:43+	33:21+	35:30+	39:05+	41:33+	43:09+	44:06+	47:01+	48:42+	48:56+
01:24+	02:04+	02:46+	01:30+	06:57+	03:11+	01:48+	02:05+	01:39-	03:31+	00:40-	01:40+	01:27+	02:01+	00:38+	02:09+	03:35+	02:28+	01:36+	00:57+	02:55+	01:41+	00:14+
00:30&	01:05@	00:27#	00:13#	01:51&	00:11+	00:38&	00:10+	00:40-	02:04@	00:04-	00:17#	00:06+	00:18#	00:06#	00:39&	00:35#	01:07&	00:13#	00:13&	00:29#	00:35&	00:06&

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8	Ole Pette	r Hauka	as		1	09					4	19:13									
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	00:04- 00:18																				
9	Ernst Kris					16						19:37									,
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10	Svein Siv		01.33&	00.03+		15	00.20-	00.40%	00.11#	00.234	-	53:44	00.124	00.410	00.27#	00.348	00.33&	00.00-	01.140	00.42&	00.04
	03:11+ 06:06		14:31+	18:00+		-	27:54+	30:08+	31:18+	33:10+		-	37:40+	39:36+	43:37+	45:22+	47:12+	48:03+	52:19+	53:31+	53:44+
	01:27+ 02:55																				
	00:28& 00:36			00:29#	_	_	00:03+	00:47&	00:26&	00:29&	_		00:09&	00:26&	01:01&	00:24&	00:27&	00:07#	01:50&	00:06+	00:05&
11	Kjetil Her			17.40+	10:21+		26.50+	20.52+	20.55+	21.25+		35:17	25.50+	27.11+	45.26+	47·01±	10.10+	40·30±	52·20±	52·40±	52·52±
	00:59= 02:47																				
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12	Kjell R. N				7						-	54:57									
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14	Tor Inge			01.110	5	03.20@	00.13-	00.29&	00.240	00.11#	_	56:15	00.03#	00.23&	04.30@	00.14#	00.19#	00.03+	00.43@	00.00-	00.00%
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15 01:23+	Bjørn H. I 02:24+ 04:48			18:36+	21:59+	-	30:21+	32:33+	33:26+	34:55+	-	5 7:57	38:51+	40:35+	45:00+	49:09+	52:11+	53:30+	56:38+	57:43+	57:57+
	01:01+ 02:24																				
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17	Olav Tun	heim			9	3					1	1:07:59	9								
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	03:11+ 07:16			23:53+	_	-	34:21+	36:56+	37:55+	45:14+			-	52:17+	57:12+	59:56+	62:14+	63:18+	67:04+	68:27+	68:38+
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	00:37& 01:46			00:58&			00:31#	01:08%	00:15&	05:56@		. .	_	00:38&	01:55&	01:23@	00:55&	00:20&	01:20&	00:17&	00:03&
19	Sverre Ma 03:16+ 06:38			25:50+	_	16	33:27+	36:18+	38:37+	40:50+		1:15:34	-	48:27+	60:48+	67:00+	69:06+	70:07+	73:49+	75:19+	75:34+
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	strekktid fo			04.07@	14.30@	02.07@	01.028	00.20@	00.0/#	00.13#	00.02-	00.230	00.17%	0.1.40@	03.20@	00.2/&	00.410	00.00#	01.00%	00.20%	00.03&
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1	Lars	Stand	eland			90	3					3	5:02							
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2	Bjør	n Alsa	ker			11	15					3	37:13							
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00:03-		01:13&		00:24-	00:02+		_	00:00=	00:07+	00:06-	00:02-	_		00:01-	01:56-	00:11-	00:05+	00:10%	00:02-	
3		ne Gin				88	-		04.45	04.50		-	9:44			20.00				
		08:32+																		
		05:48+ 01:16&																		
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		07:49+																		
00:06-	00:17-	03:17&	00:00=	00:38-	03:55@	00:39&	00:28&	00:31&	00:03+	00:01-	00:09#	00:01+	+80:00	00:01+	01:54-	00:06-	00:03-	00:11&	00:01-	
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6		Geir E			10.16	-	15	04-10-	06.00	06.55	05.56		15:24	22.40	40.00	40.01.	44.26	45.12.	45.04	
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7		nd L. R	_			92	_						5:41							
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01:33+ 00:15# 12 01:16-	03:09+ 01:36+ 00:02+ Tore 02:50-	10:09+ 07:00+ 02:28& Prest 08:43+	13:55+ 03:46+ 01:11& VOId 11:44+	01:54+ 00:02+ 15:39+	02:39+ 00:25# 18:36+	20:44+ 02:16+ 00:20# 2 21:10+	23:13+ 02:29+ 00:51& 12 24:01+	02:16+ 00:50& 25:54+	02:17+ 00:21# 28:27+	00:51+ 00:18& 29:06+	01:16+ 00:28& 30:11+	31:45+ 01:52+ 00:45& 36:11+	34:02+ 02:17+ 00:37& 18:34 38:44+	03:49+ 02:34@ 40:28+	02:39- 01:27- 43:12+	03:32+ 01:40& 45:41+	02:47+ 00:52& 47:47+	00:55+ 00:22& 48:23+	00:16+ 00:04& 48:34+	
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01:33+ 00:15# 12 01:16- 01:16- 00:02-	03:09+ 01:36+ 00:02+ Tore 02:50- 01:34= 00:00=	10:09+ 07:00+ 02:28& Prest 08:43+ 05:53+ 01:21&	13:55+ 03:46+ 01:11& VOId 11:44+ 03:01+ 00:26#	01:54+ 00:02+ 15:39+ 03:55+	02:39+ 00:25# 18:36+ 02:57+	20:44+ 02:16+ 00:20# 2 21:10+ 02:34+ 00:38&	23:13+ 02:29+ 00:51& 12 24:01+ 02:51+ 01:13&	02:16+ 00:50& 25:54+ 01:53+	02:17+ 00:21# 28:27+ 02:33+	00:51+ 00:18& 29:06+ 00:39+	01:16+ 00:28& 30:11+ 01:05+	31:45+ 01:52+ 00:45& 36:11+ 06:00+ 04:53@	34:02+ 02:17+ 00:37& 18:34 38:44+ 02:33+ 00:53&	03:49+ 02:34@ 40:28+ 01:44+	02:39- 01:27- 43:12+ 02:44-	03:32+ 01:40& 45:41+ 02:29+	02:47+ 00:52& 47:47+ 02:06+	00:55+ 00:22& 48:23+ 00:36+	00:16+ 00:04& 48:34+ 00:11-	
01:33+ 00:15# 12 01:16- 01:16- 00:02- 13	03:09+ 01:36+ 00:02+ Tore 02:50- 01:34= 00:00= Gun	10:09+ 07:00+ 02:28& Prest 08:43+ 05:53+ 01:21& nar Sa	13:55+ 03:46+ 01:11& vold 11:44+ 03:01+ 00:26#	01:54+ 00:02+ 15:39+ 03:55+ 02:03@	02:39+ 00:25# 18:36+ 02:57+ 00:43&	20:44+ 02:16+ 00:20# 2 21:10+ 02:34+ 00:38&	23:13+ 02:29+ 00:51& 12 24:01+ 02:51+ 01:13&	02:16+ 00:50& 25:54+ 01:53+ 00:27&	02:17+ 00:21# 28:27+ 02:33+ 00:37&	00:51+ 00:18& 29:06+ 00:39+ 00:06#	01:16+ 00:28& 30:11+ 01:05+ 00:17&	31:45+ 01:52+ 00:45& 36:11+ 06:00+ 04:53@	34:02+ 02:17+ 00:37& 18:34 38:44+ 02:33+ 00:53& 19:15	03:49+ 02:34@ 40:28+ 01:44+ 00:29&	02:39- 01:27- 43:12+ 02:44- 01:22-	03:32+ 01:40& 45:41+ 02:29+ 00:37&	02:47+ 00:52& 47:47+ 02:06+ 00:11+	00:55+ 00:22& 48:23+ 00:36+ 00:03+	00:16+ 00:04& 48:34+ 00:11- 00:01-	
01:33+ 00:15# 12 01:16- 01:02- 13 01:37+	03:09+ 01:36+ 00:02+ Tore 02:50- 01:34= 00:00= Gun 02:48-	10:09+ 07:00+ 02:28& Prest 08:43+ 05:53+ 01:21&	13:55+ 03:46+ 01:11& Vold 11:44+ 03:01+ 00:26# !kseid 15:28+	01:54+ 00:02+ 15:39+ 03:55+ 02:03@	02:39+ 00:25# 18:36+ 02:57+ 00:43& 19:20+	20:44+ 02:16+ 00:20# 21:10+ 02:34+ 00:38& 1:21:27+	23:13+ 02:29+ 00:51& 12 24:01+ 02:51+ 01:13& 16 23:25+	02:16+ 00:50& 25:54+ 01:53+ 00:27& 24:59+	02:17+ 00:21# 28:27+ 02:33+ 00:37& 26:36+	00:51+ 00:18& 29:06+ 00:39+ 00:06#	01:16+ 00:28& 30:11+ 01:05+ 00:17& 28:12+	31:45+ 01:52+ 00:45& 36:11+ 06:00+ 04:53@	34:02+ 02:17+ 00:37& 18:34 38:44+ 02:33+ 00:53& 19:15 39:15+	03:49+ 02:34@ 40:28+ 01:44+ 00:29& 40:49+	02:39- 01:27- 43:12+ 02:44- 01:22- 43:15+	03:32+ 01:40& 45:41+ 02:29+ 00:37& 45:49+	02:47+ 00:52& 47:47+ 02:06+ 00:11+	00:55+ 00:22& 48:23+ 00:36+ 00:03+	00:16+ 00:04& 48:34+ 00:11- 00:01-	
01:33+ 00:15# 12 01:16- 00:02- 13 01:37+ 01:37+	03:09+ 01:36+ 00:02+ Tore 02:50- 01:34= 00:00= Gun 02:48- 01:11-	10:09+ 07:00+ 02:28& Prest 08:43+ 05:53+ 01:21& nar Sa 10:46+	13:55+ 03:46+ 01:11& Vold 11:44+ 03:01+ 00:26# !kseid 15:28+ 04:42+	01:54+ 00:02+ 15:39+ 03:55+ 02:03@ 17:23+ 01:55+	02:39+ 00:25# 18:36+ 02:57+ 00:43& 19:20+ 01:57-	20:44+ 02:16+ 00:20# 21:10+ 02:34+ 00:38& 1:21:27+ 02:07+	23:13+ 02:29+ 00:51& 12 24:01+ 02:51+ 01:13& 16 23:25+ 01:58+	02:16+ 00:50& 25:54+ 01:53+ 00:27& 24:59+ 01:34+	02:17+ 00:21# 28:27+ 02:33+ 00:37& 26:36+ 01:37-	00:51+ 00:18& 29:06+ 00:39+ 00:06# 27:12+ 00:36+	01:16+ 00:28& 30:11+ 01:05+ 00:17& 28:12+ 01:00+	31:45+ 01:52+ 00:45& 36:11+ 06:00+ 04:53@ 35:59+ 07:47+	34:02+ 02:17+ 00:37& 18:34 38:44+ 02:33+ 00:53& 19:15 39:15+ 03:16+	03:49+ 02:34@ 40:28+ 01:44+ 00:29& 40:49+ 01:34+	02:39- 01:27- 43:12+ 02:44- 01:22- 43:15+ 02:26-	03:32+ 01:40& 45:41+ 02:29+ 00:37& 45:49+ 02:34+	02:47+ 00:52& 47:47+ 02:06+ 00:11+ 48:21+ 02:32+	00:55+ 00:22& 48:23+ 00:36+ 00:03+ 49:04+ 00:43+	00:16+ 00:04& 48:34+ 00:11- 00:01- 49:15+ 00:11-	
01:33+ 00:15# 12 01:16- 00:02- 13 01:37+ 01:37+	03:09+ 01:36+ 00:02+ Tore 02:50- 01:34= 00:00= Gun 02:48- 01:11- 00:23-	10:09+ 07:00+ 02:28& Prest 08:43+ 05:53+ 01:21& nar Sa 10:46+ 07:58+	13:55+ 03:46+ 01:11& Vold 11:44+ 03:01+ 00:26# !kseid 15:28+ 04:42+ 02:07&	01:54+ 00:02+ 15:39+ 03:55+ 02:03@ 17:23+ 01:55+	02:39+ 00:25# 18:36+ 02:57+ 00:43& 19:20+ 01:57-	20:44+ 02:16+ 00:20# 21:10+ 02:34+ 00:38& 1:21:27+ 02:07+	23:13+ 02:29+ 00:51& 12 24:01+ 02:51+ 01:13& 16 23:25+ 01:58+ 00:20#	02:16+ 00:50& 25:54+ 01:53+ 00:27& 24:59+ 01:34+	02:17+ 00:21# 28:27+ 02:33+ 00:37& 26:36+ 01:37-	00:51+ 00:18& 29:06+ 00:39+ 00:06# 27:12+ 00:36+	01:16+ 00:28& 30:11+ 01:05+ 00:17& 28:12+ 01:00+	31:45+ 01:52+ 00:45& 36:11+ 06:00+ 04:53@ 35:59+ 07:47+ 06:40@	34:02+ 02:17+ 00:37& 18:34 38:44+ 02:33+ 00:53& 19:15 39:15+ 03:16+	03:49+ 02:34@ 40:28+ 01:44+ 00:29& 40:49+ 01:34+	02:39- 01:27- 43:12+ 02:44- 01:22- 43:15+ 02:26-	03:32+ 01:40& 45:41+ 02:29+ 00:37& 45:49+ 02:34+	02:47+ 00:52& 47:47+ 02:06+ 00:11+ 48:21+ 02:32+	00:55+ 00:22& 48:23+ 00:36+ 00:03+ 49:04+ 00:43+	00:16+ 00:04& 48:34+ 00:11- 00:01- 49:15+ 00:11-	
01:33+ 00:15# 12 01:16- 01:26- 01:37+ 01:37+ 01:37+ 01:50+	03:09+ 01:36+ 00:02+ Tore 02:50- 01:34= 00:00= Gun 02:48- 01:11- 00:23- Bjør 03:27+	10:09+ 07:00+ 02:28& Prest 08:43+ 05:53+ 01:21& nar Sa 10:46+ 07:58+ 03:26& rn Bjell 12:07+	13:55+ 03:46+ 01:11& VOID 11:44+ 03:01+ 00:26# !kseid 15:28+ 04:42+ 02:07& and 18:42+	01:54+ 00:02+ 15:39+ 03:55+ 02:03@ 17:23+ 01:55+ 00:03+	02:39+ 00:25# 18:36+ 02:57+ 00:43& 19:20+ 01:57- 00:17-	20:44+ 02:16+ 00:20# 2' 21:10+ 02:34+ 00:38& 1' 21:27+ 02:07+ 00:11+ 85	23:13+ 02:29+ 00:51& 12 24:01+ 02:51+ 01:13& 16 23:25+ 01:58+ 00:20# 3	02:16+ 00:50& 25:54+ 01:53+ 00:27& 24:59+ 01:34+ 00:08+ 33:30+	02:17+ 00:21# 28:27+ 02:33+ 00:37& 26:36+ 01:37- 00:19-	00:51+ 00:18& 29:06+ 00:39+ 00:06# 27:12+ 00:36+ 00:03+	01:16+ 00:28& 30:11+ 01:05+ 00:17& 28:12+ 01:00+ 00:12#	31:45+ 01:52+ 00:45& 36:11+ 06:00+ 04:53@ 35:59+ 07:47+ 06:40@	34:02+ 02:17+ 00:37& 18:34 38:44+ 02:33+ 00:53& 19:15 03:16+ 01:36& 52:24 41:02+	03:49+ 02:34@ 40:28+ 01:44+ 00:29& 40:49+ 01:34+ 00:19& 42:47+	02:39- 01:27- 43:12+ 02:44- 01:22- 43:15+ 02:26- 01:40-	03:32+ 01:40& 45:41+ 02:29+ 00:37& 45:49+ 02:34+ 00:42& 48:14+	02:47+ 00:52& 47:47+ 02:06+ 00:11+ 48:21+ 02:32+ 00:37& 51:31+	00:55+ 00:22& 48:23+ 00:36+ 00:03+ 49:04+ 00:43+ 00:10& 52:11+	00:16+ 00:04& 48:34+ 00:11- 00:01- 49:15+ 00:11- 00:01- 52:24+	
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Plass	Navn			K	lasse					7	Γid							
15	Tor Harald I	Lunde		47	7						54:42							
	03:41+ 11:34+																	
	01:22- 07:53+ 0 00:12- 03:21&																	
16	Bjørn Sivert		03.000	99	_	00.200	01.100	00.034	00.214	_	56:28	00.134	01.02	00.334	01.100	00.114	00.01	
	03:54+ 15:03+		27:25+		-	33:55+	35:46+	36:23+	37:30+			43:17+	50:43+	53:00+	55:36+	56:15+	56:28+	
02:30+	01:24- 11:09+	03:51+ 05:43+	02:48+	02:03+	02:26+	02:01+	01:51-	00:37+	01:07+	01:24+	02:22+	02:01+	07:26+	02:17+	02:36+	00:39+	00:13+	
	00:10- 06:37@		00:34&		_	00:35&	00:05-	00:04#	00:19&	_		00:46&	03:20&	00:25#	00:41&	00:06#	00:01+	
17	Terje Lange			98	-					-	58:32							
	04:16+ 11:24+ 1 02:22+ 07:08+																	
	00:48& 02:36&																	
18	Arne M. Har	ndeland		92	2						58:58							
	04:05+ 12:33+																	
	01:37+ 08:28+																	
	00:03+ 03:56&	06.52@ 02.53@	01.10%	_	03.59@	00.18#	00.06+	00.04#	00.02+			_	01.13-	00.39&	00.33&	00.11%	00.01-	
19	Agnar Lien	10.04+ 24.21+	26.54+	79:03+	22.10+	24.10+	36.36+	27.21⊥	20.22+		1:02:31	-	55.50+	50·20±	61.20+	62:17+	62.21+	
	02:18+ 08:40+																	
00:05+	00:44& 04:08&	03:08@ 04:35@	00:09+	00:13#	01:37&	00:35&	00:21#	00:12&	00:24&	00:57&	06:42@	00:37&	01:02&	00:47&	00:56&	00:15&	00:02#	
20	Magne Tuni	heim		14	44					•	1:03:22	2						
	08:21+ 13:31+																	
	01:48+ 05:10+ 00:14# 00:38#																	
21	Terie Stokk		00.170	69	_	00.131	02.050	00.03	00.01		1:03:23		00.15	00.314	00.100	00.134	00.01	
	02:39- 13:02+		25:37+		-	32:30+	34:52+	35:24+	36:15+			-	56:54+	58:56+	62:30+	63:11+	63:23+	
	01:18- 10:23+																	
	00:16- 05:51@ (02:32@			00:20#	00:26#	00:01-	00:03+			_	04:45@	00:10+	01:39&	00:08#	00:00=	
22	Rolf Kleppe		21.42.	63	-	40.10.	40.21.	42.10.	44.26		1:05:05		F7.F2.	60.47	C4.11.	64.52.	CE.OF.	
	01:44+ 07:19+																	
	00:10# 02:47&																	
23	Svein Ims			65	5						1:10:21							
	04:15+ 11:21+																	
	01:45+ 07:06+ 00:11# 02:34&																	
24	Inge Johan	.	00.134	9:	_	01.004	00.11.	00.05#	00.11#		1:12:10		00.30	01.034	01.104	00.00#	00.00-	
	03:48+ 09:59+		41:07+		-	46:58+	49:34+	50:11+	51:07+			•	61:06+	63:20+	66:30+	70:06+	71:55+	72:10+
	01:43+ 06:11+																	
	00:09+ 01:39&		05:40@	_	00:36&	00:17#	00:40&	00:04#	00:08#				00:17-	00:22#	01:15&	03:03@	01:37@	00:15+
25	Rolf Øysteir			7							1:14:26	-						
	03:33+ 11:48+ 1 01:58+ 08:15+ 1																	
	00:24& 03:43&																	
26	Egil Røynek	pera		93	3						1:16:30)						
04:25+	06:18+ 25:07+		35:44+	38:45+	41:48+	44:17+	47:46+	48:34+	49:50+				68:46+	71:51+	75:15+	76:15+	76:30+	
	01:53+ 18:49+ 00:19# 14:17@																	
27	Tore R. Tve	_	01.10%	9(_	01.03&	01.33%	00.13%	00.20%		1:17:39		00.42@	01.13%	01.290	00.27&	00.03#	
	06:02+ 13:19+		35:26+		-	48:32+	51:21+	52:15+	53:34+			-	69:23+	72:53+	75:54+	77:12+	77:39+	
04:23+	01:39+ 07:17+	02:40+ 01:12-	18:15+	02:06+	02:51+	08:09+	02:49+	00:54+	01:19+	01:53+	05:42+	04:46+	03:28-	03:30+	03:01+	01:18+	00:27+	
	00:05+ 02:45&		16:01@	00:10+	01:13&	06:43@	00:53&	00:21&	00:31&	00:46&	04:02@	03:31@	00:38-	01:38&	01:06&	00:45@	00:15@	
	strekktid for		04		0.5	0.5	0.5	0.5	0.5	0		0.5	0.5	0.5	0.5 =	0.5	0.5	
	01:02 04:32								00:34	01:01	01:22	01:14	02:05	01:41	01:52	00:33	00:09	
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Herrer 65 - 69 år

Plass	Navr	1				K	lasse					1	Γid						
1	Asae	eir Bel	ı			1	17					3	35:04						
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																		00:31= 00:00=	
2		Svihu				_	54					_	38:10						
																		37:55+	
																		00:40+ 00:09&	
3		v Breil		00.2011	02.13	6	_	00.131	00.111	00.001	00.031	_	38:48	00.234	01.214	00.03.	00.31	00.034	00.010
01:19+				15:42+	17:50+	-	-	22:07+	23:39+	24:11+	24:58+			29:29+	34:16+	36:12+	38:02+	38:36+	38:48+
																		00:34+ 00:03+	
4	_	ıvald l			02.02	_	28	00.071	001011	00.03#	00.00-		10:25	00.234	02.116	00.10#	00.20	00.031	00.01
-					17:35+	-		22:58+	24:47+	25:24+	26:19+			32:47+	35:34+	37:34+	39:23+	40:14+	40:25+
																		00:51+	
5 5				00.03+	01.5/-	8	_	00.10#	00.21#	00.08&	00.08#		10:54	00.24&	00.41&	00.22#	00.29-	00:20&	00.00=
01:20+		Inge L		14:06+	17:00+	-	-	23:18+	25:20+	25:58+	27:07+			32:44+	35:00+	37:24+	39:53+	40:40+	40:54+
01:20+																		00:47+	
00:25&	_	ein Tu			01:16-	_	16	00:35&	00:34&	00:09&	00:22&		11:28	00:34&	00:10+	00:46&	00:11+	00:16&	00:03&
01:42+			_		18:44+	-		24:03+	25:50+	26:24+	27:20+			33:54+	36:41+	38:39+	40:29+	41:17+	41:28+
01:42+	01:19+	06:43+	04:49+	01:56+	02:15-	01:42+	02:06+	01:31+	01:47+	00:34+	00:56+	01:18+	03:27+	01:49+	02:47+	01:58+	01:50-	00:48+	00:11=
_			_	00:26&	01:55-	_		00:14#	00:19#	00:05#	00:09#			00:28&	00:41&	00:20#	00:28-	00:17&	00:00=
7		A. Pa		14:51+	19:43+	_	17 25:20+	26:48+	28:43+	29:20+	30:13+		16:21	38:09+	40:45+	43:18+	45:33+	46:12+	46:21+
01:23+	01:26+	07:22+	03:04-	01:36+	04:52+	03:27+	02:10+	01:28+	01:55+	00:37+	00:53+	01:35+	04:52+	01:29+	02:36+	02:33+	02:15-	00:39+	00:09-
00:28&					00:42#	_	00:25#	00:11#	00:27&	380:00	00:06#			+80:00	00:30#	00:55&	00:03-	380:00	00:02-
8		Martho			20.15.	5	24.10.	26.12.	20.14.	20.51.	20.46		19:15	26.11.	41.47.	44.51.	40.10.	48:58+	40.15.
																		00:48+	
00:22&	00:31&	00:46#	00:38-	04:22@	01:51-	00:24&	00:24#	00:37&	00:34&	480:00	00:08#	01:51@	00:04-	00:17#	03:30@	01:26&	01:01&	00:17&	00:06&
9		Gunde				-	00					-	52:22						
																		52:12+ 00:52+	
01:59@	00:32&	00:52#	00:44#	02:39@	02:09&	00:44&	01:03&	00:28&	00:17#	00:23&	00:07#			00:14#	03:40@	00:29&	00:17-	00:21&	00:01-
10	_	ne Frø	-			4	-						52:56						
																		52:37+ 01:16+	
								02:36@								00:47&		00:45@	
11	•	Ingar				5	-						52:57						
																		52:45+ 00:49+	
																		00:18&	
12		r Gjes				-	09					-	53:21						
																		53:05+	
								02:24+ 01:07&										00:51+ 00:20&	
13	Svei	n Ove	Horpe	estad		6	2					5	54:38						
																		54:24+	
																		00:47+ 00:16&	
14		Gaut		· · · · · ·		7					_		6:55						
	03:49+	11:30+	16:57+															56:42+	
																		00:42+ 00:11&	
15		Gunna			J2.420	4	_	30.40%	00.440	00.13	30.13%	_	57:31	01.110	JU-J/&	00.430	JU-00+	00.11%	00.02#
	02:40+	08:54+	16:05+	17:34+		22:48+	25:44+					40:16+	41:52+					57:21+	
																		01:01+ 00:30&	
00.13%	00.25&	00.45#	03.33&	00.01-	01.20-	00.548	01.11%	00.30&	00.30&	00.08%	01.42@	00.25@	00.11-	00.00=	00.33@	01.03%	00.29#	00.30&	00.01-

Plass	Nav	n				K	lasse					Т	id							
16	Kiel	l Ivar S	Skjøres	stad		9:	2					5	7:38							
	05:13+	13:35+	17:30+	20:58+														57:22+		
03:29+			03:55+ 00:17+															00:58+	00:16+	
17		rre Vat		01.30@	00.03-	9:		01.010	01.000	00.134	00.314		8:15	00.240	03.23@	00.32&	01.310	00.27&	00.03&	
• •			14:09+	16:48+	21:43+	-	-	29:19+	32:12+	32:45+	33:53+	-		40:12+	51:26+	54:48+	57:25+	58:02+	58:15+	
01:55+			04:13+															00:37+	00:13+	
01:00@	00:31&	01:00#	00:35#	01:09&	00:45#	01:19&	01:12&	00:33&	01:25&	00:04#	00:21&	00:19&	00:26#	01:13&	09:08@	01:44@	00:19#	00:06#	00:02#	
18	Terj	e Hella	and			8	8					5	8:19							
			13:37+																58:19+	
02:19+			03:34- 00:04-																00:15+	
19		Aukle		00.0311	01.10		06	00.224	00.334	00.001	00.0511		58:38	00.00	01.134	01.014	00.334	01.020	00.014	
			14:40+	16:28+	19:19+	_		28:03+	30:10+	30:52+	32:02+	-		41:57+	46:55+	51:49+	54:34+	57:12+	58:21+	58:38+
			04:15+															02:38+	01:09+	
00:44&	00:40&	01:36&	00:37#	00:18#	01:19-	01:54@	01:38&	00:40&	00:39&	00:13&	00:23&	00:33&	01:41&	03:20@	02:52@	03:16@	00:27#	02:07@	00:58@	00:17+
20	Arne	e Øste	nsen			9	0					5	8:41							
			12:19+														57:50+	58:28+	58:41+	
			05:04+ 01:26&															00:38+	00:13+	
21			v Holl		02.12		16	00.031	00.10#	00.104	01.316		:01:02		03.336	01.004	00.02	00.07π	00.02π	
			22:10+		30:51+	-	. •	38:50+	41:11+	41:58+	42:56+	-		_	53:33+	56:08+	58:58+	60:47+	61:02+	
01:34+			08:45+															01:49+	00:15+	
00:39&	01:14@	04:07&	05:07@	00:05-	03:06&	02:07@	00:48&	00:32&	00:53&	00:18&	00:11#	00:34&	00:09+	00:37&	02:50@	00:57&	00:32#	01:18@	00:04&	
22		r Fitjaı				-	01					-	:02:02							
03:38+			21:43+															61:49+		
03:38+			05:19+ 01:41&															00:59+ 00:28&		
23		/ Habb		02.000	00.32		16	00.114	00.514	00.114	00.234		:03:50		01.100	01.234	00.151	00.200	00.021	
			20:10+	21:46+	29:07+	-		38:57+	41:17+	41:49+	42:45+	-		-	58:23+	60:56+	62:56+	63:35+	63:50+	
04:22+			06:53+															00:39+	00:15+	
03:27@	00:32&	01:53&	03:15&	00:06+	03:11&	01:19&	03:36@	00:23&	00:52&	00:03#	00:09#	01:21@	04:51@	00:21&	02:38@	00:55&	00:18-	380:00	00:04&	
24	Tors	stein G	ijestela	and		1:	26					1	:04:00)						
			14:49+																	
01:43+			04:47+ 01:09&																00:17+	
25		Vatla		00.20%	02.410		28	00.43%	01.07&	00.120	00.22&		1:08:24		03.39@	00.36%	01.29&	00.13%	00.06&	
			27:49+	20.42.	22.02.			42.04.	44.51.	15.16.	47.12.	-		-	E0.2E.	62.40	66:52+	68:04+	68:24+	
			13:18+															01:12+	00:20+	
01:48@	01:06@	04:12&	09:40@	00:23&	00:50-	01:10&	02:13@	01:07&	01:19&	00:26&	00:39&	00:56&	01:23&	01:36@	01:51&	01:46@	01:45&	00:41@	00:09&	
Beste	strekk	ctid fo	r klass	en																
00:55	01:01	05:00	03:00	01:25	01:57	01:25	01:28	01:17	01:28	00:29	00:47	01:03	01:30	01:15	02:06	01:38	01:44	00:31	00:09	

Herrer 70 - 74 år

1	Hilm	ar Røt	thing			1:	28					4	11:08						
01:21=	02:27=	0,.51		12:27=		18:49=	22:37=					28:26=			36:44=	38:38=	40:23=		41:08=
01:21=	01:06=	05:07=	02:34=	02:19=	03:58=	02:24=	03:48=	01:31=	01:35=	00:31=	00:50=	01:22=	04:20=	01:44=	02:14=	01:54=	01:45=	00:34=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Arvio	d Thor	sen			5						4	17:04						
01:27+	02:45+	12:45+	15:58+	17:37+	21:05+	22:54+	25:11+	27:01+	29:37+	30:08+	31:01+	32:59+	34:45+	36:39+	41:01+	43:27+	46:11+	46:52+	47:04+
01:27+	01:18+	10:00+	03:13+	01:39-	03:28-	01:49-	02:17-	01:50+	02:36+	00:31=	00:53+	01:58+	01:46-	01:54+	04:22+	02:26+	02:44+	00:41+	00:12+
00:06+	00:12#	04:53&	00:39&	00:40-	00:30-	00:35-	01:31-	00:19#	01:01&	00:00=	00:03+	00:36&	02:34-	00:10+	02:08&	00:32&	00:59&	00:07#	00:01+
3	Arne	Tveit	а			1	09					4	18:39						
02:20+	03:52+	10:59+	14:32+	16:09+	19:26+	21:36+	24:12+	26:06+	28:17+	28:56+	30:08+	33:04+	34:59+	36:59+	42:03+	44:45+	47:42+	48:29+	48:39+
02:20+	01:32+	07:07+	03:33+	01:37-	03:17-	02:10-	02:36-	01:54+	02:11+	00:39+	01:12+	02:56+	01:55-	02:00+	05:04+	02:42+	02:57+	00:47+	00:10-
00:59&	00:26&	02:00&	00:59&	00:42-	00:41-	00:14-	01:12-	00:23&	00:36&	480:00	00:22&	01:34@	02:25-	00:16#	02:50@	00:48&	01:12&	00:13&	00:01-

Plass	Navn	1				K	lasse					7	Γid						
4	Stein	ar Un	dheim	1		5	4						51:43						
	05:51+ 01:26+	12:37+	16:42+	18:21+															
	00:20&																		
5	Olav	Dag E	Borger	sen		1	54						53:08						
	06:46+ 01:34+																		
	00:28&																		
6		า Elias					16						53:18						
	04:43+ 01:24+																		
	01:24+																		
7	Finn	Morte	en Årst	tad		1	15						53:24						
	02:47+																		
	01:23+ 00:17&																		
8	Kjell	Lang	vik			9	3						56:27						
	03:45+ 01:12+																		
	00:06+																		
9	Torm	od Aa	aslid			5	4						57:17						
	03:21+																		
	01:35+ 00:29&																		
10	Lars	Ernst	Ravn	dal		1	25						58:16						
	04:25+																		
	01:44+ 00:38&																		
11	Sveir	n Glen	ndrang	ie		6	8						58:25						
	02:50+	08:45+	11:39+	12:57+															
	01:23+ 00:17&																		
12	Herm	ann S	Skogsl	holm		5	3						1:00:20)					
01:22+	02:44+	08:47+	13:46+	21:26+															
	01:22+ 00:16#																		
13		Nærla	_			6							1:01:02	_					
	04:16+																		
	01:58+ 00:52&																		
14		Husda		03.000	00.10	9	_	00.334	03.120	00.134	00.234		1:01:07	_	01.114	00.374	01.504	00.100	00.014
	05:47+																		
	02:12+ 01:06&																		
15		ld Ege				7							1:02:06	_					
01:33+	03:39+	11:37+	16:05+																
01:33+ 00:12#	02:06+ 01:00&																	00:47+ 00:13&	
16		Garpe				2	_						1:08:26	_					
03:12+	04:25+	09:43+	12:34+			19:22+	21:38-					28:08-	49:30+	51:03+					
	01:13+ 00:07#																		
17			keland		01.13	9		00.07.	00.304	00.01	00.01		1:14:23		03.300	01.224	03.036	00.134	00.00
	08:04+	20:44+	26:48+	30:31+															
	02:39+ 01:33@																		
18			dsberg		01.210	2		01.100	01.320	00-2/0	00-336		1:16:01		01-33%	01-100	02.1/@	00.40@	JU-12@
03:17+	05:18+	14:00+	19:18+	22:11+								54:14+	59:43+	64:21+					
	02:01+ 00:55&																		
01.00@	30.330	22-224	02.114	00.34#	00.19@	00.00	00.07-	02.77@	01.120	00.230	00.400	00.110	01-050	02.34@	01.330	01.210	01.00%	00-200	30-110

Plass	Navr	า				K	lasse					1	id						
19	Albe	rt Moe	•			5	4					1	:29:40)					
03:08+	06:04+	17:01+	23:21+	31:12+	34:35+	37:32+	40:44+	43:27+	47:42+	48:38+	49:56+	53:53+	65:43+	68:22+	80:41+	84:26+	88:17+	89:18+	89:40+
03:08+	02:56+	10:57+	06:20+	07:51+	03:23-	02:57+	03:12-	02:43+	04:15+	00:56+	01:18+	03:57+	11:50+	02:39+	12:19+	03:45+	03:51+	01:01+	00:22+
01:47@	01:50@	05:50@	03:46@	05:32@	00:35-	00:33#	00:36-	01:12&	02:40@	00:25&	00:28&	02:35@	07:30@	00:55&	10:05@	01:51&	02:06@	00:27&	00:11&
20	Jan l	H. Sag	jen			9:	2					1	:46:12	2					
02:12+	04:06+	16:42+	47:26+	49:16+	53:32+	57:11+	60:31+	62:45+	65:46+	66:32+	67:41+	70:44+	80:54+	83:04+	98:53+	102:14+	105:10+	105:56+	106:12+
02:12+	01:54+	12:36+	30:44+	01:50-	04:16+	03:39+	03:20-	02:14+	03:01+	00:46+	01:09+	03:03+	10:10+	02:10+	15:49+	03:21+	02:56+	00:46+	00:16+
00:51&	00:48&	07:29@	28:10@	00:29-	00:18+	01:15&	00:28-	00:43&	01:26&	00:15&	00:19&	01:41@	05:50@	00:26#	13:35@	01:27&	01:11&	00:12&	00:05&
Beste	strekk	tid for	klass	en															
01:21	01:06	05:07	02:34	01:18	02:21	01:45	01:53	01:31	01:35	00:31	00:50	01:15	01:27	01:33	02:14	01:54	01:45	00:34	00:10

Herrer 75 - 79 år

1	Knu	t Skjæ	veland	t		9:	3					4	12:49					
02:19=	03:13=	03:52=	05:54=	08:18=	16:07=	17:19=	19:25=	20:04=	21:01=	29:42=	32:13=	33:47=	36:58=	38:12=	40:32=	41:22=	42:35=	42:49=
02:19=	00:54=	00:39=	02:02=	02:24=	07:49=	01:12=	02:06=	00:39=	00:57=	08:41=	02:31=	01:34=	03:11=	01:14=	02:20=	00:50=	01:13=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gun	nar Fu	rland			9:	3					5	2:15					
04:49+	05:47+	06:25+	08:52+	12:33+	21:43+	23:19+	26:27+	27:13+	28:31+	32:11+	39:33+	41:51+	45:17+	46:44+	49:37+	50:34+	51:59+	52:15+
04:49+														01:27+				
02:30@	00:04+	00:01-	00:25#	01:17&	01:21#	00:24&	01:02&	00:07#	00:21&	05:01-	04:51@	00:44&	00:15+	00:13#	00:33#	00:07#	00:12#	00:02#
3		ld Vat				6						•	3:34					
														47:25+				
03:12+														01:28+				
00:53&				01:01&	03:30&			00:06#	00:06#	05:28-	01:44&			00:14#	00:35#	00:07#	00:51&	00:01-
4		• Karls				_	05					•	6:26					
														49:43+				
														01:43+				
00:47&					03:41&			00:30&	00:31&	04:36-	02:39@			00:29&	01:26&	00:21&	00:17#	00:02#
5	- 3		obser			6	•						:01:13	•				
														54:14+				
														03:47+				
01:32&				00:36#	01:19#			00:34&	00:19&	04:35-	00:54&			02:33@	01:09&	00:35&	00:36&	00:02#
6		Maud				6	_						:09:37					
														62:16+				
														01:32+				
02:18&	00:26&	00:18&	01:02&	01:34&	07:09&	01:15@	01:16&	00:04#	00:15&	05:32&	00:32#	00:40&	01:25&	00:18#	01:52&	00:15&	00:36&	00:01+
7		tein Ni				5							:32:51	-				
03:40+														84:28+				
03:40+														02:41+				
01:21&				07:07@	02:30&			00:25&	00:45&	00:11-	00:40&			01:27@	02:02&	00:36&	00:44&	00:24@
8		und U				2	-						:32:53	•				
														82:15+				
														08:22+			02:51+	
					08:23@	05:48@	01:34&	00:29&	00:57&	04:02-	02:22&	01:55@	11:58@	07:08@	03:08@	00:59@	01:38@	00:16@
Beste				_														
02:19	00:54	00:38	02:02	02:24	07:49	01:12	02:06	00:39	00:57	03:13	02:31	01:34	02:51	01:14	02:20	00:50	01:13	00:13
= Som k	lassevin	ner, -	raskere,	+ ser	nere, #	10% tap	, & 25	% tap, @	2 100%	tap.								

Herrer 80 år og eldre

1	Sigu	rd Kro	sli			3	1					1	:11:25	j		
02:55=	04:02=	04:44=	17:03=	18:59=	20:26=	21:28=	24:04=	26:42=	32:37=	53:29=	59:41=	62:51=	67:39=	68:31=	71:09=	71:25=
02:55=	01:07=	00:42=	12:19=	01:56=	01:27=	01:02=	02:36=	02:38=	05:55=	20:52=	06:12=	03:10=	04:48=	00:52=	02:38=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

	Fred	rik On	ndal			7	4						41:52												
													27:19= 01:37=												
00=	00:00=												00:00=												
25=	41:52= 00:08=																								
00=	00:00= Aart	Joaki	m in't	Veld		9:	3						44:35												
	01:52+	03:23+	05:01+	07:58=		10:38+	11:39+					24:35-	26:20-												
													01:45+ 00:08+												
26+	44:35+ 00:09+	00.011	00.011	00.10	00.01	00-17#	001011	01.30	00.20#	00123	00.011	00111	00.001	00.031	00.00#	001001	00.11#	001011	001031	001214	01.334	00.114	00102	001074	00.00#
05#	00:01#	:1- 0-				•	•						44-40												
· 20±		rik Sa		08:20	09:27:	11:03+		18:40.	22:00.	24:27.	24:47:		44:40 29:14+	30:28:	31:49	33:123	34:20-	34:593	36:55	38:03	40:53	41:442	42:254	43:07=	44:02+
													02:02+												
		00:07+	00:10#	-80:00	00:03-	00:15#	00:12#	00:18+	00:24#	00:06-	00:04#	00:05-	00:25&	00:17&	00:07+	00:03-	00:10-	00:02+	00:10-	00:04+	00:36&	00:01-	00:01+	00:05#	00:00=
	44:40+ 00:09+																								
0:04#	00:01#																								
	_	tian Ha				2							45:35												
													28:50+ 01:34-												
0:11#	00:03#												00:03-												
	45:35+ 00:10+																								
	00:10+																								
	Espe	en Kar	lsen			1	02						58:47												
													36:23+												
													01:57+ 00:20#												
	58:47+																								
	00:12+ 00:04&																								
0.134		Fugle	stad			1	16						59:43												
	02:28+	04:31+	06:38+			13:43+	14:52+					37:50+	39:41+												
													01:51+ 00:14#												
	59:43+	00.304	00.334	00.031	00-274	00.524	00.12#	01.334	00.106	00.031	00.01	00.10#	00.11#	00.12π	01.306	00.21#	00.031	00.01	00.11#	00.324	01.300	00-174	00.00	00.114	00.104
	00:08=																								
10:10%	00:00= Mart	in Bly	etad			1	15						1:13:0	R											
02:19+		,		11:59+	13:57+		-	37:40+	42:20+	44:24+	44:43+		52:53+	-	55:31+	57:31+	58:54+	60:12+	62:23+	64:36+	68:28+	69:30+	70:30+	71:08+	72:25+
02:19+	00:33+	01:41+	03:59+	03:27+	01:58+	01:40+	01:14+	20:49+	04:40+	02:04-	00:19+	05:38+	02:32+	01:11+	01:27+	02:00+	01:23+	01:18+	02:11+	02:13+	03:52+	01:02+	01:00+	00:38+	01:17+
	00:05# 73:08+	00:14#	02:25@	00:12+	00:47&	00:29&	00:17&	14:39@	01:44&	00:29-	00:03#	03:08@	00:55&	00:14#	00:14#	00:32&	00:06+	00:42@	00:04+	01:09@	01:38&	00:10#	00:10#	00:11&	00:22&
0:32+	00:11+																								
	00:03&	41-1 (. 1-1																						
	strekk				01.00	01.11	00.55	04.40			00.15	00.10	01:34			01.05	01.05	00.26	01.55	01.04	02:14	00:49	00:44	00:27	00:55

Tid

Klasse

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

02:55 01:07 00:42 12:19 01:56 01:27 01:02 02:36 02:38 05:55 20:52 06:12 03:10 04:48 00:52 02:38 00:16

Plass Navn

Herrer B

Beste strekktid for klassen

Plass	Navn	Klasse	Tid	
1	Oddvar Taksdal	194	38:54	
	01:58= 03:25= 05:04= 07	7:46= 08:45= 09:57= 11:01= 15:31= 18:20	= 19:55= 20:11= 22:07= 23:41= 24:	53= 26:11= 27:44= 28:54= 29:32= 31:35= 32:35= 34:55= 35:53= 36:39= 37:19= 38:16=
				12= 01:18= 01:33= 01:10= 00:38= 02:03= 01:00= 02:20= 00:58= 00:46= 00:40= 00:57= 00= 00:00= 0
	38:54= 00:11=			
	00:00=			
2	Stein Arne Olsen	68	41:20	
				19+ 28:33+ 30:10+ 31:18+ 31:57+ 34:00+ 35:14+ 37:33+ 38:26+ 39:10+ 39:39+ 40:45+ 04- 01:14- 01:37+ 01:08- 00:39+ 02:03= 01:14+ 02:19- 00:53- 00:44- 00:29- 01:06+
		0:57& 00:04- 00:05+ 00:02- 00:10+ 00:06	+ 00:24& 00:07& 00:23# 00:10# 00:	08- 00:04- 00:04+ 00:02- 00:01+ 00:00= 00:14# 00:01- 00:05- 00:02- 00:11- 00:09#
00:27=	41:20+ 00:08-			
•	Morton Asmodt	116	42:00	
3 01:21-	Morten Aamodt 01:53- 04:01+ 05:46+ 08			17+ 28:33+ 30:15+ 31:30+ 32:07+ 34:00+ 35:47+ 38:03+ 39:00+ 39:41+ 40:12+ 41:18+
01:21-	00:32- 02:08+ 01:45+ 02	2:57+ 00:57- 01:48+ 01:01- 04:39+ 02:51	+ 01:45+ 00:18+ 02:24+ 01:32- 01:	19+ 01:16- 01:42+ 01:15+ 00:37- 01:53- 01:47+ 02:16- 00:57- 00:41- 00:31- 01:06+
	42:00+	0:15+ 00:02- 00:36& 00:03- 00:09+ 00:02	+ 00:10# 00:02# 00:28# 00:02- 00:	07+ 00:02- 00:09+ 00:05+ 00:01- 00:10- 00:47& 00:04- 00:01- 00:05- 00:09- 00:09#
	00:10- 00:01-			
4	Odd Fuglestad	250	43:30	
	02:02+ 03:31+ 05:19+ 08	8:17+ 09:17+ 10:41+ 11:44+ 16:42+ 20:27	+ 22:04+ 22:20+ 26:05+ 27:45+ 28:	51+ 30:09+ 31:51+ 33:06+ 33:47+ 35:44+ 36:44+ 39:20+ 40:15+ 41:12+ 41:43+ 42:52+
				06- 01:18= 01:42+ 01:15+ 00:41+ 01:57- 01:00= 02:36+ 00:55- 00:57+ 00:31- 01:09+ 06- 00:00= 00:09+ 00:05+ 00:03+ 00:06- 00:00= 00:16# 00:03- 00:11# 00:09- 00:12#
	43:30+ 00:09-			
	00:09-			
5	Jan-Rune Basso	91	44:53	
				29+ 30:00+ 31:38+ 32:50+ 34:19+ 36:16+ 37:50+ 40:34+ 41:32+ 42:23+ 43:04+ 44:17+ 04- 01:31+ 01:38+ 01:12+ 01:29+ 01:57- 01:34+ 02:44+ 00:58= 00:51+ 00:41+ 01:13+
00:00=	00:06# 00:02+ 00:03+ 00			08- 00:13# 00:05+ 00:02+ 00:51@ 00:06- 00:34& 00:24# 00:00= 00:05# 00:01+ 00:16&
	44:53+ 00:09-			
00:00=	00:02-	20	45.00	
01:20-	Tom Furland 01:53- 03:22- 04:59- 08	62 8:23+ 10:42+ 12:11+ 13:14+ 18:19+ 21:09	45:30 + 23:01+ 23:18+ 25:49+ 27:28+ 28:	37+ 30:07+ 31:53+ 33:05+ 33:47+ 36:32+ 38:21+ 41:09+ 42:08+ 42:53+ 43:27+ 44:47+
01:20-	00:33= 01:29+ 01:37- 03	3:24+ 02:19+ 01:29+ 01:03- 05:05+ 02:50	+ 01:52+ 00:17+ 02:31+ 01:39+ 01:	09- 01:30+ 01:46+ 01:12+ 00:42+ 02:45+ 01:49+ 02:48+ 00:59+ 00:45- 00:34- 01:20+
	00:00= 00:02+ 00:02- 00 45:30+	0:42& 01:20@ 00:17# 00:01- 00:35# 00:01	+ 00:17# 00:01+ 00:35& 00:05+ 00:	03- 00:12# 00:13# 00:02+ 00:04# 00:42& 00:49& 00:28# 00:01+ 00:01- 00:06- 00:23&
	00:11= 00:00=			
7	Øyvind Rummelhot	off 27	46:43	
	01:55- 03:30+ 05:20+ 09	9:40+ 10:58+ 14:04+ 15:06+ 19:42+ 22:59	+ 24:57+ 25:24+ 25:39+ 28:07+ 29:	50+ 30:50+ 32:44+ 34:16+ 35:23+ 36:27+ 38:51+ 40:19+ 43:00+ 43:50+ 44:31+ 45:00+
				43+ 01:00- 01:54+ 01:32+ 01:07+ 01:04- 02:24+ 01:28- 02:41+ 00:50+ 00:41+ 00:29- 31& 00:18- 00:21# 00:22& 00:29& 00:59- 01:24@ 00:52- 01:43@ 00:04+ 00:01+ 00:28-
46:07+	46:35+ 46:43+			
	00:28+ 00:08+ 00:17@ 00:08+			
8	Bjørn Serck-Hanss		50:36	
				58+ 35:20+ 37:05+ 38:21+ 39:05+ 41:19+ 43:19+ 46:17+ 47:16+ 48:12+ 48:48+ 49:54+ 11- 01:22+ 01:45+ 01:16+ 00:44+ 02:14+ 02:00+ 02:58+ 00:59+ 00:56+ 00:36- 01:06+
01:22&	00:00= 00:29& 00:20# 00			01- 00:04+ 00:12# 00:06+ 00:06# 00:11+ 01:00& 00:38& 00:01+ 00:10# 00:04- 00:09#
	50:36+ 00:10-			
00:05#	00:01-	20	54-00	
9 01:40+	Pål Bårdsen 02:15+ 03:52+ 05:36+ 08	90 8:55+ 10:26+ 12:07+ 13:25+ 19:09+ 22:49	51:36 + 25:51+ 26:13+ 29:49+ 31:44+ 33:	07+ 34:48+ 36:51+ 38:23+ 39:08+ 41:38+ 43:35+ 46:45+ 47:56+ 48:54+ 49:32+ 50:49+
01:40+	00:35+ 01:37+ 01:44+ 03	3:19+ 01:31+ 01:41+ 01:18+ 05:44+ 03:40	+ 03:02+ 00:22+ 03:36+ 01:55+ 01:	23+ 01:41+ 02:03+ 01:32+ 00:45+ 02:30+ 01:57+ 03:10+ 01:11+ 00:58+ 00:38- 01:17+
	00:02+ 00:10# 00:05+ 00 51:36+	0:37# 00:32& 00:29& 00:14# 01:14& 00:51	£ U1:27& 00:06& 01:40& 00:21# 00:	11# 00:23& 00:30& 00:22& 00:07# 00:27# 00:57& 00:50& 00:13# 00:12& 00:02- 00:20&
00:36+	00:11=			
00:09&	00:00=			

Plass	Navn	Klasse		Tid		
10	Espen Fyhn Nilsen	116		53:18		
						43:13+ 44:48+ 48:22+ 49:26+ 50:30+ 51:09+ 52:31+ 02:44+ 01:35+ 03:34+ 01:04+ 01:04+ 00:39- 01:22+
00:23& 53:07+		:14& 00:39& 00:40& 00:26&	01:43& 00:47& 00:47& 00:05&	00:48& 00:25& 00:12# 00	0:24& 00:25& 00:24& 00:04#	00:41& 00:35& 01:14& 00:06# 00:18& 00:01- 00:25&
00:36+	00:11= 00:00=					
11	Per Olav Haarr	62		53:31		
	02:06+ 03:41+ 05:23+ 09:	:07+ 13:49+ 16:15+ 17:24+		32:57+ 35:08+ 36:15+ 37		43:37+ 45:09+ 49:10+ 50:09+ 50:49+ 51:26+ 52:44+ 02:17+ 01:32+ 04:01+ 00:59+ 00:40- 00:37- 01:18+
00:04+	00:04# 00:08+ 00:03+ 01:					00:14# 00:32& 01:41& 00:01+ 00:06- 00:03- 00:21&
	53:31+ 00:11=					
00:09& 12	Jone Sæbbø	90		53:35		
01:30+	02:07+ 04:00+ 05:52+ 10:	:18+ 11:49+ 13:41+ 14:48+		30:56+ 32:49+ 34:32+ 36		42:42+ 44:42+ 48:16+ 49:15+ 50:00+ 51:30+ 52:53+
						02:14+ 02:00+ 03:34+ 00:59+ 00:45- 01:30+ 01:23+ 00:11+ 01:00& 01:14& 00:01+ 00:01- 00:50@ 00:26&
	53:35+ 00:09-					
00:06#	00:02-					
13 02:50+	Njál F. Vadla 03:18+ 04:44+ 06:22+ 16:	194 :06+ 17:22+ 18:39+ 19:43+	26:01+ 29:03+ 31:03+ 31:21+	54:06 34:39+ 36:11+ 37:15+ 38	3:36+ 40:16+ 41:32+ 42:13+	44:20+ 46:09+ 49:58+ 50:57+ 51:52+ 52:24+ 53:28+
02:50+	00:28- 01:26- 01:38- 09:	:44+ 01:16+ 01:17+ 01:04=	06:18+ 03:02+ 02:00+ 00:18+	03:18+ 01:32- 01:04- 01	1:21+ 01:40+ 01:16+ 00:41+	02:07+ 01:49+ 03:49+ 00:59+ 00:55+ 00:32- 01:04+ 00:04+ 00:49& 01:29& 00:01+ 00:09# 00:08- 00:07#
53:57+	54:06+	0026 00.174 00.031 00.00-	01.104 00.131 00.234 00.024	01.224 00.02 00.00 00	00.001 00.001	00.01. 00.134 01.234 00.01. 00.03# 00.00 00.07#
00:29+ 00:02+	00:09-					
14	Geir Sand	105	20.10+ 24.27+ 28.02+ 28.20+	55:04	7:15+ 30:04+ 40:34+ 41:14+	44:36+ 46:41+ 50:22+ 51:27+ 52:24+ 53:00+ 54:22+
01:42+	00:38+ 02:03+ 02:10+ 02:	:57+ 01:45+ 01:46+ 01:06+	06:03+ 04:27+ 03:25+ 00:37+	03:18+ 02:33+ 01:02- 01	1:43+ 01:49+ 01:30+ 00:40+	03:22+ 02:05+ 03:41+ 01:05+ 00:57+ 00:36- 01:22+
54:55+	55:04+	:15+ 00:46& 00:34& 00:02+	01:33& 01:38& 01:50@ 00:21@	01:22& 00:59& 00:10- 00):25& 00:16# 00:20& 00:02+	01:19& 01:05@ 01:21& 00:07# 00:11# 00:04- 00:25&
00:33+ 00:06#	00:09- 00:02-					
15	Bjørnar André Haug			57:26		
						44:35+ 46:46+ 52:19+ 53:17+ 54:26+ 55:04+ 56:42+ 02:52+ 02:11+ 05:33+ 00:58= 01:09+ 00:38- 01:38+
	01:05@ 00:26& 00:40& 01: 57:26+	:51& 00:52& 00:15# 00:04-	00:55# 02:13& 01:04& 00:07&	01:08& 00:22# 00:03+ 00	0:08# 00:12# 00:22& 00:13&	00:49& 01:11@ 03:13@ 00:00= 00:23& 00:02- 00:41&
00:34+	00:10- 00:01-					
16	Terje Michaelsen	47		57:33		
						46:22+ 47:37+ 53:48+ 54:44+ 55:37+ 56:05+ 57:00+ 02:08+ 01:15+ 06:11+ 00:56- 00:53+ 00:28- 00:55-
	00:04# 00:17# 00:08- 00:					00:05+ 00:15# 03:51@ 00:02- 00:07# 00:12- 00:02-
00:24-	00:09-					
00:03- 17	Svein Erik Kvame	116		1:00:33		
01:40+	02:16+ 04:02+ 06:03+ 09:	:20+ 10:44+ 12:17+ 13:33+		36:12+ 38:28+ 39:45+ 41		48:18+ 50:31+ 55:28+ 56:31+ 57:39+ 58:18+ 59:50+
00:15#	00:03+ 00:19# 00:22# 00:					02:26+ 02:13+ 04:57+ 01:03+ 01:08+ 00:39- 01:32+ 00:23# 01:13@ 02:37@ 00:05+ 00:22& 00:01- 00:35&
60:22+ 00:32+	60:33+ 00:11=					
00:05# 18	Tallak Langmyr	283		1:01:33		
02:01+	02:45+ 04:22+ 06:10+ 11:	:37+ 13:00+ 14:40+ 15:51+		33:37+ 35:47+ 37:05+ 38		47:17+ 49:32+ 53:34+ 55:28+ 57:13+ 58:15+ 60:11+
00:36&	00:11& 00:10# 00:09+ 02:					03:23+ 02:15+ 04:02+ 01:54+ 01:45+ 01:02+ 01:56+ 01:20& 01:15@ 01:42& 00:56& 00:59@ 00:22& 00:59@
61:12+ 01:01+						
	00:10&					

Plass	Navı	n				K	(lasse					-	Tid													
19		Eilevs	tiønn			6	7						1:02:21	1												
01:56+	02:41+	04:49+	06:31+	10:12+		13:17+	14:16+	19:52+		26:03+		33:24+	36:52+	37:47+	39:20+		43:47+	44:23+	46:40+	48:07+		59:06+	60:03+	60:38+	61:41+	
	00:45+	02:08+ 00:41&						05:36+ 01:06#		02:12+			03:28+ 01:54@		01:33+ 00:15#		01:42+ 00:32&	00:36-	02:17+		09:47+ 07:27@	01:12+	00:57+	00:35-	01:03+ 00:06#	
62:12+	62:21+																									
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-		04:51+			12:08+	_	-	21:33+	28:27+	31:00+	31:38+			-	41:45+	45:02+	46:59+	48:05+	51:05+	53:05+	57:12+	58:39+	59:54+	60:36+	62:13+	
01:46+	00:37+	02:28+	02:00+	03:49+	01:28+	02:01+	01:03-	06:21+	06:54+	02:33+	00:38+	04:02+	02:05+	01:12=	02:48+	03:17+	01:57+	01:06+	03:00+	02:00+	04:07+	01:27+	01:15+	00:42+	01:37+	
00:21#	00:04#	01:01&	00:21#	01:07&	00:29&	00:49&	00:01-	01:51&	04:05@	00:58&	00:22@	02:06@	00:31&	00:00=	01:30@	01:44@	00:47&	00:28&	00:57&	01:00&	01:47&	00:29&	00:29&	00:02+	00:40&	
	63:18+																									
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21	Ior	Kristiar	า Gyla	and		1	80					'	1:03:3)												
		04:32+															47:37+		51:59+	54:08+		59:34+	60:34+	61:12+	62:43+	
		02:15+																						00:38-		
		00:48&	00:34&	01:27&	00:51&	00:46&	00:12#	02:03&	01:44&	01:01&	00:15&	04:06@	00:54&	00:31&	01:31@	01:03&	00:38&	00:25&	01:16&	01:09@	01:40&	00:28&	00:14&	00:02-	00:34&	
	63:35+																									
00:40+ 00:13&																										
22		n Leen	derts	_		9	1						1:11:11	1												
	•	04:04+			11:52+	_	-	28:52+	34:52+	37:21+	37:39+			_	52:48+	54:50+	56:27+	57:16+	60:11+	61:41+	66:09+	67:16+	68:12+	68:49+	70:31+	
		01:44+															01:37+	00:49+	02:55+	01:30+	04:28+	01:07+	00:56+	00:37-	01:42+	
00:16#	00:06#	00:17#	00:22#	00:58&	01:08@	01:34@	00:01+	08:39@	03:11@	00:54&	00:02#	08:47@	00:21#	00:09-	00:10#	00:29&	00:27&	00:11&	00:52&	00:30&	02:08&	00:09#	00:10#	00:03-	00:45&	
71:00+	71:11+																									
	00:11=																									
00:02+	00:00=																									
23	Leif	Kjetil H	linna	Gause	el	1	16						1:22:19	9												
01:39+	02:19+	04:03+	07:27+	16:02+	18:07+	19:44+	20:58+	38:22+	42:50+	45:18+	45:39+	55:40+	57:57+	59:10+	61:01+	62:56+	65:19+	66:16+	69:04+	70:52+	77:41+	78:45+	79:36+	80:13+	81:33+	
	00:40+	01:44+						17:24+									02:23+		02:48+			01:04+		00:37-		
		00:17#	01:45@	05:53@	01:06@	00:25&	00:10#	12:54@	01:39&	00:53&	00:05&	08:05@	00:43&	00:01+	00:33&	00:22#	01:13@	00:19&	00:45&	00:48&	04:29@	00:06#	00:05#	00:03-	00:23&	
	82:19+																									
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Herrer C

1	Pau	l Terje	Haarr			6	2					3	39:51												
00:56=		02:39=			12:07=	14:02=	14:21=	16:06=	17:32=	18:38=	23:57=			28:13=	29:39=	30:15=	30:59=	33:05=	34:23=	35:40=	36:14=	37:24=	38:10=	38:51=	39:41=
00:56=	00:37=	01:06=	01:08=	02:13=	06:07=	01:55=	00:19=	01:45=	01:26=	01:06=	05:19=	01:50=	01:04=	01:22=	01:26=	00:36=	00:44=	02:06=	01:18=	01:17=	00:34=	01:10=	00:46=	00:41=	00:50=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
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2	Arne	e Krist	ian Es	pedal		6	8					4	10:18												
00:49-	01:30-	02:43+	03:54+	05:39-	11:12-	13:28-	13:50-	15:18-	16:49-	18:15-	24:28+	26:11+	27:20+	28:39+	30:07+	30:37+	31:23+	33:42+	34:57+	36:13+	36:52+	37:50+	38:39+	39:20+	40:08+
00:49-	00:41+	01:13+	01:11+	01:45-	05:33-	02:16+	00:22+	01:28-	01:31+	01:26+	06:13+	01:43-	01:09+	01:19-	01:28+	00:30-	00:46+	02:19+	01:15-	01:16-	00:39+	00:58-	00:49+	00:41=	00:48-
00:07-	00:04#	00:07#	00:03+	00:28-	00:34-	00:21#	00:03#	00:17-	00:05+	00:20&	00:54#	00:07-	00:05+	00:03-	00:02+	00:06-	00:02+	00:13#	00:03-	00:01-	00:05#	00:12-	00:03+	00:00=	00:02-
40:18+																									
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3	Jan	Einar	Øvrem	10		5	0					4	10:44												
01:17+	01:53+	02:56+	04:21+	06:05+	11:48-	13:59-	14:20-	16:04-	17:44+	18:48+	23:45-	26:28+	27:38+	28:54+	30:26+	30:59+	31:47+	34:30+	35:43+	36:51+	37:28+	38:23+	39:14+	39:53+	40:35+
01:17+	00:36-	01:03-	01:25+	01:44-	05:43-	02:11+	00:21+	01:44-	01:40+	01:04-	04:57-	02:43+	01:10+	01:16-	01:32+	00:33-	00:48+	02:43+	01:13-	01:08-	00:37+	00:55-	00:51+	00:39-	00:42-
00:21&	00:01-	00:03-	00:17#	00:29-	00:24-	00:16#	00:02#	00:01-	00:14#	00:02-	00:22-	00:53&	00:06+	00:06-	00:06+	00:03-	00:04+	00:37&	00:05-	00:09-	00:03+	00:15-	00:05#	00:02-	-80:00
40:44+																									
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Plass														
4	Trond Nilsen Lama			42:19										
						42+ 37:57+ 38:37+ 39:43+ 40:43+ 41:19+ 42:11+ 19+ 01:15- 00:40+ 01:06- 01:00+ 00:36- 00:52+								
00:01- 42:19+	00:02+ 00:07# 00:06+ 00	:17- 00:12- 00:01+ 00:05&	00:02+ 00:13# 00:05+ 00:42#	01:08& 00:16# 00:13- 00	:04+ 00:02- 00:02+ 00:10+ 00:	01+ 00:02- 00:06# 00:04- 00:14& 00:05- 00:02+								
00:08- 00:02-														
5	Otte Omdal	65		43:59										
						50+ 39:52+ 40:31+ 41:30+ 42:17+ 42:52+ 43:49+ 10- 03:02+ 00:39+ 00:59- 00:47+ 00:35- 00:57+								
00:08- 43:59+	00:02+ 00:07# 01:35@ 00	:17- 00:48# 00:21# 00:01-	00:13- 00:05+ 00:06+ 00:02+	00:02- 00:00= 00:08- 00	:14# 00:06- 00:00= 00:10+ 00:	08- 01:45@ 00:05# 00:11- 00:01+ 00:06- 00:07#								
00:10= 00:00=														
6	Nils John Vestøl	83		46:16										
						58+ 41:30+ 42:26+ 43:37+ 44:35+ 45:11+ 46:05+ 13- 01:32+ 00:56+ 01:11+ 00:58+ 00:36- 00:54+								
00:05- 46:16+	00:22& 00:03- 00:34& 00	:26- 00:25+ 00:40& 00:03#	00:19# 00:04+ 00:04- 03:20&	00:04+ 00:07# 00:19- 00	:06+ 00:06- 00:02- 00:41& 00:	05- 00:15# 00:22& 00:01+ 00:12& 00:05- 00:04+								
00:11+ 00:01#														
7	Pål H. Gjerden	116		47:11										
						19+ 42:47+ 43:25+ 44:28+ 45:26+ 46:05+ 47:00+ 16+ 01:28+ 00:38+ 01:03- 00:58+ 00:39- 00:55+								
00:06# 47:11+	00:04# 00:26& 00:15# 00	:06- 00:20+ 00:03+ 00:05&	00:35& 00:10# 00:13# 00:18+	00:03+ 00:24& 00:23& 00	:08+ 00:00= 00:14& 01:17& 01:	58@ 00:11# 00:04# 00:07- 00:12& 00:02- 00:05#								
00:11+ 00:01#														
8	Geir Frøytlog	29		48:41										
						15+ 43:32+ 44:18+ 45:25+ 46:16+ 47:05+ 48:27+ 38+ 02:17+ 00:46+ 01:07- 00:51+ 00:49+ 01:22+								
00:05- 48:41+	00:02+ 00:05+ 00:30& 00	:29- 00:02- 00:04+ 00:24@	00:56& 00:55& 00:23& 02:10&	00:23# 00:07# 00:15- 00	:04- 00:02- 00:01+ 01:29& 00:	20& 01:00& 00:12& 00:03- 00:05# 00:08# 00:32&								
00:14+ 00:04&														
9	Sturle Omdal	116		50:06										
						11+ 45:39+ 46:19+ 47:23+ 48:15+ 48:50+ 49:57+ 54+ 01:28+ 00:40+ 01:04- 00:52+ 00:35- 01:07+								
00:01- 50:06+	00:13& 00:07# 00:22& 00	:06- 00:41# 01:05& 00:05&	00:38& 00:12# 00:16# 03:09&	00:24# 00:04+ 00:01+ 00	:08+ 00:08- 00:05# 01:57& 00:	36& 00:11# 00:06# 00:06- 00:06# 00:06- 00:17&								
00:09- 00:01-														
10	Rune Karstensen	37		52:03										
						37+ 47:11+ 48:01+ 49:12+ 50:03+ 50:43+ 51:52+ 57+ 01:34+ 00:50+ 01:11+ 00:51+ 00:40- 01:09+								
00:01- 52:03+	00:09# 00:17& 00:09# 00	:23- 00:24+ 01:22& 00:06&	02:48@ 00:09# 00:05+ 03:36&	00:03+ 00:24& 00:02- 00	:07+ 00:05- 00:04+ 00:23# 01:	39@ 00:17# 00:16& 00:01+ 00:05# 00:01- 00:19&								
00:11+ 00:01#														
11	Knut Feldmann	93		53:28										
						30+ 48:17+ 49:02+ 50:24+ 51:24+ 52:05+ 53:15+ 30+ 01:47+ 00:45+ 01:22+ 01:00+ 00:41= 01:10+								
00:12# 53:28+	00:16& 00:21& 00:47& 00	:47& 01:24# 00:38& 00:06&	00:44& 01:02& 00:10# 00:48#	01:29& 00:24& 00:02- 00	:45& 00:01- 00:12& 01:53& 00:	12# 00:30& 00:11& 00:12# 00:14& 00:00= 00:20&								
00:13+ 00:03&														
12	Erling Mauland	83		54:05										
01:03+	00:48+ 01:27+ 01:36+ 02	:20+ 07:19+ 03:19+ 00:27+	02:08+ 02:25+ 01:17+ 10:47+	01:53+ 01:19+ 01:27+ 01	:48+ 00:38+ 00:55+ 03:09+ 01:	40+ 48:57+ 49:38+ 51:04+ 52:03+ 52:46+ 53:53+ 35+ 01:17= 00:41+ 01:26+ 00:59+ 00:43+ 01:07+								
00:07# 54:05+	00:11& 00:21& 00:28& 00	:07+ 01:12# 01:24& 00:08&	00:23# 00:59& 00:11# 05:28@	00:03+ 00:15# 00:05+ 00	:22& 00:02+ 00:11# 01:03& 00:	17# 00:00= 00:07# 00:16# 00:13& 00:02+ 00:17&								
00:12+ 00:02#														

Plass	Navn					K	lasse					7	Γid													
13	Øyste	in Huç	glen			2	7						57:46													
01:00+ 01:00+	01:44+	03:07+ 0		06:57+ 02:07-	14:40+ 07:43+	17:31+ 02:51+	18:01+ 00:30+	20:16+ 02:15+	21:53+ 01:37+	23:01+ 01:08+	33:27+ 10:26+	38:34+ 05:07+	39:52+ 01:18+	41:03+ 01:11-	43:01+ 01:58+	43:34+ 00:33-	44:21+ 00:47+	48:16+ 03:55+	49:40+ 01:24+	52:34+ 02:54+	53:25+ 00:51+	54:52+ 01:27+	55:45+ 00:53+	56:20+ 00:35-	57:35+ 01:15+	
00:04+ 57:46+	00:07#	00:17& 0	00:35&	00:06-	01:36&	00:56&	00:11&	00:30&	00:11#	00:02+	05:07&	03:17@	00:14#	00:11-	00:32&	00:03-	00:03+	01:49&	00:06+	01:37@	00:17&	00:17#	00:07#	00:06-	00:25&	
00:11+ 00:01#																										
14	Ivar K	nutse	n			1	16					•	1:07:47	7												
01:21+	02:13+	04:05+ 0	07:13+	10:18+	19:14+	21:45+	22:13+	24:02+	27:28+	28:48+	42:32+	45:06+	48:17+	50:15+	52:14+	52:55+	53:44+	57:02+	58:50+	60:59+	61:46+	63:09+	64:29+	65:41+	67:34+	
01:21+	00:52+	01:52+ 0	03:08+	03:05+	08:56+	02:31+	00:28+	01:49+	03:26+	01:20+	13:44+	02:34+	03:11+	01:58+	01:59+	00:41+	00:49+	03:18+	01:48+	02:09+	00:47+	01:23+	01:20+	01:12+	01:53+	
00:25&	00:15&	00:46& 0	02:00@	00:52&	02:49&	00:36&	00:09&	00:04+	02:00@	00:14#	08:25@	00:44&	02:07@	00:36&	00:33&	00:05#	00:05#	01:12&	00:30&	00:52&	00:13&	00:13#	00:34&	00:31&	01:03@	
67:47+ 00:13+																										
00:03&																										
Beste	strekkt	id for l	klass	en																						
00:48	00:36	01:03	01:08	01:44	05:33	01:55	00:18	01:28	01:26	01:02	04:57	01:43	01:04	01:03	01:22	00:28	00:42	02:06	01:10	01:08	00:34	00:55	00:46	00:35	00:42	00:08

Herrer Ny

1	Odd	bjørn l	Neves	tveit		8	0			18:25
02:00=	03:00=	05:10=	07:13=	11:34=	13:16=	15:54=	17:33=	18:14=	18:25=	
02:00=	01:00=	02:10=	02:03=	04:21=	01:42=	02:38=	01:39=	00:41=	00:11=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Håva	ard Je	ktnes			1	11			34:51
03:27+	05:26+	07:55+	11:43+	18:24+	22:16+	30:38+	33:07+	34:27+	34:51+	
03:27+	01:59+	02:29+	03:48+	06:41+	03:52+	08:22+	02:29+	01:20+	00:24+	
01:27&	00:59&	00:19#	01:45&	02:20&	02:10@	05:44@	00:50&	00:39&	00:13@	
3	Joe	McClo	unnan	1		1	67			43:24
02:52+	04:16+	07:28+	11:26+	19:43+	22:27+	39:51+	42:02+	43:08+	43:24+	
02:52+	01:24+	03:12+	03:58+	08:17+	02:44+	17:24+	02:11+	01:06+	00:16+	
00:52&	00:24&	01:02&	01:55&	03:56&	01:02&	14:46@	00:32&	00:25&	00:05&	
Beste	strekk	ctid for	klass	en						
02:00	01:00	02:10	02:03	04:21	01:42	02:38	01:39	00:41	00:11	
= Som k	lassevin	ner, -	raskere,	+ ser	ere, #	10% tap	, & 25	% tap, @	@ 100% tap.	

Herrer Trim

1	Tho	mas S	chank	e Eiku	m	6:	2					3	31:01				
01:26=	02:16=	02:54=	08:15=	09:38=	10:39=	11:15=	12:52=	14:34=	19:20=	21:19=	25:20=	27:01=	29:14=	29:55=	30:53=	31:01=	
01:26=	00:50=	00:38=	05:21=	01:23=	01:01=	00:36=	01:37=	01:42=	04:46=	01:59=	04:01=	01:41=	02:13=	00:41=	00:58=	00:08=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Stig	Erlend	d Olles	stad		5	1					3	31:06				
01:25-	02:04-	02:35-	04:30-	05:33-	06:16-	07:52-	09:43-	11:19-	18:08-	20:27-	25:27+	26:38-	28:46-	29:21-	30:59+	31:06+	
01:25-	00:39-	00:31-	01:55-	01:03-	00:43-	01:36+	01:51+	01:36-	06:49+	02:19+	05:00+	01:11-	02:08-	00:35-	01:38+	00:07-	
00:01-	00:11-	00:07-	03:26-	00:20-	00:18-	01:00@	00:14#	00:06-	02:03&	00:20#	00:59#	00:30-	00:05-	00:06-	00:40&	00:01-	
3	Brur	no Piei	felice			5	1					3	32:06				
01:15-	02:03-	03:11+	06:07-	07:31-	09:21-	10:30-	11:58-	13:35-	19:30+	22:36+	26:02+	27:26+	30:07+	30:43+	31:56+	32:06+	
01:15-	00:48-	01:08+	02:56-	01:24+	01:50+	01:09+	01:28-	01:37-	05:55+	03:06+	03:26-	01:24-	02:41+	00:36-	01:13+	00:10+	
00:11-	00:02-	00:30&	02:25-	00:01+	00:49&	00:33&	00:09-	00:05-	01:09#	01:07&	00:35-	00:17-	00:28#	00:05-	00:15&	00:02#	
4	Anta	ıl Jans	en			1	15					3	39:48				
01:54+	02:37+	03:19+	06:05-	07:18-	08:12-	08:45-	11:17-	12:34-	25:17+	30:09+	32:48+	34:29+	37:17+	38:25+	39:32+	39:48+	
01:54+	00:43-	00:42+	02:46-	01:13-	00:54-	00:33-	02:32+	01:17-	12:43+	04:52+	02:39-	01:41=	02:48+	01:08+	01:07+	00:16+	
00:28&	00:07-	00:04#	02:35-	00:10-	00:07-	00:03-	00:55&	00:25-	07:57@	02:53@	01:22-	00:00=	00:35&	00:27&	00:09#	480:00	
5	Jan	Knuds	en			9:	2					3	39:49				
02:12+	02:55+	04:39+	08:34+	10:16+	11:09+	11:50+	14:02+	15:53+	21:47+	28:28+	32:18+	35:07+	37:03+	38:07+	38:39+	39:38+	39:49+
02:12+	00:43-	01:44+	03:55-	01:42+	00:53-	00:41+	02:12+	01:51+	05:54+	06:41+	03:50-	02:49+	01:56-	01:04+	00:32-	00:59+	00:11+
00:46&	00:07-	01:06@	01:26-	00:19#	00:08-	00:05#	00:35&	00:09+	01:08#	04:42@	00:11-	01:08&	00:17-	00:23&	00:26-	00:51@	00:11+

Plass	Navn				K	lasse					T	id			
6	Reidar	Haver			4							0:22			
01:48+		:25+ 06:47-													
		:39+ 03:22- :01+ 01:59-												01:35+	
7		e Hansen		00.03-	_	44	00.23&	00.30#	03.47@	00.22-		12:17	00.02+	00.37&	00.03&
01:55+	- 3	:42+ 09:30+		13:03+	-		18:49+	27:58+	30:48+	34:23+			40:39+	42:06+	42:17+
		:43+ 05:48+													
00:29&		:05# 00:27+	01:09&	00:00=	_	_	00:49&	04:23&	00:51&	00:26-		– "	00:19&	00:29&	00:03&
8		Karlsen	10.50	10.00	2	_	10.00	00.07	20.00	26.06		14:15	40 - 41 -	44.00	44.15.
		:52+ 08:41+ :50+ 03:49-													
		:12& 01:32-													
9	Nils Eq	il Lie			9	1					4	14:36			
02:08+		:20+ 06:55-													
02:08+		:30- 03:35- :08- 01:46-													
10		n Torsvik		00.200	6	_	00.20&	03.03&	04.23@	04.20@		14:43	00.01-	00.20&	00.040
02:54+		:02+ 09:46+		13:44+	-		19:11+	24:37+	34:10+	37:14+		•	43:17+	44:27+	44:43+
02:54+		:14+ 04:44-													
01:28@	_	:36& 00:37-		01:32@	_	_	00:55&	00:40#	07:34@	00:57-			00:15&	00:12#	380:00
11		nd Bakke	-		6	-						14:56			
		:54+ 08:08- :50+ 04:14-													
		:12& 01:07-													
12	Jon Jal	kobsen			1	16					4	15:23			
		:27+ 06:51-													
01:35+		:54+ 03:24- :16& 01:57-													
13		Chalmers	00.10	00.03	_	65	00.11#	02.200	11.336	02.25		15:44	00.106	00.13	
		:21+ 08:57+	10:16+	11:10+	_		15:53+	23:02+	26:51+	38:31+			43:37+	45:32+	45:44+
02:00+	00:46- 00	:35- 05:36+	01:19-	00:54-	00:41+	02:35+	01:27-	07:09+	03:49+	11:40+	01:52+	02:30+	00:44+	01:55+	00:12+
		:03- 00:15+		00:07-	_		00:15-	02:23&	01:50&	07:39@			00:03+	00:57&	00:04&
14		-urubotte			_	92	45.06					l6:11		45.55	45.00
02:56+ 02:56+		:03+ 08:09- :33- 03:06-													
		:05- 02:15-													
15	Svein N	/læle			1	15					4	l6:17			
		:23+ 13:02+													
01:53+		:39+ 09:39+ :01+ 04:18&													
16	_	Haabeth	00.134	00.00	9:	_	00.001	03.304	00.306	01.30		16:26	01.026	00.15	
		:52+ 08:08-	09:54+	11:00+	-		16:56+	25:55+	30:27+	36:41+			43:41+	46:08+	46:26+
02:09+		:41+ 04:16-													
00:43&		:03+ 01:05-	00:23&	00:05+			00:52&	04:13&	02:33@	02:13&			00:26&	01:29@	00:10@
17		rle Skåra :40+ 09:39+	10.50.	11.52.	2:		24.22.	20.52	24.12.	20.44.		17:23	45.47.	47.11.	47.02.
02:22+		:33- 05:59+													
00:56&		:05- 00:38#													
18	Frode L	₋und			1	8					4	18:06			
		:27+ 07:18-													
		:41+ 03:51- :03+ 01:30-													
19	_	re Olsen			9							18:39			
		:09+ 07:20-	08:46-	09:48-	-	_	15:23+	19:54+	30:26+	38:53+			45:41+	47:17+	48:39+
01:28+	01:03+ 00	:38= 04:11-	01:26+	01:02+	01:05+	02:14+	02:16+	04:31-	10:32+	08:27+	02:36+	03:07+	01:05+	01:36+	01:22+
		:00= 01:10-	00:03+	00:01+	_	_	00:34&	00:15-	08:33@	04:26@	_		00:24&	00:38&	01:14@
20	Frode h	1eigre :53+ 15:53+	17.44.	10.05.	10.50+	 :	25.22.	22.22.	27.14.	A1 · 17 ·	_	0:00	10.01,	10.12.	50.00.
		:56+ 11:00+													
01:34@	00:07# 00	:18& 05:39@	00:28&	00:20&	00:18&	01:29&	00:45&	03:04&	01:53&	00:02+	00:49&	00:58&	00:22&	00:44&	00:09@

Plass	Navr	1				K	lasse					-	Tid				
21	Paul	Richa	rd Ca	rr		1:	36						50:13				
													47:25+				
													03:56+ 01:43&				
22	_	Lever		00.001	00.00-	_	88	00.204	01.314	03.116	03.336		50:22	00.00π	00.104	00.03@	
				18:29+	19:53+	-		26:56+	32:24+	37:51+	42:22+			48:35+	50:09+	50:22+	
													03:36+				
02:04@	00:08#	00:15&	05:27@	00:57&	00:23&	00:36&	01:46@	00:46&	00:42#	03:28@	00:30#	00:11-	01:23&	00:26&	00:36&	00:05&	
23			gel-Al			7	-						50:59				
													48:29+				
01:49+ 00:23&													03:38+ 01:25&				
24		nar Aa				_	68						51:15				
				10:40+	12:07+	_		18:15+	25:56+	30:21+	41:57+		48:28+	49:26+	50:59+	51:15+	
													04:06+				
				00:05-	00:26&	_	_	00:52&	02:55&	02:26@	07:35@	00:44&	01:53&	00:17&	00:35&	380:00	
25		1 Thor				5	-						52:47				
02:07+													50:02+ 02:59+				
													00:46&				
26	Arild	l Svihu	ıs			9:	2						53:46				
02:24+	03:37+	04:20+	16:04+	18:03+	19:00+	20:01+	23:00+	25:09+	30:53+	40:03+	44:49+	47:13+	49:53+	52:03+	53:33+	53:46+	
													02:40+				
	_		_		00:04-	_	_	00:27&	00:58#	07:11@	00:45#		00:27#	01:29@	00:32&	00:05&	
27			steine		10.28-	14:14	-	10.20+	22.25+	37·30±	/1·17±		53:53 50:10+	51·06±	52·51±	53:39+	53:53+
													06:18+				
													04:05@				00:14+
28	lvar	Aalbu				2	9						54:17				
													51:11+				
													02:50+ 00:37&				
29		en Mo		00.240	00.11#	_	01.41@	01.10%	00.43#	01.10%	10.31@		56:15	00.25@	00.47&	00.07&	
				12:01+	13:06+	-		18:47+	34:52+	38:20+	47:07+		54:09+	54:59+	56:05+	56:15+	
01:38+													04:53+				
00:12#	00:07#	00:04#	01:32&	00:28&	00:04+	00:16&	00:42&	00:48&	11:19@	01:29&	04:46@	00:28&	02:40@	00:09#	00:08#	00:02#	
30	Per l	Kolbei	n Tons	stad		6	6					;	56:48				
													53:52+				
													02:49+ 00:36&				
31		_	rådlan		00.001	3		00-174	02.55d	02.116	13.116		57:22	00.204	00.304	00.074	
					13:48+			18:24+	23:04+	32:53+	50:34+		55:22+	55:58+	57:12+	57:22+	
													03:18+				
	00:06-	00:03+	03:23&	00:25-	00:06-	_		00:09-	00:06-	07:50@	13:40@		01:05&	00:05-	00:16&	00:02#	
32			nunds				15						57:42				
													55:25+ 03:02+				
													03:02+				
33	Arild	Olsei	n			4							59:28				
				11:05+	15:00+	19:48+	22:01+	24:28+	30:06+	41:38+	46:46+		56:39+	57:34+	59:17+	59:28+	
													07:06+				
				00:36&	02:54@			00:45&	00:52#	09:33@	01:07&		04:53@		00:45&	00:03&	
34		Danne	_	11.40	10.52	7	-	17.04	00.20	40.50	55.11.		1:01:12	_	61.00	61.10.	
													59:32+ 02:46+				
													00:33#				
35	Arne	Hope)			4:	3						1:01:34	1			
													59:04+				
													05:37+ 03:24@				
UU:43&	00.10#	00.02+	01.04-	+80.00	00.TP%	00.20&	01.20@	UU.ZI#	00.00@	UB.54@	UD-35@	01.11%	U3:24@	00.01+	UU-39&	00.03&	

Plass	Navr	1				K	lasse					-	Γid				
36	Erlin	q Anil	ksdal			1	28						1:02:42	2			
													57:32+ 04:21+				
													02:08&				
37	Tor I	Magnu	ıs Sive	ertsen		1	28						1:02:44	Ļ			
													57:28+				
													04:13+ 02:00&				
38		I Bård		00.031	00.234		05	03.026	03.106	03.176	01.316		1:03:14		02.556	00.036	
				19:18+	20:07+	-		25:17+	31:05+	38:54+	56:58+		61:23+	-	63:03+	63:14+	
													02:42+				
	_			00:27&	00:12-	_		00:21#	01:02#	05:50@	14:03@		00:29# 4.03.31		00:07#	00:03&	
39 02:18+		e Hell	-	29:55+	30:49+		33:28+	35:31+	47:49+	53:38+	56:08+		1:03:32 61:37+		63:19+	63:32+	
													03:14+				
00:52&	00:11#	00:04#	18:49@	00:21&	00:07-	00:03-	00:29&	00:21#	07:32@	03:50@	01:31-	00:34&	01:01&	00:00=	00:03+	00:05&	
40		Greps				_	11						1:04:00	-			
													60:15+ 03:41+				
01:17&	00:27&	00:27&	00:23-	00:45&	00:33&	00:34&	02:54@	01:58@	03:21&	15:01@	01:33&	01:06&	01:28&	00:39&	01:03@	00:16@	
41	Ragr	nar Ro	ssavil	<		1	09						1:05:14	ļ			
													57:47+ 01:24-				
													00:49-				
42	Svei	n Inae	Sæve	reid		1	26						1:05:24	ļ.			
													60:31+				
													04:40+ 02:27@				
43		Weihs				_	15						1:09:10				
				13:27+	14:24+			19:17+	31:02+	48:13+	59:16+		67:02+		68:59+	69:10+	
													05:55+				
				00.39&	00.04-	_	_	00.07+	00.59@	15.12@	07.02@		03:42@ 1-00- <i>1</i> F	-	00.15&	00.03&	
44 02:51+		Grød(13:59+	15:50+	9 16:53+		26:08+	34:18+	48:55+	58:03+		1:09:45 66:27+	-	69:31+	69:45+	
02:51+	01:28+	01:06+	06:23+	02:11+	01:51+	01:03+	04:50+	04:25+	08:10+	14:37+	09:08+	03:59+	04:25+	01:10+	01:54+	00:14+	
	_			00:48&	00:50&	_	_	02:43@	03:24&	12:38@	05:07@		02:12&		00:56&	00:06&	
45		Fand		24.26.	25.26.	9	-	22.00.	40.56	F0.20.	66.40		1:15:08		74.56	75.00.	
													72:57+ 03:29+				
14:37@	00:04+	00:20&	00:42-	00:29&	00:01-	_	_	00:45&	11:01@	08:44@	03:09&	00:58&	01:16&	00:02+	00:18&	00:04&	
46			ristian			9	-						1:18:35	-			
													73:46+ 04:46+				
													02:33@				
47	Gord	ion Ra	amsay			4	2						1:21:18	3			
													77:29+				
													26:04+ 23:51@				
48	Viaa	o Joh	ansen			6	2						1:24:41				
03:08+	04:22+	05:30+	11:23+	13:08+		16:53+	19:59+					72:47+	81:51+	82:47+			
													09:04+ 06:51@				
49	_	Muzd	_	00.22&	00.55%	7	_	01.136	11.32@	19.00@	04.10@		1:26:32		00.3/&	00.11@	
	J			27:19+	28:53+	_	-	35:54+	49:19+	60:17+	76:17+		83:56+	_	86:05+	86:32+	
15:36+	01:33+	04:44+	03:52-	01:34+	01:34+	01:03+	02:28+	03:30+	13:25+	10:58+	16:00+	03:25+	04:14+	00:35-	01:34+	00:27+	
				00:11#	00:33&	_	00:51&	01:48@	08:39@	08:59@	11:59@		02:01& 1-20-51		00:36&	00:19@	
50 03:07+	_	3akke		11:04+	12:26±	14:03+	17:10+	20:34+	33:15±	43:50±	69:01+		1: 29:5 1 85:29+		89:36+	89:51±	
													12:49+				
01:41@	00:12#	00:10&	00:49-	00:12#	00:21&	01:01@	01:30&	01:42&	07:55@	08:36@	21:10@	01:58@	10:36@	00:53@	01:35@	00:07&	

Plass	Navr	า				K	lasse			Tid								
51	Sam	uel De	nieul			4:	2					1	1:31:19	•				
03:13+	04:22+	04:55+	25:56+	27:56+	29:31+	30:53+	34:32+	37:59+	45:59+	69:43+	79:02+	81:01+	84:45+	88:51+	89:33+	91:08+	91:19+	
03:13+	01:09+	00:33-	21:01+	02:00+	01:35+	01:22+	03:39+	03:27+	+00:80	23:44+	09:19+	01:59+	03:44+	04:06+	00:42-	01:35+	00:11+	
01:47@	00:19&	00:05-	15:40@	00:37&	00:34&	00:46@	02:02@	01:45@	03:14&	21:45@	05:18@	00:18#	01:31&	03:25@	00:16-	01:27@	00:11+	
Beste	strekk	tid for	klass	en														
01:15	00:39	00:30	01:55	00:58	00:43	00:33	01:28	01:17	04:31	01:59	01:38	01:11	00:41	00:35	00:09	00:07		
						400/	0.05											