

Plass	Navn				Klasse				Tid			
2	Gunn J. Grefstad				ABB Robotics BIL				41:13			
01:45-	03:32-	07:28+	08:41+	10:40+	11:21+	14:57+	20:29+	22:07+	24:08+	25:19+	28:09+	29:25+
01:45-	01:47+	03:56+	01:13+	01:59+	00:41+	03:36+	05:32+	01:38+	02:01+	01:11+	02:50+	01:16+
00:47-	00:28&	01:11&	00:06+	00:47&	00:06#	00:24#	00:19+	00:14#	00:13#	00:19&	00:16#	00:07#
00:02+	00:10#	00:02-	00:10-	00:18#	00:36-	00:11#	00:04-					
3	Ragnhild Auglænd				Ganddal IL				41:50			
01:21-	03:29-	05:35-	06:55-	08:22-	09:34+	13:47+	19:16+	20:40+	22:44+	23:52+	26:36+	28:13+
01:21-	02:08+	02:06-	01:20+	01:27+	01:12+	04:13+	05:29+	01:24=	02:04+	01:08+	02:44+	01:37+
01:11-	00:49&	00:39-	00:13#	00:15#	00:37@	01:01&	00:16+	00:00=	00:16#	00:16&	00:10+	00:28&
00:19#	00:02#	00:10#	00:02-	00:10-	00:18#	00:36-	00:11#	00:04-				
4	Jørgine Sofie Morstøl				Prefab Design				49:13			
01:55-	04:03+	07:09+	08:30+	10:23+	11:30+	14:26+	21:19+	23:16+	27:31+	28:21+	31:16+	32:21+
01:55-	02:08+	03:06+	01:21+	01:53+	01:07+	02:56-	06:53+	01:57+	04:15+	00:50-	02:55+	01:05-
00:37-	00:49&	00:21#	00:14#	00:41&	00:32&	00:16-	01:40&	00:33&	02:27@	00:02-	00:21#	00:04-
00:04-												
5	Anne Sæbø Vik				Sandnes Idrettslag				52:13			
01:42-	03:36-	11:58+	17:34+	18:45+	19:19+	26:39+	31:00+	32:27+	34:18+	35:13+	38:17+	39:16+
01:42-	01:54+	08:22+	05:36+	01:11-	00:34-	07:20+	04:21-	01:27+	01:51+	00:55+	03:04+	00:59-
00:50-	00:35&	05:37@	04:29@	00:01-	00:01-	04:08@	00:52-	00:03+	00:03+	00:03+	00:30#	00:10-
00:18#	00:15&	00:11&	00:16-	00:01+	01:38-	00:23&	01:44@	01:19@				
6	Ingunn Voilås				Egersund OK				53:27			
01:25-	03:05-	05:53-	07:25-	09:22+	10:13+	14:40+	19:29+	21:57+	25:57+	27:09+	32:10+	33:53+
01:25-	01:40+	02:48+	01:32+	01:57+	00:51+	04:27+	04:49-	02:28+	04:00+	01:12+	05:01+	01:43+
01:07-	00:21&	00:03+	00:25&	00:45&	00:16&	01:15&	00:24-	01:04&	02:12@	00:20&	02:27&	00:34&
00:40@	00:02#	00:10#	00:02-	00:08+	01:03&	00:57-	01:02@	00:31&	00:08#			
7	Kristin Skadsem				Ganddal IL				57:57			
02:08-	04:49+	14:16+	16:05+	17:54+	20:23+	24:35+	32:26+	34:10+	36:41+	37:54+	41:54+	43:17+
02:08-	02:41+	09:27+	01:49+	01:49+	02:29+	04:12+	07:51+	01:44+	02:31+	01:13+	04:00+	01:23+
00:24-	01:22@	06:42@	00:42&	00:37&	01:54@	01:00&	02:38&	00:20#	00:43&	00:21&	01:26&	00:14#
00:57&	00:04-											
8	Randi Bugge				Nortura BIL				1:33:53			
03:18+	07:46+	23:01+	25:27+	27:58+	29:17+	35:07+	44:06+	47:08+	55:06+	57:36+	64:11+	66:52+
03:18+	04:28+	15:15+	02:26+	02:31+	01:19+	05:50+	08:59+	03:02+	07:58+	02:30+	06:35+	02:41+
00:46&	03:09@	12:30@	01:19@	01:19@	00:44@	02:38&	03:46&	01:38@	06:10@	01:38@	04:01@	01:32@
01:29@	04:03@	00:08#	01:37&	04:24@	01:42&	00:52&	00:47@					
Beste strekktid for klassen												
01:21	01:19	02:06	01:07	01:11	00:34	02:56	04:21	01:24	01:48	00:50	02:34	00:59
01:28	00:57	00:25	01:40	01:40	02:07	00:53	00:40					
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.												
Herrer ekstra lang												
1	Arild Aasheim				Ganddal IL				45:30			
00:59=	02:33=	04:26=	05:50=	07:57=	09:18=	10:17=	12:52=	13:54=	15:09=	15:49=	17:54=	21:26=
00:59=	01:34=	01:53=	01:24=	02:07=	01:21=	00:59=	02:35=	01:02=	01:15=	00:40=	02:05=	03:32=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Tom Furland				Sandnes Idrettslag				48:34			
01:06+	02:49+	04:53+	05:38-	09:02+	10:36+	11:50+	14:26+	15:19+	16:28+	17:07+	19:35+	22:00+
01:06+	01:43+	02:04+	00:45-	03:24+	01:34+	01:14+	02:36+	00:53-	01:09-	00:39-	02:28+	02:25-
00:07#	00:09+	00:11+	00:39-	01:17&	00:13#	00:15&	00:01+	00:09-	00:06-	00:01-	00:23#	01:07-
00:04-												
3	Bjarthe Westerheim				SkogsOpplevelser BIL				48:39			
00:46-	02:12-	03:49-	04:26-	06:08-	07:16-	08:19-	10:34-	11:30-	12:31-	13:08-	21:24+	24:30+
00:46-	01:26-	01:37-	00:37-	01:42-	01:08-	01:03+	02:15-	00:56-	01:01-	00:37-	08:16+	03:06-
00:13-	00:08-	00:16-	00:47-	00:25-	00:13-	00:04+	00:20-	00:06-	00:14-	00:03-	06:11@	00:26-
00:09+	00:06+											
4	Jonas K. Espedal				Stavanger OK				50:20			
01:08+	05:02+	06:59+	09:51+	12:34+	14:10+	15:12+	17:51+	18:39+	19:41+	20:17+	22:42+	25:55+
01:08+	03:54+	01:57+	02:52+	02:43+	01:36+	01:02+	02:39+	00:48-	01:02-	00:36-	02:25+	03:13-
00:09#	02:20@	00:04+	01:28@	00:36&	00:15#	00:03+	00:04+	00:14-	00:13-	00:04-	00:20#	00:19-
00:09-	00:09-											
5	Jan E. Øvremo				Ålgård Orientering				51:59			
00:51-	02:25-	04:27+	05:16-	07:28-	08:48-	09:47-	12:40-	13:57+	17:11+	18:14+	21:14+	24:29+
00:51-	01:34=	02:02+	00:49-	02:12+	01:20-	00:59=	02:53+	01:17+	03:14+	01:03+	03:00+	03:15-
00:08-	00:00=	00:09+	00:35-	00:05+	00:01-	00:00=	00:18#	00:15#	01:59@	00:23&	00:55&	00:17-
00:23#	00:55&	00:17-	00:23#	00:59&	02:01&	00:26&	00:42-	00:11#	01:10-	00:29#	00:09#	00:23&
00:04+	00:12&	00:01+	00:03-	00:17&								
6	Per Olav Haarr				Ganddal IL				52:18			
01:04+	03:07+	05:22+	06:17+	08:37+	10:08+	11:14+	13:58+	15:06+	16:09+	16:45+	21:16+	24:27+
01:04+	02:03+	02:15+	00:55-	02:20+	01:31+	01:06+	02:44+	01:08+	01:03-	00:36-	04:31+	03:11-
00:05+	00:29&	00:22#	00:29-	00:13#	00:10#	00:07#	00:09+	00:06+	00:12-	00:04-	02:26@	00:21-
00:46#	00:35&	00:16+	00:16&	00:42-	00:40&	01:49&	00:07+	00:01+	00:01-	00:00=	00:01+	00:01-

Pluss	Navn										Klasse										Tid										
7	Magnus Landstad										Sandnes Idrettslag										55:23										
	01:13+	03:15+	05:35+	07:59+	10:11+	12:00+	13:08+	15:55+	16:58+	18:07+	18:43+	20:58+	23:55+	27:48+	29:45+	33:55+	34:57+	37:04+	43:04+	47:08+	50:35+	51:47+	52:46+	53:45+	54:35+	55:23+					
	01:13+	02:02+	02:20+	02:24+	02:12+	01:49+	01:08+	02:47+	01:03+	01:09-	00:36-	02:15+	02:57-	03:53+	01:57+	04:10+	01:02+	02:07-	06:00+	04:04+	03:27+	01:12+	00:59+	00:59+	00:50+	00:48+					
	00:14#	00:28&	00:27#	01:00&	00:05+	00:28&	00:09#	00:12+	00:01+	00:06-	00:04-	00:10+	00:35-	00:08+	00:27&	00:06+	00:10#	01:02-	04:44@	00:24#	00:56&	00:20&	00:18&	00:14&	00:09#	00:30@					
8	Kristian Haarr										Ganddal IL										56:46										
	01:19+	03:25+	05:42+	06:55+	09:17+	10:47+	11:46+	15:07+	16:26+	18:11+	19:32+	24:11+	27:52+	32:38+	35:03+	39:30+	40:45+	44:02+	46:04+	48:57+	52:07+	53:20+	54:24+	55:23+	56:22+	56:46+					
	01:19+	02:06+	02:17+	01:13-	02:22+	01:30+	00:59+	03:21+	01:19+	01:45+	01:21+	04:39+	03:41+	04:46+	02:25+	04:27+	01:15+	03:17+	02:02+	02:53-	03:10+	01:13+	01:04+	00:59+	00:59+	00:24+					
	00:20&	00:32&	00:24#	00:11-	00:15#	00:09#	00:00=	00:46&	00:17&	00:30&	00:41@	02:34@	00:09+	01:01&	00:55&	00:23+	00:23&	00:08+	00:46&	00:47-	00:39&	00:21&	00:23&	00:14&	00:18&	00:06&					
9	Pål Bårdsen										Stavanger OK										1:02:23										
	01:20+	03:33+	06:15+	07:26+	09:54+	11:23+	13:09+	16:42+	17:55+	19:36+	20:31+	24:39+	28:45+	33:09+	35:26+	40:15+	42:34+	45:18+	48:00+	52:38+	56:48+	58:13+	59:23+	60:31+	61:17+	62:23+					
	01:20+	02:13+	02:42+	01:11-	02:28+	01:29+	01:46+	03:33+	01:13+	01:41+	00:55+	04:08+	04:06+	04:24+	02:17+	04:49+	02:19+	02:44-	02:42+	04:38+	04:10+	01:25+	01:10+	01:08+	00:46+	01:06+					
	00:21&	00:39&	00:49&	00:13-	00:21#	00:08+	00:47&	00:58&	00:11#	00:26&	00:15&	02:03&	00:34#	00:39#	00:47&	00:45#	01:27@	00:25-	01:26@	00:58&	01:39&	00:33&	00:29&	00:23&	00:05#	00:48@					
10	Rune Christiansen										Sandnes Idrettslag										1:05:52										
	01:28+	05:01+	08:00+	09:20+	11:56+	14:26+	15:43+	19:11+	20:34+	22:21+	23:05+	27:33+	30:27+	36:34+	39:30+	45:35+	46:48+	49:17+	50:59+	56:37+	59:34+	61:22+	62:29+	64:07+	65:11+	65:52+					
	01:28+	03:33+	02:59+	01:20-	02:36+	02:30+	01:17+	03:28+	01:23+	01:47+	00:44+	04:28+	02:54-	06:07+	02:56+	06:05+	01:13+	02:29-	01:42+	05:38+	02:57+	01:48+	01:07+	01:38+	01:04+	00:41+					
	00:29&	01:59@	01:06&	00:04-	00:29#	01:09&	00:18&	00:53&	00:21&	00:32&	00:04+	02:23@	00:38-	02:22&	01:26&	02:01&	00:21&	00:40-	00:26&	01:58&	00:26#	00:56@	00:26&	00:53@	00:23&	00:23@					
11	Jakob Karlsen										Ganddal IL										1:09:50										
	01:36+	03:53+	07:17+	09:23+	12:28+	14:26+	15:56+	19:59+	21:36+	23:17+	24:13+	29:56+	34:17+	39:16+	43:01+	49:11+	50:57+	54:05+	56:18+	59:46+	63:59+	65:42+	67:00+	68:21+	69:23+	69:50+					
	01:36+	02:17+	03:24+	02:06+	03:05+	01:58+	01:30+	04:03+	01:37+	01:41+	00:56+	05:43+	04:21+	04:59+	03:45+	06:10+	01:46+	03:08-	02:13+	03:28-	04:13+	01:43+	01:18+	01:21+	01:02+	00:27+					
	00:37&	00:43&	01:31&	00:42&	00:58&	00:37&	00:31&	01:28&	00:35&	00:26&	00:16&	03:38@	00:49#	01:14&	02:15@	02:06&	00:54@	00:01-	00:57&	00:12-	01:42&	00:51&	00:37&	00:36&	00:21&	00:09&					
Beste strekktid for klassen																															
	00:46	01:26	01:37	00:37	01:42	01:08	00:59	02:15	00:48	01:01	00:36	02:05	02:25	03:21	01:30	03:50	00:52	01:38	01:15	02:30	02:28	00:52	00:40	00:39	00:38	00:17					

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer lang

1	Per Ingar Hadland					Ganddal IL					45:44																				
	00:48=	03:35=	04:38=	08:11=	09:16=	10:14=	11:40=	13:09=	17:00=	18:04=	21:39=	23:40=	25:12=	25:54=	31:28=	34:02=	36:00=	37:11=	39:33=	41:10=	42:26=	43:24=	44:26=	45:24=	45:44=						
	00:48=	02:47=	01:03=	03:33=	01:05=	00:58=	01:26=	01:29=	03:51=	01:04=	03:35=	02:01=	01:32=	00:42=	05:34=	02:34=	01:58=	01:11=	02:22=	01:37=	01:16=	00:58=	01:02=	00:58=	00:20=						
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Endre H. Haugland					Statoil BIL					46:12																				
	00:54+	05:14+	06:17+	08:39+	10:23+	11:58+	13:12+	15:00+	18:28+	19:36+	24:21+	25:37+	26:59+	28:08+	31:04=	34:01-	36:15+	37:52+	40:10+	41:35+	42:41+	43:27+	44:30+	45:28+	46:12+						
	00:54+	04:20+	01:03=	02:22-	01:44+	01:35+	01:14-	01:48+	03:28-	01:08+	04:45+	01:16-	01:22-	01:09+	02:56-	02:57+	02:14+	01:37+	02:18-	01:25-	01:06-	00:46-	01:03+	00:58=	00:44+						
	00:06#	01:33&	00:00=	01:11-	00:39&	00:37&	00:12-	00:19#	00:23-	00:04+	01:10&	00:45-	00:10-	00:27&	02:38-	00:23#	00:16#	00:26&	00:04-	00:12-	00:10-	00:12-	00:01+	00:00=	00:24@						
3	Rune Karstensen					Stavanger OK					46:45																				
	00:34-	04:48+	06:02+	09:00+	10:14+	11:06+	12:17+	13:31+	17:13+	18:23+	21:17-	23:10-	24:33-	25:30-	28:30-	30:24-	32:09-	33:09-	35:15-	37:07-	38:40-	44:09+	45:05+	45:56+	46:45+						
	00:34-	04:14+	01:14+	02:58-	01:14+	00:52-	01:11-	01:14-	03:42-	01:10+	02:54-	01:53-	01:23-	00:57+	03:00-	01:54-	01:45-	01:00-	02:06-	01:52+	01:33+	05:29+	00:56-	00:51-	00:49+						
	00:14-	01:27&	00:11#	00:35-	00:09#	00:06-	00:15-	00:15-	00:09-	00:06+	00:41-	00:08-	00:09-	00:15&	02:34-	00:40-	00:13-	00:11-	00:16-	00:15#	00:17#	04:31@	00:06-	00:07-	00:29@						
4	Geir Sand					SUS BIL					48:28																				
	00:47-	03:31-	04:49+	06:32-	07:47-	08:55-	10:03-	11:40-	14:55-	15:57-	19:26-	20:42-	22:22-	23:15-	28:21-	30:47-	34:57-	36:03-	40:37+	42:15+	43:23+	45:04+	46:50+	48:04+	48:28+						
	00:47-	02:44-	01:18+	01:43-	01:15+	01:08+	01:08-	01:37+	03:15-	01:02-	03:29-	01:16-	01:40+	00:53+	05:06-	02:26-	04:10+	01:06-	04:34+	01:38+	01:08-	01:41+	01:46+	01:14+	00:24+						
	00:01-	00:03-	00:15#	01:50-	00:10#	00:10#	00:18-	00:08+	00:36-	00:02-	00:06-	00:45-	00:08+	00:11&	00:28-	00:08-	02:12@	00:05-	02:12&	00:01+	00:08-	00:43&	00:44&	00:16&	00:04#						
5	Arne Kristian Espedal					Stavanger OK					49:57																				
	01:00+	04:03+	06:33+	08:27+	09:57+	11:04+	12:25+	14:09+	19:49+	20:50+	23:55+	25:00+	26:29+	27:07+	31:35+	36:14+	39:31+	40:43+	43:41+	44:58+	46:20+	47:20+	48:19+	49:13+	49:57+						
	01:00+	03:03+	02:30+	01:54-	01:30+	01:07+	01:21-	01:44+	05:40+	01:01-	03:05-	01:05-	01:29-	00:38-	04:28-	04:39+	03:17+	01:12+	02:58+	01:17-	01:22+	01:00+	00:59-	00:54-	00:44+						
	00:12#	00:16+	01:27@	01:39-	00:25&	00:09#	00:05-	00:15#	01:49&	00:03-	00:30-	00:56-	00:03-	00:04-	01:06-	02:05&	01:19&	00:01+	00:36&	00:20-	00:06+	00:02+	00:03-	00:04-	00:24@						
6	Trond Nilsen Lamark					Ganddal IL					53:05																				
	01:33+	11:18+	12:29+	16:31+	17:45+	18:39+	20:09+	21:37+	25:27+	26:29+	29:47+	30:59+	32:30+	33:13+	40:09+	42:28+	44:21+	45:27+	47:25+	48:34+	49:54+	50:51+	51:46+	52:45+	53:05+						
	01:33+	09:45+	01:11+	04:02+	01:14+	00:54-	01:30+	01:28-	03:50-	01:02-	03:18-	01:12-	01:31-	00:43+	06:56+	02:19-	01:53-	01:06-	01:58-	01:09-	01:20+	00:57-	00:55-	00:59+	00:20=						
	00:45&	06:58@	00:08#	00:29#	00:09#	00:04-	00:04+	00:01-	00:01-	00:02-	00:17-	00:49-	00:01-	00:01+	01:22#	00:15-	00:05-	00:05-	00:24-	00:28-	00:04+	00:01-	00:07-	00:01+	00:00=						
7	Ove Oaland					Statoil BIL					1:10:34																				
	03:02+	08:39+	13:05+	15:38+	18:32+	19:56+	22:07+	25:00+	30:31+	32:10+	36:50+	38:17+	40:10+	41:09+	45:25+	48:34+	54:40+	56:12+	59:21+	63:53+	65:40+	67:00+	68:20+	69:49+	70:34+						
	03:02+	05:37+	04:26+	02:33-	02:54+	01:24+	02:11+	02:53+	05:31+	01:39+	04:40+	01:27-	01:53+	00:59+	04:16-	03:09+	06:06+	01:32+	03:09+	04:32+	01:47+	01:20+	01:20+	01:29+	00:45+						
	02:14@	02:50@	03:23@	01:00-	01:49@	00:26&	00:45&	01:24&	01:40&	00:35&	01:05&	00:34-	00:21#	00:17&	01:18-	00:35#	04:08@	00:21&	00:47&	02:55@	00:31&	00:22&	00:18&	00:31&	00:25@						
8	Arne Hetlelid					Schlumberger BIL					1:14:05																				
	00:57+	03:35=	09:58+	13:04+	15:10+	17:02+	18:22+	20:12+	24:29+	25:42+	29:44+	31:11+	33:18+	34:21+	48:03+	51:34+	56:21+	57:45+	61:30+	63:25+	65:12+	66:26+	71:32+	73:07+	74:05+						
	00:57+	02:38-	06:23+	03:06-	02:06+	01:52+	01:20-	01:50+	04:17+	01:13+	04:02+	01:27-	02:07+	01:03+	13:42+	03:31+	04:47+	01:24+	03:45+	01:55+	01:47+	01:14+	05:06+	01:35+	00:58+						
	00:09#	00:09-	05:20@	00:27-	01:01&	00:54&	00:06-	00:21#	00:26#	00:09#	00:27#	00:34-	00:35&	00:21&	08:08@	00:57&	02:49@	00:13#	01:23+	00:18#	00:31&	00:16&	04:04@	00:37&	00:38@						

Beste strekktid for klassen

00:34	02:38	01:03	01:43	01:05	00:52	01:08	01:14	03:15	01:01	02:54	01:05	01:22	00:38	02:56	01:54	01:45	01:00	01:58	01:09	01:06	00:46	00:55	00:51	00:20
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer mellom

1	Inge Løland	Franks International BIL										34:10									
01:22=	04:55=	08:40=	09:54=	11:03=	11:42=	14:36=	18:26=	19:33=	20:52=	21:40=	23:37=	24:34=	25:46=	26:41=	27:17=	28:36=	30:13=	32:11=	33:20=	34:10=	
01:22=	03:33=	03:45=	01:14=	01:09=	00:39=	02:54=	03:50=	01:07=	01:19=	00:48=	01:57=	00:57=	01:12=	00:55=	00:36=	01:19=	01:37=	01:58=	01:09=	00:50=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Asgeir Bell	Stavanger OK										36:47									
01:16=	03:30=	06:06=	07:17=	09:35=	09:56=	12:49=	16:08=	17:35=	19:16=	20:04=	22:04=	23:55=	26:50=	28:39+	30:12+	31:42+	33:40+	35:24+	36:18+	36:47+	
01:16=	02:14=	02:36=	01:11=	02:18+	00:21=	02:53=	03:19=	01:27+	01:41+	00:48=	02:00+	01:51+	02:55+	01:49+	01:33+	01:30+	01:58+	01:44=	00:54=	00:29=	
00:06=	01:19=	01:09=	00:03=	01:09&	00:18=	00:01=	00:31=	00:20&	00:22&	00:00=	00:03+	00:54&	01:43@	00:54&	00:57@	00:11#	00:21#	00:14=	00:15=	00:21=	
3	Cato Eike	Vaulen OK										37:54									
01:18=	02:32=	06:49=	07:55=	09:08=	09:48=	12:54=	18:10=	19:33=	21:21+	22:14+	24:54+	26:01+	27:23+	28:21+	28:49+	30:57+	32:38+	36:18+	37:11+	37:54+	
01:18=	01:14=	04:17+	01:06=	01:13+	00:40+	03:06+	05:16+	01:23+	01:48+	00:53+	02:40+	01:07+	01:22+	00:58+	00:28=	02:08+	01:41+	03:40+	00:53=	00:43=	
00:04=	02:19=	00:32#	00:08=	00:04+	00:01+	00:12+	01:26&	00:16#	00:29&	00:05#	00:43&	00:10#	00:10#	00:03+	00:08=	00:49&	00:04+	01:42&	00:16=	00:07=	
4	Ole Petter Haukaas	Årstad IL										39:06									
01:01=	02:21=	04:09=	05:22=	06:45=	07:22=	16:19+	22:13+	23:51+	25:25+	26:15+	28:31+	29:25+	31:02+	32:10+	32:44+	34:09+	35:22+	37:31+	38:33+	39:06+	
01:01=	01:20=	01:48=	01:13=	01:23+	00:37=	08:57+	05:54+	01:38+	01:34+	00:50+	02:16+	00:54=	01:37+	01:08+	00:34=	01:25+	01:13=	02:09+	01:02=	00:33=	
00:21=	02:13=	01:57=	00:01=	00:14#	00:02=	06:03@	02:04&	00:31&	00:15#	00:02+	00:19#	00:03=	00:25&	00:13#	00:02=	00:06+	00:24=	00:11+	00:07=	00:17=	
5	Kjell Olav Gjerde	Stavanger OK										41:11									
01:32+	03:47=	07:50=	11:54+	13:22+	15:01+	18:07+	22:13+	23:24+	25:23+	26:38+	29:11+	30:26+	31:48+	33:10+	33:51+	35:21+	37:11+	39:19+	40:25+	41:11+	
01:32+	02:15=	04:03+	04:04+	01:28+	01:39+	03:06+	04:06+	01:11+	01:59+	01:15+	02:33+	01:15+	01:22+	01:22+	00:41+	01:30+	01:50+	02:08+	01:06=	00:46=	
00:10#	01:18=	00:18+	02:50@	00:19&	01:00@	00:12+	00:16+	00:04+	00:40&	00:27&	00:36&	00:18&	00:10#	00:27&	00:05#	00:11#	00:13#	00:10+	00:03=	00:04=	
6	Ole Auklend	Skattesport BIL										41:45									
01:11=	02:52=	05:53=	07:10=	08:52=	10:58=	13:51=	18:09=	20:10+	22:24+	23:59+	26:26+	28:15+	29:57+	31:36+	32:13+	35:11+	36:52+	39:34+	41:02+	41:45+	
01:11=	01:41=	03:01=	01:17+	01:42+	02:06+	02:53=	04:18+	02:01+	02:14+	01:35+	02:27+	01:49+	01:42+	01:39+	00:37+	02:58+	01:41+	02:42+	01:28+	00:43=	
00:11=	01:52=	00:44=	00:03+	00:33&	01:27@	00:01=	00:28#	00:54&	00:55&	00:47&	00:30&	00:52&	00:30&	00:44&	00:01+	01:39@	00:04+	00:44&	00:19&	00:07=	
7	Tore Prestvold	Tannlege Prestvold BIL										47:03									
01:49+	10:35+	12:48+	13:59+	15:20+	16:47+	20:09+	23:47+	25:31+	26:57+	28:04+	30:14+	31:35+	35:07+	36:16+	37:21+	37:38+	39:44+	42:46+	45:08+	46:21+	47:03+
01:49+	08:46+	02:13=	01:11=	01:21+	01:27+	03:22+	03:38=	01:44+	01:26+	01:07+	02:10+	01:21+	03:32+	01:09+	01:05+	00:17=	02:06+	03:02+	02:22+	01:13+	00:42+
00:27&	05:13@	01:32=	00:03=	00:12#	00:48@	00:28#	00:12=	00:37&	00:07+	00:19&	00:13#	00:24&	02:20@	00:14&	00:29&	01:02=	00:29&	01:04&	01:13@	00:23&	00:42+
8	Jørgen Nilsen	Sandnes Idrettslag										48:46									
00:53=	02:16=	05:25=	06:59=	08:10=	09:31=	12:15=	16:14=	17:37=	19:23=	24:48+	29:27+	30:45+	32:10+	37:56+	39:15+	39:32+	41:35+	43:14+	46:04+	47:32+	48:46+
00:53=	01:23=	03:09=	01:34+	01:11+	01:21+	02:44=	03:59+	01:23+	01:46+	05:25+	04:39+	01:18+	01:25+	05:46+	01:19+	00:17=	02:03+	01:39=	02:50+	01:28+	01:14+
00:29=	02:10=	00:36=	00:20&	00:02+	00:42@	00:10=	00:09+	00:16#	00:27&	04:37@	02:42@	00:21&	00:13#	04:51@	00:43@	01:02=	00:26&	00:19=	01:41@	00:38&	01:14+
9	Paul A. Paulsen	Stavanger kommune BIL										52:26									
01:24+	03:16=	14:40+	16:50+	19:49+	20:42+	25:12+	29:54+	31:31+	33:47+	35:05+	37:58+	39:13+	40:59+	42:15+	43:03+	44:49+	46:29+	49:42+	51:19+	52:26+	
01:24+	01:52=	11:24+	02:10+	02:59+	00:53+	04:30+	04:42+	01:37+	02:16+	01:18+	02:53+	01:15+	01:46+	01:16+	00:48+	01:46+	01:40+	03:13+	01:37+	01:07+	
00:02+	01:41=	07:39@	00:56&	01:50@	00:14&	01:36&	00:52#	00:30&	00:57&	00:30&	00:56&	00:18&	00:34&	00:21&	00:12&	00:27&	00:03+	01:15&	00:28&	00:17&	
10	Per Ivar Stokland	Ganddal IL										53:47									
02:18+	04:09=	07:33=	12:19+	14:23+	16:09+	22:05+	27:28+	29:23+	31:55+	33:03+	36:23+	40:37+	42:57+	45:46+	46:10+	48:19+	49:57+	52:04+	53:24+	53:47+	
02:18+	01:51=	03:24=	04:46+	02:04+	01:46+	05:56+	05:23+	01:55+	02:32+	01:08+	03:20+	04:14+	02:20+	02:49+	00:24=	02:09+	01:38+	02:07+	01:20+	00:23=	
00:56&	01:42=	00:21=	03:32@	00:55&	01:07@	03:02@	01:33&	00:48&	01:13&	00:20&	01:23&	03:17@	01:08&	01:54@	00:12=	00:50&	00:01+	00:09+	00:11#	00:27=	
11	Per Martin Stokland	Ganddal IL										53:51									
02:13+	04:12=	07:37=	12:16+	14:25+	16:12+	22:02+	27:30+	29:27+	31:57+	33:07+	36:31+	40:33+	42:52+	45:40+	46:05+	48:19+	49:58+	52:12+	53:25+	53:51+	
02:13+	01:59=	03:25=	04:39+	02:09+	01:47+	05:50+	05:28+	01:57+	02:30+	01:10+	03:24+	04:02+	02:19+	02:48+	00:25=	02:14+	01:39+	02:14+	01:13+	00:26=	
00:51&	01:34=	00:20=	03:25@	01:00&	01:08@	02:56@	01:38&	00:50&	01:11&	00:22&	01:27&	03:05@	01:07&	01:53@	00:11=	00:55&	00:02+	00:16#	00:04+	00:24=	
12	Arne Nygaard	Lyse BIL										56:09									
01:43+	05:05+	14:03+	15:51+	17:33+	18:14+	25:17+	30:52+	31:54+	33:38+	34:35+	37:16+	41:30+	42:36+	44:08+	44:46+	47:13+	48:58+	53:40+	55:05+	56:09+	
01:43+	03:22=	08:58+	01:48+	01:42+	00:41+	07:03+	05:35+	01:02=	01:44+	00:57+	02:41+	04:14+	01:06=	01:32+	00:38+	02:27+	01:45+	04:42+	01:25+	01:04+	
00:21&	00:11=	05:13@	00:34&	00:33&	00:02+	04:09@	01:45&	00:05=	00:25&	00:09#	00:44&	03:17@	00:06=	00:37&	00:02+	01:08&	00:08+	02:44@	00:16#	00:14&	

Beste strekktid for klassen

00:53	01:14	01:48	01:06	01:09	00:21	02:44	03:19	01:02	01:19	00:48	01:57	00:54	01:06	00:55	00:24	00:17	01:13	01:39	00:53	00:23
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.