

Plass Navn

Klasse

Tid

D/H 11-12

1	Øyvind Lamark	88	13:40								
01:25=	03:31=	05:13=	07:04=	08:06=	09:04=	09:45=	10:33=	11:50=	12:38=	13:23=	13:40=
01:25=	02:06=	01:42=	01:51=	01:02=	00:58=	00:41=	00:48=	01:17=	00:48=	00:45=	00:17=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Omund Thu Landstad	303	14:50								
01:34+	03:45+	05:55+	08:11+	08:56+	10:34+	11:24+	11:59+	13:11+	13:58+	14:33+	14:50+
01:34+	02:11+	02:10+	02:16+	00:45-	01:38+	00:50+	00:35-	01:12-	00:47-	00:35-	00:17=
00:09#	00:05+	00:28&	00:25#	00:17-	00:40&	00:09#	00:13-	00:05-	00:01-	00:10-	00:00=
3	Johannes Kjosavik	303	15:46								
01:29+	03:58+	06:10+	08:25+	09:06+	10:55+	11:51+	12:39+	13:55+	14:55+	15:26+	15:46+
01:29+	02:29+	02:12+	02:15+	00:41-	01:49+	00:56+	00:48=	01:16-	01:00+	00:31-	00:20+
00:04+	00:23#	00:30&	00:24#	00:21-	00:51&	00:15&	00:00=	00:01-	00:12#	00:14-	00:03#
4	Vilde Margrethe Sæbbø	324	16:55								
04:34+	07:01+	08:08+	10:26+	11:33+	12:32+	13:30+	14:13+	15:24+	16:05+	16:35+	16:55+
04:34+	02:27+	01:07-	02:18+	01:07+	00:59+	00:58+	00:43-	01:11-	00:41-	00:30-	00:20+
03:09@	00:21#	00:35-	00:27#	00:05+	00:01+	00:17&	00:05-	00:06-	00:07-	00:15-	00:03#
5	Ane Nevland	398	17:12								
04:36+	07:16+	08:24+	10:33+	11:35+	12:37+	13:35+	14:15+	15:33+	16:14+	16:47+	17:12+
04:36+	02:40+	01:08-	02:09+	01:02=	01:02+	00:58+	00:40-	01:18+	00:41-	00:33-	00:25+
03:11@	00:34&	00:34-	00:18#	00:00=	00:04+	00:17&	00:08-	00:01+	00:07-	00:12-	00:08&
6	Nora Byrkjedal Levang	398	17:15								
01:33+	04:39+	05:56+	09:35+	10:07+	11:05+	12:07+	12:54+	15:00+	16:03+	16:50+	17:15+
01:33+	03:06+	01:17-	03:39+	00:32-	00:58=	01:02+	00:47-	02:06+	01:03+	00:47+	00:25+
00:08+	01:00&	00:25-	01:48&	00:30-	00:00=	00:21&	00:01-	00:49&	00:15&	00:02+	00:08&
7	Erik Sporaland	303	18:05								
04:20+	06:36+	07:56+	11:26+	12:01+	12:58+	13:58+	14:49+	16:16+	16:59+	17:38+	18:05+
04:20+	02:16+	01:20-	03:30+	00:35-	00:57-	01:00+	00:51+	01:27+	00:43-	00:39-	00:27+
02:55@	00:10+	00:22-	01:39&	00:27-	00:01-	00:19&	00:03+	00:10#	00:05-	00:06-	00:10&
8	Dina Sofie Falkenberg Torgersen	324	19:13								
02:03+	05:05+	07:57+	09:58+	10:41+	13:16+	14:13+	15:28+	17:00+	18:07+	18:56+	19:13+
02:03+	03:02+	02:52+	02:01+	00:43-	02:35+	00:57+	01:15+	01:32+	01:07+	00:49+	00:17=
00:38&	00:56&	01:10&	00:10+	00:19-	01:37@	00:16&	00:27&	00:15#	00:19&	00:04+	00:00=
9	Samuel Kleppa	398	20:20								
04:37+	10:00+	11:34+	13:24+	13:59+	16:09+	16:45+	17:24+	18:36+	19:14+	19:53+	20:20+
04:37+	05:23+	01:34-	01:50-	00:35-	02:10+	00:36-	00:39-	01:12-	00:38-	00:39-	00:27+
03:12@	03:17@	00:08-	00:01-	00:27-	01:12@	00:05-	00:09-	00:05-	00:10-	00:06-	00:10&
10	Vegard Haug	303	27:46								
05:29+	12:14+	14:30+	18:08+	19:03+	20:38+	21:38+	23:31+	25:37+	26:41+	27:25+	27:46+
05:29+	06:45+	02:16+	03:38+	00:55-	01:35+	01:00+	01:53+	02:06+	01:04+	00:44-	00:21+
04:04@	04:39@	00:34&	01:47&	00:07-	00:37&	00:19&	01:05@	00:49&	00:16&	00:01-	00:04#
11	Daniel de Jong Njaa	88	27:47								
06:40+	10:18+	13:15+	15:33+	16:14+	17:54+	18:57+	20:11+	25:13+	26:26+	27:20+	27:47+
06:40+	03:38+	02:57+	02:18+	00:41-	01:40+	01:03+	01:14+	05:02+	01:13+	00:54+	00:27+
05:15@	01:32&	01:15&	00:27#	00:21-	00:42&	00:22&	00:26&	03:45@	00:25&	00:09#	00:10&
12	Ida Sofie Nevland	398	37:52								
23:56+	26:50+	28:54+	31:12+	31:54+	33:22+	34:06+	34:54+	36:08+	36:54+	37:31+	37:52+
23:56+	02:54+	02:04+	02:18+	00:42-	01:28+	00:44+	00:48=	01:14-	00:46-	00:37-	00:21+
22:31@	00:48&	00:22#	00:27#	00:20-	00:30&	00:03+	00:00=	00:03-	00:02-	00:08-	00:04#

Beste strekktid for klassen

01:25 02:06 01:07 01:50 00:32 00:57 00:36 00:35 01:11 00:38 00:30 00:17

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D/H 13-16

Class	Navn	Klasse	Tid										
1	Brostrup Landstad	303	13:54										
01:44=	03:42=	05:27=	07:12=	07:49=	09:41=	10:26=	11:06=	12:06=	12:51=	13:28=	13:54=		
01:44=	01:58=	01:45=	01:45=	00:37=	01:52=	00:45=	00:40=	01:00=	00:45=	00:37=	00:26=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Markus Andreas Breivold	88	18:00										
04:46+	07:04+	08:42+	10:30+	11:00+	11:54+	12:52+	14:10+	15:40+	16:33+	17:36+	18:00+		
04:46+	02:18+	01:38-	01:48+	00:30-	00:54-	00:58+	01:18+	01:30+	00:53+	01:03+	00:24-		
03:02@	00:20#	00:07-	00:03+	00:07-	00:58-	00:13&	00:38&	00:30&	00:08#	00:26&	00:02-		
3	Jonas Aksland	303	19:46										
03:29+	05:07+	08:36+	09:42+	11:33+	13:01+	14:04+	14:49+	15:28+	16:30+	17:07+	18:09+	19:04+	19:46+
03:29+	01:38-	03:29+	01:06-	01:51+	01:28-	01:03+	00:45+	00:39-	01:02+	00:37=	01:02+	00:55+	00:25+
01:45@	00:20-	01:44&	00:39-	01:14@	00:24-	00:18&	00:05#	00:21-	00:17&	00:00=	00:36@	00:55+	00:25+
4	Ingrid Lamark	88	20:47										
05:18+	07:09+	08:53+	09:58+	12:05+	13:03+	14:30+	15:15+	16:00+	16:48+	17:34+	18:42+	19:31+	20:15+
05:18+	01:51-	01:44-	01:05-	02:07+	00:58-	01:27+	00:45+	00:45-	00:48+	00:46+	01:08+	00:49+	00:44+
03:34@	00:07-	00:01-	00:40-	01:30@	00:54-	00:42&	00:05#	00:15-	00:03+	00:09#	00:42@	00:49+	00:44+
5	Tobias Rødde	301	23:26										
01:44=	06:25+	08:01+	12:14+	13:20+	15:27+	16:22+	17:26+	18:15+	19:04+	20:34+	22:15+	23:07+	23:26+
01:44=	04:41+	01:36-	04:13+	01:06+	02:07+	00:55+	01:04+	00:49-	00:49+	01:30+	01:41+	00:52+	00:19+
00:00=	02:43@	00:09-	02:28@	00:29&	00:15#	00:10#	00:24&	00:11-	00:04+	00:53@	01:15@	00:52+	00:19+

Beste strekktid for klassen

01:44 01:38 01:36 01:05 00:30 00:54 00:45 00:40 00:39 00:45 00:37 00:24

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D165

1	Turid Nystrøm	324	28:19													
02:00=	03:48=	08:11=	09:35=	11:27=	14:46=	18:03=	19:20=	21:05=	21:47=	22:34=	23:42=	24:43=	26:15=	27:14=	27:57=	28:19=
02:00=	01:48=	04:23=	01:24=	01:52=	03:19=	03:17=	01:17=	01:45=	00:42=	00:47=	01:08=	01:01=	01:32=	00:59=	00:43=	00:22=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gry Vikhamar Thengs	324	31:18													
06:55+	11:55+	13:16+	16:05+	18:13+	20:53+	22:09+	23:50+	24:55+	25:40+	26:47+	27:46+	29:14+	30:05+	30:45+	31:18+	
06:55+	05:00+	01:21-	02:49+	02:08+	02:40-	01:16-	01:41+	01:05-	00:45+	01:07+	00:59-	01:28+	00:51-	00:40-	00:33-	
04:55@	03:12@	03:02-	01:25@	00:16#	00:39-	02:01-	00:24&	00:40-	00:03+	00:20&	00:09-	00:27&	00:41-	00:19-	00:10-	
3	Haldis Glendrange	324	33:44													
04:10+	09:30+	10:58+	13:21+	17:19+	20:22+	22:09+	24:01+	25:27+	26:19+	27:45+	29:04+	31:10+	32:21+	33:10+	33:44+	
04:10+	05:20+	01:28-	02:23+	03:58+	03:03-	01:47-	01:52+	01:26-	00:52+	01:26+	01:19+	02:06+	01:11-	00:49-	00:34-	
02:10@	03:32@	02:55-	00:59&	02:06@	00:16-	01:30-	00:35&	00:19-	00:10#	00:39&	00:11#	01:05@	00:21-	00:10-	00:09-	

Beste strekktid for klassen

02:00 01:48 01:21 01:24 01:52 02:40 01:16 01:17 01:05 00:42 00:47 00:59 01:01 00:51 00:40 00:33 00:22

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D17

1	Janne Tjørhom Aasheim	88	20:41														
02:25=	03:48=	06:25=	08:35=	09:27=	10:33=	12:12=	13:51=	14:39=	15:39=	16:04=	16:44=	17:33=	18:06=	19:08=	19:47=	20:17=	20:41=
02:25=	01:23=	02:37=	02:10=	00:52=	01:06=	01:39=	01:39=	00:48=	01:00=	00:25=	00:40=	00:49=	00:33=	01:02=	00:39=	00:30=	00:24=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Vilde Malmei	303	22:11														
07:35+	10:05+	12:12+	12:59+	13:54+	16:10+	17:34+	18:19+	19:35+	20:06+	20:46+	21:26+	22:07+	23:09+	23:45+	24:18+	24:41+	
07:35+	02:30+	02:07-	00:47-	00:55+	02:16+	01:24-	00:45-	01:16+	00:31-	00:40+	00:40=	00:41-	01:02+	00:36-	00:33-	00:23-	
05:10@	01:07&	00:30-	01:23-	00:03+	01:10@	00:15-	00:54-	00:28&	00:29-	00:15&	00:00=	00:08-	00:29&	00:26-	00:06-	00:07-	
3	Hannah Malmei	303	22:24														
05:05+	07:34+	10:36+	11:33+	12:19+	14:16+	15:39+	16:28+	17:28+	18:05+	18:36+	19:20+	19:56+	20:55+	21:29+	21:58+	22:24+	
05:05+	02:29+	03:02+	00:57-	00:46-	01:57+	01:23-	00:49-	01:00+	00:37-	00:31+	00:44+	00:36-	00:59+	00:34-	00:29-	00:26-	
02:40@	01:06&	00:25#	01:13-	00:06-	00:51&	00:16-	00:50-	00:12#	00:23-	00:06#	00:04#	00:13-	00:26&	00:28-	00:10-	00:04-	

Class	Navn	Klasse												Tid			
4	Marthe Svihus	303												23:14			
05:55+	07:30+	10:09+	12:21+	13:16+	14:44+	16:34+	18:02+	19:13+	20:29+	20:56+	21:31+	22:21+	23:04+	24:08+	24:44+	25:20+	25:44+
05:55+	01:35+	02:39+	02:12+	00:55+	01:28+	01:50+	01:28-	01:11+	01:16+	00:27+	00:35-	00:50+	00:43+	01:04+	00:36-	00:36+	00:24=
03:30@	00:12#	00:02+	00:02+	00:03+	00:22&	00:11#	00:11-	00:23&	00:16&	00:02+	00:05-	00:01+	00:10&	00:02+	00:03-	00:06#	00:00=
5	Sunniva Omdal	303												23:28			
03:37+	07:11+	09:15+	10:15+	12:18+	13:49+	15:34+	16:26+	17:28+	18:24+	19:00+	19:50+	20:36+	21:43+	22:23+	22:58+	23:28+	
03:37+	03:34+	02:04-	01:00-	02:03+	01:31+	01:45+	00:52-	01:02+	00:56-	00:36+	00:50+	00:46-	01:07+	00:40-	00:35-	00:30=	
01:12&	02:11@	00:33-	01:10-	01:11@	00:25&	00:06+	00:47-	00:14&	00:04-	00:11&	00:10#	00:03-	00:34@	00:22-	00:04-	00:00=	
6	Ane Oftedal	398												24:26			
05:44+	07:10+	10:03+	12:15+	13:15+	14:31+	16:29+	18:00+	18:58+	20:49+	21:16+	21:54+	22:55+	23:40+	24:51+	25:38+	26:17+	26:56+
05:44+	01:26+	02:53+	02:12+	01:00+	01:16+	01:58+	01:31-	00:58+	01:51+	00:27+	00:38-	01:01+	00:45+	01:11+	00:47+	00:39+	00:39+
03:19@	00:03+	00:16#	00:02+	00:08#	00:10#	00:19#	00:08-	00:10#	00:51&	00:02+	00:02-	00:12#	00:12&	00:09#	00:08#	00:09&	00:15&
7	Veronica Morstøl Øvremo	398												25:18			
04:44+	08:14+	11:18+	12:26+	13:35+	15:57+	17:27+	18:19+	19:17+	19:52+	20:34+	21:34+	22:17+	23:32+	24:18+	24:54+	25:18+	
04:44+	03:30+	03:04+	01:08-	01:09+	02:22+	01:30-	00:52-	00:58+	00:35-	00:42+	01:00+	00:43-	01:15+	00:46-	00:36-	00:24-	
02:19&	02:07@	00:27#	01:02-	00:17&	01:16@	00:09-	00:47-	00:10#	00:25-	00:17&	00:20&	00:06-	00:42@	00:16-	00:03-	00:06-	
8	Wenche Margrethe Sæbbø	324												25:30			
02:36+	04:15+	07:23+	10:07+	11:14+	12:33+	14:31+	16:17+	17:13+	18:46+	19:28+	20:12+	21:20+	22:13+	23:29+	24:24+	25:02+	25:30+
02:36+	01:39+	03:08+	02:44+	01:07+	01:19+	01:58+	01:46+	00:56+	01:33+	00:42+	00:44+	01:08+	00:53+	01:16+	00:55+	00:38+	00:28+
00:11+	00:16#	00:31#	00:34&	00:15&	00:13#	00:19#	00:07+	00:08#	00:33&	00:17&	00:04#	00:19&	00:20&	00:14#	00:16&	00:08&	00:04#
9	Marit Haavardsholm	303												26:17			
02:56+	04:34+	07:50+	11:12+	12:16+	15:15+	17:00+	18:40+	19:27+	20:35+	21:04+	21:42+	22:30+	23:15+	24:23+	25:06+	25:52+	26:17+
02:56+	01:38+	03:16+	03:22+	01:04+	02:59+	01:45+	01:40+	00:47-	01:08+	00:29+	00:38-	00:48-	00:45+	01:08+	00:43+	00:46+	00:25+
00:31#	00:15#	00:39#	01:12&	00:12#	01:53@	00:06+	00:01+	00:01-	00:08#	00:04#	00:02-	00:01-	00:12&	00:06+	00:04#	00:16&	00:01+
10	Jorunn Johannesen	303												27:09			
04:21+	08:41+	11:07+	12:11+	13:58+	15:41+	17:52+	18:46+	20:49+	21:39+	22:24+	23:25+	24:09+	25:21+	26:09+	26:47+	27:09+	
04:21+	04:20+	02:26-	01:04-	01:47+	01:43+	02:11+	00:54-	02:03+	00:50-	00:45+	01:01+	00:44-	01:12+	00:48-	00:38-	00:22-	
01:56&	02:57@	00:11-	01:06-	00:55@	00:37&	00:32&	00:45-	01:15@	00:10-	00:20&	00:21&	00:05-	00:39@	00:14-	00:01-	00:08-	
11	Ann Karin Tjørhom	88												27:20			
04:59+	08:33+	11:27+	12:35+	13:45+	16:16+	17:59+	19:15+	20:45+	21:34+	22:14+	23:13+	24:04+	25:29+	26:14+	26:58+	27:20+	
04:59+	03:34+	02:54+	01:08-	01:10+	02:31+	01:43+	01:16-	01:30+	00:49-	00:40+	00:59+	00:51+	01:25+	00:45-	00:44+	00:22-	
02:34@	02:11@	00:17#	01:02-	00:18&	01:25@	00:04+	00:23-	00:42&	00:11-	00:15&	00:19&	00:02+	00:52@	00:17-	00:05#	00:08-	
12	Anne Marie Gausel	88												33:54			
07:21+	12:40+	16:14+	17:34+	20:36+	22:44+	24:33+	25:48+	27:14+	28:36+	29:28+	31:21+	32:24+	33:45+	34:57+	35:47+	36:24+	
07:21+	05:19+	03:34+	01:20-	03:02+	02:08+	01:49+	01:15-	01:26+	01:22+	00:52+	01:53+	01:03+	01:21+	01:12+	00:50+	00:37+	
04:56@	03:56@	00:57&	00:50-	02:10@	01:02&	00:10#	00:24-	00:38&	00:22&	00:27@	01:13@	00:14&	00:48@	00:10#	00:11&	00:07#	
13	Elisabeth Christie Ørke	324												34:06			
10:17+	13:35+	16:03+	17:09+	18:21+	23:44+	25:30+	26:48+	29:38+	30:31+	31:13+	32:13+	33:04+	34:11+	35:01+	35:41+	36:36+	
10:17+	03:18+	02:28-	01:06-	01:12+	05:23+	01:46+	01:18-	02:50+	00:53-	00:42+	01:00+	00:51+	01:07+	00:50-	00:40+	00:55+	
07:52@	01:55@	00:09-	01:04-	00:20&	04:17@	00:07+	00:21-	02:02@	00:07-	00:17&	00:20&	00:02+	00:34@	00:12-	00:01+	00:25&	
14	Toril Granly	324												36:09			
05:19+	12:19+	15:57+	17:31+	20:00+	22:42+	24:55+	26:04+	27:38+	28:55+	30:03+	31:20+	32:28+	34:01+	35:01+	35:47+	36:09+	
05:19+	07:00+	03:38+	01:34-	02:29+	02:42+	02:13+	01:09-	01:34+	01:17+	01:08+	01:17+	01:08+	01:33+	01:00-	00:46+	00:22-	
02:54@	05:37@	01:01&	00:36-	01:37@	01:36@	00:34&	00:30-	00:46&	00:17&	00:43@	00:37&	00:19&	01:00@	00:02-	00:07#	00:08-	

Beste strekktid for klassen

02:25 01:23 02:04 00:47 00:46 01:06 01:23 00:45 00:47 00:31 00:25 00:35 00:36 00:33 00:34 00:29 00:22 00:24

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer Bedrift

1	Inger Tone Nygård	29												23:01			
03:26=	07:11=	09:22=	10:18=	12:05=	13:45=	15:25=	16:18=	17:19=	18:10=	18:46=	19:34=	20:21=	21:30=	22:10=	22:40=	23:01=	
03:26=	03:45=	02:11=	00:56=	01:47=	01:40=	01:40=	00:53=	01:01=	00:51=	00:36=	00:48=	00:47=	01:09=	00:40=	00:30=	00:21=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Heidi Langeland	117												25:26			
03:26=	05:08-	08:17-	10:50+	11:54-	13:12-	14:57-	17:20+	18:32+	19:44+	20:32+	21:06+	21:57+	22:44+	23:48+	24:31+	25:06+	25:26+
03:26=	01:42-	03:09+	02:33+	01:04-	01:18-	01:45+	02:23+	01:12+	01:12+	00:48+	00:34-	00:51+	00:47-	01:04+	00:43+	00:35+	00:20+
00:00=	02:03-	00:58&	01:37@	00:43-	00:22-	00:05+	01:30@	00:11#	00:21&	00:12&	00:14-	00:04+	00:22-	00:24&	00:13&	00:14&	00:20+

Class	Navn	Klasse	Tid
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Beste strekktid for klassen

03:26 01:42 02:04 00:56 00:54 01:18 01:28 00:45 01:01 00:36 00:33 00:34 00:43 00:40 00:40 00:30 00:20

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H165

1	Svein Glendrange	324	17:20														
00:37=	02:44=	04:30=	06:13=	07:11=	10:23=	11:17=	12:08=	13:08=	14:07=	15:28=	16:16=	16:55=	17:20=				
00:37=	02:07=	01:46=	01:43=	00:58=	03:12=	00:54=	00:51=	01:00=	00:59=	01:21=	00:48=	00:39=	00:25=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Odd Fuglestad	398	19:59														
02:38+	05:38+	08:02+	08:53+	10:13+	11:32+	12:47+	13:38+	14:37+	15:15+	15:46+	16:34+	17:13+	18:14+	18:50+	19:22+	19:59+	
02:38+	03:00+	02:24+	00:51-	01:20+	01:19-	01:15+	00:51=	00:59-	00:38-	00:31-	00:48=	00:39=	01:01+	00:36+	00:32+	00:37+	
02:01@	00:53&	00:38&	00:52-	00:22&	01:53-	00:21&	00:00=	00:01-	00:21-	00:50-	00:00=	00:00=	00:36@	00:36+	00:32+	00:37+	
3	Jan-Einar Øvremo	398	20:16														
02:21+	03:32+	06:25+	08:27+	09:15+	10:21-	11:50+	13:20+	14:05+	15:13+	15:35+	16:10-	16:59+	17:46+	18:47+	19:28+	19:57+	20:16+
02:21+	01:11-	02:53+	02:02+	00:48-	01:06-	01:29+	01:30+	00:45-	01:08+	00:22-	00:35-	00:49+	00:47+	01:01+	00:41+	00:29+	00:19+
01:44@	00:56-	01:07&	00:19#	00:10-	02:06-	00:35&	00:39&	00:15-	00:09#	00:59-	00:13-	00:10&	00:22&	01:01+	00:41+	00:29+	00:19+
4	Trond Lamark	324	20:29														
06:23+	09:17+	11:18+	12:15+	13:04+	14:40+	15:56+	16:44+	17:41+	18:11+	18:45+	19:33+	20:15+	21:21+	21:57+	22:29+	22:59+	
06:23+	02:54+	02:01+	00:57-	00:49-	01:36-	01:16+	00:48-	00:57-	00:30-	00:34-	00:48=	00:42+	01:06+	00:36+	00:32+	00:30+	
05:46@	00:47&	00:15#	00:46-	00:09-	01:36-	00:22&	00:03-	00:03-	00:29-	00:47-	00:00=	00:03+	00:41@	00:36+	00:32+	00:30+	
5	Harry Breiland	398	26:02														
10:30+	13:34+	15:49+	16:42+	17:33+	19:19+	20:48+	21:42+	22:42+	23:18+	23:55+	24:45+	25:32+	26:39+	27:18+	27:55+	28:32+	
10:30+	03:04+	02:15+	00:53-	00:51-	01:46-	01:29+	00:54+	01:00=	00:36-	00:37-	00:50+	00:47+	01:07+	00:39+	00:37+	00:37+	
09:53@	00:57&	00:29&	00:50-	00:07-	01:26-	00:35&	00:03+	00:00=	00:23-	00:44-	00:02+	00:08#	00:42@	00:39+	00:37+	00:37+	

Beste strekktid for klassen

00:37 01:11 01:46 00:51 00:48 01:06 00:54 00:48 00:45 00:30 00:22 00:35 00:39 00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H165 Bedrift

1	Arne Magne Sondresen	92	01:50														
00:05=	00:46=	01:21=	01:50=														
00:05=	00:41=	00:35=	00:29=														
00:00=	00:00=	00:00=	00:00=														
2	Bjørn Alsaker	115	21:29														
02:27+	03:47+	06:20+	08:35+	09:29+	10:44+	12:10+	13:30+	14:25+	16:19+	16:49+	17:29+	18:19+	18:59+	20:02+	20:41+	21:09+	21:29+
02:27+	01:20+	02:33+	02:15+	00:54+	01:15+	01:26+	01:20+	00:55+	01:54+	00:30+	00:40+	00:50+	00:40+	01:03+	00:39+	00:28+	00:20+
02:22@	00:39&	01:58@	01:46@	00:54+	01:15+	01:26+	01:20+	00:55+	01:54+	00:30+	00:40+	00:50+	00:40+	01:03+	00:39+	00:28+	00:20+
3	Sverre Austrheim	27	23:45														
03:12+	04:58+	07:46+	10:24+	11:19+	12:36+	14:31+	16:09+	17:05+	18:08+	18:37+	19:27+	20:25+	21:05+	22:12+	22:55+	23:24+	23:45+
03:12+	01:46+	02:48+	02:38+	00:55+	01:17+	01:55+	01:38+	00:56+	01:03+	00:29+	00:50+	00:58+	00:40+	01:07+	00:43+	00:29+	00:21+
03:07@	01:05@	02:13@	02:09@	00:55+	01:17+	01:55+	01:38+	00:56+	01:03+	00:29+	00:50+	00:58+	00:40+	01:07+	00:43+	00:29+	00:21+
4	Per Ingar Hadland	7	24:16														
02:42+	04:26+	07:20+	09:46+	10:47+	12:08+	14:10+	15:39+	16:45+	18:27+	18:54+	19:33+	20:30+	21:21+	22:30+	23:09+	23:53+	24:16+
02:42+	01:44+	02:54+	02:26+	01:01+	01:21+	02:02+	01:29+	01:06+	01:42+	00:27+	00:39+	00:57+	00:51+	01:09+	00:39+	00:44+	00:23+
02:37@	01:03@	02:19@	01:57@	01:01+	01:21+	02:02+	01:29+	01:06+	01:42+	00:27+	00:39+	00:57+	00:51+	01:09+	00:39+	00:44+	00:23+
5	Espen Krogh	7	24:25														
07:26+	09:51+	12:00+	12:57+	13:56+	16:48+	18:09+	19:04+	20:21+	21:00+	21:34+	22:27+	24:05+	25:04+	25:42+	26:20+	26:55+	
07:26+	02:25+	02:09+	00:57+	00:59+	02:52+	01:21+	00:55+	01:17+	00:39+	00:34+	00:53+	01:38+	00:59+	00:38+	00:38+	00:35+	
07:21@	01:44@	01:34@	00:28&	00:59+	02:52+	01:21+	00:55+	01:17+	00:39+	00:34+	00:53+	01:38+	00:59+	00:38+	00:38+	00:35+	
6	Morten Johannesen	7	24:38														
03:43+	06:54+	09:48+	10:44+	12:47+	14:25+	16:04+	17:08+	18:31+	19:25+	20:02+	20:42+	21:29+	22:37+	23:19+	24:02+	24:38+	
03:43+	03:11+	02:54+	00:56+	02:03+	01:38+	01:39+	01:04+	01:23+	00:54+	00:37+	00:40+	00:47+	01:08+	00:42+	00:43+	00:36+	
03:38@	02:30@	02:19@	00:27&	02:03+	01:38+	01:39+	01:04+	01:23+	00:54+	00:37+	00:40+	00:47+	01:08+	00:42+	00:43+	00:36+	

Class	Navn	Klasse											Tid				
7	Tor Geir Espedal	115											24:52				
07:04+	09:59+	12:34+	13:38+	14:41+	16:53+	18:27+	19:30+	20:51+	21:28+	22:14+	23:15+	24:04+	25:20+	26:10+	26:51+	27:22+	
07:04+	02:55+	02:35+	01:04+	01:03+	02:12+	01:34+	01:03+	01:21+	00:37+	00:46+	01:01+	00:49+	01:16+	00:50+	00:41+	00:31+	
06:59@	02:14@	02:00@	00:35@	01:03+	02:12+	01:34+	01:03+	01:21+	00:37+	00:46+	01:01+	00:49+	01:16+	00:50+	00:41+	00:31+	
8	Eivind L Rake	92											26:42				
04:37+	08:10+	10:53+	12:05+	13:12+	15:34+	17:10+	18:28+	19:42+	20:31+	21:15+	22:27+	23:20+	24:44+	25:41+	26:20+	26:42+	
04:37+	03:33+	02:43+	01:12+	01:07+	02:22+	01:36+	01:18+	01:14+	00:49+	00:44+	01:12+	00:53+	01:24+	00:57+	00:39+	00:22+	
04:32@	02:52@	02:08@	00:43@	01:07+	02:22+	01:36+	01:18+	01:14+	00:49+	00:44+	01:12+	00:53+	01:24+	00:57+	00:39+	00:22+	
9	Jan Hetland	29											26:45				
03:04+	04:55+	08:19+	11:08+	12:10+	13:45+	15:47+	17:47+	18:43+	20:11+	20:41+	21:18+	22:39+	23:16+	24:24+	25:15+	25:51+	26:45+
03:04+	01:51+	03:24+	02:49+	01:02+	01:35+	02:02+	02:00+	00:56+	01:28+	00:30+	00:37+	01:21+	00:37+	01:08+	00:51+	00:36+	00:54+
02:59@	01:10@	02:49@	02:20@	01:02+	01:35+	02:02+	02:00+	00:56+	01:28+	00:30+	00:37+	01:21+	00:37+	01:08+	00:51+	00:36+	00:54+
10	Gudmund Gausel	115											30:14				
03:42+	08:27+	11:15+	12:26+	15:47+	17:39+	19:55+	21:03+	22:17+	23:06+	23:49+	24:58+	26:03+	27:30+	28:20+	29:11+	30:14+	
03:42+	04:45+	02:48+	01:11+	03:21+	01:52+	02:16+	01:08+	01:14+	00:49+	00:43+	01:09+	01:05+	01:27+	00:50+	00:51+	01:03+	
03:37@	04:04@	02:13@	00:42@	03:21+	01:52+	02:16+	01:08+	01:14+	00:49+	00:43+	01:09+	01:05+	01:27+	00:50+	00:51+	01:03+	
11	Ingjald Egeland	7											31:03				
05:51+	07:18+	11:03+	13:31+	14:37+	16:15+	19:48+	23:17+	24:12+	25:39+	26:16+	27:00+	28:04+	28:56+	31:07+	31:55+	32:41+	33:33+
05:51+	01:27+	03:45+	02:28+	01:06+	01:38+	03:33+	03:29+	00:55+	01:27+	00:37+	00:44+	01:04+	00:52+	02:11+	00:48+	00:46+	00:52+
05:46@	00:46@	03:10@	01:59@	01:06+	01:38+	03:33+	03:29+	00:55+	01:27+	00:37+	00:44+	01:04+	00:52+	02:11+	00:48+	00:46+	00:52+
12	Lars Tore Kvasheim	7											34:27				
06:36+	10:07+	13:14+	14:28+	15:49+	19:10+	21:05+	22:09+	24:17+	25:02+	28:40+	29:35+	30:48+	32:05+	33:04+	33:55+	34:27+	
06:36+	03:31+	03:07+	01:14+	01:21+	03:21+	01:55+	01:04+	02:08+	00:45+	03:38+	00:55+	01:13+	01:17+	00:59+	00:51+	00:32+	
06:31@	02:50@	02:32@	00:45@	01:21+	03:21+	01:55+	01:04+	02:08+	00:45+	03:38+	00:55+	01:13+	01:17+	00:59+	00:51+	00:32+	
13	Magne Jakobsen	63											37:19				
09:45+	14:02+	18:17+	19:38+	22:08+	25:20+	27:28+	28:44+	31:13+	32:17+	33:08+	34:23+	35:26+	37:09+	38:06+	39:09+	39:49+	
09:45+	04:17+	04:15+	01:21+	02:30+	03:12+	02:08+	01:16+	02:29+	01:04+	00:51+	01:15+	01:03+	01:43+	00:57+	01:03+	00:40+	
09:40@	03:36@	03:40@	00:52@	02:30+	03:12+	02:08+	01:16+	02:29+	01:04+	00:51+	01:15+	01:03+	01:43+	00:57+	01:03+	00:40+	
14	Kjell Ove Aksland	27											38:19				
04:53+	12:36+	16:46+	18:03+	19:27+	22:53+	25:03+	26:53+	28:28+	29:53+	30:41+	32:41+	34:33+	35:57+	37:00+	37:50+	38:19+	
04:53+	07:43+	04:10+	01:17+	01:24+	03:26+	02:10+	01:50+	01:35+	01:25+	00:48+	02:00+	01:52+	01:24+	01:03+	00:50+	00:29+	
04:48@	07:02@	03:35@	00:48@	01:24+	03:26+	02:10+	01:50+	01:35+	01:25+	00:48+	02:00+	01:52+	01:24+	01:03+	00:50+	00:29+	
15	Kjell Maudal	63											46:54				
04:46+	08:15+	16:22+	20:48+	22:28+	25:52+	29:37+	32:06+	33:27+	36:13+	37:15+	38:51+	40:25+	41:36+	44:23+	45:31+	46:17+	46:54+
04:46+	03:29+	08:07+	04:26+	01:40+	03:24+	03:45+	02:29+	01:21+	02:46+	01:02+	01:36+	01:34+	01:11+	02:47+	01:08+	00:46+	00:37+
04:41@	02:48@	07:32@	03:57@	01:40+	03:24+	03:45+	02:29+	01:21+	02:46+	01:02+	01:36+	01:34+	01:11+	02:47+	01:08+	00:46+	00:37+
16	Egil Røyneberg	27											53:19				
14:03+	19:32+	25:27+	27:11+	34:00+	38:07+	41:01+	42:22+	44:21+	45:51+	47:23+	48:54+	50:57+	52:52+	53:54+	55:01+	55:49+	
14:03+	05:29+	05:55+	01:44+	06:49+	04:07+	02:54+	01:21+	01:59+	01:30+	01:32+	01:31+	02:03+	01:55+	01:02+	01:07+	00:48+	
13:58@	04:48@	05:20@	01:15@	06:49+	04:07+	02:54+	01:21+	01:59+	01:30+	01:32+	01:31+	02:03+	01:55+	01:02+	01:07+	00:48+	
17	Kjell Ivar Skjørestad	92											53:23				
05:47+	07:22+	09:56+	12:20+	13:19+	14:40+	19:44+	21:56+	23:00+	25:16+	25:56+	26:37+	27:34+	29:31+	30:53+	31:51+	33:18+	55:53+
05:47+	01:35+	02:34+	02:24+	00:59+	01:21+	05:04+	02:12+	01:04+	02:16+	00:40+	00:41+	00:57+	01:57+	01:22+	00:58+	01:27+	22:35+
05:42@	00:54@	01:59@	01:55@	00:59+	01:21+	05:04+	02:12+	01:04+	02:16+	00:40+	00:41+	00:57+	01:57+	01:22+	00:58+	01:27+	22:35+
18	Leif Gunnar Wikene	43											1:15:12				
43:16+	47:55+	51:33+	52:58+	59:36+	61:56+	65:12+	66:48+	68:13+	69:06+	69:58+	71:10+	71:58+	73:18+	74:08+	74:46+	75:12+	
43:16+	04:39+	03:38+	01:25+	06:38+	02:20+	03:16+	01:36+	01:25+	00:53+	00:52+	01:12+	00:48+	01:20+	00:50+	00:38+	00:26+	
43:11@	03:58@	03:03@	00:56@	06:38+	02:20+	03:16+	01:36+	01:25+	00:53+	00:52+	01:12+	00:48+	01:20+	00:50+	00:38+	00:26+	

Beste strekktid for klassen

00:05 00:41 00:35 00:29

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H17

1	Jonas Klausen Espedal	244															18:29		
02:27=	04:43=	07:04=	07:48=	08:56=	09:33=	10:05=	10:37=	12:03=	13:01=	13:34=	14:19=	14:39=	15:07=	15:44=	16:19=	17:09=	17:35=	18:03=	18:29=
02:27=	02:16=	02:21=	00:44=	01:08=	00:37=	00:32=	00:32=	01:26=	00:58=	00:33=	00:45=	00:20=	00:28=	00:37=	00:35=	00:50=	00:26=	00:28=	00:26=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
17	Andreas Eide Skjæveland	324	28:29
04:02+	06:30+	10:05+	11:07+
04:02+	02:28+	03:35+	01:02+
01:35&	00:12+	01:14&	00:18&
00:40&	01:32@	00:17&	02:05@
00:19-	00:38&	00:18&	00:29&
00:22@	00:08&	00:16&	00:04#
00:14&	00:09&	00:02-	00:10-
18	Espen Karlsen	324	29:30
02:27=	03:49-	07:58+	12:05+
02:27=	01:22-	04:09+	04:07+
00:00=	00:54-	01:48&	03:23@
00:02+	00:41@	00:20&	00:14&
00:37&	00:10#	01:00@	00:17&
00:49@	00:22&	00:04#	00:24&
00:06-	00:43@	00:22&	00:07&
00:38+	00:33+	00:38+	00:38+
19	Joar Fuglestad	398	33:26
05:23+	10:15+	13:01+	13:50+
05:23+	04:52+	02:46+	00:49+
02:56@	02:36@	00:25#	00:05#
01:10@	00:22&	00:09&	05:37@
00:22-	00:24&	00:12&	00:37&
00:16&	00:05#	00:16&	00:03+
00:06#	00:11&	00:01-	00:10-
20	Johannes Skjæveland Eide	324	38:11
02:40+	04:29-	14:55+	19:02+
02:40+	01:49-	10:26+	04:07+
00:13+	00:27-	08:05@	03:23@
00:06-	00:41@	00:19&	00:19&
00:35&	00:10#	02:40@	00:13&
00:46@	00:25&	00:21&	00:48@
00:14-	00:43@	00:12&	00:10&
00:26+	00:26+	00:10&	00:26+
Beste strekktid for klassen	02:18	01:02	02:01
00:42	00:47	00:33	00:32
00:32	00:32	00:45	00:54
00:33	00:39	00:20	00:26
00:31	00:29	00:34	00:26
00:26	00:26	00:16	
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
Herrer Bedrift			
1	Kristian Haarr	27	15:46
01:52=	02:44=	04:01=	04:43=
01:52=	00:52=	01:17=	00:42=
00:00=	00:00=	00:00=	00:00=
00:00=	00:00=	00:00=	00:00=
2	Per Olav Haarr	62	22:15
05:00+	06:01+	07:57+	11:00+
05:00+	01:01+	01:56+	03:03+
03:08@	00:09#	00:39&	02:21@
00:09#	00:47-	00:11-	00:47-
00:39&	00:07#	00:38@	00:09&
00:07#	00:12&	00:17-	00:19&
00:15&	00:32&	00:36+	00:33+
00:28+	00:28+	00:28+	00:28+
3	Arild Aasheim	93	22:18
05:41+	07:50+	10:55+	11:48+
05:41+	02:09+	03:05+	00:53+
03:49@	01:17@	01:48@	00:11&
00:43@	00:58-	00:12-	00:06+
00:09#	00:27&	00:12&	00:31&
00:12-	00:10-	00:10-	00:09&
00:27+	00:30+	00:30+	00:28+
4	Paul Terje Haarr	62	22:19
02:45+	05:42+	08:33+	09:21+
02:45+	02:57+	02:51+	00:48+
00:53&	02:05@	01:34@	00:06#
00:42&	00:54-	00:05-	00:23-
00:54@	00:19&	00:09&	00:28&
00:19-	00:10-	00:14-	00:06#
00:29@	00:03+	00:30+	00:20+
5	Kristoffer Nygård	29	22:20
05:22+	08:08+	10:53+	11:43+
05:22+	02:46+	02:45+	00:50+
03:30@	01:54@	01:28@	00:08#
00:37-	00:16-	00:47-	01:03@
00:28&	00:08#	00:36@	00:20-
00:14-	00:04#	00:26&	00:01-
00:28+	00:27+	00:27+	00:27+
6	Kenneth Mydland	29	22:40
02:18+	03:23+	05:28+	08:08+
02:18+	01:05+	02:05+	02:40+
00:26#	00:13#	00:48&	01:58@
00:05#	00:44-	00:10-	00:48-
01:01@	00:02+	00:45@	00:15&
00:50#	00:20&	00:08#	00:19&
00:26-	00:09&	00:15&	00:19&
00:32+	00:31+	00:31+	00:17+
7	Thomas Hadland	29	22:48
03:08+	05:18+	07:54+	08:42+
03:08+	02:10+	02:36+	00:48+
01:16&	01:18@	01:19@	00:06#
00:41&	00:47-	00:19-	00:39&
00:08#	00:20&	00:08#	00:19&
00:20&	00:03-	00:26-	00:09&
00:15&	00:19&	00:32+	00:31+
00:17+	00:17+	00:33+	00:35+
8	Øyvind Rummelhoff	27	23:01
02:48+	05:46+	08:37+	09:25+
02:48+	02:58+	02:51+	00:48+
00:56&	02:06@	01:34@	00:06#
00:56@	00:54-	00:15-	00:35-
01:02@	00:22&	00:09&	00:34@
00:14-	00:03-	00:08-	00:19&
00:42+	00:36+	00:56+	00:35+
00:30+	00:30+	00:30+	00:20+
9	Morten Sundli	51	23:03
05:12+	06:21+	08:34+	11:27+
05:12+	01:09+	02:13+	02:53+
03:20@	00:17&	00:56&	02:11@
00:14&	00:38-	00:05-	00:45-
00:45@	00:12#	00:50@	00:10&
00:11&	00:04#	00:21-	00:17&
00:10&	00:11&	00:04#	00:26&
00:33+	00:35+	00:35+	00:25+

Class	Navn	Klasse	Tid
40	Trygve Michaelsen	117	38:32
05:09+	08:00+	11:57+	12:59+
05:09+	02:51+	03:57+	01:02+
	09:57+	00:59-	00:49-
	03:17@	01:59@	02:40@
	00:20&	09:15@	00:42-
	00:07-	01:24&	00:25&
	00:55@	00:29&	00:41@
	00:10-	00:03-	00:05+
	00:09&	00:47@	00:24&
	00:30+	00:28+	00:28+
41	Alf Olav Kalvik	51	42:57
07:02+	11:52+	18:04+	19:28+
07:02+	04:50+	06:12+	01:24+
05:10@	03:58@	04:55@	00:42&
	01:19@	01:15&	00:16&
	02:21@	00:27&	01:14@
	00:55@	01:13@	00:03+
	00:38+	01:18+	00:48+
	01:43+	00:57+	00:41+
	00:17+	00:17+	00:17+
42	Elvjo Freitas	51	43:01
03:50+	07:05+	12:07+	17:14+
03:50+	03:15+	05:02+	05:07+
01:58@	02:23@	03:45@	04:25@
	01:03@	01:16&	01:40@
	01:40@	00:14-	02:16@
	00:20&	02:09@	00:31&
	01:37@	00:15&	00:14-
	00:41@	00:32@	00:56@
	01:03+	00:36+	00:17+
	00:17+	00:17+	00:17+
43	Finn Eivind Slungård	51	56:28
05:36+	21:03+	28:39+	29:56+
05:36+	15:27+	07:36+	01:17+
03:44@	14:35@	06:19@	00:35&
	01:40@	00:07+	00:31&
	00:14-	02:33@	04:08@
	00:35@	01:58@	00:19&
	00:09#	00:20&	00:25&
	01:02@	00:16&	00:56+
	00:44+	00:44+	00:44+
44	Jan-Rune Basso	91	1:12:49
52:56+	55:03+	57:58+	58:49+
52:56+	02:07+	02:55+	00:51+
51:04@	01:15@	01:38@	00:09#
	00:45@	00:50-	00:17-
	00:35&	00:22&	00:36&
	00:22&	00:17&	00:12-
	00:12-	00:01-	00:08-
	00:06#	00:32@	00:02+
	00:29+	00:19+	00:19+
45	Odd Aarreberg	5	1:26:45
45:56+	51:47+	56:59+	58:14+
45:56+	05:51+	05:12+	01:15+
44:04@	04:59@	03:55@	00:33&
	00:20-	00:36&	00:20#
	03:06@	01:42@	00:47@
	01:03@	00:07-	00:15&
	00:19&	01:22@	00:58@
	00:26&	01:22+	00:29+
46	Erling Mauland	83	1:40:30
73:14+	74:47+	78:20+	81:33+
73:14+	01:33+	03:33+	03:13+
71:22@	00:41&	02:16@	02:31@
	00:14&	00:21-	00:05+
	00:33-	01:20@	00:17&
	01:14@	00:29&	00:55@
	00:15&	00:12-	01:33@
	00:20&	00:38@	00:45+
	00:31+	00:24+	00:24+
47	Jan Kristensen	7	1:45:20
74:34+	77:53+	82:32+	83:47+
74:34+	03:19+	04:39+	01:15+
72:42@	02:27@	03:22@	00:33&
	01:26@	00:23-	00:17&
	01:44@	00:40&	01:08@
	00:43@	02:07@	00:12&
	00:05#	00:06#	00:18&
	00:44@	00:27&	00:40+
	00:16+	00:16+	00:16+
Beste strekketid for klassen			
	01:52	00:52	01:17
	00:42	00:43	00:37
	00:36	00:43	00:49
	00:33	00:25	00:23
	00:27	00:27	00:30
	00:27	00:30	00:27

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Mix Bedrift

1	Fredrik Sandal	88	15:06
02:03=	04:35=	05:23=	06:42=
02:03=	02:32=	00:48=	01:19=
00:00=	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
	00:00=	00:00=	00:00=
2	Bjarte Stav	117	15:47
01:38-	02:29-	04:32-	06:02-
01:38-	00:51-	02:03+	01:30+
00:25-	01:41-	01:15@	00:11#
	00:55@	00:06-	00:02+
	00:22&	00:10&	00:33&
	00:14-	00:01-	00:11-
3	Terje Michaelsen	47	17:11
01:22-	02:29-	04:55-	05:44-
01:22-	01:07-	02:26+	00:49-
00:41-	01:25-	01:38@	00:30-
	00:06-	00:07-	01:13@
	00:46@	00:19&	00:04#
	00:07-	00:06#	00:19-
	00:25&	00:06#	00:07&
	00:36+	00:36+	00:36+
4	Kristian Nygård Holtan	111	18:30
01:01-	02:18-	05:35+	06:33-
01:01-	01:17-	03:17+	00:58-
01:02-	01:15-	02:29@	00:21-
	00:05+	00:01-	01:16@
	00:00=	01:10@	00:02-
	00:10-	00:14&	00:16-
	00:29&	00:08&	00:08&
	00:32+	00:32+	00:32+
5	Erlend Ronæss Mellebye	46	18:56
01:17-	02:41-	06:08+	07:00+
01:17-	01:24-	03:27+	00:52-
00:46-	01:08-	02:39@	00:27-
	00:25&	00:10-	01:20@
	00:11#	00:37@	00:05-
	00:09#	00:08#	00:15-
	00:29&	00:17&	00:09&
	00:17&	00:09&	00:17+
	00:17+	00:17+	00:17+

Class	Navn	Klasse	Tid
21	Håvar Slåttrem Olsen	115	28:18
01:37-	03:07-	07:35+	08:56+
01:37-	01:30-	04:28+	01:21+
00:26-	01:02-	03:40@	00:02+
	01:20@	01:08&	02:14@
	00:53@	00:48@	00:07#
	00:16&	00:23&	00:03+
	01:02@	00:36@	00:19&
	01:49+		01:49+
22	Franziska Blystad	115	28:20
02:08+	12:29+	13:32+	15:42+
02:08+	10:21+	01:03+	02:10+
00:05+	07:49@	00:15&	00:51&
	00:19&	00:41&	00:33&
	00:25&	00:08&	00:21&
	00:16&	00:21&	00:28&
	00:12&	00:28@	00:02#
23	Grethe Anda Fuglestad	116	28:30
04:16+	05:56+	10:26+	11:41+
04:16+	01:40-	04:30+	01:15-
02:13@	00:52-	03:42@	00:04-
	00:27&	00:27&	02:02@
	00:25&	01:07@	00:17&
	00:38@	00:38@	00:07#
	00:48@	00:40+	00:25@
	00:24+	00:24+	00:24+
24	Trude Katrine Hermanrud	117	28:40
02:55+	08:17+	09:28+	10:58+
02:55+	05:22+	01:11+	01:30+
00:52&	02:50@	00:23&	00:11#
	01:56@	00:53&	00:36@
	00:40&	00:40&	00:22&
	00:45@	00:22&	00:33&
	01:54@	00:17&	00:20&
25	Stephane Bellamy	42	28:41
04:19+	05:50+	10:15+	11:45+
04:19+	01:31-	04:25+	01:30+
02:16@	01:01-	03:37@	00:11#
	00:54&	00:52&	02:15@
	00:16&	01:19@	00:07#
	00:14&	00:44@	00:06#
	00:43@	00:15&	00:22@
	00:25+	00:25+	00:25+
26	Brit Nilsen	88	29:00
05:21+	09:29+	10:44+	11:43+
05:21+	04:08+	01:15+	00:59-
03:18@	01:36&	00:27&	00:20-
	01:40@	00:28&	00:36&
	00:32@	00:39@	00:51@
	00:11&	00:27&	00:19&
	00:17&	00:17&	00:17&
27	Olav Hodneland	117	29:13
04:08+	05:47+	10:18+	11:33+
04:08+	01:39-	04:31+	01:15-
02:05@	00:53-	03:43@	00:04-
	00:44&	00:30&	02:07@
	00:23&	01:19@	00:18&
	00:37@	01:04@	00:02-
	00:52@	00:24&	00:27@
	00:33+	00:33+	00:33+
28	Raymond B Pettersen	105	29:18
05:25+	10:10+	11:27+	12:45+
05:25+	04:45+	01:17+	01:18-
03:22@	02:13&	00:29&	00:01-
	02:03@	01:09&	00:47@
	00:47@	00:47@	00:28&
	00:35@	00:29&	00:24&
	00:29&	00:15&	00:31@
	00:12&	00:12&	00:12&
29	Joachim Bjordal	92	29:26
02:36+	05:54+	06:57+	11:40+
02:36+	03:18+	01:03+	04:43+
00:33&	00:46&	00:15&	03:24@
	01:34@	00:45&	00:31&
	00:24&	00:16&	00:08&
	00:14&	00:34&	00:42&
	03:28@	00:38@	00:08&
30	Øystein Fuglestad	46	30:13
05:40+	10:12+	11:26+	13:21+
05:40+	04:32+	01:14+	01:55+
03:37@	02:00&	00:26&	00:36&
	02:16@	00:30&	01:39@
	00:35@	00:15&	00:35&
	00:13&	00:24&	00:22&
	00:14&	00:35@	00:14&
	00:35@		00:35@
31	Eloi Denamur	71	30:24
03:11+	07:14+	08:21+	15:19+
03:11+	04:03+	01:07+	06:58+
01:08&	01:31&	00:19&	05:39@
	00:47&	01:14&	00:45@
	01:29@	01:09@	00:10&
	00:08#	00:10&	00:19&
	00:13&	00:13&	00:12&
	00:05#		00:05#
32	Denis Castelet	42	31:38
03:18+	08:13+	09:37+	11:23+
03:18+	04:55+	01:24+	01:46+
01:15&	02:23&	00:36&	00:27&
	03:23@	01:55@	00:47@
	01:30@	00:33@	00:34@
	00:39@	00:26&	00:37&
	00:45@	00:45@	00:45@
	00:18&	00:24@	00:24@
33	Ragnhild Slobodinski	71	31:51
02:54+	07:46+	09:07+	11:20+
02:54+	04:52+	01:21+	02:13+
00:51&	02:20&	00:33&	00:54&
	02:28@	01:52@	00:58@
	01:27@	00:37@	00:16&
	00:26&	02:12@	00:38&
	00:53@	00:21&	00:01-
34	Gunnar Garstad	208	32:44
03:13+	08:22+	09:25+	10:40+
03:13+	05:09+	01:03+	01:15-
01:10&	02:37@	00:15&	00:04-
	03:14@	05:54@	00:22&
	00:38&	00:30@	00:31@
	00:51@	00:23&	00:41&
	00:20&	00:23&	00:20&
	00:07-	00:07-	00:07-
35	Svein Mæle	115	32:58
05:31+	09:49+	11:00+	12:18+
05:31+	04:18+	01:11+	01:18-
03:28@	01:46&	00:23&	00:01-
	04:08@	01:12&	00:38@
	01:56@	00:37@	00:19&
	00:43@	00:23&	01:17@
	00:18&	00:38@	00:07&

Class	Navn	Klasse	Tid
36	Bertrand Denieul	42	33:16
02:18+	06:45+	07:49+	12:29+
02:18+	04:27+	01:04+	04:40+
00:15#	01:55&	00:16&	03:21@
	07:00@	00:49&	02:19@
	00:41&	00:29&	00:02+
	00:18&	00:15&	00:13#
	00:08&	00:11&	00:02-
37	Randi Bugge	46	33:16
02:31+	04:32-	09:22+	10:52+
02:31+	02:01-	04:50+	01:30+
00:28#	00:31-	04:02@	00:11#
	01:00&	02:29@	03:11@
	00:40&	01:58@	00:16&
	00:10&	00:40@	00:12#
	01:20@	01:06@	00:24@
	00:34+		
38	Ingerid Ane Spørck	71	33:24
06:03+	11:08+	12:25+	13:56+
06:03+	05:05+	01:17+	01:31+
04:00@	02:33@	00:29&	00:12#
	02:46@	01:21&	00:49@
	01:17@	00:32@	00:24&
	00:42@	00:32&	01:04@
	00:38@	00:39@	00:20&
39	Berit Bakken	168	33:40
06:51+	11:34+	12:57+	15:54+
06:51+	04:43+	01:23+	02:57+
04:48@	02:11&	00:35&	01:38@
	00:50&	01:15&	00:45@
	00:51@	00:37@	00:36@
	00:36@	00:54@	00:27&
	01:48@	00:32@	00:24&
	00:23@		
40	Steinar Amundsen	115	34:29
04:08+	09:19+	10:38+	16:00+
04:08+	05:11+	01:19+	05:22+
02:05@	02:39@	00:31&	04:03@
	02:00@	01:53@	00:59@
	01:29@	00:40@	00:15&
	00:39@	00:47@	00:24&
	00:34@	00:22&	00:03#
41	Alexander Khorunzhiy	136	34:50
01:42-	03:39-	08:12+	09:22+
01:42-	01:57-	04:33+	01:10-
00:21-	00:35-	03:45@	00:09-
	00:53&	08:54@	02:27@
	01:20+	01:14@	00:08&
	00:04#	00:32&	00:20&
	00:44@	00:28@	00:19+
42	Trine Selvikvåg	62	34:54
04:37+	08:43+	09:46+	11:18+
04:37+	04:06+	01:03+	01:32+
02:34@	01:34&	00:15&	00:13#
	05:21@	00:54&	01:57@
	01:25@	00:43@	00:07#
	01:23@	00:29&	00:33&
	01:43@	00:22&	00:15&
43	Lise Nessa Di Lorenzo	168	36:04
08:51+	13:44+	15:12+	16:33+
08:51+	04:53+	01:28+	01:21+
06:48@	02:21&	00:40&	00:02+
	03:21@	01:29&	00:56@
	01:00@	00:33@	00:23&
	00:40@	00:26&	00:45&
	00:36@	00:42@	00:16&
44	Nicola Herbert	117	36:31
02:51+	07:32+	08:52+	10:11+
02:51+	04:41+	01:20+	01:19=
00:48&	02:09&	00:32&	00:00=
	03:54@	01:01&	00:42@
	02:24@	00:51@	00:22&
	00:32&	01:11@	00:39&
	00:20&	00:45@	00:15@
45	Ellen Wiig Andresen	136	37:21
04:52+	10:10+	11:44+	13:07+
04:52+	05:18+	01:34+	01:23+
02:49@	02:46@	00:46&	00:04+
	07:21@	01:56@	00:59@
	00:51@	00:44@	00:51@
	00:27&	00:47@	01:14@
	00:14&	00:22&	00:04#
46	Franka Regina Häußler	115	37:39
01:55-	04:24-	10:31+	11:59+
01:55-	02:29-	06:07+	01:28+
00:08-	00:03-	05:19@	00:09#
	00:43&	06:36@	02:40@
	00:50@	01:27@	00:40@
	00:37@	00:31&	00:19&
	01:16@	00:41@	00:32@
	00:24+	00:24+	00:24+
47	Samuel Denieul	42	37:44
05:44+	07:39+	12:55+	14:24+
05:44+	01:55-	05:16+	01:29+
03:41@	00:37-	04:28@	00:10#
	01:30@	03:52@	02:58@
	00:29&	01:53@	00:33@
	00:03-	01:13@	00:01+
	01:01@	01:01@	00:23&
	01:48+	00:54+	01:32+
	00:49+	00:49+	00:37+
48	Sandra Dvergsnes	71	38:08
01:54-	07:54+	13:21+	14:40+
01:54-	06:00+	05:27+	01:19=
00:09-	03:28@	04:39@	00:00=
	02:27@	01:21&	02:48@
	01:12@	01:26@	01:05@
	00:04-	00:23&	01:22@
	01:48@	00:34@	00:20&
	00:05#	00:05#	00:05#
49	Unni Erdal Herdlevær	111	38:24
04:32+	10:41+	11:56+	19:40+
04:32+	06:09+	01:15+	07:44+
02:29@	03:37@	00:27&	06:25@
	03:18@	00:52&	00:31&
	03:07@	00:14&	00:16&
	00:23&	00:39@	00:15&
	00:24&	00:16&	00:05#
50	Irene Frøyland	71	38:37
06:34+	11:49+	13:24+	14:59+
06:34+	05:15+	01:35+	01:35+
04:31@	02:43@	00:47&	00:16#
	05:47@	01:58@	01:04@
	01:43@	00:47@	00:14&
	00:49@	00:25&	00:56@
	00:34@	00:36@	00:21@

Class	Navn	Klasse	Tid
51	Sarah Denieul	42	39:22
10:21+	16:34+	17:38+	20:09+
10:21+	06:13+	01:04+	02:31+
08:18@	03:41@	00:16&	01:12&
	01:53@	02:14@	01:00@
	01:27@	00:29&	00:21&
	00:14&	01:01@	00:51&
	00:29&	00:10&	00:40@
52	Rowena Naile	42	40:09
09:01+	20:34+	21:57+	24:08+
09:01+	11:33+	01:23+	02:11+
06:58@	09:01@	00:35&	00:52&
	01:29@	01:45&	01:22@
	00:46@	00:30@	00:10&
	00:22&	00:13&	00:24&
	00:25&	00:11&	00:00=
53	Sindre Haaland	92	40:33
02:15+	03:42-	10:09+	11:11+
02:15+	01:27-	06:27+	01:02-
00:12+	01:05-	05:39@	00:17-
	08:48@	03:11@	02:58@
	00:49@	01:08@	01:33@
	00:07#	00:20&	00:18&
	00:40@	00:30@	00:23@
	00:13+	40:20+	40:33+
54	Elisabeth Ravndal Jacobsen	71	41:41
06:15+	10:51+	12:03+	20:58+
06:15+	04:36+	01:12+	08:55+
04:12@	02:04&	00:24&	07:36@
	01:40@	01:15&	02:30@
	01:06@	00:52@	02:08@
	00:31&	00:23&	00:49&
	00:21&	00:31@	00:13&
55	Håvard Svihus	62	42:03
05:24+	08:00+	13:00+	14:29+
05:24+	02:36+	05:00+	01:29+
03:21@	00:04+	04:12@	00:10#
	01:30@	02:48@	03:43@
	01:41@	04:14@	00:27&
	00:08#	00:54@	00:38&
	01:19@	00:36@	00:30@
	00:42+	42:03+	41:21+
56	Anne Tove Puntervold	105	43:44
03:44+	08:33+	09:50+	26:48+
03:44+	04:49+	01:17+	16:58+
01:41&	02:17&	00:29&	15:39@
	01:41@	01:31&	00:36@
	01:34@	00:34@	00:19&
	00:35&	00:30&	00:32&
	00:30&	00:30&	00:13&
	00:03-	43:44+	43:27+
57	Parul Khandelwal	71	45:50
03:18+	10:06+	11:48+	21:01+
03:18+	06:48+	01:42+	09:13+
01:15&	04:16@	00:54@	07:54@
	01:25@	01:58@	05:17@
	02:18@	00:44@	00:42@
	01:00@	00:29&	00:47&
	00:47@	00:56@	00:02#
58	Eirik Lye	105	46:58
09:11+	11:50+	17:35+	19:09+
09:11+	02:39+	05:45+	01:34+
07:08@	00:07+	04:57@	00:15#
	01:14@	05:04@	04:00@
	01:22@	02:05@	00:19&
	00:27&	00:56@	00:16&
	01:30@	00:55@	00:47@
	00:30+	46:58+	45:21+
59	Linn Soma	136	48:27
03:45+	10:42+	12:14+	14:28+
03:45+	06:57+	01:32+	02:14+
01:42&	04:25@	00:44&	00:55&
	06:13@	03:02@	02:20@
	04:32@	01:08@	00:18&
	01:16@	03:30@	01:17@
	01:00@	00:59@	00:56@
	01:05@	00:19&	00:14&
	00:20=	48:27+	48:07+
60	Synnøva Gausel	115	52:38
06:19+	12:01+	13:32+	19:17+
06:19+	05:42+	01:31+	05:45+
04:16@	03:10@	00:43&	04:26@
	06:43@	04:43@	01:15@
	03:52@	00:18&	01:09@
	00:59@	00:56@	01:05@
	00:19&	00:14&	00:14&
61	Finn Morten Årstad	115	1:00:00
37:50+	42:01+	43:07+	45:25+
37:50+	04:11+	01:06+	02:18+
35:47@	01:39&	00:18&	00:59&
	01:33@	00:40&	00:26&
	00:18&	00:48@	00:17&
	00:13&	00:21&	00:04-
	00:14&	00:14&	00:12&
	00:32+	00:32+	00:32+
62	Nithya Mohan	136	1:00:21
08:33+	15:37+	17:27+	29:07+
08:33+	07:04+	01:50+	11:40+
06:30@	04:32@	01:02@	10:21@
	07:59@	02:56@	01:37@
	02:02@	01:07@	00:33@
	00:48@	00:43@	01:43@
	00:40@	00:18&	00:18&
63	Ann Cathrin Urdal	46	1:26:26
65:12+	69:35+	70:46+	71:50+
65:12+	04:23+	01:11+	01:04+
63:09@	01:51&	00:23&	00:15-
	01:47@	00:43&	00:35@
	00:27&	00:25&	00:22&
	00:31&	00:17&	00:30&
	00:22&	00:15&	00:02-
64	Eivinn Hustveit	208	1:29:59
63:41+	68:16+	69:22+	72:04+
63:41+	04:35+	01:06+	02:42+
61:38@	02:03&	00:18&	01:23@
	01:39@	01:35&	01:23@
	01:41@	01:00@	00:11&
	00:22&	00:12&	00:31&
	00:24&	00:29@	00:04#
65	Jon Grepstad	111	1:55:46
59:23+	62:30+	83:47+	85:44+
59:23+	03:07+	21:17+	01:57+
57:20@	00:35#	20:29@	00:38&
	01:03@	01:35&	10:24@
	00:44&	01:56@	00:30&
	00:39@	00:47@	00:34&
	01:42@	00:48@	00:32@
	00:24+	115:22+	115:46+
	00:24+	00:52+	00:24+

Class	Navn	Klasse	Tid
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Beste strekktid for klassen

01:01 00:51 00:48 00:49 00:55 00:54 00:33 00:39 00:29 00:25 00:26 00:35 00:34 00:30 00:15 00:13

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Åpen

1 Magnus Landstad 303 09:42

01:01= 02:48= 03:46= 05:02= 05:30= 06:09= 06:39= 07:15= 08:05= 08:36= 09:02= 09:42=
 01:01= 01:47= 00:58= 01:16= 00:28= 00:39= 00:30= 00:36= 00:50= 00:31= 00:26= 00:40=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Terje Sporaland 303 26:57

03:01+ 05:37+ 09:00+ 11:24+ 15:07+ 17:07+ 19:20+ 20:17+ 21:08+ 22:37+ 23:35+ 24:57+ 25:55+ 26:38+ 26:57+
 03:01+ 02:36+ 03:23+ 02:24+ 03:43+ 02:00+ 02:13+ 00:57+ 00:51+ 01:29+ 00:58+ 01:22+ 00:58+ 00:43+ 00:19+
 02:00@ 00:49& 02:25@ 01:08& 03:15@ 01:21@ 01:43@ 00:21& 00:01+ 00:58@ 00:32@ 00:42@ 00:58+ 00:43+ 00:19+

3 Inger Sporaland 303 33:14

07:01+ 11:34+ 14:07+ 19:40+ 21:06+ 23:15+ 24:41+ 25:48+ 27:21+ 28:29+ 30:20+ 31:29+ 32:36+ 33:14+
 07:01+ 04:33+ 02:33+ 05:33+ 01:26+ 02:09+ 01:26+ 01:07+ 01:33+ 01:08+ 01:51+ 01:09+ 01:07+ 00:38+
 06:00@ 02:46@ 01:35@ 04:17@ 00:58@ 01:30@ 00:56@ 00:31& 00:43& 00:37@ 01:25@ 00:29& 01:07+ 00:38+

Beste strekktid for klassen

01:01 01:47 00:58 01:16 00:28 00:39 00:30 00:36 00:50 00:31 00:26 00:40

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Vagleskogstafetten Individuelt

Strekketider

-17.06.2015

Plass Navn Klasse

Tid

C-Åpen

1 Knut Skjæveland 301 21:22

02:04= 04:48= 05:48= 07:12= 09:47= 11:24= 13:20= 17:57= 19:07= 20:25= 21:22=
 02:04= 02:44= 01:00= 01:24= 02:35= 01:37= 01:56= 04:37= 01:10= 01:18= 00:57=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Therese Sæbø Vik 305 21:34

02:27+ 05:19+ 06:19+ 07:39+ 10:36+ 12:07+ 14:14+ 18:45+ 19:44+ 20:50+ 21:34+
 02:27+ 02:52+ 01:00= 01:20- 02:57+ 01:31- 02:07+ 04:31- 00:59- 01:06- 00:44-
 00:23# 00:08+ 00:00= 00:04- 00:22# 00:06- 00:11+ 00:06- 00:11- 00:12- 00:13-

3 Karine Hagesæther Foss 328 25:42

02:28+ 05:17+ 08:21+ 09:59+ 12:59+ 14:43+ 17:14+ 22:12+ 23:26+ 24:44+ 25:42+
 02:28+ 02:49+ 03:04+ 01:38+ 03:00+ 01:44+ 02:31+ 04:58+ 01:14+ 01:18= 00:58+
 00:24# 00:05+ 02:04@ 00:14# 00:25# 00:07+ 00:35& 00:21+ 00:04+ 00:00= 00:01+

4 Anne Sæbø Vik 305 27:38

03:13+ 06:47+ 07:53+ 09:25+ 13:00+ 14:57+ 18:16+ 23:46+ 25:14+ 26:38+ 27:38+
 03:13+ 03:34+ 01:06+ 01:32+ 03:35+ 01:57+ 03:19+ 05:30+ 01:28+ 01:24+ 01:00+
 01:09& 00:50& 00:06# 00:08+ 01:00& 00:20# 01:23& 00:53# 00:18& 00:06+ 00:03+

Beste strekketid for klassen

02:04 02:44 01:00 01:20 02:35 01:31 01:56 04:31 00:59 01:06 00:44

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer Ny

1 Randi Roth 68 23:15

01:47= 04:14= 07:44= 11:41= 13:15= 15:29= 18:31= 21:25= 23:15=
 01:47= 02:27= 03:30= 03:57= 01:34= 02:14= 03:02= 02:54= 01:50=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Maria T. Gianfriddo 167 32:12

03:07+ 06:45+ 10:44+ 16:05+ 17:30+ 20:30+ 25:09+ 29:26+ 32:12+
 03:07+ 03:38+ 03:59+ 05:21+ 01:25- 03:00+ 04:39+ 04:17+ 02:46+
 01:20& 01:11& 00:29# 01:24& 00:09- 00:46& 01:37& 01:23& 00:56&

3 Celine Martinet-Andrieux 44 34:50

02:56+ 06:09+ 09:47+ 17:52+ 19:49+ 25:13+ 29:27+ 33:32+ 34:50+
 02:56+ 03:13+ 03:38+ 08:05+ 01:57+ 05:24+ 04:14+ 04:05+ 01:18-
 01:09& 00:46& 00:08+ 04:08@ 00:23# 03:10@ 01:12& 01:11& 00:32-

4 Betty Cadenas 167 39:58

11:44+ 15:13+ 19:19+ 24:27+ 26:01+ 28:55+ 33:17+ 37:12+ 39:58+
 11:44+ 03:29+ 04:06+ 05:08+ 01:34= 02:54+ 04:22+ 03:55+ 02:46+
 09:57@ 01:02& 00:36# 01:11& 00:00= 00:40& 01:20& 01:01& 00:56&

Beste strekketid for klassen

01:47 02:27 03:30 03:57 01:25 02:14 03:02 02:54 01:18

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer Trim

1 Hanne Thu 18 19:50

02:23= 05:55= 09:14= 10:59= 11:58= 16:31= 17:38= 18:59= 19:50=
 02:23= 03:32= 03:19= 01:45= 00:59= 04:33= 01:07= 01:21= 00:51=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Kari Sjørnsen 54 21:02

02:02- 05:52- 10:00+ 11:32+ 12:41+ 17:21+ 18:42+ 20:05+ 21:02+
 02:02- 03:50+ 04:08+ 01:32- 01:09+ 04:40+ 01:21+ 01:23+ 00:57+
 00:21- 00:18+ 00:49# 00:13- 00:10# 00:07+ 00:14# 00:02+ 00:06#

Class	Navn	Klasse	Tid
3	Anne Marie Hustveit	116	22:18
02:07-	06:35+	10:56+	12:32+
02:07-	04:28+	04:21+	01:36-
00:16-	00:56&	01:02&	00:09-
	00:04+	00:32#	00:07#
			00:13#
			00:01-
4	Siri Kverneland	128	22:20
02:48+	07:02+	10:29+	12:05+
02:48+	04:14+	03:27+	01:36-
00:25#	00:42#	00:08+	00:09-
			00:11#
			00:21+
			00:18&
			00:10#
			00:24&
5	Ruth Magrethe Westre	54	22:26
02:52+	06:43+	11:42+	13:17+
02:52+	03:51+	04:59+	01:35-
00:29#	00:19+	01:40&	00:10-
			00:01+
			00:08+
			00:00=
			00:13#
			00:04-
6	Alice Pussacq	98	22:41
02:34+	06:21+	10:57+	12:23+
02:34+	03:47+	04:36+	01:26-
00:11+	00:15+	01:17&	00:19-
			00:05-
			01:22&
			00:09#
			00:03-
			00:04+
7	Synnøve Okstad	224	23:11
02:59+	07:08+	10:48+	12:24+
02:59+	04:09+	03:40+	01:36-
00:36&	00:37#	00:21#	00:09-
			00:18&
			01:00#
			00:25&
			00:04+
			00:09#
8	Kristin Skadsem	18	24:02
03:15+	07:58+	12:27+	14:30+
03:15+	04:43+	04:29+	02:03+
00:52&	01:11&	01:10&	00:18#
			00:03+
			00:02-
			00:14#
			00:19#
			00:07#
9	Liv Sissel Obrestad	54	24:59
03:18+	08:49+	12:55+	14:36+
03:18+	05:31+	04:06+	01:41-
00:55&	01:59&	00:47#	00:04-
			00:11#
			00:30#
			00:15#
			00:24&
			00:12#
10	Nina Werness	52	26:04
02:38+	07:14+	11:12+	12:54+
02:38+	04:36+	03:58+	01:42-
00:15#	01:04&	00:39#	00:03-
			00:04+
			00:52#
			00:09#
			00:25&
			00:10#
11	Helga Klausen	62	26:20
03:22+	09:09+	13:52+	15:53+
03:22+	05:47+	04:43+	02:01+
00:59&	02:15&	01:24&	00:16#
			00:04+
			00:41#
			00:13#
			00:16#
			00:22&
12	Møyfrid Espeli	88	26:25
02:52+	07:03+	12:44+	14:23+
02:52+	04:11+	05:41+	01:39-
00:29#	00:39#	02:22&	00:06-
			00:38&
			01:43&
			00:26&
			00:13#
			00:11#
13	Hanne Hermanrud	115	26:57
02:47+	08:25+	13:07+	15:16+
02:47+	05:38+	04:42+	02:09+
00:24#	02:06&	01:23&	00:24#
			00:24&
			01:14&
			00:32&
			00:26&
			00:14&
14	Mariann Sveinsvoll	94	27:02
02:48+	07:41+	12:26+	14:26+
02:48+	04:53+	04:45+	02:00+
00:25#	01:21&	01:26&	00:15#
			00:15&
			02:15&
			00:26&
			00:37&
			00:12#
15	Tove Irene Asheim	116	27:11
03:06+	07:54+	12:36+	14:52+
03:06+	04:48+	04:42+	02:16+
00:43&	01:16&	01:23&	00:31&
			00:15&
			01:51&
			00:34&
			00:33&
			00:15&
16	Margot Asheim	105	27:26
03:09+	07:38+	12:55+	15:05+
03:09+	04:29+	05:17+	02:10+
00:46&	00:57&	01:58&	00:25#
			00:10#
			02:41&
			00:14#
			00:11#
			00:14&
17	Anne-Merete Aasmo	152	28:46
03:06+	07:22+	13:03+	14:50+
03:06+	04:16+	05:41+	01:47+
00:43&	00:44#	02:22&	00:02+
			00:34&
			03:37&
			00:24&
			00:14#
			00:16&

Class	Navn	Klasse	Tid
18	Olaug Bergjord	91	29:55
03:05+	08:11+ 12:56+ 15:01+ 16:20+ 23:34+	25:20+ 28:45+	29:55+
03:05+	05:06+ 04:45+ 02:05+ 01:19+ 07:14+	01:46+ 03:25+	01:10+
00:42&	01:34& 01:26& 00:20# 00:20& 02:41&	00:39& 02:04@	00:19&
19	Ingunn Kanne Risa	106	30:41
02:37+	06:37+ 17:48+ 19:31+ 20:40+ 26:18+	27:40+ 29:35+	30:41+
02:37+	04:00+ 11:11+ 01:43- 01:09+ 05:38+	01:22+ 01:55+	01:06+
00:14+	00:28# 07:52@ 00:02- 00:10# 01:05#	00:15# 00:34&	00:15&
20	148209 Ukjent løper	134	30:50
02:26+	07:04+ 10:37+ 12:19+ 13:19+ 25:06+	26:54+ 29:59+	30:50+
02:26+	04:38+ 03:33+ 01:42- 01:00+ 11:47+	01:48+ 03:05+	00:51=
00:03+	01:06& 00:14+ 00:03- 00:01+ 07:14@	00:41& 01:44@	00:00=
21	Hilde Jorunn Arnø Vetrhus	128	31:21
03:01+	07:54+ 11:42+ 13:41+ 15:14+ 27:13+	28:36+ 30:13+	31:21+
03:01+	04:53+ 03:48+ 01:59+ 01:33+ 11:59+	01:23+ 01:37+	01:08+
00:38&	01:21& 00:29# 00:14# 00:34& 07:26@	00:16# 00:16#	00:17&
22	Synnøve Westermoen	116	32:21
03:04+	09:01+ 15:33+ 18:13+ 19:14+ 28:26+	29:57+ 31:29+	32:21+
03:04+	05:57+ 06:32+ 02:40+ 01:01+ 09:12+	01:31+ 01:32+	00:52+
00:41&	02:25& 03:13& 00:55& 00:02+ 04:39@	00:24& 00:11#	00:01+
23	Elin Norveel	105	32:54
04:31+	09:39+ 14:05+ 16:18+ 18:14+ 25:43+	28:16+ 31:32+	32:54+
04:31+	05:08+ 04:26+ 02:13+ 01:56+ 07:29+	02:33+ 03:16+	01:22+
02:08&	01:36& 01:07& 00:28& 00:57& 02:56&	01:26@ 01:55@	00:31&
24	Ragnhild Christiansen	93	32:56
02:58+	08:49+ 13:33+ 16:06+ 17:39+ 27:34+	29:17+ 31:29+	32:56+
02:58+	05:51+ 04:44+ 02:33+ 01:33+ 09:55+	01:43+ 02:12+	01:27+
00:35#	02:19& 01:25& 00:48& 00:34& 05:22@	00:36& 00:51&	00:36&
25	Margaret Malmin	105	34:04
03:21+	09:00+ 14:40+ 16:50+ 18:07+ 28:27+	30:07+ 32:42+	34:04+
03:21+	05:39+ 05:40+ 02:10+ 01:17+ 10:20+	01:40+ 02:35+	01:22+
00:58&	02:07& 02:21& 00:25# 00:18& 05:47@	00:33& 01:14&	00:31&
26	Anne Cecilie Lassa	115	34:06
02:58+	09:42+ 14:16+ 16:55+ 18:37+ 28:54+	30:37+ 33:00+	34:06+
02:58+	06:44+ 04:34+ 02:39+ 01:42+ 10:17+	01:43+ 02:23+	01:06+
00:35#	03:12& 01:15& 00:54& 00:43& 05:44@	00:36& 01:02&	00:15&
27	Kristin Tørresen	105	34:32
04:02+	10:24+ 15:34+ 18:12+ 19:39+ 28:30+	30:23+ 32:52+	34:32+
04:02+	06:22+ 05:10+ 02:38+ 01:27+ 08:51+	01:53+ 02:29+	01:40+
01:39&	02:50& 01:51& 00:53& 00:28& 04:18&	00:46& 01:08&	00:49&
28	Helga Aaslid	54	34:55
02:40+	14:51+ 19:16+ 22:22+ 23:34+ 29:41+	31:33+ 33:29+	34:55+
02:40+	12:11+ 04:25+ 03:06+ 01:12+ 06:07+	01:52+ 01:56+	01:26+
00:17#	08:39@ 01:06& 01:21& 00:13# 01:34&	00:45& 00:35&	00:35&
29	Aashild Lone	105	35:09
03:43+	09:22+ 15:42+ 18:06+ 19:39+ 28:45+	30:48+ 33:54+	35:09+
03:43+	05:39+ 06:20+ 02:24+ 01:33+ 09:06+	02:03+ 03:06+	01:15+
01:20&	02:07& 03:01& 00:39& 00:34& 04:33&	00:56& 01:45@	00:24&
30	Marysa Castelet-Vogt	42	35:41
03:23+	09:15+ 13:49+ 16:15+ 17:42+ 30:02+	32:21+ 34:31+	35:41+
03:23+	05:52+ 04:34+ 02:26+ 01:27+ 12:20+	02:19+ 02:10+	01:10+
01:00&	02:20& 01:15& 00:41& 00:28& 07:47@	01:12@ 00:49&	00:19&
31	Aslaug Lura	94	35:58
03:38+	11:50+ 17:18+ 19:22+ 20:38+ 31:18+	32:51+ 34:43+	35:58+
03:38+	08:12+ 05:28+ 02:04+ 01:16+ 10:40+	01:33+ 01:52+	01:15+
01:15&	04:40@ 02:09& 00:19# 00:17& 06:07@	00:26& 00:31&	00:24&
32	Veslemøy Astad	105	36:33
02:44+	07:06+ 11:39+ 13:21+ 14:24+ 32:25+	33:38+ 35:33+	36:33+
02:44+	04:22+ 04:33+ 01:42- 01:03+ 18:01+	01:13+ 01:55+	01:00+
00:21#	00:50# 01:14& 00:03- 00:04+ 13:28@	00:06+ 00:34&	00:09#

Class	Navn	Klasse	Tid
33	Aslaug Neteland	92	37:14
05:56+	11:23+ 16:09+ 18:41+ 20:11+ 31:34+	33:32+ 35:48+	37:14+
05:56+	05:27+ 04:46+ 02:32+ 01:30+ 11:23+	01:58+ 02:16+	01:26+
03:33@	01:55& 01:27& 00:47& 00:31& 06:50@	00:51& 00:55&	00:35&
34	Wenke Wannberg	116	37:18
05:54+	11:19+ 16:07+ 18:37+ 20:09+ 31:31+	33:29+ 35:51+	37:18+
05:54+	05:25+ 04:48+ 02:30+ 01:32+ 11:22+	01:58+ 02:22+	01:27+
03:31@	01:53& 01:29& 00:45& 00:33& 06:49@	00:51& 01:01&	00:36&
35	Gro Mariero Totland	59	37:27
03:25+	11:04+ 17:21+ 20:26+ 22:17+ 31:37+	33:44+ 35:59+	37:27+
03:25+	07:39+ 06:17+ 03:05+ 01:51+ 09:20+	02:07+ 02:15+	01:28+
01:02&	04:07@ 02:58& 01:20& 00:52& 04:47@	01:00& 00:54&	00:37&
36	Hazel Grayston	168	38:08
04:54+	11:32+ 17:05+ 19:59+ 21:32+ 31:00+	33:38+ 36:12+	38:08+
04:54+	06:38+ 05:33+ 02:54+ 01:33+ 09:28+	02:38+ 02:34+	01:56+
02:31@	03:06& 02:14& 01:09& 00:34& 04:55@	01:31@ 01:13&	01:05@
37	Inger Synnøve Sjursen	92	38:57
04:18+	10:48+ 19:17+ 21:48+ 23:41+ 33:32+	35:23+ 37:31+	38:57+
04:18+	06:30+ 08:29+ 02:31+ 01:53+ 09:51+	01:51+ 02:08+	01:26+
01:55&	02:58& 05:10@ 00:46& 00:54& 05:18@	00:44& 00:47&	00:35&
38	Anita Kvelland	69	39:42
03:32+	09:21+ 18:23+ 20:40+ 22:04+ 34:52+	36:41+ 38:21+	39:42+
03:32+	05:49+ 09:02+ 02:17+ 01:24+ 12:48+	01:49+ 01:40+	01:21+
01:09&	02:17& 05:43@ 00:32& 00:25& 08:15@	00:42& 00:19#	00:30&
39	Reidunn Dirdal	94	40:18
03:57+	10:07+ 17:07+ 19:44+ 21:20+ 35:00+	36:45+ 39:03+	40:18+
03:57+	06:10+ 07:00+ 02:37+ 01:36+ 13:40+	01:45+ 02:18+	01:15+
01:34&	02:38& 03:41@ 00:52& 00:37& 09:07@	00:38& 00:57&	00:24&
40	Åse Kristensen	94	40:39
03:39+	09:24+ 14:15+ 17:41+ 19:24+ 33:59+	36:24+ 39:02+	40:39+
03:39+	05:45+ 04:51+ 03:26+ 01:43+ 14:35+	02:25+ 02:38+	01:37+
01:16&	02:13& 01:32& 01:41& 00:44& 10:02@	01:18@ 01:17&	00:46&
41	Lilly Charlotte Berg	94	40:43
03:42+	09:25+ 14:18+ 17:37+ 19:21+ 34:03+	36:27+ 39:00+	40:43+
03:42+	05:43+ 04:53+ 03:19+ 01:44+ 14:42+	02:24+ 02:33+	01:43+
01:19&	02:11& 01:34& 01:34& 00:45& 10:09@	01:17@ 01:12&	00:52@
42	Siw Øie Norheim	115	41:03
05:12+	11:47+ 17:25+ 20:26+ 22:06+ 33:30+	35:44+ 39:22+	41:03+
05:12+	06:35+ 05:38+ 03:01+ 01:40+ 11:24+	02:14+ 03:38+	01:41+
02:49@	03:03& 02:19& 01:16& 00:41& 06:51@	01:07& 02:17@	00:50&
43	Marianne Gjesdal Lyngås	253	42:22
03:21+	09:04+ 21:38+ 23:43+ 25:02+ 34:58+	37:09+ 40:27+	42:22+
03:21+	05:43+ 12:34+ 02:05+ 01:19+ 09:56+	02:11+ 03:18+	01:55+
00:58&	02:11& 09:15@ 00:20# 00:20& 05:23@	01:04& 01:57@	01:04@
44	Irene Mæland Torgersen	253	42:26
03:21+	09:09+ 21:44+ 23:49+ 25:08+ 34:55+	37:07+ 40:28+	42:26+
03:21+	05:48+ 12:35+ 02:05+ 01:19+ 09:47+	02:12+ 03:21+	01:58+
00:58&	02:16& 09:16@ 00:20# 00:20& 05:14@	01:05& 02:00@	01:07@
45	Ellinor Hoemsnes	116	44:20
05:27+	16:44+ 22:01+ 25:33+ 27:07+ 35:40+	37:52+ 43:13+	44:20+
05:27+	11:17+ 05:17+ 03:32+ 01:34+ 08:33+	02:12+ 05:21+	01:07+
03:04@	07:45@ 01:58& 01:47@ 00:35& 04:00&	01:05& 04:00@	00:16&
46	Anne Malmin	113	45:55
05:56+	16:00+ 21:14+ 23:35+ 25:02+ 39:39+	41:54+ 44:17+	45:55+
05:56+	10:04+ 05:14+ 02:21+ 01:27+ 14:37+	02:15+ 02:23+	01:38+
03:33@	06:32@ 01:55& 00:36& 00:28& 10:04@	01:08@ 01:02&	00:47&
47	Anne Lise Tjelta	52	45:59
04:47+	11:43+ 17:45+ 20:53+ 22:51+ 38:11+	40:53+ 43:58+	45:59+
04:47+	06:56+ 06:02+ 03:08+ 01:58+ 15:20+	02:42+ 03:05+	02:01+
02:24@	03:24& 02:43& 01:23& 00:59& 10:47@	01:35@ 01:44@	01:10@

Class	Navn	Klasse	Tid
48	Birgitte Gran	152	45:59
03:28+	09:26+ 27:57+ 29:45+ 30:50+ 38:37+ 40:07+ 42:01+ 43:16+		
03:28+	05:58+ 18:31+ 01:48+ 01:05+ 07:47+ 01:30+ 01:54+ 01:15+		
01:05&	02:26& 15:12@ 00:03+ 00:06# 03:14& 00:23& 00:33& 00:24&		
49	Wenche Mjøhus	52	46:06
04:48+	11:42+ 17:50+ 20:52+ 22:56+ 38:17+ 40:59+ 43:58+ 46:06+		
04:48+	06:54+ 06:08+ 03:02+ 02:04+ 15:21+ 02:42+ 02:59+ 02:08+		
02:25@	03:22& 02:49& 01:17& 01:05@ 10:48@ 01:35@ 01:38@ 01:17@		
50	Randi Wesetvik	116	46:12
03:33+	10:03+ 23:30+ 26:14+ 27:46+ 39:05+ 41:12+ 44:58+ 46:12+		
03:33+	06:30+ 13:27+ 02:44+ 01:32+ 11:19+ 02:07+ 03:46+ 01:14+		
01:10&	02:58& 10:08@ 00:59& 00:33& 06:46@ 01:00& 02:25@ 00:23&		
51	Anita Salte Knoph	255	49:02
03:51+	09:59+ 15:38+ 18:48+ 20:32+ 42:24+ 44:34+ 47:27+ 49:02+		
03:51+	06:08+ 05:39+ 03:10+ 01:44+ 21:52+ 02:10+ 02:53+ 01:35+		
01:28&	02:36& 02:20& 01:25& 00:45& 17:19@ 01:03& 01:32@ 00:44&		
52	Kjersti Vasbø	152	49:03
03:45+	09:57+ 15:39+ 18:47+ 20:32+ 42:19+ 44:32+ 47:22+ 49:03+		
03:45+	06:12+ 05:42+ 03:08+ 01:45+ 21:47+ 02:13+ 02:50+ 01:41+		
01:22&	02:40& 02:23& 01:23& 00:46& 17:14@ 01:06& 01:29@ 00:50&		
53	Sølvi S. Ballestad	105	50:19
03:01+	08:14+ 24:30+ 27:08+ 28:39+ 39:16+ 41:10+ 48:54+ 50:19+		
03:01+	05:13+ 16:16+ 02:38+ 01:31+ 10:37+ 01:54+ 07:44+ 01:25+		
00:38&	01:41& 12:57@ 00:53& 00:32& 06:04@ 00:47& 06:23@ 00:34&		
54	Aase Sveinsvoll	94	50:44
04:28+	13:13+ 19:22+ 22:48+ 25:02+ 42:34+ 44:56+ 48:38+ 50:44+		
04:28+	08:45+ 06:09+ 03:26+ 02:14+ 17:32+ 02:22+ 03:42+ 02:06+		
02:05&	05:13@ 02:50& 01:41& 01:15@ 12:59@ 01:15@ 02:21@ 01:15@		
55	Ann Ramsay	42	1:02:42
03:59+	10:02+ 33:49+ 36:38+ 38:18+ 48:42+ 58:39+ 61:10+ 62:42+		
03:59+	06:03+ 23:47+ 02:49+ 01:40+ 10:24+ 09:57+ 02:31+ 01:32+		
01:36&	02:31& 20:28@ 01:04& 00:41& 05:51@ 08:50@ 01:10& 00:41&		
56	Julia Unger	12	1:02:44
03:53+	10:05+ 33:51+ 36:41+ 38:13+ 48:36+ 58:41+ 61:12+ 62:44+		
03:53+	06:12+ 23:46+ 02:50+ 01:32+ 10:23+ 10:05+ 02:31+ 01:32+		
01:30&	02:40& 20:27@ 01:05& 00:33& 05:50@ 08:58@ 01:10& 00:41&		
57	Kristen Larsen	92	1:11:59
19:13+	26:20+ 33:02+ 36:05+ 37:52+ 65:33+ 67:49+ 70:12+ 71:59+		
19:13+	07:07+ 06:42+ 03:03+ 01:47+ 27:41+ 02:16+ 02:23+ 01:47+		
16:50@	03:35@ 03:23@ 01:18& 00:48& 23:08@ 01:09@ 01:02& 00:56@		
Beste strekktid for klassen			
02:02	03:32	03:19	01:26
00:54	04:31	01:07	01:18
00:47			

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer Ny

1	Sindre Petterson	302	16:59
01:39=	03:53= 06:00= 09:29= 10:35= 11:49= 13:46= 16:05= 16:59=		
01:39=	02:14= 02:07= 03:29= 01:06= 01:14= 01:57= 02:19= 00:54=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Erlend Slettebø	302	18:26
01:49+	03:59+ 05:59- 09:29= 10:42+ 11:56+ 13:52+ 16:13+ 18:26+		
01:49+	02:10- 02:00- 03:30+ 01:13+ 01:14= 01:56- 02:21+ 02:13+		
00:10#	00:04- 00:07- 00:01+ 00:07# 00:00= 00:01- 00:02+ 01:19@		
3	Ernesto Ruiz	167	30:34
02:28+	06:17+ 10:06+ 15:03+ 16:45+ 19:40+ 23:54+ 27:47+ 30:34+		
02:28+	03:49+ 03:49+ 04:57+ 01:42+ 02:55+ 04:14+ 03:53+ 02:47+		
00:49&	01:35& 01:42& 01:28& 00:36& 01:41@ 02:17@ 01:34& 01:53@		

Class	Navn	Klasse	Tid
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Beste strekktid for klassen

01:39 02:10 02:00 03:29 01:06 01:14 01:56 02:19 00:54

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer Trim

1	Arne Hetlelid	98	18:13
01:35=	03:50= 04:45= 05:54= 08:07= 09:27= 11:16= 15:01= 16:08= 17:24= 18:13=		
01:35=	02:15= 00:55= 01:09= 02:13= 01:20= 01:49= 03:45= 01:07= 01:16= 00:49=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Kjetil Hodne	167	19:16
01:35=	04:02+ 04:53+ 06:03+ 08:25+ 09:53+ 11:56+ 16:14+ 17:08+ 18:28+ 19:16+		
01:35=	02:27+ 00:51- 01:10+ 02:22+ 01:28+ 02:03+ 04:18+ 00:54- 01:20+ 00:48-		
00:00=	00:12+ 00:04- 00:01+ 00:09+ 00:08# 00:14# 00:33# 00:13- 00:04+ 00:01-		
3	Trond Breiland	164	19:23
01:58+	04:24+ 05:15+ 06:31+ 08:48+ 10:10+ 12:13+ 15:46+ 16:38+ 18:28+ 19:23+		
01:58+	02:26+ 00:51- 01:16+ 02:17+ 01:22+ 02:03+ 03:33- 00:52- 01:50+ 00:55+		
00:23#	00:11+ 00:04- 00:07# 00:04+ 00:02+ 00:14# 00:12- 00:15- 00:34& 00:06#		
4	Jon Kåre Olsen	92	19:46
01:57+	05:08+ 05:59+ 07:33+ 09:41+ 11:08+ 13:17+ 17:01+ 18:03+ 19:06+ 19:46+		
01:57+	03:11+ 00:51- 01:34+ 02:08- 01:27+ 02:09+ 03:44- 01:02- 01:03- 00:40-		
00:22#	00:56& 00:04- 00:25& 00:05- 00:07+ 00:20# 00:01- 00:05- 00:13- 00:09-		
5	Torbjørn Fuglestad	116	20:28
01:39+	04:01+ 05:00+ 06:20+ 08:42+ 10:14+ 12:23+ 17:32+ 18:31+ 19:46+ 20:28+		
01:39+	02:22+ 00:59+ 01:20+ 02:22+ 01:32+ 02:09+ 05:09+ 00:59- 01:15- 00:42-		
00:04+	00:07+ 00:04+ 00:11# 00:09+ 00:12# 00:20# 01:24& 00:08- 00:01- 00:07-		
6	Tormod Aaslid	54	21:07
02:36+	04:54+ 05:50+ 07:11+ 09:51+ 11:23+ 13:31+ 17:50+ 18:59+ 20:18+ 21:07+		
02:36+	02:18+ 00:56+ 01:21+ 02:40+ 01:32+ 02:08+ 04:19+ 01:09+ 01:19+ 00:49=		
01:01&	00:03+ 00:01+ 00:12# 00:27# 00:12# 00:19# 00:34# 00:02+ 00:03+ 00:00=		
7	Sondre Svenningsen	116	21:09
02:01+	04:19+ 05:14+ 06:34+ 09:02+ 10:22+ 13:53+ 18:06+ 19:12+ 20:23+ 21:09+		
02:01+	02:18+ 00:55= 01:20+ 02:28+ 01:20= 03:31+ 04:13+ 01:06- 01:11- 00:46-		
00:26&	00:03+ 00:00= 00:11# 00:15# 00:00= 01:42& 00:28# 00:01- 00:05- 00:03-		
8	Jostein Tunheim	116	21:28
02:02+	04:50+ 05:53+ 07:25+ 09:56+ 11:28+ 13:23+ 17:59+ 19:14+ 20:37+ 21:28+		
02:02+	02:48+ 01:03+ 01:32+ 02:31+ 01:32+ 01:55+ 04:36+ 01:15+ 01:23+ 00:51+		
00:27&	00:33# 00:08# 00:23& 00:18# 00:12# 00:06+ 00:51# 00:08# 00:07+ 00:02+		
9	Per Kolbein Tonstad	66	21:39
02:23+	05:26+ 06:26+ 07:49+ 10:06+ 11:39+ 13:48+ 18:31+ 19:36+ 20:50+ 21:39+		
02:23+	03:03+ 01:00+ 01:23+ 02:17+ 01:33+ 02:09+ 04:43+ 01:05- 01:14- 00:49=		
00:48&	00:48& 00:05+ 00:14# 00:04+ 00:13# 00:20# 00:58& 00:02- 00:02- 00:00=		
10	Martin Alexander Hanssen	98	21:44
03:00+	05:24+ 06:19+ 07:31+ 09:47+ 11:08+ 13:04+ 18:54+ 19:49+ 20:50+ 21:44+		
03:00+	02:24+ 00:55= 01:12+ 02:16+ 01:21+ 01:56+ 05:50+ 00:55- 01:01- 00:54+		
01:25&	00:09+ 00:00= 00:03+ 00:03+ 00:01+ 00:07+ 02:05& 00:12- 00:15- 00:05#		
11	Sven Olav Jensen	47	21:45
02:37+	04:52+ 05:51+ 07:31+ 09:58+ 11:23+ 13:25+ 18:43+ 20:03+ 21:04+ 21:45+		
02:37+	02:15= 00:59+ 01:40+ 02:27+ 01:25+ 02:02+ 05:18+ 01:20+ 01:01- 00:41-		
01:02&	00:00= 00:04+ 00:31& 00:14# 00:05+ 00:13# 01:33& 00:13# 00:15- 00:08-		
12	John Breiland	157	21:45
02:00+	04:26+ 05:25+ 06:40+ 09:10+ 10:40+ 12:30+ 18:13+ 19:28+ 20:45+ 21:45+		
02:00+	02:26+ 00:59+ 01:15+ 02:30+ 01:30+ 01:50+ 05:43+ 01:15+ 01:17+ 01:00+		
00:25&	00:11+ 00:04+ 00:06+ 00:17# 00:10# 00:01+ 01:58& 00:08# 00:01+ 00:11#		
13	Jørgen Johnsen	167	21:52
01:42+	04:58+ 05:58+ 07:17+ 09:42+ 11:20+ 13:40+ 18:21+ 19:24+ 21:03+ 21:52+		
01:42+	03:16+ 01:00+ 01:19+ 02:25+ 01:38+ 02:20+ 04:41+ 01:03- 01:39+ 00:49=		
00:07+	01:01& 00:05+ 00:10# 00:12+ 00:18# 00:31& 00:56# 00:04- 00:23& 00:00=		

Class	Navn	Klasse	Tid
14	Ole Andreas Otterøen	92	21:55
02:15+	04:41+ 05:40+ 07:00+ 09:31+ 11:27+	13:31+ 18:02+	19:29+ 20:56+ 21:55+
02:15+	02:26+ 00:59+ 01:20+ 02:31+	01:56+ 02:04+ 04:31+	01:27+ 01:27+ 00:59+
00:40&	00:11+ 00:04+ 00:11# 00:18#	00:36& 00:15# 00:46#	00:20& 00:11# 00:10#
15	Jørgen Nilsen	208	21:56
01:46+	04:25+ 05:30+ 07:43+	10:14+ 11:52+	14:08+ 18:23+ 19:37+
01:46+	02:39+ 01:05+ 02:13+ 02:31+	01:38+ 02:16+ 04:15+	01:14+ 01:26+ 00:53+
00:11#	00:24# 00:10# 01:04& 00:18#	00:18# 00:27# 00:30#	00:07# 00:10# 00:04+
16	Arne Nygaard	66	22:07
01:41+	04:37+ 05:47+ 07:11+	10:05+ 11:35+	14:02+ 18:36+ 19:51+
01:41+	02:56+ 01:10+ 01:24+ 02:54+	01:30+ 02:27+ 04:34+	01:15+ 01:18+ 00:58+
00:06+	00:41& 00:15& 00:15# 00:41&	00:10# 00:38& 00:49#	00:08# 00:02+ 00:09#
17	Geir Andersen	105	22:21
02:34+	05:10+ 06:13+ 07:44+	10:07+ 11:37+	14:11+ 19:05+ 20:26+
02:34+	02:36+ 01:03+ 01:31+ 02:23+	01:30+ 02:34+ 04:54+	01:21+ 01:08- 00:47-
00:59&	00:21# 00:08# 00:22& 00:10+	00:10# 00:45& 01:09&	00:14# 00:08- 00:02-
18	Andreas Urdal	301	22:51
02:45+	05:40+ 06:45+ 08:15+ 11:04+	12:48+ 15:06+ 19:30+	20:41+ 21:57+ 22:51+
02:45+	02:55+ 01:05+ 01:30+ 02:49+	01:44+ 02:18+ 04:24+	01:11+ 01:16= 00:54+
01:10&	00:40& 00:10# 00:21&	00:36& 00:24&	00:29& 00:39# 00:04+ 00:00= 00:05#
19	Magnar Møller	62	23:27
02:34+	05:13+ 06:18+ 09:33+	12:12+ 13:40+	15:53+ 19:52+
02:34+	02:39+ 01:05+ 03:15+ 02:39+	01:28+ 02:13+ 03:59+	01:14+ 01:21+ 01:00+
00:59&	00:24# 00:10# 02:06@	00:26# 00:08#	00:24# 00:14+ 00:07# 00:05+
20	Stein Sigbjørnsen	27	23:37
01:51+	05:39+ 06:36+ 08:04+	10:48+ 12:41+	14:57+ 19:38+
01:51+	03:48+ 00:57+ 01:28+ 02:44+	01:53+ 02:16+ 04:41+	01:18+ 01:41+ 01:00+
00:16#	01:33& 00:02+ 00:19&	00:31# 00:33&	00:27# 00:56# 00:11# 00:25& 00:11#
21	Pär Andersson	50	23:37
01:49+	05:28+ 06:26+ 07:50+	10:47+ 12:30+	14:48+ 19:40+
01:49+	03:39+ 00:58+ 01:24+ 02:57+	01:43+ 02:18+ 04:52+	01:26+ 01:31+ 01:00+
00:14#	01:24& 00:03+ 00:15#	00:44& 00:23&	00:29& 01:07& 00:19& 00:15# 00:11#
22	Arne M. Handeland	92	24:06
01:56+	05:04+ 06:02+ 09:02+	11:14+ 12:54+	15:23+ 20:45+
01:56+	03:08+ 00:58+ 03:00+ 02:12-	01:40+ 02:29+ 05:22+	01:07= 01:21+ 00:53+
00:21#	00:53& 00:03+ 01:51@	00:01- 00:20#	00:40& 01:37& 00:00= 00:05+ 00:04+
23	Roger Nyseth	3	24:25
02:49+	05:43+ 06:48+ 08:20+	11:10+ 12:56+	15:33+ 20:21+
02:49+	02:54+ 01:05+ 01:32+ 02:50+	01:46+ 02:37+ 04:48+	01:22+ 01:41+ 01:01+
01:14&	00:39& 00:10# 00:23&	00:37& 00:26&	00:48& 01:03& 00:15# 00:25& 00:12#
24	Arild Holm	114	24:48
02:31+	05:38+ 06:42+ 08:07+	10:50+ 12:44+	15:07+ 20:19+
02:31+	03:07+ 01:04+ 01:25+ 02:43+	01:54+ 02:23+ 05:12+	01:53+ 01:34+ 01:02+
00:56&	00:52& 00:09# 00:16#	00:30# 00:34&	00:34& 01:27& 00:46& 00:18# 00:13&
25	Hans Klausen	62	25:08
02:51+	05:48+ 06:53+ 08:26+	13:08+ 14:51+	17:06+ 21:49+
02:51+	02:57+ 01:05+ 01:33+ 04:42+	01:43+ 02:15+ 04:43+	01:07= 01:23+ 00:49=
01:16&	00:42& 00:10# 00:24&	02:29@ 00:23&	00:26# 00:58& 00:00= 00:07+ 00:00=
26	Ole Auklend	106	25:16
02:07+	05:04+ 06:07+ 07:59+	11:20+ 13:17+	15:55+ 21:21+
02:07+	02:57+ 01:03+ 01:52+ 03:21+	01:57+ 02:38+ 05:26+	01:23+ 01:30+ 01:02+
00:32&	00:42& 00:08# 00:43&	01:08& 00:37&	00:49& 01:41& 00:16# 00:14# 00:13&
27	Bjørn H. Engseth	27	25:51
02:20+	05:33+ 06:47+ 08:29+	11:31+ 13:33+	16:13+ 21:34+
02:20+	03:13+ 01:14+ 01:42+ 03:02+	02:02+ 02:40+ 05:21+	01:27+ 01:38+ 01:12+
00:45&	00:58& 00:19& 00:33&	00:49& 00:42&	00:51& 01:36& 00:20& 00:22& 00:23&
28	Rolf Folgerø	248	26:24
04:25+	09:33+ 10:33+ 11:51+	14:29+ 16:10+	18:12+ 22:28+
04:25+	05:08+ 01:00+ 01:18+ 02:38+	01:41+ 02:02+ 04:16+	01:23+ 01:47+ 00:46-
02:50@	02:53@ 00:05+ 00:09#	00:25# 00:21&	00:13# 00:31# 00:16# 00:31& 00:03-

Class	Navn	Klasse	Tid
29	Nils Egil Lie	91	27:09
02:17+	05:12+ 06:11+ 07:52+ 11:10+ 14:22+	16:53+ 22:40+ 24:15+ 26:16+ 27:09+	
02:17+	02:55+ 00:59+ 01:41+ 03:18+ 03:12+	02:31+ 05:47+ 01:35+ 02:01+ 00:53+	
00:42&	00:40& 00:04+ 00:32& 01:05& 01:52@	00:42& 02:02& 00:28& 00:45& 00:04+	
30	Christophe Desaubliaux	116	27:39
02:28+	04:57+ 05:55+ 07:21+ 15:20+ 16:36+	19:12+ 23:48+ 25:04+ 26:46+ 27:39+	
02:28+	02:29+ 00:58+ 01:26+ 07:59+ 01:16-	02:36+ 04:36+ 01:16+ 01:42+ 00:53+	
00:53&	00:14# 00:03+ 00:17# 05:46@ 00:04-	00:47& 00:51# 00:09# 00:26& 00:04+	
31	Martin Simpson	167	27:49
02:10+	04:57+ 05:56+ 07:22+ 10:04+ 11:49+	15:41+ 21:30+ 23:13+ 27:02+ 27:49+	
02:10+	02:47+ 00:59+ 01:26+ 02:42+ 01:45+	03:52+ 05:49+ 01:43+ 03:49+ 00:47-	
00:35&	00:32# 00:04+ 00:17# 00:29# 00:25&	02:03@ 02:04& 00:36& 02:33@ 00:02-	
32	Eirik B. Abrahamsen	90	27:55
02:15+	06:40+ 07:38+ 09:09+ 11:21+ 12:52+	15:20+ 20:01+ 24:00+ 27:05+ 27:55+	
02:15+	04:25+ 00:58+ 01:31+ 02:12- 01:31+	02:28+ 04:41+ 03:59+ 03:05+ 00:50+	
00:40&	02:10& 00:03+ 00:22& 00:01- 00:11#	00:39& 00:56# 02:52@ 01:49@ 00:01+	
33	Nowell Briedis	37	27:56
03:11+	06:27+ 07:34+ 09:32+ 12:34+ 14:35+	17:34+ 23:48+ 25:12+ 26:53+ 27:56+	
03:11+	03:16+ 01:07+ 01:58+ 03:02+ 02:01+	02:59+ 06:14+ 01:24+ 01:41+ 01:03+	
01:36@	01:01& 00:12# 00:49& 00:49& 00:41&	01:10& 02:29& 00:17& 00:25& 00:14&	
34	Per Aspøy	117	28:18
03:07+	06:12+ 07:28+ 09:33+ 12:54+ 14:50+	18:03+ 24:11+ 25:41+ 27:09+ 28:18+	
03:07+	03:05+ 01:16+ 02:05+ 03:21+ 01:56+	03:13+ 06:08+ 01:30+ 01:28+ 01:09+	
01:32&	00:50& 00:21& 00:56& 01:08& 00:36&	01:24& 02:23& 00:23& 00:12# 00:20&	
35	Steinar Hansen	27	28:18
01:43+	07:49+ 08:38+ 09:57+ 12:24+ 15:14+	17:55+ 24:20+ 25:37+ 27:19+ 28:18+	
01:43+	06:06+ 00:49- 01:19+ 02:27+ 02:50+	02:41+ 06:25+ 01:17+ 01:42+ 00:59+	
00:08+	03:51@ 00:06- 00:10# 00:14# 01:30@	00:52& 02:40& 00:10# 00:26& 00:10#	
36	Frode Lund	18	28:48
02:21+	06:11+ 07:25+ 09:39+ 13:29+ 15:44+	18:26+ 24:20+ 25:56+ 27:47+ 28:48+	
02:21+	03:50+ 01:14+ 02:14+ 03:50+ 02:15+	02:42+ 05:54+ 01:36+ 01:51+ 01:01+	
00:46&	01:35& 00:19& 01:05& 01:37& 00:55&	00:53& 02:09& 00:29& 00:35& 00:12#	
37	Gunnar Graabak	3	29:28
02:32+	05:30+ 06:37+ 09:44+ 12:03+ 17:05+	19:09+ 25:18+ 27:12+ 28:29+ 29:28+	
02:32+	02:58+ 01:07+ 03:07+ 02:19+ 05:02+	02:04+ 06:09+ 01:54+ 01:17+ 00:59+	
00:57&	00:43& 00:12# 01:58@ 00:06+ 03:42@	00:15# 02:24& 00:47& 00:01+ 00:10#	
38	Sverre Magnar Nordal	116	29:41
03:37+	06:29+ 07:40+ 09:43+ 14:48+ 16:49+	19:21+ 25:39+ 26:56+ 28:32+ 29:41+	
03:37+	02:52+ 01:11+ 02:03+ 05:05+ 02:01+	02:32+ 06:18+ 01:17+ 01:36+ 01:09+	
02:02@	00:37& 00:16& 00:54& 02:52@ 00:41&	00:43& 02:33& 00:10# 00:20& 00:20&	
39	John C. Sinnes	27	30:14
05:08+	07:58+ 09:10+ 12:13+ 15:15+ 17:06+	20:05+ 26:22+ 27:54+ 29:18+ 30:14+	
05:08+	02:50+ 01:12+ 03:03+ 03:02+ 01:51+	02:59+ 06:17+ 01:32+ 01:24+ 00:56+	
03:33@	00:35& 00:17& 01:54@ 00:49& 00:31&	01:10& 02:32& 00:25& 00:08# 00:07#	
40	Rune Sunde	232	31:17
03:19+	06:09+ 07:20+ 08:52+ 15:36+ 17:40+	22:04+ 27:39+ 28:52+ 30:17+ 31:17+	
03:19+	02:50+ 01:11+ 01:32+ 06:44+ 02:04+	04:24+ 05:35+ 01:13+ 01:25+ 01:00+	
01:44@	00:35& 00:16& 00:23& 04:31@ 00:44&	02:35@ 01:50& 00:06+ 00:09# 00:11#	
41	Yngve Bjørn Søyland	93	32:03
03:20+	07:18+ 08:29+ 10:15+ 13:19+ 16:55+	20:12+ 25:48+ 28:26+ 30:54+ 32:03+	
03:20+	03:58+ 01:11+ 01:46+ 03:04+ 03:36+	03:17+ 05:36+ 02:38+ 02:28+ 01:09+	
01:45@	01:43& 00:16& 00:37& 00:51& 02:16@	01:28& 01:51& 01:31@ 01:12& 00:20&	
42	Rolf Øystein Kluge	7	32:38
02:33+	05:52+ 07:01+ 09:01+ 13:51+ 15:45+	20:40+ 28:05+ 29:28+ 31:24+ 32:38+	
02:33+	03:19+ 01:09+ 02:00+ 04:50+ 01:54+	04:55+ 07:25+ 01:23+ 01:56+ 01:14+	
00:58&	01:04& 00:14& 00:51& 02:37@ 00:34&	03:06@ 03:40& 00:16# 00:40& 00:25&	
43	Magnus Dagestad	167	34:21
02:43+	06:53+ 07:59+ 09:52+ 13:33+ 15:53+	19:39+ 29:18+ 30:55+ 32:52+ 34:21+	
02:43+	04:10+ 01:06+ 01:53+ 03:41+ 02:20+	03:46+ 09:39+ 01:37+ 01:57+ 01:29+	
01:08&	01:55& 00:11# 00:44& 01:28& 01:00&	01:57@ 05:54@ 00:30& 00:41& 00:40&	

Class	Navn	Klasse	Tid
44	Per Bakken	5	34:49
03:32+	07:21+ 08:41+ 11:03+ 14:46+ 17:06+ 21:19+ 29:10+ 31:06+ 33:35+ 34:49+		
03:32+	03:49+ 01:20+ 02:22+ 03:43+ 02:20+ 04:13+ 07:51+ 01:56+ 02:29+ 01:14+		
01:57@	01:34& 00:25& 01:13@ 01:30& 01:00& 02:24@ 04:06@ 00:49& 01:13& 00:25&		
45	Ivan Morgan	42	35:31
01:47+	04:20+ 05:33+ 17:37+ 21:28+ 23:11+ 26:11+ 31:33+ 32:52+ 34:28+ 35:31+		
01:47+	02:33+ 01:13+ 12:04+ 03:51+ 01:43+ 03:00+ 05:22+ 01:19+ 01:36+ 01:03+		
00:12#	00:18# 00:18& 10:55@ 01:38& 00:23& 01:11& 01:37& 00:12# 00:20& 00:14&		
46	Rune Femsteinevik	91	35:33
03:06+	05:58+ 07:07+ 12:17+ 15:37+ 18:37+ 20:41+ 24:05+ 30:42+ 32:10+ 34:16+ 35:33+		
03:06+	02:52+ 01:09+ 05:10+ 03:20+ 03:00+ 02:04+ 03:24- 06:37+ 01:28+ 02:06+ 01:17+		
01:31&	00:37& 00:14& 04:01@ 01:07& 01:40@ 00:15# 00:21- 05:30@ 00:12# 01:17@ 01:17+		
47	Erling Alf Idland	27	36:41
03:21+	07:24+ 09:05+ 11:43+ 15:28+ 17:58+ 21:30+ 31:12+ 33:27+ 35:20+ 36:41+		
03:21+	04:03+ 01:41+ 02:38+ 03:45+ 02:30+ 03:32+ 09:42+ 02:15+ 01:53+ 01:21+		
01:46@	01:48& 00:46& 01:29@ 01:32& 01:10& 01:43& 05:57@ 01:08@ 00:37& 00:32&		
48	Michael Schubert	105	41:59
04:26+	12:59+ 14:16+ 21:54+ 24:56+ 26:57+ 31:07+ 36:52+ 38:56+ 40:36+ 41:59+		
04:26+	08:33+ 01:17+ 07:38+ 03:02+ 02:01+ 04:10+ 05:45+ 02:04+ 01:40+ 01:23+		
02:51@	06:18@ 00:22& 06:29@ 00:49& 00:41& 02:21@ 02:00& 00:57& 00:24& 00:34&		
49	Geir Kyllingstad	16	44:23
05:26+	11:06+ 12:59+ 15:46+ 20:59+ 24:12+ 28:34+ 37:29+ 39:49+ 42:35+ 44:23+		
05:26+	05:40+ 01:53+ 02:47+ 05:13+ 03:13+ 04:22+ 08:55+ 02:20+ 02:46+ 01:48+		
03:51@	03:25@ 00:58@ 01:38@ 03:00@ 01:53@ 02:33@ 05:10@ 01:13@ 01:30@ 00:59@		
50	Sverre Gilje	18	45:21
03:49+	08:04+ 09:15+ 12:04+ 15:01+ 17:07+ 20:38+ 41:04+ 42:39+ 44:14+ 45:21+		
03:49+	04:15+ 01:11+ 02:49+ 02:57+ 02:06+ 03:31+ 20:26+ 01:35+ 01:35+ 01:07+		
02:14@	02:00& 00:16& 01:40@ 00:44& 00:46& 01:42& 16:41@ 00:28& 00:19# 00:18&		
51	Harald Sunde	232	45:50
07:07+	11:38+ 13:21+ 16:07+ 21:43+ 24:33+ 29:34+ 38:54+ 41:20+ 44:20+ 45:50+		
07:07+	04:31+ 01:43+ 02:46+ 05:36+ 02:50+ 05:01+ 09:20+ 02:26+ 03:00+ 01:30+		
05:32@	02:16@ 00:48& 01:37@ 03:23@ 01:30@ 03:12@ 05:35@ 01:19@ 01:44@ 00:41&		
52	Arthur Christiansen	93	46:39
04:15+	09:18+ 11:28+ 15:12+ 20:24+ 23:53+ 29:04+ 39:35+ 42:07+ 44:39+ 46:39+		
04:15+	05:03+ 02:10+ 03:44+ 05:12+ 03:29+ 05:11+ 10:31+ 02:32+ 02:32+ 02:00+		
02:40@	02:48@ 01:15@ 02:35@ 02:59@ 02:09@ 03:22@ 06:46@ 01:25@ 01:16& 01:11@		
53	Sverre Vareberg	7	49:07
05:01+	09:56+ 11:50+ 14:27+ 21:56+ 24:51+ 28:27+ 42:44+ 44:54+ 47:20+ 49:07+		
05:01+	04:55+ 01:54+ 02:37+ 07:29+ 02:55+ 03:36+ 14:17+ 02:10+ 02:26+ 01:47+		
03:26@	02:40@ 00:59@ 01:28@ 05:16@ 01:35@ 01:47& 10:32@ 01:03& 01:10& 00:58@		
54	Svein Kåre Larsen	92	50:22
07:17+	11:52+ 13:38+ 19:17+ 23:30+ 26:02+ 31:34+ 40:06+ 42:13+ 44:48+ 50:22+		
07:17+	04:35+ 01:46+ 05:39+ 04:13+ 02:32+ 05:32+ 08:32+ 02:07+ 02:35+ 05:34+		
05:42@	02:20@ 00:51& 04:30@ 02:00& 01:12& 03:43@ 04:47@ 01:00& 01:19@ 04:45@		
Beste strekktid for klassen			
01:35	02:15	00:49	01:09
02:08	01:16	01:49	03:24
00:52	01:01	00:40	
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
N-Åpen			
6733	Marte Roth Aarskog	305	23:04
02:00+	04:10+ 07:26+ 11:27+ 13:26+ 15:49+ 17:58+ 21:18+ 23:04+		
02:00+	02:10+ 03:16+ 04:01+ 01:59+ 02:23+ 02:09+ 03:20+ 01:46+		
02:00+	02:10+ 03:16+ 04:01+ 01:59+ 02:23+ 02:09+ 03:20+ 01:46+		
6736	Ingvill Sporaland	305	26:18
02:08+	04:15+ 06:48+ 13:08+ 14:35+ 18:17+ 21:13+ 24:38+ 26:18+		
02:08+	02:07+ 02:33+ 06:20+ 01:27+ 03:42+ 02:56+ 03:25+ 01:40+		
02:08+	02:07+ 02:33+ 06:20+ 01:27+ 03:42+ 02:56+ 03:25+ 01:40+		

Class	Navn	Klasse	Tid
6739	Eivind Roth	301	22:34
02:11+	04:10+	07:28+	11:27+
13:43+	15:54+	18:23+	21:14+
22:34+			
02:11+	01:59+	03:18+	03:59+
02:16+	02:11+	02:29+	02:51+
01:20+			
02:11+	01:59+	03:18+	03:59+
02:16+	02:11+	02:29+	02:51+
01:20+			

Beste strekktid for klassen

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.