

Plass Navn

Klasse

Tid

Damer kort

**1 Ann Sofie Hansen ConocoPhillips BIL 29:23**

01:36= 02:33= 05:54= 09:53= 11:18= 12:53= 15:28= 19:14= 22:24= 24:56= 28:35= 29:23=  
 01:36= 00:57= 03:21= 03:59= 01:25= 01:35= 02:35= 03:46= 03:10= 02:32= 03:39= 00:48=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Ingunn Voilås Egersund OK 30:05**

01:32- 02:38+ 06:13+ 10:06+ 12:51+ 14:13+ 17:29+ 21:46+ 25:38+ 28:18+ 29:02+ 30:05+  
 01:32- 01:06+ 03:35+ 03:53- 02:45+ 01:22- 03:16+ 04:17+ 03:52+ 02:40+ 00:44- 01:03+  
 00:04- 00:09# 00:14+ 00:06- 01:20& 00:13- 00:41& 00:31# 00:42# 00:08+ 02:55- 00:15&

**3 Helga Klausen Klepp Kommune BIL 34:27**

01:53+ 03:10+ 07:54+ 11:23+ 13:49+ 15:57+ 20:03+ 25:41+ 29:04+ 32:33+ 33:36+ 34:27+  
 01:53+ 01:17+ 04:44+ 03:29- 02:26+ 02:08+ 04:06+ 05:38+ 03:23+ 03:29+ 01:03- 00:51+  
 00:17# 00:20& 01:23& 00:30- 01:01& 00:33& 01:31& 01:52& 00:13+ 00:57& 02:36- 00:03+

**4 Randi Bugge Nortura BIL 51:37**

01:47+ 03:16+ 07:07+ 29:08+ 31:19+ 33:59+ 38:00+ 44:01+ 47:13+ 49:47+ 50:39+ 51:37+  
 01:47+ 01:29+ 03:51+ 22:01+ 02:11+ 02:40+ 04:01+ 06:01+ 03:12+ 02:34+ 00:52- 00:58+  
 00:11# 00:32& 00:30# 18:02@ 00:46& 01:05& 01:26& 02:15& 00:02+ 00:02+ 02:47- 00:10#

**Beste strekktid for klassen**

01:32 00:57 03:21 03:29 01:25 01:22 02:35 03:46 03:10 02:32 00:44 00:48

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Damer lang

**1 Aud H. Taksdal Ganddal IL 32:03**

01:22= 02:30= 03:24= 05:35= 06:02= 08:18= 10:40= 12:48= 13:51= 17:23= 18:01= 20:42= 22:01= 23:59= 25:21= 27:21= 31:32= 32:03=  
 01:22= 01:08= 00:54= 02:11= 00:27= 02:16= 02:22= 02:08= 01:03= 03:32= 00:38= 02:41= 01:19= 01:58= 01:22= 02:00= 04:11= 00:31=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

**2 Kari Fuglestad OK Ålgård 32:47**

01:33+ 02:41+ 03:34+ 05:32- 06:01- 08:20+ 10:47+ 13:11+ 14:19+ 17:40+ 18:25+ 21:23+ 22:47+ 24:52+ 27:52+ 29:23+ 32:12+ 32:47+  
 01:33+ 01:08= 00:53- 01:58- 00:29+ 02:19+ 02:27+ 02:24+ 01:08+ 03:21- 00:45+ 02:58+ 01:24+ 02:05+ 03:00+ 01:31- 02:49- 00:35+  
 00:11# 00:00= 00:01- 00:13- 00:02+ 00:03+ 00:05+ 00:16# 00:05+ 00:11- 00:07# 00:17# 00:05+ 00:07+ 01:38@ 00:29- 01:22- 00:04#

**3 Torill Brekken Ganddal IL 35:10**

01:26+ 02:51+ 03:44+ 05:58+ 06:30+ 08:59+ 11:45+ 14:54+ 16:08+ 19:53+ 20:42+ 23:49+ 25:11+ 27:19+ 29:57+ 31:31+ 34:38+ 35:10+  
 01:26+ 01:25+ 00:53- 02:14+ 00:32+ 02:29+ 02:46+ 03:09+ 01:14+ 03:45+ 00:49+ 03:07+ 01:22+ 02:08+ 02:38+ 01:34- 03:07- 00:32+  
 00:04+ 00:17# 00:01- 00:03+ 00:05# 00:13+ 00:24# 01:01& 00:11# 00:13+ 00:11& 00:26# 00:03+ 00:10+ 01:16& 00:26- 01:04- 00:01+

**4 Hilde Nordbø M.P.M. BIL 39:25**

01:35+ 02:49+ 04:06+ 06:53+ 07:45+ 10:19+ 13:37+ 15:54+ 17:14+ 22:17+ 22:55+ 25:58+ 27:39+ 30:20+ 32:21+ 35:25+ 38:46+ 39:25+  
 01:35+ 01:14+ 01:17+ 02:47+ 00:52+ 02:34+ 03:18+ 02:17+ 01:20+ 05:03+ 00:38= 03:03+ 01:41+ 02:41+ 02:01+ 03:04+ 03:21- 00:39+  
 00:13# 00:06+ 00:23& 00:36& 00:25& 00:18# 00:56& 00:09+ 00:17& 01:31& 00:00= 00:22# 00:22& 00:43& 00:39& 01:04& 00:50- 00:08&

**5 Veronica Øvremo OK Ålgård 41:45**

01:45+ 03:29+ 04:56+ 07:45+ 08:17+ 10:57+ 14:13+ 17:07+ 18:26+ 23:22+ 24:00+ 27:41+ 29:34+ 32:04+ 33:52+ 37:46+ 41:13+ 41:45+  
 01:45+ 01:44+ 01:27+ 02:49+ 00:32+ 02:40+ 03:16+ 02:54+ 01:19+ 04:56+ 00:38= 03:41+ 01:53+ 02:30+ 01:48+ 03:54+ 03:27- 00:32+  
 00:23& 00:36& 00:33& 00:38& 00:05# 00:24# 00:54& 00:46& 00:16& 01:24& 00:00= 01:00& 00:34& 00:32& 00:26& 01:54& 00:44- 00:01+

**6 Vibeke Lamark Ganddal IL 43:39**

02:16+ 03:40+ 04:46+ 08:32+ 09:41+ 12:26+ 15:23+ 18:03+ 19:19+ 23:42+ 24:25+ 28:25+ 30:21+ 33:07+ 34:51+ 38:04+ 42:58+ 43:39+  
 02:16+ 01:24+ 01:06+ 03:46+ 01:09+ 02:45+ 02:57+ 02:40+ 01:16+ 04:23+ 00:43+ 04:00+ 01:56+ 02:46+ 01:44+ 03:13+ 04:54+ 00:41+  
 00:54& 00:16# 00:12# 01:35& 00:42@ 00:29# 00:35# 00:32# 00:13# 00:51# 00:05# 01:19& 00:37& 00:48& 00:22& 01:13& 00:43# 00:10&

**Beste strekktid for klassen**

01:22 01:08 00:53 01:58 00:27 02:16 02:22 02:08 01:03 03:21 00:38 02:41 01:19 01:58 01:22 01:31 02:49 00:31

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Damer mellom

Class	Navn	Klasse	Tid											
<b>1</b>	<b>Ragnhild Auglænd</b>	<b>Ganddal IL</b>	<b>32:15</b>											
01:18=	03:59=	06:19=	09:14=	10:53=	12:49=	14:07=	17:01=	17:48=	22:43=	24:02=	25:41=	28:43=	31:11=	32:15=
01:18=	02:41=	02:20=	02:55=	01:39=	01:56=	01:18=	02:54=	00:47=	04:55=	01:19=	01:39=	03:02=	02:28=	01:04=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Inger Tone Nygård</b>	<b>Egersund OK</b>	<b>32:55</b>											
01:07-	04:57+	07:23+	09:57+	11:25+	14:12+	16:11+	18:37+	19:45+	24:15+	25:17+	27:03+	29:29+	31:47+	32:55+
01:07-	03:50+	02:26+	02:34-	01:28-	02:47+	01:59+	02:26-	01:08+	04:30-	01:02-	01:46+	02:26-	02:18-	01:08+
00:11-	01:09&	00:06+	00:21-	00:11-	00:51&	00:41&	00:28-	00:21&	00:25-	00:17-	00:07+	00:36-	00:10-	00:04+
<b>3</b>	<b>Gunn J. Grefstad</b>	<b>ABB Robotics BIL</b>	<b>36:51</b>											
01:15-	05:17+	07:56+	11:12+	12:51+	15:14+	17:11+	20:03+	21:09+	26:32+	28:05+	29:50+	32:24+	35:23+	36:51+
01:15-	04:02+	02:39+	03:16+	01:39=	02:23+	01:57+	02:52-	01:06+	05:23+	01:33+	01:45+	02:34-	02:59+	01:28+
00:03-	01:21&	00:19#	00:21#	00:00=	00:27#	00:39&	00:02-	00:19&	00:28+	00:14#	00:06+	00:28-	00:31#	00:24&
<b>4</b>	<b>Kristin Skadsem</b>	<b>Ganddal IL</b>	<b>38:36</b>											
01:26+	04:35+	08:04+	11:33+	13:36+	16:07+	17:53+	21:17+	22:10+	26:53+	28:48+	30:48+	34:18+	37:13+	38:36+
01:26+	03:09+	03:29+	03:29+	02:03+	02:31+	01:46+	03:24+	00:53+	04:43-	01:55+	02:00+	03:30+	02:55+	01:23+
00:08#	00:28#	01:09&	00:34#	00:24#	00:35&	00:28&	00:30#	00:06#	00:12-	00:36&	00:21#	00:28#	00:27#	00:19&
<b>5</b>	<b>Eli Frafjord</b>	<b>Ganddal IL</b>	<b>45:02</b>											
01:33+	05:16+	09:22+	13:08+	15:03+	17:25+	20:46+	24:45+	25:42+	31:38+	34:36+	36:15+	40:50+	43:40+	45:02+
01:33+	03:43+	04:06+	03:46+	01:55+	02:22+	03:21+	03:59+	00:57+	05:56+	02:58+	01:39=	04:35+	02:50+	01:22+
00:15#	01:02&	01:46&	00:51&	00:16#	00:26#	02:03@	01:05&	00:10#	01:01#	01:39@	00:00=	01:33&	00:22#	00:18&
<b>6</b>	<b>Anne Garsrud</b>	<b>Vaulen OK</b>	<b>45:16</b>											
03:41+	07:01+	10:35+	13:31+	15:36+	21:45+	23:36+	26:18+	27:32+	32:34+	35:05+	37:43+	41:22+	43:57+	45:16+
03:41+	03:20+	03:34+	02:56+	02:05+	06:09+	01:51+	02:42-	01:14+	05:02+	02:31+	02:38+	03:39+	02:35+	01:19+
02:23@	00:39#	01:14&	00:01+	00:26&	04:13@	00:33&	00:12-	00:27&	00:07+	01:12&	00:59&	00:37#	00:07+	00:15#
<b>7</b>	<b>Turid Nystrøm</b>	<b>Stavanger OK</b>	<b>47:07</b>											
01:36+	05:52+	09:06+	13:39+	16:16+	20:16+	22:09+	25:48+	26:58+	33:16+	35:13+	38:17+	41:52+	45:31+	47:07+
01:36+	04:16+	03:14+	04:33+	02:37+	04:00+	01:53+	03:39+	01:10+	06:18+	01:57+	03:04+	03:35+	03:39+	01:36+
00:18#	01:35&	00:54&	01:38&	00:58&	02:04@	00:35&	00:45&	00:23&	01:23&	00:38&	01:25&	00:33#	01:11&	00:32&
<b>8</b>	<b>Katrine Haaland Leveraas</b>	<b>Sandnes Idrettslag</b>	<b>47:19</b>											
01:27+	05:13+	08:26+	11:33+	13:26+	15:46+	17:40+	20:33+	21:46+	31:37+	36:32+	39:59+	43:17+	46:01+	47:19+
01:27+	03:46+	03:13+	03:07+	01:53+	02:20+	01:54+	02:53-	01:13+	09:51+	04:55+	03:27+	03:18+	02:44+	01:18+
00:09#	01:05&	00:53&	00:12+	00:14#	00:24#	00:36&	00:01-	00:26&	04:56@	03:36@	01:48@	00:16+	00:16#	00:14#
<b>9</b>	<b>Haldis Glendrange</b>	<b>Stavanger OK</b>	<b>53:23</b>											
01:34+	04:59+	07:54+	12:46+	15:08+	21:32+	23:49+	27:19+	28:15+	36:04+	40:33+	43:33+	47:56+	51:34+	53:23+
01:34+	03:25+	02:55+	04:52+	02:22+	06:24+	02:17+	03:30+	00:56+	07:49+	04:29+	03:00+	04:23+	03:38+	01:49+
00:16#	00:44&	00:35#	01:57&	00:43&	04:28@	00:59&	00:36#	00:09#	02:54&	03:10@	01:21&	01:21&	01:10&	00:45&
<b>10</b>	<b>Gry V. Thengs</b>	<b>Lærerne BIL</b>	<b>1:00:58</b>											
02:18+	06:53+	11:08+	18:08+	20:47+	25:24+	27:56+	31:31+	32:37+	42:39+	47:33+	50:32+	55:07+	59:26+	60:58+
02:18+	04:35+	04:15+	07:00+	02:39+	04:37+	02:32+	03:35+	01:06+	10:02+	04:54+	02:59+	04:35+	04:19+	01:32+
01:00&	01:54&	01:55&	04:05@	01:00&	02:41@	01:14&	00:41#	00:19&	05:07@	03:35@	01:20&	01:33&	01:51&	00:28&

### Beste strekktid for klassen

01:07 02:41 02:20 02:34 01:28 01:56 01:18 02:26 00:47 04:30 01:02 01:39 02:26 02:18 01:04

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### Herrer kort

<b>1</b>	<b>Sverre Vareberg</b>	<b>Stavanger OK</b>	<b>36:50</b>								
05:42=	06:32=	10:55=	14:26=	16:47=	19:21=	23:41=	28:31=	32:13=	35:13=	36:01=	36:50=
05:42=	00:50=	04:23=	03:31=	02:21=	02:34=	04:20=	04:50=	03:42=	03:00=	00:48=	00:49=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Kjell Skjæveland</b>	<b>Stavanger OK</b>	<b>46:55</b>								
02:05-	08:43+	17:14+	21:40+	23:55+	25:35+	29:55+	37:28+	41:22+	45:01+	45:55+	46:55+
02:05-	06:38+	08:31+	04:26+	02:15-	01:40-	04:20=	07:33+	03:54+	03:39+	00:54+	01:00+
03:37-	05:48@	04:08&	00:55&	00:06-	00:54-	00:00=	02:43&	00:12+	00:39#	00:06#	00:11#

### Beste strekktid for klassen

02:05 00:50 04:23 03:31 02:15 01:40 04:20 04:50 03:42 03:00 00:48 00:49

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## Herrer lang

<b>1</b>	<b>Bjarthe Westerheim</b>	<b>Stord IL</b>	<b>22:28</b>														
00:59=	01:51=	02:25=	04:16=	04:38=	06:10=	07:44=	09:18=	10:04=	12:18=	12:44=	14:54=	15:50=	17:20=	18:23=	19:54=	22:05=	22:28=
00:59=	00:52=	00:34=	01:51=	00:22=	01:32=	01:34=	01:34=	00:46=	02:14=	00:26=	02:10=	00:56=	01:30=	01:03=	01:31=	02:11=	00:23=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Ola Magnus Laugaland</b>	<b>OK Ålgård</b>	<b>22:47</b>														
01:00+	01:51=	02:34+	04:40+	05:00+	06:27+	08:00+	09:34+	10:20+	12:38+	13:03+	15:09+	16:05+	17:34+	18:39+	20:16+	22:27+	22:47+
01:00+	00:51-	00:43+	02:06+	00:20-	01:27-	01:33-	01:34=	00:46=	02:18+	00:25-	02:06-	00:56=	01:29-	01:05+	01:37+	02:11=	00:20-
00:01+	00:01-	00:09&	00:15#	00:02-	00:05-	00:01-	00:00=	00:00=	00:04+	00:01-	00:04-	00:00=	00:01-	00:02+	00:06+	00:00=	00:03-
<b>3</b>	<b>Øystein Garsrud Tvedt</b>	<b>Vaulen OK</b>	<b>24:41</b>														
01:07+	01:56+	02:41+	04:07-	04:28-	06:02-	08:05+	09:38+	10:26+	12:58+	13:21+	15:46+	16:48+	18:21+	19:41+	22:05+	24:16+	24:41+
01:07+	00:49-	00:45+	01:26-	00:21-	01:34+	02:03+	01:33-	00:48+	02:32+	00:23-	02:25+	01:02+	01:33+	01:20+	02:24+	02:11=	00:25+
00:08#	00:03-	00:11&	00:25-	00:01-	00:02+	00:29&	00:01-	00:02+	00:18#	00:03-	00:15#	00:06#	00:03+	00:17&	00:53&	00:00=	00:02+
<b>4</b>	<b>Tom Furland</b>	<b>Sandnes Idrettslag</b>	<b>25:15</b>														
01:03+	01:58+	02:37+	04:04-	04:28-	06:17+	08:12+	10:06+	10:58+	13:32+	14:00+	16:36+	17:41+	19:31+	21:05+	22:32+	24:48+	25:15+
01:03+	00:55+	00:39+	01:27-	00:24+	01:49+	01:55+	01:54+	00:52+	02:34+	00:28+	02:36+	01:05+	01:50+	01:34+	01:27-	02:16+	00:27+
00:04+	00:03+	00:05#	00:24-	00:02+	00:17#	00:21#	00:20#	00:06#	00:20#	00:02+	00:26#	00:09#	00:20#	00:31&	00:04-	00:05+	00:04#
<b>5</b>	<b>Alf Johan Lima</b>	<b>Ganddal IL</b>	<b>25:42</b>														
01:25+	02:23+	03:03+	04:43+	05:15+	06:54+	08:54+	10:42+	11:34+	14:32+	15:00+	17:12+	18:16+	20:00+	21:18+	23:17+	25:24+	25:42+
01:25+	00:58+	00:40+	01:40-	00:32+	01:39+	02:00+	01:48+	00:52+	02:58+	00:28+	02:12+	01:04+	01:44+	01:18+	01:59+	02:07-	00:18-
00:26&	00:06#	00:06#	00:11-	00:10&	00:07+	00:26&	00:14#	00:06#	00:44&	00:02+	00:02+	00:08#	00:14#	00:15#	00:28&	00:04-	00:05-
<b>6</b>	<b>Per Olav Haarr</b>	<b>Ganddal IL</b>	<b>26:18</b>														
01:08+	02:04+	02:45+	04:21+	04:45+	06:21+	08:06+	10:03+	11:00+	14:47+	15:08+	17:40+	18:56+	20:53+	22:10+	23:32+	25:55+	26:18+
01:08+	00:56+	00:41+	01:36-	00:24+	01:36+	01:45+	01:57+	00:57+	03:47+	00:21-	02:32+	01:16+	01:57+	01:17+	01:22-	02:23+	00:23=
00:09#	00:04+	00:07#	00:15-	00:02+	00:04+	00:11#	00:23#	00:11#	01:33&	00:05-	00:22#	00:20&	00:27&	00:14#	00:09-	00:12+	00:00=
<b>7</b>	<b>Arild Aasheim</b>	<b>Ganddal IL</b>	<b>26:58</b>														
01:01+	01:53+	02:51+	04:59+	05:22+	06:59+	09:22+	11:00+	11:56+	15:12+	15:32+	17:53+	18:58+	20:35+	21:54+	23:49+	26:34+	26:58+
01:01+	00:52=	00:58+	02:08+	00:23+	01:37+	02:23+	01:38+	00:56+	03:16+	00:20-	02:21+	01:05+	01:37+	01:19+	01:55+	02:45+	00:24+
00:02+	00:00=	00:24&	00:17#	00:01+	00:05+	00:49&	00:04+	00:10#	01:02&	00:06-	00:11+	00:09#	00:07+	00:16&	00:24&	00:34&	00:01+
<b>8</b>	<b>Lars Mikalsen</b>	<b>Sandnes Idrettslag</b>	<b>27:17</b>														
01:12+	02:12+	02:53+	05:10+	05:35+	07:16+	09:02+	10:58+	11:54+	15:42+	16:09+	18:36+	20:04+	21:54+	23:06+	24:33+	26:55+	27:17+
01:12+	01:00+	00:41+	02:17+	00:25+	01:41+	01:46+	01:56+	00:56+	03:48+	00:27+	02:27+	01:28+	01:50+	01:12+	01:27-	02:22+	00:22-
00:13#	00:08#	00:07#	00:26#	00:03#	00:09+	00:12#	00:22#	00:10#	01:34&	00:01+	00:17#	00:32&	00:20#	00:09#	00:04-	00:11+	00:01-
<b>9</b>	<b>Morten Aamodt</b>	<b>Sandnes Idrettslag</b>	<b>29:07</b>														
01:15+	02:16+	03:03+	05:27+	05:53+	07:47+	10:04+	12:01+	13:03+	16:36+	17:11+	19:43+	20:55+	22:51+	24:04+	25:41+	28:29+	29:07+
01:15+	01:01+	00:47+	02:24+	00:26+	01:54+	02:17+	01:57+	01:02+	03:33+	00:35+	02:32+	01:12+	01:56+	01:13+	01:37+	02:48+	00:38+
00:16&	00:09#	00:13&	00:33&	00:04#	00:22#	00:43&	00:23#	00:16&	01:19&	00:09&	00:22#	00:16&	00:26&	00:10#	00:06+	00:37&	00:15&
<b>10</b>	<b>Morten Sundli</b>	<b>Ganddal IL</b>	<b>29:15</b>														
01:19+	02:29+	03:15+	05:35+	06:00+	08:22+	10:47+	12:49+	13:50+	17:22+	17:53+	20:25+	21:41+	23:32+	24:44+	26:17+	28:50+	29:15+
01:19+	01:10+	00:46+	02:20+	00:25+	02:22+	02:25+	02:02+	01:01+	03:32+	00:31+	02:32+	01:16+	01:51+	01:12+	01:33+	02:33+	00:25+
00:20&	00:18&	00:12&	00:29&	00:03#	00:50&	00:51&	00:28&	00:15&	01:18&	00:05#	00:22#	00:20&	00:21#	00:09#	00:02+	00:22#	00:02+
<b>11</b>	<b>Otte Omdal</b>	<b>Ganddal IL</b>	<b>30:25</b>														
01:10+	03:12+	04:08+	06:42+	07:11+	09:09+	11:18+	13:15+	14:23+	17:25+	18:24+	21:02+	22:14+	23:58+	25:16+	27:03+	29:44+	30:25+
01:10+	02:02+	00:56+	02:34+	00:29+	01:58+	02:09+	01:57+	01:08+	03:02+	00:59+	02:38+	01:12+	01:44+	01:18+	01:47+	02:41+	00:41+
00:11#	01:10@	00:22&	00:43&	00:07&	00:26&	00:35&	00:23#	00:22&	00:48&	00:33@	00:28#	00:16&	00:14#	00:15#	00:16#	00:30#	00:18&
<b>12</b>	<b>Kristoffer Nygård</b>	<b>Egersund OK</b>	<b>30:28</b>														
01:21+	02:48+	03:46+	06:16+	06:43+	08:47+	11:18+	13:14+	14:19+	17:36+	18:01+	20:29+	21:39+	23:39+	25:07+	27:24+	30:07+	30:28+
01:21+	01:27+	00:58+	02:30+	00:27+	02:04+	02:31+	01:56+	01:05+	03:17+	00:25-	02:28+	01:10+	02:00+	01:28+	02:17+	02:43+	00:21-
00:22&	00:35&	00:24&	00:39&	00:05#	00:32&	00:57&	00:22#	00:19&	01:03&	00:01-	00:18#	00:14#	00:30&	00:25&	00:46&	00:32#	00:02-
<b>13</b>	<b>Trond Nilsen Lamark</b>	<b>Ganddal IL</b>	<b>31:11</b>														
01:25+	02:46+	03:52+	07:39+	08:04+	10:24+	12:33+	14:50+	15:48+	18:35+	19:24+	21:58+	23:28+	25:21+	26:40+	28:17+	30:48+	31:11+
01:25+	01:21+	01:06+	03:47+	00:25+	02:20+	02:09+	02:17+	00:58+	02:47+	00:49+	02:34+	01:30+	01:53+	01:19+	01:37+	02:31+	00:23=
00:26&	00:29&	00:32&	01:56@	00:03#	00:48&	00:35&	00:43&	00:12&	00:33#	00:23&	00:24#	00:34&	00:23&	00:16&	00:06+	00:20#	00:00=
<b>14</b>	<b>Jan E. Øvremo</b>	<b>OK Ålgård</b>	<b>32:16</b>														
01:06+	02:12+	03:14+	05:40+	06:05+	08:21+	10:56+	13:30+	14:39+	17:46+	18:26+	21:16+	22:48+	24:55+	26:45+	29:03+	31:49+	32:16+
01:06+	01:06+	01:02+	02:26+	00:25+	02:16+	02:35+	02:34+	01:09+	03:07+	00:40+	02:50+	01:32+	02:07+	01:50+	02:18+	02:46+	00:27+
00:07#	00:14&	00:28&	00:35&	00:03#	00:44&	01:01&	01:00&	00:23&	00:53&	00:14&	00:40&	00:36&	00:37&	00:47&	00:47&	00:35&	00:04#

Class	Navn	Klasse	Tid
<b>15</b>	<b>Geir Sand</b>	<b>SUS BIL</b>	<b>32:19</b>
01:19+	02:25+	03:21+	05:36+
01:19+	01:06+	00:56+	02:15+
00:20&	00:14&	00:22&	00:24#
01:12+	02:20+	03:13+	05:16+
01:12+	01:08+	00:53+	02:03+
00:13#	00:16&	00:19&	00:12#
<b>17</b>	<b>Andreas Eide Skjæveland</b>	<b>Stavanger OK</b>	<b>33:34</b>
01:23+	02:38+	03:33+	05:19+
01:23+	01:15+	00:55+	01:46-
00:24&	00:23&	00:21&	00:05-
<b>18</b>	<b>Geir Tullin Mikalsen</b>	<b>Sandnes Idrettslag</b>	<b>33:44</b>
02:33+	04:28+	05:28+	07:59+
02:33+	01:55+	01:00+	02:31+
01:34@	01:03@	00:26&	00:40&
<b>19</b>	<b>Knut Feldmann</b>	<b>Stavanger OK</b>	<b>34:24</b>
01:42+	02:44+	04:00+	06:21+
01:42+	01:02+	01:16+	02:21+
00:43&	00:10#	00:42@	00:30&
<b>20</b>	<b>Espen Fyhn Nilsen</b>	<b>Sandnes Idrettslag</b>	<b>35:00</b>
01:26+	02:39+	03:46+	06:15+
01:26+	01:13+	01:07+	02:29+
00:27&	00:21&	00:33&	00:38&
<b>21</b>	<b>Per Ingar Hadland</b>	<b>Aker Solutions BIL</b>	<b>40:33</b>
02:00+	03:19+	04:19+	07:13+
02:00+	01:19+	01:00+	02:54+
01:01@	00:27&	00:26&	01:03&
<b>22</b>	<b>Ivar Johan Larsen</b>	<b>Stavanger OK</b>	<b>42:54</b>
01:48+	03:25+	04:32+	07:29+
01:48+	01:37+	01:07+	02:57+
00:49&	00:45&	00:33&	01:06&
<b>23</b>	<b>Tor Brekken</b>	<b>Ganddal IL</b>	<b>45:28</b>
05:30+	06:37+	07:23+	10:38+
05:30+	01:07+	00:46+	03:15+
04:31@	00:15&	00:12&	01:24&
<b>24</b>	<b>Knut Jonas Espedal</b>	<b>UiS</b>	<b>51:57</b>
02:36+	04:19+	06:03+	11:29+
02:36+	01:43+	01:44+	05:26+
01:37@	00:51&	01:10@	03:35@

### Beste strekketid for klassen

00:59 00:49 00:34 01:26 00:20 01:27 01:33 01:33 00:46 02:14 00:20 02:06 00:56 01:29 01:03 01:22 02:07 00:18

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

### Herrer mellom

<b>1</b>	<b>Bjørn Alsaker</b>	<b>Stavanger OK</b>	<b>27:20</b>
00:52=	02:49=	05:16=	07:32=
00:52=	01:57=	02:27=	02:16=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Harry Breiland</b>	<b>OK Ålgård</b>	<b>30:46</b>
01:31+	04:20+	06:31+	09:10+
01:31+	02:49+	02:11-	02:39+
00:39&	00:52&	00:16-	00:23#
<b>3</b>	<b>Ole Petter Haukaas</b>	<b>Årstad IL</b>	<b>31:33</b>
00:52=	03:16+	05:48+	08:34+
00:52=	02:24+	02:32+	02:46+
00:00=	00:27#	00:05+	00:30#

Class	Navn	Klasse	Tid
<b>4</b>	<b>Asgeir Bell</b>	<b>Stavanger kommune BIL</b>	<b>32:14</b>
00:57+	04:51+	06:35+	09:43+
00:57+	03:54+	01:44-	03:08+
00:05+	01:57&	00:43-	00:52&
	00:07#	00:51-	00:09-
		01:02&	00:02-
		01:21&	00:32&
		00:05+	00:40&
		00:04+	00:06-
<b>5</b>	<b>Ove Oaland</b>	<b>Ganddal IL</b>	<b>33:18</b>
01:52+	04:11+	07:44+	10:31+
01:52+	02:19+	03:33+	02:47+
01:00@	00:22#	01:06&	00:31#
	01:18@	01:01-	00:08-
		00:48&	00:05#
		00:11-	00:24&
		00:27&	00:31&
		00:38&	00:08#
<b>6</b>	<b>Sigurd Ravndal</b>	<b>Time kommune BIL</b>	<b>34:28</b>
01:09+	05:04+	07:07+	09:36+
01:09+	03:55+	02:03-	02:29+
00:17&	01:58@	00:24-	00:13+
		02:15@	00:26-
		00:06-	00:40&
		00:04-	00:08-
		00:47&	00:34&
		00:49&	00:39&
		00:04+	00:04+
<b>7</b>	<b>Ole-Tobias Frich</b>	<b>Statoil BIL</b>	<b>39:49</b>
01:20+	05:28+	07:49+	10:45+
01:20+	04:08+	02:21-	02:56+
00:28&	02:11@	00:06-	00:40&
		00:45&	00:10+
		00:16#	01:50&
		00:30&	01:05#
		01:14@	00:51&
		01:20&	00:56&
		00:19&	
<b>8</b>	<b>Ole Auklend</b>	<b>Skattesport BIL</b>	<b>41:54</b>
01:39+	05:32+	08:29+	13:12+
01:39+	03:53+	02:57+	04:43+
00:47&	01:56&	00:30#	02:27@
		00:29&	00:41#
		00:42&	00:48&
		00:22&	00:25+
		01:01&	01:18@
		02:14@	00:43&
		00:11#	
<b>9</b>	<b>Ivar Parnas</b>	<b>Sandnes Idrettslag</b>	<b>41:59</b>
01:07+	04:45+	06:51+	12:04+
01:07+	03:38+	02:06-	05:13+
00:15&	01:41&	00:21-	02:57@
		00:51&	00:05&
		00:08+	02:04&
		00:28&	00:36#
		00:04+	00:57&
		00:58&	03:12@
		00:01-	
<b>10</b>	<b>Asbjørn Nærheim Fjellhaugen</b>	<b>Suldal o-lag</b>	<b>43:25</b>
03:51+	06:59+	10:57+	15:11+
03:51+	03:08+	03:58+	04:14+
02:59@	01:11&	01:31&	01:58&
		01:01&	00:15+
		00:13#	01:26&
		00:23&	00:35#
		00:31&	01:20@
		01:38&	00:43&
		00:21&	
<b>11</b>	<b>Svein Eliassen</b>	<b>Vaulen OK</b>	<b>44:47</b>
01:22+	04:23+	09:37+	14:13+
01:22+	03:01+	05:14+	04:36+
00:39&	01:04&	02:47@	02:20@
		00:59&	01:05&
		00:30&	01:45&
		00:25&	01:15&
		01:05&	01:21@
		00:58&	01:05&
		00:18&	
<b>12</b>	<b>Paul A. Paulsen</b>	<b>Stavanger kommune BIL</b>	<b>45:41</b>
01:49+	05:06+	06:17+	09:34+
01:49+	03:17+	01:11-	03:17+
00:57@	01:20&	01:16-	01:01&
		02:19@	01:02-
		05:04@	00:03-
		02:46@	03:28-
		04:21@	00:22&
		00:03+	02:45@
		01:50@	01:22+
		01:22+	
<b>13</b>	<b>Arne Karlsen</b>	<b>Stavanger OK</b>	<b>45:51</b>
01:37+	05:46+	10:50+	15:15+
01:37+	04:09+	05:04+	04:25+
00:45&	02:12@	02:37@	02:09&
		01:17@	00:40-
		00:34&	01:19&
		00:39&	00:56#
		00:37&	02:15@
		02:23@	00:59&
		00:29&	
<b>14</b>	<b>Johannes Skjæveland Eide</b>	<b>Stavanger OK</b>	<b>47:30</b>
01:16+	04:14+	07:00+	10:23+
01:16+	02:58+	02:46+	03:23+
00:24&	01:01&	00:19#	01:07&
		00:48&	00:06-
		00:47&	00:46&
		00:14&	00:13#
		04:33@	00:13#
		04:44@	03:58@
		01:27&	00:05-
<b>15</b>	<b>Jørgen Nilsen</b>	<b>Sandnes Idrettslag</b>	<b>53:46</b>
01:17+	04:44+	08:33+	11:38+
01:17+	03:27+	03:49+	03:05+
00:25&	01:30&	01:22&	00:49&
		00:54&	03:17@
		00:28&	01:41&
		00:10#	10:09@
		01:22@	01:08&
		01:08&	01:54@
		01:13&	00:04+
<b>Beste strekktid for klassen</b>	00:52	01:57	01:11
	02:16	01:09	01:55
	01:13	02:05	00:36
	00:57	01:06	01:12
	01:43	02:01	00:58

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.