

Plass Navn

Klasse

Tid

Damer kort

1 Svitlana Rasheva UiS 43:43

05:29= 11:40= 15:23= 21:40= 30:36= 34:30= 35:51= 38:27= 43:06= 43:43=
 05:29= 06:11= 03:43= 06:17= 08:56= 03:54= 01:21= 02:36= 04:39= 00:37=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Iryna Rasheva Statoil BIL 43:45

05:31+ 11:48+ 15:19- 21:38- 30:34- 34:30= 35:50- 38:21- 43:15+ 43:45+
 05:31+ 06:17+ 03:31- 06:19+ 08:56= 03:56+ 01:20- 02:31- 04:54+ 00:30-
 00:02+ 00:06+ 00:12- 00:02+ 00:00= 00:02+ 00:01- 00:05- 00:15+ 00:07-

3 Randi Bugge Nortura BIL 1:11:36

09:23+ 15:36+ 37:12+ 44:00+ 55:12+ 60:22+ 63:27+ 66:50+ 70:59+ 71:36+
 09:23+ 06:13+ 21:36+ 06:48+ 11:12+ 05:10+ 03:05+ 03:23+ 04:09- 00:37=
 03:54& 00:02+ 17:53@ 00:31+ 02:16& 01:16& 01:44@ 00:47& 00:30- 00:00=

Beste strekktid for klassen

05:29 06:11 03:31 06:17 08:56 03:54 01:20 02:31 04:09 00:30

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer lang**1 Aud H. Taksdal Ganddal IL 35:26**

01:15= 03:50= 05:56= 09:12= 10:16= 11:32= 13:54= 17:11= 19:14= 20:55= 23:03= 25:02= 27:12= 30:01= 32:00= 33:47= 35:01= 35:26=
 01:15= 02:35= 02:06= 03:16= 01:04= 01:16= 02:22= 03:17= 02:03= 01:41= 02:08= 01:59= 02:10= 02:49= 01:59= 01:47= 01:14= 00:25=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Veronica Øvremo OK Ålgård 41:40

01:25+ 03:56+ 06:07+ 09:34+ 10:26+ 11:48+ 14:42+ 18:54+ 21:21+ 23:26+ 25:49+ 28:04+ 31:52+ 35:19+ 37:10+ 40:02+ 41:13+ 41:40+
 01:25+ 02:31- 02:11+ 03:27+ 00:52- 01:22+ 02:54+ 04:12+ 02:27+ 02:05+ 02:23+ 02:15+ 03:48+ 03:27+ 01:51- 02:52+ 01:11- 00:27+
 00:10# 00:04- 00:05+ 00:11+ 00:12- 00:06+ 00:32# 00:55& 00:24# 00:24# 00:15# 00:16# 01:38& 00:38# 00:08- 01:05& 00:03- 00:02+

3 Gunn J. Grefstad ABB Robotics BIL 52:30

01:44+ 04:42+ 10:47+ 15:14+ 16:47+ 18:31+ 22:08+ 26:09+ 29:43+ 32:02+ 34:06+ 36:42+ 40:42+ 44:46+ 47:18+ 49:52+ 51:48+ 52:30+
 01:44+ 02:58+ 06:05+ 04:27+ 01:33+ 01:44+ 03:37+ 04:01+ 03:34+ 02:19+ 02:04- 02:36+ 04:00+ 04:04+ 02:32+ 02:34+ 01:56+ 00:42+
 00:29& 00:23# 03:59@ 01:11& 00:29& 00:28& 01:15& 00:44# 01:31& 00:38& 00:04- 00:37& 01:50& 01:15& 00:33& 00:47& 00:42& 00:17&

Beste strekktid for klassen

01:15 02:31 02:06 03:16 00:52 01:16 02:22 03:17 02:03 01:41 02:04 01:59 02:10 02:49 01:51 01:47 01:11 00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Damer mellom**1 Vibeke Lamark Ganddal IL 32:08**

01:58= 03:07= 04:06= 07:36= 12:09= 14:06= 16:49= 20:07= 22:05= 23:17= 26:11= 27:29= 30:00= 31:42= 32:08=
 01:58= 01:09= 00:59= 03:30= 04:33= 01:57= 02:43= 03:18= 01:58= 01:12= 02:54= 01:18= 02:31= 01:42= 00:26=
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Ragnhild Auglænd Ganddal IL 32:24

01:53- 03:11+ 04:06= 08:55+ 10:25- 12:00- 15:54- 19:17- 21:16- 22:34- 26:21+ 27:29= 30:17+ 31:52+ 32:24+
 01:53- 01:18+ 00:55- 04:49+ 01:30- 01:35- 03:54+ 03:23+ 01:59+ 01:18+ 03:47+ 01:08- 02:48+ 01:35- 00:32+
 00:05- 00:09# 00:04- 01:19& 03:03- 00:22- 01:11& 00:05+ 00:01+ 00:06+ 00:53& 00:10- 00:17# 00:07- 00:06#

3 Katrine Haaland Leveraas Sandnes Idrettslag 39:13

01:33- 02:49- 04:10+ 07:54+ 09:42- 11:28- 15:05- 20:13+ 22:49+ 24:46+ 32:14+ 33:48+ 36:41+ 38:38+ 39:13+
 01:33- 01:16+ 01:21+ 03:44+ 01:48- 01:46- 03:37+ 05:08+ 02:36+ 01:57+ 07:28+ 01:34+ 02:53+ 01:57+ 00:35+
 00:25- 00:07# 00:22& 00:14+ 02:45- 00:11- 00:54& 01:50& 00:38& 00:45& 04:34@ 00:16# 00:22# 00:15# 00:09&

4 Eli Frafjord Ganddal IL 45:29

02:22+ 04:00+ 05:25+ 12:13+ 19:14+ 20:53+ 24:28+ 29:24+ 31:39+ 32:57+ 37:24+ 39:22+ 42:02+ 44:54+ 45:29+
 02:22+ 01:38+ 01:25+ 06:48+ 07:01+ 01:39- 03:35+ 04:56+ 02:15+ 01:18+ 04:27+ 01:58+ 02:40+ 02:52+ 00:35+
 00:24# 00:29& 00:26& 03:18& 02:28& 00:18- 00:52& 01:38& 00:17# 00:06+ 01:33& 00:40& 00:09+ 01:10& 00:09&

Class	Navn	Klasse	Tid
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5	Inger Skretting Opstad	Egersund OK	45:46											
02:11+	03:54+	05:05+	10:16+	12:31+	14:32+	17:58+	26:06+	28:45+	30:34+	35:22+	38:50+	42:12+	45:00+	45:46+
02:11+	01:43+	01:11+	05:11+	02:15-	02:01+	03:26+	08:08+	02:39+	01:49+	04:48+	03:28+	03:22+	02:48+	00:46+
00:13#	00:34&	00:12#	01:41&	02:18-	00:04+	00:43&	04:50@	00:41&	00:37&	01:54&	02:10@	00:51&	01:06&	00:20&
6	Aslaug Lura	Sandnes Sparebank BIL	58:26											
02:26+	04:29+	06:11+	13:42+	16:08+	18:34+	24:22+	30:30+	33:30+	35:55+	48:11+	50:33+	54:44+	57:40+	58:26+
02:26+	02:03+	01:42+	07:31+	02:26-	02:26+	05:48+	06:08+	03:00+	02:25+	12:16+	02:22+	04:11+	02:56+	00:46+
00:28#	00:54&	00:43&	04:01@	02:07-	00:29#	03:05@	02:50&	01:02&	01:13@	09:22@	01:04&	01:40&	01:14&	00:20&
7	Margaret Malmin	SUS BIL	58:32											
02:33+	04:36+	06:22+	13:52+	16:05+	18:34+	24:21+	30:30+	33:36+	35:50+	48:17+	50:31+	54:53+	57:50+	58:32+
02:33+	02:03+	01:46+	07:30+	02:13-	02:29+	05:47+	06:09+	03:06+	02:14+	12:27+	02:14+	04:22+	02:57+	00:42+
00:35&	00:54&	00:47&	04:00@	02:20-	00:32&	03:04@	02:51&	01:08&	01:02&	09:33@	00:56&	01:51&	01:15&	00:16&
8	Ann Sofie Hansen	ConocoPhillips BIL	1:05:03											
02:30+	04:18+	06:23+	10:41+	16:08+	18:09+	22:48+	44:34+	48:59+	50:38+	56:16+	60:12+	62:50+	64:24+	65:03+
02:30+	01:48+	02:05+	04:18+	05:27+	02:01+	04:39+	21:46+	04:25+	01:39+	05:38+	03:56+	02:38+	01:34-	00:39+
00:32&	00:39&	01:06@	00:48#	00:54#	00:04+	01:56&	18:28@	02:27@	00:27&	02:44&	02:38@	00:07+	00:08-	00:13&

Beste strekktid for klassen

01:33	01:09	00:55	03:30	01:30	01:35	02:43	03:18	01:58	01:12	02:54	01:08	02:31	01:34	00:26
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer kort

1	Kjell Skjæveland	Stavanger OK	24:20						
01:27=	04:29=	06:29=	11:17=	15:32=	18:12=	19:14=	20:20=	23:43=	24:20=
01:27=	03:02=	02:00=	04:48=	04:15=	02:40=	01:02=	01:06=	03:23=	00:37=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Sverre Vareberg	Stavanger OK	39:14						
10:46+	13:46+	16:39+	21:13+	26:53+	29:45+	31:03+	33:03+	38:06+	39:14+
10:46+	03:00-	02:53+	04:34-	05:40+	02:52+	01:18+	02:00+	05:03+	01:08+
09:19@	00:02-	00:53&	00:14-	01:25&	00:12+	00:16&	00:54&	01:40&	00:31&

Beste strekktid for klassen

01:27	03:00	02:00	04:34	04:15	02:40	01:02	01:06	03:23	00:37
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer lang

1	Ola Magnus Laugaland	OK Ålgård	26:21														
00:55=	02:36=	04:11=	06:31=	07:07=	08:34=	10:49=	13:22=	14:56=	16:15=	17:23=	18:55=	20:22=	22:24=	23:39=	25:05=	26:02=	26:21=
00:55=	01:41=	01:35=	02:20=	00:36=	01:27=	02:15=	02:33=	01:34=	01:19=	01:08=	01:32=	01:27=	02:02=	01:15=	01:26=	00:57=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Sigurd Oftedal	OK Ålgård	27:13														
00:53-	02:45+	04:23+	06:57+	07:42+	08:49+	10:40-	13:17-	14:44-	16:03-	17:10-	18:45-	20:23+	22:52+	24:09+	25:41+	26:49+	27:13+
00:53-	01:52+	01:38+	02:34+	00:45+	01:07-	01:51-	02:37+	01:27-	01:19-	01:07-	01:35+	01:38+	02:29+	01:17+	01:32+	01:08+	00:24+
00:02-	00:11#	00:03+	00:14+	00:09#	00:20-	00:24-	00:04+	00:07-	00:00=	00:01-	00:03+	00:11#	00:27#	00:02+	00:06+	00:11#	00:05&
3	Tom Furland	Sandnes Idrettslag	27:38														
00:57+	02:49+	04:33+	06:56+	07:35+	08:33-	10:27-	12:57-	14:16-	16:43+	17:56+	19:32+	21:13+	23:31+	24:51+	26:19+	27:16+	27:38+
00:57+	01:52+	01:44+	02:23+	00:39+	00:58-	01:54-	02:30-	01:19-	02:27+	01:13+	01:36+	01:41+	02:18+	01:20+	01:28+	00:57=	00:22+
00:02+	00:11#	00:09+	00:03+	00:03+	00:29-	00:21-	00:03-	00:15-	01:08&	00:05+	00:04+	00:14#	00:16#	00:05+	00:02+	00:00=	00:03#
4	Otte Omdal	Ganddal IL	29:25														
01:00+	03:06+	04:50+	07:26+	08:17+	09:23+	11:31+	14:40+	16:27+	18:01+	19:13+	20:45+	22:31+	24:57+	26:29+	28:01+	29:02+	29:25+
01:00+	02:06+	01:44+	02:36+	00:51+	01:06-	02:08-	03:09+	01:47+	01:34+	01:12+	01:32=	01:46+	02:26+	01:32+	01:32+	01:01+	00:23+
00:05+	00:25#	00:09+	00:16#	00:15&	00:21-	00:07-	00:36#	00:13#	00:15#	00:04+	00:00=	00:19#	00:24#	00:17#	00:06+	00:04+	00:04#
5	Lars Myklebost	Sandnes Idrettslag	30:24														
01:35+	03:29+	05:07+	07:39+	08:28+	10:49+	12:54+	15:45+	17:27+	18:56+	20:18+	21:56+	23:37+	26:01+	27:18+	28:49+	30:00+	30:24+
01:35+	01:54+	01:38+	02:32+	00:49+	02:21+	02:05-	02:51+	01:42+	01:29+	01:22+	01:38+	01:41+	02:24+	01:17+	01:31+	01:11+	00:24+
00:40&	00:13#	00:03+	00:12+	00:13&	00:54&	00:10-	00:18#	00:08+	00:10#	00:14#	00:06+	00:14#	00:22#	00:02+	00:05+	00:14#	00:05&

Class	Navn	Klasse	Tid														
6	Odd Fuglestad	OK Ålgård	30:46														
00:57+	04:29+	06:15+	09:02+	09:45+	10:49+	12:51+	15:51+	17:20+	19:00+	20:10+	21:51+	23:35+	26:12+	27:43+	29:18+	30:22+	30:46+
00:57+	03:32+	01:46+	02:47+	00:43+	01:04-	02:02-	03:00+	01:29-	01:40+	01:10+	01:41+	01:44+	02:37+	01:31+	01:35+	01:04+	00:24+
00:02+	01:51@	00:11#	00:27#	00:07#	00:23-	00:13-	00:27#	00:05-	00:21&	00:02+	00:09+	00:17#	00:35&	00:16#	00:09#	00:07#	00:05&
7	Øystein Garsrud Tvedt	Vaulen OK	30:49														
01:08+	03:03+	04:41+	07:11+	08:07+	09:36+	11:49+	15:02+	16:47+	18:15+	19:16+	21:06+	23:10+	25:27+	27:37+	29:17+	30:26+	30:49+
01:08+	01:55+	01:38+	02:30+	00:56+	01:29+	02:13-	03:13+	01:45+	01:28+	01:01-	01:50+	02:04+	02:17+	02:10+	01:40+	01:09+	00:23+
00:13#	00:14#	00:03+	00:10+	00:20&	00:02+	00:02-	00:40&	00:11#	00:09#	00:07-	00:18#	00:37&	00:15#	00:55&	00:14#	00:12#	00:04#
8	Morten Sundli	Ganddal IL	30:57														
01:05+	03:23+	05:19+	08:02+	08:57+	10:02+	12:01+	14:37+	16:15+	18:34+	19:49+	21:48+	23:49+	26:21+	27:49+	29:24+	30:32+	30:57+
01:05+	02:18+	01:56+	02:43+	00:55+	01:05-	01:59-	02:36+	01:38+	02:19+	01:15+	01:59+	02:01+	02:32+	01:28+	01:35+	01:08+	00:25+
00:10#	00:37&	00:21#	00:23#	00:19&	00:22-	00:16-	00:03+	00:04+	01:00&	00:07#	00:27&	00:34&	00:30#	00:13#	00:09#	00:11#	00:06&
9	Per Olav Haarr	Ganddal IL	34:37														
03:15+	05:18+	07:14+	09:47+	10:33+	11:58+	15:36+	18:31+	20:10+	21:47+	22:57+	25:01+	27:08+	29:58+	31:25+	32:56+	34:11+	34:37+
03:15+	02:03+	01:56+	02:33+	00:46+	01:25-	03:38+	02:55+	01:39+	01:37+	01:10+	02:04+	02:07+	02:50+	01:27+	01:31+	01:15+	00:26+
02:20@	00:22#	00:21#	00:13+	00:10&	00:02-	01:23&	00:22#	00:05+	00:18#	00:02+	00:32&	00:40&	00:48&	00:12#	00:05+	00:18&	00:07&
10	Trond Nilsen Lamark	Ganddal IL	35:48														
01:10+	03:48+	05:52+	09:02+	10:39+	12:05+	14:25+	17:38+	19:27+	21:16+	23:05+	25:11+	27:13+	30:15+	31:52+	33:53+	35:18+	35:48+
01:10+	02:38+	02:04+	03:10+	01:37+	01:26-	02:20+	03:13+	01:49+	01:49+	01:49+	02:06+	02:02+	03:02+	01:37+	02:01+	01:25+	00:30+
00:15&	00:57&	00:29&	00:50&	01:01@	00:01-	00:05+	00:40&	00:15#	00:30&	00:41&	00:34&	00:35&	01:00&	00:22&	00:35&	00:28&	00:11&
11	Tor Kristian Gyland	Sandnes Idrettslag	36:08														
01:40+	03:42+	05:32+	08:59+	09:52+	11:38+	15:45+	18:40+	20:41+	22:20+	23:28+	25:23+	27:23+	30:21+	32:09+	34:25+	35:39+	36:08+
01:40+	02:02+	01:50+	03:27+	00:53+	01:46+	04:07+	02:55+	02:01+	01:39+	01:08=	01:55+	02:00+	02:58+	01:48+	02:16+	01:14+	00:29+
00:45&	00:21#	00:15#	01:07&	00:17&	00:19#	01:52&	00:22#	00:27&	00:20&	00:00=	00:23#	00:33&	00:56&	00:33&	00:50&	00:17&	00:10&
12	Tallak Langmyr	Statoil BIL	38:35														
01:01+	04:32+	06:24+	09:31+	10:31+	11:58+	16:26+	19:56+	22:09+	24:14+	25:49+	27:45+	29:53+	33:15+	34:51+	36:43+	38:10+	38:35+
01:01+	03:31+	01:52+	03:07+	01:00+	01:27=	04:28+	03:30+	02:13+	02:05+	01:35+	01:56+	02:08+	03:22+	01:36+	01:52+	01:27+	00:25+
00:06#	01:50@	00:17#	00:47&	00:24&	00:00=	02:13&	00:57&	00:39&	00:46&	00:27&	00:24&	00:41&	01:20&	00:21&	00:26&	00:30&	00:06&
13	Lars Mikalsen	Sandnes Idrettslag	39:17														
01:57+	05:48+	07:50+	10:58+	11:45+	12:49+	16:38+	21:13+	23:23+	25:05+	26:41+	28:43+	31:33+	34:11+	35:47+	37:26+	38:51+	39:17+
01:57+	03:51+	02:02+	03:08+	00:47+	01:04+	03:49+	04:35+	03:10+	01:42+	01:36+	02:02+	02:50+	02:38+	01:36+	01:39+	01:25+	00:26+
01:02@	02:10@	00:27&	00:48&	00:11&	00:23-	01:34&	02:02&	00:36&	00:23&	00:28&	00:30&	01:23&	00:36&	00:21&	00:13#	00:28&	00:07&
14	Knut Feldmann	Stavanger OK	39:30														
02:37+	04:35+	06:33+	09:30+	10:46+	13:30+	16:22+	20:10+	22:03+	23:56+	25:19+	27:49+	29:59+	33:15+	35:17+	37:20+	39:01+	39:30+
02:37+	01:58+	01:58+	02:57+	01:16+	02:44+	02:52+	03:48+	01:53+	01:53+	01:23+	02:30+	02:10+	03:16+	02:02+	02:03+	01:41+	00:29+
01:42@	00:17#	00:23#	00:37&	00:40@	01:17&	00:37&	01:15&	00:19#	00:34&	00:15#	00:58&	00:43&	01:14&	00:47&	00:37&	00:44&	00:10&
15	Tor Brekken	Ganddal IL	40:14														
01:41+	04:07+	06:24+	09:31+	10:35+	12:28+	15:02+	18:43+	20:34+	22:30+	25:05+	27:30+	30:22+	33:28+	35:50+	38:15+	39:44+	40:14+
01:41+	02:26+	02:17+	03:07+	01:04+	01:53+	02:34+	03:41+	01:51+	01:56+	02:35+	02:25+	02:52+	03:06+	02:22+	02:25+	01:29+	00:30+
00:46&	00:45&	00:42&	00:47&	00:28&	00:26&	00:19#	01:08&	00:17#	00:37&	01:27@	00:53&	01:25&	01:04&	01:07&	00:59&	00:32&	00:11&
16	Espen Fyhn Nilsen	Sandnes Idrettslag	41:22														
03:15+	05:32+	07:42+	11:25+	12:30+	13:58+	16:34+	20:03+	23:42+	25:40+	27:53+	30:02+	32:18+	35:39+	37:37+	39:37+	40:54+	41:22+
03:15+	02:17+	02:10+	03:43+	01:05+	01:28+	02:36+	03:29+	03:39+	01:58+	02:13+	02:09+	02:16+	03:21+	01:58+	02:00+	01:17+	00:28+
02:20@	00:36&	00:35&	01:23&	00:29&	00:01+	00:21#	00:56&	02:05@	00:39&	01:05&	00:37&	00:49&	01:19&	00:43&	00:34&	00:20&	00:09&
17	Jakob Karlsen	Ganddal IL	41:47														
01:25+	04:22+	06:55+	10:27+	11:22+	12:45+	15:53+	19:40+	21:44+	24:25+	26:14+	28:39+	31:25+	35:13+	37:27+	39:43+	41:16+	41:47+
01:25+	02:57+	02:33+	03:32+	00:55+	01:23-	03:08+	03:47+	02:04+	02:41+	01:49+	02:25+	02:46+	03:48+	02:14+	02:16+	01:33+	00:31+
00:30&	01:16&	00:58&	01:12&	00:19&	00:04-	00:53&	01:14&	00:30&	01:22@	00:41&	00:53&	01:19&	01:46&	00:59&	00:50&	00:36&	00:12&
18	Sturla Stokkeland	OK Ålgård	41:52														
01:33+	03:53+	06:12+	09:53+	13:46+	15:24+	18:02+	21:04+	23:06+	25:57+	27:36+	29:42+	32:10+	35:35+	37:35+	39:44+	41:20+	41:52+
01:33+	02:20+	02:19+	03:41+	03:53+	01:38+	02:38+	03:02+	02:02+	02:51+	01:39+	02:06+	02:28+	03:25+	02:00+	02:09+	01:36+	00:32+
00:38&	00:39&	00:44&	01:21&	03:17@	00:11#	00:23#	00:29#	00:28&	01:32@	00:31&	00:34&	01:01&	01:23&	00:45&	00:43&	00:39&	00:13&
19	Rune Christiansen	Sandnes Idrettslag	42:30														
01:11+	03:59+	06:06+	09:42+	10:47+	12:57+	17:08+	21:00+	23:52+	26:03+	27:42+	30:05+	33:04+	36:27+	38:32+	40:38+	42:05+	42:30+
01:11+	02:48+	02:07+	03:36+	01:05+	02:10+	04:11+	03:52+	02:52+	02:11+	01:39+	02:23+	02:59+	03:23+	02:05+	02:06+	01:27+	00:25+
00:16&	01:07&	00:32&	01:16&	00:29&	00:43&	01:56&	01:19&	01:18&	00:52&	00:31&	00:51&	01:32@	01:21&	00:50&	00:40&	00:30&	00:06&
20	Pål Bårdsen	Aker Solutions BIL	45:42														
01:47+	04:05+	06:23+	10:03+	10:50+	12:25+	15:56+	19:36+	22:12+	30:11+	31:41+	34:03+	36:15+	39:33+	41:35+	43:27+	45:12+	45:42+
01:47+	02:18+	02:18+	03:40+	00:47+	01:35+	03:31+	03:40+	02:36+	07:59+	01:30+	02:22+	02:12+	03:18+	02:02+	01:52+	01:45+	00:30+
00:52&	00:37&	00:43&	01:20&	00:11&	00:08+	01:16&	01:07&	01:02&	06:40@	00:22&	00:50&	00:45&	01:16&	00:47&	00:26&	00:48&	00:11&

Class	Navn	Klasse	Tid
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21	Andreas Eide Skjæveland	Stavanger OK	47:20														
01:14+	05:25+	07:35+	10:56+	11:50+	13:34+	16:31+	20:14+	22:34+	24:36+	26:31+	28:50+	37:07+	41:15+	43:10+	45:36+	46:53+	47:20+
01:14+	04:11+	02:10+	03:21+	00:54+	01:44+	02:57+	03:43+	02:20+	02:02+	01:55+	02:19+	08:17+	04:08+	01:55+	02:26+	01:17+	00:27+
00:19&	02:30@	00:35&	01:01&	00:18&	00:17#	00:42&	01:10&	00:46&	00:43&	00:47&	00:47&	06:50@	02:06@	00:40&	01:00&	00:20&	00:08&

Beste strekktid for klassen

00:53	01:41	01:35	02:20	00:36	00:58	01:51	02:30	01:19	01:19	01:01	01:32	01:27	02:02	01:15	01:26	00:57	00:19
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Herrer mellom

1	Paul Terje Haarr	Ganddal IL	22:05											
01:24=	02:18=	03:04=	05:45=	06:57=	07:56=	09:58=	13:16=	14:36=	15:35=	18:01=	18:50=	20:32=	21:40=	22:05=
01:24=	00:54=	00:46=	02:41=	01:12=	00:59=	02:02=	03:18=	01:20=	00:59=	02:26=	00:49=	01:42=	01:08=	00:25=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Kai Tore Breiland	OK Ålgård	23:25											
01:20-	02:20+	03:47+	06:20+	07:46+	08:52+	11:08+	13:39+	15:11+	16:08+	18:36+	19:42+	21:33+	22:51+	23:25+
01:20-	01:00+	01:27+	02:33-	01:26+	01:06+	02:16+	02:31-	01:32+	00:57-	02:28+	01:06+	01:51+	01:18+	00:34+
00:04-	00:06#	00:41&	00:08-	00:14#	00:07#	00:14#	00:47-	00:12#	00:02-	00:02+	00:17&	00:09+	00:10#	00:09&

3	Bjørn Alsaker	Stavanger OK	24:17											
01:12-	02:07-	02:52-	05:49+	06:55-	08:12+	10:17+	12:17-	13:55-	14:55-	17:13-	19:31+	22:28+	23:46+	24:17+
01:12-	00:55+	00:45-	02:57+	01:06-	01:17+	02:05+	02:00-	01:38+	01:00+	02:18-	02:18+	02:57+	01:18+	00:31+
00:12-	00:01+	00:01-	00:16+	00:06-	00:18&	00:03+	01:18-	00:18#	00:01+	00:08-	01:29@	01:15&	00:10#	00:06#

4	Rune Karstensen	Stavanger OK	25:42											
01:18-	02:19+	03:03-	06:03+	07:11+	08:25+	10:50+	13:53+	17:30+	18:26+	21:04+	22:10+	23:51+	25:16+	25:42+
01:18-	01:01+	00:44-	03:00+	01:08-	01:14+	02:25+	03:03-	03:37+	00:56-	02:38+	01:06+	01:41-	01:25+	00:26+
00:06-	00:07#	00:02-	00:19#	00:04-	00:15&	00:23#	00:15-	02:17@	00:03-	00:12+	00:17&	00:01-	00:17#	00:01+

5	Ove Oaland	Ganddal IL	27:09											
02:04+	03:16+	04:06+	07:29+	08:54+	10:19+	13:05+	15:25+	17:18+	18:38+	21:26+	22:36+	25:10+	26:40+	27:09+
02:04+	01:12+	00:50+	03:23+	01:25+	01:25+	02:46+	02:20-	01:53+	01:20+	02:48+	01:10+	02:34+	01:30+	00:29+
00:40&	00:18&	00:04+	00:42&	00:13#	00:26&	00:44&	00:58-	00:33&	00:21&	00:22#	00:21&	00:52&	00:22&	00:04#

6	Ragnvald Frøyland	Time kommune BIL	27:32											
02:05+	03:08+	03:56+	07:11+	08:35+	09:52+	12:19+	14:33+	18:07+	19:13+	21:59+	23:03+	25:24+	27:04+	27:32+
02:05+	01:03+	00:48+	03:15+	01:24+	01:17+	02:27+	02:14-	03:34+	01:06+	02:46+	01:04+	02:21+	01:40+	00:28+
00:41&	00:09#	00:02+	00:34#	00:12#	00:18&	00:25#	01:04-	02:14@	00:07#	00:20#	00:15&	00:39&	00:32&	00:03#

7	Leif Kjetil Hinna Gausel	Statoil BIL	27:54											
01:43+	02:55+	03:46+	07:59+	09:48+	11:39+	13:52+	16:23+	18:06+	19:25+	22:13+	23:44+	25:39+	27:26+	27:54+
01:43+	01:12+	00:51+	04:13+	01:49+	01:51+	02:13+	02:31-	01:43+	01:19+	02:48+	01:31+	01:55+	01:47+	00:28+
00:19#	00:18&	00:05#	01:32&	00:37&	00:52&	00:11+	00:47-	00:23&	00:20&	00:22#	00:42&	00:13#	00:39&	00:03#

8	Børge Brubæk	Valveconsult AS	27:58											
01:20-	02:24+	03:27+	07:47+	09:08+	10:38+	12:58+	15:58+	17:42+	19:06+	23:13+	24:15+	25:58+	27:28+	27:58+
01:20-	01:04+	01:03+	04:20+	01:21+	01:30+	02:20+	03:00-	01:44+	01:24+	04:07+	01:02+	01:43+	01:30+	00:30+
00:04-	00:10#	00:17&	01:39&	00:09#	00:31&	00:18#	00:18-	00:24&	00:25&	01:41&	00:13&	00:01+	00:22&	00:05#

9	Bjarne Gimre	Ganddal IL	28:35											
01:30+	02:45+	03:35+	07:57+	09:32+	11:11+	14:02+	16:20+	18:11+	19:31+	22:33+	23:47+	26:19+	28:03+	28:35+
01:30+	01:15+	00:50+	04:22+	01:35+	01:39+	02:51+	02:18-	01:51+	01:20+	03:02+	01:14+	02:32+	01:44+	00:32+
00:06+	00:21&	00:04+	01:41&	00:23&	00:40&	00:49&	01:00-	00:31&	00:21&	00:36#	00:25&	00:50&	00:36&	00:07&

10	Arne Hetlelid	Schlumberger BIL	28:50											
01:26+	02:32+	03:20+	06:57+	08:04+	09:21+	12:34+	14:56+	16:48+	18:07+	23:03+	24:56+	27:00+	28:22+	28:50+
01:26+	01:06+	00:48+	03:37+	01:07-	01:17+	03:13+	02:22-	01:52+	01:19+	04:56+	01:53+	02:04+	01:22+	00:28+
00:02+	00:12#	00:02+	00:56&	00:05-	00:18&	01:11&	00:56-	00:32&	00:20&	02:30@	01:04@	00:22#	00:14#	00:03#

11	Kjell Olav Gjerde	Linjebygg Offshore BIL	29:24											
01:25+	02:39+	03:38+	07:00+	09:44+	12:12+	14:33+	16:49+	18:38+	20:00+	22:52+	25:00+	27:17+	28:52+	29:24+
01:25+	01:14+	00:59+	03:22+	02:44+	02:28+	02:21+	02:16-	01:49+	01:22+	02:52+	02:08+	02:17+	01:35+	00:32+
00:01+	00:20&	00:13&	00:41&	01:32@	01:29@	00:19#	01:02-	00:29&	00:23&	00:26#	01:19@	00:35&	00:27&	00:07&

12	Alf Håkon Haugland	Statoil BIL	29:57											
01:22-	02:24+	03:13+	06:31+	10:40+	12:01+	14:46+	18:18+	19:56+	20:59+	24:21+	25:58+	28:04+	29:22+	29:57+
01:22-	01:02+	00:49+	03:18+	04:09+	01:21+	02:45+	03:32+	01:38+	01:03+	03:22+	01:37+	02:06+	01:18+	00:35+
00:02-	00:08#	00:03+	00:37#	02:57@	00:22&	00:43&	00:14+	00:18#	00:04+	00:56&	00:48&	00:24#	00:10#	00:10&

Class	Navn	Klasse												Tid
13	Kjetil Heradstveit	Rotorsport Bristow												30:39
01:55+	03:16+	04:29+	08:31+	10:14+	11:44+	14:36+	18:19+	20:03+	21:16+	24:36+	25:51+	28:33+	29:59+	30:39+
01:55+	01:21+	01:13+	04:02+	01:43+	01:30+	02:52+	03:43+	01:44+	01:13+	03:20+	01:15+	02:42+	01:26+	00:40+
00:31&	00:27&	00:27&	01:21&	00:31&	00:31&	00:50&	00:25#	00:24&	00:14#	00:54&	00:26&	01:00&	00:18&	00:15&
14	Tore Halset	Statens Kartverk, Stvg. BIL												30:41
01:49+	03:23+	04:20+	07:35+	09:10+	10:34+	13:16+	17:25+	19:32+	20:44+	24:29+	25:58+	28:11+	30:03+	30:41+
01:49+	01:34+	00:57+	03:15+	01:35+	01:24+	02:42+	04:09+	02:07+	01:12+	03:45+	01:29+	02:13+	01:52+	00:38+
00:25&	00:40&	00:11#	00:34#	00:23&	00:25&	00:40&	00:51&	00:47&	00:13#	01:19&	00:40&	00:31&	00:44&	00:13&
15	Tor Geir Espedal	Statens vegvesen Rogaland BIL												32:33
01:26+	02:31+	03:30+	06:35+	08:07+	09:30+	12:01+	15:52+	19:36+	21:02+	24:18+	27:49+	30:26+	32:01+	32:33+
01:26+	01:05+	00:59+	03:05+	01:32+	01:23+	02:31+	03:51+	03:44+	01:26+	03:16+	03:31+	02:37+	01:35+	00:32+
00:02+	00:11#	00:13&	00:24#	00:20&	00:24&	00:29#	00:33#	02:24@	00:27&	00:50&	02:42@	00:55&	00:27&	00:07&
16	Gudmund Gausel	Statens vegvesen Rogaland BIL												33:16
01:36+	02:35+	03:18+	06:10+	07:24+	08:38+	11:04+	14:42+	22:59+	24:00+	26:46+	29:05+	31:17+	32:47+	33:16+
01:36+	00:59+	00:43-	02:52+	01:14+	01:14+	02:26+	03:38+	08:17+	01:01+	02:46+	02:19+	02:12+	01:30+	00:29+
00:12#	00:05+	00:03-	00:11+	00:02+	00:15&	00:24#	00:20#	06:57@	00:02+	00:20#	01:30@	00:30&	00:22&	00:04#
17	Ole Auklend	Skattesport BIL												34:37
01:46+	03:06+	03:57+	08:01+	10:04+	11:59+	15:07+	17:46+	20:43+	22:31+	25:48+	28:31+	32:00+	34:00+	34:37+
01:46+	01:20+	00:51+	04:04+	02:03+	01:55+	03:08+	02:39-	02:57+	01:48+	03:17+	02:43+	03:29+	02:00+	00:37+
00:22&	00:26&	00:05#	01:23&	00:51&	00:56&	01:06&	00:39-	01:37@	00:49&	00:51&	01:54@	01:47@	00:52&	00:12&
18	Asgeir Bell	Stavanger kommune BIL												35:39
01:24=	02:23+	03:09+	08:01+	09:15+	10:49+	13:14+	17:07+	19:52+	20:53+	29:23+	31:55+	33:44+	35:12+	35:39+
01:24=	00:59+	00:46=	04:52+	01:14+	01:34+	02:25+	03:53+	02:45+	01:01+	08:30+	02:32+	01:49+	01:28+	00:27+
00:00=	00:05+	00:00=	02:11&	00:02+	00:35&	00:23#	00:35#	01:25@	00:02+	06:04@	01:43@	00:07+	00:20&	00:02+
19	Paul A. Paulsen	Stavanger kommune BIL												36:47
01:43+	02:54+	04:08+	08:34+	10:14+	11:47+	17:25+	20:57+	23:28+	24:45+	29:35+	31:18+	34:04+	36:11+	36:47+
01:43+	01:11+	01:14+	04:26+	01:40+	01:33+	05:38+	03:32+	02:31+	01:17+	04:50+	01:43+	02:46+	02:07+	00:36+
00:19#	00:17&	00:28&	01:45&	00:28&	00:34&	03:36@	00:14+	01:11&	00:18&	02:24&	00:54@	01:04&	00:59&	00:11&
20	Tor Livar Flugsrud	Schlumberger BIL												38:59
01:27+	02:36+	03:39+	07:23+	13:29+	14:56+	18:03+	24:32+	26:28+	27:51+	32:17+	34:02+	36:37+	38:27+	38:59+
01:27+	01:09+	01:03+	03:44+	06:06+	01:27+	03:07+	06:29+	01:56+	01:23+	04:26+	01:45+	02:35+	01:50+	00:32+
00:03+	00:15&	00:17&	01:03&	04:54@	00:28&	01:05&	03:11&	00:36&	00:24&	02:00&	00:56@	00:53&	00:42&	00:07&
21	Odd Arild Werness	Rogaland Politi BIL												42:44
02:18+	03:49+	05:17+	09:27+	11:32+	13:11+	16:33+	24:10+	26:38+	28:20+	32:39+	36:24+	39:54+	42:02+	42:44+
02:18+	01:31+	01:28+	04:10+	02:05+	01:39+	03:22+	07:37+	02:28+	01:42+	04:19+	03:45+	03:30+	02:08+	00:42+
00:54&	00:37&	00:42&	01:29&	00:53&	00:40&	01:20&	04:19@	01:08&	00:43&	01:53&	02:56@	01:48@	01:00&	00:17&
22	Ivar Parnas	Sandnes Idrettslag												51:53
01:36+	02:50+	06:35+	13:11+	19:08+	23:41+	27:20+	30:25+	32:40+	33:51+	43:20+	46:26+	49:08+	51:02+	51:53+
01:36+	01:14+	03:45+	06:36+	05:57+	04:33+	03:39+	03:05-	02:15+	01:11+	09:29+	03:06+	02:42+	01:54+	00:51+
00:12#	00:20&	02:59@	03:55@	04:45@	03:34@	01:37&	00:13-	00:55&	00:12#	07:03@	02:17@	01:00&	00:46&	00:26@
23	Arne Karlsen	SUS BIL												53:34
02:14+	03:59+	05:21+	11:05+	13:16+	15:24+	19:06+	27:58+	35:20+	37:14+	44:43+	46:43+	50:22+	52:40+	53:34+
02:14+	01:45+	01:22+	05:44+	02:11+	02:08+	03:42+	08:52+	07:22+	01:54+	07:29+	02:00+	03:39+	02:18+	00:54+
00:50&	00:51&	00:36&	03:03@	00:59&	01:09@	01:40&	05:34@	06:02@	00:55&	05:03@	01:11@	01:57@	01:10@	00:29@
Beste strekktid for klassen														
01:12	00:54	00:43	02:33	01:06	00:59	02:02	02:00	01:20	00:56	02:18	00:49	01:41	01:08	00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.